



2021

Plymouth Parks & Recreation

WINTER & SPRING

ACTIVITIES GUIDE

REGISTRATION: 6am ONLINE | 10am PHONE
Dec 9 (Residents) | Dec 16 (Non-Residents)

COVID-19 Protocols

FOR PARKS & RECREATION PROGRAMS

Protocols will be monitored and updated as determined by the CDC, MDH and Governor's executive orders.

STAY HOME IF:



- You have symptoms consistent with COVID-19 (including fever, cough, or difficulty breathing).
- You have been in contact with someone with COVID-19 in the last 14 days.
- You are a vulnerable individual with serious underlying health conditions.

RETURN WHEN:



- You feel better. Your cough, shortness of breath, or other symptoms are better.
- It has been 10 days since you first felt sick.
- You have had no fever for at least 24 hours, without using medicine that lowers fevers.

DROP-OFF/PICK-UP



You will be notified of drop-off and pick-up procedures before start date of program.



Parents may not be allowed to attend programs and classes as spectators.

BEST PRACTICES



Everyone aged 5 and up will need to wear a mask indoors.



Masks can be removed during an organized sport or physical activity.



Wash hands often with soap and water for at least 20 seconds.



Tables, chairs & high-touch locations will be cleaned & disinfected.



Cover your mouth and nose with a tissue when you cough or sneeze.



Restrooms and facility will be cleaned and sanitized nightly.



Water fountains are turned off. Bring your own water bottles, pre-filled.

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COVID WAIVER:

ASSUMPTION OF RISK, WAIVER OF LIABILITY, AND INDEMNIFICATION AGREEMENT:

In consideration of being allowed to participate in the City of Plymouth recreational program and related events and activities, the undersigned acknowledges, appreciates and agrees that:

1. Participation includes possible exposure to and illness from infectious diseases including but not limited to methicillin-resistant *Staphylococcus aureus* (MRSA), influenza, and corona virus disease 2019 (COVID-19). While particular rules and personal discipline may reduce this risk, the risk of serious illness and death does exist; and,

2. I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES or others, and assume full responsibility for my participation; and

3. I willingly agree to comply with the stated and customary terms and conditions for participation as regards protection against infectious diseases, including but not limited to any applicable Governor's order and Department of Natural Resources (DNR) and Minnesota Department of Health (MDH) Outdoor Recreational Guidelines. If, however, I observe any unusual or significant hazard during my presence or participation, I will remove myself from participation and bring such to the attention of the nearest official immediately; and

4. I, for myself and on behalf of my heirs, assigns, personal representatives and next of kin, HEREBY RELEASE AND HOLD HARMLESS City of Plymouth, its officers, officials, agents, employees, and/or volunteers, other participants, sponsoring agencies, advertisers, and if applicable owners and lessors of premises used to conduct the event ("RELEASEES"), WITH RESPECT TO ANY ILLNESS, DISABILITY, DEATH, or loss or damage to person or property, WHETHER ARISING FROM THE NEGLIGENCE OF THE RELEASEES OR OTHERWISE, to the fullest extent permitted by law.

I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.

FOR PARTICIPANTS OF MINORITY AGE (UNDER AGE 18 AT THE TIME OF REGISTRATION):

This is to certify that I, as parent/guardian, with legal responsibility for this participant, have read and explained the provisions in this waiver/ release to my child/ward including the risk of presence and participation and his/her personal responsibilities for adhering to the rules and regulations for protection against communicable diseases. Furthermore, my child/ward understands and accepts these risks and responsibilities. I, for myself, my spouse and my child/ward do consent and agree to his/her release provided above for all the Releasees and myself, my spouse, and child/ward do release and agree to indemnify and hold harmless the Releasees for any and all liabilities incident to my minor child's/ward's presence or participation in these activities as provided above, EVEN IF ARISING FROM THEIR NEGLIGENCE, to the fullest extent provided by law.

CONTACT INFORMATION

MAIN PHONE NUMBERS

City Hall	763-509-5000
Parks & Forestry Office	763-509-5940
Plymouth Creek Center	763-509-5280
Plymouth Ice Center	763-509-5250
Weather Line	763-509-5205

PARKS & RECREATION • 763-509-5200

Kari Hemp, Recreation Manager	763-509-5220
Jerrold Brunelle, Parks & Forestry Manager	763-509-5946
Jess Riley, Plymouth Creek Center Manager	763-509-5281
Erik Halverson, Ice Center Manager	763-509-5251
Dan Lauer, Athletics Supervisor	763-509-5283
Katie Yandell, Aquatics Supervisor	763-509-5222
Alyssa Fram, Music, Arts and Inclusion Supervisor	763-509-5225
Jessie Koch, Health and Fitness Supervisor	763-509-5223
Paul Pearson, Education Supervisor	763-509-5228
Jackie Maas, Volunteer Coordinator	763-509-5230
Barb Northway, Deputy Director	763-509-5941
Diane Evans, Director	763-509-5201

CITY COUNCIL MEMBERS

Jeffrey Wosje, Mayor	jwosje@plymouthmn.gov
Alise McGregor, Ward 1	amcgregor@plymouthmn.gov
Nick Roehl, Ward 2	nroehl@plymouthmn.gov
Jim Davis, Ward 3	jdavis@plymouthmn.gov
Jim Prom, Ward 4	jprom@plymouthmn.gov
Ned Carroll, At Large	ncarroll@plymouthmn.gov
Jim Willis, At Large	jwillis@plymouthmn.gov

PARK & RECREATION ADVISORY COMMISSION (PRAC) MEMBERS

Marilyn Sunseri, Ward 1	marilynjsunseri@comcast.net
Dick Burkhardt, Ward 2	richard.burkhardt@comcast.net
Tricia DeBleeckere, Ward 3	tricialynn@gmail.com
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Register for Programs ..



QUESTIONS ON PROGRAMS OR REGISTERING?

763-509-5200 / recreation@plymouthmn.gov



PARKS & REC OFFICE HOURS

Monday-Friday, 8am to 4:30pm



REGISTRATION BEGINS

Residents: December 9

6am online / 10am phone

Non-Residents: December 16

6am online / 10am phone

Aquatics Programs: December 9

6am online / 10am phone



WEATHER UPDATES

763-509-5205

Call the weather line for updates on class cancellations any time of the year.



ACTIVITIES GUIDES

The Parks & Rec Guide is published three times a year. The Winter/Spring guide is published in November. Subscriptions for non-residents are available for \$9/year.

HOW TO SET UP YOUR ONLINE ACCOUNT

1 GO ONLINE

plymouthmn.gov/recreation
Click the blue and grey "Register Online" button
Click Create Account

2 CREATE AN ACCOUNT

Enter information about yourself. Before you save, add family members that participate in recreation activities by clicking Add New Member.

3 SAVE

A quick approval process is required before your account is active. A confirmation will be emailed when your account is approved.

FINANCIAL ASSISTANCE

- » Financial assistance application forms are available at: plymouthmn.gov or by calling 763-509-5200.
- » Program financial assistance dollars are available to assist families with children who meet income guidelines.
- » Funds are available to Plymouth residents only and only for children under 18 years of age.
- » Plymouth residents qualifying for assistance may purchase eight reduced price Lifetime passes per year at the Plymouth Parks & Recreation office (\$6.50 for adults and \$2.50 for children).

REGISTRATION POLICIES

- » Total fee must be paid at the time of registration.
- » Registrations are not accepted at program site.
- » We reserve the right to cancel programs if needed. Full refunds will be issued if a class is cancelled by the City.
- » Cancellations made by Parks and Rec will be sent via e-mail from the Recreation general e-mail account. Credits will be put on the household account to use at a later date or account holder may request to be refunded by the original payment method.
- » Waiting lists will be started if classes fill. Additional or expanded classes may be formed if possible.
- » A receipt may be emailed as a confirmation. Further confirmations will not be sent by mail, phone or fax.
- » When registering by phone, you are officially agreeing to the liability and photo waivers stated on the registration form.

WITHDRAWAL / TRANSFER POLICIES

- » Class transfers are available and must be made at least one full week prior to the first class unless noted otherwise.
- » Withdrawal/refund requests must be made at least one full week prior to the first class unless noted.
- » A \$5 service fee is retained on each withdrawal/refund request unless noted otherwise.
- » Withdrawals/transfers accepted by calling 763-509-5200. Faxed requests will not be accepted.
- » There are no refunds for missed classes or for withdrawals after the stated full week policy.

Liability Waiver: In consideration of your accepting this entry, I state and affirm that participation in the above program(s) is voluntary. I understand that the program(s) are not an essential service provided by the City; that certain risks are inherent and that these risks, anticipated or unanticipated, may result in injury or damage to persons and/or property. I hereby assume all risks in connection with the program(s); agree to hold the City or anyone acting on behalf of the City harmless and waive any right to make claims or bring lawsuits for any injuries or damages related to the alleged negligence of the City. This waiver does not apply to any injuries or damages that are a result of willful, wanton or intentional misconduct by the City or anyone acting on behalf of the City.

Photo Waiver: I understand that the City may use photographs taken at its programs that picture me or my dependents for publicity purposes.

.. Volunteer Opportunities ..

1,600+ VOLUNTEERS
make a difference in your community

SPECIAL EVENT OPPORTUNITIES

Fire & Ice Outdoor Winter Festival

Saturday, Feb. 6

Hardy, winter-loving Minnesotans are needed to help with outdoor games. The outdoor shifts are about two-hours long.

Discover Plymouth

Saturday, April 17

Volunteer positions include helping with set-up/take-down, registration, greeters and clean up.

Primavera Fine Arts Event

Thursday–Sunday, April 15–18

Pre-event opportunities include hanging and checking in art. During the event, hand out programs, help with refreshments and assist with set up and clean up.

Make a difference
VOLUNTEER!

CONTACT VOLUNTEER SERVICES:

763-509-5230

plymouthmn.gov/volunteer

volunteer@plymouthmn.gov

GENERAL OPPORTUNITIES

Must be 18 years or older

Hockey Ticket Taker

January–February

Be an ambassador for Plymouth while taking tickets at high school hockey games.

Summer Tween Volunteer Program

June, July, August

The Summer Tween Volunteer Program is an introduction to volunteering for students age 11–13. They will provide service to their community through three stand-alone volunteer activities. Sign up for one, two or all three events. Registration will begin March 24.

Summer Teen Volunteer Program

June, July, August

The Summer Teen Volunteer Program is an excellent opportunity for teens 14 and older to learn leadership skills and gain valuable experience working with children while assisting with summer recreation programs. Teens choose the programs, locations and times that interest them.

Recreation programs include playgrounds, sports and theatre programs. Teens must interview and attend a mandatory training session. Applications are available in mid-March by calling 763-509-5230 or going online to the City's website.

Adopt a Spot

Adopt a park, dog waste station, fire hydrant, storm drain or street to keep Plymouth clean and safe. Go to plymouthmn.gov/adoptaspot to adopt a spot near you.

Plymouth Post

Provide caring messages, pictures, photos, riddles, jokes, puzzles and more to seniors and others in Plymouth who may be lonely and feeling isolated. Letters should be dropped off in the front vestibule of City Hall, 3400 Plymouth Boulevard, by the 10th of each month.

Spring Park & Trail Clean-up

Help keep Plymouth clean by picking up litter at a park or trail after the winter thaw. This project can be scheduled according to your availability and is great for individuals and/or groups of all ages. Bags are provided. Keep the efforts rolling by choosing a park or trail to keep clean from spring to fall. Go to the Adopt a Spot page, plymouthmn.gov/adoptaspot to find which parks is available near you.

Writer

Create regular blog or monthly newsletter for the Plymouth Historical Society. Can be done remotely. Previous communications experience preferred.

Parks & Rec Services ..

ADAPTIVE RECREATION

REACH FOR RESOURCES provides programs for all ages and serves the northern and western Twin Cities suburbs. REACH programs include bowling, dances and trips.

☎ 952-200-3030

💻 reachforresources.org

WINDOWS OF OPPORTUNITY provides programs for adults and serves the Robbinsdale School District 281. Program offerings include trips, dances, bike outings and computer classes.

☎ 763-504-6990

💻 ced.rdale.org

PROJECT SOAR provides programs for adults and serves four school districts: Hopkins, Minnetonka, St. Louis Park and Wayzata. Program offerings include trips, dances, arts and crafts, BINGO and cooking.

☎ 952-401-6898

💻 projectsoarmn.org

COURAGE KENNY REHABILITATION INSTITUTE provides programs for all ages and has locations in Burnsville, Golden Valley, Forest Lake and Stillwater. Program offerings include swim classes, sports and support groups as well as work and career skills.

☎ 612-775-2499

💻 allinahealth.org/courage-kenny-rehabilitation-institute

INCLUSION SERVICES

In compliance with the Americans with Disabilities Act of 1990, reasonable accommodations can be provided upon request to allow individuals with a disability to participate in Plymouth Parks & Recreation services, programs and activities.

Plymouth Parks & Recreation offers inclusion services. If you have questions regarding special needs and our inclusion services, please call 763-509-5200.

INCLUSION POLICY

Plymouth Parks & Recreation prides itself on providing quality programs and activities for people of all abilities. To create the best recreation experience for people with and without disabilities, we require a minimum of two weeks advance notice before the start of a recreation program or activity.

Without a two-week notice, Plymouth Parks & Recreation is not able to guarantee that individual requests can be met. If Plymouth Parks & Recreation cannot meet a given request due to short notice, the participant would be required to arrange for their own Personal Care Attendant (PCA).

No refund will be issued due to the lack of an inclusion aide if you register less than one week from the start of the program.

To ensure that each participant has the best possible experience, follow these steps:

- » Register and notify Recreation staff of any special needs a minimum of two weeks in advance.
- » Complete and return the Participant Information Form.

SENIOR SERVICES

Plymouth Parks & Recreation offers Senior Outreach Services in collaboration with Senior Community Services.

Senior Community Services is a nonprofit organization with a mission to develop, coordinate and provide services that help meet the needs of older adults and support their caregivers. For more information or to set up an appointment call 952-541-1019.

VETERANS MEMORIAL WALL

"A debt to the heroic men and valiant women in the service of our country can never be repaid. They have earned our gratitude. America will never forget their sacrifices." - President Harry Truman

HONOR A VETERAN by having their name engraved on our Veterans Memorial wall located adjacent to City Hall. Any veteran who has been honorably discharged is eligible for engraving. For details and pricing, call 763-509-5200.

LIFETIME™ FITNESS: PLYMOUTH

Plymouth residents may purchase daily passes for the pools and fitness club without the purchase of a LIFETIME™ Fitness membership. Daily rates are: Full club use: \$11.00 (adults), \$6.75 (youth 12-17), \$4.00 (youth under age 12)
Pool only: \$8.25 (adults), \$4.00 (youth under age 12)

The City of Plymouth is not involved in LIFETIME's™ membership services or day-to-day operations. Contacting LIFETIME™ is strongly recommended prior to attending, as they have specific admittance requirements. For more information, call LIFETIME™ Fitness at 763-509-0909.

MEMORIALS

The City offers opportunities to memorialize a person, pet or event by donating money for a bench or a tree. These unique items range in price from \$500 to \$2,500.

For details, contact Paul Buck at pbuck@plymouthmn.gov or 763-509-5944.

SPECIAL USE FACILITIES

- 1 Plymouth Dog Park – 17005 Co Rd 47
- 2 Hilde Performance Center – 3500 Plymouth Blvd
- 3 Ice Center – 3650 Plymouth Blvd
- 4 Millennium Garden – 14800 34th Ave
- 5 Nature Canyon – 13919 45th Ave
- 6 Plymouth Creek Center/Fieldhouse – 14800 34th Ave
- 7 Skate Park – 3625 Fernbrook Ln

PLAYFIELDS

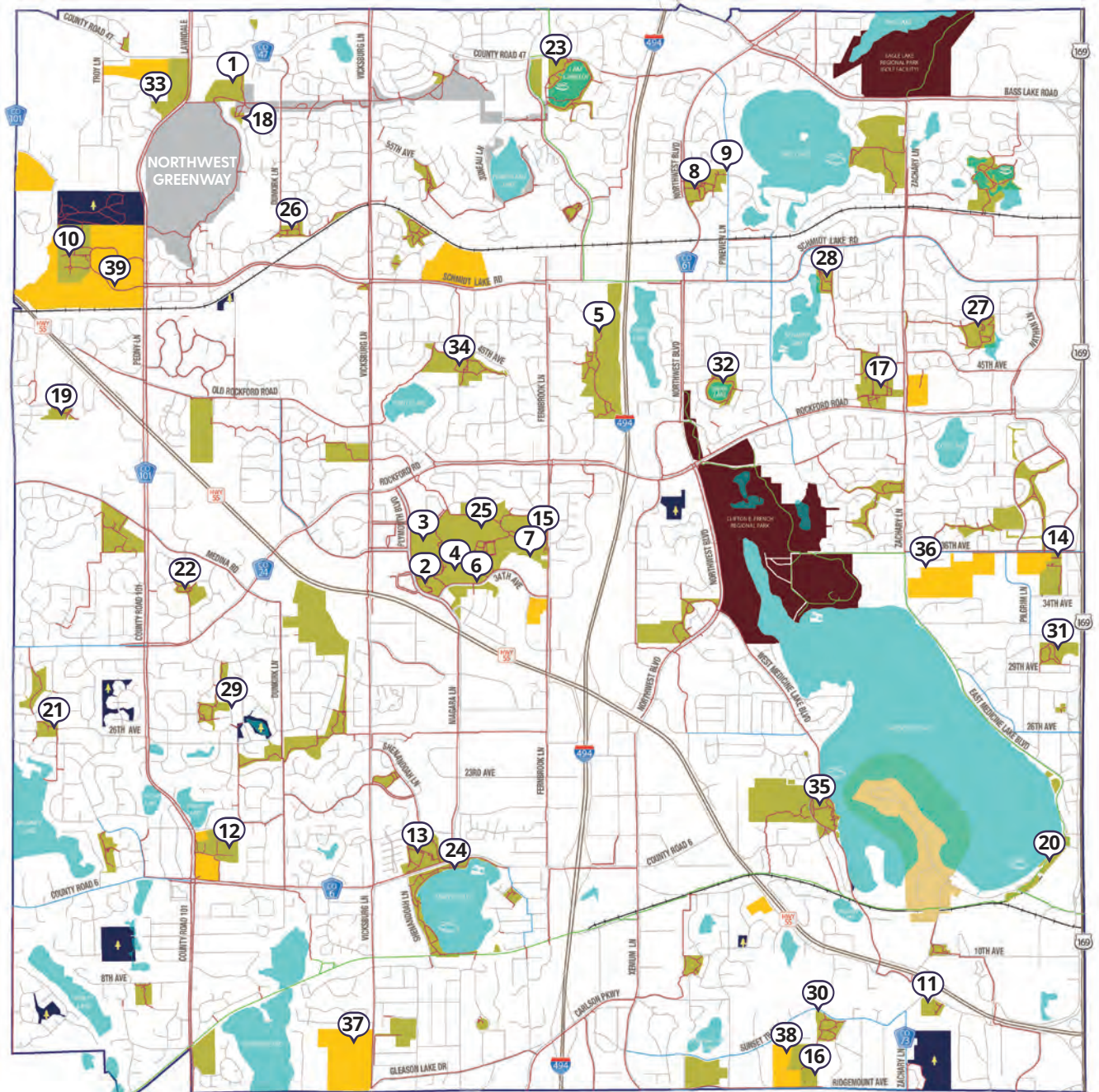
- 8 Bass Lake – 5450 Northwest Blvd
- 9 Bass Lake Tennis Courts - Pineview Lane N & 54th Ave N
- 10 Elm Creek – 4905 Peony Ln
- 11 LaCompte – 10795 Old Co Rd 15
- 12 Oakwood – 1700 Co Rd 101
- 13 Parkers Lake – 15500 Co Rd 6
- 14 Plymouth – 9755 36th Ave N
- 15 Plymouth Creek – 3625 Fernbrook Ln
- 16 Ridgemount – 11950 Ridgemount Ave W
- 17 Zachary – 4355 Zachary Ln

PARKS

- 18 Aspen Ridge - 5670 Garland Ln N
- 19 Crooked Creek - 4255 Walnut Grove Ln N
- 20 East Medicine Lake - 1740 E Medicine Lk Blvd
- 21 Green Oaks - 2600 Zircon Ln N
- 22 Heather Ponds - 3426 Lawndale Ln N
- 23 Lake Camelot - 14105 Co Rd 47
- 24 Parkers Lake – 15205 Co Rd 6
- 25 Plymouth Creek - 14800 34th Ave N
- 26 Prairie Ponds - 5150 Dunkirk Ln N
- 27 Rolling Hills - 10355 48th Ave N
- 28 Schmidt Lake - 11755 50th Ave N
- 29 Shiloh - 2700 Jewel Ln N
- 30 St. Mary's - 401 Forestview Ln N
- 31 Sunrise - 2995 Kilmer Ln N
- 32 Swan Lake - 4480 Quinwood Ln N
- 33 The Meadows - 5720 Peony Court N
- 34 Turtle Lake - 14991 45th Ave N
- 35 West Medicine Lake - 1920 W Medicine Lk Dr

SCHOOLS

- 36 Armstrong Senior High – 10635 36th Ave
- 37 Wayzata Central Middle – 305 Vicksburg Ln
- 38 Wayzata East Middle School – 12000 Ridgemount Ave
- 39 Wayzata High School – 4955 Peony Ln
- 40 Wayzata West Middle School – 149 Barry Ave, Wayzata



40 Located in Wayzata, Minn.



This map shows where activities are located.
To view the full Parks & Trails map, visit plymouthmn.gov

Plymouth Facilities

FIELDHOUSE

763-509-5280

14800 34th Ave. N., Plymouth, MN 55447

plymouthmn.gov/facilities

Open Play Information

Open Play is canceled due to COVID-19

Staff will continue to monitor MDH recommendations throughout the season to re-open open play.

Field Rentals - Dome opens Nov. 1

The Fieldhouse dome is inflated from November through mid-April, providing an indoor space for field rentals. The artificial grass surface is ideal for many sports and activities.

Please call or visit the website for hourly rental rates and more information. **A field permit is required to use the field.**
Full field is 60yds x 100yds
Half field is 45yds x 60yds

BANNER ADVERTISING IN THE DOME

\$300 provides the opportunity to display your company's information on a banner in the Fieldhouse hanging just above eye level to 150,000 annual visitors.

Contact the Plymouth Fieldhouse for more information or questions. 763-509-5280 or fieldhouse@plymouthmn.gov

Walking Track Information

The walking track schedule can vary depending on scheduled activities on the field.

Please check our website for details and the schedule for the walking track.

PLYMOUTH CREEK CENTER

763-509-5280

14800 34th Ave. N., Plymouth, MN 55447

plymouthmn.gov/facilities

FACILITY RENTAL INFORMATION

Let the Plymouth Creek Center host your birthday party, meeting, seminar, family reunion, wedding reception or other special event.

CAPACITY AMENITIES

Plymouth Room (1/2 or 1/4 room also available)

350 at round tables
400 audience

Carpeted room, stage, wood dance floor, sound & video system

Black Box Theater

40 at tables
130 audience

Theatre style, sound & lighting, tiered seating.

Meeting Rooms

40-50 classroom
50 audience

Tile floors, whiteboards

Fireside Room

40 at round tables

Fireplace, lounge furniture

Millennium Garden

300

Sound system

BUY A BRICK AT THE MILLENNIUM GARDEN

By purchasing a \$175 personalized brick, you will pave the walkways that meander through the gardens. Your paver will be personalized with an inscription of your choice.

PLYMOUTH ICE CENTER

763-509-5250

3650 Plymouth Blvd., Plymouth, MN 55446

plymouthmn.gov/facilities

Home to Wayzata High School and Providence Academy hockey teams as well as Plymouth Skate School (pg 64-66). The entire three-rink facility has recently upgraded to LED lighting.

PUBLIC OPEN SKATING - CHECK ICE CENTER WEBSITE

Activity/Item	Age	Cost
Open Skating	18 & Older (Out of high school)	\$5
	18 & Under (Including high school seniors)	\$3
Adult Open Hockey	18 & Older	\$6

ADDITIONAL ITEMS AVAILABLE

Item	Cost
Skate Rental	\$5
Skate Aid Rental	\$2
Skate Sharpening	\$5

FACILITY RENTAL

	Center Ice Room	Blue Line Room
Capacity	2,750 sq ft 125 max	870 sq ft 39 max
Amenities	Kitchenette 37" TV & VCR Sound System	Overlooks Rink A conveniently located near entrance
Rates	\$60/hour \$350/day	\$30/hour \$150/day



OPEN SKATING

Open Skate participants must pre-register online. Walk-ins are not allowed until further notice. Skaters may enter the building no more than 15 minutes before Open Skate begins, and must leave immediately afterwards.







WARMING HOUSES






MONDAY, DEC 14 – MONDAY, FEB 15

Subject to change based on weather
and safe ice conditions.

Warming House Rink Sites (staffed)

-  Oakwood, 1700 Co Rd 101
-  Plymouth Creek, 3625 Fernbrook Ln
-  Ridgemount, 12000 Ridgemount Ave
-  Zachary, 4355 Zachary Ln

Rink sites (non-staffed)

-  Bass Lake, 5450 Northwest Blvd
-  LaCompte, 10795 Old Co Rd 15
-  Hilde Performance Center Pond, 3500 Plymouth Blvd
(once ice depth is at a safe level)

General Information

Rink lights stay on until 10 pm daily
Warming house sites close when:
The temp is -10 or below, when the wind chill is -25
or below, or the ice is deemed unsafe/unskatable.
Some rinks have scheduled activities posted on site.

Regular Rink Hours

Monday-Friday	5-8pm
Saturday-Sunday	12-7pm

Holiday Hours:

Winter Break: Weekdays	12-7pm
<ul style="list-style-type: none"> • Robbinsdale District: Dec 21-30 (Plymouth Creek and Zachary) • Wayzata District: Dec 26-30 (Oakwood, Ridgemount) 	
Christmas Eve (Dec 24)	12-5pm
Christmas Day (Dec 25)	Closed
New Year's Eve (Dec 31)	12-5pm
New Year's Day (Jan 1)	12-7pm
Martin Luther King Day (Jan 18)	12-7pm
Presidents Day (Feb 15)	12-7pm



f PLYMOUTHMN

📞 763-509-5200

🌐 PLYMOUTHMN.GOV/CONNECTTOREC

VISIT US ON **facebook**



MORE KITS COMING SOON!

Visit the Connect to Rec web page for online opportunities and to check out our Connect to Rec activity kits. These themed kits include instructions and all the supplies you'll need to enjoy arts, crafts, science (and more) in the comfort of your home. Stay tuned to see what our next kit will be!





VIRTUAL CLASSES & ONLINE OPPORTUNITIES



PLYMOUTH PARKS & RECREATION OFFERS VIRTUAL CLASSES!
Look for this symbol on the following pages

Music for Everyone - Winter Session (All Ages)	10	Spring Blooms - Watercolor Workshop (Adult)	40
Creative Movement Dance (Preschool)	13	The Craft of Songwriting (Adult)	41
Contemporary Modern Dance (Youth)	20	CarFit - Online Class (Adult)	42
Creative Modern Dance (Youth)	20	Intro to Financial Independence Movement (Adult)	43
Play-Well TEKnologies: Intro to STEM Virtual Camp (Youth)	23	Individual Investing 101 (Adult)	43
Snapology: Virtual Escape Class (Youth)	24	Financial Foundations: Building your Retirement Strategy (Adult)	46
Tech Academy: Multiplayer Minecraft (Youth)	24	5 Keys to Retiring Fearlessly (Adult)	46
Youth Tech Inc.: Movie Makers (Youth)	25	Social Security: Timing is Everything (Adult)	46
Esports Gaming (Youth)	27	Preparing for Long Term Care (Adult)	47
Moti-Sports Virtual Soccer Training (Youth)	31	Introduction to Podcasts (Adult)	48
All About Drawing (Teen)	34	Introduction to Social Media (Adult)	48
Strength, Stretch and Technique - Dance (Teen)	34	New Year, New You (Adult)	48
How to Create Your own Podcast (Adult)	36	Functional Strength & Core (Adult)	49
Introduction to Voice Over (Adult)	36	Fusion Fitness (Adult)	49
Wet Felted Soap Bars (Adult)	36	Tai Chi Chih Beginner (Adult)	50
Needle Felted Wall Hanging (Adult)	36	Tai Chi Chih Intermediate (Adult)	50
Brush Marker Calligraphy (Adult)	37	Hatha Yoga (Adult)	51
Copperplate (Pointed Pen) Calligraphy (Adult)	37	Yoga & Relaxation (Adult)	51
Bollywood Dancing and Bolly Fitness (Adult)	38	Zumba Gold (Adult)	53
Painting Winter Whites - Watercolor Workshop (Adult)	40	Zumba Level 1 (Adult)	53
Feathered Friends - Watercolor Workshop (Adult)	40	Zumba Level 2 (Adult)	54

ARTS

MUSIC FOR EVERYONE

Plymouth Creek Activity Center, 14800 34th Avenue N

Private 30-minute lessons are taught by qualified, experienced teachers. Beginner to intermediate students welcome. Learn new skills or improve those you already have. Develop your tone, rhythm and reading skills while you enjoy a variety of musical styles. Students will need their own instrument at home for practice. Piano students will need a piano with natural touch and at least 76 keys.

