



**Plymouth Parks & Recreation**

**2024 Activities Guide**

**REGISTRATION:**

**NOV. 29 (RESIDENTS) | DEC. 6 (NON-RESIDENTS) | 6 a.m. online, 10 a.m. phone**

# Thank You SPONSORS



**PLYMOUTH LIONS**



**2024**

**SPECIAL EVENTS**

**FEBRUARY 3**

Fire & Ice

**MARCH 14**

Pie Day

**MARCH 23**

Discover Plymouth

**APRIL 25 - 28**

Primavera

**MAY 1**

Walk with the Mayor

**MAY 18**

Bark in the Park

**MAY 23**

Summer Beach Series: Beaches and Bonfires

**MAY 24**

Memorial Day Event

**JUNE 14**

Hilde Nights - Parrothead Paradise

**JUNE 18**

Summer Skate Series

**JUNE 19-OCT. 2**

Farmers Market

**JUNE 21**

Summer Beach Series: Parker's Lake Play Day

**JUNE 27**

Happy Birthday America

**JUNE 29**

Music in Plymouth 5K

**JULY 10**

Music in Plymouth

**JULY 19**

Hilde Nights - Entertainment TBD

**AUGUST 9**

Summer Beach Series: Beaches Bands and Brews

**AUGUST 15**

Kids Fest

**AUGUST 23**

Hilde Nights - Entertainment TBD

**OCTOBER 25**

Halloween

**NOVEMBER 7**

Veterans Day Breakfast

**NOVEMBER 23**

Plymouth Artisan Market

**PLYMOUTHMN.GOV/SPECIALEVENTS**

# Winter Spring 2024

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## CONTACT INFORMATION

### MAIN PHONE NUMBERS

City Hall	763-509-5000
Parks & Forestry Office	763-509-5940
Plymouth Community Center	763-509-5200
Plymouth Ice Center	763-509-5250
Weather Line	763-509-5205

### PARKS & RECREATION • 763-509-5200

Kari Hemp, Recreation Manager	763-509-5220
Jason Goehring, Turf & Horticulture Manager	763-509-5946
Brian Swartz, Parks Infrastructure Manager	763-509-5947
Jess Riley, Plymouth Community Center Manager	763-509-5281
Hannah Hawkins, PCC Activity Coordinator	763-509-5217
Nicole Schultz, PCC Event Coordinator	763-509-5608
Erik Halverson, Ice Center Manager	763-509-5251
Dan Lauer, Athletics Supervisor	763-509-5283
Katie Yandell, Aquatics & Outdoor Programs	763-509-5222
Alyssa Fram, Arts Supervisor	763-509-5225
Jessie Koch, Outdoor Facilities & Events Supervisor	763-509-5223
Paul Pearson, Education & Inclusion Supervisor	763-509-5228
Ann Mosack, Health & Fitness Supervisor	763-509-5214
Meghan Constantini, Active Adult 55+ Supervisor	763-509-5284
Meghan Dunn, Aquatics Coordinator	763-509-5221
Zach Swenson, Program Coordinator	763-509-5226
Michele Wasko, Program Coordinator	763-509-5272
Jackie Maas, Volunteer Coordinator	763-509-5230
Jennifer Tomlinson, Director	763-509-5201

### CITY COUNCIL MEMBERS

Jeffry Wosje, Mayor	jwosje@plymouthmn.gov
Alise McGregor, Ward 1	amcgregor@plymouthmn.gov
Julie Peterson, Ward 2	jpeterson@plymouthmn.gov
Jim Davis, Ward 3	jdavis@plymouthmn.gov
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Clark Gregor, At Large	cgregor@plymouthmn.gov
Jim Willis, At Large	jwillis@plymouthmn.gov

### PARK & RECREATION ADVISORY COMMISSION (PRAC) MEMBERS

Hannah Wegner, Ward 1	hannahmwegner@gmail.com
Ann Hoekstra, Ward 2	brigl003@umn.edu
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Vita Wilson, Ward 4	vitawilson@edinarealty.com
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John McCulloch, At Large	johmccu@gmail.com
Jessica Montgomery, At Large	jessicaj.montgomery@gmail.com

# REGISTRATION

## REGISTRATION DATES

### Residents: November 29

6am online / 10am phone

### Non-Residents: December 6

6am online / 10am phone

### Aquatics Programs: November 29

6am online / 10am phone



#### PARKS & REC OFFICE HOURS

Monday-Friday, 8am to 4:30pm



#### QUESTIONS?

763-509-5200 / recreation@plymouthmn.gov



#### ACTIVITIES GUIDES

Yearly subscriptions for non-residents are available for \$9/year.



#### WEATHER UPDATES

763-509-5205

## REGISTRATION POLICIES

- » Total fee must be paid at the time of registration.
- » Registrations are not accepted at program site.
- » We reserve the right to cancel programs if needed. Full refunds will be issued if a class is canceled by the City.
- » Cancellations made by Parks and Rec will be sent via e-mail from the Recreation general e-mail account. Credits will be put on the household account to use at a later date or account holder may request to be refunded by the original payment method.
- » Waiting lists will be started if classes fill. Additional or expanded classes may be formed if possible.
- » A receipt may be emailed as a confirmation. Further confirmations will not be sent by mail, phone or fax.
- » When registering by phone, you are officially agreeing to the liability and photo waivers stated on the registration form.

- » Many participants in our programs have a peanut or similar nut allergy. For the safety and enjoyment of everyone in our programs, **please pack nut-free snacks** for your child when attending Plymouth Parks and Recreation programming.

## HOW TO SET UP YOUR ONLINE ACCOUNT

### 1 GO ONLINE

plymouthmn.gov/recreation  
Click the blue "Register Online" button. Then click "Create Account"

### 2 CREATE AN ACCOUNT

Enter information about yourself.  
Before you save, add family members that participate in recreation activities by clicking "Add New Member."

### 3 SAVE

A quick approval process is required before your account is active.  
A confirmation will be emailed when your account is approved.

## WITHDRAWAL / TRANSFER POLICIES

- » Class transfers are available and must be made at least one full week prior to the first class unless noted otherwise.
- » Withdrawal/refund requests must be made at least one full week prior to the first class unless noted. (For leagues, the withdrawal refund policy may be different and may be several weeks out from the start date of the program. This would be noted directly with the program advertisement.)
- » A \$5 service fee is retained on each withdrawal/refund request unless noted otherwise.
- » Withdrawals/transfers accepted by calling 763-509-5200. Faxed requests will not be accepted.
- » There are no refunds for missed classes or for withdrawals after the stated full week policy.

## FINANCIAL ASSISTANCE

- » Financial assistance application forms are available at: plymouthmn.gov or by calling 763-509-5200.
- » Program financial assistance dollars are available to assist families with children who meet income guidelines.
- » Funds are available to Plymouth residents only and only for children under 18 years of age.
- » Plymouth residents qualifying for assistance may purchase eight reduced price Lifetime passes per year at the Plymouth Parks & Recreation office (\$6.50 for adults and \$2.50 for children).

**Liability Waiver:** In consideration of your accepting this entry, I state and affirm that participation in the above program(s) is voluntary. I understand that the program(s) are not an essential service provided by the City; that certain risks are inherent and that these risks, anticipated or unanticipated, may result in injury or damage to persons and/or property. I hereby assume all risks in connection with the program(s); agree to hold the City or anyone acting on behalf of the City harmless and waive any right to make claims or bring lawsuits for any injuries or damages related to the alleged negligence of the City. This waiver does not apply to any injuries or damages that are a result of willful, wanton or intentional misconduct by the City or anyone acting on behalf of the City.

**Photo Waiver:** I understand that the City may use photographs taken at its programs that picture me or my dependents for publicity purposes.



# VOLUNTEER OPPORTUNITIES

## SPECIAL EVENT OPPORTUNITIES

Must be 14 years or older

### Fire & Ice Outdoor Winter Festival

Saturday, Feb. 3

Hardy, winter-loving Minnesotans are needed to help with outdoor games and activities. The outdoor shifts are about two-hours long.

### Discover Plymouth

Saturday, March 23

Volunteer positions include helping with set-up/take-down, greeters and clean up.



**2,000+ volunteers**  
make a difference in our community

## GENERAL OPPORTUNITIES

Must be 18 years or older

### Adopt a Spot

Adopt a park, garden, dog waste station, fire hydrant, storm drain or street to keep Plymouth clean and safe. Go to [plymouthmn.gov/adoptaspot](http://plymouthmn.gov/adoptaspot) to adopt a spot near you.

### Plymouth Historical Society

Help the city of Plymouth discover, preserve, and share its history. The Plymouth Historical Society has a variety of volunteer opportunities to care for collections in the Old Town Hall.

### Police Reserves

Assist sworn officers with traffic and crowd control, transportation of prisoners, surveillance, patrol activities, special events and other education programs. Must be 18 years or older, commit to 15 hours a month, have a clean driving record and pass a background check.

### Spring Park & Trail Clean-up

Keep Plymouth clean by picking up litter at a park or trail after the winter thaw. This project is self-directed and is great for individuals and/or groups of all ages. Bags are provided. Keep the efforts rolling by choosing a park or trail to keep clean from spring to fall. Go to the Adopt a Spot page to find which park is available near you.

### CONTACT VOLUNTEER SERVICES

763-509-5230 | [volunteer@plymouthmn.gov](mailto:volunteer@plymouthmn.gov)  
[Plymouthmn.gov/volunteer](http://Plymouthmn.gov/volunteer)



### Summer Teen Volunteer Program

June, July, August

The Summer Teen Volunteer Program is for teens 14 and older. By supporting summer recreation programs, students learn leadership skills and gain valuable experience working with children. Teens choose the programs, locations and times that interest them, such as playgrounds, sports, aquatics, and theatre programs.

### Parks & Forestry Career Camp

Through the Parks & Forestry Career Camp, teens work alongside Parks & Forestry professionals who will share their skills and career insights. Teens will learn about playground installation, turf and sports field management, forestry, and horticulture, exploring outdoor career opportunities that allow you to work with your hands and be active.

All teens must interview and attend a mandatory training session. Applications are available in mid-March by calling 763-509-5230 or going online to the City's website.

# Plymouth FACILITIES

**Plymouth**  
COMMUNITY CENTER



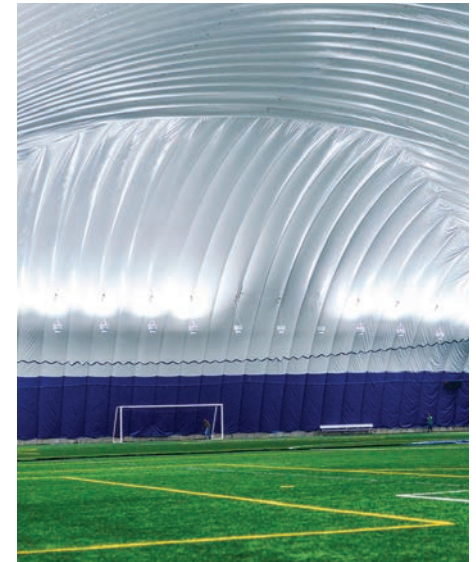
**the KUBE**  
Kids Ultimate  
Backyard Experience



**:PCC**  
OPEN GYM



**:PCC**  
FIELDHOUSE







NEW!

## WAYZATA EAST MIDDLE SCHOOL POOL



Plymouth Parks & Recreation will provide aquatics programs from 6 a.m. to 9 p.m. at Wayzata East Middle School. Please see list of offerings on pages 86-93.



## VETERANS MEMORIAL WALL

at Plymouth City Hall, 3400 Plymouth Blvd.

Honor a veteran by having their name engraved on our Veterans Memorial wall located adjacent to City Hall. Any veteran who has been honorably discharged is eligible for engraving. For details and pricing, call 763-509-5200.

## MEMORIALS

The City offers opportunities to memorialize a person, pet or event by donating money for a bench or a tree. These unique items range in price from \$500 to \$2,500. For details, contact Paul Buck at 763-509-5944 or [pbuck@plymouthmn.gov](mailto:pbuck@plymouthmn.gov)

## LIFETIME™ FITNESS: PLYMOUTH

The City of Plymouth has a public-private partnership with the Plymouth LifeTime™ – which allows Plymouth residents to purchase daily passes for the pool and fitness area/club without the purchase of a LifeTime™ membership. Rates are subject to change. For hours, rates and more information, call Plymouth LifeTime™ at 763-509-0909.

### Low Income Discounts

Residents of Plymouth who are low income may qualify for discount passes. Individuals may purchase eight discount daily passes per year from the city. Call 763-509-5200 for an application and details on eligibility.

## SPECIAL USE FACILITIES

- 1 Plymouth Dog Park – 17005 Chankadha Trail
- 2 Hilde Performance Center – 3500 Plymouth Blvd
- 3 Plymouth Ice Center – 3650 Plymouth Blvd
- 4 Millennium Garden – 14800 34th Ave
- 5 NW Greenway Pavilion/Challenge Course – 5250 Peony Ln
- 6 Plymouth Community Center/Fieldhouse – 14800 34th Ave
- 7 Plymouth City Hall – 3400 Plymouth Blvd

## PLAYFIELDS

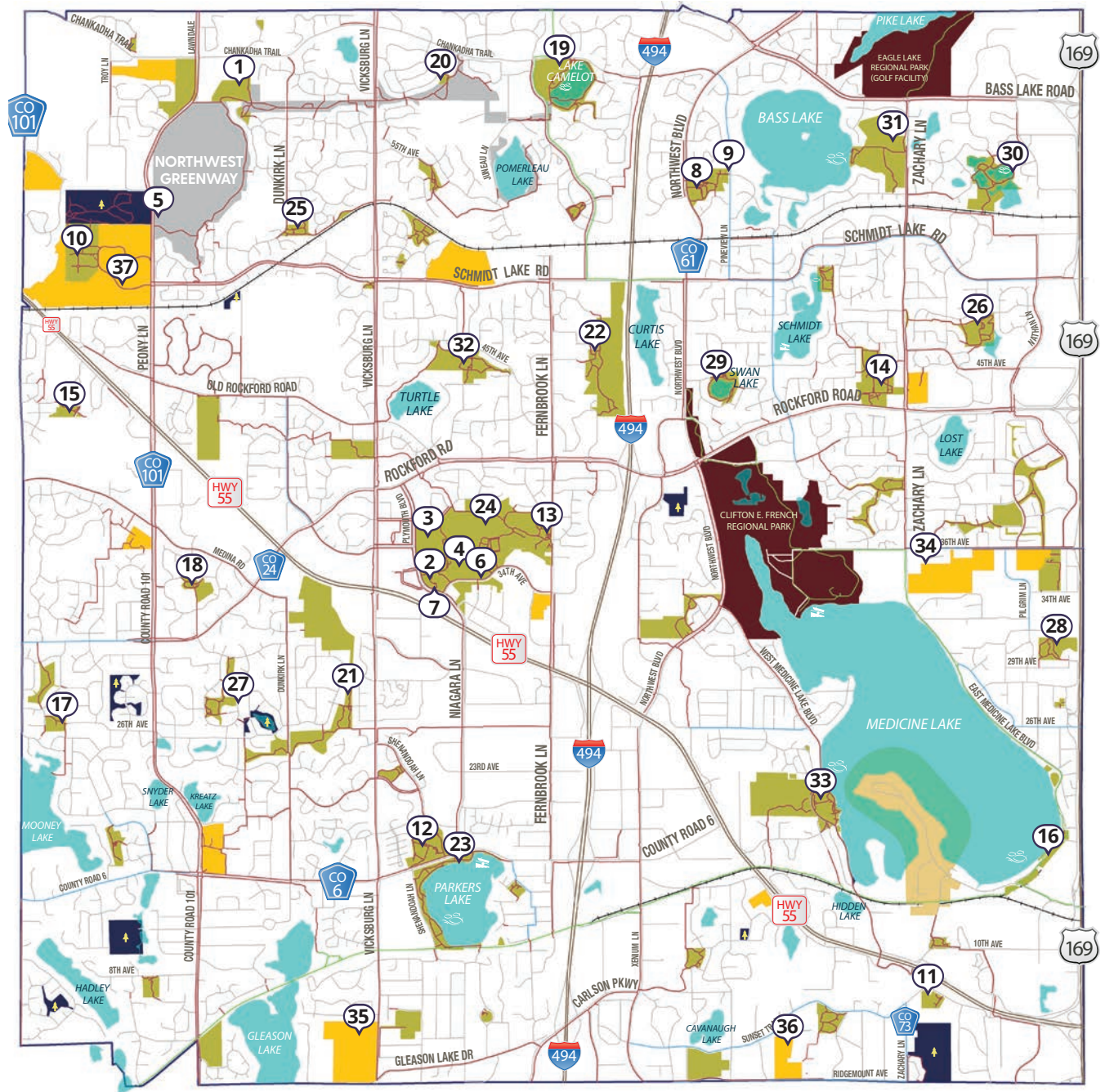
- 8 Bass Lake – 5450 Northwest Blvd
- 9 Bass Lake Tennis Courts - Pineview Lane N & 54th Ave N
- 10 Elm Creek – 4905 Peony Ln
- 11 LaCompte - 10795 Old Co Rd 15
- 12 Parkers Lake – 15500 Co Rd 6
- 13 Plymouth Creek – 3625 Fernbrook Ln
- 14 Zachary – 4355 Zachary Ln

## PARKS

- 15 Crooked Creek - 4255 Walnut Grove Ln N
- 16 East Medicine Lake - 1740 E Medicine Lk Blvd
- 17 Green Oaks - 2600 Zircon Ln N
- 18 Heather Ponds - 3426 Lawndale Ln N
- 19 Lake Camelot - 14105 Chankadha Trail
- 20 Legacy Greenway - 15365 59th Pl N
- 21 Maple Creek - 2695 Weston Ln N
- 22 Nature Canyon - 13919 45th Ave N
- 23 Parkers Lake – 15205 Co Rd 6
- 24 Plymouth Creek - 14800 34th Ave N
- 25 Prairie Ponds - 5150 Dunkirk Ln N
- 26 Rolling Hills - 10355 48th Ave N
- 27 Shiloh - 2700 Jewel Ln N
- 28 Sunrise - 2995 Kilmer Ln N
- 29 Swan Lake - 4480 Quinwood Ln N
- 30 Three Ponds - 5360 Union Terrace Ln N
- 31 Timber Shores - 11250 53rd Ave N
- 32 Turtle Lake - 14991 45th Ave N
- 33 West Medicine Lake - 1920 W Medicine Lk Dr

## SCHOOLS

- 34 Armstrong Senior High – 10635 36th Ave
- 35 Wayzata Central Middle – 305 Vicksburg Ln
- 36 Wayzata East Middle School – 12000 Ridgemount Ave
- 37 Wayzata High School – 4955 Peony Ln
- 38 Wayzata West Middle School – 149 Barry Ave, Wayzata



This map shows where activities are located.  
To view the full Parks & Trails map, visit [plymouthmn.gov](http://plymouthmn.gov)

38 Located in Wayzata, Minn.



2023-2024  
OUTDOOR SKATING SEASON






# warming houses





MONDAY, DEC 18 – SUNDAY, FEB 25

Subject to change based on weather and safe ice conditions.

## Warming House Rink Sites (staffed)

-  LaCompte, 10795 Old County Road 15
-  Plymouth Creek, 3625 Fernbrook Ln
-  Zachary, 4355 Zachary Ln

## Rink sites (non-staffed)

-  Bass Lake, 5450 Northwest Blvd
-  Hilde Performance Center Pond, 3500 Plymouth Blvd  
(once ice depth is at a safe level)

## General Information

- Rink lights stay on until 10 pm daily
- Warming house sites close when:  
The temp/forecasted temp is -10 or below, when the wind chill is -25 or below, or the ice is deemed unsafe/unskatable.
- Some rinks have scheduled activities posted on site.
- Rink closures are posted on the Parks and Recreation weatherline: 763-509-5205

## Regular Rink Hours

Monday-Friday	5-8pm
Saturday-Sunday	12-7pm

## Holiday Hours:

Winter Break: Weekdays (Dec 26-29)	12-7pm
Christmas Eve (Dec 24)	12-5pm
Christmas Day (Dec 25)	Closed
New Year's Eve (Dec 31)	12-5pm
New Year's Day (Jan 1)	12-7pm
Martin Luther King Day (Jan 15)	12-7pm
Presidents Day (Feb 19)	12-7pm



see skate school  
information on pg 94-96

## prices:

Open Skating: \$5  
Adult Open Hockey (18 and older): \$6  
Skate Rental: \$5  
Skate Aid Rental: \$2  
Skate Sharpening: \$6

## room rentals:

### CENTER ICE ROOM:

\$60/hour, \$350/day  
2,750 sq ft, 125 max capacity

### BLUE LINE ROOM:

\$30/hour, \$150/day  
870 sq ft, 39 max capacity

visit website or  
call ice center for more details

**763-509-5250**

3650 Plymouth Blvd., Plymouth, MN 55446  
[plymouthmn.gov/facilities](http://plymouthmn.gov/facilities)

# Adaptive & Inclusive Programs

## INCLUSION SERVICES

In compliance with the Americans with Disabilities Act of 1990, reasonable accommodations can be provided

upon request to allow individuals with a disability to participate in Plymouth Parks & Recreation services, programs and activities.

Plymouth Parks & Recreation offers inclusion services. If you have questions regarding special needs and our inclusion services, please call 763-509-5200.

### INCLUSION POLICY

Plymouth Parks & Recreation prides itself on providing quality programs and activities for people of all abilities.

To create the best recreation experience for people with and without disabilities, we require a minimum of two weeks advance notice before the start of a recreation program or activity.

Without a two-week notice, Plymouth Parks & Recreation is not able to guarantee that individual requests can be met. If Plymouth Parks & Recreation cannot meet a given request due to short notice, the participant would be required to arrange for their own Personal Care Attendant (PCA).

No refund will be issued due to the lack of an inclusion aide if you register less than one week from the start of the program.

To ensure that each participant has the best possible experience, follow these steps:

- » Register and notify Recreation staff of any special needs a minimum of two weeks in advance.
- » Complete and return the Participant Information Form.

see pg. 11 for Adaptive Recreation resources

## REACH FOR RESOURCES

\* Pre-registration with Reach for Resources is required.  
[www.reachforresources.org](http://www.reachforresources.org) or 952-200-3030.

### REACH FOR RESOURCES: VALENTINE'S DAY DANCE PCC-Plymouth Room, 14800 34th Avenue N

Step into an enchanting autumn evening at our Valentine's Day formal event, where participants are invited to don their finest formal or semi-formal attire and enjoy a delightful evening filled with lively dancing, delectable cupcakes, refreshing punch, and capture memories at our photo booth, making it an unforgettable evening!

AGES	DAY	DATE & TIME	COST	REGISTRATION
13+	Tu	Feb 13 6:30pm-8:30pm	\$10	*Pre-registration required

### REACH FOR RESOURCES: REC THERAPY- NORDIC WALKING PCC-Fieldhouse, 14800 34th Avenue N

Nordic Walking is beneficial for the mind and body. Join us in a small group setting where we walk at our own pace along the walking track in the Plymouth Fieldhouse. The fieldhouse may be cool, please dress in layers. Nordic walking poles will be provided.

AGES	DAY	DATE & TIME	COST	REGISTRATION
18+	M	Jan 22-Feb 12 2:00pm-3:00pm	\$163.12	*Pre-registration required

## ARTS ACCESS

Arts Access workshops and activities are specifically designed for youth and adults with disabilities.

### ARTS ACCESS - BEGINNER DRAWING BASICS PCC-Education Wing, 14800 34th Avenue N

Learn how to draw accurately and quickly by breaking complicated objects down into simple shapes. We will cover the basic principles of perspective, layout, design, lighting, volume, and space. All supplies provided.

