

the GRAPEVINE

A PUBLICATION OF PLYMOUTH PARKS & RECREATION ACTIVITIES | JUNE 2021

SENIOR ACTIVITIES UPDATE

The health and safety of our community continues to be a priority for the City of Plymouth. The Plymouth Creek Center is open for in-person programs, reservations, and services at a limited capacity. Virtual options are also available. Look inside this newsletter to see a listing of virtual and in-person offerings. Staff continues to take the appropriate actions aimed at slowing the spread of the Coronavirus and working on ways to keep everyone safe by implementing safety protocols for all who visit the PCC. These decisions follow the current Minnesota Department of Health guidelines.

SENIOR GROUPS/CLUBS

A number of senior groups and clubs have started again. Membership is required to participate, and participants will need to register for each club/group before attending. **To pay your membership and register for your group, please call 763-509-5200.**

Please remember if you are not feeling well i.e., a temp, cough, or other symptoms, please stay home.

Although we'd love to have all of our groups back at PCC, we are unable to do so under the safety guidelines given to us by the Minnesota Department of Health at this time. Do know that we look forward to having everyone back as soon as we possibly can.

Staff is available during normal business hours Monday - Friday 8:00am to 4:30pm to answer your questions or assist you in any way we can.



WEDNESDAYS, JUNE 23 - OCTOBER 6
Parkers Lake Playfield, 15500 County Road 6
2:30 - 6:30 p.m.

The Plymouth Farmers Market features a variety of vendors who sell fresh, locally grown produce and prepared food, including fruits, vegetables, fresh bread, oils and vinegars, coffee, honey, maple syrup, ice cream, meats, sauces, flowers and more.

Sign up to receive our weekly Farmers Market e-newsletter. Newsletters feature upcoming market information, recipes, and vendor information.

www.plymouthmn.gov/farmersmarket



ANNOUNCEMENTS

CAREGIVER SUPPORT GROUP

If you are providing support to a senior, you are a caregiver. While caregiving is rewarding, getting support is crucial to long-term success. Licensed social workers, provided by Senior Community Services, can offer a variety of ways to give you support including caregiver consultation, coaching, offering education, access to other assistance programs and more. Call Becky Allard, LSW at 952-746-4028.

The Caregiver Support Group meets the third Wednesday of each month.

HOUSEHOLD & OUTSIDE MAINTENANCE

H.O.M.E. provides home maintenance and homemaking services to seniors over 60 living in Plymouth and the surrounding area. Services include: housekeeping; outdoor services such as mowing, raking, and snow removal; small home projects, including changing light bulbs; winter weatherization; minor repairs; home safety improvements, such as grab bars, reducing tripping hazards, etc.; and painting.

Call 952-746-4046. Fees are based on need and income. Service is contingent of availability of volunteers. H.O.M.E. is a program of Senior Community Services.

SENIOR TRIPS

BEAT THE HEAT TO BELL MUSEUM

Take the afternoon to enjoy a guided tour of the marvelous Bell Museum and Planetarium located on University of Minnesota Campus. Light afternoon snacks and water provided.

Date: Thur, July 22
Course # 25600-01

Time: 1:00 p.m. - 5:30 p.m.
Cost: \$72 Res/\$80 NonRes

TOUR OF DAKOTA CITY AND WAT MUNISOTARAM

Ride the trolley through the village and have lunch in the old drugstore followed by ice cream. Load back on the bus to be taken to a different world. Enjoy the 40-acre Cambodian Buddhist temple in Hampton.

Date: Thur, Aug 26
Course # 25601-01

Time: 9:00 a.m. - 4:00 p.m.
Cost: \$70 Res/\$84 NonRes



VIRTUAL CLASSES & PROGRAMS

Detailed information and instructions for participating in each class is available upon registration prior to the start of your class. The classes listed below will be held via Zoom. You will receive an email with a link and any other directions prior to the first day of class. Register at www.plymouthmn.gov/recreation or call 763-509-5200.



HEALTH & FITNESS

MINI MORNING YOGA

Date: M-F July 5-July 30
Course # 25454-03

Time: 6:00 a.m.-6:45 a.m.
Cost: \$40

Date: M-F Aug 2 - Aug 27
Course # 25454-04

Time: 6:00 a.m.-6:45 a.m.
Cost: \$40

YOGA & RELAXATION

Date: Sun, Aug 8-Aug 29
Course # 25455-04

Time: 7:00-8:15 p.m.
Cost: \$29

IN-PERSON CLASSES & PROGRAMS

In person classes/programs are being offered with limited participants. Please note: programs are offered at the Plymouth Creek Center unless otherwise noted. For detailed programs descriptions, please refer to the Winter/Spring or Summer Activities guide at www.plymouthmn.gov/recreation. To register: call 763-509-5200.