AGES: 7+ | **DAYS:** Mondays - Thursdays



WINTER (ONLINE) SESSION DATES: January 4 - March 18

COST: \$252

SPRING SESSION DATES: March 29 - May 20

COST: Res: \$154 | Non Res: \$169

REGISTRATION

Plymouth, Brooklyn Park and Maple Grove belong to this consortium. If you live in any of these cities, you qualify for the resident rate.

Before registering, call 763-509-5224 or email musicforeveryone@plymouthmn.gov to arrange lesson time.

- Brass, Harp, Flute and Woodwinds
- Piano
- Viola, Violin, Cello or Guitar

New students can start anytime during the session, subject to availability. Fees are pro-rated at \$22 per lesson. Bring the course registration receipt to the first class.

CANCELLATION POLICY

Lessons canceled by City or instructor will be made up. Lessons canceled by the participant cannot be refunded and no make-up will be accommodated.

EDUCATION

MINNESOTA STARWATCH PARTY

Hilde Performance Center, 3500 Plymouth Boulevard

Indoor orientation followed by time under the stars learning the constellations. Use large telescopes to view star clusters, nebulae and galaxies. Receive a packet with user-friendly star maps and info on apps, websites, a telescope-buying guide, and more. Even if it's the cloudy you'll still learn and will receive a WCCO Meteorologist Mike Lynch "Cloud Check" for a future class. Instr: Mike Lynch.

Family pricing: (3+ people: Res. \$20, Non-Res: \$24)

AGES	DAY	DATE & TIME	COST	ACTIVITY
all ages	W	April 7 8:00pm-10:00pm	Res \$10 Non Res \$12	16300-01



SPORTS

MARTIAL ARTS

TAE KWON DO KARATE

Improve balance, coordination and overall physical health. Build confidence, self-esteem and concentration. Instr: Tom Malone, Martial Arts Hall of Fame Inductee. Register for 2 months and receive free uniform and belt test (limit: 2 uniforms/family-see instr for details). Fee is for unlimited classes during the month.

TAE KWON DO KARATE BEGINNER

Ultimate Martial Arts, 147 Hamel Road

AGES	DAY	TIME	COST
5+	M, Tu, Th, F	6:00pm-6:45pm	Res \$139 Non Res \$149
	Sa	10:15am-11:00am	

DATE & ACTIVITY

Jan 1-Jan 30 16215-01	Feb 1-Feb 27 16215-02	Mar 1-Mar 30 16215-03	Apr 1-Apr 30 16215-04
--------------------------	--------------------------	--------------------------	--------------------------

TAE KWON DO KARATE ORANGE BELT & ABOVE

Ultimate Martial Arts, 147 Hamel Road

AGES	DAY	TIME	COST
5+	M, Tu, Th, F	6:45pm-7:30pm	Res \$139 Non Res \$149
	Sa	11:00am-11:45am	

DATE & ACTIVITY

Jan 1-Jan 30 16216-01	Feb 1-Feb 27 16216-02	Mar 1-Mar 30 16216-03	Apr 1-Apr 30 16216-04
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ARTS

KIDCREATE STUDIO - BABY MYSTICAL CREATURES

Plymouth Creek Activity Center, 14800 34th Avenue N

Unicorns, dragons, mermaids, and more! In this class, we'll create art inspired by adorable mystical creatures when they're at their cutest and tiniest... when they're babies! Your little artist's imagination will sparkle and soar as they create these magical projects. Painting, drawing, playing with clay, scribbling and giggling, we'll do it all in this darling class! Children must be accompanied by a caregiver.

AGES	DAY	DATE & TIME	COST	ACTIVITY
1.5-6	M	Feb 22-Mar 15 9:30am-10:30am	Res \$74 Non Res \$89	11113-01

KIDCREATE STUDIO - PEEP PARTY

Plymouth Creek Activity Center, 14800 34th Avenue N

You and your child will get to play with some clay as you create a larger than life sculpture of a marshmallow Peep®. Come and create right along with your child. Children must be accompanied by a caregiver.

AGES	DAY	DATE & TIME	COST	ACTIVITY
1.5-6	Sa	Mar 20 9:30am-10:30am	Res \$18 Non Res \$20	11105-01

KIDCREATE STUDIO - PLAYDATE WITH MOMMY

Plymouth Creek Activity Center, 14800 34th Avenue N

In honor of Mother's Day, spend some creative time with your child. You and your child will create a beautiful hand print flower bouquet on a canvas board. What a great keepsake! Children must be accompanied by a caregiver.

AGES	DAY	DATE & TIME	COST	ACTIVITY
1.5-6	Sa	May 8 9:30am-10:30am	Res \$18 Non Res \$20	11106-01

MUSIC

MUSIC FOR EVERYONE - FIRST STEPS IN MUSICLAND

Plymouth Creek Activity Center, 14800 34th Avenue N

Exposure to basic musical concepts and a wide variety of musical styles through fun activities. Parents and children will dance, sing and play while learning rhythm and fine/gross motor coordination. Instr: Kerri Olson.

AGES	DAY	DATE & TIME	COST	ACTIVITY
2-5	W	Jan 6-Feb 10 9:30am-10:15am	Res \$78 Non Res \$87	11110-01
2-5	W	Jan 6-Feb 10 10:35am-11:20am	Res \$78 Non Res \$87	11110-02
2-5	W	Feb 17-Mar 24 9:30am-10:15am	Res \$78 Non Res \$87	11110-03
2-5	W	Feb 17-Mar 24 10:35am-11:20am	Res \$78 Non Res \$87	11110-04
2-5	W	Apr 7-May 19 9:30am-10:15am	Res \$91 Non Res \$100	11110-05
2-5	W	Apr 7-May 19 10:35am-11:20am	Res \$91 Non Res \$100	11110-06

DANCE

TIPPI TOES DANCE - TODDLER & ME

Plymouth Creek Activity Center, 14800 34th Avenue N

A dance class for mom, dad, or guardian to learn basic dance steps with your little dancer. We'll incorporate music, movement, balance and basic dance steps in a fun and positive environment.

AGES	DAY	DATE & TIME	COST	ACTIVITY
1.5-3	W	Jan 6-Feb 10 9:30am-10:15am	Res \$82 Non Res \$94	11109-01
1.5-3	W	Apr 7-May 12 9:30am-10:15am	Res \$82 Non Res \$94	11109-02

ADULT AND ME

Plymouth Creek Activity Center, 14800 34th Ave N, Plymouth

Dance together with your preschooler as we explore creative movement, ballet, and jazz concepts. Child must be accompanied by caregiver. Instr: City of Plymouth Dance Staff

AGES	DAY	DATE & TIME	COST	ACTIVITY
3-4	M	Jan 4 -May 10 5:00pm-5:30pm	Res \$192 Non Res \$211	11116-01
3-4	Sa	Jan 2-May 8 8:30am-9:00am	Res \$192 Non Res \$211	11116-02

CHILDREN MUST BE ACCOMPANIED BY A CAREGIVER

HEALTH & FITNESS

YOGA TIME! FAMILY

Parkers Lake Park, 15205 County Road 6

Try it for FREE! Enjoy yoga with the whole family in this fun-filled class. Yoga poses, stretching and breathing exercises promote flexibility, coordination and body awareness. Helps to improve concentration and focus. Promotes confidence, self-esteem and respect for others. Bring a yoga mat & water. Instr: Jessica Spore.

AGES	DAY	DATE & TIME	COST	ACTIVITY
3-10	Sa	Jan 9 10:15am-11:00am	Free	11400-01
3-10	Sa	Jan 16-Feb 20 10:15am-11:00am	Res \$60 Non Res \$69	11400-02
3-10	Sa	Apr 10-May 15 10:15am-11:00am	Res \$60 Non Res \$69	11400-03



CHILDREN MUST BE ACCOMPANIED BY A CAREGIVER

SPORTS

GYMNASTICS

TUMBLING TYKES

Wayzata High School, 4955 Peony Lane
Please enter through Door 30

Emphasis on fun! Parent-child class. Explore basic gymnastics skills and improve motor skills, including safe use of gymnastics equipment. No program: 2/13.

AGES	DAY	DATE & TIME	COST	ACTIVITY
2-4	Sa	Jan 9-Mar 20 9:00am-9:30am	Res \$147 Non Res \$156	12200-01
2-4	Sa	Jan 9-Mar 20 9:45am-10:15am	Res \$147 Non Res \$156	12200-02
2-4	Sa	Apr 17-May 22 9:00am-9:30am	Res \$86 Non Res \$94	12200-03
2-4	Sa	Apr 17-May 22 9:45am-10:15am	Res \$86 Non Res \$94	12200-04

TUMBLING TYKES AND FITNESS

Parkers Lake Park, 15205 County Road 6

Emphasis on fun! Parent-child class. Start a foundation of fitness, balance and strength with your child. Explore basic gymnastics skills and improve motor skills in a small class setting.

AGES	DAY	DATE & TIME	COST	ACTIVITY
2-3	Tu	Jan 12-Feb 16 4:30pm-5:15pm	Res \$80 Non Res \$92	12201-01
2-3	Tu	Jan 12-Feb 16 5:30pm-6:15pm	Res \$80 Non Res \$92	12201-02
2-3	Th	Jan 14-Feb 18 5:30pm-6:15pm	Res \$80 Non Res \$92	12201-03
2-3	Th	Jan 14-Feb 18 6:30pm-7:00pm	Res \$80 Non Res \$92	12201-04
2-3	Tu	Apr 13-May 18 4:30pm-5:15pm	Res \$80 Non Res \$92	12201-05
2-3	Tu	Apr 13-May 18 5:30pm-6:15pm	Res \$80 Non Res \$92	12201-06
2-3	Th	Apr 15-May 20 5:30pm-6:15pm	Res \$80 Non Res \$92	12201-07
2-3	Th	Apr 13-May 20 6:30pm-7:15pm	Res \$80 Non Res \$92	12201-08



WEATHER LINE
763-509-5205

call for updates
on class cancellations

ARTS

KIDCREATE STUDIO - MAGICAL PINK UNICORN

Plymouth Creek Activity Center, 14800 34th Avenue N

Once upon a time, in a land far, far away, lived a magical pink unicorn who loved going to art class! Fantasy and art come together in this enchanted class. Your child will work with air-dry clay and paint to create a sculpture of a unicorn. But that's not all, they will also create their own magical hat and wand! Please pack a nut free snack and drink for your child.

AGES	DAY	DATE & TIME	COST	ACTIVITY
3-6	Sa	Feb 20 9:00am-12:00pm	Res \$46 Non Res \$57	12101-01

KIDCREATE STUDIO - OUR LITTLEST FAN FAVORITES

Plymouth Creek Activity Center, 14800 34th Avenue N

This class is packed full of fan favorites! From papier mache bowls, projects that glow-in-the-dark, and messy clay masterpieces, these are the Kidcreate projects our littlest students love the most! All of them put together in one very popular class. This is the stuff the kids can't get enough of and its guaranteed to be an artsy good time! Please bring a nut-free snack and drink each day.

AGES	DAY	DATE & TIME	COST	ACTIVITY
3-6	F, Sa	Apr 2-Apr 3 9:00am-12:00pm	Res \$105 Non Res \$116	11112-01

DANCE

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CREATIVE MOVEMENT

Online

Try out dance with this introduction to dance. This class introduces ballet and modern dance concepts through fun movement games and combinations. Bare feet and active wear required. Zoom login instructions will be provided after you register.

AGES	DAY	DATE & TIME	COST	ACTIVITY
3-4	Th	Jan 7-May 13 5:00pm-5:30pm	Res \$192 Non Res \$211	12110-01

DANCE COSTUME FEES:

Recital costumes are an additional fee.

Payment due second week of class.

Approximate cost:

\$65 for 3-4 and 5-6, \$85 for 7-8

\$95 for 9-11, \$125 for 12 & Older

\$65 Contemporary Modern

\$95 Jazz and Hip Hop

IMPORTANT DATES:

Recital Rehearsal: May 15

Recital: May 22 & 23



MUSIC

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BACH TO ROCK - ROCK CITY

Bach to Rock, 345 Nathan Ln N

These high energy musical classes focus on foundational music skills; children will be introduced to different instruments each week.

AGES	DAY	DATE & TIME	COST	ACTIVITY
3-5	M	Jan 11-Feb 1 1:30pm-2:15pm	Res \$123 Non Res \$135	12106-01
3-5	M	Apr 5-Apr 26 2:00pm-2:45pm	Res \$123 Non Res \$135	12106-02

MUSIC FOR EVERYONE - PIANO FOR LITTLE MOZARTS

Plymouth Creek Activity Center, 14800 34th Avenue N

Explore beginning piano in a dual lesson format (two students per class-each register separately). Lessons include music facts, movements, singing, percussion instruments and more.

AGES	DAY	DATE & TIME	COST	ACTIVITY
4-6	W	Apr 7-May 19 11:40am-12:10pm	Res \$98 Non Res \$113	12104-05
4-6	W	Apr 7-May 19 12:30pm-1:00pm	Res \$98 Non Res \$113	12104-06

EDUCATION



SCIENCE EXPLORERS: MIXTURE MADNESS

Bass Lake Playfield, 5450 Northwest Boulevard

Pour, mix, measure and stir! Join Science Explorers for an exciting morning as we formulate mixture through open exploration, plus experiment with slime and magic crystals. Be sure to dress to get messy.

AGES	DAY	DATE & TIME	COST	ACTIVITY
3.5-6	Th	Feb 25 9:30am-11:00am	Res \$19 Non Res \$23	12305-01
3.5-6	Th	Mar 18 9:30am-11:00am	Res \$19 Non Res \$23	12305-02
3.5-6	Th	Apr 29 9:30am-11:00am	Res \$19 Non Res \$23	12305-03

HEALTH & FITNESS

REVSports - NINJA Warrior Fitness

Plymouth Creek Center Fieldhouse, 14800 34th Avenue N

This instructional class will use challenges that will evolve into an obstacle course at the end of each session. Participants build skills that involve running, jumping, balance and control, coordination, strength and agility. Each session is challenging, but FUN!

AGES	DAY	DATE & TIME	COST	ACTIVITY
3-5	Tu	Jan 12-Feb 9 1:30pm-2:10pm	Res \$69 Non Res \$79	12402-01
4-6	Tu	Jan 12-Feb 9 2:20pm-3:00pm	Res \$69 Non Res \$79	12402-02
3-5	Tu	Feb 16-Mar 16 1:30pm-2:10pm	Res \$69 Non Res \$79	12402-03
4-6	Tu	Feb 16-Mar 16 2:20pm-3:00pm	Res \$69 Non Res \$79	12402-04

YOGA TIME! AGES 4-10

Plymouth Creek Activity Center, 14800 34th Avenue N

Fun-filled yoga, for kids only! Combine yoga with play. Poses, stretching and breathing exercises promote flexibility, coordination and body awareness. Learn more about the mind-body connection and how it helps to improve concentration and focus. Promotes confidence, self-esteem and respect for others. Bring a yoga mat & water. Certified Instr: Jessica Spore.

AGES	DAY	DATE & TIME	COST	ACTIVITY
4-10	Tu	Jan 12-Feb 16 4:00pm-4:45pm	Res \$60 Non Res \$69	12400-01
4-10	Tu	Mar 2-Apr 6 4:00pm-4:45pm	Res \$60 Non Res \$69	12400-02

SPORTS

MARTIAL ARTS

LITTLE TIGER

Ultimate Martial Arts, 147 Hamel Road

Learn basic self-defense and martial arts skills, develop coordination and flexibility. Basic kicks and punches taught through exercises and fun games. Earn belts and stickers. Instr: Tom Malone.

AGES	DAY	DATE & TIME	COST	ACTIVITY
3-4	Th	Feb 4-Mar 18 5:20pm-6:00pm	Res \$99 Non Res \$114	12208-01



SPORTS

REVSPORTS

A great opportunity for your child to explore their new and developing motor skills. One parent/guardian is expected to be present and ready to engage for classes. These are not leagues. One parent only allowed to stay for program.

REVSPORTS BASKETBALL

Armstrong High School, 10635 36th Avenue N

AGES	DAY	DATE & TIME	COST	ACTIVITY
2-3	Th	Jan 14-Feb 11 6:00pm-6:30pm	Res \$69 Non Res \$79	12212-01
3-5	Th	Jan 14-Feb 11 6:45pm-7:30pm	Res \$69 Non Res \$79	12212-02
4-6	Th	Jan 14-Feb 11 7:45pm-8:30pm	Res \$69 Non Res \$79	12212-03
2-3	Th	Mar 18-Apr 15 6:00pm-6:30pm	Res \$69 Non Res \$79	12212-04
3-5	Th	Mar 18-Apr 15 6:45pm-7:30pm	Res \$69 Non Res \$79	12212-05
4-6	Th	Mar 18-Apr 15 7:45pm-8:30pm	Res \$69 Non Res \$79	12212-06

REVSPORTS SOCCER

AGES	DAY	DATE & TIME	COST	ACTIVITY
Plymouth Creek Center Fieldhouse, 14800 34th Avenue N				
3-5	M	Jan 25-Feb 22 2:15pm-3:00pm	Res \$69 Non Res \$79	12210-06
3-5	M	Jan 25-Feb 22 3:15pm-4:00pm	Res \$69 Non Res \$79	12210-07
3-5	F	Feb 5-Mar 5 5:15pm-6:00pm	Res \$69 Non Res \$79	12210-08

Armstrong High School, 10635 36th Avenue N

2-3	Tu	Mar 16-Apr 13 6:00pm-6:30pm	Res \$69 Non Res \$79	12210-03
3-5	Tu	Mar 16-Apr 13 6:45pm-7:30pm	Res \$69 Non Res \$79	12210-04
4-6	Tu	Mar 16-Apr 13 7:45pm-8:30pm	Res \$69 Non Res \$79	12210-05

REVSPORTS TBALL

Plymouth Creek Center Fieldhouse, 14800 34th Avenue N

AGES	DAY	DATE & TIME	COST	ACTIVITY
3-5	W	Jan 13-Feb 10 4:15pm-5:00pm	Res \$69 Non Res \$79	12211-01
3-5	W	Jan 13-Feb 10 5:15pm-6:00pm	Res \$69 Non Res \$79	12211-02
3-5	F	Feb 5-Mar 5 4:15pm-5:00pm	Res \$69 Non Res \$79	12211-05

SKYHAWKS VOLLEYBALL MINI-SPIKERS

Armstrong High School, 10635 36th Avenue N

It is never too early to learn volleyball. Cool games, special equipment and tons of fun make each class awesome. Players should wear appropriate clothing and bring a water bottle.

AGES	DAY	DATE & TIME	COST	ACTIVITY
4-6	Sa	Jan 16-Feb 6 1:30pm-2:30pm	Res \$89 Non Res \$102	12209-01



SPORTS UNLIMITED SPORTS SAMPLER

Plymouth Creek Center Fieldhouse, 14800 34th Avenue N

Explore baseball, soccer, soft lacrosse and flag football. Bring appropriate clothing (shin guards recommended), baseball glove, snack and water.

AGES	DAY	DATE & TIME	COST	ACTIVITY
4-6	Tu	Feb 2-Feb 23 4:30pm-6:00pm	Res \$72 Non Res \$83	12202-02



WEATHER LINE
763-509-5205

call for updates
on class cancellations

Preschool .. Playground Programs



LITTLE ADVENTURES CAMP (AGES 3-5)

Ages: 3-5

Days: Tuesday-Thursday

Time: 9:30-11:30am

Cost: Res \$35, Non-Res \$40

Kids have a great time learning, playing and meeting new friends. Crafts, games, stories, songs and more. Designed to enhance your child's social and emotional growth, increase independence and promote creative play.

Sign up for sessions at your favorite site. Each week will have a different theme listed below. Children participate without parent and must be toilet-trained. T-shirt included.

Staff ratio is 1:5. Please bring a nut-free snack and water for your child each day.

ZACHARY PLAYFIELD 4355 Zachary Ln N.	PARKERS LAKE PARK 15205 Co. Rd. 6
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THEME	DATES	ZACHARY PLAYFIELD	PARKERS LAKE
Trolls	June 15-17	22311-01	22324-01
Let's Build!	June 22-24	22311-02	22324-02
Paw Patrol	June 29-July 1	22311-03	22324-03
Under the Sea (water week)	July 6-8	22311-04	22324-04
Mystery Inc.	July 13-15	22311-05	22324-05
Out of this World!	July 20-22	22311-06	22324-06
Princesses & Super Heroes	July 27-29	22311-07	22324-07
Into the Jungle	August 3-5	22311-08	22324-08
Disney	August 10-12	22311-09	22324-09

SUMMER FUN DAYS (AGES 3-5)

AGES: 3-5

COST: Res \$15, Non-Res \$18

DAY: Mondays or Fridays *(register for each day separately)*

TIME: 9:30-11:30am

Fun one-day programs for preschoolers. Staff will lead children in a variety of games, circle time activities, stories and arts and crafts related to the day's theme. Staff ratio is 1:5. Please bring a nut-free snack and drink for your child. Child must be toilet trained and willing to participate without parent attending.

THEME	MONDAYS ZACHARY PLAYFIELD 9:30AM-11:30AM		FRIDAYS PARKERS LAKE 9:30AM-11:30AM	
Trolls	June 14	22327-01	June 18	22315-01
Let's Build!	June 21	22327-02	June 25	22315-02
Paw Patrol	June 28	22327-03	July 2	22315-03
Under the Sea (water week)	July 5	22327-04	July 9	22315-04
Mystery Inc.	July 12	22327-05	July 16	22315-05
Out of this World!	July 19	22327-06	July 23	22315-06
Princesses & Super Heroes	July 26	22327-07	July 30	22315-07
Into the Jungle	August 2	22327-08	August 6	22315-08
Disney	August 9	22327-09	August 13	22315-09

SUMMER PLAYGROUND PROGRAMS

Playground Programs are an awesome way to make friends, learn new things, play and have tons of fun. Programs are led by a great team of aspiring teachers and recreational professionals.

Check out the listings below to determine which program works best for you. Please have your child bring a water bottle each day.

Weather Hotline: Please check the weather hotline for cancellations in the event of inclement weather: 763-509-5205.

PARK ANTICS (MORNINGS)

Ages: 5-10 | Cost: Res \$90, Non-Res \$105

Explore your neighborhood park and play with friends new and old. Each day will include structured games, free play, crafts and activities.

MONDAY/WEDNESDAY JUNE 14-AUGUST 11 (9 WEEKS) 9:30AM-11:30AM		TUESDAY/THURSDAY JUNE 15-AUGUST 12 (9 WEEKS) 9:30AM-11:30AM	
Shiloh Park 2700 Jewel Ln N	23349-01	Heather Ponds Park 3426 Lawndale Ln. N	23351-01
Prairie Ponds Park, 5150 Dunkirk Ln N	23349-02	The Meadows Park 5720 Peony Ct N	23351-02
Swan Lake Park 4480 Quinwood Ln N	23349-03	Crooked Creek Park 4255 Walnut Grove Ln. N	23351-03
St. Mary's Park 401 Forestview Ln N	23349-04	Schmidt Lake Park 11755 50th Ave N	23351-04
Sunrise Park 2995 Kilmer Ln N	23349-05	Shiloh Park 2700 Jewel Ln N	23351-05
Heather Ponds Park 3426 Lawndale Ln N	23349-06	Swan Lake Park 4480 Quinwood Ln N	23351-06

PARK ESCAPADES

(AFTERNOONS)

Ages: 5-10 | Cost: Res \$100, Non-Res \$110

Everything Park Antics offers, plus added time to play great playground sports (kickball, capture the flag, and much more)!

MONDAY/WEDNESDAY JUNE 14-AUGUST 11 (9 WEEKS) 1:00PM-4:00PM	
Shiloh Park 2700 Jewel Ln N	23350-01
Swan Lake Park 4480 Quinwood Ln N	23350-02
TUESDAY/THURSDAY JUNE 15-AUGUST 12 (9 WEEKS) 1:00PM-4:00PM	
Zachary Playfield 4355 Zachary Ln N	23305-01

PARK ALL DAY (AGES 5-10)

Bass Lake Playfield, 5450 Northwest Blvd

Ages: 5-10

Day: Monday-Friday

Time: 8-4:30

Cost: Res \$150, Non-Res \$165

This all-day program for kids ages 5-10 give kids the opportunity to spend a big part of their summer at the park. Each day will include structured games, crafts and activities and free play. Register for one week or all nine. Participants should bring a lunch and beverage each day as well as a few snacks. Each week will include a field trip. It is recommended that kids have completed Kindergarten. Parent information packets will be emailed out before the start of the program.

Field Trip Calendar will be available in May

DATE	ACTIVITY
Week 1: June 14-18	23353-01
Week 2: June 21-25	23353-02
Week 3: June 28-July 2	23353-03
Week 4: July 5-9	23353-04
Week 5: July 12-16	23353-05
Week 6: July 19-23	23353-06
Week 7: July 26-30	23353-07
Week 8: August 2-6	23353-08
Week 9: August 9-13	23353-09

SPLASH AND PLAY (AGES 5-10)

Parkers Lake, 15205 Co. Rd. 6

All new program! Join your friends at the beach for swimming and then head to the playground for free play and structured games. Lifeguard will be present.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-10	Tues Thurs	Jun 15-Aug 12 1:00pm-4:00pm	Res \$100 Non Res \$110	23352-01

Park Antics, Park Escapades and Splash and Play will not meet Thursday, August 5 due to the Kids Fest event.

ABRAKADOODLE ART STUDIO

Plymouth Creek Activity Center, 14800 34th Avenue N

Learn tricks that make art magic. In this award-winning program, you will learn techniques that artists use in their studios to create astonishing effects. We'll not only paint on canvas and watercolor paper but we'll draw, sculpt, collage and more using professional artist's materials. Make room in your house to display these amazing masterpieces!

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-10	W	Jan 13-Feb 3 6:30pm-7:30pm	Res \$70 Non Res \$80	13100-01

ABRAKADOODLE - CLAY LAB

Plymouth Creek Activity Center, 14800 34th Avenue N

Learn how to sculpt, coil, slab and pinch clay to make astonishing creations with different types of air dry clay. Bring a beverage and nut-free snack.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-10	Sa	Mar 6 9:00am-12:00pm	Res \$58 Non Res \$67	13102-01

ABRAKADOODLE - SPRING BREAK ART BLAST

Plymouth Creek Activity Center, 14800 34th Avenue N

Come to this awesome class and get ready to use all your creative juices! We'll learn to draw animals, treats, and even landscapes. We'll paint on canvas and make a surprise clay project, color with oil pastels and much more! Please bring a nut-free snack and drink.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-10	Sa	Mar 27 9:00am-12:00pm	Res \$58 Non Res \$67	13129-01

ARTISTIC MOMENTS - COOKIE DECORATING

Plymouth Creek Activity Center, 14800 34th Avenue N

Create your very own cookie designs using a special needle-like scribe tool and colorful royal icing to create beautiful works of art! No previous experience necessary. All artistic abilities are welcome! Please Note: Cookies are purchased through Cub Foods. If you have any food allergies, please contact the Cub Foods Bakery to inquire about all ingredients used in these products.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-12	M	Jan 18 5:30pm-7:00pm	Res \$31 Non Res \$37	13104-01

ARTISTIC MOMENTS - VALENTINES CANDY ART

Plymouth Creek Activity Center, 14800 34th Avenue N

Learn how to pour candy coating into festive molds. Have fun dipping, swirling, and sculpting tasty treats. You can even add colorful candy sprinkles for a final touch. Take some home after class or give as a gift to someone special!