AGES	DAY	DATE & TIME	COST	ACTIVITY
15+	W + Sa	Apr 17 6:00pm-7:30pm Apr 20 10:00am-11:30am	Res \$30 Non Res \$35	15186-01

### ARTS ACCESS - CERAMIC COASTER MAKING PCC-Education Wing, 14800 34th Avenue N

Create your own ceramic tile coaster or trivet using permanent markers. Seal each tile with spray on varnish. As a final touch, felt squares or cork can be applied to the bottom of your coasters. Each tile created will be unique. Artists will bring home two coasters.

AGES	DAY	DATE & TIME	COST	ACTIVITY
15+	Th	Mar 14 6:00pm-7:30pm	Res \$15 Non Res \$20	15187-01

### ARTS ACCESS - CUPCAKE DECORATING PCC-Education Wing, 14800 34th Avenue N

Have you ever decorated a cupcake? Learn the ins and outs of cupcake decorating. We will make icing and then walk through decorating a cupcake. At the end of this hands-on class, you will take home at least two decorated cupcakes to share with friends or family. All yummy supplies included.

AGES	DAY	DATE & TIME	COST	ACTIVITY
15+	W	May 8 6:00pm-7:30pm	Res \$15 Non Res \$20	15183-01

# Adaptive & Inclusive Programs

## ARTS ACCESS - PAINTING FUN-WATER COLORS

PCC-Education Wing, 14800 34th Avenue N

Learn to paint a beautiful scene in watercolors. Follow step-by-step instructions and engage in discussion on the difference between dry brush work, wet on wet, and wet on dry as you participate in this enjoyable workshop. This is a great, no fear, way to learn to paint in watercolors.

AGES	DAY	DATE & TIME	COST	ACTIVITY
15+	W + Sa	Jan 31 6:00pm-7:30pm Feb 3 10:00am-11:30am	Res \$30 Non Res \$35	15181-01

## ARTS ACCESS - PHOTOGRAPHY BASICS

PCC-Education Wing, 14800 34th Avenue N

We will cover the basic operation of cameras, learn basic photography concepts including focus, lighting, and color. Please bring a cell phone that can be used for picture taking. Some of this activity will take place outside.

AGES	DAY	DATE & TIME	COST	ACTIVITY
15+	W + Sa	May 22 6:00pm-7:30pm May 25 10:00am-11:30am	Res \$30 Non Res \$35	15185-01

## ARTS ACCESS - WOOLLY PETS

PCC-Education Wing, 14800 34th Avenue N

Turn a fluff of wool into a fluffy fuzzy friend. Several critters to choose from including bunnies, birds and squirrels. This fabric art-needle felting kit comes with all supplies. All supplies provided.

AGES	DAY	DATE & TIME	COST	ACTIVITY
15+	W	Feb 14 6:00pm-7:30pm	Res \$15 Non Res \$20	15180-01

## CREATE AND CONNECT

PCC-Active Wing, 14800 34th Avenue N

An inclusive group for teens who are interested in creative endeavors and are looking for social engagement. Each week multiple art and craft activities will be offered to work on independently, parallel to other teens, or collaborating with other teens. Activities will also support motor and executive functioning skills. Instr: Michelle Pettit, Roots & Wings LLC.

AGES	DAY	DATE & TIME	COST	ACTIVITY
12-17	Th	Jan 11-Feb 29 4:30pm-6:00pm	Res \$240 Non Res \$265	14900-01

## CREATE AND CONNECT

PCC-Active Wing, 14800 34th Avenue N

This is an inclusive group for adults who are interested in creative endeavors and are looking for social engagement. Each week multiple art and craft activities will be offered to work on independently, parallel to other adults, or collaborating with other adults. Activities will also support motor and executive functioning skills. Instr: Michelle Pettit, Roots & Wings LLC.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Jan 11-Feb 29 6:15pm-7:45pm	Res \$240 Non Res \$265	15906-01

## SPECIAL OLYMPICS MN: YOUNG ATHLETES

PCC-Active Wing, 14800 34th Avenue N

An innovative sports play program that introduces children ages 2-7 years old with and without intellectual disabilities to the world of sports. Children are provided with games and activities that meet their individual skill and ability levels, while allowing them to play together in a fun and inclusive environment. No program: 2/18.

AGES	DAY	DATE & TIME	COST	ACTIVITY
2-7	Su	Jan 28-Mar 10 2:00pm-3:00pm	Res \$30 Non Res \$36	13911-01
2-7	Su	Apr 14-May 19 2:00pm-3:00pm	Res \$30 Non Res \$36	13911-02

## SNAPOLOGY: ADAPTIVE PLAY- MOVIE FAVORITES

PCC-Active Wing, 14800 34th Avenue N

Movies such as the Toy Story, How to Train Your Dragon, Lion King, Onward, Frozen and Trolls will be recreated using imagination and LEGO® bricks.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-14	Sa	Mar 2 10:00am-11:00am	Res \$20 Non Res \$25	13906-01

## SNAPOLOGY: ADAPTIVE PLAY- POKEMANIA

PCC-Active Wing, 14800 34th Avenue N

Build and explore the world of Pokémon as you create your own gyms, battles, and even your very own generation of Pokémon.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-14	Sa	Apr 27 10:00am-11:00am	Res \$20 Non Res \$25	13909-01

## SNAPOLOGY:

## ADAPTIVE PLAY- RESPONSIVE ROBOTICS

PCC-Active Wing, 14800 34th Avenue N

Explore the basic components of robotics by playing with modular cubes known as Cubelets®! Work with a partner to figure out how to create lighthouses, vehicles, astrobots, animals, and more.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-14	Sa	May 18 10:00am-11:00am	Res \$20 Non Res \$25	13910-01



# Adaptive & Inclusive Programs

## SNAPOLOGY: ADAPTIVE PLAY- SPACE WARS

PCC-Active Wing, 14800 34th Avenue N

In this Level I Robotics program, our structured robotic models are inspired by the Star Wars® films and space travel! Send your student on a space adventure full of building, programming, and imagination using LEGO® bricks and unique building instructions that you won't find anywhere else.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-14	Sa	Apr 13 10:00am-11:00am	Res \$20 Non Res \$25	13908-01

## SNAPOLOGY: ADAPTIVE PLAY- STEAM SURVIVOR

PCC-Active Wing, 14800 34th Avenue N

Throughout the program, students will be challenged to design and build complicated objects, work cooperatively with others to secure their place on a team, and compete to be the fastest and most precise competitors in the class. Although the tasks will be challenging, they will be structured and guided by a trained Snapologist who will make sure your child gets the support they need to be successful and get the most out of this unique, challenging program!

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-14	Sa	Mar 16 10:00am-11:00am	Res \$20 Non Res \$25	13907-01

## SNAPOLOGY: ADAPTIVE PLAY- WONDERFUL WIZARDS

PCC-Active Wing, 14800 34th Avenue N

Explore your favorite aspects of the Harry Potter film series and all that makes Hogwarts special. Create a castle you love, make maps to navigate it, and be sorted into your house.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-14	Sa	Jan 20 10:00am-11:00am	Res \$20 Non Res \$25	13903-01

## ADAPTIVE SWIM LESSONS

Wayzata East Middle School, 12000 Ridgemount Avenue

Lessons will be taught by an instructor certified in Swim Angelfish's Swim Whisperers® program. This multi-level Swim Whisperers® Certification Program teaches swim instructors the strategies needed to overcome the underlying challenges faced by their swimmers. This advanced adaptive aquatic training empowers instructors with the required tools to more effectively teach swimmers with Anxiety, Autism, Trauma, Discomfort, Physical Difficulties, Sensory Issues, Motor Problems and Delays. No Class: 2/19

AGES	DAY	DATE & TIME	COST	ACTIVITY
5+	M	Jan 22-Mar 18 11:15am-11:45am	\$280	16801-01
5+	Tu,Th	Jan 9-Feb 1 8:00pm-8:30pm	\$280	16801-02
5+	Sa	Jan 6-Mar 2 8:30am-9:00am	\$280	16801-03
5+	M	Jan 22-Mar 18 2:45pm-3:15pm	\$280	16801-04
5+	W	Jan 10-Feb 28 11:15am-11:45am	\$280	16801-05
5+	Sa	Jan 6-Mar 2 3:00pm-3:30pm	\$280	16801-06
5+	Tu	Feb 6-Mar 26 6:15pm-6:45pm	\$280	16801-07
5+	W	Jan 10-Feb 28 2:45pm-3:15pm	\$280	16801-08
5+	Tu,Th	Jan 9-Feb 1 11:45am-12:15pm	\$280	16801-09
5+	Th	Feb 8-Mar 28 7:15pm-7:45pm	\$280	16801-10
5+	Sa	Mar 9-Apr 27 8:30am-9:00am	\$210	16801-11
5+	Tu	Jan 9-Feb 27 2:00pm-2:30pm	\$280	16801-12

5+	Sa	Mar 9-Apr 27 1:30pm-2:00pm	\$210	16801-13
5+	Th	Jan 11-Feb 29 2:00pm-2:30pm	\$280	16801-14
5+	Tu,Th	Apr 9-May 2 7:00pm-7:30pm	\$280	16801-15
5+	M	Apr 8-May 13 11:15am-11:45am	\$210	16801-16
5+	Tu,Th	May 7-May 23 7:00pm-7:30pm	\$210	16801-17
5+	M	Apr 8-May 13 2:45pm-3:15pm	\$210	16801-18
5+	W	Mar 6-Apr 17 11:15am-11:45am	\$224	16801-19
5+	W	Mar 6-Apr 17 2:45pm-3:15pm	\$224	16801-20
5+	Tu,Th	Feb 6-Feb 29 11:45am-12:15pm	\$280	16801-21
5+	Tu	Mar 5-Apr 23 2:00pm-2:30pm	\$245	16801-22
5+	Th	Mar 7-Apr 25 2:00pm-2:30pm	\$245	16801-23
5+	Tu,Th	Apr 9-Apr 25 11:45am-12:15pm	\$224	16801-24
5+	Tu	Apr 30-May 21 10:30am-11:00am	\$140	16801-25
5+	Tu	Apr 30-May 21 2:00pm-2:30pm	\$224	16801-26
5+	W	May 1-May 22 9:30am-10:00am	\$140	16801-27
5+	W	May 1-May 22 11:45am-12:15pm	\$140	16801-28
5+	Tu,Th	Mar 5-Mar 28 11:45am-12:15pm	\$280	16801-29
5+	Tu,Th	May 7-May 23 11:45am-12:15pm	\$245	16801-30

# Adaptive & Inclusive Programs

## SEMI-PRIVATE ADAPTIVE SWIM LESSONS

Wayzata East Middle School, 12000 Ridgemount Avenue

Small group lessons of 2-3 participants will be taught by an instructor certified in Swim Angelfish's Swim Whisperers® program. This multi-level Swim Whisperers® Certification Program teaches swim instructors the strategies needed to overcome the underlying challenges faced by their swimmers. This advanced adaptive aquatic training empowers instructors with the required tools to more effectively teach swimmers with Anxiety, Autism, Trauma, Discomfort, Physical Difficulties, Sensory Issues, Motor Problems and Delays.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5+	Tu,Th	Jan 9-Feb 1 7:15pm-7:45pm	\$192	16806-01
5+	Sa	Jan 6-Mar 2 12:00pm-12:30pm	\$192	16806-02
5+	Sa	Jan 6-Mar 2 2:15pm-2:45pm	\$192	16806-03
5+	Tu	Feb 6-Mar 26 7:00pm-7:30pm	\$192	16806-04
5+	Th	Feb 8-Mar 28 6:30pm-7:00pm	\$192	16806-05
5+	Sa	Mar 9-Apr 27 9:30am-10:00am	\$144	16806-06
5+	Tu,Th	Apr 9-May 2 6:15pm-6:45pm	\$192	16806-07
5+	Tu,Th	May 7-May 23 6:15pm-6:45pm	\$144	16806-08

## CANCELLATION POLICY

Requests for cancellations or transfers must be made at least one full week prior to the first class unless noted otherwise. See pg. 2.

## SENSORY SWIM

Wayzata East Middle School, 12000 Ridgemount Avenue

This Sensory Swim will include dimmed lights, restricted number of participants, life jacket fittings, free ear plugs and nose plugs, other sensory friendly swim equipment, and lifeguards will only blow whistles in emergencies.

Daily rates are \$3.00 and can be purchased for any of the dates listed below.

AGES	DAY	DATE & TIME	COST	ACTIVITY
0.5+	Su	Mar 24 8:00am-9:00am	\$3	16802-01
0.5+	Su	Apr 21 8:00am-9:00am	\$3	16802-02
0.5+	Tu	Jan 9-Jan 30 1:30pm-3:30pm	\$12	16802-03
0.5+	Tu	Feb 6-Feb 27 1:30pm-3:30pm	\$12	16802-04
0.5+	Tu	Mar 5-Mar 26 1:30pm-3:30pm	\$12	16802-05
0.5+	Tu	Apr 9-Apr 30 1:30pm-3:30pm	\$12	16802-06
0.5+	Tu	May 7-May 28 1:30pm-3:30pm	\$12	16802-07
0.5+	W	May 1-May 22 9:30am-11:30am	\$12	16802-08
0.5+	W	May 1-May 22 1:30pm-3:30pm	\$12	16802-09
0.5+	Tu	May 7-May 28 1:30pm-3:30pm	\$12	16802-10
0.5+	F	Mar 15-May 17 9:30am-11:30am	\$9	16802-11

## ADAPTIVE RECREATION

**REACH FOR RESOURCES** provides programs for all ages and serves the northern and western Twin Cities suburbs. REACH programs include bowling, dances and trips.

📞 952-200-3030

💻 [reachforresources.org](http://reachforresources.org)

**WINDOWS OF OPPORTUNITY** provides programs for adults and serves the Robbinsdale School District 281. Program offerings include trips, dances, bike outings and computer classes.

📞 763-504-6990

💻 [ced.rdale.org](http://ced.rdale.org)

**PROJECT SOAR** provides programs for adults and serves four school districts: Hopkins, Minnetonka, St. Louis Park and Wayzata. Program offerings include trips, dances, arts and crafts, BINGO and cooking.

📞 952-401-6898

💻 [projectsoarmn.org](http://projectsoarmn.org)

**COURAGE KENNY REHABILITATION INSTITUTE** provides programs for all ages and has locations in Burnsville, Golden Valley, Forest Lake and Stillwater. Program offerings include swim classes, sports and support groups as well as work and career skills.

📞 612-775-2499

💻 [allinahealth.org/courage-kenny-rehabilitation-institute](http://allinahealth.org/courage-kenny-rehabilitation-institute)

# All Ages

## ARTS

### MUSIC FOR EVERYONE

PCC-Education Wing, 14800 34th Avenue N

Private 30-minute lessons are taught by qualified, experienced teachers. Beginner to intermediate students welcome. Learn new skills or improve those you already have. Develop your tone, rhythm and reading skills while you enjoy a variety of musical styles. Students will need their own instrument at home for practice. Piano students will need a piano or keyboard with natural touch and at least 76 keys.

**AGES:** 7+ | **DAYS:** Mondays - Fridays

#### SESSION DATES:

**Session 1:**

**January 8 - March 23**

**COST:** Res: \$275 | Non Res: \$285

**Session 2:**

**April 8 - May 18**

**COST:** Res: \$160 | Non Res: \$170

#### REGISTRATION

Plymouth and Maple Grove belong to this consortium. If you live in either of these cities, you qualify for the resident rate. Before registering, call 763-509-5224 or email [musicforeveryone@plymouthmn.gov](mailto:musicforeveryone@plymouthmn.gov) to arrange lesson time.

- Flute
- Piano
- Viola, Violin, or Guitar
- Voice

New students can start anytime during the session, subject to availability. Fees are pro-rated at \$25 per lesson. Bring the course registration receipt to the first class.

### SPARK THEATER + DANCE

PCC-Event Wing, 14800 34th Avenue N

Come see, "I Dream of Pizza". SPARK's playful 5-minute film, followed by a Q&A with the cast/crew and a music & movement workshop. ASL interpreted. All ages (with parental supervision). Free. Pre-registration is requested. This activity is made possible by the voters of Minnesota through a grant from the Metropolitan Regional Arts Council, thanks to a legislative appropriation from the arts and cultural heritage fund.

AGES	DAY	DATE & TIME	COST	ACTIVITY
3+	F	Mar 1 7:00pm-8:30pm	no fee	16101-01

## SPORTS - MARTIAL ARTS

### TAE KWON DO KARATE BEGINNER (NO BELT TO WHITE BELT)

Ultimate Martial Arts, 147 Hamel Road

Improve balance, coordination and overall physical health. Build confidence, self-esteem and concentration. Instr: Tom Malone, Martial Arts Hall of Fame Inductee.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5+	Sa	Jan 13-Feb 17 9:30am-10:15am	Res \$114 Non Res \$124	16215-01

# I DREAM OF PIZZA

A short film presented by

## SPARK

theater + dance

Free community event  
See details above



**WEATHER LINE**  
**763-509-5205**

call for updates on  
class cancellations

## EDUCATION - THE STEM LAB

### THE STEM LAB KITS: FAMOUS SCIENTISTS FOR KIDS

Online

Inspire and encourage growing minds to do big things with real-life examples and exciting hands-on scientific exploration! Learn through hands-on mini experiments from scientists who became famous by being excited about science and working hard to learn and discover new things!

AGES	COST	ACTIVITY
4+	\$50	16924-01

### THE STEM LAB KITS: GET GROWING

Online

Use full-spectrum grow lights and adjustable circular vents to control humidity and air flow as you start 36 vegetable seedlings. Featuring transparent grow trays to observe root growth and amazing seed varieties that have been carefully chosen for their ability to withstand rough handling and quick germination.

AGES	COST	ACTIVITY
3+	\$45	16919-01

### THE STEM LAB KITS: GET GROWING + HONEY BEES

Online

All the joys of the Get Growing kit plus exploration into the fascinating world of honey bees! Includes a National Geographic Kids book with beautiful, engaging, and authentic photos (accessible Level 2 text), natural honeycomb, 5" honeybee stuffie, authentic bee pollen, delicious pure honey sticks and more! Shipping: \$13

AGES	COST	ACTIVITY
3+	\$85	16920-01

### THE STEM LAB KITS: ROBOTIC HEXBUG MAZE

Online

Gift a STEM pet! A robotic bug who uses the physics of vibration to propel itself forward to explore its environment. Use STEM and the materials in this 100 hour reusable kit, to design and engineer a robotic bug a brick (Lego) maze complete with ramps, tunnels and more!

AGES	COST	ACTIVITY
4+	\$85	16922-01

### THE STEM LAB KITS: SLINGSHOT CARS

Online

Explore physics and STEM as you design and engineer two rubber-band and pencil powered cars.

AGES	COST	ACTIVITY
7+	\$35	16923-01

### THE STEM LAB KITS: SOLAR PRINTING KIT

Online

Harness the power of the sun to develop your one-of-a-kind STEM art! Kit contains multiple sheets (approximate size: 4x4, 5x8 and 8x12) of hand-treated, sun-sensitive paper that undergoes a chemical change when exposed to sunlight. The images appear within minutes and are permanent with a quick rinse of water.

AGES	COST	ACTIVITY
4+	\$35	16921-01

Shipping available for \$8

pint-sized

# PROM

## April 5

6-8 p.m. | PCC Plymouth Room  
Ages 3-10

Invite the special adult in your life to walk the red carpet for an evening of dancing, photo opportunities, refreshments and more in the Plymouth Room at the Plymouth Community Center. Choose to dress to the nines or wear what you are most comfortable in for this memorable evening. Call 763-509-5200 or register online: [plymouthmn.gov/specialevents](http://plymouthmn.gov/specialevents).

**\$45/couple (residents)**

**\$54/couple (non-residents)**

(additional adults or children are \$20/ticket)

# Adult/Child

## ARTS - EASY CRAFTS

### EASY CRAFTS - VALENTINE'S DAY CARDS

PCC-Active Wing, 14800 34th Avenue N

You and your child will have a blast making heart cards for Valentine's Day. There will be 4 card stations and you can create at your own pace. These cards are great to make for parents, grandparents, siblings or teachers. Instr: Stefania Luca.

AGES	DAY	DATE & TIME	COST	ACTIVITY
2-6	Su	Feb 11 9:00am-10:00am	Res \$30 Non Res \$34	11101-01

## KIDCREATE STUDIO

### KIDCREATE STUDIO: HUMPTY DUMPTY

PCC-Active Wing, 14800 34th Avenue N

You and your child will create a 3D diorama of Humpty Dumpty before his big fall. Humpty Dumpty never looked better!

AGES	DAY	DATE & TIME	COST	ACTIVITY
1.5-6	Sa	Mar 2 9:30am-10:30am	Res \$30 Non Res \$34	11107-01

### KIDCREATE STUDIO: LIONS, TIGERS & BEARS, OH MY!

PCC-Active Wing, 14800 34th Avenue N

Come join us as we create adorable artwork inspired by some of our favorite zoo animals. Budding Picassos and future zoologists alike will love painting on real canvas boards, sculpting with air-dry clay and scribbling with oil pastels as they create animal-themed artwork that is totally WILD!

AGES	DAY	DATE & TIME	COST	ACTIVITY
1.5-6	M	Jan 22-Feb 12 9:30am-10:30am	Res \$90 Non Res \$98	11104-01

## KIDCREATE STUDIO

### KIDCREATE STUDIO: SHOWERS BRING FLOWERS

PCC-Active Wing, 14800 34th Avenue N

Apr showers may or may not bring May flowers, but this art class will for sure! We will create a spring masterpiece complete with a garden full of flowers and a 3D butterfly.

AGES	DAY	DATE & TIME	COST	ACTIVITY
1.5-6	Sa	May 4 9:30am-10:30am	Res \$30 Non Res \$34	11112-01

### KIDCREATE STUDIO: STORYBOOK ART

PCC-Active Wing, 14800 34th Avenue N

Together in this class, we'll develop a love of art and reading! Have you ever seen a mouse covered in paint, gone on a trip with a tank engine named Thomas or drawn with a magical purple crayon? Outstanding children's books will inspire our project each day. A variety of kid-friendly art materials will be used. Children must attend with caregiver.

AGES	DAY	DATE & TIME	COST	ACTIVITY
1.5-6	Tu	Mar 5-Mar 26 9:30am-10:30am	Res \$90 Non Res \$98	11106-01



Children must  
be accompanied  
by a caregiver

## DANCE

### TIPPI TOES DANCE - TODDLER & ME

PCC-Active Wing, 14800 34th Avenue N

A dance class for mom, dad, or guardian to learn basic dance steps with your little dancer. We'll incorporate music, movement, balance and basic dance steps in a fun and positive environment.

AGES	DAY	DATE & TIME	COST	ACTIVITY
1.5-3	W	Jan 17-Mar 6 9:30am-10:15am	Res \$87.25 Non Res \$97.25	11109-01
1.5-3	W	Jan 17-Mar 6 10:30am-11:15am	Res \$87.25 Non Res \$97.25	11109-02
1.5-3	W	Apr 10-May 29 9:30am-10:15am	Res \$87.25 Non Res \$97.25	11109-03
1.5-3	W	Apr 10-May 29 10:30am-11:15am	Res \$87.25 Non Res \$97.25	11109-04

## MUSIC

### FIRST STEPS IN MUSICLAND

PCC-Education Wing, 14800 34th Avenue N

Exposure to basic musical concepts and a wide variety of musical styles through fun activities. Caregiver and child will dance, sing and play while learning rhythm and fine/gross motor coordination.