OUTDOOR ADVENTURES

FAMILY FIRST SAILING/SMALL GROUP SAIL AT WAYZATA COMMUNITY SAILING CENTER

Date: Mon, June 28
Course # 25235-01

Time: 5:00-8:15 p.m.
Cost: \$144Res/\$180NonRes

Date: Mon, July 19
Course # 25235-03

Time: 7:00 p.m.-8:15 p.m.
Cost: \$144Res/\$180NonRes

ARTS

ACRYLIC PAINTING

Date: Wed, June 23–July 28
Course # 25106-02

Time: 12:00 p.m.–3:00 p.m.
Cost: \$80 Res/\$92 NonRes

OIL PAINTING

Date: June 22–July 27
Course # 25116-02

Time: 12:00 p.m.–3:00 p.m.
Cost: \$80 Res/\$92 NonRes

Date: Tues, April 15–May 27
Course # 15418-06

Time: 9:00 a.m.–10:00 a.m.
Cost: \$58 Res/\$68 NonRes

HEALTH & FITNESS

ZUMBA GOLD

Date: Tues, July 13–Aug 17
Course # 25418-02

Time: 9:00 a.m.–10:00 a.m.
Cost: \$50 Res/\$58 NonRes

WATER EXERCISE

Date: Tu/Th, July 13–Aug 5
Course # 26217-02

Time: 7:15 a.m.–8:00 a.m.
Cost: \$40

EDUCATION

SMARTPHONE, Beyond Basics 1

Date: Wed, June 16
Course # 25361-01

Time: 9:30 a.m.–11:30 a.m.
Cost: \$40 Res/\$46 NonRes

SMARTPHONE, Beyond Basics 2

Date: Wed, June 23
Course # 25311-01

Time: 9:30 a.m.–11:30 a.m.
Cost: \$40 Res/\$46 NonRes

GREAT BRITIAN SPOT ON! The War of the Roses

Date: Wed, July 14–July 21
Course # 25320-01

Time: 9:30 a.m.–11:30 a.m.
Cost: \$20 Res/\$25 NonRes

ATHLETICS & SPORTS

TENNIS - ADULT BEGINNER

Date: M/W, Aug 9–Aug 25
Course # 25209-03

Time: 6:00 p.m.–7:00 p.m.
Cost: \$69 Res/\$79 NonRes

GOLF - WOMEN ONLY

Date: Tu/Th, Jul 27–Aug 5
Course # 25214-02

Time: 5:30 p.m.–6:30 p.m.
Cost: \$81 Res/\$93 NonRes

ENTERTAINMENT IN THE PARKS

Join us at one of our many free outdoor
concerts and movies this summer!

All events are held at the
Hilde Performance Center, 3500 Plymouth Blvd,
unless otherwise noted.

JUNE

22nd - Plymouth Rockers at 7:00 p.m.
24th - Continental Ballet at 7:00 p.m.

JULY

13th - Water Ski Show at 7:00 p.m.
(Parkers Lake, 15206 County Rd 6)
15th - Tuxedo Band at 7:00 p.m.
20th - Dollipops Kids Concert at 6:30 p.m.
22nd - PK Mayo Band at 7:00 p.m.
27th - Climb Theater at 6:30 p.m.
29th - Ring of Kerry at 7:00 p.m.

AUGUST

12th - Movie: Sing! at 8:30 p.m.
19th - Movie: TBD at 8:30 p.m.
(Zachary Playfield, 4355 Zachary Lane)
26th - Movie: Pokemon Detective at 8:30 p.m.



VIEW BAND & MOVIE
DESCRIPTIONS ONLINE AT
[WWW.PLYMOUTHMN.GOV/
SPECIALEVENTS](http://WWW.PLYMOUTHMN.GOV/SPECIALEVENTS).

SENIOR FOCUS GROUPS/CLUBS

Call 763-509-5200 or 763-509-5280 to register for a group/club.