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-12	M	Feb 8 5:30pm-7:00pm	Res \$31 Non Res \$37	13126-01

ARTISTIC MOMENTS - PRINTMAKING - FOAM BOARD CARVING

Plymouth Creek Activity Center, 14800 34th Avenue N

This fun course exposes you to the world of basic printmaking. You'll create and carve your own unique designs to roll out on card stock. You'll make several prints and pick your favorites to be matted.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-12	M	Mar 22 5:30pm-7:00pm	Res \$31 Non Res \$37	13127-01

ARTISTIC MOMENTS - CUPCAKE ART FONDANT

Plymouth Creek Activity Center, 14800 34th Avenue N

Have you ever used fondant to decorate cupcakes? Fondant is a 'Play-Doh-like' edible icing used to create fun designs on cupcakes. Learn how to roll, cut, and sculpt colorful fondant into a wide variety of shapes and sizes. You will have fun creating festive cupcakes for any occasion! Please Note: Cupcakes are purchased through Cub Foods. If you have any food allergies, please contact the Cub Foods Bakery to inquire about all ingredients used in these products.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-12	M	Apr 19 5:30pm-7:00pm	Res \$31 Non Res \$37	13131-01

ARTISTIC MOMENTS - GARDEN STEPPING STONES

Plymouth Creek Activity Center, 14800 34th Avenue N

Create a beautiful work of art for your garden by arranging colorful pieces of cut glass, rocks, glass pebbles and/or other embellishments to your stone. Projects can be taken home the same day, but will need to set after class. Cure time is approximately one week. Stones can be used indoors or outdoors. An exterior sealer may be applied to both sides of the stone once it has cured. This will help preserve your mosaic for years to come. Stones should be brought indoors prior to the winter cold.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-12	M	May 17 5:30pm-7:00pm	Res \$31 Non Res \$37	13132-01

ARTS

KIDCREATE STUDIO - PARENT & CHILD DATE NIGHT - VALENTINE'S DAY CRAFT

Plymouth Creek Activity Center, 14800 34th Avenue N

Celebrate Valentine's Day with your child! Prepare for an evening filled with love. You and your child will enjoy getting messy with clay. Air-dry clay and paint will be used to create a lovely heart-themed trinket box. Each parent and child will create their own craft. What a great keepsake!

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-12	Th	Feb 11 6:30pm-8:00pm	Res \$50 Non Res \$58	13107-01

KIDCREATE STUDIO - HATCHIMALS

Plymouth Creek Activity Center, 14800 34th Avenue N

We'll sculpt and splatter our Hatchimal eggs until they look like the real thing - we'll even create tiny fuzzy Hatchimal to go inside. Your artist will love using their imaginations to hatch up the cutest Hatchimal sculptures ever. Please pack a nut-free snack and drink for your child.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-9	Sa	Mar 27 1:00pm-4:00pm	Res \$47 Non Res \$56	13106-01

KIDCREATE STUDIO - PARENT & CHILD DATE NIGHT - PAPIER MACHE EGG

Plymouth Creek Activity Center, 14800 34th Avenue N

Hop on over to class to create Spring art together. You and your child will make a Spring scene inside a papier mache egg! Each parent and child will create their own craft.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-11	Th	Apr 1 6:30pm-8:00pm	Res \$50 Non Res \$58	13110-01

KIDCREATE STUDIO - SLIMETASTIC CAMP

Plymouth Creek Activity Center, 14800 34th Avenue N

It's a slime takeover! In this camp, slime is the main event. We'll explore different slime recipes as we create tons of gooey, sparkly, stretchy, messy goo. Each day we'll make a new type of slime: glitter solar system slime, confetti cake slime and bubblegum scented slime, to name a few. We'll even throw in a little painting and sculpting on the side! Roll up your sleeves, and get ready for the Slime-Tastic time you've been waiting for! Please pack a nut-free snack and drink for your child.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-9	F,Sa	Apr 2-Apr 3 1:00pm-4:00pm	Res \$105 Non Res \$116	13105-01

WHEEL POTTERY CLASSES

Bass Lake Playfield, 5450 Northwest Boulevard

Learn the basics of wheel sculpting with ceramic clay. We'll cover throwing and glazing techniques. Make projects to take home at the end of the session. No experience necessary. All supplies included in the course fee. Instr: Adama Sow.

AGES	DAY	DATE & TIME	COST	ACTIVITY
8-15	W	Jan 6-Jan 27 4:30pm-6:30pm	Res \$105 Non Res \$115	13135-01
8-15	W	Feb 3-Feb 24 4:30pm-6:30pm	Res \$105 Non Res \$115	13135-02
8-15	W	Mar 3-Mar 24 4:30pm-6:30pm	Res \$105 Non Res \$115	13135-03
8-15	W	Apr 7-Apr 28 4:30pm-6:30pm	Res \$105 Non Res \$115	13135-04
8-15	W	May 5-May 26 4:30pm-6:30pm	Res \$105 Non Res \$115	13135-05



Check out art kits and online videos at our Connect To Rec page.
plymouthmn.gov/connecttorec

ARTS

DANCE

BALLET AND TAP - AGES 5-6

Plymouth Creek Activity Center, 14800 34th Avenue N

This class will focus on ballet and tap technique, alignment, and steps at the appropriate level for each class. Students will use these skills to perform fun and challenging ballet and tap sequences expanded each week. Ballet shoes, black tap shoes and leotards/tights or active wear are needed. Instr: City of Plymouth Dance Staff.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-6	M	Jan 4-May 10 5:45pm-6:30pm	Res \$192 Non Res \$211	13118-01
5-6	Sa	Jan 2-May 8 9:15am-10:00am	Res \$192 Non Res \$211	13118-03

BALLET AND TAP - AGES 7-8

Plymouth Creek Activity Center, 14800 34th Avenue N

This class will focus on ballet and tap technique, alignment, and steps at a beginner/intermediate level. Students will utilize the technical skills that they learn to perform fun and challenging ballet and tap sequences that will be expanded upon each class. Ballet shoes, tap shoes and leotards/tights of your color choices are needed.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-8	Tu	Jan 5-May 11 6:00pm-6:45pm	Res \$192 Non Res \$211	13134-01

BALLET AND TAP - AGES 9-11

Plymouth Creek Activity Center, 14800 34th Avenue N

This class will focus on ballet and tap technique, alignment, and steps at a beginner/intermediate level. Students will utilize the technical skills that they learn to perform fun and challenging ballet and tap sequences that will be expanded upon each class. Ballet shoes, tap shoes and leotards/tights of your color choices are needed.

AGES	DAY	DATE & TIME	COST	ACTIVITY
9-11	M	Jan 4-May 10 6:45pm-7:45pm	Res \$192 Non Res \$211	13119-01

BALLET AND MODERN - AGES 5-6

Plymouth Creek Activity Center, 14800 34th Avenue N

This class will focus on ballet and modern skills to build on each week. Instr: City of Plymouth Dance Staff.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-6	Th	Jan 5-May 11 5:00pm-5:45pm	Res \$192 Non Res \$211	13157-01



CONTEMPORARY MODERN

Online

This class will focus on creative movement and expression through dance. Students learn contemporary modern dance technique and choreography and expand understanding of improvisation and dance composition. This is a great class for students looking to expand their dance vocabulary. Students will dance barefoot. Instr: City of Plymouth Dance staff. Class held via Zoom with login provided before class.

AGES	DAY	DATE & TIME	COST	ACTIVITY
9-11	Th	Apr 29-May 13 6:45pm-7:45pm	\$192	13120-01



CREATIVE MODERN AGES 5-8

Online

Participants will create their own choreography, explore modern dance technique, and play interactive creative movement games. Leotard/Tights and/or active wear required. Students will dance barefoot. Class held via Zoom with login info at time of registration.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-8	Th	Jan 7-May 13 5:45pm-6:30pm	\$192	13137-01

JAZZ & HIP HOP 6-8

Plymouth Creek Activity Center, 14800 34th Avenue N

This fun, high-energy class will focus on jazz dance at a beginner level. Students will experiment with rhythm, energy, and musicality while practicing big movements and performance qualities. Instr: City of Plymouth Dance Staff.

April 17 - class will be held at Bass Lake Park Shelter: 5450 Northwest Blvd.

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-8	Sa	Jan 2-May 8 1:15pm-2:15pm	Res \$192 Non Res \$211	13121-01

JAZZ & HIP HOP 9-11

Plymouth Creek Activity Center, 14800 34th Avenue N

This fun, high-energy class will focus on jazz dance at a beginner level. Students will experiment with rhythm, energy, and musicality while practicing big movements and performance qualities. Instr: City of Plymouth Dance Staff.

April 17 - class will be held at Bass Lake Park Shelter: 5450 Northwest Blvd

AGES	DAY	DATE & TIME	COST	ACTIVITY
9-11	Sa	Jan 2-May 8 12:00pm-1:00pm	Res \$192 Non Res \$211	13156-01

DANCE COSTUME FEES:

Recital costumes are an additional fee.
Payment due second week of class.
Approximate cost:
\$65 for 3-4 and 5-6, \$85 for 7-8
\$95 for 9-11, \$125 for 12 & Older
\$65 Contemporary Modern
\$95 Jazz and Hip Hop

IMPORTANT DATES:

Recital Rehearsal: May 15
Recital: May 22 & 23



ARTS

DRAMA

THEATER WORKSHOPS WITH DEBORAH SCHEE

These theatrical workshops will use games and activities to help students learn the basics of acting such as; using your voice on stage, building a character and stage positions. Using props, music and costume pieces, we'll present a final production on the last day of class (2 guests per performer can attend). Please wear closed-toe shoes and dress comfortably.

THEATER WORKSHOP - DISNEY DESCENDANTS 2

Plymouth Creek Activity Center, 14800 34th Avenue N

Mal returns to the land of the Lost to find that Uma, the daughter of Ursula, has taken over as queen. Her evil gang has plans to bring down the barrier. Can Evie, Jay and Carlos help Mal stop her?

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-12	Tu	Jan 19-Feb 9 5:30pm-6:45pm	Res \$84 Non Res \$96	13113-01

THEATER WORKSHOP - MY LITTLE PONY

Plymouth Creek Activity Center, 14800 34th Avenue N

Twilight Sparkle, Rainbow Dash, Pinkie Pie, Fluttershy, Applejack, Rarity and Spike live together in Ponyville. But something dangerous is in the air and they need to rely on their friendship to save the day. Join us for a magical adventure!

AGES	DAY	DATE & TIME	COST	ACTIVITY
4-6	M	Jan 25-Feb 15 5:30pm-6:45pm	Res \$84 Non Res \$96	13112-01

THEATER WORKSHOP - BROADWAY KIDS: NEWSIES

Plymouth Creek Activity Center, 14800 34th Avenue N

New York at the turn of the century was a hard place to grow up, especially for the orphans on the streets delivering the daily newspaper. But the "Newsies" stick together and their friendship keeps them strong when things go wrong. Join us to learn basic musical theater skills as we sing, dance and act in our very own original production featuring songs from the popular Broadway Musical, Newsies. Family and friends are invited to watch our production on the final class date.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-12	M	Mar 8-Mar 29 5:30pm-6:45pm	Res \$84 Non Res \$96	13114-01

THEATER WORKSHOP - FROZEN 2

Plymouth Creek Activity Center, 14800 34th Avenue N

In this new story, Elsa starts to hear a strange sound calling her from the north. Her sister Anna, Kristoff, Olaf, and Sven, embark on a journey beyond their homeland in order to discover the origin of Elsa's magical powers and save their kingdom.

AGES	DAY	DATE & TIME	COST	ACTIVITY
4-6	Tu	Mar 9-Mar 30 5:30pm-6:45pm	Res \$84 Non Res \$96	13111-01
4-6	M	Apr 12-May 3 5:30pm-6:45pm	Res \$84 Non Res \$96	13111-02



ARTS

MUSIC

BACH TO ROCK - GLEE CLUB

Bach to Rock, 345 Nathan Ln N

The B2R Glee Club provides a group learning experience that emphasizes reading music, intonation, listening skills, rhythm, and healthy vocal technique. The club will also get to show off its talent at exclusive live performances.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-14	Tu	Jan 12-Feb 2 4:00pm-5:00pm	Res \$197 Non Res \$217	13138-01
7-14	W	Apr 7-Apr 28 4:00pm-5:00pm	Res \$197 Non Res \$217	13138-02

BACH TO ROCK - GROUP UKE LESSONS

Bach to Rock, 345 Nathan Ln N

Learning ukulele in a group setting, ending the series with performance and CD Recording.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-14	M	Feb 1-Feb 22 3:30pm-4:30pm	Res \$197 Non Res \$217	13155-01
7-14	Tu	Apr 6-Apr 27 4:00pm-5:00pm	Res \$197 Non Res \$217	13155-02

EDUCATION



SKYROCK FARM HORSE CAMP

Skyrock Farm, 2825 Willow Drive

Spend your day off from school on the farm at Skyrock! Learn all about horses, how to groom and care for a horse, and common horse vocabulary. After we've met the horses, we'll spend time with the chickens and collect the daily farm eggs. Then we'll take a guided nature hike of the entire farm. There will also be time to hang out in the club house, play games, make new friends and much more. Join us for a day of adventure on the farm! Bring a bag lunch, water and a nut-free snack. Instr. Hanna Nunn. * Please click on the documents tab to fill out the waiver and forms

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-15	Th	Apr 1 9:00am-3:00pm	Res \$110 Non Res \$110	13324-01

TWIN CITIES CHESS CLUB: AFTER SCHOOL CHESS

Plymouth Creek Activity Center, 14800 34th Avenue N

Want to amaze your friends and impress your opponents? Increase your IQ while having fun playing Chess. Learn from Twin Cities Chess Club instructors who have years of teaching experience. Compete for various prizes including trophies, medals, and chess sets! All chess levels are welcome.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-16	Th	Jan 28-Mar 4 4:30pm-5:30pm	Res \$76 Non Res \$89	13321-01
5-16	Th	Apr 15-May 20 4:30pm-5:30pm	Res \$76 Non Res \$89	13321-02

EDUCATION

ENGINEERING FOR KIDS: JUNIOR STEM CLUB

Plymouth Creek Activity Center, 14800 34th Avenue N

New hands-on STEM learning lesson every week.

WINTER:

Week 1: Aerospace Engineering - Helicopters,
Week 2: Chemical Engineering - Lava Lamp & Secret Inkers,
Week 3: Environmental - Wind Energy & Anemometer,
Week 4: Mechanical Engineering - Ooze Diffuse & Spinner.

SPRING:

Week 1: Civil Engineering - Learn to Stand Firm,
Week 2: Marine Engineering - Does Your Boat Float?,
Week 3: Mechanical Engineering - Catapults,
Week 4: Environmental Engineering - Reuse & Recycle.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-8	Sa	Jan 16-Feb 6 9:00am-12:00pm	Res \$165 Non Res \$182	13306-01
5-8	Sa	Apr 10-May 8 9:00am-12:00pm	Res \$165 Non Res \$182	13306-02

ENGINEERING FOR KIDS: CODING CLUB - APP DEVELOPMENT

Plymouth Creek Activity Center, 14800 34th Avenue N

App development has increased manifold in the past 5 years due to lower costs and easier access to essential tools. We're offering a unique experience in which students get to code, test, and create their own apps in real-time using an easy to understand format. Save created apps right to your devices for play anywhere, anytime.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-8	Sa	Feb 13-Mar 6 1:00pm-4:00pm	Res \$165 Non Res \$182	13307-01

ENGINEERING FOR KIDS: CODING CLUB - CREATIVE GAME DESIGN

Plymouth Creek Activity Center, 14800 34th Avenue N

Enjoy storyboarding games with character, enemy and plot development. Turn interactive stories and physical creations into a digital video game. Use a special game board and blocks to design characters, levels, and other art for games. Capture creations, and edit and customize the game, deciding how each of the elements interact and behave. No program: 4/18.

AGES	DAY	DATE & TIME	COST	ACTIVITY
8-11	Sa	Apr 10-May 8 1:00pm-4:00pm	Res \$165 Non Res \$182	13315-01



PLAY-WELL TEKNOLOGIES: INTRO TO STEM VIRTUAL CAMP

Online

Build engineer-designed projects such as catapults and helicopters, explore your creative boundaries, learn new building techniques, and connect your projects to practical real-world STEM concepts. Materials are included in the cost and will be shipped to families after registration.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-12	Sa	Feb 27 9:00am-12:00pm	Res \$80 Non Res \$90	13304-01
7-12	Sa	Mar 13 9:00am-12:00pm	Res \$80 Non Res \$90	13304-02

SCIENCE EXPLORERS: SPY SCIENCE

Bass Lake Playfield, 5450 Northwest Boulevard

Go undercover with Science Explorers and enter the world of espionage with fun experiments and activities. We will unlock the science behind secret messages, create simple spy tools including spy-glasses and more.

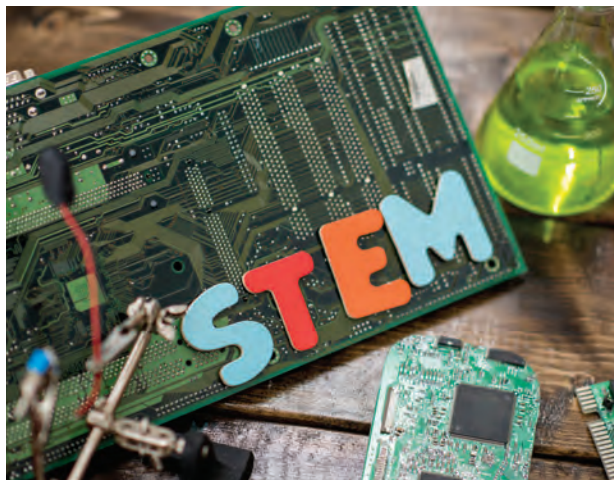
AGES	DAY	DATE & TIME	COST	ACTIVITY
7-12	M	Jan 18 9:30am-11:30am	Res \$30 Non Res \$36	13308-01

SCIENCE EXPLORERS: MYTH BUSTING 101

Bass Lake Playfield, 5450 Northwest Boulevard

Mind-blowing myths or science facts? Join us as we confirm or bust strange myths and wacky urban legends. We will ask the crazy questions, develop hypotheses, then we may smash, crash, sink or launch it to determine if myth is confirmed, plausible or busted.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-12	Th	Apr 1 9:30am-11:30am	Res \$30 Non Res \$36	13309-01



SNAPOLOGY: ROBOPETS ROBOTICS

Plymouth Creek Activity Center, 14800 34th Avenue N

Children will begin to explore the world of robotics as they build simple animal models that teach the fundamentals of robotic design.

AGES	DAY	DATE & TIME	COST	ACTIVITY
8-12	Sa	Feb 27-Mar 20 10:00am-11:00am	Res \$45 Non Res \$55	13378-01



SNAPOLOGY: VIRTUAL ESCAPE CLASS

Online

In this puzzling program, students will have 50 minutes to work as a team to examine clues, solve puzzles, answer riddles, and decode secret messages in order to complete the task of unlocking the secrets of Virtual Escape Experience!

AGES	DAY	DATE & TIME	COST	ACTIVITY
8-12	Su	Mar 7-Mar 28 10:00am-11:00am	Res \$45 Non Res \$55	13377-01

STEM BUILDERS: ACCELERATED MATH

STEM Builders Learning Center- 35th Ave,
15600 35th Avenue N #201

STEM Builders math program offers accelerated math for Kindergarten to eighth grade students. This course aligns with common core math standards. Our context and problem based teaching strategy helps students understand math the way they never understood before. We make learning math as expedient as possible, and we customize each student's math curriculum based on the topics in which they need improvement. This helps fill in gaps in their learning and allows students to soar past topics they already know. Students will also receive a free math assessment. Students pick two days each week: Tues, 5-6pm; Wed, 4-5pm; Thurs, 5-6pm.

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-14	Tu- Th	Jan 19-Mar 25 4:00pm-6:00pm	Res \$375 Non Res \$415	13333-01

STEM BUILDERS: INTRO TO SPIKE

STEM Builders Learning Center - 15600 35th Avenue N, #201

Children have big imaginations, innate curiosity, and a desire to explore and take risks. Our brand new SPIKE curriculum is designed to help kids develop STEM skills, build their own robots and program it. During this course, students build the base robotics and learn how to program various motors and sensors.

AGES	DAY	DATE & TIME	COST	ACTIVITY
9-11	W	Feb 3-Mar 24 4:00pm-5:30pm	Res \$281 Non Res \$309	13326-01

STEM BUILDERS: WRESTLE BOTS

STEM Builders Learning Center Fernbrook, 3161 Fernbrook Ln

Design, build and program your own wrestle robots. Understand the mechanics of robotics utilizing various motors and sensors. Also learn foundational building and computer science. At the end of the session students will build wrestling robots in teams of two to do battle against each other. No program: 3/29, 4/5.

AGES	DAY	DATE & TIME	COST	ACTIVITY
9-14	Sa	Feb 13-Apr 24 11:00am-12:30pm	Res \$369 Non Res \$405	13325-01



TECH ACADEMY: MULTIPLAYER MINECRAFT

Online

Become the architect of mini-game battle arenas. Build your own arena, then challenge your friends! Students will get a copy of the world map to take home and expand on. We will be using the PC/Java Edition of Minecraft.

AGES	DAY	DATE & TIME	COST	ACTIVITY
Colosseum Builder				
7-11	Sa	Jan 9-Jan 16 8:00am-10:00am	Res \$75 Non Res \$86	13301-01

World Builder

7-11	Sa	Feb 20 9:00am-12:00pm	Res \$65 Non Res \$76	13301-02
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City Builder

7-11	Sa	Mar 6-Mar 13 8:00am-10:00am	Res \$75 Non Res \$86	13301-03
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WEATHER LINE
763-509-5205

call for updates
on class cancellations

EDUCATION

TECH TAC TOE: MECHANICAL ENGINEERING

Plymouth Creek Activity Center, 14800 34th Avenue N

Explore mechanics and other forces of physics in this fun class as you build a robotic ball-kicking machine, explore friction, engineer a fun roller coaster, create an exciting marble maze and more fun STEM projects! No program: 2/15.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-10	M	Feb 1-Mar 15 6:30pm-7:20pm	Res \$123 Non Res \$135	13313-01

TECH TAC TOE: RAINFOREST ENGINEERING ADVENTURE

Plymouth Creek Activity Center, 14800 34th Avenue N

Rainforests provide a great opportunity for engineering challenges. In this class, kids will build a rainforest inspired robotic creature, create a solution to move quickly over treetops, find creative solutions for rain water recovery and explore sound by recreating rain sound and more fun STEM projects.

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-10	M	Mar 22-May 10 6:30pm-7:20pm	Res \$123 Non Res \$135	13314-01



YOUTH TECH INC.: MOVIE MAKERS

Online

This hands-on, interactive course with continuous access will instruct students on the world of digital video design and production. Students will film, direct and edit their own digital video creations. Students enrolled in this course amaze their peers with green screen and special effects work. This is a self-paced course that students can do on their own time.

AGES	DAY	DATE & TIME	COST	ACTIVITY
9-16	M-Su	Jan 1-Jan 31 any time	Res \$150 Non Res \$168	13382-01
9-16	M-Su	Feb 1-Feb 28 any time	Res \$150 Non Res \$168	13382-02
9-16	M-Su	Mar 1-Mar 31 any time	Res \$150 Non Res \$168	13382-03
9-16	M-Su	Apr 1-Apr 30 any time	Res \$150 Non Res \$168	13382-04
9-16	M-Su	May 1-May 31 any time	Res \$150 Non Res \$168	13382-05



HEALTH & FITNESS

REVSPORTS – NINJA WARRIOR FITNESS

Plymouth Creek Fieldhouse, 14800 3th Ave N

This instructional class will use challenges that will evolve into an obstacle course at the end of each session. Participants build skills that involve running, jumping, balance and control, coordination, strength and agility. Each session is challenging, but FUN!

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-8	Tu	Jan 12-Feb 9 3:10pm-3:50pm	Res \$69 Non Res \$79	13402-01
5-8	Tu	Feb 16-Mar 16 3:10pm-3:50pm	Res \$69 Non Res \$79	13402-02

REVSPORTS – SPEED & AGILITY

Plymouth Creek Fieldhouse, 14800 3th Ave N

Speed, strength and quickness help make a great athlete. Work on your agility, balance and coordination navigating challenges. This program is designed for the players that already have an interest and experience in sports but want to train to be better.

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-10	W	Jan 13-Feb 10 2:00pm-4:00pm	Res \$89 Non Res \$99	13403-01
6-10	W	Feb 17-Mar 17 2:00pm-4:00pm	Res \$89 Non Res \$99	13403-02

YOGA TIME! AGES 11-16

Plymouth Creek Activity Center, 14800 34th Avenue N

Restore balance to body, mind and spirit with a soothing dose of restorative yoga. Includes a variety of supportive, restful and positive knowledge to bring into you everyday life! Please bring a yoga mat and water. If you have them, a blanket, bolster and/or blocks are also helpful and welcome. Instr: Jessica Spore.

AGES	DAY	DATE & TIME	COST	ACTIVITY
11-16	Tu	Jan 12-Feb 16 5:00pm-5:45pm	Res \$60 Non Res \$69	13400-01
11-16	Tu	Mar 2-April 6 5:00pm-5:45pm	Res \$60 Non Res \$69	13400-02

SAFETY

HOME ALONE COURSE

Plymouth City Hall, 3400 Plymouth Boulevard

Safe Sitter's Safe@Home is designed for students in grades 4-6, and is facilitated by a Safe Sitter® Instructor. This program provides students with important safety training that will help them be prepared to stay home alone.

AGES	DAY	DATE & TIME	COST	ACTIVITY
8-10	Sa	Jan 30 1:00pm-3:00pm	Res \$25 Non Res \$35	13502-01
8-10	Sa	Feb 20 1:00pm-3:00pm	Res \$25 Non Res \$35	13502-02
8-10	Sa	Apr 17 1:00pm-3:00pm	Res \$25 Non Res \$35	13502-03
8-10	Sa	May 22 1:00pm-3:00pm	Res \$25 Non Res \$35	13502-04



SPECIALTY



JUNIOR LIFEGUARD

Wayzata East Middle School, 12000 Ridgemoor Avenue

American Red Cross Junior Lifeguarding is designed to guide youth to the American Red Cross Lifeguarding course by building a foundation of knowledge, attitudes and skills for future lifeguards. Participants are not required to master or perfectly execute skills. They should learn techniques and build stamina during this program. The Junior Lifeguarding course does not certify participants in first aid, CPR or AED or as a lifeguard. The course also provides the participating agency with a known group from which to recruit future lifeguards. Junior Lifeguarding will introduce participants to: skills needed for entry to the American Red Cross Lifeguarding course; communication, teamwork and decision-making skills; basic responsibilities of a lifeguard; basic knowledge and skills required to participate in the American Red Cross Lifeguarding course.

AGES	DAY	DATE & TIME	COST	ACTIVITY
11-14	F	Apr 16-May 21 7:30pm-8:30pm	Res \$85 Non Res \$85	14803-01

SHARK AND MERMAID 101

Wayzata East Middle School, 12000 Ridgemoor Avenue

Become a Certified Shark or Mermaid! Learn how to be safe and swim with your fin and tail skin. You will learn how to take your tail on and off, glide across the pool with tail on and swim 25 yards in your tail. Participants must be able to float 30 seconds on back and front, roll independently from front to back, tread water for 1 minute, swim 25 yards, and perform a basic dolphin kick. Monofin and mermaid tail skin included.

Sharks will receive a monofin and dorsal fin.

No program: 2/12.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-7	F	Jan 15-Mar 12 6:30pm-7:00pm	Res \$150 Non Res \$150	13812-01
5-7	F	Apr 16-May 21 7:30pm-8:00pm	Res \$112 Non Res \$112	13812-02

SHARK AND MERMAID UNIVERSITY

Wayzata East Middle School, 12000 Ridgemoor Avenue

Now that you have your Shark and Mermaid 101 certification, you will learn how to swim like a mermaid! Learn how to make mermaid bubble kisses, dive for treasures, synchronized formations, dives, somersaults, and more! Participants must be certified sharks or mermaids in order to enroll in this course. Monofin and mermaid tail skin included. No program: 2/12.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-12	F	Jan 15-Mar 12 7:15pm-8:00pm	Res \$180 Non Res \$180	13830-01
7-12	F	Apr 16-May 21 6:15pm-7:00pm	Res \$135 Non Res \$135	13830-02

SPORTS

BASKETBALL

BASKETBALL LEAGUE

Armstrong High School, 10635 36th Avenue N

Fundamentals and skills taught the first 2 classes. Then kids are divided by instructors to work on team concepts and play scheduled games. Baskets are at 8 feet. T-shirt included. No program: 2/13.