AGES	DAY	DATE & TIME	COST	ACTIVITY
1.5-5	W	Jan 24-Mar 13 9:30am-10:15am	Res \$109 Non Res \$119	11110-01
1.5-5	W	Jan 24-Mar 13 10:30am-11:15am	Res \$109 Non Res \$119	11110-02
1.5-5	W	Apr 10-May 29 9:30am-10:15am	Res \$109 Non Res \$119	11110-03
1.5-5	W	Apr 10-May 29 10:30am-11:15am	Res \$109 Non Res \$119	11110-04

## ARTS - MUSIC

### MUSIC TOGETHER MIXED AGES

PCC-Education Wing, 14800 34th Avenue N

In this class, you'll learn a wide range of delightful musical activities for you, your baby, toddler or preschooler. Along with class instruction, participants receive a CD, music downloads, songbook, and educational materials. Sibling/additional child discount applied for families registering more than one. Instr: Music Together in the Valley LLC.

AGES	DAY	DATE & TIME	COST	ACTIVITY
infant-5yrs	Tu	Jan 9-Mar 12 9:15am-10:00am	Res \$200 Non Res \$219	11117-01
infant-5yrs	Tu	Jan 9-Mar 12 10:15am-11:00am	Res \$200 Non Res \$219	11117-02
infant-5yrs	Tu	Jan 9-Mar 12 11:15am-12:00pm	Res \$200 Non Res \$219	11117-03
infant-5yrs	W	Jan 10-Mar 13 4:15pm-5:00pm	Res \$200 Non Res \$219	11117-04
infant-5yrs	W	Jan 10-Mar 13 5:15pm-6:00pm	Res \$200 Non Res \$219	11117-05
infant-5yrs	Tu	Apr 2-June 4 9:15am-10:00am	Res \$200 Non Res \$219	11117-06
infant-5yrs	Tu	Apr 2-Jun 4 10:15am-11:00am	Res \$200 Non Res \$219	11117-07
infant-5yrs	Tu	Apr 2-Jun 4 11:15am-12:00pm	Res \$200 Non Res \$219	11117-08
infant-5yrs	W	Apr 3-Jun 5 4:15pm-5:00pm	Res \$200 Non Res \$219	11117-09
infant-5yrs	W	Apr 3-Jun 5 5:15pm-6:00pm	Res \$200 Non Res \$219	11117-10

### MUSIC TOGETHER MIXED AGES-FREE DEMO CLASS

PCC-Education Wing, 14800 34th Avenue N

AGES	DAY	DATE & TIME	COST	ACTIVITY
infant-5yrs	Tu	Jan 2 9:15am-10:00am	free demo	11118-01
infant-5yrs	Tu	Jan 2 10:15am-11:00am	free demo	11118-02
infant-5yrs	W	Jan 3 4:15pm-5:00pm	free demo	11118-03
infant-5yrs	W	Jan 3 5:15pm-6:00pm	free demo	11118-04
infant-5yrs	Tu	Mar 19 10:15am-11:00am	free demo	11118-05
infant-5yrs	Tu	Mar 19 11:15am-12:00pm	free demo	11118-06
infant-5yrs	W	Mar 20 4:15pm-5:00pm	free demo	11118-07
infant-5yrs	W	Mar 20 5:15pm-6:00pm	free demo	11118-08



Children must  
be accompanied  
by a caregiver

## EDUCATION

### DEVELOPMENTAL PLAY GROUP

PCC-Active Wing, 14800 34th Avenue N

An inclusive child and caregiver playgroup. Enjoyable and functional activities lead by an occupational therapist, designed to support connection, developmental strides, and meaningful conversations around your child's growth. Instr: Michelle Pettit, Roots & Wings LLC

AGES	DAY	DATE & TIME	COST	ACTIVITY
0-6	Th	Apr 4-May 23 8:30am-9:30am	Res \$250 Non Res \$275	13912-01

### FINE MOTOR FUN

PCC-Active Wing, 14800 34th Avenue N

This course focuses on fine motor development for school readiness. Your child will engage in playful activities that support foundational skills to handwriting, scissor skills, and coloring such as strengthening, manipulation, grasping, fine motor control, self-confidence, motivation, spatial awareness, visual-motor, and sensory processing. Instr: Michelle Pettit, Roots & Wings LLC.

AGES	DAY	DATE & TIME	COST	ACTIVITY
3-6	Th	Jan 11-Feb 29 8:30am-9:30am	Res \$250 Non Res \$275	12325-01

### HUNGRY CATERPILLAR FEEDING GROUP

PCC-Active Wing, 14800 34th Avenue N

Exploring new foods can be stress-free and fun when it's paired alongside "The Hungry Caterpillar." Each session will include sensory and/or oral-motor activity that can support readying your child's body for trying something new. Each week we will complete a Hungry Caterpillar art or craft, and explore and play with food embracing all of our senses. Instr: Michelle Pettit, Roots & Wings LLC.

AGES	DAY	DATE & TIME	COST	ACTIVITY
3-5	Th	Jan 11-Feb 29 10:00am-11:00am	Res \$250 Non Res \$250	12326-01



# Adult/Child

## EDUCATION - SCIENCE EXPLORERS

### SCIENCE EXPLORERS: RAINFOREST JOURNEY

PCC-Active Wing, 14800 34th Avenue N

Bring your favorite adult as you both learn about the layers of a tropical rain forest and some of the special animals that live there.

AGES	DAY	DATE & TIME	COST	ACTIVITY
3.5-6	Sa	Mar 23 1:00pm-2:30pm	Res \$25 Non Res \$30	11300-01

### SCIENCE EXPLORERS: BUGGY FOR BUGS

PCC-Active Wing, 14800 34th Avenue N

Bring your favorite adult to learn about insects and bugs as we explore how they are different from each other and more.

AGES	DAY	DATE & TIME	COST	ACTIVITY
3.5-6	Sa	Apr 27 1:00pm-2:30pm	Res \$25 Non Res \$30	11305-01

## THE STEM LAB

### THE STEM LAB: AMAZING APPLES - STEM INVESTIGATION

PCC-Active Wing, 14800 34th Avenue N

Join us for amazing apple science perfectly made for preschoolers with activities and experiments that are packed full of inquiry, discovery and incorporate hands-on learning.

AGES	DAY	DATE & TIME	COST	ACTIVITY
3-7	Tu	Jan 9-Jan 30 10:00am-11:00am	Res \$138 Non Res \$152	11302-01
3-7	Tu	Apr 9-Apr 30 10:00am-11:00am	Res \$138 Non Res \$152	11302-02

## THE STEM LAB

### THE STEM LAB: FAIRY TALE STEM

PCC-Active Wing, 14800 34th Avenue N

Spark your imagination as we bring alive fairy tales in each fun, self-esteem building, energizing class! Leave each class with your creation to continue the fun and learning!

AGES	DAY	DATE & TIME	COST	ACTIVITY
3-7	Tu	Feb 6-Feb 27 9:00am-10:30am	Res \$150 Non Res \$165	11304-01

### THE STEM LAB: NURSERY RHYME STEM

PCC-Active Wing, 14800 34th Avenue N

Take nursery rhymes to the next level with fun, open-ended, active classes that engage your child and build their confidence in STEM! Hands-on problem-solving challenges for each child's unique strengths and abilities.

AGES	DAY	DATE & TIME	COST	ACTIVITY
3-7	Tu	Mar 5-Mar 19 10:00am-11:00am	Res \$108 Non Res \$119	11303-01

### THE STEM LAB: PRE-K STEM EXPERIMENTS

PCC-Active Wing, 14800 34th Avenue N

Preschoolers will love learning science, engineering and math. Join us for play-based STEM activities and exciting experiments that empower exploration!

AGES	DAY	DATE & TIME	COST	ACTIVITY
3-7	Tu	May 7-May 28 10:00am-11:00am	Res \$138 Non Res \$152	11301-01

## SPORTS - GYMNASTICS

### TUMBLING TYKES AND FITNESS

PCC-Active Wing, 14800 34th Avenue N

A coupled class for children with their favorite grown-up! Come have fun and learn basic gymnastics skills as well as improve balance, fitness, strength, and gross motor skills.

AGES	DAY	DATE & TIME	COST	ACTIVITY
2-3	M	Jan 22-Feb 12 5:00pm-5:30pm	Res \$64 Non Res \$74	12201-01
2-3	M	Jan 22-Feb 12 5:45pm-6:15pm	Res \$64 Non Res \$74	12201-02
2-3	M	Jan 22-Feb 12 6:30pm-7:00pm	Res \$64 Non Res \$74	12201-03
2-3	M	Mar 4-Mar 25 5:00pm-5:30pm	Res \$64 Non Res \$74	12201-04
2-3	M	Mar 4-Mar 25 5:45pm-6:15pm	Res \$64 Non Res \$74	12201-05
2-3	M	Mar 4-Mar 25 6:30pm-7:00pm	Res \$64 Non Res \$74	12201-06
2-3	M	Apr 15-May 6 5:00pm-5:30pm	Res \$64 Non Res \$74	12201-07
2-3	M	Apr 15-May 6 5:45pm-6:15pm	Res \$64 Non Res \$74	12201-08
2-3	M	Apr 15-May 6 6:30pm-7:00pm	Res \$64 Non Res \$74	12201-09



Children must  
be accompanied  
by a caregiver



## ARTS - KIDCREATE STUDIO

### BLUEY WITH KIDCREATE STUDIO

PCC-Active Wing, 14800 34th Avenue N

Your Bluey fan will love getting messy as they paint, cut and collage a portrait of Bluey, all on a real canvas board! Come to create a Bluey mixed-media masterpiece; stay for the tail-shaking dance!

AGES	DAY	DATE & TIME	COST	ACTIVITY
3-6	Sa	Apr 13 9:00am-10:30am	Res \$37 Non Res \$44	12113-01

### KIDCREATE STUDIO:

#### LIONS, TIGERS & BEARS, OH MY!

PCC-Active Wing, 14800 34th Avenue N

Come join us as we create adorable artwork inspired by some of our favorite zoo animals. Budding Picassos and future zoologists alike will love painting on real canvas boards, sculpting with air-dry clay and scribbling with oil pastels as they create animal-themed artwork that is totally WILD! Please pack a nut free snack and drink for your child each day.

AGES	DAY	DATE & TIME	COST	ACTIVITY
3-6	W,Th	Apr 3-Apr 4 9:00am-12:00pm	Res \$126 Non Res \$136	12101-01



**WEATHER LINE**  
**763-509-5205**

call for updates on  
class cancellations

## DANCE

### BALLET & TAP (AGES 3-4)

PCC-Active Wing, 14800 34th Avenue N

This class will focus on beginning ballet and tap technique with an emphasis on coordination, balance, and creativity. Students will learn fun and expressive choreography that will be expanded upon each week. Pink ballet shoes, black tap shoes, and leotards/tights or active wear are needed. Instr: City of Plymouth Dance Staff. Fee includes 2 costumes and recital. No program: 1/15, 2/19, 3/30.

AGES	DAY	DATE & TIME	COST	ACTIVITY
3-4	M	Jan 8-Apr 29 5:00pm-5:40pm	Res \$263 Non Res \$278	12102-01
3-4	Tu	Jan 9-Apr 23 5:00pm-5:45pm	Res \$275 Non Res \$291	12102-02
3-4	Sa	Jan 13-Apr 27 1:05pm-1:50pm	Res \$263 Non Res \$278	12102-03

### CREATIVE MOVEMENT (AGES 3-4)

PCC-Active Wing, 14800 34th Avenue N

We'll introduce students to dance elements of ballet, jazz, and modern with a focus on creative expression. Bare feet or ballet shoes recommended. Program fee includes costume and recital. Instr: City of Plymouth Dance Staff. No program: 3/30.

AGES	DAY	DATE & TIME	COST	ACTIVITY
3-4	Th	Jan 11-Apr 25 5:00pm-5:30pm	Res \$245 Non Res \$261	12110-01
3-4	Sa	Jan 13-Apr 27 9:00am-9:30am	Res \$233 Non Res \$248	12110-02

### TIPPI TOES DANCE CLASS

PCC-Active Wing, 14800 34th Avenue N

Move and groove to the Tippi Toes® beat in this fun and energetic combination class, with your child dancing on their own! Tippi Toes incorporates an even mix of the three types of dance over the 45 minute class time using high-energy music and choreography. For children ages 3-5 years.

AGES	DAY	DATE & TIME	COST	ACTIVITY
3-5	W	Jan 17-Mar 6 11:30am-12:15pm	Res \$87.25 Non Res \$97.25	12116-01
3-5	W	Apr 10-May 29 11:30am-12:15pm	Res \$87.25 Non Res \$97.25	12116-02

### YOUTH BALLROOM AND LATIN DANCE (AGES 4-6)

PCC-Active Wing, 14800 34th Avenue N

Learn the dances you see on "Dancing with the Stars." This class will focus on beginning ballroom and Latin dance technique. Kids will learn partnered dances such as cha, cha, samba, rumba, tango, waltz, and more. They will be introduced to the fundamental understanding of music, basic steps, figures, coordination, and rhythm. No partner needed. Please wear comfortable shoes. Girls please wear black leotard with pink tights and skirt. Boys please wear black pants and black shirt. Instr: Zhanna Khenkin.

AGES	DAY	DATE & TIME	COST	ACTIVITY
4-6	Su	Jan 14-Mar 17 10:00am-10:45am	Res \$185 Non Res \$195	12109-01

## CANCELLATION POLICY

Requests for cancellations or transfers must be made at least one full week prior to the first class unless noted otherwise. See pg. 2.

# Preschool

## ARTS - MUSIC

### BACH TO ROCK - ROCK CITY WORLD TOUR

Bach to Rock, 4345 Nathan Ln N

These high-energy musical classes focus on foundational music skills; children will be introduced to different instruments each week.

AGES	DAY	DATE & TIME	COST	ACTIVITY
3-5	M	Jan 8-Feb 12 1:00pm-1:45pm	Res \$158 Non Res \$174	12106-01
3-5	Tu	Jan 9-Feb 13 5:00pm-5:45pm	Res \$158 Non Res \$174	12106-02
3-5	Tu	Jan 9-Feb 13 2:00pm-2:45pm	Res \$158 Non Res \$174	12106-03
3-5	M	Mar 4-Apr 8 1:00pm-1:45pm	Res \$158 Non Res \$174	12106-04
3-5	Tu	Mar 5-Apr 9 2:00pm-2:45pm	Res \$158 Non Res \$174	12106-05
3-5	Tu	Mar 5-Apr 9 5:00pm-5:45pm	Res \$158 Non Res \$174	12106-06

### BACH TO ROCK - ROCK CITY WORLD TOUR CAMP

Bach to Rock, 4345 Nathan Ln N

Through dynamic musical and movement-based activities, exposure to live instruments and musically inspired story-time, young musicians gradually develop the skills needed to pursue music further. Classed focus on foundational musical concepts such as fast and slow, sound and silence, high and low and even singing and playing major scales.

AGES	DAY	DATE & TIME	COST	ACTIVITY
3-5	M-F	Apr 1-Apr 5 9:00am-12:30pm	Res \$210 Non Res \$231	12107-01

### PIANO FOR LITTLE MOZARTS

PCC-Education Wing, 14800 34th Avenue N

Explore beginning piano in a dual lesson format (two students per class-each register separately). Lessons include music facts, movements, singing, percussion instruments and more.

AGES	DAY	DATE & TIME	COST	ACTIVITY
4-6	W	Jan 24-Mar 13 11:20am-11:50am	Res \$145 Non Res \$155	12104-01
4-6	W	Jan 24-Mar 13 12:00pm-12:30pm	Res \$145 Non Res \$155	12104-02
4-6	W	Apr 10-May 29 11:20am-11:50am	Res \$145 Non Res \$155	12104-03
4-6	W	Apr 10-May 29 12:00pm-12:30pm	Res \$145 Non Res \$155	12104-04

## EDUCATION - SCIENCE EXPLORERS

### SCIENCE EXPLORERS: AMAZING ME

PCC-Active Wing, 14800 34th Avenue N

Learn how the heart is responsible for pumping blood all around our bodies and investigate what happens to the food we eat and how our lungs are similar to a sponge. No program: 2/6.

AGES	DAY	DATE & TIME	COST	ACTIVITY
3.5-6	Tu	Jan 23-Feb 13 10:00am-11:30am	Res \$59 Non Res \$69	12302-01

### SCIENCE EXPLORERS: BUGGY FOR BUGS

PCC-Active Wing, 14800 34th Avenue N

Learn about bugs and insects and how they are different from each other. Discover how some bugs live in colonies, and how bugs eat, smell and survive.

AGES	DAY	DATE & TIME	COST	ACTIVITY
3.5-6	Tu	Apr 16-May 7 10:00am-11:30am	Res \$75 Non Res \$87	12304-01

### SCIENCE EXPLORERS: RAINFOREST JOURNEY

PCC-Active Wing, 14800 34th Avenue N

Learn about the layers of the rain forest and discover the animals that make it their home from the slow moving sloth to the plate-size tarantula and more.

AGES	DAY	DATE & TIME	COST	ACTIVITY
3.5-6	Tu	Feb 27-Mar 19 10:00am-11:30am	Res \$75 Non Res \$87	12303-01

## EDUCATION - SNAPOLOGY

### SNAPOLOGY: PRE-K EXPLORERS- ABC'S & 123'S

PCC-Active Wing, 14800 34th Avenue N

Children will learn their colors, shapes, letters and numbers using DUPLO® bricks and other interactive learning toys.

AGES	DAY	DATE & TIME	COST	ACTIVITY
3-5	W	Feb 7 9:00am-10:00am	Res \$20 Non Res \$25	12323-01
3-5	W	Mar 20 9:00am-10:00am	Res \$20 Non Res \$25	12323-02
3-5	W	May 15 9:00am-10:00am	Res \$20 Non Res \$25	12323-03

### SNAPOLOGY: PRE-K EXPLORERS-ANIMAL EXPLORERS

PCC-Active Wing, 14800 34th Avenue N

Learn where animals live and why an animal's habitat is important for survival. Through stories, games, and building animals with DUPLO® blocks, your little learner will be busy exploring biomes of the world while gaining critical social and developmental skills without even realizing it.

AGES	DAY	DATE & TIME	COST	ACTIVITY
3-5	W	Jan 17 9:00am-10:00am	Res \$20 Non Res \$25	12320-01
3-5	W	Feb 28 9:00am-10:00am	Res \$20 Non Res \$25	12320-02
3-5	W	Apr 24 9:00am-10:00am	Res \$20 Non Res \$25	12320-03

### SNAPOLOGY: PRE-K EXPLORERS-DISCOVERING DINOSAURS

PCC-Active Wing, 14800 34th Avenue N

Students will travel far back in time and explore the world of the stegosaurus, tyrannosaurus, and raptors. They will identify basic body parts, habitats, and diets of some of their favorite dinosaurs, all while practicing counting and colors, and having fun!

AGES	DAY	DATE & TIME	COST	ACTIVITY
3-5	W	Feb 14 9:00am-10:00am	Res \$20 Non Res \$25	12324-01
3-5	W	Apr 10 9:00am-10:00am	Res \$20 Non Res \$25	12324-02
3-5	W	May 22 9:00am-10:00am	Res \$20 Non Res \$25	12324-03

### SNAPOLOGY: PRE-K EXPLORERS-JR. BUILDERS

PCC-Active Wing, 14800 34th Avenue N

Build functional DUPLO® models of amusement park rides, boats, ramps, cars and so much more! Learn the importance of teamwork and how collaboration is an essential component of engineering and design.

AGES	DAY	DATE & TIME	COST	ACTIVITY
3-5	W	Jan 10 9:00am-10:00am	Res \$20 Non Res \$25	12319-01
3-5	W	Feb 21 9:00am-10:00am	Res \$20 Non Res \$25	12319-02
3-5	W	Apr 17 9:00am-10:00am	Res \$20 Non Res \$25	12319-03
3-5	W	May 29 9:00am-10:00am	Res \$20 Non Res \$25	12319-04

### SNAPOLOGY: PRE-K EXPLORERS-JR. CREATORS CLUB

PCC-Active Wing, 14800 34th Avenue N

Participate in various creative play activities designed to promote the creative, social and expressive skills of children.

AGES	DAY	DATE & TIME	COST	ACTIVITY
3-5	W	Jan 24 9:00am-10:00am	Res \$20 Non Res \$25	12321-01
3-5	W	Mar 6 9:00am-10:00am	Res \$20 Non Res \$25	12321-02
3-5	W	May 1 9:00am-10:00am	Res \$20 Non Res \$25	12321-03

### SNAPOLOGY: PRE-K EXPLORERS-SHAPES, COLORS & COUNTING

PCC-Active Wing, 14800 34th Avenue N

Learn to identify basic shapes, where those shapes appear in their environment, and recognize colors and numbers in a variety of ways.

AGES	DAY	DATE & TIME	COST	ACTIVITY
3-5	W	Jan 31 9:00am-10:00am	Res \$20 Non Res \$25	12322-01
3-5	W	Mar 13 9:00am-10:00am	Res \$20 Non Res \$25	12322-02
3-5	W	May 8 9:00am-10:00am	Res \$20 Non Res \$25	12322-03

# Preschool

## EDUCATION - THE STEM LAB

### THE STEM LAB KITS: QUIET TIME & CALM DOWN CONSTRUCTION KIT Online

A calming, spatial and kinesthetic outlet to de-escalate and regulate emotions. Empower emotion identification, breathing, decompression, and refocus so your child is ready to begin or rejoin daily activities. Target age: 3+.

AGES	COST	ACTIVITY
3+	\$45	16926-01

### THE STEM LAB KITS: STEM EXPERIMENT BUNDLE Online

Need STEM experiments that promote scientific observation and exploration with simple materials, planned and ready to bring into your home? Each experiment includes a "Thinking Question", materials list, related books and a photo example of the experiment. 20+ STEM experiments included. Target age: 3.5+.

AGES	COST	ACTIVITY
3.5+	\$30	16925-01

### THE STEM LAB KITS: ESSENTIAL STEM KIT Online

Support and encourage independent learning with spatial reasoning, logical thinking and problem-solving. Colorful challenge cards and fun manipulatives will keep even the busiest child engaged! Choose from three different themes.

AGES	THEME	COST	ACTIVITY
3.5+	Dr. Seuss	\$80	16927-01
3.5+	Magic School Bus	\$80	16927-02
3.5+	Frozen	\$80	16927-03

see more STEM Lab kits on page 13

### THE STEM LAB KITS: SOAP & GERM BUSTING EXPERIMENTS Online

Wow your young scientist with the importance of soap & hand-washing through two eye catching experiments. Then make your own themed soap to encourage hand washing behavior! Includes reusable molds. Choose from three different themes.

AGES	THEME	COST	ACTIVITY
3+	Unicorn	\$30	16928-01
3+	Dinosaur	\$30	16928-02
3+	Duck	\$30	16928-03

Shipping available for \$8

## THERAPEUTIC OUTDOOR EXPLORERS

### THERAPEUTIC OUTDOOR EXPLORERS PCC-Active Wing, 14800 34th Avenue N

The outdoors is a perfect way to support self-confidence, peer engagement, resilience, mindfulness, sensory processing, strengthening, motor coordination, body awareness, and executive functioning. Various fun and motivating activities will be lead by an occupational therapist to support the above areas. Instr: Michelle Pettit, Roots & Wings LLC.

AGES	DAY	DATE & TIME	COST	ACTIVITY
3-6	Th	March 28-May 16 10:00am-11:00am	Res \$250 Non Res \$275	12600-01

## SPORTS - ALL SPORTS

### ALLSPORTS - ABC PCC-Active Wing, 14800 34th Avenue N

Allsports ABC is a program of sports for young athletes to develop their agility, balance, and coordination for all sports. Will teach throwing, catching, and kicking using a variety of age appropriate equipment. Tennis shoes in the gym.

