

# Plymouth Pelalers Lite Biking

# 2021 Lite Group Schedule 4 - Sep 1 through Oct 13

# Minnetonka LRT to Excelsion **Sep 1 - 9:30**

Leader: Norm Spaeth Meet at the Minnetonka Community Center, 14600 Minnetonka Blvd. We will ride on the LRT trail to Excelsior, we will make a loop going toward the beach and around town, stopping for coffee. We'll then head back to the LRT Trail and the Community Center. Trail: Level limestone rail bed, and mostly level city streets. 14 mi. Directions: The Community Center is located on the north side of Minnetonka Blvd at the intersection of Williston Road. Williston Road is located a half mile west of #494 on Mtka Blvd. (Start location)

### Cedar Lake Trail to Sculpture Garden Leader: Chuck Seifert **Sep 8 - 9:30**

Meet at the Depot Coffee House parking lot; 9451 Excelsior Blvd., Hopkins 55343. Ride on the North Cedar Lake Trail to the Sculpture Garden. Then we'll return to Hopkins on the North Cedar Lake Trail. About 16 miles. Directions: Take Hwy 169 south to Excelsior Blvd. exit. Turn left (east) on Excelsior Blvd and right at first stop light into the Depot parking lot. (Start Location)

### Parkers Lake to Theodore Wirth **Sep 15 - 9:30** Leader: John Heibel

Meet by Parkers Lake Park. 15205 County Road 6. Ride the Luce Line east to Theodore Wirth Chalet and stop for coffee. Paved bike trails, mostly flat but a few moderate hills. About 17 miles. Directions Take County Road 6 west from I-494 about .7 miles to Niagara Lane, then take the 1<sup>st</sup> left into the parking lot. Start location

### Fish Lake/Eagle Lake Loop Sep 22 - 9:30 Leader: Deb Grill

Meet in the parking lot at Fish Lake Regional Park, 14900 Bass Lake Road. We'll head south from the park onto the Medicine Lake Regional Trail. Then ride around Lake Camelot to Cheshire Pkwy and head north to Eagle Lake. Return to Fish Lake. The ride is mostly on bike paths with some hills along the way-14 mi. Directions: Fish Lake Regional Park Road is 1.4 mi. west of I-494 on Ct. Rd. 10 (Bass Lake Road). The park is on the north side of Bass Lake Road and Parking is .6 mi. from the park entrance. (Start Location)

### Sep 29-9:30 Mpls Riverfront from Cedar Lake Leader: Linda Platt

Meet at the Triangle park - Drew Ave. So. & Cedar Shore Dr. near Cedar Lake. 3501 W 24th St. The ride will go on N. Cedar Lake Trail to Miss. River. Cross Hennepin Ave. bridge. Coffee stop at Wild Roast Cafe. Cross Stone Arch Bridge to return via Cedar Lake Trail. Distance approx. 15 mi. Flat trails. (Start Location)

### Elm Creek Park to Coon Rapids Dam Leader: Rebecca Khankari Oct 6 - 9:30

Meet at the Elm Creek Regional Park - Beach Parking Lot, One Mile Beyond 12400 James Deane Pkwy. We'll ride from the Elm Creek Park to the Coon Rapids dam, stop at the visitor center, then ride back. Trail: mostly level, paved. About 15 miles. Directions: To get to the Beach Parking lot -- From I-94 west, exit at Weaver Lake Road in Maple Grove. Go east about 1/3 of a mile to Elm Creek Blvd, then north on Elm Creek Blvd to the park entrance. Follow the park road (James Deane Parkway) 1.4 miles. Then turn left - down a little hill - to the beach parking lot. (Start Location)

## Oct 13 - 9:30 End of Season Ride and Luncheon Leader: John Heibel

(Lites & Regulars)

Meet at the Green Mill Restaurant in Plymouth, 2705 Annapolis Ln N, Plymouth, MN 55441. We'll ride along Medicine Lake Plymouth streets. If the weather cancels the ride, go to the Green Mill for lunch at 12:00. See the newsletter for more details. Trail: Streets, trail and moderate hills. 15-20 miles, depending on weather and interest. Direction: Green Mill is located on the Southeast corner of Hwy 55 and Interstate 494. (Start Location)

Oct 13-12:00 End of Season Lunch at Green Mill (494 & Highway 55)