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-7	Sa	Jan 9-Mar 6 9:15am-10:30am	Res \$77 Non Res \$88	13217-01
7-8	Sa	Jan 9-Mar 6 10:45am-12:00pm	Res \$77 Non Res \$88	13217-02

SKYHAWKS BASKETBALL CAMP

Armstrong High School, 10635 36th Avenue N

Fun, skill-intensive program, designed for beginning to intermediate players. Progressive curriculum focusing on the whole player, teaching respect, teamwork and responsibility as well as skills: passing, shooting, dribbling and rebounding. Baskets will be set at 8' for the 6-8 yr age group. Participants should bring a water bottle and wear gym shoes.

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-8	W	Apr 14-May 5 6:15pm-7:15pm	Res \$89 Non Res \$102	13231-01
9-12	W	Apr 14-May 5 7:30pm-8:30pm	Res \$89 Non Res \$102	13231-02



Parents may not be allowed to attend programs and classes as spectators

ESPORTS



ESPORTS GAMING

Online.

Hey gamers - have you been bored out of your mind over the past few months? Are you looking for something fun to do this winter? Look no further! Welcome to Blaze Fire Games Online—5 Week Esports Leagues. Beginning January 13, our online participants will have the opportunity to play in an online, esports competition hosted by Blaze Fire Games. Register to play Fall Guys, Rocket League, Smash Brothers, NBA 2K, or NFL Madden Football in a secure, monitored and fun environment. League play is done remotely from your own home gaming consoles: Xbox One, PS4/PS5, Nintendo Switch and/or PC. You will be matched up into three competitive games weekly to be played between 2 - 7 pm. Our flex scheduling option allows you to communicate with your opponent to select competition times that work for the both of you. All leagues run five weeks for the regular season, with top competitors being invited back for a 6th and final week playoff tournament. With your registration fee, you may select up to 3 games to play and you will complete 3 matches per week in your selected titles. Winner will receive Blaze Fire Game Championship Trophy and weekly chances to win a free Blaze Fire Game merchandise gift cards for the entire 5 weeks. All participants must own a copy of any game they wish to play and have an active online subscription account with the gaming device they own.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-12	M-Su	Jan 13-Feb 16 2:00pm-7:00pm	Res \$75 Non Res \$86	13276-01
13-18	M-Su	Jan 13-Feb 16 2:00pm-7:00pm	Res \$75 Non Res \$86	13276-02
19+	M-Su	Jan 13-Feb 16 2:00pm-7:00pm	Res \$75 Non Res \$86	13276-03
7-12	M-Su	Mar 17-Apr 20 2:00pm-7:00pm	Res \$75 Non Res \$86	13276-04
13-18	M-Su	Mar 17-Apr 20 2:00pm-7:00pm	Res \$75 Non Res \$86	13276-05
19+	M-Su	Mar 17-Apr 20 2:00pm-7:00pm	Res \$75 Non Res \$86	13276-06



WEATHER LINE
763-509-5205
call for updates
on class cancellations

FENCING

FENCING

Plymouth Ice Center, 3650 Plymouth Boulevard

Intro to fundamentals with the foil weapon in a nonthreatening environment. Emphasis on skill building, concentration, self-discipline and fun! Dress comfortably and wear long pants.

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-9	W	Feb 10-Mar 17 6:15pm-7:15pm	Res \$98 Non Res \$112	13214-01
10+	W	Feb 10-Mar 17 7:30pm-8:30pm	Res \$98 Non Res \$112	13214-02

FLAG FOOTBALL

FLAG FOOTBALL INTRODUCTION

Plymouth Creek Center Fieldhouse, 14800 34th Avenue N

Programs are designed for girls and boys regardless of skill or ability. Kids are divided by age and skill when appropriate. Fundamental skill development and games. Fun and exercise will be emphasized. Equipment provided. Skills taught: passing, catching, kicking and throwing. Kids will be split into teams for games.

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-8	Tu	Jan 5-Jan 26 4:30pm-6:00pm	Res \$72 Non Res \$83	13200-01

FLAG FOOTBALL

Elm Creek Playfield, 4905 Peony Lane

Volunteer/parent coaches are needed for this program. Sign up to coach at www.plymouthmn.gov/volunteercoaching.

Recreational flag football. Practice the first 2 weeks and then games the final 4 weeks. Kids will receive jerseys. No program: 5/30. Makeup: 6/13.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-6	Su	Apr 25-June 13 4:00pm-5:00pm	Res \$68 Non Res \$78	13205-01
5-6	Su	Apr 25-June 13 4:00pm-5:00pm	Res \$68 Non Res \$78	13205-02
5-6	Su	Apr 25-June 13 4:00pm-5:00pm	Res \$68 Non Res \$78	13205-03
5-6	Su	Apr 25-June 13 4:00pm-5:00pm	Res \$68 Non Res \$78	13205-04
7-8	Su	Apr 25-June 13 5:15pm-6:15pm	Res \$68 Non Res \$78	13205-05
7-8	Su	Apr 25-June 13 5:15pm-6:15pm	Res \$68 Non Res \$78	13205-06
7-8	Su	Apr 25-June 13 5:15pm-6:15pm	Res \$68 Non Res \$78	13205-07
7-8	Su	Apr 25-June 13 5:15pm-6:15pm	Res \$68 Non Res \$78	13205-08
9-10	Su	Apr 25-June 13 6:30pm-7:30pm	Res \$68 Non Res \$78	13205-09
9-10	Su	Apr 25-June 13 6:30pm-7:30pm	Res \$68 Non Res \$78	13205-10
9-10	Su	Apr 25-June 13 6:30pm-7:30pm	Res \$68 Non Res \$78	13205-11
9-10	Su	Apr 25-June 13 6:30pm-7:30pm	Res \$68 Non Res \$78	13205-12

GYMNASTICS

TUMBLEWEEDS 1

Wayzata High School, 4955 Peony Lane

Please enter through door 30 of Wayzata High School

Beginners (no experience required). Intro to Floor: jumps, leaps, turns, cartwheel, forward/backward roll; Vault: approach, squat-on; Bars: grips, hanging skills, pullovers; Beam: walks, kicks, hops. No program: 2/13.

AGES	DAY	DATE & TIME	COST	ACTIVITY
4-10	Sa	Jan 9-Mar 20 9:00am-9:30am	Res \$147 Non Res \$156	13219-01
4-10	Sa	Jan 9-Mar 20 9:45am-10:30am	Res \$160 Non Res \$175	13219-02
4-10	Sa	Jan 9-Mar 20 11:30am-12:15pm	Res \$160 Non Res \$175	13219-03
4-10	Sa	Jan 9-Mar 20 12:45pm-1:30pm	Res \$160 Non Res \$175	13219-04
4-10	Sa	Apr 17-May 22 9:00am-9:30am	Res \$86 Non Res \$105	13219-05
4-10	Sa	Apr 17-May 22 9:45am-10:30am	Res \$96 Non Res \$106	13219-06
4-10	Sa	Apr 17-May 22 11:30am-12:15pm	Res \$96 Non Res \$106	13219-07
4-10	Sa	Apr 17-May 22 12:45pm-1:30pm	Res \$96 Non Res \$106	13219-08



Parents may not be allowed to attend programs and classes as spectators

SPORTS

TUMBLEWEEDS 2

Wayzata High School, 4955 Peony Lane

Please enter through door 30 of Wayzata High School

Pre-req: pass Tumbleweeds I. Continued development of skill, focus on technique. Skills taught Floor: round off, handstand, front limbers, turns, leaps; Vaults: pop-up; Bars: back hip circle, dismounts; Beam: leaps, forward roll, dismounts. No program: 2/13.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-13	Sa	Jan 9-Mar 20 9:45am-10:30am	Res \$175 Non Res \$189	13220-01
5-13	Sa	Jan 9-Mar 20 11:30am-12:15pm	Res \$175 Non Res \$189	13220-02
5-13	Sa	Apr 17-May 22 9:45am-10:30am	Res \$105 Non Res \$116	13220-03
5-13	Sa	Apr 17-May 22 11:30am-12:15pm	Res \$105 Non Res \$116	13220-04

PRE-TUMBLERS

Wayzata High School, 4955 Peony Lane

Please enter through door 30 of Wayzata High School

Pre-req: pass Tumbleweeds II. Advancing gymnastics skills for a more challenging class. Skills taught Floor: intermediate dance skills intro, round off rebound, front walkover; Vault: pop-up, handstand off; Bars: back hip circle, glides, squat-on; Beam: cartwheel, handstand, jumps. No program 2/13.

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-14	Sa	Jan 9-Mar 20 10:45am-12:30pm	Res \$210 Non Res \$226	13221-01
6-14	Sa	Apr 17-May 22 10:45am-12:30pm	Res \$126 Non Res \$141	13221-02

TUMBLERS I

Wayzata High School, 4955 Peony Lane

Pre-req: pass Pre-Tumblers. Intermediate skills taught. Floor: intermediate dance skills, back walkover; Vault: handspring; Bars: kips, long hang pullover; Beams: mounts, turns. No program: 2/13.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-14	Sa	Jan 9-Mar 20 10:45am-12:30pm	Res \$210 Non Res \$226	13222-01
7-14	Sa	Apr 17-May 22 10:45am-12:30pm	Res \$126 Non Res \$141	13222-02

TUMBLERS II

Wayzata High School, 4955 Peony Lane

Pre-req: pass Tumblers I. Continue intermediate skill development, advancing technique. Skills taught: Floor: front & back handsprings, tumbling series, advanced dance skills; Vault: handspring; Bars: sole circle dismount; Beam: tumbling & jump series. No program: 2/13.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-16	Sa	Jan 9-Mar 20 10:45am-12:30pm	Res \$225 Non Res \$241	13223-01
7-16	Sa	Apr 17-May 22 10:45am-12:30pm	Res \$135 Non Res \$151	13223-02

ACROBATS

Wayzata High School, 4955 Peony Lane

Advanced gymnastics. Skills taught: Floor: complex dance skills, handsprings, tucks; Vaults: handspring; Bars: squat-ons, fly away; Beam: back walk-over, roundoff, handstand, aerial dismounts. No program: 2/13.

AGES	DAY	DATE & TIME	COST	ACTIVITY
8-16	Sa	Jan 9-Mar 20 10:45am-12:30pm	Res \$225 Non Res \$241	13224-01
8-16	Sa	Apr 17-May 22 10:30am-12:45pm	Res \$135 Non Res \$151	13224-02

INTRO TO RHYTHMIC GYMNASTICS

Rhythmic gymnastics involves elements of gymnastics and dance. With the use of hoops, balls, and ribbon students will gain strength, coordination, flexibility, and agility. Basic gymnastic or dance skills are necessary prerequisites. No program: 2/13.

AGES	DAY	DATE & TIME	COST	ACTIVITY
Wayzata High School, 4955 Peony Lane				
6-14	Sa	Jan 9-Mar 20 12:45pm-1:30pm	Res \$175 Non Res \$191	13218-01
6-14	Sa	Apr 17-May 22 12:45pm-1:30pm	Res \$105 Non Res \$121	13218-02

Parkers Lake Park, 15205 County Road 6

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-14	Th	Apr 15-May 20 7:30pm-8:15pm	Res \$105 Non Res \$121	13218-03



SPORTS

MARTIAL ARTS

KID FU BEGINNER - YELLOW SASH

Bass Lake Playfield, 5450 Northwest Boulevard

Learn proper techniques and traditional styles of Shaolin Kung Fu. Classes are fun and non-competitive. Build strength, flexibility, balance and confidence. Parents are welcome to register and participate with their child. Instr: National Martial Arts Assoc.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5+	Th	Jan 7-Feb 25 5:30pm-6:25pm	Res \$80 Non Res \$92	13225-01
5+	Th	Mar 11-Apr 29 5:30pm-6:25pm	Res \$80 Non Res \$92	13225-02

KID FU INTERMEDIATE - ORANGE SASH & UP

Bass Lake Playfield, 5450 Northwest Boulevard

Learn proper techniques and traditional styles of Shaolin Kung Fu. Classes are fun and non-competitive. Build strength, flexibility, balance and confidence. Parents are welcome to register and participate with their child. Instr: National Martial Arts Assoc.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5+	Th	Jan 7-Feb 25 6:30pm-7:25pm	Res \$80 Non Res \$92	13226-01
5+	Th	Mar 11-Apr 29 6:30pm-7:25pm	Res \$80 Non Res \$92	13226-03

KID SMART - SELF-DEFENSE

Ultimate Martial Arts, 147 Hamel Road

A fun and exciting way to learn how to defend yourself. Learn how to react to a stranger and defend against an attacker. Learn escapes, kicks and basic strikes while playing fun games. Taught by Thomas M. Malone, Black Belt Hall of Fame Member and 30 years of teaching experience.

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-12	Sa	Feb 20 1:00pm-3:00pm	Res \$34 Non Res \$39	13234-01

LIGHTSABER TAE KWON DO

Ultimate Martial Arts, 147 Hamel Road

Learn Martial Arts skills influenced by the epic movie series, Star Wars. Understand, strikes, blocks and stances using swords. Create your own Lightsaber skills and learn choreography just like in the movies all while exercising and having fun. Padded swords are provided. Students may bring their own Lightsaber to class. Taught by Grandmaster Thomas Malone who has over 35 years experience in the Martial Arts.

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-12	W	Jan 20-Feb 3 7:00pm-7:45pm	Res \$59 Non Res \$68	13232-01

SHOSHIN RYU JUJITSU BEGINNER-YELLOW BELT

Shoshin Ryu Martial Arts, 13605 27th Avenue N

Increase self confidence, inner strength, coordination and balance. Primary emphasis on self-defense and development of character by integration of a variety of skills including throws, forms, strikes, kicks and ground based training. Instr: Brian Combo.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-12	M	Jan 4-Feb 15 5:15pm-6:15pm	Res \$80 Non Res \$92	13227-01
7-12	W	Jan 6-Feb 17 5:15pm-6:15pm	Res \$80 Non Res \$92	13227-02
7-12	M	Feb 22-Apr 5 5:15pm-6:15pm	Res \$80 Non Res \$92	13227-03
7-12	W	Feb 24-Apr 7 5:15pm-6:15pm	Res \$80 Non Res \$92	13227-04
7-12	M	Apr 12-May 24 5:15pm-6:15pm	Res \$80 Non Res \$92	13227-05
7-12	W	Apr 14-May 26 5:15pm-6:15pm	Res \$80 Non Res \$92	13227-06



WEATHER LINE
763-509-5205
call for updates
on class cancellations

SPORTS

SOCCER

SOCCER INTRODUCTION

Plymouth Creek Center Fieldhouse, 14800 34th Avenue N

Programs are designed for girls and boys regardless of skill or ability. Kids are divided by age and skill when appropriate. Fundamental skill development and games. Fun and exercise will be emphasized. Equipment provided. Shin guards recommended.

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-8	Th	Jan 7-Jan 28 4:30pm-6:00pm	Res \$72 Non Res \$83	13202-01
6-8	Th	Feb 4-Feb 25 4:30pm-6:00pm	Res \$72 Non Res \$83	13202-02



MOTI-SPORTS VIRTUAL SOCCER TRAINING

Online

Parents and players can now decide where and when they receive the needed instruction from inspired coaches to develop their foot skills or techniques via interactive video conferencing. MOTI Coach can observe the player and the player can see the Coach (players cannot see other players) in these sessions. Players will require a computer or tablet or other smart device for communicating online during the virtual training session, a soccer ball, and some objects for marking the grid or dribbling pattern. MOTI will email your player a download of both the Zoom App and MOTI Mobile App. They will be on a Virtual Team, with the training schedule before them and the needed 3D skills, 3D drills, and activities all laid out for them.

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-10	M,W	Jan 11-Feb 10 5:00pm-6:00pm	Res \$79 Non Res \$90	13209-01
11-14	M,W	Jan 11-Feb 10 6:00pm-7:00pm	Res \$79 Non Res \$90	13209-02
6-10	Tu,Th	Jan 12-Feb 11 6:00pm-7:00pm	Res \$79 Non Res \$90	13209-03
11-14	Tu,Th	Jan 12-Feb 11 5:00pm-6:00pm	Res \$79 Non Res \$90	13209-04
6-10	Sa, Su	Jan 16-Feb 14 1:00pm-2:00pm	Res \$79 Non Res \$90	13209-05
11-14	Sa, Su	Jan 16-Feb 14 2:00pm-3:00pm	Res \$79 Non Res \$90	13209-06
6-10	M,W	Feb 22-Mar 24 5:00pm-6:00pm	Res \$79 Non Res \$90	13209-07
11-14	M,W	Feb 22-Mar 24 6:00pm-7:00pm	Res \$79 Non Res \$90	13209-08
6-10	Tu,Th	Feb 23-Mar 25 6:00pm-7:00pm	Res \$79 Non Res \$90	13209-09
11-14	Tu,Th	Feb 23-Mar 25 5:00-6:00pm	Res \$79 Non Res \$90	13209-10
6-10	Sa, Su	Feb 27-Mar 28 1:00-2:00pm	Res \$79 Non Res \$90	13209-11
11-14	Sa, Su	Feb 27-Mar 28 2:00pm-3:00pm	Res \$79 Non Res \$90	13209-12

TBALL & BASEBALL

TBALL/BASEBALL CLINICS

Armstrong High School, 10635 36th Avenue N

For girls and boys. Instructors teach fundamentals: throwing, catching, fielding and hitting. Scrimmage game held last week of program.

AGES	DAY	DATE & TIME	COST	ACTIVITY
4-5	Sa	Mar 13-Apr 10 9:15am-10:30am	Res \$62 Non Res \$71	13203-01
6-7	Sa	Mar 13-Apr 10 10:45am-12:00pm	Res \$62 Non Res \$71	13203-02



Parents may not be allowed to attend programs and classes as spectators

SPORTS

TENNIS

TENNIS LESSONS

Armstrong High School, 10635 36th Avenue N

Provides beginner and intermediate players with fundamental skills: proper grip, footwork, strokes, serves and basic rules. Instr: Dan Richards, Varsity Tennis Coach, USPTA Certified. Lessons held in high school gym.



AGES	DAY	DATE & TIME	COST	ACTIVITY
4-6	Su	Jan 10-Jan 31 11:00am-11:45am	Res \$67 Non Res \$77	13215-01
4-6	Su	Jan 10-Jan 31 12:00pm-12:45pm	Res \$67 Non Res \$77	13215-02
7-8	Su	Jan 10-Jan 31 1:00pm-2:00pm	Res \$67 Non Res \$77	13215-03
7-8	Su	Jan 10-Jan 31 2:15pm-3:15pm	Res \$67 Non Res \$77	13215-04
9-10	Su	Jan 10-Jan 31 3:30pm-4:30pm	Res \$67 Non Res \$77	13215-05
9-10	Su	Jan 10-Jan 31 4:45pm-5:45pm	Res \$67 Non Res \$77	13215-06
11+	Su	Jan 10-Jan 31 6:00pm-7:00pm	Res \$67 Non Res \$77	13215-07
4-6	Su	Feb 21-Mar 14 11:00am-11:45am	Res \$67 Non Res \$77	13215-08
4-6	Su	Feb 21-Mar 14 12:00pm-12:45pm	Res \$67 Non Res \$77	13215-09
7-8	Su	Feb 21-Mar 14 1:00pm-2:00pm	Res \$67 Non Res \$77	13215-10
7-8	Su	Feb 21-Mar 14 2:15pm-3:15pm	Res \$67 Non Res \$77	13215-11
9-10	Su	Feb 21-Mar 14 3:30pm-4:30pm	Res \$67 Non Res \$77	13215-12
9-10	Su	Feb 21-Mar 14 4:45pm-5:45pm	Res \$67 Non Res \$77	13215-13
11+	Su	Feb 21-Mar 14 6:00pm-7:00pm	Res \$67 Non Res \$77	13215-14
4-6	Th	Feb 18-Mar 11 6:00pm-6:45pm	Res \$67 Non Res \$77	13215-15
7-10	Th	Feb 18-Mar 11 7:00pm-8:00pm	Res \$67 Non Res \$77	13215-16
11+	Th	Feb 18-Mar 11 8:15pm-9:15pm	Res \$67 Non Res \$77	13215-17

TRACK & FIELD

ALLSPORTS TRACK & FIELD

Armstrong High School, 10635 36th Avenue N

Indoor track and field that concentrates on the skills required to compete as a multisport athlete. Children get to throw foam javelins, indoor discus, shot put and hammer. They also look at fundamental jumping, sprinting, and hurdling techniques that develop all around athleticism for general sport as well as track and field athletics.

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-7	Th	Jan 14-Feb 11 6:00pm-6:40pm	Res \$65 Non Res \$75	13230-01
8-9	Th	Jan 14-Feb 11 6:50pm-7:30pm	Res \$65 Non Res \$75	13230-02
10-11	Th	Jan 14-Feb 11 7:40pm-8:20pm	Res \$65 Non Res \$75	13230-03
6-7	Tu	Mar 16-Apr 13 6:00pm-6:40pm	Res \$65 Non Res \$75	13230-04
8-9	Tu	Mar 16-Apr 13 6:50pm-7:30pm	Res \$65 Non Res \$75	13230-05
10-11	Tu	Mar 16-Apr 13 7:40pm-8:20pm	Res \$65 Non Res \$75	13230-06



Parents may not be allowed to attend programs and classes as spectators

SPORTS

VOLLEYBALL

SKYHAWKS VOLLEYBALL

Armstrong High School, 10635 36th Avenue N

Volleyball taught through drills and exercises that focus on passing, setting, hitting, and serving. Coaches will assist participants in developing fundamental skills through game-speed drills and daily scrimmages aimed at developing the whole player. Wear appropriate clothing and bring a water bottle.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-9	Sa	Jan 16-Feb 6 2:45pm-3:45pm	Res \$89 Non Res \$102	13228-01
10-12	Sa	Jan 16-Feb 6 2:45pm-3:45pm	Res \$89 Non Res \$102	13228-02

MULTI-SPORT

AFTERSCHOOL OUTDOOR WINTER ADVENTURES

Ridgemount Playfield, 11950 Ridgemount Ave N.

This program is jam-packed with Minnesota outdoor winter activities to get them going including: snowshoeing, cross-country skiing, sledding, and ice games like boot hockey, broomball, or boot soccer. This class is perfect for the child that enjoys the outdoors and needs more movement in their lives. Please wear winter clothing including: boots, hat, two pairs of mittens, snow pants, jacket, and helmet for ice games.

AGES	DAY	DATE & TIME	COST	ACTIVITY
8-11	M	Jan 4-Jan 25 4:30pm-6:00pm	Res \$69 Non Res \$79	13208-01
8-11	M	Feb 1-Feb 22 4:30pm-6:00pm	Res \$69 Non Res \$79	13208-02

SCHOOLS OUT SPORTS

Programs are designed for girls and boys regardless of skill or ability. Kids are divided by age and skill when appropriate. Fundamental skill development and games. Fun and exercise will be emphasized. Equipment provided.

AGES	DAY	DATE & TIME	COST	ACTIVITY
Armstrong High School, 10635 36th Avenue N				
5-10	M,Tu	BASKETBALL Dec 28-Dec 29 10:00am-1:00pm	Res \$57 Non Res \$66	13210-01
Plymouth Creek Center Fieldhouse, 14800 34th Avenue N				
5-10	M	SOCCER Jan 18 10:00am-1:00pm	Res \$30 Non Res \$36	13210-02
5-10	M	FLAG FOOTBALL Feb 15 10:00am-1:00pm	Res \$30 Non Res \$36	13210-03



WEATHER LINE
763-509-5205
 call for updates
 on class cancellations

ARTS



ALL ABOUT DRAWING

Zoom

Introduction to drawing and various materials. A professional artist will show you how to use different techniques and drawing methods to help with art projects and portfolios. Instructor will email supply list prior to program. Zoom login directions sent with registration. Instr: Tatiana Eletsy.

AGES	DAY	DATE & TIME	COST	ACTIVITY
12-17	Th	Mar 4-Mar 25 4:15pm-5:15pm	\$48	14105-01



DANCE

BALLET AND TAP - AGES 12 AND UP

Plymouth Creek Activity Center, 14800 34th Avenue N

This class will focus on ballet and tap technique, alignment, and steps at an intermediate level. Students will use these skills to perform fun and challenging ballet and tap sequences expanded each week. Ballet shoes, black tap shoes and leotards/tights or active wear are needed. Instr: City of Plymouth Dance Staff.

AGES	DAY	DATE & TIME	COST	ACTIVITY
12-18	M	Jan 4-May 10 8:00pm-9:15pm	Res \$192 Non Res \$211	14106-01

CONTEMPORARY MODERN

Plymouth Creek Activity Center, 14800 34th Avenue N

This class will focus on creative movement and expression through dance. Students will learn modern dance technique and choreography and will expand upon concepts like improvisation and choreography. Instr: City of Plymouth Dance Staff.

AGES	DAY	DATE & TIME	COST	ACTIVITY
12-18	Tu	Jan 5-May 11 8:15pm-9:15pm	Res \$192 Non Res \$211	14102-01

JAZZ & HIP HOP

Plymouth Creek Activity Center, 14800 34th Avenue N

This high-energy class will focus on Jazz and Hip Hop styles and technique. Students will experiment with rhythm, energy, and musicality while they learn fast-paced choreography and practice big movements and performance qualities.

April 17 - class will be held at Bass Lake Park Shelter:
5450 Northwest Blvd.

AGES	DAY	DATE & TIME	COST	ACTIVITY
12-18	Sa	Jan 2-May 8 10:15am-11:30am	Res \$192 Non Res \$211	14103-01

MUSICAL THEATER JAZZ

Plymouth Creek Activity Center, 14800 34th Avenue N

This class will inspire the future Broadway star with upbeat, theatrical jazz choreography, complete with music from your favorite musicals. Jazz shoes and leotards/tights and/or active wear required. Instr: City of Plymouth Dance Staff.

AGES	DAY	DATE & TIME	COST	ACTIVITY
12-18	Tu	Jan 5-May 11 7:00pm-8:00pm	Res \$192 Non Res \$211	14104-01



STRENGTH, STRETCH AND TECHNIQUE

Zoom

Join us virtually for a ballet class with a focus on strength and flexibility (prior ballet experience required) Zoom video link with instructions will be emailed prior to the program. Instructor: City of Plymouth Dance Staff

AGES	DAY	DATE & TIME	COST	ACTIVITY
12-18	Th	Jan 7-May 13 8:00pm-9:00pm	Res \$192 Non Res \$211	14107-01

DANCE COSTUME FEES:

Recital costumes are an additional fee.

Payment due second week of class.

Approximate cost:

\$65 for 3-4 and 5-6, \$85 for 7-8

\$95 for 9-11, \$125 for 12 & Older

\$65 Contemporary Modern

\$95 Jazz and Hip Hop

IMPORTANT DATES:

Recital Rehearsal: May 15

Recital: May 22 & 23



SAFETY

SAFE SITTER BABYSITTERS TRAINING

Plymouth Creek Activity Center, 14800 34th Avenue N

Safe Sitter prepares students grades 6-8 to be safe when they're home alone, watching siblings, or babysitting. Students learn safety, child care skills, diapering, behavior management, online and personal safety. First aid and rescue skills including injury management, choking rescue, infant/child CPR. Activities, role playing and hands on activities with manikins to practice skills create a fun learning environment. Course content follows guidelines of American Academy of Pediatrics and American Heart Association.

AGES	DAY	DATE & TIME	COST	ACTIVITY
11-15	Sa	Jan 23 9:00am-2:45pm	Res \$99 Non Res \$114	13503-01
11-15	Sa	Feb 27 9:00am-2:45pm	Res \$99 Non Res \$114	13503-02
11-15	Sa	Mar 13 9:00am-2:45pm	Res \$99 Non Res \$114	13503-03
11-15	Sa	May 15 9:00am-2:45pm	Res \$99 Non Res \$114	13503-04

FIRST AID AND CPR/AED

Plymouth Creek Activity Center, 14800 34th Avenue N

Learn how to effectively and efficiently respond to emergencies. An American Red Cross Certification looks great on a resume and enhances your confidence when supervising children.