AGES	DAY	DATE & TIME	COST	ACTIVITY
3-5	Th	Jan 18-Feb 15 3:40pm-4:10pm	Res \$55 Non Res \$63	12216-01
3-5	Tu	Mar 12-Apr 9 3:40pm-4:10pm	Res \$55 Non Res \$63	12216-02

### ALLSPORTS-SPORTS STORY PCC-Active Wing, 14800 34th Avenue N

A program of sports skills and activities based around early reading books. Children will read through books such as the Room on the Broom and complete sports skills based on these stories. Skills such as throwing, catching, and basic movements for sport and fitness. Experienced PE and Pre K teach Ian Hall will lead the sessions. Wear tennis shoes in the gym.

AGES	DAY	DATE & TIME	COST	ACTIVITY
3-5	Th	Jan 18-Feb 15 3:00pm-3:30pm	Res \$55 Non Res \$63	12217-01
3-5	Tu	Mar 12-Apr 9 3:00pm-3:30pm	Res \$55 Non Res \$63	12217-02

## REVSPORTS BASKETBALL

PCC-Active Wing, 14800 34th Avenue N

RevSports basketball players learn and practice the fundamentals of basketball through individual player development. Each day will focus on a topic building on the previous topics including: dribbling, shooting, defending, passing, and more. Hoops range from 3-7 feet and adjusted for the ability level of each age group. All equipment is provided. Parents/guardians are expected to be present and ready to engage. Participants should wear tennis shoes in gym. This is not a league.

AGES	DAY	DATE & TIME	COST	ACTIVITY
2-3	M	Jan 8-Jan 29 5:00pm-5:25pm	Res \$65 Non Res \$75	I2212-01
3-4	M	Jan 8-Jan 29 5:30pm-6:10pm	Res \$65 Non Res \$75	I2212-02
4-5	M	Jan 8-Jan 29 6:15pm-6:55pm	Res \$65 Non Res \$75	I2212-03
5-6	M	Jan 8-Jan 29 7:00pm-7:40pm	Res \$65 Non Res \$75	I2212-04
2-3	M	Feb 5-Feb 26 5:00pm-5:25pm	Res \$65 Non Res \$75	I2212-05
3-4	M	Feb 5-Feb 26 5:30pm-6:10pm	Res \$65 Non Res \$75	I2212-06
4-5	M	Feb 5-Feb 26 6:15pm-6:55pm	Res \$65 Non Res \$75	I2212-07
5-6	M	Feb 5-Feb 26 7:00pm-7:40pm	Res \$65 Non Res \$75	I2212-08
2-3	M	Mar 4-Mar 25 5:00pm-5:25pm	Res \$65 Non Res \$75	I2212-09
3-4	M	Mar 4-Mar 25 5:30pm-6:10pm	Res \$65 Non Res \$75	I2212-10
4-5	M	Mar 4-Mar 25 6:15pm-6:55pm	Res \$65 Non Res \$75	I2212-11
5-6	M	Mar 4-Mar 25 7:00pm-7:40pm	Res \$65 Non Res \$75	I2212-12
2-3	M	Apr 1-Apr 22 5:00pm-5:25pm	Res \$65 Non Res \$75	I2212-13
3-4	M	Apr 1-Apr 22 5:30pm-6:10pm	Res \$65 Non Res \$75	I2212-14
4-5	M	Apr 1-Apr 22 6:15pm-6:55pm	Res \$65 Non Res \$75	I2212-15
5-6	M	Apr 1-Apr 22 7:00pm-7:40pm	Res \$65 Non Res \$75	I2212-16

AGES	DAY	DATE & TIME	COST	ACTIVITY
2-3	Th	Jan 11-Feb 1 5:00pm-5:25pm	Res \$65 Non Res \$75	I2212-17
3-4	Th	Jan 11-Feb 1 5:30pm-6:10pm	Res \$65 Non Res \$75	I2212-18
4-5	Th	Jan 11-Feb 1 6:15pm-6:55pm	Res \$65 Non Res \$75	I2212-19
5-6	Th	Jan 11-Feb 1 7:00pm-7:40pm	Res \$65 Non Res \$75	I2212-20
2-3	Th	Feb 8-Feb 29 5:00pm-5:25pm	Res \$65 Non Res \$75	I2212-21
3-4	Th	Feb 8-Feb 29 5:30pm-6:10pm	Res \$65 Non Res \$75	I2212-22
4-5	Th	Feb 8-Feb 29 6:15pm-6:55pm	Res \$65 Non Res \$75	I2212-23
5-6	Th	Feb 8-Feb 29 7:00pm-7:40pm	Res \$65 Non Res \$75	I2212-24
2-3	Th	Mar 7-Mar 28 5:00pm-5:25pm	Res \$65 Non Res \$75	I2212-25
3-4	Th	Mar 7-Mar 28 5:30pm-6:10pm	Res \$65 Non Res \$75	I2212-26
4-5	Th	Mar 7-Mar 28 6:15pm-6:55pm	Res \$65 Non Res \$75	I2212-27
5-6	Th	Mar 7-Mar 28 7:00pm-7:40pm	Res \$65 Non Res \$75	I2212-28
2-3	Th	Apr 4-Apr 25 5:00pm-5:25pm	Res \$65 Non Res \$75	I2212-29
3-4	Th	Apr 4-Apr 25 5:30pm-6:10pm	Res \$65 Non Res \$75	I2212-30
4-5	Th	Apr 4-Apr 25 6:15pm-6:55pm	Res \$65 Non Res \$75	I2212-31
5-6	Th	Apr 4-Apr 25 7:00pm-7:40pm	Res \$65 Non Res \$75	I2212-32

AGES	DAY	DATE & TIME	COST	ACTIVITY
2-3	Su	Jan 7-Jan 28 12:00pm-12:25pm	Res \$65 Non Res \$75	I2212-33
3-4	Su	Jan 7-Jan 28 12:30pm-1:10pm	Res \$65 Non Res \$75	I2212-34
4-5	Su	Jan 7-Jan 28 1:15pm-1:55pm	Res \$65 Non Res \$75	I2212-35
5-6	Su	Jan 7-Jan 28 2:00pm-2:40pm	Res \$65 Non Res \$75	I2212-36
2-3	Su	Feb 4-Feb 25 12:00pm-12:25pm	Res \$65 Non Res \$75	I2212-37
3-4	Su	Feb 4-Feb 25 12:30pm-1:10pm	Res \$65 Non Res \$75	I2212-38
4-5	Su	Feb 4-Feb 25 1:15pm-1:55pm	Res \$65 Non Res \$75	I2212-39
5-6	Su	Feb 4-Feb 25 2:00pm-2:40pm	Res \$65 Non Res \$75	I2212-40
2-3	Su	Mar 3-Mar 24 12:00pm-12:25pm	Res \$65 Non Res \$75	I2212-41
3-4	Su	Mar 3-Mar 24 12:30pm-1:10pm	Res \$65 Non Res \$75	I2212-42
4-5	Su	Mar 3-Mar 24 1:15pm-1:55pm	Res \$65 Non Res \$75	I2212-43
5-6	Su	Mar 3-Mar 24 2:00pm-2:40pm	Res \$65 Non Res \$75	I2212-44
2-3	Su	Apr 7-Apr 28 12:00pm-12:25pm	Res \$65 Non Res \$75	I2212-45
3-4	Su	Apr 7-Apr 28 12:30pm-1:10pm	Res \$65 Non Res \$75	I2212-46
4-5	Su	Apr 7-Apr 28 1:15pm-1:55pm	Res \$65 Non Res \$75	I2212-47
5-6	Su	Apr 7-Apr 28 2:00pm-2:40pm	Res \$65 Non Res \$75	I2212-48

# Preschool

## SPORTS - GYMNASTICS

### TUMBLING TYKES

Wayzata High School, 4955 Peony Lane

Emphasis on fun! Explore basic gymnastics skills and improve motor skills, including safe use of gymnastics equipment. Adult assistance is advised for three year old participants. Please enter through Door 30 of Wayzata High School. No program: 1/27, 1/28, 2/17, 2/18 & 5/12.

AGES	DAY	DATE & TIME	COST	ACTIVITY
3-4	Sa	Jan 6-Mar 9 9:00am-9:30am	Res \$130 Non Res \$140	12200-01
3-4	Sa	Jan 6-Mar 9 9:45am-10:15am	Res \$130 Non Res \$140	12200-02
3-4	Sa	Jan 6-Mar 9 2:00pm-2:30pm	Res \$130 Non Res \$140	12200-03
3-4	Su	Apr 4-May 19 9:00am-9:30am	Res \$98 Non Res \$108	12200-04
3-4	Su	Apr 7-May 19 9:45am-10:15am	Res \$98 Non Res \$108	12200-05
3-4	Su	Apr 7-May 19 1:30pm-2:00pm	Res \$98 Non Res \$108	12200-06
3-4	Su	Jan 14-Mar 17 11:00am-11:30am	Res \$130 Non Res \$140	12200-07
3-4	Su	Jan 14-Mar 17 11:45am-12:15pm	Res \$130 Non Res \$140	12200-08
3-4	Su	Jan 14-Mar 17 3:15pm-3:45pm	Res \$130 Non Res \$140	12200-09

## CANCELLATION POLICY

Requests for cancellations or transfers must be made at least one full week prior to the first class unless noted otherwise. See pg. 2.

## MARTIAL ARTS

### LITTLE TIGER

Ultimate Martial Arts, 147 Hamel Road

Learn basic self-defense and martial arts skills, develop coordination and flexibility. Basic kicks and punches taught through exercises and fun games. Earn belts and stickers. Instr: Tom Malone.

AGES	DAY	DATE & TIME	COST	ACTIVITY
4-6	Th	Jan 18-Feb 22 5:30pm-6:00pm	Res \$114 Non Res \$124	12208-01

### REVSORTS - NINJA WARRIOR FITNESS

PCC-Active Wing, 14800 34th Avenue N

RevSports Ninja Warrior Fitness participants will learn and practice the fundamentals of speed, agility, balance, and coordination through individual obstacles. Class involves ground-based obstacle training, active games, and individual challenges. All equipment is provided. Participants should wear tennis shoes. Parent is expected to be present and ready to engage with child.

AGES	DAY	DATE & TIME	COST	ACTIVITY
2-3	M	Mar 4-Mar 25 5:00pm-5:25pm	Res \$75 Non Res \$86	12402-01
3-5	M	Mar 4-Mar 25 5:30pm-6:10pm	Res \$75 Non Res \$86	12402-02
4-6	M	Mar 4-Mar 25 6:15pm-6:55pm	Res \$75 Non Res \$86	12402-03
6-9	M	Mar 4-Mar 25 7:00pm-7:40pm	Res \$75 Non Res \$86	12402-04
2-3	M	Apr 1-Apr 22 5:00pm-5:25pm	Res \$75 Non Res \$86	12402-05
3-5	M	Apr 1-Apr 22 5:30pm-6:10pm	Res \$75 Non Res \$86	12402-06
4-6	M	Apr 1-Apr 22 6:15pm-6:55pm	Res \$75 Non Res \$86	12402-07
6-9	M	Apr 1-Apr 22 7:00pm-7:40pm	Res \$75 Non Res \$86	12402-08

## SOCCER

### HAPPYFEET SOCCER

PCC-Active Wing, 14800 34th Avenue N

HappyFeet Soccer is the premier early development program, using imaginative play and play-to-learn concepts to teach real deceptive dribbling skills on the move. Using our friendly story time with a soccer ball approach, HappyFeet has received recognition by many early childhood education experts as the premiere preschool-age soccer program. Our curriculum is designed to foster your child's development and creativity with more time spent on skill acquisition. Our camps utilize fun, engaging activities to enhance skill acquisition and finishes with small side scrimmages. Equipment provided. For questions and or to purchase a jersey, reach us at [office@tchappyfeet.com](mailto:office@tchappyfeet.com) No Program: 1/25, 1/27, 4/4, 4/6.

AGES	DAY	DATE & TIME	COST	ACTIVITY
2-2	Th	Jan 11-Feb 8 9:30am-10:15am	Res \$80 Non Res \$92	12206-01
3-4	Th	Jan 11-Feb 8 10:20am-11:05am	Res \$80 Non Res \$92	12206-02
4-5	Th	Jan 11-Feb 8 11:10am-11:55am	Res \$80 Non Res \$92	12206-03
2-2	Th	Feb 22-Mar 14 9:30am-10:15am	Res \$80 Non Res \$92	12206-04
3-4	Th	Feb 22-Mar 14 10:20am-11:05am	Res \$80 Non Res \$92	12206-05
4-5	Th	Feb 22-Mar 14 11:10am-11:55am	Res \$80 Non Res \$92	12206-06
2-2	Th	Mar 28-Apr 25 9:30am-10:15am	Res \$80 Non Res \$92	12206-07
3-4	Th	Mar 28-Apr 25 10:20am-11:05am	Res \$80 Non Res \$92	12206-08
4-5	Th	Mar 28-Apr 25 11:10am-11:55am	Res \$80 Non Res \$92	12206-09





## HAPPYFEET SOCCER (CONTINUED FROM PG 22)

AGES	DAY	DATE & TIME	COST	ACTIVITY
4-5	Sa	Jan 13-Feb 10 1:00pm-1:45pm	Res \$80 Non Res \$92	12206-10
3-4	Sa	Jan 13-Feb 10 1:45pm-2:30pm	Res \$80 Non Res \$92	12206-11
2-2	Sa	Jan 13-Feb 10 2:30pm-3:15pm	Res \$80 Non Res \$92	12206-12
4-5	Sa	Feb 24-Mar 16 1:00pm-1:45pm	Res \$80 Non Res \$92	12206-13
3-4	Sa	Feb 24-Mar 16 1:45pm-2:30pm	Res \$80 Non Res \$92	12206-14
2-2	Sa	Feb 24-Mar 16 2:30pm-3:15pm	Res \$80 Non Res \$92	12206-15
4-5	Sa	Mar 30-Apr 27 1:00pm-1:45pm	Res \$80 Non Res \$92	12206-16
3-4	Sa	Mar 30-Apr 27 1:45pm-2:30pm	Res \$80 Non Res \$92	12206-17
2-2	Sa	Mar 30-Apr 27 2:30pm-3:15pm	Res \$80 Non Res \$92	12206-18

## REVSports - SOCCER

PCC-Active Wing, 14800 34th Avenue N

RevSports soccer participants learn and practice the fundamentals of soccer through individual player development. Each day will focus on a topic building on the previous topics including: dribbling, shooting, defending, passing, and more. All equipment is provided. Athletic footwear recommended. Parent is expected to be present and ready to engage with child. This is not a league

AGES	DAY	DATE & TIME	COST	ACTIVITY
2-3	Su	Jan 7-Jan 28 12:00pm-12:25pm	Res \$65 Non Res \$75	12210-01
3-5	Su	Jan 7-Jan 28 12:30pm-1:10pm	Res \$65 Non Res \$75	12210-02
4-6	Su	Jan 7-Jan 28 1:15pm-1:55pm	Res \$65 Non Res \$75	12210-03
5-7	Su	Jan 7-Jan 28 2:00pm-2:40pm	Res \$65 Non Res \$75	12210-04
2-3	Su	Feb 4-Feb 25 12:00pm-12:25pm	Res \$65 Non Res \$75	12210-05
3-5	Su	Feb 4-Feb 25 12:30pm-1:10pm	Res \$65 Non Res \$75	12210-06
4-6	Su	Feb 4-Feb 25 1:15pm-1:55pm	Res \$65 Non Res \$75	12210-07
5-7	Su	Feb 4-Feb 25 2:00pm-2:40pm	Res \$65 Non Res \$75	12210-08
2-3	Su	Mar 3-Mar 24 12:00pm-12:25pm	Res \$65 Non Res \$75	12210-09
3-5	Su	Mar 3-Mar 24 12:30pm-1:10pm	Res \$65 Non Res \$75	12210-10
4-6	Su	Mar 3-Mar 24 1:15pm-1:55pm	Res \$65 Non Res \$75	12210-11
5-7	Su	Mar 3-Mar 24 2:00pm-2:40pm	Res \$65 Non Res \$75	12210-12
2-3	Su	Apr 7-Apr 28 12:00pm-12:25pm	Res \$65 Non Res \$75	12210-13
3-5	Su	Apr 7-Apr 28 12:30pm-1:10pm	Res \$65 Non Res \$75	12210-14
4-6	Su	Apr 7-Apr 28 1:15pm-1:55pm	Res \$65 Non Res \$75	12210-15
5-7	Su	Apr 7-Apr 28 2:00pm-2:40pm	Res \$65 Non Res \$75	12210-16

AGES	DAY	DATE & TIME	COST	ACTIVITY
2-3	Th	Mar 7-Mar 28 5:00pm-5:25pm	Res \$65 Non Res \$75	12210-17
3-5	Th	Mar 7-Mar 28 5:30pm-6:10pm	Res \$65 Non Res \$75	12210-18
4-6	Th	Mar 7-Mar 28 6:15pm-6:55pm	Res \$65 Non Res \$75	12210-19
5-7	Th	Mar 7-Mar 28 7:00pm-7:40pm	Res \$65 Non Res \$75	12210-20
2-3	Th	Apr 4-Apr 25 5:00pm-5:25pm	Res \$65 Non Res \$75	12210-21
3-5	Th	Apr 4-Apr 25 5:30pm-6:10pm	Res \$65 Non Res \$75	12210-22
4-6	Th	Apr 4-Apr 25 6:15pm-6:55pm	Res \$65 Non Res \$75	12210-23
5-7	Th	Apr 4-Apr 25 7:00pm-7:40pm	Res \$65 Non Res \$75	12210-24



**WEATHER LINE**  
**763-509-5205**  
 call for updates on  
 class cancellations



# Preschool

## SPORTS - VOLLEYBALL

### REVSports VOLLEYBALL

PCC-Active Wing, 14800 34th Avenue N

RevSports Volleyball players learn and practice the fundamentals of volleyball through individual player development. Each day will focus on a topic building on the previous topics including: passing, setting, serving, and hitting. All equipment is provided. Softer and lighter-weight balls are used. A smaller net and court may be used to assist in skill development. Participants should wear tennis shoes in the gym. Parent is expected to be present and ready to engage with child. This is not a league.



AGES	DAY	DATE & TIME	COST	ACTIVITY
3-5	Tu	Jan 9-Jan 30 5:00pm-5:40pm	Res \$65 Non Res \$75	12213-01
4-6	Tu	Jan 9-Jan 30 5:45pm-6:25pm	Res \$65 Non Res \$75	12213-02
5-7	Tu	Jan 9-Jan 30 6:30pm-7:10pm	Res \$65 Non Res \$75	12213-03
7-9	Tu	Jan 9-Jan 30 7:15pm-7:55pm	Res \$65 Non Res \$75	12213-04
3-5	Tu	Feb 6-Feb 27 5:00pm-5:40pm	Res \$65 Non Res \$75	12213-05
4-6	Tu	Feb 6-Feb 27 5:45pm-6:25pm	Res \$65 Non Res \$75	12213-06
5-7	Tu	Feb 6-Feb 27 6:30pm-7:10pm	Res \$65 Non Res \$75	12213-07
7-9	Tu	Feb 6-Feb 27 7:15pm-7:55pm	Res \$65 Non Res \$75	12213-08
3-5	Tu	Mar 5-Mar 26 5:00pm-5:40pm	Res \$65 Non Res \$75	12213-09
4-6	Tu	Mar 5-Mar 26 5:45pm-6:25pm	Res \$65 Non Res \$75	12213-10
5-7	Tu	Mar 5-Mar 26 6:30pm-7:10pm	Res \$65 Non Res \$75	12213-11
7-9	Tu	Mar 5-Mar 26 7:15pm-7:55pm	Res \$65 Non Res \$75	12213-12
3-5	Tu	Apr 2-Apr 23 5:00pm-5:40pm	Res \$65 Non Res \$75	12213-13
4-6	Tu	Apr 2-Apr 23 5:45pm-6:25pm	Res \$65 Non Res \$75	12213-14
5-7	Tu	Apr 2-Apr 23 6:30pm-7:10pm	Res \$65 Non Res \$75	12213-15
7-9	Tu	Apr 2-Apr 23 7:15pm-7:55pm	Res \$65 Non Res \$75	12213-16

### SKYHAWKS VOLLEYBALL MINI-SPIKERS

PCC-Active Wing, 14800 34th Avenue N

It is never too early to learn volleyball. Cool games, special equipment and tons of fun all make each class awesome. Players should wear appropriate clothing and bring a water bottle.

AGES	DAY	DATE & TIME	COST	ACTIVITY
4-6	Sa	Jan 13-Feb 3 9:00am-9:45am	Res \$75 Non Res \$86	12209-01
4-6	Sa	Mar 23-Apr 13 1:00pm-1:45pm	Res \$75 Non Res \$86	12209-02

## SPORT SAMPLER

### SPORTS UNLIMITED SPORTS SAMPLER

PCC Fieldhouse, 14800 34th Avenue N

Explore baseball, soccer, soft lacrosse and flag football. Bring appropriate clothing (shin guards recommended for soccer), baseball glove, snack and water.

AGES	DAY	DATE & TIME	COST	ACTIVITY
4-6	Tu	Jan 9-Jan 30 4:30pm-6:00pm	Res \$84 Non Res \$96	12202-01
4-6	Tu	Feb 6-Feb 27 4:30pm-6:00pm	Res \$84 Non Res \$96	12202-02

# Preschool Playground Programs

## Little Adventures Camp at the Plymouth Community Center

Ages: 3-5

Days: Tuesday-Thursday

Time: 9:30-11:30am

Cost: Res \$45, Non-Res \$54

### location:

Plymouth Community Center - Youth Room  
14800 34th Ave. N

Kids have a great time learning, playing and meeting new friends. Crafts, games, stories, songs and more. Designed to enhance your child's social and emotional growth, increase independence and promote creative play.

Each week will have a different theme. Children participate without parent and must be toilet trained. Staff ratio is 1:5.

Please bring a nut-free snack and water for your child each day. T-shirt included.

**Parent handbooks will be emailed out in the Spring.**

THEME	DATES	ACTIVITY NUMBER
Wide World of Sports	June 18-June 20	22311-01
Mickey Mouse & Friends	June 25-June 27	22311-02
Music Mania	July 9-July 11	22311-03
Princess & Superhero	July 16-July 18	22311-04
Little Chefs	July 23-July 25	22311-05
The 4 Seasons	Jul 30-Aug 1	22311-06
Favorite Fairy Tales	Aug 6-Aug 8	22311-07



# Youth Playground Programs

## Park All Day

Ages: 5-10  
Days: Monday-Friday  
Time: 8:00am-4:30pm  
Cost: Res \$185, Non-Res \$205

This program gives kids the opportunity to spend a big part of their summer at the park. Each day will include structured games, crafts and activities and free play. Participants should bring a lunch and beverage each day as well as a few snacks. Each week will include a field trip. It is recommended that kids have completed Kindergarten. Kids who are 11 and have just completed fifth grade may be eligible to register, please call our office. All sites have air conditioning.