ACTIVITY	MEETING DAY	TIME	STATUS
500 Card Club	Every Friday	1 - 4 p.m.	Tentative
Antiques & Collectibles	Last Wednesday of each month (Sept- May)	1:30-3:30 p.m.	Registration Required
Arts Studio	Every Friday	9 - 11:30 a.m.	Registration Required
Biking Club	Every Wednesday (April - Oct)	9:00 am.	Registration Required
Book Club	1st Wednesday each month	1:30 - 2:30 p.m.	Registration Required
Bridge Club	Every Wednesday	12 - 4:00 p.m.	Starting Fall 2021
Duplicate Bridge	2nd & 4th Wednesday each month	12 - 4:00 p.m.	Registration Required
Computer Users	4th Wednesday each month	10 - 12 p.m.	Not Meeting
Cribbage	Every Thursday	12:30 - 3 p.m.	Registration Required
Current Events Discussion	Every Thursday via ZOOM	9:45 - 11:45 a.m.	Registration Required
Evening Bridge	Every Monday	6:30 - 9:15 p.m.	Starting Fall 2021
Mah Jongg	Every Tuesday	12:30 - 4 p.m.	Registration Required
Men's Club	4th Tuesday each month	9 - 11 a.m.	Starting Fall 2021
Needle Arts	1st & 3rd Thursday each month	11:30 - 2:30 p.m.	Registration Required
Plymouth Handycrafters	2nd & 4th Thursday each month	1 - 3 p.m.	Not Meeting
Plymouth Rockers Chorus	Every Monday (Feb - June & Sept - Dec)	9 - 11:30 a.m.	Registration Required
Plymouth Seniors Club	4th Monday (Jan - April) 3rd Monday (May - Dec)	12 - 4 p.m.	Not Meeting
Plymouth Woodcarvers	Every Thursday	9 - 12 p.m.	Registration Required
Story Time Players	1st & 3rd Tuesday (Sept - June)	1 - 3 p.m.	Not Meeting
Writers Group	Every Monday (Every-other Monday, June - Aug)	1 - 3 p.m.	Registration Required

Please Note: Groups will be meeting on a limited basis due to Plymouth Community Center expansion.

Membership is required to participate and all participants are required to register for each meeting date before attending. Call 763-509-5200 or 763-509-5280 to register.

Some groups/clubs are not able to resume at this time. Parks & Recreation will continue to evaluate the situation and keep you informed of any changes.

PLYMOUTH CREEK CENTER PROJECT UPDATE

The Plymouth Creek Center construction site is very busy and work continues to move forward on Phase 1 of the project.

The steel infrastructure is almost complete for the active wing, and the gymnasium and walking track are taking shape.

Phase 1 of this project is expected to be completed in the fall of 2021.

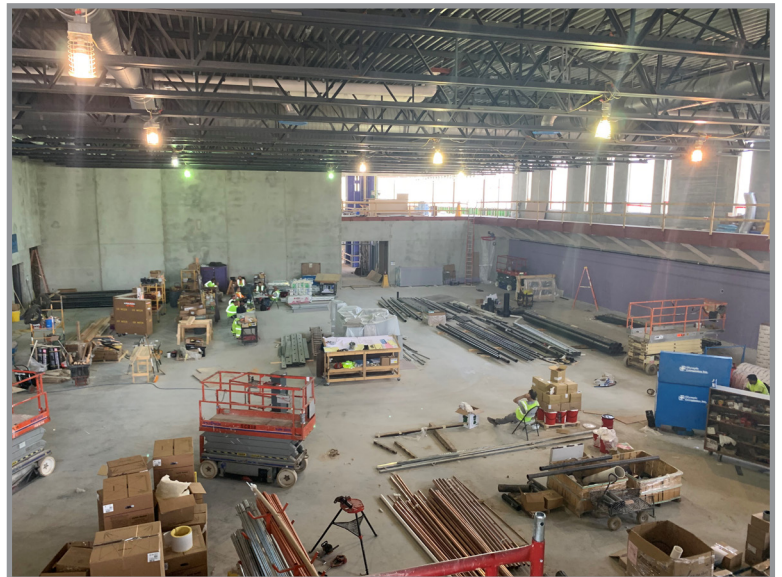
When complete the new Plymouth Creek Center will have three wings:

- **Active Wing** – Year-round indoor walking track, gym, fitness rooms and indoor playground
- **Event Wing** – Ballroom and meeting rooms
- **Education Wing** – Active adults, youth, arts, music, and STEM rooms

The whole project will be completed in fall 2022.

Portions of the facility will remain open during the construction process (adhering to guidelines surrounding COVID-19). Throughout all phases of construction, entrances may be moved and parking availability may be limited.

Follow weekly construction progress on the City of Plymouth website www.plymouthmn.gov.



COVID 19 GUIDANCE

Among adults, the risks associated with COVID-19 increase with age. It is especially important for people at increased risk, and those who live with them, to protect themselves from getting COVID-19.

Visit the City of Plymouth's coronavirus information webpage for complete information about the city's response to COVID-19.

The city will evaluate the closure of facilities and cancellation of events and activities on an ongoing basis. For the health and safety of the community, the City of Plymouth follows guidelines from the Minnesota Department of Health and CDC regarding COVID-19.