AGES	DAY	DATE & TIME	COST	ACTIVITY
13+	W	March 24 4:00pm-8:00pm	\$50	16516-01



See lifeguarding classes
on pages 26 & 63

TRIPS

MIDDLE SCHOOL SKI & SNOWBOARD CLUB

Calling all 6th-8th graders! Come participate in skiing or snowboarding to start off the weekend. Never skied or snowboarded before? We provide a free beginner lesson at the ski area! Bussing is provided to and from the ski area with social distancing in place. Need a ski/snowboard rental? An additional fee of \$23 for a rental must be provided during registration.

Registration starts December 9

Grades: 6-8 | Day: Friday | Cost: \$70

DATE & TRIP	PICK UP LOCATION / TIME	ACTIVITY
Jan 8 Trollhaugen	Plymouth Ice Center 4:00pm-10:45pm	14607-01
Jan 8 Wild Mountain	Bass Lake Playfield 4:00pm-10:45pm	14607-02
Jan 15 Trollhaugen	Plymouth Ice Center 4:00pm-10:45pm	14607-03
Jan 15 Wild Mountain	Bass Lake Playfield 4:00pm-10:45pm	14607-04
Jan 22 Trollhaugen	Plymouth Ice Center 4:00pm-10:45pm	14607-05
Jan 22 Wild Mountain	Bass Lake Playfield 4:00pm-10:45pm	14607-06



DATE & TRIP	PICK UP LOCATION / TIME	ACTIVITY
Feb 5 Trollhaugen	Plymouth Ice Center 4:00pm-10:45pm	14607-07
Feb 5 Wild Mountain	Bass Lake Playfield 4:00pm-10:45pm	14607-08
Feb 19 Trollhaugen	Plymouth Ice Center 4:00pm-10:45pm	14607-09
Feb 19 Wild Mountain	Bass Lake Playfield 4:00pm-10:45pm	14607-10
Feb 26 Trollhaugen	Plymouth Ice Center 4:00pm-10:45pm	14607-11
Feb 26 Wild Mountain	Bass Lake Playfield 4:00pm-10:45pm	14607-12





HOW TO CREATE YOUR OWN PODCAST

Online

Would you like to start a podcast but don't know how to go about it? While there are a lot of things involved, it's not as complicated or costly as you might think. This workshop will cover the technical process of turning your idea for a podcast into a reality. We will cover the setup, process, and options for hosting, recording, editing, publishing, and even publicizing your podcast. Instr: Keith Bridges.

AGES	DAY	DATE & TIME	COST	ACTIVITY
16+	M	Feb 8-Feb 22 7:00pm-8:30pm	\$50	15160-01



INTRODUCTION TO VOICE OVER

Online

Voice-overs can be managed on your own terms, on your own turf, in your own time, and with minimal overhead. Whether you choose to pursue voice-overs part-time or full-time, this could be the game changer you've been looking for. In addition to online instruction, you will be given the opportunity to book a 1-on-1 script read and voice evaluation via telephone with your instructor for the following day. This class will be presented via Zoom. You will receive a link within 24 hours prior to the class. Instr: Cathi Colas, Such a Voice, LLC.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	M	Mar 15 6:30pm-8:30pm	\$30	15129-01



WET FELTED SOAP BARS

Online

Learn to wet felt a bar of natural soap with teaching artist Kayla McDaniels. You'll learn how to use wool roving, soap, and water to create colorful felt-layered soap. It's perfect for home and travel, making soap and washcloth all in one! Students should have an apron and dish gloves available. 2 soaps will be made. Materials included in fee.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Jan 19 6:30pm-8:00pm	\$75	15105-01



NEEDLE FELTED WALL HANGING

Online

Learn how to needle felt your own small wall hanging with teaching artist Kayla McDaniels. Students will learn how to use a barbed felting needle to create a one-of-a-kind wall hanging for a home decoration or gift. Materials included in course fee.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Mar 16 6:30pm-8:00pm	\$75	15102-01

ARTS

ARTISTIC MOMENTS: COOKIE DECORATING

Plymouth Creek Activity Center, 14800 34th Avenue N

Create your very own cookie designs using a special needle-like scribe tool and colorful royal icing to create beautiful works of art! No previous experience necessary. All artistic abilities are welcome!

Please Note: Cookies are purchased through Cub Foods. If you have any food allergies, please contact the Cub Foods Bakery to inquire about all ingredients used in these products.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	M	Jan 18 7:15pm-9:15pm	Res \$31 Non Res \$37	15100-01

ARTISTIC MOMENTS - VALENTINES CANDY ART

Plymouth Creek Activity Center, 14800 34th Avenue N

Learn how to pour candy coating into festive molds. Have fun dipping, swirling, and sculpting tasty treats. You can even add colorful candy sprinkles for a final touch. Take some home after class or give as a gift to someone special!

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	M	Feb 8 7:15pm-9:15pm	Res \$31 Non Res \$37	15108-01

ARTISTIC MOMENTS - PRINTMAKING

Plymouth Creek Activity Center, 14800 34th Avenue N

Want to create your own print design? This class will expose you to the world of printmaking. You'll create a unique design and then carve your artwork onto linoleum, using a metal carving tool and create a multitude of prints on paper. Choose your favorite prints and they will be matted.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	M	Mar 22 7:15pm-9:15pm	Res \$31 Non Res \$37	15109-01

ARTISTIC MOMENTS - CUPCAKE DECORATING FONDANT

Plymouth Creek Activity Center, 14800 34th Avenue N

Have you ever used fondant to decorate cupcakes? Fondant is a 'Play-Doh-like' edible icing used to create fun designs on cupcakes. Learn how to roll, cut, and sculpt colorful fondant into a wide variety of shapes and sizes. You will have fun creating festive cupcakes for any occasion!

Please Note: Cupcakes are purchased through Cub Foods. If you have any food allergies, please contact the Cub Foods Bakery to inquire about all ingredients used in these products.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	M	Apr 19 7:15pm-9:15pm	Res \$31 Non Res \$37	15144-01

ARTISTIC MOMENTS - GARDEN STEPPING STONES

Plymouth Creek Activity Center, 14800 34th Avenue N

Create a beautiful work of art for your garden by arranging colorful pieces of cut glass, rocks, glass pebbles and/or other embellishments to your stone. Projects can be taken home the same day, but will need to set after class. Cure time is approximately one week. Stones can be used indoors or outdoors. An exterior sealer may be applied to both sides of the stone once it has cured. This will help preserve your mosaic for years to come. Stones should be brought indoors prior to the winter cold.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	M	May 17 7:15pm-9:15pm	Res \$31 Non Res \$37	15142-01

CALLIGRAPHY



BRUSH MARKER CALLIGRAPHY

Online

Brush lettering is easy to learn and could just get you hooked on the wonderful art of calligraphy. We'll provide step-by-step demos and individualized instruction to help create letterforms using two types of brush markers. By the end of the workshop, you'll be able to create a final paper project of an envelope and greeting card. No experience necessary! Class taught through Zoom with login info emailed before class. Recommended supply list provided. Instr: Sally Wightkin.

AGES	DAY	DATE & TIME	COST	ACTIVITY
16+	W	Feb 3-Feb 17 6:00pm-8:00pm	\$75	15118-01



COPPERPLATE (POINTED PEN) CALLIGRAPHY

Online

This workshop will introduce students to Copperplate – a calligraphic script created with a pointed, metal nib. Step-by-step demonstrations of how to use and care for your special tools; and how to construct a lower case alphabet and one variation of capital letters. Take the mystery out of how to make these beautiful letterforms! No experience necessary. Class taught through Zoom with login info emailed before class. Supplies mailed prior to class. Fee includes supply cost. Instr: Sally Wightkin.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	M	Apr 5-May 10 6:00pm-8:00pm	\$225	15119-01

DANCE

TAP DANCE

Plymouth Creek Activity Center, 14800 34th Avenue N

Learn a whole dance in your weeks with Stephanie Stockton. Fun, good exercise, keeps you young. No experience required. Tap shoes are preferred, but hard-soled leather shoes will work, if desired.

AGES	DAY	DATE & TIME	COST	ACTIVITY
55+	F	Jan 15-Apr 30 10:00am-11:00am	Res \$172 Non Res \$189	15104-01
55+	F	Jan 15-Apr 30 11:30am-12:30pm	Res \$172 Non Res \$189	15104-02
55+	F	Jan 15-Apr 30 1:00pm-2:00pm	Res \$172 Non Res \$189	15104-03

BALLROOM DANCING FOR BEGINNERS

Plymouth Creek Activity Center, 14800 34th Avenue N

Learn easy steps and turns in popular ballroom dances, including waltz, foxtrot, swing, salsa, and more. The perfect course for anyone getting married or preparing for an upcoming event. Partnered couples only, and you must register for each person dancing. Instr: Deanna Constantine.

AGES	DAY	DATE & TIME	COST	ACTIVITY
16+	Tu	Feb 16-Mar 9 7:00pm-8:30pm	Res \$59 Non Res \$67	15103-01
16+	Tu	Apr 28-May 19 7:00pm-8:30pm	Res \$59 Non Res \$67	15103-02



BOLLYWOOD DANCING AND BOLLY FITNESS

Zoom

R.G.K. Modern Indian Dance Academy is the first professional dance Academy in the Upper Midwest to offer classes in the Bollywood, Folk, Semi Classical, Contemporary dance styles of India. Come prepared to have fun, shake your shoulders, and swing your hips to this contagious fusion style of dance. You'll find that Bollywood dance is fun and energetic, as well as excellent aerobic exercise. All RGK bollywood dance classes end with Yoga and Pranayam. Class held via Zoom with login info provided before class.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Jan 28-Mar 18 6:30pm-7:15pm	\$120	15127-01



GLASS ART

BEGINNER LAMPWORKING

Skylab Glass Arts, 8838 7th Avenue

This class is for newer lampworkers and people with little to no experience on the torch. Lampworking is a method of glassblowing using a fix mounted torch to melt and manipulate glass into a desired form. We will go over safety, torch basics and glass. We'll work on solid shaped objects and marbles, transitioning into multiple variations of pendants depending on what your comfort level and desire to create is. Class participants will keep their handmade creations. All supplies included.

AGES	DAY	DATE & TIME	COST	ACTIVITY
16+	Th	Feb 18 6:30pm-8:30pm	Res \$68 Non Res \$78	15163-01
16+	F	Mar 26 6:30pm-8:30pm	Res \$68 Non Res \$78	15163-03
16+	Sa	Apr 24 6:30pm-8:30pm	Res \$68 Non Res \$78	15163-04

SKYLAB GLASS ARTS - GLASS PENDANT MAKING

Skylab Glass Arts, 8838 7th Avenue

Glass fusing is like puzzle making with sheet glass and your imagination. Create a beautiful fused glass tile or set of coasters as you learn the basics about glass fusing and the kiln process. Leave your piece and we will fire it in our kiln for you. No experience is needed.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	F	Jan 26 6:00pm-9:00pm	Res \$68 Non Res \$78	15158-01
18+	Sa	Mar 6 6:00pm-9:00pm	Res \$68 Non Res \$78	15158-02
18+	M	Apr 12 6:00pm-9:00pm	Res \$68 Non Res \$78	15158-03

ARTS



SKYLAB GLASS ARTS - GLASS FUSING

SkyLab Glass Arts, 8838 7th Avenue

Glass fusing is like puzzle-making with sheet glass and your imagination. Create a beautiful fused glass tile or set of coasters as you learn about glass fusing and the kiln process. Leave your piece and we will fire it in our kiln for you. The only limit is your imagination! All materials included in fee. No experience needed.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	F	Jan 29 6:00pm-9:00pm	Res \$68 Non Res \$78	15155-01
18+	Tu	Mar 2 6:00pm-9:00pm	Res \$68 Non Res \$78	15155-02
18+	Sa	May 1 6:00pm-9:00pm	Res \$68 Non Res \$78	15155-03

MUSIC

UNWRAPPING MUSIC

Unwrapping Music is a music appreciation class. Each month, we will explore a particular musical genre, time period, composer, or performing artist. The hour includes covering the history, form, and function that shaped each musical style and how music and society changed each other across eras, cultures, and continents. Students will experience recorded and live examples, have interactive question and answer time, may participate in some singing, and are sure to learn something new! Learn about the complex traditions, rich history and incredible variety of music around the world—from Indian Ragas to Balinese Gamelan to Chinese Opera and beyond. Instr: Andrea Leap.

UNWRAPPING MUSIC- MODERN BROADWAY - MUSICAL THEATER

Plymouth Creek Activity Center, 14800 34th Avenue N

Learn about how the last ten years of musical theater has been shaped by cultural situations, creative innovations, and new trends in theater. Including an in-depth look at musicals like Hamilton, Six and Hadestown.

AGES	DAY	DATE & TIME	COST	ACTIVITY
50+	Tu	Jan 19 10:00am-11:00am	Res \$15 Non Res \$18	15157-01

UNWRAPPING MUSIC- MODERN BROADWAY - PART 2

Plymouth Creek Activity Center, 14800 34th Avenue N

We'll continue our discussion on musical theater and how it's shaped cultural situations, creative innovations and new trends.

AGES	DAY	DATE & TIME	COST	ACTIVITY
50+	Tu	Feb 16 10:00am-11:00am	Res \$15 Non Res \$18	15164-01

UNWRAPPING MUSIC - JOAN BAEZ - SOCIAL JUSTICE WARRIOR AND SONGWRITER

Plymouth Creek Activity Center, 14800 34th Avenue N

While she moved in songwriting circles of Bob Dylan, Carole King, and Joni Mitchell, Joan Baez carved out her own individual niche as a songwriter concerned with issues of social justice and equity. In this class we will look at her development as a songwriter and humanitarian through decades of artistic output and creativity.

AGES	DAY	DATE & TIME	COST	ACTIVITY
50+	Tu	Mar 16 10:00am-11:00am	Res \$15 Non Res \$18	15165-01

UNWRAPPING MUSIC- LATIN JAZZ AND DANCE MUSIC

Plymouth Creek Activity Center, 14800 34th Avenue N

The rhythm is gonna get you! The infectious beat of Latin American music and the dances it accompanies will get your feet tapping and your hips swaying. We will look at the music of Cuba (Cha-cha-cha, Salsa), Argentina (Tango) and Brazil (Bossa Nova). Bring your dancing shoes!

AGES	DAY	DATE & TIME	COST	ACTIVITY
50+	Tu	Apr 20 10:00am-11:00am	Res \$15 Non Res \$18	15166-01

PAINTS AND PASTELS

OIL PAINTING

Plymouth Creek Activity Center, 14800 34th Avenue N

We'll use oil paint to learn techniques on both wood and canvas boards. Recommended supply list provided prior to class. Instr: Maria del Carmen Troncoso Gonzalez.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Feb 9-Mar 16 12:00pm-2:00pm	Res \$80 Non Res \$92	15116-01
18+	Tu	Mar 23-May 4 12:00pm-2:00pm	Res \$80 Non Res \$92	15116-02

PASTEL DRAWING

Plymouth Creek Activity Center, 14800 34th Avenue N

You will learn the basics of pastel drawing which combine drawing and painting. Dry pastels allow you to draw, blur and mix using your fingers, resulting in wonderful works of art. Supplies list provided prior to class. Instr: Maria del Carmen Troncoso Gonzalez.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Feb 11-Mar 18 1:00pm-3:00pm	Res \$80 Non Res \$92	15133-01
18+	Th	Mar 25-May 6 1:00pm-3:00pm	Res \$80 Non Res \$92	15133-02



PAINTING WINTER WHITES - WATERCOLOR WORKSHOP

Zoom

Each class will feature a winter wonderland scene including: Snowfall on the River, Winter Berries in Snow, and The Woods in Winter. All sessions will be held via Zoom with instructions and image references shared in advance. Instr: Sonja Hutchinson.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Jan 7-Jan 21 1:00pm-4:00pm	\$75	15107-01



FEATHERED FRIENDS - WATERCOLOR WORKSHOP

Zoom

In each class we'll paint birds that entertain us including: The Amazing Trumpeter Swan, Northern Hawk Owls, and The Pretty Little Goldfinch. All sessions will be held via Zoom with instructions and image references shared in advance. Instr: Sonja Hutchinson.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Mar 11-Mar 25 1:00pm-4:00pm	\$75	15110-01



SPRING BLOOMS - WATERCOLOR WORKSHOP

Zoom

In each class we'll paint fresh spring flowers: Vibrant Violet Crocus, Soft Blue Jacob's Ladder, and Dainty Hepatica from the Forest Floor. All sessions will be held via Zoom with instructions and image references shared in advance. Instr: Sonja Hutchinson.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Apr 8-Apr 22 1:00pm-4:00pm	\$75	15112-01

PALETTE UP! ADULT ART: ALCOHOL INK PAINTING WORKSHOP

Plymouth Creek Activity Center, 14800 34th Avenue N

Experiment with alcohol inks on Yupo paper. The non-absorbent nature of Yupo means it will not buckle, no matter how much water you put on it, and it makes colors more vibrant and brilliant than on standard papers as all the color sits on the surface. Alcohol inks are pigment-intense and vibrant, free-flowing and filled with an energy all their own. You will leave the workshop with knowledge of a new technique that you can then take home and expand your artist interest. Instr: ArtInnovatorsMN.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	May 20 6:30pm-8:00pm	Res \$42 Non Res \$48	15113-01

PALETTE UP! ACRYLIC POURING 2.0

Plymouth Creek Activity Center, 14800 34th Avenue N

Come see what the latest craze of fluid acrylics and pouring medium. Try your hand at the "flip cup" method or use a sink strainer to create an abstract painting. You'll make a 9x12" canvas and get a box to transport your work of art. Art materials included. Instr: ArtInnovatorsMN.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	Feb 17 6:30pm-8:00pm	Res \$55 Non Res \$63	15111-01

ARTS

PHOTOGRAPHY

SMART PHONE PHOTOGRAPHY

Plymouth Creek Activity Center, 14800 34th Avenue N

The majority of Americans use smartphones to take photos and videos but really don't know how much better these photos could be. This class will offer a brief introduction on photographic composition and light, hardware and software that is available to make your photos even better, and hands on time in class to explore and learn what the capabilities of your phone's cameras are. We'll also learn how to share your photos and how to print them. Instr: Ron Timm.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Mar 30 7:00pm-8:30pm	Res \$25 Non Res \$30	15134-01

WHEEL POTTERY

WHEEL POTTERY

Bass Lake Playfield, 5450 Northwest Boulevard

Learn the basics of wheel sculpting with ceramic clay. We'll cover throwing and glazing techniques. Make projects to take home at the end of the session. No experience necessary. All supplies included in the course fee. Instr: Adama Sow.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	Jan 6-Jan 27 7:00pm-9:00pm	Res \$125 Non Res \$138	15153-01
18+	W	Feb 3-Feb 24 7:00pm-9:00pm	Res \$125 Non Res \$138	15153-02
18+	W	Mar 3-Mar 24 7:00pm-9:00pm	Res \$125 Non Res \$138	15153-03
18+	W	Apr 7-Apr 28 7:00pm-9:00pm	Res \$125 Non Res \$138	15153-04
18+	W	May 5-May 26 7:00pm-9:00pm	Res \$125 Non Res \$138	15153-05

WRITING

WRITING WORKSHOP: WRITE FOR A MISSION

Plymouth Creek Activity Center, 14800 34th Avenue N

Wise Ink Creative Publishing professionals will teach you how to align your words with the impact you want to have on your readers. To avoid the dreaded writer's block, it's important to establish clear goals for your book before you begin. We have tools to help you think about what it means to befriend your audience, how to organize your manuscript with a clear thesis, and create tension in your writing that leaves readers wanting more. Come with your ideas and a healthy attitude of self-examination, and let's get to work!

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	Feb 10 6:30pm-8:30pm	Res \$40 Non Res \$45	15169-01
18+	W	Apr 7 6:30pm-8:30pm	Res \$40 Non Res \$45	15169-02



THE CRAFT OF SONGWRITING

Zoom

This course is designed to help songwriters at all levels develop the skills to write great songs. We'll explore lyric writing techniques and exercises to truly hone your songwriting skills. This course will leave you with tools that you can use over and over to write the best songs of your life! Instr: Chad Shank. Zoom instructions provided before class.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Feb 2-Feb 23 7:00pm-9:00pm	\$20	15114-01



WEATHER LINE
763-509-5205
call for updates
on class cancellations

EDUCATION

BRIDGE: COMPETITIVE BIDDING

Plymouth Creek Activity Center, 14800 34th Avenue N

Expand your game to a new level and begin to consider other factors than just point count. Must know the basics of Bridge. Instr: Mignon Nearmeyer.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	M	Mar 15-May 10 1:30pm-3:30pm	Res \$48 Non Res \$58	15305-01

BRIDGE: DOUBLES

Plymouth Creek Activity Center, 14800 34th Avenue N

The double is one of the most useful bids in bridge, one with many different meanings. Class will address takeout doubles, balancing doubles and more. Each class will have lesson time and time for playing actual hands. The text accompanying the book will be available from the instructor. Instr: Mignon Nearmeyer.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Apr 29-June 17 9:00am-11:00am	Res \$48 Non Res \$58	15314-01

CARFIT

CarFit is an educational program that offers older adults the opportunity to check how well their personal vehicles "fit" them. The CarFit program also provides information and materials on community-specific resources that could enhance their safety as drivers, and/or increase their mobility in the community. At a CarFit event, a team of trained technicians and/or health professionals work with each participant to ensure they "fit" their vehicle properly for maximum comfort and safety. A CarFit check takes approximately 20 minutes to complete. The program was developed by AAA, AARP and the American Occupational Therapy Association. This event will take place in the Plymouth Creek Center Parking Lot. Weather make-up date is Wednesday, May 26. Please call 763-509-5200 to register for a 20 minute time slot.

BRIDGE: BOOK 4 - COMMONLY USED CONVENTIONS

Plymouth Creek Activity Center, 14800 34th Avenue N

Pre-req: Book 1-3. Class will include lesson and playing time. Books can be purchased from instructor, Mignon Nearmeyer at class.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	May 11-June 29 6:45pm-8:45pm	Res \$48 Non Res \$58	15313-01

BRIDGE: SHUFFLE, DEAL AND PLAY

Plymouth Creek Activity Center, 14800 34th Avenue N

Pre-req: Book 1-4. Practice what you have learned in class. Also get a little instruction on the latest rules and play under the eye of an expert Bridge Master. Instr: Mignon Nearmeyer.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Mar 23-Apr 27 6:45pm-8:45pm	Res \$30 Non Res \$36	15309-01

CARFIT

Plymouth Creek Activity Center, 14800 34th Avenue N

AGES	DAY	DATE & TIME	COST	ACTIVITY
50+	W	May 19 1:00pm-4:00pm	No Fee	15366-01



Online

CARFIT - ONLINE CLASS

AGES	DAY	DATE & TIME	COST	ACTIVITY
50+	W	May 12 1:00pm-4:00pm	No Fee	15367-01

FAMILY

GENEALOGY SMART START- THINGS I WISH I'D KNOWN

Plymouth Creek Activity Center, 14800 34th Avenue N

Like the instructor, most people who start tracing their genealogy are self-taught researchers. Come discover tricks of the trade from a professional genealogist who learned some things the hard way. The class will cover organizing information, locating and assessing online and on-site sources, search tips, and a bit about DNA. Instr: Elizabeth Williams Gomoll, CG.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18-100	Tu	May 11 7:00pm-8:30pm	Res \$29 Non Res \$35	15347-01

I GOT MY DNA RESULTS. NOW WHAT?

Plymouth Creek Activity Center, 14800 34th Avenue N

Your DNA results have arrived, but your ethnicity isn't what you expected? You have cousin matches, but have no idea who they are or how you are related? This introductory class will discuss what's behind DNA results and provide practical approaches to determining your relationship to your matches. Students are welcome to bring a computer. Instr: Elizabeth Williams Gomoll, CG.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Apr 13 6:30pm-8:00pm	Res \$29 Non Res \$35	15345-01

EDUCATION

FINANCES



INTRO TO FINANCIAL INDEPENDENCE MOVEMENT

Zoom

The class will provide the overview of the financial independence movement. What does financial independence mean and why would someone want to pursue it? The class will cover topics such as budgeting, lowering expenses, increasing income, investing strategies, tax strategies, life hacks, personal values and goal setting. Class will be held via Zoom with login instructions provided with registration receipt. Instr: Jeff Litfin.

AGES	DAY	DATE & TIME	COST	ACTIVITY
24+	Th	Jan 7-Jan 28 7:00pm-8:00pm	\$20	15167-01



INDIVIDUAL INVESTING 101

Zoom

Many people feel like investing is too complicated to do on your own, but there are many strategies that are surprisingly simple that can avoid the high fees of working with a financial advisor. There is no better time to be an individual investor when some basic principles are understood and followed. Getting started investing, different investing strategies and the investing mindset will be the major topics covered in this course. Instr: Jeff Litfin.

AGES	DAY	DATE & TIME	COST	ACTIVITY
24+	Th	Feb 4-Feb 25 7:00pm-8:00pm	\$20	15168-01

FOOD DEMONSTRATIONS WITH JEFF SANDINO

Jeff's love of food began at the Lincoln Del. He sought formal training at L'Hotel Sofitel in both Minneapolis and Houston, Texas. His 40+ year professional career has brought him to such spots as Buca Di Beppo, Figlio, Sunsets on the Bay, My Pie Pizza and the Sunshine Factory to name just a few. He's appeared on several cooking shows demonstrating his culinary wizardry but his passion is teaching and demystifying the process of gourmet cooking.

CHATEAUBRIAND

Plymouth Creek Activity Center, 14800 34th Avenue N

We'll start with a delightful autumn salad tossed with crispy Granny Smith apples, candied walnuts, feta cheese and dried cranberries in a raspberry vinaigrette. Featuring "Chateaubriand" beef tenderloin seared, roasted and served with amazing sauces including bordelaise, béarnaise and pepper sauce. Accompaniments will include creamy potatoes au gratin, tomatoes provencal and fresh steamed asparagus tossed with olive oil and fresh squeezed lemon. We'll finish with crème caramel, an exquisite homemade custard served in a pool of caramel.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	M	Jan 25 6:00pm-9:00pm	Res \$39 Non Res \$49	15379-01

SOUTHERN ITALIAN CUISINE

Plymouth Creek Activity Center, 14800 34th Avenue N

Experience the robust flavors of Italian cuisine! We'll begin with tender baby greens in a tangy balsamic vinaigrette, followed by bruschetta, toasted Italian bread topped with a fresh tomato relish. We'll use the same delicious relish to create the classic Eggplant Parmesan. You'll then learn to prepare manicotti filled with a variety of cheeses and served with a delectable marinara sauce. We'll finish with tiramisu, layers of mascarpone cheese, rum soaked genoise, zabaglione and chocolate biscotti. It's sublime!

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	Feb 24 6:00pm-9:00pm	Res \$39 Non Res \$49	15380-01

BODACIOUS BRUNCH BUFFET

Plymouth Creek Activity Center, 14800 34th Avenue N

Begins with tender scones riddled with fresh berries and white chocolate. There will be the quintessential fresh fruit salad with a delightful dip. Featured are succulent crab cakes blended with fresh vegetables, herbs and spices then lightly breaded and sautéed to perfection. You'll learn to prepare quiche using a delicious combination of meats and cheeses baked in a flaky pastry crust. Also, the classic eggs benedict, poached eggs with tender Canadian bacon served on toasted English muffins with a velvety hollandaise sauce. French toast follows using fresh baked croissants soaked in a rich bath of eggs and milk, sautéed to a honey brown crispness with pure maple syrup.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	M	Apr 26 6:00pm-9:00pm	Res \$39 Non Res \$49	15381-01

THE ART OF SUSHI

Plymouth Creek Activity Center, 14800 34th Avenue N

Come explore the world of sushi as you create this Japanese delicacy yourself. We'll begin by preparing the coveted sushi rice then you'll learn the art of "nigiri-sushi" (hand molded rice) topped with shrimp, unagi, and ahi tuna. You'll then learn how to prepare "maki-sushi" using a bamboo mat to roll rice with various fillings in and around Nori (seaweed sheets). Options and accompaniments will include surimi, cucumber, avocado, cream cheese, teriyaki chicken, tempura onions, spicy mayo, eel sauce, wasabi, pickled ginger and soy sauce.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	May 18 6:00pm-9:00pm	Res \$39 Non Res \$49	15382-01

HEALTH & SAFETY

BALANCE AND FALL PREVENTION

Plymouth Creek Activity Center, 14800 34th Avenue N

This course is designed for individuals that want to decrease their risk of falling. Participants will learn exercises and tips to stay healthy and safe.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	M	Feb 8 10:00am-11:00am	Res \$8 Non Res \$10	15335-01
18+	M	Apr 19 10:00am-11:00am	Res \$8 Non Res \$10	15335-02



THE GIFT OF ANSWERS SERIES

Midwest Preplanning and Suddendorf Legal Services LLC has paired up to offer the following series of presentations. Our mission is to provide families with education on issues that will need to be resolved around the dying process. Our goal of these workshops are to make sure that not only you, but your families are prepared for an emergency, including death.