**Parent handbooks will be emailed out in the Spring.**

\* No Park All Day on June 19. Cost for the week is: Res \$148 Non Res \$164



BASS LAKE PLAYFIELD 5450 Northwest Blvd	PARKERS LAKE PARK 15205 Co. Road 5	PLYMOUTH COMMUNITY CENTER 14800 34th Avenue N	PLYMOUTH CREEK PLAYFIELD 3625 Fernbrook Lane N	ZACHARY PLAYFIELD 4355 Zachary Lane
June 17-June 21 * 23353-01	June 17-June 21 * 23345-01	June 17-June 21 * 23312-01	June 17-June 21 * 23396-01	June 17-June 21 * 23387-01
June 24-June 28 23353-02	June 24-June 28 23345-02	June 24-June 28 23312-02	June 24-June 28 23396-02	June 24-June 28 23387-02
July 8-July 12 23353-03	July 8-July 12 23345-03	July 8-July 12 23312-03	July 8-July 12 23396-03	July 8-July 12 23387-03
July 15-July 19 23353-04	July 15-July 19 23345-04	July 15-July 19 23312-04	July 15-July 19 23396-04	July 15-July 19 23387-04
July 22-July 26 23353-05	July 22-July 26 23345-05	July 22-July 26 23312-05	July 22-July 26 23396-05	July 22-July 26 23387-05
July 29-August 2 23353-06	July 29-August 2 23345-06	July 29-August 2 23312-06	July 29-August 2 23396-06	July 29-August 2 23387-06
August 5-August 9 23353-07	August 5-August 9 23345-07	August 5-August 9 23312-07	August 5-August 9 23396-07	August 5-August 9 23387-07



## ARTS - ABRAKADOODLE

### ABRAKADOODLE - ART CLUB RELOADED

PCC-Education Wing, 14800 34th Avenue N

Learn tricks that make art magic! In this award-winning program, you will learn cool art techniques and effects as we draw, paint, and sculpt, amazing masterpieces. Watercolor, air dry clay and more are part of this amazing class.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-10	Tu	Jan 9-Jan 30 6:30pm-7:30pm	Res \$85 Non Res \$95	13100-01

### ABRAKADOODLE - SPARKLE AND SHIMMER

PCC-Education Wing, 14800 34th Avenue N

We'll have a blast drawing, sculpting, and painting then bringing your art to the next level with sequins, gems, and sparkles. Bring a nut-free snack and beverage

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-10	Sa	Jan 20 9:00am-12:00pm	Res \$65 Non Res \$70	13102-01

### ABRAKADOODLE - ULTIMATE CLAY STUDIO

PCC-Education Wing, 14800 34th Avenue N

Learn how to sculpt, coil, slab, and pinch clay to make super cute, and fun creations out of air-dry clay.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-10	Th	Feb 15-Mar 7 6:30pm-7:30pm	Res \$85 Non Res \$95	13101-01

### ABRAKADOODLE - ART AND BUILDING BLOCKS

PCC-Education Wing, 14800 34th Avenue N

This class is packed with extra fun brick building activities and amazing art projects for you to take home. Have a blast with your friends as you take your creativity to the next level.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-10	Th	Mar 14-Apr 4 6:30pm-7:30pm	Res \$85 Non Res \$95	13103-01

### ABRAKADOODLE - ART SAMPLER

PCC-Education Wing, 14800 34th Avenue N

Have a blast in this class as we explore different techniques, different materials and mediums. We'll draw, collage, sculpt with air dry clay, and paint. Bring a nut-free snack and beverage.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-10	Sa	Mar 30 9:00am-12:00pm	Res \$65 Non Res \$70	13133-01

### ABRAKADOODLE - ART AND PIZZA PARTY

PCC-Education Wing, 14800 34th Avenue N

Join us as we have a blast creating amazing art projects enjoying a slice of pizza. Drawing, painting and modeling clay all are part of this fun class. Bring a nut-free snack and beverage.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-10	Sa	May 11 9:00am-12:00pm	Res \$65 Non Res \$70	13128-01

### ABRAKADOODLE - PAINT AND CLAY

PCC-Education Wing, 14800 34th Avenue N

If you love painting and sculpting with clay, this class is one of a kind for you. In this awesome class, we'll create and sculpt with air dry clay, learn some drawing techniques and paint with watercolors. Bring a nut-free snack and beverage.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-10	Sa	May 18 9:00am-12:00pm	Res \$65 Non Res \$70	13109-01

## ARTISTIC MOMENTS

### ARTISTIC MOMENTS - FONDANT CUPCAKE DECORATING

PCC-Education Wing, 14800 34th Avenue N

Have you ever used fondant to decorate cupcakes? Fondant is a 'Play-Doh-like' edible icing used to create fun designs on cupcakes. Learn how to roll, cut, and sculpt colorful fondant into a wide variety of shapes and sizes. You will have fun creating festive cupcakes for any occasion! Please Note: Cupcakes are purchased through Cub Foods. If you have any food allergies, please contact the Cub Foods Bakery to inquire about all ingredients used in these products. Instr: Kris Holtmeyer, Artistic Moments.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-12	M	Apr 8 5:00pm-7:00pm	Res \$45 Non Res \$50	13126-01

## EASY CRAFTS

### EASY CRAFTS - A MAGICAL DAY

PCC-Education Wing, 14800 34th Avenue N

Fairies, unicorns, and rainbows! Spend a magical day with us painting, coloring and crafting. We will busy creating several awesome crafts. Wear an outfit that can get dirty and bring a nut-free snack, lunch, and a water bottle. Instr: Stefania Luca.

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-11	F	Jan 26 9:00am-4:00pm	Res \$100 Non Res \$105	13104-01

### EASY CRAFTS - OUT OF THIS WORLD

PCC-Education Wing, 14800 34th Avenue N

We will use our imagination to build a house for our aliens and their families and will try our hand at some fun STEM challenges. Bring a nut-free snack, lunch, and a water bottle. Instr: Stefania Luca.

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-11	Th	Feb 15 9:00am-4:00pm	Res \$90 Non Res \$95	13105-01

# Do-At-Home Art Kits

## FROM KIDCREATE STUDIO

### CLAY HEART TRINKET BOX

Online

With this art kit, artists will use a hand building technique to sculpt a heart-shaped trinket box. This kit is perfect for Valentine's Day... or any day when you want to show a little love! Art Kits include supplies along with video link instructions. You will receive an email confirmation when your kit is available for pickup.

AGES	COST	ACTIVITY
5-12	\$20	13140-01

### FAIRY HOUSE

Online

The kids will construct a magical place for their fairy friends to live out of Model Magic® clay. Art Kits include supplies along with video link instructions. You will receive an email confirmation when your kit is available for pickup.

AGES	COST	ACTIVITY
5-12	\$20	13142-01



### ST PATRICK'S DAY RAINBOW ON CANVAS

Online

With this art kit, artists will learn elements of color theory as they paint a rainbow on a real canvas board. Best of all, there's a pot of gold at the end of this rainbow that really glows in the dark! Art Kits include supplies along with video link instructions. You will receive an email confirmation when your kit is available for pickup.

AGES	COST	ACTIVITY
5-12	\$20	13141-01

### KIDCREATE STUDIO - A DAY WITH MONET

PCC-Education Wing, 14800 34th Avenue N

See the world through the eyes of Claude Monet. Beautiful bridges, water lilies and birch trees are just a few things that will inspire your young artist. We'll learn about Claude Monet and the style of art he helped make famous as we create reproductions of his masterpieces. Please pack a nut-free lunch, snack and drink for your child.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-12	Tu	Jan 2 9:00am-3:00pm	Res \$126 Non Res \$136	13108-01

### KIDCREATE STUDIO - FROSTY THE SNOWMAN

PCC-Education Wing, 14800 34th Avenue N

We will create snowman themed art using a variety of different art materials. We'll create corncob pipes, button noses and so much more out of Model Magic® clay, paint, and air-dry clay.

AGES	DAY	DATE & TIME	COST	ACTIVITY
4-9	Sa	Jan 6 9:30am-10:30am	Res \$42 Non Res \$48	13106-01

### KIDCREATE STUDIO - PET SHOP

PCC-Education Wing, 14800 34th Avenue N

In this critter-filled camp, their dream will come true... sort of! We'll work with clay, paint and draw pets of all shapes and sizes. No trips to the pet store are required!

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-12	W	Feb 7-Feb 28 6:30pm-7:30pm	Res \$90 Non Res \$98	13107-01

## ARTS - KIDCREATE STUDIO

### KIDCREATE STUDIO - CELEBRATING BLACK ARTISTS

PCC-Education Wing, 14800 34th Avenue N

We'll create artwork inspired by some amazing Black American artists. We'll paint, cut, and collage our way from the Harlem Renaissance to the present-day. We'll even create our very own self-portrait in the style of famed contemporary portraitist, Amy Sherald. Please pack a nut-free lunch, snack and drink for your child.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-12	M	Feb 19 9:00am-3:00pm	Res \$126 Non Res \$136	13110-01

### KIDCREATE STUDIO - APRIL FOOL'S DAY FUN

PCC-Education Wing, 14800 34th Avenue N

We'll get simply silly as we get ready to celebrate Apr Fool's Day by creating some unbelievably hilarious craft pranks. Get ready for a good time, this class is sure to tickle your funny bone! Please pack a nut-free snack and drink for your child.

AGES	DAY	DATE & TIME	COST	ACTIVITY
4-9	M	Apr 1 1:00pm-4:00pm	Res \$58 Non Res \$65	13123-01

### KIDCREATE STUDIO SCENT-SATIONAL ART

PCC-Education Wing, 14800 34th Avenue N

Come learn the secret ingredients for sweet-smelling artwork as we create cute pointillism cupcakes, a field of tulips, and more. Yes, you read it all right- this class is full of scratch and sniff artwork that smells as sweet as it looks! Please pack a nut-free snack and drink for your child each day.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-12	Tu,W	Apr 2-Apr 3 9:00am-12:00pm	Res \$126 Non Res \$136	13144-01

### KIDCREATE STUDIO- SIMPLY SILLY STUFF ART CAMP

PCC-Education Wing, 14800 34th Avenue N

Get ready to go bananas with all the silly stuff you'll create in this camp! A messy monster made of mush. A cute 3D goldfish to bring home and your very own pop-up art! This combination of wacky projects will teach you all sorts of simply silly stuff you never thought artistically possible. Please pack a nut-free snack and drink for your child each day.

AGES	DAY	DATE & TIME	COST	ACTIVITY
4-9	Th,F	Apr 4-Apr 5 1:00pm-4:00pm	Res \$126 Non Res \$136	13145-01

### KIDCREATE STUDIO - KAWAII CUTE

PCC-Education Wing, 14800 34th Avenue N

You are going to love creating these kawaii-style projects. We'll be using clay, paint, and Model Magic as we make these adorable masterpieces that emphasize the true quality of cuteness. We will make a teeny tiny succulent garden, draw a happy avocado, and sculpt a teddy bear macaroon.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-12	Tu	Apr 9-Apr 30 6:30pm-7:30pm	Res \$90 Non Res \$98	13122-01

### KIDCREATE STUDIO - GARDEN GNOME

PCC-Education Wing, 14800 34th Ave N

Come explore the art of contour-line drawing while creating an adorable gnome on canvas. Best of all, these cute little guys will be drawn and painted all on a real canvas board! Please pack a nut-free snack and drink for your child.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-12	Sa	May 4 1:00pm-2:00pm	Res \$42 Non Res \$48	13148-01

### KIDCREATE STUDIO - DRAWING MADE EASY

PCC-Education Wing, 14800 34th Avenue N

For each drawing project, students will learn a simple step-by-step method as they draw well-dressed llamas, cute kittens, adorable pandas, and more.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-12	Th	May 9-May 30 6:30pm-7:30pm	Res \$90 Non Res \$98	13124-01



**WEATHER LINE**  
**763-509-5205**

call for updates on  
class cancellations

# Youth

## ARTS - DANCE

### BALLET & TAP

This class will focus on ballet and tap technique, alignment, and steps at the appropriate level for each class. Students will use these skills to perform fun and challenging ballet and tap sequences expanded each week. Pink ballet shoes, black tap shoes, and leotards/tights or active wear are needed. Instr: City of Plymouth Dance Staff. Program fee includes 2 costumes and recital.

### BALLET & TAP (AGES 5-6)

PCC-Active Wing, 14800 34th Avenue N

No program: 1/15, 2/19, 3/30.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-6	M	Jan 8-Apr 29 5:45pm-6:30pm	Res \$263 Non Res \$278	13118-01
5-6	Sa	Jan 13-Apr 27 9:35am-10:20am	Res \$263 Non Res \$278	13118-02

### BALLET & TAP (AGES 7-8)

PCC-Active Wing, 14800 34th Avenue N

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-8	Tu	Jan 9-Apr 23 5:50pm-6:50pm	Res \$290 Non Res \$306	13134-01

### BALLET & TAP (AGES 9-12)

PCC-Active Wing, 14800 34th Avenue N

12 year-olds who have at least two years of dance experience may register for 12+ Ballet and Tap (see Teen section). No program: 1/15, 2/19.

AGES	DAY	DATE & TIME	COST	ACTIVITY
9-12	M	Jan 8-Apr 29 6:30pm-8:00pm	Res \$288 Non Res \$303	13119-01

### CONTEMPORARY MODERN (AGES 9-12)

PCC-Active Wing, 14800 34th Avenue N

This class will focus on creative movement and expression through dance. Students will learn contemporary modern dance technique and choreography and expand understanding of improvisation and dance composition. This is a great class for students looking to expand their dance vocabulary. Students will dance barefoot. Instr: City of Plymouth Dance staff. Program fees include costume and recital. 12 year-olds who have at least two years of dance experience may register for 12+ Modern.

AGES	DAY	DATE & TIME	COST	ACTIVITY
9-12	Tu	Jan 9-Apr 23 6:55pm-7:45pm	Res \$255 Non Res \$271	13120-01

### CREATIVE MODERN (AGES 5-8)

PCC-Active Wing, 14800 34th Avenue N

Participants will create their own choreography, explore modern dance technique, and play interactive creative movement games. Leotards/tights and/or active wear required. Students will dance barefoot. Instr: City of Plymouth Dance Staff. Program fee includes costume and recital.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-8	Th	Jan 11-Apr 25 5:35pm-6:15pm	Res \$250 Non Res \$266	13137-01

### JAZZ & HIP HOP (AGES 5-7)

PCC-Active Wing, 14800 34th Avenue N

This high-energy class will focus on Jazz and Hip Hop styles and technique. Students will experiment with rhythm, energy, and musicality while they learn fast-paced choreography and practice big movements and performance qualities. Tennis shoes, black jazz shoes, and activewear are needed. Instr: City of Plymouth Dance Staff. No program: 3/30. Program fee includes 2 costumes and recital.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-7	Sa	Jan 13-Apr 27 12:15pm-1:00pm	Res \$258 Non Res \$273	13121-01

### JAZZ & HIP HOP (AGES 8-11)

PCC-Active Wing, 14800 34th Avenue N

This high-energy class will focus on Jazz and Hip Hop styles and technique. Students will experiment with rhythm, energy, and musicality while they learn fast-paced choreography and practice big movements and performance qualities. Instr: City of Plymouth Dance Staff. No program: 3/30. Program fee includes 2 costumes and recital.

AGES	DAY	DATE & TIME	COST	ACTIVITY
8-11	Sa	Jan 13-Apr 27 11:00am-12:15pm	Res \$293 Non Res \$308	13156-01

### MUSICAL THEATRE JAZZ (AGES 8-11)

PCC-Active Wing, 14800 34th Avenue N

This class will inspire the future Broadway star with upbeat, theatrical jazz choreography, complete with music from your favorite musicals. Black jazz shoes and activewear required. Instr: City of Plymouth Dance Staff. Program fee includes costume and recital.

AGES	DAY	DATE & TIME	COST	ACTIVITY
8-11	Th	Jan 11-Apr 25 6:15pm-7:00pm	Res \$255 Non Res \$271	13136-01

### YOUTH BALLROOM AND LATIN DANCE (AGES 7-10)

PCC-Active Wing, 14800 34th Avenue N

Learn the dances you see on "Dancing with the Stars." This class will focus on beginning ballroom and Latin dance technique. Kids will learn partnered dances such as cha, cha, samba, rumba, tango, waltz, and more. They will be introduced to the fundamental understanding of music, basic steps, figures, coordination, and rhythm. No partner needed. Please wear comfortable shoes. Girls please wear black leotard with pink tights and skirt. Boys please wear black pants and black shirt. Instr: Zhanna Khenkin.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-10	Su	Jan 14-Mar 17 11:00am-11:45am	Res \$185 Non Res \$195	13165-01



## ARTS - MUSIC

### BACH TO ROCK - DJ 101

Bach to Rock, 4345 Nathan Ln N

This class offers students hands-on experience while learning the fundamentals of mixing songs, scratching sounds, and DJ music theory. No DJ Experience required.

AGES	DAY	DATE & TIME	COST	ACTIVITY
10-16	Sa	Jan 13-Feb 17 2:00pm-3:00pm	Res \$270 Non Res \$297	13159-01
10-16	Sa	Mar 9-Apr 13 2:00pm-3:00pm	Res \$270 Non Res \$297	13159-02

### BACH TO ROCK - KIDS N KEYS

Bach to Rock, 4345 Nathan Ln N

This class introduces kids to the fundamentals of music and piano playing in a fun group setting.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-7	M	Jan 8-Feb 12 4:00pm-4:45pm	Res \$231 Non Res \$254	13160-01
5-7	W	Jan 10-Feb 14 2:30pm-3:15pm	Res \$231 Non Res \$254	13160-02
5-7	Sa	Jan 13-Feb 17 10:30am-11:15am	Res \$231 Non Res \$254	13160-03
5-7	Sa	Jan 13-Feb 17 11:30am-12:15pm	Res \$231 Non Res \$254	13160-04
5-7	M	Mar 4-Apr 8 4:00pm-4:45pm	Res \$231 Non Res \$254	13160-05
5-7	W	Mar 6-Apr 10 2:30pm-3:15pm	Res \$231 Non Res \$254	13160-06
5-7	Sa	Mar 9-Apr 13 10:30am-11:15am	Res \$231 Non Res \$254	13160-07
5-7	Sa	Mar 9-Apr 13 11:30am-12:15pm	Res \$231 Non Res \$254	13160-08

### BACH TO ROCK - DRUMS 101

Bach to Rock, 4345 Nathan Ln N

Learning drums in a group setting, ending the series with performance.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-14	W	Jan 10-Feb 14 12:00pm-1:00pm	Res \$212 Non Res \$233	13151-01
7-14	Th	Jan 11-Feb 15 4:30pm-5:30pm	Res \$212 Non Res \$233	13151-02
7-14	W	Mar 6-Apr 10 12:00pm-1:00pm	Res \$212 Non Res \$233	13151-03
7-14	Th	Mar 7-Apr 11 4:30pm-5:30pm	Res \$212 Non Res \$233	13151-04

### BACH TO ROCK - FUN WITH MUSIC

Bach to Rock, 4345 Nathan Ln N

We'll focus on core instruments each week (Guitar, Drums, Vocals, Ukulele, Keys) learning basics and roles of what makes up a band. Perfect for those who aren't ready to commit to a specific instrument yet or play in a school band/orchestra and are interested in modern music.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-14	W	Jan 10-Feb 14 3:30pm-4:30pm	Res \$212 Non Res \$233	13158-01
7-14	W	Mar 6-Apr 10 3:30pm-4:30pm	Res \$212 Non Res \$233	13158-02

### BACH TO ROCK - GLEE CLUB

Bach to Rock, 4345 Nathan Ln N

The B2R Glee Club provides a group learning experience that emphasizes reading music, intonation, listening skills, rhythm, and healthy vocal technique. The club will also get to show off its talent at an exclusive live or virtual performance.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-14	Tu	Jan 9-Feb 13 6:00pm-7:00pm	Res \$224 Non Res \$246	13138-01
7-14	W	Jan 10-Feb 14 5:30pm-6:30pm	Res \$224 Non Res \$246	13138-02
7-14	Th	Jan 11-Feb 15 5:30pm-6:30pm	Res \$224 Non Res \$246	13138-03
7-14	Tu	Mar 5-Apr 9 6:00pm-7:00pm	Res \$224 Non Res \$246	13138-04
7-14	W	Mar 6-Apr 10 5:30pm-6:30pm	Res \$224 Non Res \$246	13138-05
7-14	Th	Mar 7-Apr 11 5:30pm-6:30pm	Res \$224 Non Res \$246	13138-06

### BACH TO ROCK - GUITAR 101

Bach to Rock, 4345 Nathan Ln N

Learning guitar in a group setting, ending the series with performance.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-14	M	Jan 8-Feb 12 6:00pm-7:00pm	Res \$212 Non Res \$233	13150-01
7-14	Sa	Jan 13-Feb 17 4:00pm-5:00pm	Res \$212 Non Res \$233	13150-02
7-14	M	Mar 4-Apr 8 6:00pm-7:00pm	Res \$212 Non Res \$233	13150-03
7-14	Sa	Mar 9-Apr 13 4:00pm-5:00pm	Res \$212 Non Res \$233	13150-04

## ARTS - MUSIC

### BACH TO ROCK - MUSIC PRODUCTION 101

Bach to Rock, 4345 Nathan Ln N

Learn about music production in a group setting, ending the series with a performance.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-14	Tu	Jan 9-Feb 13 2:00pm-3:00pm	Res \$212 Non Res \$233	13153-01
7-14	W	Jan 10-Feb 14 6:00pm-7:00pm	Res \$212 Non Res \$233	13153-02
7-14	Tu	Mar 5-Apr 9 2:00pm-3:00pm	Res \$212 Non Res \$233	13153-03
7-14	W	Mar 6-Apr 10 6:00pm-7:00pm	Res \$212 Non Res \$233	13153-04

### BACH TO ROCK - ROCK BAND

Bach to Rock, 4345 Nathan Ln N

Bach to Rock provides a group class designed for students for all levels enabling them to be playing full songs by the end of the series. Classes culminate in a virtual/public performance and CD recording.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-14	W	Jan 10-Feb 14 4:30pm-5:30pm	Res \$246 Non Res \$270	13139-01
7-14	Th	Jan 11-Feb 15 1:00pm-2:00pm	Res \$246 Non Res \$270	13139-02
7-14	W	Mar 6-Apr 10 4:30pm-5:30pm	Res \$246 Non Res \$270	13139-03
7-14	Th	Mar 7-Apr 11 1:00pm-2:00pm	Res \$246 Non Res \$270	13139-04

### BACH TO ROCK - SONGWRITING 101

Bach to Rock, 4345 Nathan Ln N

Learn about songwriting in a group setting, ending the series with performance.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-14	W	Jan 10-Feb 14 1:00pm-2:00pm	Res \$212 Non Res \$233	13152-01
7-14	Th	Jan 11-Feb 15 4:00pm-5:00pm	Res \$212 Non Res \$233	13152-02
7-14	W	Mar 6-Apr 10 1:00pm-2:00pm	Res \$212 Non Res \$233	13152-03
7-14	Th	Mar 7-Apr 11 4:00pm-5:00pm	Res \$212 Non Res \$233	13152-04

### BACH TO ROCK - UKULELE 101

Bach to Rock, 4345 Nathan Ln N

Learning ukulele in a group setting, ending the series with performance.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-14	W	Jan 3-Feb 14 5:00pm-6:00pm	Res \$212 Non Res \$233	13149-01
7-14	Sa	Jan 13-Feb 17 3:00pm-4:00pm	Res \$212 Non Res \$233	13149-02
7-14	W	Mar 6-Apr 10 5:00pm-6:00pm	Res \$212 Non Res \$233	13149-03
7-14	Sa	Mar 9-Apr 13 3:00pm-4:00pm	Res \$212 Non Res \$233	13149-04

### BACH TO ROCK - GLEE CLUB CAMP

Bach to Rock, 4345 Nathan Ln N

This choral ensemble offers a dynamic atmosphere for students to unlock their inner star! We'll explore fun vocal exercises, singing in harmony, and cool choreography while performing arrangements of popular songs. This group learning experience emphasizes reading music, intonation, listening skills, rhythm, and healthy vocal technique.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-14	M-F	Apr 1-Apr 5 9:00am-12:30pm	Res \$279 Non Res \$306	13162-01

### BACH TO ROCK - ROCK BAND CAMP

Bach to Rock, 4345 Nathan Ln N

Our professional band coaches work closely with students and direct and train the bands. Students are placed in compatible bands by their age and ability. Bands make up 4-6 players and vocalist.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-14	M-F	Apr 1-Apr 5 9:00am-4:00pm	Res \$379 Non Res \$417	13161-01

### BACH TO ROCK - DJ CAMP

Bach to Rock, 4345 Nathan Ln N

This class offers students hands-on experience while learning the fundamentals of mixing songs, scratching sounds and DJ music theory. No DJ experience required.

