

PLYMOUTH *Farmers Market*

Every Wednesday, 2:30-6:30 p.m. | June 26 to Oct. 9 | Parkers Lake Playfield, County Road 6 & Niagara Lane



VENDOR SPOTLIGHT: JB'S HOMEMADE AT ITS FINEST Maple Grove

After long careers in the restaurant business, Jon and Nicole created JB's Homemade at its Finest five years ago. They make a unique olive salsa and smoked barbeque beans with pulled pork and bacon. The olive salsa has proven to be a success because of its versatility as a pizza topping, salad addition and cream cheese addition, as well as traditional salsa. The smoked barbeque beans have also created a following from people who have stated, "They are the best beans I've ever tasted."

UPCOMING EVENTS

Sept
18

Music
Matt Jennings

Community Table
Renewal by Andersen

Theme
Health Day with Hy-Vee
(Free biometric screenings)

Sept
25

Community Table
Interfaith Outreach and
Community Partners

Theme
Public Safety Day with Plymouth
Police and Fire departments

SEPTEMBER 18, 2019

SHOPPING AT THE MARKET

- » Please, no dogs.
- » The Farmers Market begins promptly at 2:30 p.m., no early purchases allowed.
- » Bring cash and reusable bags to help keep the market a green place.

IOCP FOOD SHELF DONATIONS

IOCP will accept perishable and nonperishable food donations at the market.



- » Farmers Market apparel is available to purchase at info booth. Cash only.
- » Enter the weekly drawing at the info booth for a chance to win a bag filled with market items.

SPONSORED BY

Renewal
by Andersen
WINDOW REPLACEMENT an Andersen Company



OLIVE SALSA DIP

RECIPE FROM JB'S HOMEMADE AT ITS FINEST

Ingredients

- » 8 ounces cream cheese
- » 3/4 cup of JB's Olive Salsa
- » Crackers, pita chips or a baguette of choice

Instructions

- » Mix cream cheese and JB's Olive Salsa in a bowl
- » Serve with crackers, pita chips or a baguette and enjoy



#PlymouthParks
plymouthmn.gov/farmersmarket



INTERESTING FACTS ABOUT OLIVES

justfunfacts.com

- The olive is a fruit, not a vegetable. They can be green, purple, dark brown, black and even pink in color.
- The olive tree originates from the coast of the Mediterranean Sea and western Asia.
- Olive trees can reach 26 to 49 feet tall. The crown is well branched and rounded in shape.
- The olive tree is an evergreen and can live up to 2,000 years. Today, there are more than 800 million olive trees planted worldwide.
- The average life of an olive tree is between 300 and 600 years.
- One of the oldest olive trees in the world is on the island of Crete. The tree is about 4,000 years old and is still producing fruit.
- Olives must be processed to remove the bitter glucoside oleuropein before they are edible, so they are usually first treated with lye and then pickled.
- The largest type of olive is called a "donkey olive." The smallest is known as a "bullet."
- Olives are a rich source of oils, minerals and vitamins A, E, K and B.
- The olive branch is a symbol of peace.
- Spain is the world's largest producer of olive oil. Italy is the second.