THE GIFT OF ANSWERS SERIES: BEFORE AND AFTER THE FUNERAL

Plymouth Creek Activity Center, 14800 34th Avenue N

Explore what you need to know before the funeral so that it is cost effective. Such things as current laws, payment, cremation authorization, costs of funerals, and if a funeral home is needed. Learn the process of probate, what triggers it, letters, time considerations for processing wills, taxes of the deceased, do I need an attorney or can I do it myself? If class cannot be held in person it will be held virtually.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Mar 2 10:00am-11:30am	Res \$8 Non Res \$10	15370-01

THE GIFT OF ANSWERS SERIES: HOW TO SAVE MONEY ON FUNERALS

Plymouth Creek Activity Center, 14800 34th Avenue N

What are the basics you need to know about how to save thousands of dollars for your final expenses. Get insider tips about the processes, costs and what you really need, not hearsay or myths. Come with your thoughts and questions for a great discussion and learning experience. If class cannot be held in person it will be held virtually.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Mar 9 10:00am-11:30am	Res \$8 Non Res \$10	15371-01

THE GIFT OF ANSWERS SERIES: YOU DON'T KNOW WHAT YOU DON'T KNOW

Plymouth Creek Activity Center, 14800 34th Avenue N

The decisions we make can have a variety of financial and emotional consequences. Come and learn from real life experiences. You'll hear from people who would have made different decisions and saved money. Topics include important documents, assuming we know everything, medical assistance and the aging process. If class cannot be held in person it will be held virtually.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Mar 16 10:00am-11:30am	Res \$8 Non Res \$10	15372-01



See Introduction to
Flycasting on page 56

EDUCATION

GREAT BRITAIN: SPOT ON! SERIES WITH TERRY KUBISTA

GREAT BRITAIN: SPOT ON! CATHEDRAL CITIES

Plymouth Creek Activity Center, 14800 34th Avenue N

What is it that allows some cities to have a cathedral while others do not?

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	Jan 6-Jan 20 9:30am-11:30am	Res \$25 Non Res \$30	15315-01

GREAT BRITAIN: SPOT ON! BRITISH AND IRISH CASTLES

Plymouth Creek Activity Center, 14800 34th Avenue N

Castles and castle ruins are something all tourists have to visit. We'll visit some of the better known castles in both England and Ireland.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	Feb 3-Feb 17 9:30am-11:30am	Res \$25 Non Res \$30	15316-01

GREAT BRITAIN: SPOT ON! HISTORIC TOWNS

Plymouth Creek Activity Center, 14800 34th Avenue N

Most towns have stories to tell but when the town is 2,000 years old, just think...

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	Mar 10-Mar 24 9:30am-11:30am	Res \$25 Non Res \$30	15317-01

GREAT BRITAIN: SPOT ON! BRITISH REFORMATION

Plymouth Creek Activity Center, 14800 34th Avenue N

The Reformation in England is credited primarily to Henry VIII but is that correct? Let's look at a few of those people who were behind the scenes at a most influential time. The Protestant Reformation in England.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	Apr 7-Apr 21 9:30am-11:30am	Res \$25 Non Res \$30	15318-01

GREAT BRITAIN: SPOT ON! ORIGIN OF THE EDINBURGH TATTOO AND DOGGERLAND

Plymouth Creek Activity Center, 14800 34th Avenue N

Every year in August as part of a large citywide celebration, the Edinburgh Military Tattoo takes place on the forecourt of the Edinburgh Castle. Doggerland is visitable only by scuba diving. So let's go visit the land bridge that once connected Scotland and Europe.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	May 5-May 19 9:30am-11:30am	Res \$25 Non Res \$30	15320-01

HOME

PLANNING YOUR MOVE

Plymouth Creek Activity Center, 14800 34th Avenue N

It's never too early to start thinking about one of your biggest investments and what changes it will mean for your future when you decide to sell your home. This senior housing workshop will teach you about getting your home ready to sell and get you inspired to move forward. Instr: Renee Miller.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Apr 8 10:00am-11:30am	Res \$8 Non Res \$10	15319-01



RETIREMENT AND FUTURE PLANNING

DON'T WORRY, RETIRE HAPPY

Plymouth Creek Activity Center, 14800 34th Avenue N

In retirement every day can be like a Saturday. That's a lot of time to fill and it's important to have a plan. Learn from financial expert Tom Hegna's book *Don't Worry, Retire Happy: 7 Steps To A Secure Retirement*. Instr: Edward Sachs, Thrivent Financial.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Jan 26 6:30pm-8:00pm	Res \$10 Non Res \$12	15376-01
18+	Th	Mar 4 6:30pm-8:00pm	Res \$10 Non Res \$12	15376-02



FINANCIAL FOUNDATIONS: BUILDING YOUR RETIREMENT STRATEGY

Online

Learn valuable concepts and strategies to plan for your financial future—risks to consider, concepts and stories that help you learn from other's experience. You will also receive valuable resources to continue your Retirement Accumulation strategy beyond the classroom. Class led via Zoom with login instructions provided prior to class via email. Instr: Nick Christoff, Thrivent.

AGES	DAY	DATE & TIME	COST	ACTIVITY
24+	Tu	Jan 19 6:30pm-7:30pm	Res \$10 Non Res \$10	15368-01
24+	Tu	Mar 23 6:30pm-7:30pm	Res \$10 Non Res \$10	15368-02



5 KEYS TO RETIRING FEARLESSLY

Online

Learn how to manage risks all retirees face - outliving income, inflation, unpredictable events, market volatility, income taxes and rising health care costs - to help you maximize income in your retirement. Class led via Zoom with login instructions provided prior to class via email. Instr: Nick Christoff, Thrivent.

AGES	DAY	DATE & TIME	COST	ACTIVITY
24+	Tu	Mar 2 6:30pm-7:30pm	Res \$10 Non Res \$10	15369-01

INCOME TAXES AND RETIREMENT

Plymouth Creek Activity Center, 14800 34th Avenue N

Preparing for retirement includes making choices that can affect your income taxes. Learn more about the financial impact of taxes and how to make the wise decisions that minimize their impact on you. Instr: Edward Sachs, Thrivent Financial.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Feb 2 6:30pm-8:00pm	Res \$10 Non Res \$12	15390-01
18+	Th	Feb 11 6:30pm-8:00pm	Res \$10 Non Res \$12	15390-02
18+	Tu	Apr 13 6:30pm-8:00pm	Res \$10 Non Res \$12	15390-03



SOCIAL SECURITY: TIMING IS EVERYTHING

Online

As you approach retirement, take time to determine how you'll support yourself when your paycheck stops. Find out how you can optimize Social Security and determine how much you can expect to receive from other income sources. Class held via Zoom with emailed instructions prior to class. Instr: Nick Christoff, Thrivent.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Jan 12 6:30pm-7:30pm	Res \$10 Non Res \$10	15375-01
18+	Tu	Mar 16 6:30pm-7:30pm	Res \$10 Non Res \$10	15375-02

MEDICARE 101 - JUST THE BASICS

Plymouth Creek Activity Center, 14800 34th Avenue N

We will discuss the different parts of Medicare deductibles and what's covered, enrollment periods, and costs. How to enroll to get additional coverage. Different types of Medicare Advantage plans and Medicare Supplements. Understanding Part D Drug Coverage, minimum requirements formularies, drug tiers and the donut hole and how to avoid penalties. Instr: Sarah Colpitts, Partners Senior Advantage.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Feb 2 6:00pm-7:00pm	Res \$10 Non Res \$12	15384-01
18+	Sa	Feb 20 10:00am-11:00am	Res \$10 Non Res \$12	15384-02
18+	Sa	Mar 20 10:00am-11:00am	Res \$10 Non Res \$12	15384-03
18+	Th	Apr 8 6:00pm-7:00pm	Res \$10 Non Res \$12	15384-04
18+	Sa	Apr 17 10:00am-11:00am	Res \$10 Non Res \$12	15384-05

EDUCATION



PREPARING FOR LONG TERM CARE

Online

Learn what long term care is and what it isn't. Why an extended care strategy should be part of your financial conversation. Learn the three levels of care and the possibilities for care. Learn to manage ways to manage the cost of care and how government programs contribute. Class held via Zoom with login instructions emailed prior to class. Instr. Nick Christoff, Thrivent Financial.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Jan 26 6:30pm-7:30pm	Res \$10 Non Res \$12	15391-01
18+	Tu	Mar 9 6:30pm-7:30pm	Res \$10 Non Res \$12	15391-02

THE 5 "W'S OF ESTATE SETTLEMENT

Plymouth Creek Activity Center, 14800 34th Avenue N

After the passing of a loved one, the successor trustee or representative of an estate has an important yet often confusing and frustrating responsibility. All estates must be "settled" but few know how or where to begin. When an estate is not settled correctly or in a timely manner, there can be serious consequences—for both the executor as well as the beneficiaries. Who undertakes these important tasks? What exactly should they do...and when? Where must all of this work take place...and why? If you want to understand the Who, What, When, Where and Why (and How) of estate settlement, then this workshop is for you. This one-hour educational workshop will be followed by a Q&A session. Instr: Jeff Litfin, Certified Estate Planner, Generations Legal Services.

AGES	DAY	DATE & TIME	COST	ACTIVITY
24+	Tu	Apr 6 6:00pm-7:30pm	Res \$10 Non Res \$10	15310-01

WHO WILL INHERIT THE MESS?

Plymouth Creek Activity Center, 14800 34th Avenue N

Come learn the differences between wills and trusts, how to avoid the pitfalls of Probate, and why it is vital that you (and your college-bound kids) have a current Power of Attorney and Health Care Directive form in place. This valuable presentation covers other important aspects of estate planning that most attorneys and advisors do not address—such as family dynamics, communication, privacy laws, and how beneficiary forms, Transfer on Death (TOD) and Payable on Death (POD) designations can be used to compliment a successful and comprehensive estate plan. Don't let your loved ones inherit a mess! Learn how to keep your estate out of court and how to make sure your assets pass quickly and smoothly to your beneficiaries. Finally...a workshop about estate planning that is informative, beneficial and non-intimidating. This one-hour workshop will be followed by a Q&A session. Instructor is Jeff Litfin, Certified Estate Planner, Generations Legal Services.

AGES	DAY	DATE & TIME	COST	ACTIVITY
24+	Tu	Feb 9 6:00pm-7:30pm	Res \$20 Non Res \$24	15344-01

25 DOCUMENTS NEEDED BEFORE YOU PASS AWAY

Plymouth Creek Activity Center, 14800 34th Avenue N

The emotional consequences and negative ripple effects of failing to keep your documents in order can cause frustration, delays and a financial burden on your loved ones and heirs. You may have a simple will in place, but that only scratches the surface of what is needed in case you pass away or become incapacitated. What have you done about your financial accounts? Insurance policies? Medical wishes? What if you're divorced? Own a business? Have a blended family? What about property you may own or pets you care deeply about? Who will know what to do if you aren't around to tell them? In this educational webinar, you will learn the 25 documents most experts recommend you collect and maintain so family members aren't left scrambling to find important papers and information in a time of loss and confusion. Instr: Jeff Litfin, Certified Estate Planner, Generations Legal Services.

AGES	DAY	DATE & TIME	COST	ACTIVITY
24+	Tu	Mar 9 6:00pm-7:30pm	Res \$10 Non Res \$10	15308-01

WILLS VS TRUSTS

Plymouth Creek Activity Center, 14800 34th Avenue N

When it comes to Estate Planning for families or individuals, one must choose between a will or a trust. These are two distinct legal vehicles which will affect your family in dramatically different ways once you are gone. Very few understand how they differ as it relates to control, efficiency, the protection and distribution of assets, how beneficiaries are affected, probate avoidance, privacy, taxes, and how the role of your Executor is impacted. Whether you already have a will, a trust or nothing at all, it's time to learn the difference TODAY so things will go smoothly for your loved ones TOMORROW. This one-hour workshop will be followed by a Q&A session. Instructor is Jeff Litfin, Certified Estate Planner, Generations Legal Services.

AGES	DAY	DATE & TIME	COST	ACTIVITY
24+	Tu	Jan 12 6:00pm-7:30pm	Res \$20 Non Res \$24	15325-01

PREPARE YOUR OWN WILL

Plymouth Creek Activity Center, 14800 34th Avenue N

Who would raise your children if you died? Who will be your executor? Without a will, the laws in Minnesota and a judge decide. Class is taught by an experienced attorney in drafting wills—Adam Altman. Leave with a simple will prepared. Instruction and all of the necessary forms, witnesses and notaries are provided. This is an individual will.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Jan 19 1:00pm-3:00pm	Res \$38 Non Res \$46	15330-01
18+	M	Apr 19 6:30pm-8:30pm	Res \$38 Non Res \$46	15330-02

EDUCATION

TECHNOLOGY

HOW TO CUT THE CABLE CORD

Plymouth Creek Activity Center, 14800 34th Avenue N

Cable (or satellite) television is the single most expensive utility for many households. Learn about viewing options that are free or a lower cost. Discuss pros/cons of cable, how to get internet without cable, how to get TV from your computer to your television, and more. Find out why and how thousands of TV watchers are ditching cable forever. Instr: Ron Timm.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Jan 19 7:00pm-8:30pm	Res \$29 Non Res \$35	15341-01



INTRODUCTION TO PODCASTS

Online

Have you heard about Podcasts? Would you like to learn more? Learn how to listen to digital audio shows online, select your favorite topics and learn about subjects that interest you. Instr: Nickie Welsh, Social Club Simple.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Feb 4 6:00pm-7:00pm	Res \$20 Non Res \$25	15395-01



INTRODUCTION TO SOCIAL MEDIA

Online

Learn the step-by-step basics for Facebook, Instagram, Snapchat, Twitter and YouTube. Common questions and insights on social media will be reviewed so that you're up to date on the latest buzz words and topics. Come and learn to share, search and connect. You'll leave the class social media savvy as ever. No prior experience required. Instr: Nickie Welsh, Social Club Simple.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	M	Feb 8 6:00pm-7:00pm	Res \$20 Non Res \$25	15392-01

SMART PHONE WORKSHOP I

Plymouth Creek Activity Center, 14800 34th Avenue N

This hands-on workshop is for people with little to no experience working with their iPhone or Android phone. Class will cover the most common cellphone options including: texting, calls and security management. Several of the main cellphone settings, Wi-Fi, security, maps, photos/videos, accessories, icons and apps management, commands and controls will be among the highlighted points. Instr: "Ray, the Computer Guy."

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Feb 11 2:00pm-4:00pm	Res \$35 Non Res \$42	15354-01
18+	Th	Apr 8 2:00pm-4:00pm	Res \$35 Non Res \$42	15354-02

SMART PHONE WORKSHOP II

Plymouth Creek Activity Center, 14800 34th Avenue N

Build on what you learned in the first workshop. Instr: "Ray, the Computer Guy."

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Feb 18 2:00pm-4:00pm	Res \$35 Non Res \$42	15357-01
18+	Th	Apr 15 2:00pm-4:00pm	Res \$35 Non Res \$42	15357-02

HEALTH & FITNESS



NEW YEAR, NEW YOU

Online

The New Year is upon us and many are starting to think of New Year's resolutions for 2021. Research shows that approximately 80% of Resolutions fail by February. This class can help you set realistic goals with a framework to be successful as you move into a new year.

Join Tina Uphoff, certified health coach and fitness instructor, as she shares a 7-Step Success Framework to identify key wellness areas for improvement, set realistic goals, and provide tips/tools for success. Attendees receive a handout of the Success Framework as well as healthy smoothie recipes.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Jan 5 7:00pm-8:00pm	\$8	15412-01

WINTER SOLSTICE CELEBRATION

Parkers Lake Park, 15205 County Road 6

It's going to be a long cold winter – warm your body, mind and spirit celebrating the Winter Solstice. You deserve a spa-like night of self-indulgence. Relax, shed your worries, move your body and feel the power of focused energy. Shake off the winter cold. Free your inner warrior spirit, align your head to your heart, find balance, serenity and stillness, dance, make music and laugh! Treat yourself to a unique experience. Bring a friend and make some new ones!

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Sa	Jan 2 6:00pm-9:00pm	Res \$30 Non Res \$36	15424-01

HEALTH & FITNESS

CARDIO STRENGTH BOOT CAMP

Plymouth Creek Center Fieldhouse, 14800 34th Avenue N

A rigorous full-body workout that gets your heart pumping and muscles moving. We will focus on athletic conditioning to boost your strength and endurance by incorporating some resistance training and bursts of HIIT (High Intensity Interval Training) This class is high energy and guaranteed to make you sweat!

AGES	DAY	TIME	COST
18+	M, W	9:30am-10:25am	\$60/mo - 1 x week
	F	6:30am-7:25am	\$120/mo - 2 x week \$180/mo - 3 x week

DATE & ACTIVITY			
January 15454-01	February 15454-02	March 15454-03	April 15454-04

CARDIO STRENGTH INTERVALS

Plymouth Creek Activity Center, 14800 34th Avenue N

Class includes intervals of cardio and weight training to build muscle and aerobic capacity. Some sessions may incorporate circuit stations to add variety and additional conditioning. Core, ab, and balance work are practiced. Each class concludes with a combo of yoga poses, stretches, and relaxation. Bring a mat, small towel & water. ACE Certified instructor: Aleen Waters.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	Feb 17-Mar 17 5:30pm-6:30pm	Res \$45 Non Res \$52	15403-01
18+	W	Mar 24-Apr 21 5:30pm-6:30pm	Res \$45 Non Res \$52	15403-02



FUNCTIONAL STRENGTH & CORE

ZoYoga & Fitness, 112 Hamel Road

During this virtual livestream class, the instructor will guide you through movement against resistance to improve strength with extra emphasis on the core. Results in easier performance of daily activities requiring strength and agility. No choreography but plan to move to the beat. You will need one or two sets of weights. Registration closes on January 6.

AGES	DAY	DATE & TIME	COST	ACTIVITY
16+	Su	Jan 10-Jan 31 9:00am-10:00am	Res \$29 Non Res \$29	15451-01
16+	Su	Feb 21-Mar 14 9:00am-10:00am	Res \$29 Non Res \$29	15451-02
16+	Su	Apr 18-May 9 9:00am-10:00am	Res \$29 Non Res \$29	15451-03



ZoYoga & Fitness



FUSION FITNESS

ZoYoga & Fitness, 112 Hamel Road

During this virtual livestream class, the instructor will guide you through a full body workout using movement inspired by yoga, ballet, drumming and traditional exercises. You will need one or two sets of weights. Registration closes on January 6.

AGES	DAY	DATE & TIME	COST	ACTIVITY
16+	M	Jan 11-Feb 1 5:30pm-6:30pm	Res \$29 Non Res \$29	15401-01
16+	Tu	Jan 12-Feb 2 9:00am-10:00am	Res \$29 Non Res \$29	15401-02
16+	W	Jan 13-Feb 3 5:30pm-6:30pm	Res \$29 Non Res \$29	15401-03
16+	Sa	Jan 16-Feb 6 9:00am-10:00am	Res \$29 Non Res \$29	15401-04
16+	M	Feb 22-Mar 15 5:30pm-6:30pm	Res \$29 Non Res \$29	15401-05
16+	Tu	Feb 23-Mar 16 9:00am-10:00am	Res \$29 Non Res \$29	15401-06
16+	W	Feb 24-Mar 17 5:30pm-6:30pm	Res \$29 Non Res \$29	15401-07
16+	Sa	Feb 27-Mar 20 9:00am-10:00am	Res \$29 Non Res \$29	15401-08
16+	M	Apr 19-May 10 5:30pm-6:30pm	Res \$29 Non Res \$29	15401-09
16+	Tu	Apr 20-May 11 9:00am-10:00am	Res \$29 Non Res \$29	15401-10
16+	W	Apr 21-May 12 5:30pm-6:30pm	Res \$29 Non Res \$29	15401-11
16+	Sa	Apr 24-May 15 9:00am-10:00am	Res \$29 Non Res \$29	15401-12

PILATES MN

Pilates MN, 864 E Lake Street

Join us at Pilates MN to learn Pilates Principles such as body alignment which helps your muscles work properly during exercise as well as the importance of breath to help assist exercise. Core stability and flexibility is important for everyday life and Pilates can help you with all of these principles.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	Jan 20-Feb 24 7:30pm-8:20pm	Res \$138 Non Res \$148	15405-01
18+	W	Apr 7-May 12 7:30pm-8:20pm	Res \$138 Non Res \$148	15405-02



WEATHER LINE
763-509-5205
 call for updates
 on class cancellations

TAI CHI

TAI CHI CHIH

T'ai Chi Chih® is a gentle, meditative and calming practice consisting of 19 movements and one pose which are designed to circulate and balance the vital energy of the body to optimize health and well-being; it can be done standing or seated. It is not a martial art. With daily practice, benefits may include improved balance and flexibility, reduced stress, blood pressure control, increased energy, better concentration, or improved immune function. Instr: Mary Weddle.

TAI CHI CHIH BEGINNER

AGES	DAY	DATE & TIME	COST	ACTIVITY
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Plymouth Creek Activity Center, 14800 34th Avenue N

18+	Tu	Jan 12-Mar 2 10:00am-11:00am	Res \$52 Non Res \$60	15416-01
18+	Tu	Mar 9-Apr 27 10:00am-11:00am	Res \$52 Non Res \$60	15416-02



Zoom

18+	M	Jan 11-Mar 1 10:00am-11:00am	\$52	15416-03
18+	M	Mar 8-Apr 26 10:00am-11:00am	\$52	15416-04

TAI CHI CHIH INTERMEDIATE

Pre-requisite: Completion of a beginner class in T'ai Chi Chih.

AGES	DAY	DATE & TIME	COST	ACTIVITY
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Plymouth Creek Activity Center, 14800 34th Avenue N

18+	Tu	Jan 12-Mar 2 11:30am-12:30pm	Res \$52 Non Res \$60	15417-01
18+	Tu	Mar 9-Apr 27 11:30am-12:30pm	Res \$52 Non Res \$60	15417-02



Zoom

18+	Tu	Jan 12-Mar 2 11:30am-12:30pm	\$52	15417-03
18+	Tu	Mar 9-Apr 27 11:30am-12:30pm	\$52	15417-04

TAI CHI FOR HEALTH

Plymouth Creek Activity Center, 14800 34th Avenue N

Using mind and body connection, Tai Chi practice creates internal strength through gentle relaxing movements. You increase balance, strengthen bones, improve flexibility and coordination. Tai Chi is a life-long exercise with many positive benefits for participants living with or without arthritis. The form is easy to learn and suitable for all ages. Wear loose fitting clothing and flat comfortable shoes. Instr: Cindy Bergstrom.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	M	Apr 5-May 24 6:45pm-7:45pm	Res \$64 Non Res \$74	15406-01



See Deep Water Running, Water Exercise, and other fitness swim classes on page 63

HEALTH & FITNESS

YOGA

HATHA YOGA

Increase your energy, condition, relax tight muscles and release stiff joints. Your body will be challenged to align, strengthen and balance. Program for all levels. Monday focus: Slow Flow, Wednesday focus: Power Yoga/Vinyasa. Bring a mat and water. Instr: Jessica Spore.

AGES	DAY	DATE & TIME	COST	ACTIVITY
Plymouth Creek Activity Center, 14800 34th Avenue				
18+	M,W	Jan 11-Feb 17 6:30pm-7:30pm	Res \$120 Non Res \$130	15408-01
18+	M,W	Feb 22-Apr 14 6:30pm-7:30pm	Res \$120 Non Res \$130	15408-03



Zoom

18+	M,W	Jan 11-Feb 17 6:30pm-7:30pm	Res \$120 Non Res \$120	15408-02
18+	M,W	Feb 22-Apr 14 6:30pm-7:30pm	Res \$120 Non Res \$120	15408-04

RESTORATIVE YOGA

Parkers Lake Park, 15205 County Road 6

Facilitated relaxation brings the nervous system to a state that helps to achieve a deeper sleep at night. Just 15–20 minutes of conscious relaxation is as beneficial as 3 hours of sleep. Other measurable results: lowered blood pressure, increased “good cholesterol”, reductions in belly fat, digestion improvements, lowering blood sugars, and reduction of muscle tension and fatigue. All levels welcome. Bring a mat and your favorite blanket.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	M	Jan 11-Mar 1 7:30pm-8:45pm	Res \$96 Non Res \$110	15440-01
18+	M	Mar 8-Apr 26 7:30pm-8:45pm	Res \$96 Non Res \$110	15440-02

VALENTINE'S DAY COUPLES YOGA

Parkers Lake Park, 15205 County Rd 6

A special Yoga experience with your Valentine. Yoga practiced with another person, whether a friend, partner, or significant other, is a unique bonding experience. Reinvigorate your connection through synchronized breath, postures, movement and meditation. Enhance your relationship and nurture your body with a fun Valentines activity. Bring your yoga mats and water.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Su	Feb 14 10:00am-12:00pm	Res \$40 Non Res \$48	15453-01
18+	Su	Feb 14 1:00pm-3:00pm	Res \$40 Non Res \$48	15453-02

YIN YOGA

Parkers Lake Park, 15205 County Road 6

The practice of Yin Yoga is a slow and restorative style that involves relaxing the body right up to ones' healthy edge, really feeling into each and every part of the body, especially any areas of pain. When we breathe in deeply while our bodies are outstretched, we are able to release tension. This process results in feeling more balanced and less restless, giving back more strength and energy than it takes away. Great for people who stand all day, are tense, inflexible, or experience anxiety. Bring a mat and your favorite blanket.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Jan 12-Mar 2 7:30pm-8:45pm	Res \$96 Non Res \$110	15441-01
18+	Tu	Mar 9-Apr 27 7:30pm-8:45pm	Res \$96 Non Res \$110	15441-02



YOGA & RELAXATION

ZoYoga & Fitness, 112 Hamel Road

During this virtual livestream class, the instructor will guide you through yoga postures and deep stretches followed by 25 minutes of guided relaxation (Yoga Nidra). Gently increase strength, improve flexibility, and enjoy better sleep. Registration closes on January 6.

AGES	DAY	DATE & TIME	COST	ACTIVITY
16+	Tu	Jan 12-Feb 2 7:00pm-8:15pm	Res \$29 Non Res \$29	15452-01
16+	Tu	Feb 23-Mar 16 7:00pm-8:15pm	Res \$29 Non Res \$29	15452-02
16+	Tu	Apr 20-May 11 7:00pm-8:15pm	Res \$29 Non Res \$29	15452-03



See more yoga programs
on page 52

YOGA WITH CLARE OCHRY

CHAIR YOGA

Plymouth Creek Center, 14800 3th Ave N

A series of seated and standing yoga poses. Chair support modification offered. Designed to increase flexibility and balance. Restorative breathing emphasized and a final relaxation is included each class. Instr: Clare Ochry.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Jan 5-Feb 9 10:00am-11:00am	Res \$48 Non Res \$55	15419-01
18+	Tu	Feb 16-Mar 23 10:00am-11:00am	Res \$48 Non Res \$55	15419-02
18+	Tu	Mar 30-May 4 10:00am-11:00am	Res \$48 Non Res \$55	15419-03

MOVEMENT FOR INSPIRATION AND VITALITY

Plymouth Creek Center, 14800 3th Ave N

This 6-week series will include therapeutic movement linked with energetic breathing techniques that are designed to spark joy, elevate energy levels, and revitalize creativity. This class will be done seated and standing. As a special bonus, a weekly tool-kit for inspiration will be sent to each participant! Instr: Clare Ochry.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	Jan 6-Feb 10 11:15am-12:15pm	Res \$48 Non Res \$55	15456-01
18+	W	Mar 31-May 5 11:15am-12:15pm	Res \$48 Non Res \$55	15456-03

PERIMENOPAUSE MOVEMENT PRACTICE

Plymouth Creek Center, 14800 3th Ave N

Class is designed to provide you with strategies to manage peri-menopausal symptoms as well as connect you with a supportive community. Clare is a yoga instructor and a massage therapist currently studying to receive her master's degree in counseling psychology with a focus on Homeostatic Movement Therapy. Instr: Clare Ochry.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Jan 5-Feb 9 11:15am-12:30pm	Res \$56 Non Res \$64	15455-01
18+	Tu	Mar 30-May 4 11:15am-12:30pm	Res \$56 Non Res \$64	15455-02



YOGA EASY

Plymouth Creek Center, 14800 3th Ave N

Enjoy a soothing stretch journey celebrating life with body, mind and spirit. Strengthens and conditions muscles as it relieves stiff joints and aids balance and breath. All postures have modifications. Instr: Clare Ochry.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	F	Jan 8-Feb 12 9:00am-10:00am	Res \$48 Non Res \$55	15420-01
18+	F	Feb 19-Mar 26 9:00am-10:00am	Res \$48 Non Res \$55	15420-02
18+	F	Apr 2-May 7 9:00am-10:00am	Res \$48 Non Res \$55	15420-03

YOGA TONE

Plymouth Creek Center, 14800 3th Ave N

Safe strength training using light weights, infused with yoga alignment and breathing principles. Build muscle and overall well-being. Instr: Clare Ochry.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	Jan 6-Feb 10 10:00am-11:00am	Res \$48 Non Res \$55	15422-01
18+	W	Feb 17-Mar 24 10:00am-11:00am	Res \$48 Non Res \$55	15422-02
18+	W	Mar 31-May 5 10:00am-11:00am	Res \$48 Non Res \$55	15422-03

HEALTH & FITNESS

ZUMBA

ZUMBA GOLD

Fitness class for senior adults that uses exciting Latin and international dance rhythms. Class is modified for beginner participants. No dance experience necessary. Comfortable clothing and workout shoes recommended. Using dance and fitness moves, experience a complete body workout. Instr: Gina Galindo.