AGES	DAY	DATE & TIME	COST	ACTIVITY
10-16	M-F	Apr 1-Apr 5 12:30pm-4:00pm	Res \$279 Non Res \$306	13163-01

## ARTS - MUSIC

### SCHOOL OF ROCK - CELEBRATING TAYLOR SWIFT

School of Rock, 312 Clydesdale Trail

What's more fun than being in a band? NOTHING! In this month-long group band class, students will learn to play a song from Grammy-winning singer / songwriter Taylor Swift! And they won't just learn on one instrument...they'll learn them all - guitar, bass, keyboards, drums and vocals. Students will be exposed to essential fundamentals like music theory, pitch and rhythm, with a focus on teamwork and collaboration. The class combines fun with practical learning, and celebrates one of music's biggest superstars.

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-7	Sa	Jan 6-Jan 27 1:15pm-2:15pm	Res \$162 Non Res \$178	13166-01
6-7	Sa	Feb 3-Feb 24 1:15pm-2:15pm	Res \$162 Non Res \$178	13166-02
6-7	Sa	Mar 2-Mar 23 1:15pm-2:15pm	Res \$162 Non Res \$178	13166-03
6-7	Sa	Apr 6-Apr 27 1:15pm-2:15pm	Res \$162 Non Res \$178	13166-04

## THEATER WORKSHOPS

### THEATER WORKSHOP

These theatrical workshops will use games and activities to help students learn the basics of acting such as; using your voice on stage, building a character and stage positions. Using props, music and costume pieces, we'll present a final production for family and friends on the final day of class. Please wear closed-toe shoes and dress comfortably. Each one of our theater classes represents a "cast" of students. We rely on each and every cast member to be in class each day, so we can create our final performance. Thank you in advance for only registering your child if they can be with us every day. Instr: Deborah Schee

### THEATER WORKSHOP - BROADWAY KIDS - MATILDA PCC-Event Wing, 14800 34th Avenue N

Matilda, a precocious little girl who loves reading, attends a school that is more like a prison. Miss Trunchbull, the headmistress, despises children and insists that they must be treated with discipline, punishment, and rules. We'll bring this story to life through singing, dancing, and acting.

AGES	DAY	DATE & TIME	COST	ACTIVITY
8-12	Tu	Apr 16-Apr 30 4:30pm-6:00pm	Res \$94 Non Res \$103	13111-01

### THEATER WORKSHOP - DISNEY DESCENDANTS PCC-Event Wing, 14800 34th Avenue N

What would happen if Belle and the Beast got married and had a son? What about Cinderella and Prince Charming? Disney Descendants is all about those children; both good and evil. Our class production will bring all of these characters together on stage as the battle for Auradon plays out. Who will be victorious?

AGES	DAY	DATE & TIME	COST	ACTIVITY
8-12	Tu	May 7-May 21 4:30pm-6:00pm	Res \$94 Non Res \$103	13112-01

## WRITING

### KIDS GUIDE TO WRITING SHORT STORIES

PCC-Education Wing, 14800 34th Avenue N

Join us and explore different ways to come up with story ideas, and then shape them into engaging, fun stories—complete with characters, plot, and setting—that you can share with all your friends! Instr: The Loft.

AGES	DAY	DATE & TIME	COST	ACTIVITY
8-12	Tu	Feb 6 6:30pm-7:30pm	Res \$65 Non Res \$74	13132-01

### WHEEL POTTERY

PCC-Education Wing, 14800 34th Avenue N

Learn the basics of wheel sculpting with ceramic clay. Will cover throwing and glazing techniques. Make projects to take home at the end of the session. No experience necessary. All supplies included in the course fee. Instr: Adama Sow.

AGES	DAY	DATE & TIME	COST	ACTIVITY
8-15	W	Feb 7-Feb 28 4:30pm-6:30pm	Res \$135 Non Res \$144	13135-01
8-15	W	Mar 6-Mar 27 4:30pm-6:30pm	Res \$135 Non Res \$144	13135-02
8-15	W	Apr 10-May 1 4:30pm-6:30pm	Res \$135 Non Res \$144	13135-03
8-15	W	May 8-May 29 4:30pm-6:30pm	Res \$135 Non Res \$144	13135-04

### CENTER FOR ACADEMIC EXCELLENCE: ACT/SAT/PSAT

Locations Vary

For middle school and high school students who are getting ready to take the training for National Merit Scholarships (PSAT), and other College Admission Tests like the ACT and SAT. ACT/ SAT No program 2/13, 2/15 and 2/17.

AGES	DAY	DATE & TIME	COST	ACTIVITY
<b>PCC-Education Wing, 14800 34th Avenue N</b>				
13-16	Th	Jan 11-Mar 28 6:30pm-7:30pm	Res \$329 Non Res \$329	13368-02
<b>St Barnabas Lutheran Church, 15600 Old Rockford Rd</b>				
13-16	Tu	Jan 9-Mar 26 6:30pm-7:30pm	Res \$329 Non Res \$329	13368-01
13-16	Sa	Jan 13-Mar 30 11:00am-11:50am	Res \$329 Non Res \$329	13368-03

### CENTER FOR ACADEMIC EXCELLENCE: HINDI St Barnabas Lutheran Church, 15600 Old Rockford Rd

Provides engagements with a native speaking instructor under the linguistic director and requires participation in the language laboratory. Lessons use a gradual, building block immersion, with creative and entertaining graphics and visuals to help children learn fast. No program: 2/17.

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-13	Sa	Jan 13-Mar 30 10:00am-10:50pm	Res \$189 Non Res \$189	13369-01

### CENTER FOR ACADEMIC EXCELLENCE: MATHWIZ ALGEBRA

Locations vary

The program is tailored to middle and high school students who wish to learn Algebra I and test out of their school-level math courses. No program 2/13, 2/14, 2/15, 2/17.

AGES	DAY	DATE & TIME	COST	ACTIVITY
<b>Online</b>				
10-13	W	Jan 10-Mar 27 6:00pm-6:50pm	Res \$289 Non Res \$289	13363-02
<b>PCC-Education Wing, 14800 34th Avenue N</b>				
10-13	Th	Jan 11-Mar 28 6:00pm-6:50pm	Res \$289 Non Res \$289	13363-03
<b>St Barnabas Lutheran Church, 15600 Old Rockford Rd</b>				
10-13	Tu	Jan 9-Mar 26 6:00pm-6:50pm	Res \$289 Non Res \$289	13363-01
10-13	Sa	Jan 13-Mar 30 10:00am-10:50am	Res \$289 Non Res \$289	13363-04

See online for Center for  
Academic Excellence Spring classes.

### CENTER FOR ACADEMIC EXCELLENCE: MATHWIZ FOR ELEMENTARY

Locations vary

Designed to help students understand pre-algebra and algebra concepts and further enrich their investigative and reasoning skills. No program: 2/13, 2/14, 2/15, 2/17.

AGES	DAY	DATE & TIME	COST	ACTIVITY
<b>Online</b>				
5-12	W	Jan 10-Mar 27 6:00pm-6:50pm	Res \$289 Non Res \$289	13361-02
<b>PCC-Education Wing, 14800 34th Avenue N</b>				
5-12	Tu	Jan 9-Mar 26 6:00pm-6:50pm	Res \$289 Non Res \$289	13361-01
<b>St Barnabas Lutheran Church, 15600 Old Rockford Rd</b>				
5-12	Th	Jan 11-Mar 28 6:00pm-6:50pm	Res \$289 Non Res \$289	13361-03
5-12	Sa	Jan 13-Mar 30 10:00am-10:50am	Res \$289 Non Res \$289	13361-04

### CENTER FOR ACADEMIC EXCELLENCE: QUIZ BOWL St Barnabas Lutheran Church, 15600 Old Rockford Rd

Participate in buzzer-based academic quiz-style training sessions. Sessions take a deep dive into the topics enabling mastery of the subject matter by including lectures on specific subjects including math, biology, chemistry, physics, history, geography, civics, and literature. No program 2/17.

AGES	DAY	DATE & TIME	COST	ACTIVITY
9-13	Sa	Jan 13-Mar 30 11:00am-11:50am	Res \$189 Non Res \$189	13370-01

## EDUCATION - CENTER FOR ACADEMIC EXCELLENCE

### CENTER FOR ACADEMIC EXCELLENCE: READINGWIZ

Locations Vary

Program provides instruction and practice for students to improve their reading and writing skills. No program 2/13, 2/14, 2/15, 2/17.

AGES	DAY	DATE & TIME	COST	ACTIVITY
Online				
7-13	W	Jan 10-Mar 27 7:00pm-7:50pm	Res \$289 Non Res \$289	13365-02
PCC-Education Wing, 14800 34th Avenue N				
5-13	Th	Jan 11-Mar 28 7:00pm-7:50pm	Res \$289 Non Res \$289	13365-03
St Barnabas Lutheran Church, 15600 Old Rockford Rd				
5-13	Tu	Jan 9-Mar 26 7:00pm-7:50pm	Res \$289 Non Res \$289	13365-01
5-13	Sa	Jan 13-Mar 30 11:00am-11:50am	Res \$289 Non Res \$289	13365-04

### CENTER FOR ACADEMIC EXCELLENCE: UMTYMP PREP

Locations Vary

Program is designed for high-achieving students who are eager to expand their learning beyond their grade level. No program 2/13, 2/14, 2/15 and 2/17.

AGES	DAY	DATE & TIME	COST	ACTIVITY
Online				
10-12	W	Jan 10-Mar 27 5:00pm-5:50pm	Res \$329 Non Res \$329	13367-02
PCC-Education Wing, 14800 34th Avenue N				
10-12	Th	Jan 11-Mar 28 6:30pm-7:30pm	Res \$329 Non Res \$329	13367-03
St Barnabas Lutheran Church, 15600 Old Rockford Rd				
10-12	Tu	Jan 9-Mar 26 6:30pm-7:30pm	Res \$329 Non Res \$329	13367-01
10-12	Sa	Jan 13-Mar 30 9:00am-9:50am	Res \$329 Non Res \$329	13367-04

## CHESS

### TWIN CITIES CHESS CLUB: EVENING CHESS- BEGINNER

PCC-Education Wing, 14800 34th Avenue N

Learn from Twin Cities Chess Club instructors who have years of teaching experience. Compete for various prizes including trophies, medals, and chess sets! All chess levels are welcome.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-17	Th	Jan 18-Mar 21 5:55pm-6:40pm	Res \$130 Non Res \$145	13321-01
5-17	Th	Apr 11-May 16 5:55pm-6:40pm	Res \$80 Non Res \$92	13321-02

### TWIN CITIES CHESS CLUB: EVENING CHESS- INTERMEDIATE/ADVANCED

PCC-Education Wing, 14800 34th Avenue N

Learn from Twin Cities Chess Club instructors who have years of teaching experience. Compete for various prizes including trophies, medals, and chess sets! All chess levels are welcome.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-17	Th	Jan 18-Mar 21 6:45pm-7:55pm	Res \$155 Non Res \$170	13358-01
5-17	Th	Apr 11-May 16 6:45pm-7:55pm	Res \$90 Non Res \$105	13358-02

## CANCELLATION POLICY

Requests for cancellations or transfers must be made at least one full week prior to the first class unless noted otherwise. See pg. 2.



# Youth

## EDUCATION - CODE NINJAS

### CODE NINJAS: BECOME A YOUTUBER

Code Ninjas, 3570 Vicksburg Ln N #400

Develop your YouTuber skills and create and customize your own YouTube channel complete with unique channel art, video thumbnails, uploads, and more.

AGES	DAY	DATE & TIME	COST	ACTIVITY
11-14	Sa	Feb 17-Mar 23 12:00pm-1:30pm	Res \$239 Non Res \$263	13312-01

### CODE NINJAS: JR. INNOVATORS CLUB

Code Ninjas, 3570 Vicksburg Ln N #400

Use your engineering skills to build space themed robots such as radars, helicopters and more!

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-7	Sa	Mar 2-Mar 23 11:15am-12:15pm	Res \$119 Non Res \$131	13320-01

### CODE NINJAS: JR. MAKEY MARVEL

Code Ninjas, 3570 Vicksburg Ln N #400

Using a Makey Makey circuit board, kids will build cool projects such as vegetable bongo drums, gummy bear pianos, and homemade switches.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-7	Sa	Jan 6-Jan 27 11:15am-12:15pm	Res \$119 Non Res \$131	13318-01

### CODE NINJAS: JR. STEM DISCOVERIES

Code Ninjas, 3570 Vicksburg Ln N, #400

Create your own arcade games and build your skills as coders. Build your own secret agent game, catch games and more!

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-7	Sa	Feb 3-Feb 24 9:30am-10:30am	Res \$119 Non Res \$131	13319-01

### CODE NINJAS: MOVIE MAKING WITH MINECRAFT

Code Ninjas, 3570 Vicksburg Ln N #400

Learn how to build epic scenes, tell stories, and record videos in your own Minecraft world.

AGES	DAY	DATE & TIME	COST	ACTIVITY
9-14	Sa	Jan 6-Feb 10 12:00pm-1:30pm	Res \$239 Non Res \$263	13304-01

### CODE NINJAS: SHECODE

Code Ninjas, 3570 Vicksburg Ln N #400

Our mission is to inspire and empower young girls to become confident, creative and capable coders- let's code the future together!

AGES	DAY	DATE & TIME	COST	ACTIVITY
8-12	Sa	Jan 20 11:00am-12:00pm	Res \$25 Non Res \$30	13339-01
8-12	Sa	Feb 17 11:00am-12:00pm	Res \$25 Non Res \$30	13339-02
8-12	Sa	Mar 16 11:00am-12:00pm	Res \$25 Non Res \$30	13339-03
8-12	Sa	Apr 20 11:00am-12:00pm	Res \$25 Non Res \$30	13339-04

## CREATE & LEARN

### CREATE & LEARN: AI EXPLORERS - UNITS 1, 2, 3

Online

Discover How Self-Driving Cars, Face Recognition, and Other Advanced Technologies Work With AI For Kids. See online for tech requirements.

AGES	DAY	DATE & TIME	COST	ACTIVITY
9-12	Tu	Mar 5-May 21 6:00pm-6:55pm	Res \$197 Non Res \$197	13354-01

### CREATE & LEARN: MINECRAFT MODDING QUEST UNITS 1, 2, 3

Online

Solve puzzles, build, and create games with fun coding in Minecraft. See online for tech requirements.

AGES	DAY	DATE & TIME	COST	ACTIVITY
8-11	W	Jan 17-Apr 3 7:30pm-8:25pm	Res \$197 Non Res \$197	13355-01
8-11	Th	Feb 15-May 2 6:00pm-6:55pm	Res \$197 Non Res \$197	13355-02

### CREATE & LEARN: SCRATCH NINJA - UNITS 1 & 2

Online

Code games and animations with the #1 beginner classes. See online for tech requirements.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-10	Tu	Jan 9-Feb 27 7:30pm-8:25pm	Res \$138 Non Res \$138	13356-01
7-10	W	Jan 31-Mar 20 4:30pm-5:25pm	Res \$138 Non Res \$138	13356-02

## EDUCATION - CREATE & LEARN

### CREATE & LEARN: SCRATCH NINJA - UNITS 3 & 4 Online

Code games and animations with the #1 beginner classes. See online for tech requirements.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-10	Tu	Mar 5-Apr 23 7:30pm-8:40pm	Res \$172 Non Res \$172	13359-01
7-10	W	Mar 27-May 15 4:30pm-5:40pm	Res \$138 Non Res \$138	13359-02

### CREATE & LEARN: BEGINNER ROBLOX GAME CODING - UNITS 1, 2, 3 Online

The best way to start learning Roblox game coding. Pre-requisite: Completion of Scratch Ninja Part 3, ideally Part 4, or equivalent advanced Scratch coding experiences. See online for tech requirements.

AGES	DAY	DATE & TIME	COST	ACTIVITY
8-13	Tu	Jan 9-Mar 26 6:00pm-7:15pm	Res \$197 Non Res \$197	13357-01

## DIY GARDEN

### DIY MINI GARDEN Parkers Lake Park, 15205 County Road 6

Design, build and enjoy your very own DIY Fairy Garden. Green up your winter and meet new friends at this hands-on class. All materials provided. Class will include tips and tricks from a Hennepin County Master Gardener.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-12	Th	Jan 25 6:00pm-7:00pm	Res \$32 Non Res \$40	13901-01
7-12	Th	Jan 25 6:00pm-7:00pm	Res \$32 Non Res \$40	13901-02

## RC RACING

### PARTY CRASHERS RC: RC RACING CLINIC PCC-Active Wing, 14800 34th Avenue N

Like RC Cars? Join us as we explore how they work and then try them out. Participants leave with better understanding and get time testing out their driving skills on a few different types of RC Cars. Participants can use RC Cars provided or their own on approval.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-13	F	Apr 26 6:00pm-7:00pm	Res \$25 Non Res \$30	13310-01
5-13	F	Apr 26 7:15pm-8:15pm	Res \$25 Non Res \$30	13310-02

## SKYROCK FARM

### SKYROCK FARM SPRING BREAK HORSE CAMP Skyrock Farm, 2825 Willow Drive

Learn all about horses & ponies: how to groom and care for them, what they eat, common horse vocabulary, & basic horse anatomy. Take a mini riding lesson. Spend time outside on a guided nature hike of the entire farm. Hang out in the club house, play games, make new friends and much more! Bring a nut-free snack and bag lunch & a water. Instr: Hanna Nunn.

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-15	M	Mar 25 9:00am-3:00pm	Res \$130 Non Res \$130	13324-01
6-15	W	Mar 27 9:00am-3:00pm	Res \$130 Non Res \$130	13324-02
6-15	F	Mar 29 9:00am-3:00pm	Res \$130 Non Res \$130	13324-03
6-15	W	Apr 3 9:00am-3:00pm	Res \$130 Non Res \$130	13324-04
6-15	F	Apr 5 9:00am-3:00pm	Res \$130 Non Res \$130	13324-05

## SCIENCE EXPLORERS

### SCIENCE EXPLORERS: STEM SAMPLER PCC-Education Wing, 14800 34th Avenue N

Learn about physics as you create a spinning top game, next, step into the fields of technology and engineering as you construct an arm extension and more. Also, practice math as you learn about codes and ciphers.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-11	F	Mar 29 9:30am-12:00pm	Res \$35 Non Res \$42	13309-01

### SCIENCE EXPLORERS: THE SCIENCE OF SLIME PCC-Education Wing, 14800 34th Avenue N

Investigate why slime is delightfully bouncy, stretchy and sticky and explore polymers and activators while making Glow Slime and Butter Slime.

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-11	M	Feb 19 9:00am-11:30am	Res \$35 Non Res \$42	13308-01

# Youth

## EDUCATION - SNAPOLOGY

### SNAPOLOGY: AMAZING RACE

PCC-Education Wing, 14800 34th Avenue N

Discover unique aspects of different cultures, including national flags, traditional cuisines, influential artists, and notable historical landmarks as you race to the finish line!

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-14	Tu	May 7-May 28 5:30pm-6:30pm	Res \$80 Non Res \$80	13349-01

### SNAPOLOGY: CASTLES & KINGDOMS

PCC-Education Wing, 14800 34th Avenue N

Students will have the opportunity to use LEGO® bricks to design their medieval fantasies while also bringing the real history to life! They will build their historical understanding of the unique elements that make the medieval time period such a fascinating point in human history.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-14	Th	Feb 1 4:30pm-5:30pm	Res \$20 Non Res \$20	13307-01
7-14	Tu	Feb 13 4:30pm-5:30pm	Res \$20 Non Res \$20	13307-02
7-14	W	Feb 21 6:00pm-7:00pm	Res \$20 Non Res \$20	13307-03
7-14	Th	Feb 29 6:00pm-7:00pm	Res \$20 Non Res \$20	13307-04

### SNAPOLOGY: ESCAPE SNAPOLOGY

PCC-Education Wing, 14800 34th Avenue N

Your student and their teammates will have 60 minutes to examine clues, solve puzzles, answer riddles, and decode secret messages in order to complete the task of unlocking the secrets to Escape Snapology!

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-14	Tu	Feb 6-Feb 27 5:30pm-6:30pm	Res \$80 Non Res \$80	13347-01

### SNAPOLOGY: HALF DAY SPRING BREAK CAMP

PCC-Education Wing, 14800 34th Avenue N

AM- Combat Robots: Learn engineering strategies for building sturdy structures using LEGO® bricks and then apply that knowledge to build a robot for friendly competition. PM- Pokemania: Build and explore the world of Pokémon as you create your own gyms, battles, and even your very own generation of Pokémon.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-14	M-F	Apr 1-Apr 5 9:00am-12:00pm	Res \$299 Non Res \$299	13344-01
7-14	M-F	Apr 1-Apr 5 1:00pm-4:00pm	Res \$299 Non Res \$299	13344-02

### SNAPOLOGY: JEDI MASTERS

PCC-Education Wing, 14800 34th Avenue N

Learn to concentrate on mastering the Force, appreciating the use of teamwork to build battle drones and AT-Walkers, and if your skills are up to par, make your very own lightsaber and use it in battle!

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-14	Tu	Jan 9-Jan 30 5:30pm-6:30pm	Res \$80 Non Res \$80	13346-01

### SNAPOLOGY: MEGA MACHINES

PCC-Education Wing, 14800 34th Avenue N

Your child will create some of their favorite motorized vehicles while learning about gear ratio, sensors, pulleys, cranks, and programming as they build trucks, space rovers, helicopters, and much more.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-14	Tu	Apr 9-Apr 30 5:30pm-6:30pm	Res \$80 Non Res \$80	13348-01

### SNAPOLOGY: NINJAS

Snapology, 3580 Holly Lane N

Design a new dojo for Snapology made from LEGO® bricks and train your men to battle with the best. Go through ninja training and earn your black belt, Snapology-style.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-14	M	Mar 4 4:30pm-5:30pm	Res \$20 Non Res \$20	13311-01
7-14	W	Mar 13 6:00pm-7:00pm	Res \$20 Non Res \$20	13311-02
7-14	Th	Mar 21 6:00pm-7:00pm	Res \$20 Non Res \$20	13311-03

### SNAPOLOGY: NO SCHOOL DAYS - CASTLES & KINGDOMS

Urban Air Adventure Park, 3580 Holly Ln N

Use LEGO® bricks to design your medieval fantasies while also bringing the real history to life!

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-14	M	Jan 15 9:00am-4:00pm	Res \$100 Non Res \$100	13341-01

### SNAPOLOGY: NO SCHOOL DAYS - CREATURE CREATOR

Urban Air Adventure Park, 3580 Holly Ln N

Learn about gear ratio, sensors, simple machines, and programming as they build insects, dolphins, gorillas, and much more.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-14	F	Jan 26 9:00am-4:00pm	Res \$100 Non Res \$100	13343-01

## EDUCATION - SNAPOLOGY

### SNAPOLOGY: NO SCHOOL DAYS- ENGINEERING Online

Build various machines, then use the models to develop new design ideas, test out physics concepts, and even play games with their partners and classmates.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-14	Th	Feb 15 9:00am-4:00pm	Res \$100 Non Res \$100	13386-01

### SNAPOLOGY: NO SCHOOL DAYS- JEDI MASTERS Urban Air Adventure Park, 3580 Holly Ln N

Learn to concentrate on mastering the Force, appreciating the use of teamwork to build battle drones and AT-Walkers, and if your skills are up to par, make your very own lightsaber and use it in battle.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-14	Th	Jan 25 9:00am-4:00pm	Res \$100 Non Res \$100	13342-01

### SNAPOLOGY: NO SCHOOL DAYS- MEGA MACHINES Online

Learn about gear ratio, sensors, pulleys, cranks, and programming as they build trucks, space rovers, helicopters, and much more.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-14	F	Feb 16 9:00am-4:00pm	Res \$100 Non Res \$100	13387-01

See pg. 9-10 for  
Snapology adaptive play classes

### SNAPOLOGY: NO SCHOOL DAYS - STEAM SURVIVOR

Urban Air Adventure Park, 3580 Holly Ln N

Students will be challenged to design and build complicated objects, work cooperatively with others to secure their place on a team, and compete to be the fastest and most precise competitors in the class.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-14	M	Apr 8 9:00am-4:00pm	Res \$100 Non Res \$100	13334-01

### SNAPOLOGY: SCIENCE OF SUPERPOWERS Snapology, 3580 Holly Lane N

Learn about the science behind their favorite heroes' powers. Students will learn about gravity, aerodynamics, forces, motion, and much more as they learn about flight, super villain fights, and superhero vehicles.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-14	Th	Jan 4 4:30pm-5:30pm	Res \$20 Non Res \$20	13306-01
7-14	Tu	Jan 16 6:00pm-7:00pm	Res \$20 Non Res \$20	13306-02
7-14	W	Jan 24 6:00pm-7:00pm	Res \$20 Non Res \$20	13306-03

### SNAPOLOGY: SPRING BREAK CAMP- STAR WARS ROBOTICS & POKEMANIA

Urban Air Adventure Park, 3580 Holly Ln N

AM- Space Wars Robotics: Build, program, and imagine using LEGO® bricks and unique building instructions that you won't find anywhere else. Learn about space, space travel, and - of course - Star Wars®! PM- Pokemania: Build and explore the world of Pokémon as you create your own gyms, battles, and even their very own generation of Pokémon.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-14	M-F	Mar 25-Mar 29 9:00am-4:00pm	Res \$379 Non Res \$379	13335-01
7-14	M-F	Mar 25-Mar 29 9:00am-12:00pm	Res \$259 Non Res \$259	13335-02
7-14	M-F	Mar 25-Mar 29 1:00pm-4:00pm	Res \$259 Non Res \$259	13335-03

### SNAPOLOGY: SPRING BREAK CAMP- STEAM SURVIVOR & MINECRAFT

Urban Air Adventure Park, 3580 Holly Ln N

AM- STEAM Survivor: Students will be challenged to design and build complicated objects, work cooperatively with others to secure their place on a team, and compete to be the fastest and most precise competitors in the class. PM- Minecraft: Your knowledge is going to be challenged in games of crafting and creating. What ideas can you create in EPIC Minecraft®.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-14	M-F	Apr 1-Apr 5 9:00am-4:00pm	Res \$379 Non Res \$379	13336-01
7-14	M-F	Apr 1-Apr 5 9:00am-12:00pm	Res \$259 Non Res \$259	13336-02
7-14	M-F	Apr 1-Apr 5 1:00pm-4:00pm	Res \$259 Non Res \$259	13336-03



# Youth

## EDUCATION - SNAPOLOGY

### SNAPOLOGY: SUPERHEROES

Snapology, 3580 Holly Lane N

Design your own superhero using LEGO® bricks, create your own adventure and comic strip. Have a blast as you create your own fantasy world of superheroes.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-14	Tu	Apr 2 4:30pm-5:30pm	Res \$20 Non Res \$20	13315-01
7-14	W	Apr 10 4:30pm-5:30pm	Res \$20 Non Res \$20	13315-02
7-14	Th	Apr 18 6:00pm-7:00pm	Res \$20 Non Res \$20	13315-03
7-14	Tu	Apr 30 6:00pm-7:00pm	Res \$20 Non Res \$20	13315-04

### SNAPOLOGY: NO SCHOOL DAYS - GAME BOTS Online

Learn about gear ratio, sensors, programming, and pulleys as you create fun games to play.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-14	M	Feb 19 9:00am-4:00pm	\$100	13392-01



**WEATHER LINE**  
**763-509-5205**

call for updates on  
class cancellations

## STEM BUILDERS

### STEM BUILDERS: MINECRAFT MANIA: ESPORTS

STEM Builders Learning Center - 35th Ave,  
15600 35th Avenue N #201

Learn Minecraft from a teamwork perspective. Students will be put into teams, build worlds, and compete against other teams to solve problems, develop expansive environments, and save the day.

AGES	DAY	DATE & TIME	COST	ACTIVITY
8-14	Tu	Jan 9-Feb 27 6:00pm-7:15pm	Res \$149 Non Res \$165	13330-01

### STEM BUILDERS: LEARN TO ANIMATE WITH SCRATCH JR. STEM Builders Learning Center - 35th Ave, 15600 35th Avenue N #201

Program your own interactive stories and develop communication skills as you share your stories with friends. Students will use their imaginations to tell stories that they will program using Scratch Jr.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5.5-7	Sa	Jan 6-Feb 24 10:00am-11:00am	Res \$119 Non Res \$131	13331-01

### STEM BUILDERS: EXPLORING A/I AND CHATGPT

PCC-Active Wing, 14800 34th Avenue N

Gain insights into AI's capabilities, its impact on daily life, and ethical considerations surrounding its use. Create your own chatbot. No previous programming experience required but highly recommended. No program 4/1.

AGES	DAY	DATE & TIME	COST	ACTIVITY
12-17	M	Mar 4-May 13 6:00pm-7:30pm	Res \$199 Non Res \$219	13326-01

### STEM BUILDERS: LITTLE SCIENTISTS PCC-Active Wing, 14800 34th Avenue N

Be a Scientist; Learn with the 5 E's model. Engage, explore, explain, elaborate & evaluate. Focus on science concepts and bring your inner scientist to life. No program 4/3.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5.5-7	W	Mar 6-May 15 5:00pm-6:00pm	Res \$139 Non Res \$153	13325-01

See online for more STEM Builders programs

## EDUCATION - TECH TAC TOE

### TECH TAC TOE: ROBOTICS & STEAM! AMAZING AERONAUTIC ADVENTURES

PCC-Education Wing, 14800 34th Avenue N

Planes are awesome engineering marvels! Working in pairs and using special LEGO educational sets, kids will have an engaging hands-on experience creating a plane with a moving propeller. Then they'll engineer a cool paper airplane launcher - to take home.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-8	Sa	Jan 20 9:00am-12:00pm	Res \$69 Non Res \$79	13305-01

### TECH TAC TOE: ROBOTICS AND STEAM! EXPLORING STRUCTURES WITH LOADS

PCC-Education Wing, 14800 34th Avenue N

Building structures that resist the test of time and nature is every kid's dream. Put on your civil engineering hat as you and your team build a robotic crane. Then, challenge yourself to build the tallest tower.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-8	Sa	Feb 10 9:00am-12:00pm	Res \$69 Non Res \$79	13313-01

### TECH TAC TOE: ROBOTICS & STEAM! EXTRAORDINARY MARINE EXPLORATION

PCC-Education Wing, 14800 34th Avenue N

Put on your mechanical engineer hat as you engineer a funny moving circus Gorilla -to take home. Then, in small teams, build a fun robotic ball stopping machine and challenge it to stop your shots.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-8	Sa	Mar 2 9:00am-12:00pm	Res \$69 Non Res \$79	13314-01

## TECH ACADEMY

### TECH ACADEMY: MINECRAFT MOD DEV: PORTALS Online

Create a new custom dimension and design a portal using MCreator. See additional tech requirements online.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-11	Sa	Jan 20 9:00am-12:00pm	Res \$60 Non Res \$60	13383-01

### TECH ACADEMY: INTRO TO 3D PRINTING Online

Design a keychain, and the 3D print will be mailed home. No experience is necessary. Fees listed include printing fee for one project.

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-9	Sa	Feb 17-Feb 24 8:00am-10:00am	Res \$80 Non Res \$80	13300-01

### TECH ACADEMY: VIDEO PRODUCTION - TIKTOK, SHORTS & REELS Online

Edit the video, add motion graphics, and special effects to your own video short, while practicing storytelling and film production techniques. See online for tech requirements.

AGES	DAY	DATE & TIME	COST	ACTIVITY
8-12	Sa	Feb 17-Feb 24 10:30am-12:30pm	Res \$80 Non Res \$80	13301-01

### TECH ACADEMY: 3D PRINTING - JEWELRY DESIGN & FABRICATION Online

The ancient craft of jewelry making is brought to the modern world using Tinkercad. Design a pair of earrings and a ring and pick one to be printed and be mailed home. See online for additional tech requirements.

AGES	DAY	DATE & TIME	COST	ACTIVITY
8-13	Sa	Mar 9-Mar 16 9:00am-11:00am	Res \$60 Non Res \$60	13302-01

### TECH ACADEMY: 3D PRINTING - HARRY POTTER Online

Learn 3D design and modeling skills using Tinkercad to create a Deathly Hallow model and your own magical pendant. Choose one design to be printed and mailed home. See online for tech requirements.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-11	Sa	Mar 23 9:00am-11:00am	Res \$40 Non Res \$40	13303-01

### TECH ACADEMY: MULTIPLAYER MINECRAFT- CITY BUILDER Online

Collaborate with fellow students to construct a city! Take home your completed world files at the end of class. See online for tech requirements.

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-10	Sa	Apr 6-Apr 13 8:00am-10:00am	Res \$80 Non Res \$80	13316-01

### TECH ACADEMY: VIRTUAL REALITY CODING Online

Design, develop, and create 3D Virtual Reality environments and characters on Metaverse's new platform Hatch. Parents will receive information on how to register for a Hatch VR account. See online for tech requirements.

AGES	DAY	DATE & TIME	COST	ACTIVITY
8-12	Sa	Apr 6-Apr 13 10:30am-12:30pm	Res \$80 Non Res \$80	13322-01

# Youth

## OUTDOOR RECREATION

### BICYCLE REPAIR AND MAINTENANCE CLASS

Parkers Lake Park, 15205 County Road 6

Weekend 3hr class will build from basic to more advance. Many of your bike issues can be solved in this class! Major focus will be on identification of bicycle parts, trailside repair, shifting adjustments, brake adjustments, chain maintenance, how to repair/replace a tube (flat tire), how to safety check your bike. We will also learn basic wheel truing, replacing a chain, how to replace brake and shifting cables. Please bring a bike. Especially one that need work! Great value if you factor in a tune up!! Course taught by Bjorn Cycling.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-16	Sa	Apr 13 9:00am-12:00pm	Res \$91 Non Res \$101	13223-01
7-16	Sa	May 11 9:00am-12:00pm	Res \$91 Non Res \$101	13223-02



## SAFETY

### SAFE@HOME BY SAFE SITTER®

PCC-Education Wing, 14800 34th Avenue N

Safe Sitter's Safe@Home is designed for students in grades 4-6, facilitated by a Safe Sitter® Instructor. This program provides students with important safety training that will help students be prepared to stay home alone.

AGES	DAY	DATE & TIME	COST	ACTIVITY
8-12	Sa	Jan 20 9:00am-10:30am	Res \$40 Non Res \$45	13500-01
8-12	Sa	Feb 10 12:30pm-2:00pm	Res \$40 Non Res \$45	13500-02
8-12	W	Mar 13 5:00pm-6:30pm	Res \$40 Non Res \$45	13500-03
8-12	Sa	Apr 13 9:00am-10:30am	Res \$40 Non Res \$45	13500-04
8-12	Sa	May 4 9:00am-10:30am	Res \$40 Non Res \$45	13500-05

## SPECIALTY

### GLOW IN THE DARK POOL PARTY

Wayzata East Middle School, 12000 Ridgemount Avenue

Break away from the ordinary open swim and come swim in the dark! Experience the pool like you have never seen it. Activities include glowing games underwater and surfaces games as well as free play with glowing beach balls and pool noodles, and much more!

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-15	Sa	Apr 20 5:30pm-7:30pm	\$20	13821-01

## SPECIALTY

### PARTY LIKE A MERMAID

Wayzata East Middle School, 12000 Ridgemount Avenue

Come party like a mermaid! Activities include learning how to swim in a mermaid tail, learn how to blow mermaid kisses and high fives, summersaults, make mermaid crafts and have a photo shoot! All activities supervised by swim instructors and lifeguards. Mermaid tails available for purchase.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-12	Sa	Jan 20 5:30pm-7:30pm	\$20	13812-01

### SHARK TANK SOCIAL

Wayzata East Middle School, 12000 Ridgemount Avenue

Watch out for shark attacks! Come swim like a shark with your favorite swim instructors! Activities include shark pool games, crafts and goodie bags. Use of a dorsal shark fin and mono-fin is included and will be available for purchase.

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-12	Sa	Feb 24 5:30pm-7:30pm	\$20	13830-01

### TROPICAL PARTY

Wayzata East Middle School, 12000 Ridgemount Avenue

Take a break from the cold and come swim in a tropical paradise! Tropical decor, pool games, crafts and goodie bags.

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-12	Sa	Mar 23 5:30pm-7:30pm	\$20	13813-01

## SPORTS - BASKETBALL

### BASKETBALL

PCC-Active Wing, 14800 34th Avenue N

This camp is designed to introduce the young athlete to the sport of basketball through skill development and small group games. Staff will focus on helping the children learn the rules of basketball while working on team play and sportsmanship. Skills taught: shooting, passing, dribbling, along with learning the strategies of offense and defense. Child will be divided by age/skill level. Wear tennis shoes and bring water bottle.

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-10	W	Jan 10-Jan 31 4:30pm-6:00pm	Res \$84 Non Res \$96	13213-01
6-10	W	Feb 7-Feb 28 4:30pm-6:00pm	Res \$84 Non Res \$96	13213-02

### BASKETBALL LEAGUE

PCC-Active Wing, 14800 34th Avenue N

Fundamentals and skills taught the first 2 classes. Then kids are divided by instructors to work on team concepts and play scheduled games. Baskets are at 8', or may use lower portables for the 5 & 6 year olds. T-shirt included.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-6	Sa	Jan 13-Mar 2 9:15am-10:30am	Res \$88 Non Res \$100	13217-01
7-8	Sa	Jan 13-Mar 2 10:45am-12:00pm	Res \$88 Non Res \$100	13217-02

### SKYHAWKS BASKETBALL CAMP

Locations Vary

Fun, skill-intensive program, designed for beginning to intermediate players. Progressive curriculum focusing on the whole player, teaching respect, teamwork and responsibility as well as skills: passing, shooting, dribbling and rebounding. Baskets will be set at appropriate height for age level. Participants should water bottle and wear gym shoes.

AGES	DAY	DATE & TIME	COST	ACTIVITY
Armstrong High School, 10635 36th Avenue N				
6-8	W	Mar 20-Apr 10 6:15pm-7:15pm	Res \$89 Non Res \$102	13231-03
9-12	W	Mar 20-Apr 10 7:30pm-8:30pm	Res \$89 Non Res \$102	13231-04

PCC-Active Wing, 14800 34th Avenue N

6-8	Sa	Feb 17-Mar 9 11:15 am-12:15 pm	Res \$89 Non Res \$102	13231-01
9-12	Sa	Feb 17-Mar 9 12:30-1:30 pm	Res \$89 Non Res \$102	13231-02

## CHEER

### PLANET SPIRIT: CHEER CAMP

PCC-Active Wing, 14800 34th Avenue N

Planet Spirit will be hosting a weekly cheer class for girls and boys. This class will focus on the fundamentals of competitive cheerleading including jumps, cheer motions, stunts, and tumbling. All participants should wear workout attire and tennis shoes. There will be a brief performance for parents on the final day of class at 5:15 pm.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-12	W	Jan 10-Feb 21 4:30pm-5:30pm	Res \$85 Non Res \$98	13240-01

## CRICKET

### CRICKET - MN CRICKET ASSOCIATION

PCC Fieldhouse, 14800 34th Avenue N

Cricket is one of the fastest growing sports in the USA today and second most popular sport in the world. Cricket is a fun game, similar to baseball but two bases with no strike-outs. Camp will teach fundamentals of batting, bowling (pitching), fielding, catching, and running between bases in a fun environment. Camp is designed for all ages and skill levels. Kids will be split by skill level at the sight. Taught by the trained coaches from the Minnesota Cricket Association.

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-16	F	Jan 19-Feb 23 4:30pm-6:00pm	Res \$87 Non Res \$100	13206-01

## FENCING

### FENCING

Bass Lake Playfield, 5450 Northwest Boulevard

Intro to fundamentals with the foil weapon in a nonthreatening environment. Emphasis on skill building, concentration, self-discipline and fun! Dress comfortably (wear long pants).

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-9	W	Feb 14-Mar 20 6:00pm-7:00pm	Res \$103 Non Res \$114	13214-01
10+	W	Feb 14-Mar 20 7:00pm-8:00pm	Res \$103 Non Res \$114	13214-02



# Youth

## SPORTS - FLOOR HOCKEY

### SPORTS UNLIMITED FLOOR HOCKEY

PCC-Active Wing, 14800 34th Avenue N

Fundamental skills of floor hockey using small activities, scrimmages, and fun games. Combination of stick handling, passing and shooting skills of the game of ice hockey. They will also focus on helping the kids learn the rules of floor hockey while working on team play and sportsmanship. Bring water and snack. Kids wear tennis shoes (Sports Unlimited supplies the sticks).

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-10	W	Mar 6-Mar 27 4:30pm-6:00pm	Res \$84 Non Res \$96	13241-01

## FLAG FOOTBALL

### FLAG FOOTBALL INTRODUCTION

PCC Fieldhouse, 14800 34th Avenue N

Programs are designed for girls and boys regardless of skill or ability. Kids are divided by age and skill when appropriate. Fundamental skill development and games. Fun and exercise will be emphasized. Equipment provided. Skills taught: passing, catching, kicking and throwing. Kids will be split into teams for games. Bring a water bottle.

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-10	Tu	Jan 9-Jan 30 4:30pm-6:00pm	Res \$84 Non Res \$96	13200-01

## FLAG FOOTBALL

### NFL FLAG FOOTBALL LEAGUE

Elm Creek Playfield, 4905 Peony Lane

Recreational flag football. Practice the first 2-3 weeks and then games the remaining weeks. Kids will receive customized reversible NFL team jerseys. **Volunteer/parent coaches are needed for this program.**

Sign up to coach at [www.plymouthmn.gov/volunteercoaching](http://www.plymouthmn.gov/volunteercoaching). No refunds after Apr 5. No Program: 5/26.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-6	Su	Apr 21-Jun 9 4:00pm-5:00pm	Res \$99 Non Res \$113	13205-01
5-6	Su	Apr 21-Jun 9 4:00pm-5:00pm	Res \$99 Non Res \$113	13205-02
5-6	Su	Apr 21-Jun 9 4:00pm-5:00pm	Res \$99 Non Res \$113	13205-03
5-6	Su	Apr 21-Jun 9 4:00pm-5:00pm	Res \$99 Non Res \$113	13205-04
7-8	Su	Apr 21-Jun 9 5:00pm-6:00pm	Res \$99 Non Res \$113	13205-05
7-8	Su	Apr 21-Jun 9 5:00pm-6:00pm	Res \$99 Non Res \$113	13205-06
7-8	Su	Apr 21-Jun 9 5:00pm-6:00pm	Res \$99 Non Res \$113	13205-07
7-8	Su	Apr 21-Jun 9 5:00pm-6:00pm	Res \$99 Non Res \$113	13205-08

AGES	DAY	DATE & TIME	COST	ACTIVITY
9-10	Su	Apr 21-Jun 9 6:00pm-7:00pm	Res \$99 Non Res \$113	13205-09
9-10	Su	Apr 21-Jun 9 6:00pm-7:00pm	Res \$99 Non Res \$113	13205-10
9-10	Su	Apr 21-Jun 9 6:00pm-7:00pm	Res \$99 Non Res \$113	13205-11
9-10	Su	Apr 21-Jun 9 6:00pm-7:00pm	Res \$99 Non Res \$113	13205-12
11-12	Su	Apr 21-Jun 9 7:00pm-8:00pm	Res \$99 Non Res \$113	13205-13
11-12	Su	Apr 21-Jun 9 7:00pm-8:00pm	Res \$99 Non Res \$113	13205-14
11-12	Su	Apr 21-Jun 9 7:00pm-8:00pm	Res \$99 Non Res \$113	13205-15
11-12	Su	Apr 21-Jun 9 7:00pm-8:00pm	Res \$99 Non Res \$113	13205-16

## CANCELLATION POLICY

Requests for cancellations or transfers must be made at least one full week prior to the first class unless noted otherwise. See pg. 2.



**WEATHER LINE**  
**763-509-5205**

call for updates on  
class cancellations

## SPORTS - GYMNASTICS



### TUMBLING ALL AGES BEGINNER Wayzata High School, 4955 Peony Lane

All ages are able to learn and develop skills. We will work on balance, agility, and positions for vault, beam, bars, and floor. No experience needed! Great class for siblings wanting to try something new together or for kids in the older range of entry level classes. Enter Wayzata High School Through Door 30. No program: 1/27, 1/28, 2/17, 2/18, 5/12.

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-12	Sa	Jan 6-Mar 9 1:00pm-1:45pm	Res \$142 Non Res \$152	13254-01
6-12	Su	Apr 7-May 19 1:30pm-2:15pm	Res \$106 Non Res \$116	13254-02
6-12	Su	Jan 14-Mar 17 11:45am-12:30pm	Res \$142 Non Res \$152	13254-03

### TUMBLING: BEGINNERS 1 Wayzata High School, 4955 Peony Lane

Beginners (no experience required). Students will learn fundamental skills on floor, beam, bars, and vault. The emphasis is on building overall strength, increasing confidence, and developing a solid foundation of skills. Please enter through Door 30 of Wayzata High School. No program: 1/27, 1/28, 2/17, 2/18, 5/12.

AGES	DAY	DATE & TIME	COST	ACTIVITY
4-10	Sa	Jan 6-Mar 9 9:00am-9:30am	Res \$130 Non Res \$140	13219-01
4-10	Sa	Jan 6-Mar 9 9:45am-10:30am	Res \$142 Non Res \$152	13219-02
4-10	Sa	Jan 6-Mar 9 11:45am-12:30pm	Res \$142 Non Res \$152	13219-03
4-10	Sa	Jan 6-Mar 9 1:00pm-1:45pm	Res \$142 Non Res \$152	13219-04
4-10	Su	Apr 7-May 19 9:00am-9:30am	Res \$98 Non Res \$108	13219-05
4-10	Su	Apr 7-May 19 9:45am-10:30am	Res \$106 Non Res \$116	13219-06
4-10	Su	Apr 7-May 19 12:30pm-1:15pm	Res \$106 Non Res \$116	13219-07
4-10	Su	Apr 7-May 19 2:30pm-3:15pm	Res \$106 Non Res \$116	13219-08
4-10	Su	Jan 14-Mar 17 11:00am-11:45am	Res \$142 Non Res \$152	13219-09
4-10	Su	Jan 14-Mar 17 2:15pm-3:00pm	Res \$142 Non Res \$152	13219-10
4-10	Su	Jan 14-Mar 17 3:15pm-4:00pm	Res \$142 Non Res \$152	13219-11

### TUMBLING: BEGINNERS 2 Wayzata High School, 4955 Peony Lane

Pre-req: pass Tumbleweeds I. Continued development of skill, focus on technique. Skills taught Floor: round off, handstand, front limbers, turns, leaps; Vaults: pop-up; Bars: back hip circle, dismounts; Beam: leaps, forward roll, dismounts. Please enter through Door 30 of Wayzata High School. No program: 1/27, 1/28, 2/17, 2/18, 5/12.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-13	Sa	Jan 6-Mar 9 9:45am-10:30am	Res \$142 Non Res \$152	13220-01
5-13	Sa	Jan 6-Feb 24 11:45am-12:30pm	Res \$142 Non Res \$152	13220-02
5-13	Sa	Jan 6-Mar 9 2:00pm-2:45pm	Res \$142 Non Res \$152	13220-03
5-13	Su	Apr 7-May 19 9:45am-10:30am	Res \$106 Non Res \$116	13220-04
5-13	Su	Apr 7-May 19 12:30pm-1:15pm	Res \$106 Non Res \$116	13220-05
5-13	Su	Apr 7-May 19 1:30pm-2:15pm	Res \$106 Non Res \$116	13220-06
5-13	Su	Apr 7-May 19 2:30pm-3:15pm	Res \$106 Non Res \$116	13220-07
5-13	Su	Jan 14-Mar 17 11:45am-12:30pm	Res \$142 Non Res \$152	13220-08
5-13	Su	Jan 14-Mar 17 2:15pm-3:00pm	Res \$142 Non Res \$152	13220-09
5-13	Su	Jan 14-Mar 17 3:15pm-4:00pm	Res \$142 Non Res \$152	13220-10

# Youth

## SPORTS - GYMNASTICS

### TUMBLING: INTERMEDIATE

Wayzata High School, 4955 Peony Lane

Pre-req: pass Beginners II. Advancing gymnastics skills for a more challenging class. Skills taught Floor: intermediate dance skills intro, round off rebound, front walkover; Vault: pop-up, handstand off; Bars: back hip circle, glides, squat-on; Beam: cartwheel, handstand, jumps. Please enter through door 30 of Wayzata High School. No program: 1/27, 1/28, 2/17, 2/18, 5/12.