ZUMBA GOLD

Zoom

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Jan 5-Feb 16 9:00am-10:00am	\$58	15448-01
18+	Th	Jan 7-Feb 18 9:00am-10:00am	\$58	15448-02
18+	Tu	Feb 23-Apr 6 9:00am-10:00am	\$58	15448-03
18+	Th	Feb 25-Apr 8 9:00am-10:00am	\$58	15448-04
18+	Tu	Apr 13-May 25 9:00am-10:00am	\$58	15448-05
18+	Th	Apr 15-May 27 9:00am-10:00am	\$58	15448-06



ZUMBA GOLD

Plymouth Creek Activity Center, 14800 34th Avenue N

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Jan 5-Feb 16 9:00am-10:00am	Res \$58 Non Res \$68	15418-01
18+	Th	Jan 7-Feb 18 9:00am-10:00am	Res \$58 Non Res \$68	15418-02
18+	Tu	Feb 23-Apr 6 9:00am-10:00am	Res \$58 Non Res \$68	15418-03
18+	Th	Feb 25-Apr 8 9:00am-10:00am	Res \$58 Non Res \$68	15418-04
18+	Tu	Apr 13-May 25 9:00am-10:00am	Res \$58 Non Res \$68	15418-05
18+	Th	Apr 15-May 27 9:00am-10:00am	Res \$58 Non Res \$68	15418-06

ZUMBA LEVEL 1

Zumba takes the work out of workout. Class is easy, aerobic and lots of fun. This dance fitness fuses Latin rhythms with easy-to-follow moves. A dynamic, complete body workout with an emphasis on arms, legs, abdomen and heart! Instr: Gina Galindo.



Online

ZUMBA LEVEL 1

AGES	DAY	DATE & TIME	COST	ACTIVITY
16+	M	Jan 4-Feb 15 5:30pm-6:30pm	\$58	15449-01
16+	W	Jan 6-Feb 17 6:45pm-7:45pm	\$58	15449-02
16+	Th	Jan 7-Feb 18 5:30pm-6:30pm	\$58	15449-03
16+	M	Feb 22-Apr 5 5:30pm-6:30pm	\$58	15449-04
16+	W	Feb 24-Apr 7 6:45pm-7:45pm	\$58	15449-05
16+	Th	Feb 25-Apr 8 5:30pm-6:30pm	\$58	15449-06
16+	M	Apr 12-May 24 5:30pm-6:30pm	\$58	15449-07
16+	W	Apr 14-May 26 6:45pm-7:45pm	\$58	15449-08
16+	Th	Apr 15-May 27 5:30pm-6:30pm	\$58	15449-09



See more Zumba programs
on page 54

ZUMBA LEVEL 1

Plymouth Creek Activity Center, 14800 34th Avenue N

AGES	DAY	DATE & TIME	COST	ACTIVITY
16+	M	Jan 4-Feb 15 5:30pm-6:30pm	Res \$58 Non Res \$68	15409-01
16+	W	Jan 6-Feb 17 6:45pm-7:45pm	Res \$58 Non Res \$68	15409-02
16+	Th	Jan 7-Feb 18 5:30pm-6:30pm	Res \$58 Non Res \$68	15409-03
16+	M	Feb 22-Apr 5 5:30pm-6:30pm	Res \$58 Non Res \$68	15409-04
16+	W	Feb 24-Apr 7 6:45pm-7:45pm	Res \$58 Non Res \$68	15409-05
16+	Th	Feb 25-Apr 8 5:30pm-6:30pm	Res \$58 Non Res \$68	15409-06
16+	M	Apr 12-May 24 5:30pm-6:30pm	Res \$58 Non Res \$68	15409-07
16+	W	Apr 14-May 26 6:45pm-7:45pm	Res \$58 Non Res \$68	15409-08
16+	Th	Apr 15-May 27 5:30pm-6:30pm	Res \$58 Non Res \$68	15409-09



ZUMBA LEVEL 2

Zumba takes the work out of workout. Class is easy, aerobic and lots of fun. This dance fitness fuses Latin rhythms with easy-to-follow moves. A dynamic, complete body workout with an emphasis on arms, legs, abdomen and heart! Instr: Gina Galindo.



Zoom

ZUMBA LEVEL 2

AGES	DAY	DATE & TIME	COST	ACTIVITY
16+	Tu	Jan 5-Feb 16 6:45pm-7:45pm	\$58	15450-01
16+	W	Jan 6-Feb 17 5:30pm-6:30pm	\$58	15450-02
16+	Tu	Feb 23-Apr 6 6:45pm-7:45pm	\$58	15450-03
16+	W	Feb 24-Apr 7 5:30pm-6:30pm	\$58	15450-04
16+	Tu	Apr 13-May 25 6:45pm-7:45pm	\$58	15450-05

ZUMBA LEVEL 2

Plymouth Creek Activity Center, 14800 34th Avenue N

AGES	DAY	DATE & TIME	COST	ACTIVITY
16+	Tu	Jan 5-Feb 16 6:45pm-7:45pm	Res \$58 Non Res \$68	15410-01
16+	W	Jan 6-Feb 17 5:30pm-6:30pm	Res \$58 Non Res \$68	15410-02
16+	Tu	Feb 23-Apr 6 6:45pm-7:45pm	Res \$58 Non Res \$68	15410-03
16+	W	Feb 24-Apr 7 5:30pm-6:30pm	Res \$58 Non Res \$68	15410-04
16+	Tu	Apr 13-May 25 6:45pm-7:45pm	Res \$58 Non Res \$68	15410-05
16+	W	Apr 14-May 26 5:30pm-6:30pm	Res \$58 Non Res \$68	15410-06

SAFETY

AMERICAN RED CROSS FIRST AID AND CPR INSTRUCTOR

Plymouth Creek Activity Center, 14800 34th Avenue N

The primary purpose of the American Red Cross First Aid/CPR/AED Instructor course is to train instructors to teach the basic level American Red Cross First Aid, CPR, and AED courses. This is a blended learning course to maximize in person training and skill practice. Pre-requisite: Must possess a current CPR/first-aid/AED certification and be able to perform skills to standard as evaluated on first day of class.

AGES	DAY	DATE & TIME	COST	ACTIVITY
16+	Fri	Feb 12 5:30pm-8:30pm	Res \$225 Non Res \$245	15500-01
	Sat	Feb 13 9:00am-3:30pm		
	Sun	Feb 14 9:00am-2:30pm		

AMERICAN RED CROSS WILDERNESS AND REMOTE FIRST AID

Parkers Lake Park, 15205 County Road 6

This class is designed to provide participants a foundation of first aid principles and skills to be able to respond to emergencies and give care in areas that do not have immediate emergency medical services. This includes wilderness and remote environments and urban disasters.

AGES	DAY	DATE & TIME	COST	ACTIVITY
14+	Sa	Mar 6-Mar 27 9:00am-1:30pm	Res \$150 Non Res \$165	16514-01
14+	Sa	May 1-May 22 9:00am-1:30pm	Res \$150 Non Res \$165	16514-02

BASIC LIFE SUPPORT

Plymouth Creek Activity Center, 14800 34th Avenue N

The American Red Cross Basic Life Support (BLS) course is designed to train healthcare professionals, public safety personnel and other professional-level rescuers to respond to breathing and cardiac emergencies in adults, children and infants. This is a Blended Learning Course with online content to be completed before the in-class session to maximize hands-on practice and training.

AGES	DAY	DATE & TIME	COST	ACTIVITY
16+	F	Mar 26 5:30pm-8:00pm	Res \$125 Non Res \$142	15501-01
16+	F	Apr 30 5:30pm-8:00pm	Res \$125 Non Res \$142	15501-02



SPECIALTY

VALENTINES DAY MURDER MYSTERY

Plymouth Historical Building, 3605 Fernbrook Ln

A Murder Mystery like no other. Come interact with history with this fun Valentine's-themed Murder Mystery event. Please register by January 29.

AGES	DAY	DATE & TIME	COST	ACTIVITY
55+	F	Feb 12 4:30pm-7:00pm	Res \$72 Non Res \$82	15602-01

WOMEN'S SELF-DEFENSE

Ultimate Martial Arts, 147 Hamel Road

Take control of the situation with basic self-defense moves that are easy to remember. Learn escapes, kicks and strikes that really work as well as what to do and say when in a compromised situation. Taught by Thomas M. Malone who has over 30 years teaching experience and is a Black Belt Hall of Fame member.

AGES	DAY	DATE & TIME	COST	ACTIVITY
16+	Sa	Jan 30 1:00pm-3:00pm	Res \$39 Non Res \$45	15206-01



WEATHER LINE
763-509-5205
call for updates
on class cancellations

BADMINTON - ADULT OPEN

Wayzata High School, 4955 Peony Ln

We supply the net and the birdies; you supply the racket. Limited number of loaner rackets may be available. Players must pre-register for this program. Under 18 must come with registered parent. Registration is limited. No program: 1/18, 2/15.

AGES	DAY	DATE & TIME	COST	ACTIVITY
15+	M	Jan 4-Feb 22 7:30pm-10:00pm	Res \$30 Non Res \$36	15213-01
15+	Th	Jan 7-Feb 18 7:30pm-10:00pm	Res \$35 Non Res \$42	15213-02
15+	M	Mar 1-Apr 5 7:30pm-10:00pm	Res \$30 Non Res \$36	15213-03
15+	Th	Feb 25-Apr 8 7:30pm-10:00pm	Res \$35 Non Res \$42	15213-04
15+	M	Apr 12-May 17 7:30pm-10:00pm	Res \$30 Non Res \$36	15213-05
15+	Th	Apr 15-May 20 7:30pm-10:00pm	Res \$30 Non Res \$36	15213-06

INTRODUCTION TO FLYCASTING

Plymouth Creek Center Fieldhouse, 14800 34th Avenue N

This class is an introduction to fly-fishing and focuses on casting a flyrod. The course is designed for beginners who would like to learn the basics of casting but will also help novice casters focus on fundamental principles to improve their skills. Students must provide their own equipment. Instr: Gary Ness.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Feb 2-Feb 23 1:00pm-2:30pm	Res \$67 Non Res \$77	15362-01

ADULT OPEN SOCCER

Plymouth Creek Center Fieldhouse, 14800 34th Avenue N

Co-rec soccer on a social level. Not for aggressive/competitive players. No slide tackling; shin guards recommended. Teams formed on site by captains. Pre-registration required.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	M	Dec 28-Feb 15 9:00pm-10:30pm	Res \$109 Non Res \$120	15207-01
18+	W	Dec 30-Feb 17 9:00pm-10:30pm	Res \$109 Non Res \$120	15207-02
18+	M	Feb 22-Apr 12 9:00pm-10:30pm	Res \$109 Non Res \$120	15207-03
18+	W	Feb 24-Apr 14 9:00pm-10:30pm	Res \$109 Non Res \$120	15207-04
18+	Su	Apr 25-May 30 4:30pm-6:00pm	Res \$28 Non Res \$33	15207-05
18+	F	Apr 30-June 4 6:00pm-7:30pm	Res \$28 Non Res \$33	15207-06

TABLE TENNIS - ADULT OPEN

Wayzata High School, 4955 Peony Lane

We supply the tables, you supply the paddle. Players rotate on the tables depending on the number of people. Players must pre-register for this program. Limited number of loaner paddles may be available. Under 18 must come with registered parent.

AGES	DAY	DATE & TIME	COST	ACTIVITY
15+	Tu	Jan 5-Feb 16 7:30pm-10:00pm	Res \$35 Non Res \$42	15211-01
15+	Tu	Feb 23-Apr 6 7:30pm-10:00pm	Res \$35 Non Res \$42	15211-02
15+	Tu	Apr 13-May 18 7:30pm-10:00pm	Res \$30 Non Res \$36	15211-03

VOLLEYBALL - ADULT OPEN

Wayzata High School, 4955 Peony Lane

We supply the nets, volleyballs and setup. Players rotate on the court depending on the number of people. Players must pre-register for this program.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	Jan 6-Feb 17 7:30pm-10:00pm	Res \$35 Non Res \$42	15214-01
18+	W	Feb 24-Apr 7 7:30pm-10:00pm	Res \$35 Non Res \$42	15214-02
18+	W	Apr 14-May 19 7:30pm-10:00pm	Res \$30 Non Res \$36	15214-03



WEATHER LINE
763-509-5205
call for updates
on class cancellations

SPORTS - LEAGUES

WINTER 5X5 UNOFFICIATED BASKETBALL

Armstrong High School, 10635 36th Ave

Full court; no referees, call your own fouls. Timekeeper supplied. 2 or 3 divisions based on competition level. New teams placed in lower division unless request to play up. Supply your own ball.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	M	Jan 11-Mar 15 6:00pm-10:00pm	\$190	15200

SPRING 5X5 UNOFFICIATED BASKETBALL

Armstrong High School, 10635 36th Ave

Full court; no referees, call your own fouls. Timekeeper supplied. 2 divisions based on competition level. New teams placed in lower division unless request to play up. Supply your own ball.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	M	Mar 29-May 17 6:00pm-10:00pm	\$160	15201

WINTER COREC UNOFFICIATED VOLLEYBALL

Wayata High School, 4955 Peony Ln

Play with up to 3 men and 3 women per team on the court (4 player minimum). Teams call their own violations. Roster limit is 12.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Jan 19-Mar 9 7:30pm-10:00pm	\$130	15203

WINTER SOCCER INDOOR OFFICIATED LEAGUE 1

Plymouth Fieldhouse, 14800 34th Ave N

Play 6 v 6 plus goalie, 1-2 divisions based on competitive level. Returning teams may be moved up or down within the divisions. Roster limit is 16.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Jan 7-Feb 25 8:00pm-10:15pm	\$975	15206

WINTER SOCCER INDOOR OFFICIATED LEAGUE 2

Plymouth Fieldhouse, 14800 34th Ave N

Play 6 v 6 plus goalie, 1-2 divisions based on competitive level. Returning teams may be moved up or down within the divisions. Roster limit is 16.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Mar 4-Apr 15 8:00pm-10:15pm	\$975	15207



SENIOR TRIPS

JANUARY KITE FESTIVAL

Lake Harriet, Minneapolis, MN

Board the bus for an outdoor adventure to see amazing kites. Plenty to see and do! Register by January 8.

AGES	DAY	DATE & TIME	COST	ACTIVITY
55+	Su	Jan 24 10:00am-3:45pm	Res \$60 Non Res \$72	15601-01

DAY TRIPPERS: DINNER THEATER

9152 Old Cedar Ave S, Bloomington, MN 55425

Come experience the highly-acclaimed play "Sex Please, We are 60." This hilarious play is about a man who mixes up his male performance meds with female enhancing meds and experiences some interesting side effects. Dinner, show, and transportation all provided. Please register by March 1.

AGES	DAY	DATE & TIME	COST	ACTIVITY
55+	W	Mar 17 11:30am-4:00pm	Res \$68 Non Res \$76	15606-01

SENIOR TRIPS: FLY FISHING IN PRESTON

Meet at Plymouth Creek Activity Center,
14800 34th Avenue N

Spend a beautiful spring day trout fishing! Guided instruction from the National Trout Center, lunch and transportation provided. Register by April 9.

AGES	DAY	DATE & TIME	COST	ACTIVITY
50+	W	Apr 28 8:00am-4:30pm	Res \$95 Non Res \$115	15605-01

SENIOR TRIPS: BREWERY TOUR

Meet at Plymouth Creek Activity Center,
14800 34th Avenue N

A tour of Minnesota breweries right near you! Includes brewery tours, transportation, and lunch. Must register by May 3.

AGES	DAY	DATE & TIME	COST	ACTIVITY
ages	W	May 19 10:45am-4:00pm	Res \$105 Non Res \$120	15604-01



EVENTS

MOVIE MATINEE

Plymouth Creek Activity Center, 14800 34th Avenue N

Enjoy an afternoon with friends going to the movies right here in Plymouth Creek Center. Concessions available for purchase.

AGES	DAY	DATE & TIME	COST	ACTIVITY
50+	Tu	Jan 26 1:00pm-3:30pm	no fee	15702-01
50+	Tu	Feb 16 1:00pm-3:30pm	no fee	15702-02
50+	Tu	Mar 30 1:00pm-3:30pm	no fee	15702-03
50+	W	Apr 21 1:00pm-3:30pm	no fee	15702-04
50+	W	May 12 1:00pm-3:30pm	no fee	15702-05

SPRING DANCE & DESSERT

Plymouth Creek Activity Center, 14800 34th Avenue N

Get back in the swing of things with a spring dance! Enjoy a lovely evening dancing in the beautiful Plymouth Creek Center Ballroom. Refreshments will be served. Please register by April 30.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	M	May 3 5:00pm-7:30pm	Res \$18 Non Res \$26	15703-01

SENIOR GROUPS

GROUP	MEETING DAY	TIME	CONTACT	FEE
500 Card Club	Every Friday	1:00–4:00pm	Linda: 952-448-9202	YES
Antiques & Collectibles	Last Wed of Month No Meetings June - August	1:30–3:30pm	Arlene: 763-559-9636	YES
Arts Studio	Every Friday	9:00-11:30am	David: 763-383-8921	YES
Biking Club	Wednesdays (April - Oct.)	Times Vary	Bill: 763-546-7835	YES
Book Club	1st Wednesday	1:30–2:30pm	Janice: 612-801-3680	YES
Bridge - Party	Every Wednesday	12:00pm–4:00pm	Diane: 763-473-6047	YES
Duplicate Bridge Group	2nd & 4th Wednesday	12:00pm–4:00pm	Nancy: 763-559-3259	YES
Computer Users Group	4th Wednesday	10:00am–Noon	John: 763-557-8087	YES
Cribbage	Every Thursday	12:30–3:00pm	Jeff: 763-551-9185	YES
Current Events Discussion Group	Every Thursday	9:45–11:45am	763-509-5200	YES
Evening Bridge	Every Monday	6:30pm–9:15pm	Diane: 763-473-6047	YES
Mah Jongg	Every Tuesday	12:30–4:00pm	763-509-5200	YES
Men's Club	4th Tuesday	9:00–11:00am	763-509-5200	YES
Needle Arts	1st & 3rd Thursdays	11:30am–2:30pm	Kay: 763-577-0753	YES
Plymouth Handycrafters	2nd & 4th Thursday	1:00–3:00pm	Fran: 763-559-9316	YES
Plymouth Rockers Chorus	Mondays, Feb-June, Sept-Dec	9:00–11:30am	Marilou: 763-473-4404	YES
Plymouth Senior Club	3rd Monday (May-Dec) 4th Monday (Jan-Apr) No Meeting in July	12:00–4:00pm	Sandy: 763-218-1611	YES
Plymouth Woodcarvers	Every Thursday	9:00am–12:00pm	Jim: 763-441-4279	YES
Story Time Players	1st & 3rd Tuesdays	1:00–3:00pm	Randi: 218-791-2884	YES
Writers Group	Every Monday	1:00–3:00pm	Elaine: 763-473-5628	YES

SERVICES

Caregiver Coaching			SCS: 612-770-7005	NO
Caregiver Support Group	3rd Wednesday each month	10:00am-11:30am	Becky Allard, LSW 952-746-4028	NO
Senior Outreach	by appointment		SCS: 612-770-7005	NO

Groups will run in accordance with current MDH and CDC guidelines. Groups may have options for virtual or in person meetings.

MINNESOTA HIGHWAY SAFETY & RESEARCH CENTER DRIVING CLASSES

Plymouth Creek Activity Center, 14800 34th Avenue N

Taught by trained instructors, topics include changes in traffic laws, vehicle technology and defensive driving tips using educational videos and classroom training/discussion. Sessions are available in a basic (8-hour) first-time course or a refresher (4-hour) course. Please bring what you need for the day (eg. snack, lunch or beverage). Completion of this course allows for a 10% reduction on automobile insurance premiums in Minnesota for those ages 55 and over. Refresher course must be completed every three years for discount.

For class fees & registration contact

MN Hwy Safety Research Center toll free number:
1-320-308-1400

DAY/DATE	COURSE	TIME	LOCATION
Fri, Jan 8	4 hour Refresher	Noon-4:00pm	Zoom
Tues, Jan 19	4 hour Refresher	10:00am-2:00pm	Zoom
Tues/Wed, Mar 9/10	Basic Course - (First time 8 hr)	4:30pm-8:30pm	Zoom
Tues, Mar 23	4 hour Refresher	10:00am-2:00pm	Zoom
Thurs, May 14	4 hour Refresher	10:00am-2:00pm	Zoom
Tues/Wed, May 18/19	Basic Course - (First time 8 hr)	5:00pm-9:00pm	Plymouth Creek Center

CLASS DESCRIPTIONS (please see schedule on following pages)



WAYZATA EAST MIDDLE SCHOOL - 12000 RIDGEMOUNT AVENUE

ADULT BEGINNER SWIMMING (AGES: 15+)

Focus on basic swimming skills and comfort in the water. Develop fundamental swim skills, basic stroke development and safety.

ADULT FITNESS SWIMMING (AGES: 15+)

Learn how to develop a fitness program in the water. Workouts will be provided based on skill level.

INFANT/TODDLER SWIMMING (AGES: 6 MOS-2.5)

A parent/child class that builds basic swimming skills and water safety knowledge. Using games and activities, the class will focus on water adjustment and basic comfort in front & back positions. One adult required to be in the water.

PRESCHOOL PARENT/CHILD SWIMMING (AGES: 2-4)

A class for those new to swimming or wishing to build on comfort and water safety skills learned in the Infant/Toddler class. Beginning swim skills introduced including: breath control, front & back position, and movement in the water. One adult per child required in the water.

SWIM STARS (AGES: 3-5)

A class for children to develop the confidence needed to transition to a Preschool 1 swimming class. Parent/adults will be in the water for the first half of the session and then transition to a preschool class with instructor only.

PRESCHOOL 1 SWIMMING (AGES: 3-5)

This class is for those who have completed a parent/child class or a child comfortable in a class setting without a parent. Class introduces age appropriate basic swimming skills, breath control, bobbing underwater, supported front and back floats/glides and movement in the water (5-10 ft). (Ratio 5:1)

PRESCHOOL 2 SWIMMING (AGES: 3-5)

For preschoolers who are comfortable in the water. Expand on basic skills: bobbing underwater, unsupported front and back floats/glides, swim on front and back unsupported 6ft. Jump in water alone. (Ratio 5:1)

LEVEL 1 SWIMMING (AGES: 5-14)

This class is an introduction to water skills and builds basic swimming skills for comfort in the water. Class introduces floating, kicking, gliding, arm & leg action, swimming independently on front/back (10 ft), and breath control. (Ratio 5:1)

LEVEL 2 SWIMMING (AGES: 5-14)

This class is for those who have passed Level 1 or are able to float on front and back (5 sec) and independent swim (10 ft on front/back). Class builds on level 1 skills introducing front & back crawl, elementary backstroke and fundamental techniques while building endurance to swim front crawl (15 ft). (Ratio 6:1)

LEVEL 3 SWIMMING (AGES: 6-14)

A class for those who have passed Level 2 or have the equivalent skills. Class concentrates on stroke development, through guided practice, to swim front crawl & back crawl (15 yds each), 30 yd. endurance swim. Intro of elementary back stroke (15 ft), treading water, and diving introduction. (Ratio 6:1).

LEVEL 4 SWIMMING (AGES: 6-14)

A class for those who have passed Level 3 or have the equivalent skills. Class stresses technique and endurance with front & back crawl and elementary backstroke (25 yds). Class introduces breast stroke kick and dolphin kicks, diving progression, deep water skills, lap swimming, and 50 yds endurance swim. (Ratio 6:1)

LEVEL 5 SWIMMING (AGES: 8-14)

Objectives: refine techniques in all strokes (front crawl, back crawl, elementary backstroke 50yds, breast stroke and sidestroke 25yds), learn basic butterfly, become an endurance swimmer (ratio 6:1)

LEVEL 6 SWIMMING (AGES: 8-14)

Develop and refine the four competitive strokes: front crawl, back crawl, breaststroke and butterfly. Drills, relays, games, and stroke work! Perfect all strokes (front crawl and back crawl 100 yds., elementary backstroke, breaststroke, and sidestroke 50yds, butterfly 25yds), tread water 5 minutes, endurance swim 500yds (ratio 6:1)

PRIVATE LESSON INTEREST LIST

Wayzata East Middle School, 12000 Ridgemount Avenue

We offer a limited number of private 30-minutes swimming lessons to swimmers 5 years and older. A member of our aquatic team will contact families when availability is finalized. Please note that registration for this list does not guarantee a private 30-minute lesson. Fees are \$28 per lesson. Minimum of 4 session.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5+	Tu	Jan 12-Mar 23 6:30pm-8:00pm	\$28/lesson	16800-01
5+	W	Jan 13-Mar 24 6:30pm-8:00pm	\$28/lesson	16800-01
5+	Th	Jan 14-Mar 25 6:30pm-8:00pm	\$28/lesson	16800-01
5+	F	Jan 15-Mar 12 6:30pm-8:00pm	\$28/lesson	16800-01

GLOW in the DARK SWIMMING

March 19 | 6:30pm-8:30pm

cost:\$10 per person (free for ages 2 and under)

Activity #13811-01

ADULT BEGINNER (AGES 15+)

DAY	DATE	TIME	COST	ACTIVITY
8 classes. No program: 2/13				
Sa	Jan 9-Mar 6	1:45pm-2:30pm	\$120	15800-01
6 classes.				
Sa	Apr 17-May 8	1:45pm-2:30pm	\$90	15800-02

ADULT FITNESS SWIMMING (AGES 15+)

DAY	DATE	TIME	COST	ACTIVITY
8 classes. No program: 2/12 & 2/13				
Sa	Jan 9-Mar 6	1:45pm-2:30pm	\$80	15830-01
F	Jan 15-Mar 12	7:15pm-8:15pm	\$80	15830-02
6 classes.				
Tu,Th	Mar 9-Mar 25	7:30pm-8:30pm	\$60	15830-03
Tu,Th	Apr 13-May 6	7:30pm-8:30pm	\$60	15830-04
6 classes.				
Sa	Apr 17-May 8	1:45pm-2:15pm	\$60	15830-05

INFANT/TODDLER (AGES 6 MONTHS-2.5)

DAY	DATE	TIME	COST	ACTIVITY
8 classes. No program: 2/13				
Sa	Jan 9-Mar 6	8:30am-9:00am	\$120	11800-01
Sa	Jan 9-Mar 6	11:50am-12:20pm	\$120	11800-02
6 classes.				
M	Apr 12-May 17	6:30pm-7:00pm	\$90	11800-03
Sa	Apr 17-May 8	10:15am-10:45am	\$90	11800-04
Sa	Apr 17-May 8	12:30pm-1:00pm	\$90	11800-05

PRESCHOOL PARENT/CHILD (AGES 2-4)

DAY	DATE	TIME	COST	ACTIVITY
8 classes. No program: 2/13 & 2/15				
Sa	Jan 9-Mar 6	9:20am-9:50am	\$120	11801-01
M	Jan 25-Mar 22	6:30pm-7:00pm	\$120	11801-02
6 classes.				
M	Apr 12-May 17	7:15pm-7:45pm	\$90	11801-03
Sa	Apr 17-May 8	9:20am-9:50am	\$90	11801-04

SWIM STARS SWIMMING (AGES 3-5)

DAY	DATE	TIME	COST	ACTIVITY
8 classes. No program: 2/13 & 2/15				
Sa	Jan 9-Mar 6	9:20am-9:50am	\$120	11802-01
M	Jan 25-Mar 22	8:15pm-8:45pm	\$120	11802-02
6 classes.				
M	Apr 12-May 17	7:15pm-7:45pm	\$90	11802-03
Sa	Apr 17-May 8	8:30am-9:00am	\$90	11802-04

PRESCHOOL 1 (AGES 3-5)

DAY	DATE	TIME	COST	ACTIVITY
8 classes. No program: 2/13 & 2/15				
Sa	Jan 9-Mar 6	11:00am-11:30am	\$120	12800-01
M	Jan 25-Mar 22	7:15pm-8:00pm	\$120	12800-02
6 classes.				
M	Apr 12-May 17	6:30pm-7:00pm	\$90	12800-03
Sa	Apr 17-May 8	10:15am-10:45am	\$90	12800-04
Sa	Apr 17-May 8	11:45am-12:15pm	\$90	12800-05

PRESCHOOL 2 (AGES 3-5)

DAY	DATE	TIME	COST	ACTIVITY
8 classes. No program: 2/13				
Sa	Jan 9-Mar 6	8:30am-9:00am	\$120	12801-01
Sa	Jan 9-Mar 6	10:10am-10:40am	\$120	12801-02
6 classes.				
Sa	Apr 17-May 8	10:15am-10:45am	\$90	12801-03
Sa	Apr 17-May 8	11:00am-11:30am	\$90	12801-04

LEVEL 1 (AGES 5-14)

DAY	DATE	TIME	COST	ACTIVITY
8 classes. No program: 2/13 & 2/15				
Sa	Jan 9-Mar 6	8:30am-9:00am	\$120	13800-01
Sa	Jan 9-Mar 6	11:05am-11:35am	\$120	13800-02
M	Jan 25-Mar 22	6:30pm-7:00pm	\$120	13800-03
6 classes.				
Sa	Apr 17-May 8	8:30am-9:00am	\$90	13800-04
Sa	Apr 17-May 8	12:00pm-12:30pm	\$90	13800-05



ALL SWIMMING PROGRAMS MEET AT
WAYZATA EAST MIDDLE SCHOOL
12000 Ridgemount Avenue

LEVEL 2 (AGES 5-14)

DAY	DATE	TIME	COST	ACTIVITY
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8 classes. No program: 2/13 & 2/15

Sa	Jan 9-Mar 6	9:20am-9:50am	\$120	13801-01
Sa	Jan 9-Mar 6	11:05am-11:35am	\$120	13801-02
Sa	Jan 9-Mar 6	12:35pm-1:05pm	\$120	13801-03
M	Jan 25-Mar 22	7:15pm-7:45pm	\$120	13801-04

6 classes.

M	Apr 12-May 17	6:30pm-7:00pm	\$90	13801-05
Sa	Apr 17-May 8	8:30am-9:00am	\$90	13801-06
Sa	Apr 17-May 8	12:00pm-12:30pm	\$90	13801-07

LEVEL 3 (AGES 6-14)

DAY	DATE	TIME	COST	ACTIVITY
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8 classes. No program: 2/13

Sa	Jan 9-Mar 6	10:10am-10:55am	\$120	13802-01
Sa	Jan 9-Mar 6	11:50am-12:35pm	\$120	13802-02

6 classes.

M	Apr 12-May 17	8:00pm-8:45pm	\$90	13802-04
Sa	Apr 17-May 8	9:20am-10:05am	\$90	13802-05
Sa	Apr 17-May 8	12:45pm-1:30pm	\$90	13802-06



ALL SWIMMING PROGRAMS MEET AT
WAYZATA EAST MIDDLE SCHOOL
12000 Ridgemount Avenue

LEVEL 4 (AGES 6-14)

DAY	DATE	TIME	COST	ACTIVITY
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8 classes. No program: 2/13 & 2/15

Sa	Jan 9-Mar 6	10:10am-10:55am	\$120	13804-01
Sa	Jan 9-Mar 6	11:50am-12:35pm	\$120	13804-02
M	Jan 25-Mar 22	8:00pm-8:45pm	\$120	13804-03

6 classes.

M	Apr 12-May 17	8:00pm-8:45pm	\$90	13804-04
Sa	Apr 17-May 8	12:45pm-1:30pm	\$90	13804-05

LEVEL 5 (AGES 8-14)

DAY	DATE	TIME	COST	ACTIVITY
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8 classes. No program: 2/13 & 2/15

Sa	Jan 9-Mar 6	12:40pm-1:35pm	\$120	13805-01
M	Jan 25-Mar 22	8:00pm-8:45pm	\$120	13805-02
Tu,Th	Feb 9-Mar 4	7:30pm-8:15pm	\$120	13805-03

6 classes.

M	Apr 12-May 17	8:00pm-8:45pm	\$90	13805-04
Sa	Apr 17-May 8	9:20am-10:05am	\$90	13805-05
Sa	Apr 17-May 8	11:00am-11:45am	\$90	13805-06

LEVEL 6 (AGES 8-14)

DAY	DATE	TIME	COST	ACTIVITY
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8 classes. No program: 2/13

Sa	Jan 9-Mar 6	12:40pm-1:35pm	\$120	13806-01
Tu,Th	Jan 12-Feb 4	7:30pm-8:15pm	\$120	13806-02

6 classes.

Sa	Apr 17-May 8	11:00am-11:45am	\$90	13806-03
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Did you know?
**YOU CAN
RENT THE
POOL!**

Rentals available evening and weekends as schedule allows. Rental costs \$100/hour with minimum 2 hours and includes a site supervisor and lifeguards. We also provide specialty themed parties: mermaids and sharks and pirates. These specialty parties include all of the above and a professional mermaid, tails to use or purchase, crafts, and a space for cake outside of pool area. Call for pricing and details.

WOMEN'S ADULT BEGINNER SWIMMING

Focus on basic swimming skills and comfort in the water. Develop fundamental swim skills, basic stroke development and safety. Taught by female instructors. No class 2/13.

AGES	DAY	DATE & TIME	COST	ACTIVITY
16+	Sa	Jan 9-March 6 2:45pm-3:30pm	Res \$120 Non Res \$120	15802-01
16+	Sa	April 17-May 8 2:45pm-3:30pm	Res \$90 Non Res \$90	15802-02

ADULT SWIMMING STROKE REFINEMENT

Now that you know the basics learn how to make your strokes smoother, faster, and become stronger. This class is designed for those looking to improve their swimming skills. No Class 2/13.

AGES	DAY	DATE & TIME	COST	ACTIVITY
15+	Sa	Jan 9-Mar 6 2:30pm-3:15pm	\$80	15820-01
15+	Sa	Apr 17-May 8 2:30pm-3:15pm	\$60	15820-02

DEEP WATER RUNNING

Have an injury? Tired of your same old workout? This 60 minute class is the perfect addition to your routine. Allow yourself to experience a new challenge with absolutely zero impact. Water belts are provided or you can bring your own. No class 2/12.

AGES	DAY	DATE & TIME	COST	ACTIVITY
16+	Tu,Th	Jan 12-Feb 4 6:15pm-7:15pm	\$40	15801-01
16+	Tu,Th	Feb 9-Mar 4 6:15pm-7:15pm	\$40	15801-02
16+	Tu,Th	Mar 9-Mar 25 6:15pm-7:15pm	\$40	15801-03
16+	Tu,Th	Apr 13-May 6 6:15pm-7:15pm	\$40	15801-04
16+	F	Jan 15-Mar 12 6:15pm-7:15pm	\$40	15801-05

WATER EXERCISE

The natural properties of the water allows for an amazing opportunity to challenge your body. The water increases circulation, decreases swelling, increases flexibility, and provides great resistance. Come learn how to use the water to challenge you and provide some variety to your workout routines.

AGES	DAY	DATE & TIME	COST	ACTIVITY
16+	Tu,Th	Jan 12-Feb 4 7:30pm-8:30pm	\$40	16217-01
16+	Tu,Th	Feb 9-Mar 4 7:30pm-8:30pm	\$40	16217-02
16+	Tu,Th	Mar 9-Mar 25 7:30pm-8:30pm	\$40	16217-03
16+	Tu,Th	Apr 13-May 6 7:30pm-8:30pm	\$40	16217-04

LIFEGUARDING

Become a certified American Red Cross Lifeguard (pool), First Aid, and CPR & AED for the Professional Rescuer. This is a blended learning class, all in-water and classroom days are mandatory. Pre-req: Students must be 15 years of age by the last day of class and be able to complete the following swim skills on the first day of class: 1. Swim 300 yds demonstrating breath control and rhythmic breathing. Front crawl, breaststroke or a combination of both. 2. Tread water for 2 minutes using legs only with hands placed under armpits. 3. Swim 20 yds, surface dive 7-10 ft, retrieve a 10-lb brick, return to surface and swim 20 yds back to start within 1 min 40 sec.

AGES	DAY	DATE & TIME	COST	ACTIVITY
15+	F, Sa	Feb 12-Feb 13 9:00am-6:00pm	Res \$175 Non Res \$175	14804-01
15+	Fri Sat Sun	Apr 30 6:00pm-9:00pm May 1 12:00pm-6:30pm May 2 12:00pm-6:30pm	Res \$175 Non Res \$175	14804-02

WATER SAFETY AIDE

A class for those interested in assisting swim instructors emphasizing safety, lesson levels and proper teaching techniques. Upon completion, students will be able to apply to be a volunteer age 13 or as an employee (age 14) of the Plymouth Parks and Recreation Aquatic Program.

AGES	DAY	DATE & TIME	COST	ACTIVITY
12+	F	Apr 16-May 21 6:15pm-7:15pm	Res \$85 Non Res \$85	14800-01

WATER SAFETY INSTRUCTOR BLENDED LEARNING (WSI)

Become certified to teach the American Red Cross Swim Lessons. This course combines classroom and online training. You must be at least 16 years of age before the final scheduled session (proof required). Must demonstrate the following skills according to the Stroke Performance Charts: Level 5 - 25 yard front crawl, 25 yard back crawl, 25 yard breaststroke, 25 yard elementary backstroke, 25 yard sidestroke, 15 yard butterfly, tread water for 1 minute, and maintain position on back 1 minute in deep water. Students must complete the online portion of the course (approx 7 hours) in addition to participating in the Classroom & Water Skills sessions. Once registered information for accessing the online course will be emailed to the student.

AGES	DAY	DATE & TIME	COST	ACTIVITY
16+	Sa, Su, M	Feb 13-Feb 15 9:00am-6:30pm	\$250	14806-01



ALL SWIMMING PROGRAMS MEET AT
WAYZATA EAST MIDDLE SCHOOL
12000 Ridgemount Avenue

CLASS DESCRIPTIONS (please see schedule on following pages)

SKATING BEGINNERS (AGES: 4-6)

For children that have never been on ice. Helmets required.

SKATING BEGINNER/INTERMEDIATE (AGES: 4-6)

For children who have skated previously and can walk on the ice. They must know how to fall down and get up on their own.

SKATING PRE-ALPHA LEVEL 1 (AGES: 7-15)

A beginner level class for children ages 7-15 with little to no skating experience. Helmets required at this beginner level.

SKATING PRE-ALPHA LEVEL 2 (AGES: 4-15)

Class Elements: One foot glide, right/left, two foot glide, forward/backward swizzles, backward wiggle, two foot turns in place, forward pumps on circles.

SKATING ALPHA (AGES: 4-18)

Pre-req: Pre-Alpha. Class Elements: Forward stroking, forward crossover (both directions), one foot snowplow stop, backward one foot glides, backward pumps on circle, moving two foot turns.

SKATING BETA (AGES: 4-18)

Pre-req: Alpha. Class Elements: Backward stroking, backward crossovers both directions, t-stop, backward edges on circle, side toe hop/shuffle, forward edges.

SKATING GAMMA (AGES: 4-18)

Pre-req: Beta. Class Elements: Forward outside 3-turns, inside open Mohawk, hockey stop, moving backward two foot turns on circle, chasse.

SKATING DELTA (AGES: 4-18)

Pre-req: Gamma. Class Elements: Forward inside 3-turn, forward consecutive edges, shoot the duck/lunge bunny hop, backward crossover to backward outside glide, backward outside edge transitions on circle.

SKATING FREESTYLE 1-6 (AGES: 4+)

Pre-req: Delta. Advanced figure skating lessons. Jumps and spins.

SKATING HOCKEY 1 (AGES: 4+)

Due to scheduling restrictions Hockey 1 classes will not be held during the Winter/Spring session. Please sign your skater up for the class that closest meets their skill level.

SKATING HOCKEY 2 (AGES: 4+)

Pre-req: Hockey 1. For those with moderate skating experience. Must have hockey skates. Forward power swizzles, backward C-cuts, backward snowplow stops, forward/backward C-cuts on circle plus glides, skateboard push, t-push with glides.

SKATING HOCKEY 3 (AGES: 4+)

Pre-Req: Hockey 2. For those with considerable skating experience. Must have hockey skates. One-foot snowplow stops, full stride v-pushes, shuffle stride, backward hustle, forward and backward crossovers, hockey stops, quick starts, forward power turns, mohawks, alternating backward crossovers with wide transitions.

SKATING ADULT (AGES: 16+)

Beginner through advanced levels using basic skills.



ALL SKATING PROGRAMS MEET AT THE
PLYMOUTH ICE CENTER
3650 Plymouth Blvd.



PLYMOUTH SKATE SCHOOL

OFFERS A FUN AND SAFE LEARNING ENVIRONMENT
FOR STUDENTS OF ALL AGES AND ABILITIES TO
LEARN HOW TO SKATE.

GENERAL INFORMATION

- Beginning levels are required to wear helmets.
- Skaters MUST be at least 4 years old by the start of the class – no exceptions will be made.
- Rental skates – available for \$5/lesson.
- Parents are not allowed on the ice during class time.
- For safety reasons, no shoes allowed on the ice.

PROPER ATTIRE

Skaters will benefit more from a lesson with proper skates. We prefer boots be of leather rather than vinyl and they should have strong ankle support. Skates should not crease or buckle when worn, and should fit to the foot size and not have excess 'room to grow'. Blades should be of high tempered steel and properly sharpened. Double runner blades are NOT allowed.

It is important that all skaters are warm and comfortable while skating. We suggest dressing in layers and request all skaters to wear mittens or gloves.

BEGINNERS (AGES 4-6)

Res \$102 Non Res \$116

DAY	DATE	TIME	ACTIVITY
Sa	Jan 9-Feb 27	9:00am-9:30am	16203-01
Sa	Jan 9-Feb 27	9:45am-10:15am	16203-02
Sa	Jan 9-Feb 27	11:15am-11:45am	16203-03
Su	Jan 10-Feb 28	3:30pm-4:00pm	16203-04
Su	Jan 10-Mar 28	4:15pm-4:45pm	16203-05
Su	Jan 10-Feb 28	5:45pm-6:15pm	16203-06
Tu	Mar 30-May 18	4:30pm-5:00pm	16203-07
Tu	Mar 30-May 18	5:15pm-5:45pm	16203-08
Tu	Mar 30-May 18	6:00pm-6:30pm	16203-09
Tu	Mar 30-May 18	6:45pm-7:15pm	16203-10

BEGINNER/INTERMEDIATE (AGES 4-6)

Res \$102 Non Res \$116

Sa	Jan 9-Feb 27	9:00am-9:30am	16204-01
Sa	Jan 9-Feb 27	9:45am-10:15am	16204-02
Su	Jan 10-Feb 28	3:30pm-4:00pm	16204-03
Su	Jan 10-Feb 28	4:15pm-4:45pm	16204-04
Su	Jan 10-Feb 28	5:45pm-6:15pm	16204-05
Su	Jan 10-Feb 28	6:30pm-7:00pm	16204-06
Tu	Mar 30-May 18	4:30pm-5:00pm	16204-07
Tu	Mar 30-May 18	5:15pm-5:45pm	16204-08
Tu	Mar 30-May 18	6:00pm-6:30pm	16204-09
Tu	Mar 30-May 18	6:45pm-7:15pm	16204-10

PRE-ALPHA LEVEL 1 (AGES 7-15)

Res \$102 Non Res \$116

DAY	DATE	TIME	ACTIVITY
Sa	Jan 9-Feb 27	9:00am-9:30am	16205-01
Sa	Jan 9-Feb 27	11:15am-11:45am	16205-02
Su	Jan 10-Feb 28	3:30pm-4:00pm	16205-03
Su	Jan 10-Feb 28	4:15pm-4:45pm	16205-04
Su	Jan 10-Feb 28	6:30pm-7:00pm	16205-05
Tu	Mar 30-May 18	5:15pm-5:45pm	16205-06
Tu	Mar 30-May 18	6:00pm-6:30pm	16205-07

PRE-ALPHA LEVEL 2 (AGES 4-15)

Res \$102 Non Res \$116

Sa	Jan 9-Feb 27	9:00am-9:30am	16206-01
Sa	Jan 9-Feb 27	11:15am-11:45am	16206-02
Su	Jan 10-Feb 28	3:30pm-4:00pm	16206-03
Su	Jan 10-Feb 28	4:15pm-4:45pm	16206-04
Su	Jan 10-Feb 28	5:45pm-6:15pm	16206-05
Su	Jan 10-Feb 28	6:30pm-7:00pm	16206-06
Tu	Mar 30-May 18	4:30pm-5:00pm	16206-07
Tu	Mar 30-May 18	5:15pm-5:45pm	16206-08
Tu	Mar 30-May 18	6:45pm-7:15pm	16206-09

ALPHA (AGES 4-18)

Res \$102 Non Res \$116

DAY	DATE	TIME	ACTIVITY
Sa	Jan 9-Feb 27	9:45am-10:15am	16207-01
Sa	Jan 9-Feb 27	11:15am-11:45am	16207-02
Su	Jan 10-Feb 28	3:30pm-4:00pm	16207-03
Su	Jan 10-Feb 28	4:15pm-4:45pm	16207-04
Su	Jan 10-Feb 28	5:45pm-6:15pm	16207-05
Tu	Mar 30-May 18	4:30pm-5:00pm	16207-06
Tu	Mar 30-May 18	6:00pm-6:30pm	16207-07
Tu	Mar 30-May 18	7:30pm-8:00pm	16207-08

BETA (AGES 4-18)

Res \$102 Non Res \$116

Sa	Jan 9-Feb 27	10:30am-11:00am	16208-01
Su	Jan 10-Feb 28	5:00pm-5:30pm	16208-02
Su	Jan 10-Feb 28	5:45pm-6:15pm	16208-03
Tu	Mar 30-May 18	5:15pm-5:45pm	16208-04
Tu	Mar 30-May 18	6:45pm-7:15pm	16208-05

GAMMA (AGES 4-18)

Res \$102 Non Res \$116

Sa	Jan 9-Feb 27	10:30am-11:00am	16209-01
Su	Jan 10-Feb 28	5:00pm-5:30pm	16209-02
Tu	Mar 30-May 18	7:30pm-8:00pm	16209-03

DELTA (AGES 4-18)

Res \$102 Non Res \$116

Sa	Jan 9-Feb 27	10:30am-11:00am	16210-01
Su	Jan 10-Feb 28	5:00pm-5:30pm	16210-02
Tu	Mar 30-May 18	7:30pm-8:00pm	16210-03

Due to COVID-19 all classes are tentatively scheduled, and may be changed at any time due to updated restrictions.

Skating

FREESTYLE 1-6 (AGES 4+)

Res \$102 Non Res \$116

DAY	DATE	TIME	ACTIVITY
Sa	Jan 9-Feb 27	10:30am-11:00am	16211-01
Su	Jan 10-Feb 28	5:00pm-5:30pm	16211-02
Tu	Mar 30-May 18	7:30pm-8:00pm	16211-03

HOCKEY 2 (AGES 4+)

Res \$102 Non Res \$116

Sa	Jan 9-Feb 27	10:30am-11:00am	16213-01
Su	Jan 10-Feb 28	5:00pm-5:30pm	16213-02
Tu	Mar 30-May 18	6:00pm-6:30pm	16213-03

HOCKEY 3 (AGES 4+)

Res \$102 Non Res \$116

Su	Jan 10-Feb 28	6:30pm-7:00pm	16214-01
Tu	Mar 30-May 18	7:30pm-8:00pm	16214-02

ADULT (AGES 16+)

Res \$102 Non Res \$116

Sa	Jan 9-Feb 27	9:45am-10:15am	16201-01
Su	Jan 10-Feb 28	6:30pm-7:00pm	16201-02
Tu	Mar 30-May 18	6:45pm-7:15pm	16201-03



ALL SKATING PROGRAMS MEET AT THE
PLYMOUTH ICE CENTER

3650 Plymouth Blvd.

SKATING CONTRACT ICE

Contract Ice is an opportunity for skaters to practice their skating skills on reserved ice time. Walk-ins are accepted at a rate of \$18 per hour, \$9 per half hour. If interested, contact the Plymouth Ice Center 763-509-5250.

NOTE: Coaches who are Skate School instructors will not be charged to teach on contract ice. All others pay for ice time.

AGES	DAY	DATE & TIME	COST	ACTIVITY
0+	Sa	Jan 9-Feb 27 8:00am-9:00am	Res \$72 Non Res \$72	16200-01
0+	Su	Jan 10-Feb 28 2:15pm-3:15pm	Res \$72 Non Res \$72	16200-02
0+	Tu	Mar 30-May 18 3:30pm-4:30pm	Res \$72 Non Res \$72	16200-03



Open Skate participants must pre-register online. Walk-ins are not allowed until further notice. Skaters may enter the building no more than 15 minutes before Open Skate begins, and must leave immediately afterwards.



SPECIAL EVENTS



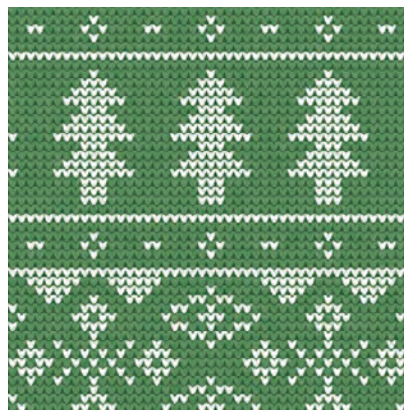
LETTERS TO SANTA

November 23-December 4

Plymouth City Hall, Ice Center, Creek Center

Your child can drop off a letter to Santa November 23-December 4. Drop off locations will be at Plymouth City Hall, the Plymouth Ice Center, and the Plymouth Creek Center. Drop off your letter Monday-Friday between the hours of 8am-4:30pm or send your letters to the Parks & Recreation Department at Plymouth City Hall (3400 Plymouth Blvd).

All letters will receive a response. Please include a self-addressed and stamped envelope so Santa knows where to find you.



HOLIDAY AT THE HILDE

Featuring Old Fashioned Christmas

December 5, 4-7pm

Hilde Performance Center

Get in the holiday spirit with a winter walk through the Hilde. Embrace history with a trip to Old Fashioned Christmas corner. Take in a light display, music and family activities. Visit Santa and take a craft to-go. Registration is required. Please call 763-509-5200 or visit plymouthmn.gov to register.



SKATE THE HILDE

January 14, 5-8pm

Hilde Performance Center

Experience the winter wonderland that is the Hilde. Lights, music and a frozen skating pond make for the perfect winter night out. Hot chocolate provided.

Registration is required.

\$5/person (includes skate rental).

Visit plymouthmn.gov or call 763-509-5200.



AFTER HOURS AT THE CREEK

January 22, 6:30-8pm

Plymouth Creek Center

We know we are looking for ways to get out and laugh for a bit, and we bet you are too. Join us for a night of comedy at the Plymouth Creek Center. For more information, visit: plymouthmn.gov or call 763-509-5200.



TREE AND SHRUB SALE

Opens March 1, 2021

Shrubs under \$15 / Trees \$25-\$45

Get help choosing the right plant at the Tree & Shrub Sale Preview via Zoom. Thursday, Feb. 25 from 4:30pm-5:30pm.

For more information, visit plymouthmn.gov/treesale for all the details starting March 1.



PIE DAY

March 12

Plymouth Creek Center

Celebrate "Pi day" a smidge early and indulge in a slice of your favorite pie along with an ice cream cup! Need to feed a group? Buy an entire pie and get 6 cups of ice cream. Choose from a variety of pies sourced locally in Plymouth. Socially distanced deliveries are available or you can choose to pick up at Parkers Lake Park Pavilion. This event supports free senior programs including our Veteran's Breakfast and 90's Party.

Cost of a slice of pie is \$5.00 with an ice cream cup
Cost of whole pie with 6 cups of ice cream is \$25.00



KIDS GARAGE SALE

Sunday, May 2, 12-2:30PM

Plymouth Creek Center

Kids: Here is a way for you to make money! Clear out those old toys, games and clothes you no longer want and come sell them at our event. Must be age 6-13 to rent a table (Res \$15, Non-Res \$20). This is a garage sale for kids and run by kids. Shoppers, support your young entrepreneurs.



WALK WITH THE MAYOR

May 3, 6-7PM

Millennium Garden, 14800 34th Ave N

Kick off the Step to it Challenge with the annual Walk with the Mayor event. Walk includes a 1.5 mile Plymouth Creek trail loop and a snack to go.

STEP TO IT CHALLENGE BEGINS MAY 1.

Participants can begin registering April 1.
Visit: www.steptoit.org/

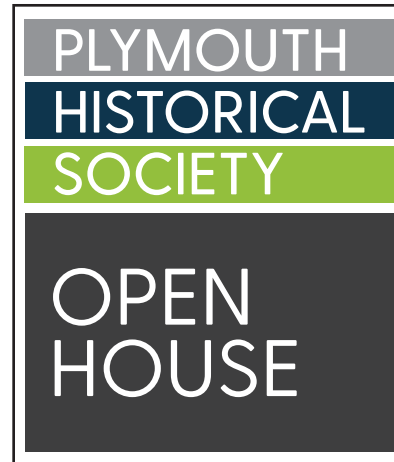


BARK IN THE PARK

May 22, 10AM – 1PM

Hilde Performance Center

Spoil your favorite furry friend out at the park and meet other dog lovers. Activities and contests along with info and products from local vendors.



HISTORICAL SOCIETY VIRTUAL OPEN HOUSES

Join us for our upcoming virtual open house events. We'll be sharing a bit of Plymouth history and provide opportunity to learn more about the future of the museum.

Wednesday, January 13, 4-5pm

Wednesday, February 17, 4-5pm

Wednesday, March 14, 4-5pm

Wednesday, April 14, 4-5pm

Wednesday, May 12, 4-5pm

Sign-up information can be found on the website:
plymouthmnhistoricalsociety.org/visit/upcoming-events/





APRIL 15-18

Plymouth Creek Center, 14800 34th Ave N | times vary

Come support local creatives. Primavera features a juried art exhibit, performances in music and the literary arts. Primavera is a partnership with Plymouth Arts Council and City of Plymouth.

LITERARY NIGHT: THURSDAY, APRIL 15

For more information and full schedule of events, visit plymouthartscouncil.org.



Plymouth Arts Council (PAC)
plymouthartscouncil.org

A non-profit organization. Our mission is to promote awareness and appreciation of visual, musical, literary and theater arts. PAC sponsors community art endeavors and provides partial funding to the Plymouth Concert Band.



Plymouth Concert Band
plymouthconcertband.org

Members of the band all share in one thing, their love of music and the desire to bring the arts to the citizens of Plymouth.

They strongly emphasize quality through direction, musical literature, commitment of the players and rehearsal requirements.



SATURDAY, APRIL 17

9AM-2PM | PLYMOUTH CREEK CENTER DOME, 14800 34th Ave N

Visit with local businesses, community groups and non-profits. Learn about city services and connect with City Council. Shop the marketplace for homemade and handmade goods. Explore health and wellness opportunities. Discover your community.

NOW ACCEPTING VENDOR APPLICATIONS

Business • Home Improvement • Wellness • Volunteer Opportunities

Interested in being a vendor? Visit plymouthmn.gov/specialevents



PLYMOUTH PARKS & RECREATION

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