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-13	Sa	Jan 6-Mar 9 10:45am-11:45am	Res \$170 Non Res \$180	13221-01
6-13	Sa	Jan 6-Mar 9 1:00pm-2:00pm	Res \$170 Non Res \$180	13221-02
6-13	Su	Apr 7-May 19 10:45am-11:45am	Res \$128 Non Res \$138	13221-03
6-13	Su	Apr 7-May 19 2:30pm-3:30pm	Res \$128 Non Res \$138	13221-04
6-13	Su	Jan 14-Mar 17 1:00pm-2:00pm	Res \$170 Non Res \$180	13221-05

### TUMBLING: ADVANCED

Wayzata High School, 4955 Peony Lane

Advanced gymnastics. Skills taught: Floor: complex dance skills, handsprings, tucks; Vaults: handspring; Bars: squat-ons, fly away; Beam: backwalk-over, roundoff, handstand, aerial dismounts. Enter Wayzata High School Through Door 30. No program: 1/27, 1/28, 2/17, 2/18, 5/12.

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-14	Sa	Jan 6-Mar 9 10:45am-12:00pm	Res \$200 Non Res \$210	13224-01
6-14	Su	Apr 7-May 19 10:45am-12:00pm	Res \$150 Non Res \$160	13224-02
6-14	Su	Jan 14-Mar 17 10:45am-12:00pm	Res \$200 Non Res \$210	13224-03

### TUMBLING PRIVATE LESSONS

Wayzata High School, 4955 Peony Lane

Take time to get some one on one instruction from our staff. Private lessons are developed to meet the goals of each individual gymnast. No lines, no waiting just your gymnast and individualized attention! Lessons meet for 30 minutes. No program: 1/27, 1/28, 2/17, 2/18, 5/12.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-12	Sa	Jan 6-Feb 24 12:00pm-12:30pm	Res \$280 Non Res \$290	12204-02
5-12	Sa	Jan 6-Feb 24 12:30pm-1:00pm	Res \$280 Non Res \$290	12204-03
5-12	Sa	Jan 6-Feb 24 1:00pm-1:30pm	Res \$280 Non Res \$290	12204-04
5-12	Sa	Jan 6-Feb 24 1:30pm-2:00pm	Res \$280 Non Res \$290	12204-05
5-12	Su	Apr 7-May 19 12:00pm-12:30pm	Res \$210 Non Res \$220	12204-06
5-12	Su	Apr 7-May 19 12:30pm-1:00pm	Res \$210 Non Res \$220	12204-07
5-12	Su	Apr 7-May 19 1:00pm-1:30pm	Res \$210 Non Res \$220	12204-08
5-12	Su	Apr 7-May 19 1:30pm-2:00pm	Res \$210 Non Res \$220	12204-09
5-12	Su	Jan 14-Mar 17 12:30pm-1:00pm	Res \$280 Non Res \$290	12204-10

## MARTIAL ARTS

### KID FU BEGINNER- YELLOW SASH

PCC-Active Wing, 14800 34th Avenue N

Learn proper techniques and traditional styles of Shaolin Kung Fu. Classes are fun and non-competitive. Build strength, flexibility, balance and confidence. Parents are welcome to register and participate with their child. Instr: National Martial Arts Assoc.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5+	Th	Jan 11-Feb 29 5:30pm-6:30pm	Res \$85 Non Res \$97	13225-01
5+	Th	Mar 7-Apr 25 5:30pm-6:30pm	Res \$85 Non Res \$97	13225-02
5+	Th	May 2-Jun 20 5:30pm-6:30pm	Res \$85 Non Res \$97	13225-03

### KID FU INTERMEDIATE - ORANGE SASH & UP

PCC-Active Wing, 14800 34th Avenue N

AGES	DAY	DATE & TIME	COST	ACTIVITY
5+	Th	Jan 11-Feb 29 6:45pm-7:45pm	Res \$85 Non Res \$97	13226-01
5+	Th	Mar 7-Apr 25 6:45pm-7:45pm	Res \$85 Non Res \$97	13226-02
5+	Th	May 2-Jun 20 6:45pm-7:45pm	Res \$85 Non Res \$97	13226-03

### KID SMART - SELF-DEFENSE

Ultimate Martial Arts, 147 Hamel Road

A fun and exciting way to learn how to defend yourself. Learn how to react to a stranger and defend against an attacker. Learn escapes, kicks, and basic strikes while playing fun games. Instr: Tom Malone.

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-12	Sa	Jan 27 1:00pm-2:15pm	Res \$54 Non Res \$64	13234-01

## SPORTS - MARTIAL ARTS

### LIGHTSABER TAE KWON DO

Ultimate Martial Arts, 147 Hamel Road

Learn Martial Arts skills influenced by the epic movie series, Star Wars. Understand, strikes, blocks and stances with using swords. Create your own Lightsaber skills and learn choreography just like the movies all while exercising and having fun. Padded swords are provided. Students may bring their own Lightsaber to class. Taught by Grandmaster Thomas Malone who has over 35 years experience in the Martial Arts.

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-12	Sa	Feb 24 1:00pm-2:30pm	Res \$64 Non Res \$74	13232-01

### SHOSHIN RYU JUJITSU YOUTH

Shoshin Ryu Martial Arts, 13605 27th Avenue N

Shoshin Ryu is a Japanese based system of Martial Arts. It is both bujutsu (a school emphasizing effective martial arts techniques ) and budo (a school emphasizing personal character development). Shoshin changes to fit the challenges of the times, yet carries with it the essence of previous generations. Shoshin students will learn striking, throwing, forms, ground skills, and weaponry, combining to form a power arsenal of self defense tools; all the while perfecting one's character. Instr: Brian Combo.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-12	M	Jan 8-Feb 12 5:30pm-6:30pm	Res \$87 Non Res \$99	13227-01
7-12	W	Jan 10-Feb 14 5:30pm-6:30pm	Res \$87 Non Res \$99	13227-02
7-12	M	Feb 19-Mar 25 5:30pm-6:30pm	Res \$87 Non Res \$99	13227-03
7-12	W	Feb 21-Mar 27 5:30pm-6:30pm	Res \$87 Non Res \$99	13227-04
7-12	M	Apr 1-May 6 5:30pm-6:30pm	Res \$87 Non Res \$99	13227-05
7-12	W	Apr 3-May 8 5:30pm-6:30pm	Res \$87 Non Res \$99	13227-06

## LACROSSE

### LACROSSE INTRODUCTION

PCC Fieldhouse, 14800 34th Avenue N

Programs are designed for girls and boys regardless of skill or ability. Kids are divided by age and skill when appropriate. Fundamental skill development and games. Fun and exercise will be emphasized. Equipment provided. Soft lacrosse (non-contact). Bring a water bottle.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-9	Tu	Feb 6-Feb 27 4:30pm-6:00pm	Res \$84 Non Res \$96	13201-01

### SKYHAWKS MULTI-SPORT (FLOOR HOCKEY & BASKETBALL)

PCC-Active Wing, 14800 34th Avenue N

Designed to introduce young athletes to a variety of different sports in one setting (basketball and floor hockey). Learn the rules and essential skills of each sport, along with sportsmanship and teamwork. Bring appropriate clothing and a water bottle.

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-12	M	Jan 8-Jan 29 7:15pm-8:30pm	Res \$89 Non Res \$102	13243-01
6-12	M	Feb 5-Feb 26 7:15pm-8:30pm	Res \$89 Non Res \$102	13243-02

## PICKLEBALL

### PICKLEBALL - ALLSPORT

PCC-Active Wing, 14800 34th Avenue N

Designed to provide beginners and intermediate level players with the fundamentals of a sports that is growing in popularity. Participants will be taught proper grip, footwork, ground-strokes, volleys, and serves. They will also cover basic rules and etiquette of the game. Philosophy to develop sports skills in a fun, safe, and non-competitive environment. Participants will be divided by age and skill level. All equipment provided. Bring water bottle.

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-8	Th	Jan 18-Feb 15 4:15pm-5:00pm	Res \$70 Non Res \$80	13235-01
9-11	Th	Jan 18-Feb 15 5:00pm-5:45pm	Res \$70 Non Res \$80	13235-02

### PICKLEBALL - YOUTH LESSONS

PCC-Active Wing, 14800 34th Avenue N

Designed to provide beginners and intermediate level players with the fundamentals of a sports that is growing in popularity. Participants will be taught proper grip, footwork, ground-strokes, volleys, and serves. They will also cover basic rules and etiquette of the game. Philosophy to develop sports skills in a fun, safe, and non-competitive environment. Participants will be divided by age and skill level. All equipment provided. Bring water bottle.

AGES	DAY	DATE & TIME	COST	ACTIVITY
10-15	Su	Jan 7-Jan 28 4:00pm-5:00pm	Res \$80 Non Res \$92	13238-01
10-15	Su	Feb 4-Feb 25 4:00pm-5:00pm	Res \$80 Non Res \$92	13238-02
10-15	Su	Mar 3-Mar 24 4:00pm-5:00pm	Res \$80 Non Res \$92	13238-03
10-15	Su	Apr 7-Apr 28 4:00pm-5:00pm	Res \$80 Non Res \$92	13238-04



# Youth

## SPORTS - SOCCER

### SKYHAWKS SOCCER

PCC-Active Wing, 14800 34th Avenue N

Learn the fundamentals of soccer. Using our progressional curriculum, participants will gain skills and knowledge of the game through focusing on dribbling, passing, shooting, and ball control. Participants should wear shin guards and bring a water bottle.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-7	Sa	Feb 17-Mar 9 9:00am-9:45am	Res \$75 Non Res \$86	13236-01
8-11	Sa	Feb 17-Mar 9 10:00am-11:00am	Res \$89 Non Res \$102	13236-02

### SOCCER INTRODUCTION

PCC Fieldhouse, 14800 34th Avenue N

Programs are designed for girls and boys regardless of skill or ability. Kids are divided by age and skill when appropriate. Fundamental skill development and games. Fun and exercise will be emphasized. Equipment provided. Shin guards recommended. Bring a water bottle.

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-8	Th	Jan 4-Jan 25 4:30pm-6:00pm	Res \$84 Non Res \$96	13202-01
6-8	Th	Feb 1-Feb 22 4:30pm-6:00pm	Res \$84 Non Res \$96	13202-02

## T-BALL & BASEBALL

### TBALL/BASEBALL CLINICS

PCC-Active Wing, 14800 34th Avenue N

For girls and boys. Instructors teach fundamentals: throwing, catching, fielding and hitting. Scrimmage game held last week of program. Participants bring their own glove and water bottle. All other equipment provided. Tennis shoes in gym.

AGES	DAY	DATE & TIME	COST	ACTIVITY
4-5	Sa	Mar 16-Apr 13 9:15am-10:30am	Res \$73 Non Res \$83	13203-01
6-7	Sa	Mar 16-Apr 13 10:45am-12:00pm	Res \$73 Non Res \$83	13203-02

### SPORTS UNLIMITED TBALL

PCC-Active Wing, 14800 34th Avenue N

Basic fundamentals of the game of baseball will be taught - throwing, catching, fielding, and hitting. All done in a relaxed, fun environment. Scrimmage type games will be played. Bring your own glove, water bottle, and a snack.

AGES	DAY	DATE & TIME	COST	ACTIVITY
4-6	W	Apr 3-Apr 24 4:30pm-6:00pm	Res \$84 Non Res \$96	13242-03



**WEATHER LINE**  
**763-509-5205**

call for updates on  
class cancellations



## SPORTS - TABLE TENNIS

### TABLE TENNIS - LESSONS

PCC-Active Wing, 14800 34th Avenue N

Beginner, Intermediate, Advanced level table tennis for ages 6 and up. This program will be focusing on developing basic table tennis technique, learning how to play the game, developing strategy and having fun in the process. The training starts with stretches and a light warm-up, footwork exercises, then followed with table tennis training. Coach Yoku Metinova started her coaching career in Fergana Uzbekistan in 2008. While coaching in Uzbekistan, some of her students have been awarded in Regional and National tournaments. Yoku moved to the U.S. in 2015 and began coaching in Saint George, Utah until moving to Minnesota in 2018. Participants should bring their own paddle and water bottle. More information on Yoku can be found at [coachyoku.com](http://coachyoku.com)

AGES	DAY	DATE & TIME	COST	ACTIVITY
6+ beginner	Tu	Jan 9-Feb 6 5:30pm-7:00pm	Res \$145 Non Res \$159	13283-01
6+ Int/Adv	Tu	Jan 9-Feb 6 7:00pm-8:30pm	Res \$145 Non Res \$159	13283-02
6+ beginner	Tu	Feb 13-Mar 12 5:30pm-7:00pm	Res \$145 Non Res \$159	13283-03
6+ Int/Adv	Tu	Feb 13-Mar 12 7:00pm-8:30pm	Res \$145 Non Res \$159	13283-04
6+ beginner	Tu	Mar 19-Apr 16 5:30pm-7:00pm	Res \$145 Non Res \$159	13283-05
6+ Int/Adv	Tu	Mar 19-Apr 16 7:00pm-8:30pm	Res \$145 Non Res \$159	13283-06
6+ Int/Adv	W-F	Dec 27-Dec 29 9:00am-11:00am	Res \$90 Non Res \$104	13283-07

## TENNIS

### TENNIS LESSONS

Armstrong High School, 10635 36th Avenue N

Provides beginner and intermediate players with fundamental skills: proper grip, footwork, strokes, serves and basic rules. Program is led by Mallory Lithun, Assistant Varsity Girls Coach at Armstrong High School and former player at the University of Minnesota - Duluth. Lessons held in high school gym.

AGES	DAY	DATE & TIME	COST	ACTIVITY
4-6	Su	Jan 7-Jan 28 11:30am-12:15pm	Res \$80 Non Res \$92	13215-01
4-6	Su	Jan 7-Jan 28 12:15pm-1:00pm	Res \$80 Non Res \$92	13215-02
7-8	Su	Jan 7-Jan 28 1:00pm-2:00pm	Res \$80 Non Res \$92	13215-03
7-8	Su	Jan 7-Jan 28 2:00pm-3:00pm	Res \$80 Non Res \$92	13215-04
9-10	Su	Jan 7-Jan 28 3:00pm-4:00pm	Res \$80 Non Res \$92	13215-05
9-10	Su	Jan 7-Jan 28 4:00pm-5:00pm	Res \$80 Non Res \$92	13215-06
11-14	Su	Jan 7-Jan 28 5:00pm-6:00pm	Res \$80 Non Res \$92	13215-07
4-6	Su	Feb 18-Mar 10 11:30am-12:15pm	Res \$80 Non Res \$92	13215-08
4-6	Su	Feb 18-Mar 10 12:15pm-1:00pm	Res \$80 Non Res \$92	13215-09
7-8	Su	Feb 18-Mar 10 1:00pm-2:00pm	Res \$80 Non Res \$92	13215-10
7-8	Su	Feb 18-Mar 10 2:00pm-3:00pm	Res \$80 Non Res \$92	13215-11
9-10	Su	Feb 18-Mar 10 3:00pm-4:00pm	Res \$80 Non Res \$92	13215-12
9-10	Su	Feb 18-Mar 10 4:00pm-5:00pm	Res \$80 Non Res \$92	13215-13
11-14	Su	Feb 18-Mar 10 5:00pm-6:00pm	Res \$80 Non Res \$92	13215-14

## TRACK & FIELD

### ALLSPORTS TRACK & FIELD

PCC-Active Wing, 14800 34th Avenue N

Learn the fundamentals of track and field with Coach Ian from the UK (track coordinator for Dover during the 2012 London Olympics). Activities include whistling javelin, rocket throw, hurdles, and relay. All abilities welcome. Bring a water bottle.

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-8	Tu	Mar 12-Apr 9 4:15pm-5:00pm	Res \$70 Non Res \$80	13230-01
9-11	Tu	Mar 12-Apr 9 5:00pm-5:45pm	Res \$70 Non Res \$80	13230-02

## VOLLEYBALL

### SKYHAWKS VOLLEYBALL

PCC-Active Wing, 14800 34th Avenue N

Volleyball taught through drills and exercises that focus on passing, setting, hitting, and serving. Coaches will assist participants in developing fundamental skills through game-speed drills and daily scrimmages aimed at developing the whole player. Wear appropriate clothing and bring a water bottle.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-9	Sa	Jan 13-Feb 3 10:00am-11:00am	Res \$89 Non Res \$102	13228-01
10-12	Sa	Jan 13-Feb 3 11:15am-12:15pm	Res \$89 Non Res \$102	13228-02
7-9	Sa	Mar 23-Apr 13 2:00pm-3:00pm	Res \$89 Non Res \$102	13228-03
10-12	Sa	Mar 23-Apr 13 3:15pm-4:15pm	Res \$89 Non Res \$102	13228-04

### BALLET & TAP (AGES 12+)

PCC-Active Wing, 14800 34th Avenue N

This class will focus on ballet and tap technique, alignment, and steps at an intermediate level. This class is for students who have some dance experience. Students will learn artistry and technical skills to perform fun and challenging ballet and tap sequences that will be expanded upon each week. 12 year-olds who are newer to dance should register for 9-12 Ballet and Tap. Pink or skin tone ballet shoes, black tap shoes, and leotard/tights or active wear are needed. Instr: City of Plymouth Dance Staff. Program fee includes 2 costumes and recital. No program: 1/15, 2/19.

AGES	DAY	DATE & TIME	COST	ACTIVITY
12-18	M	Jan 8-Apr 29 7:15pm-9:00pm	Res \$320 Non Res \$333	14106-01

### BALLROOM AND LATIN DANCE (AGES 11-13)

PCC-Active Wing, 14800 34th Avenue N

Learn the dances you see on "Dancing with the Stars." This class will focus on beginning ballroom and Latin dance technique. Kids will learn partnered dances such as cha, cha, samba, rumba, tango, waltz, and more. They will be introduced to the fundamental understanding of music, basic steps, figures, coordination, and rhythm. No partner needed. Please wear comfortable shoes. Girls please wear black leotard with pink tights and skirt. Boys please wear black pants and black shirt. Instr: Zhanna Khenkin.

AGES	DAY	DATE & TIME	COST	ACTIVITY
11-13	Su	Jan 14-Mar 17 12:00pm-12:45pm	Res \$185 Non Res \$195	14110-01

See Arts Access programs on page 8-9.  
Arts Access workshops and activities are specifically designed for youth and adults with disabilities.

### BEGINNER HIP HOP DANCE (AGES 11-15)

PCC-Active Wing, 14800 34th Avenue N

Have you always wanted to learn hip hop dance or want to build on a self-taught foundation? This class is for you! This class will focus on hip hop fundamentals, rhythm, and building character! No dance experience required. Instr: City of Plymouth Dance Staff. Program fees include costume and recital.

AGES	DAY	DATE & TIME	COST	ACTIVITY
11-15	W	Jan 10-Apr 24 6:30pm-7:30pm	Res \$250 Non Res \$266	14130-01

### CONTEMPORARY MODERN (AGES 12+)

PCC-Active Wing, 14800 34th Avenue N

This class will focus on creative movement and expression through dance. Students will learn contemporary modern dance technique and choreography and expand understanding of improvisation and dance composition. This is a great class for students looking to expand their dance vocabulary. Students will dance barefoot. 12 year-olds who are newer to dance should register for 9-12 Modern. City of Plymouth Program fee includes costume and recital.

AGES	DAY	DATE & TIME	COST	ACTIVITY
12-18	Th	Jan 11-Apr 25 8:00pm-9:15pm	Res \$276 Non Res \$292	14102-01

### JAZZ & HIP HOP (AGES 12+)

PCC-Active Wing, 14800 34th Avenue N

This high-energy class will focus on Jazz and Hip Hop styles and technique. Students will experiment with rhythm, energy, and musicality while they learn fast-paced choreography and practice big movements and performance qualities. Tennis shoes, black jazz shoes, and activewear are needed. Instr: City of Plymouth Dance Staff. No program: 3/30. Program fees include 2 costumes and recital.

AGES	DAY	DATE & TIME	COST	ACTIVITY
12-18	Sa	Jan 13-Apr 27 11:00am-12:15pm	Res \$308 Non Res \$323	14103-01

### MUSICAL THEATER JAZZ (AGES 12+)

PCC-Active Wing, 14800 34th Avenue N

This class will inspire the future Broadway star with upbeat, theatrical Jazz choreography, complete with music from your favorite musicals. Black jazz shoes and activewear required. Instr: City of Plymouth Dance staff. Program fees include costume and recital.

AGES	DAY	DATE & TIME	COST	ACTIVITY
12-18	Tu	Jan 9-Apr 23 7:45pm-9:00pm	Res \$276 Non Res \$292	14104-01

## MUSIC

### SCHOOL OF ROCK - SONGWRITING FOR BEGINNERS

School of Rock, 312 Clydesdale Trail

Designed to teach students the fundamentals of songwriting and arranging in an interactive group-class setting. Through exercises, activities and hands-on experiential training, students will learn to articulate and express creative ideas, overcome writer's block, analyze songwriting techniques, collaborate with others and accept constructive criticism, all while writing and arranging their own original songs.

AGES	DAY	DATE & TIME	COST	ACTIVITY
12-17	Tu	Jan 9-Feb 27 6:45pm-7:45pm	Res \$225 Non Res \$247	14105-01
12-17	Tu	Mar 5-Apr 23 6:45pm-7:45pm	Res \$225 Non Res \$247	14105-02

## EDUCATION

**CREATE AND CONNECT**

PCC-Active Wing, 14800 34th Avenue N

An inclusive group for teens who are interested in creative endeavors and are looking for social engagement. Each week multiple art and craft activities will be offered to work on independently, parallel to other teens, or collaborating with other teens. Activities will also support motor and executive functioning skills. Instr: Michelle Pettit, Roots & Wings LLC.

AGES	DAY	DATE & TIME	COST	ACTIVITY
12-17	Th	Jan 11-Feb 29 4:30pm-6:00pm	Res \$240 Non Res \$265	14900-01

**TWIN CITIES CHESS CLUB:  
TEEN CHESS CLUB- BEGINNER**

PCC-Education Wing, 14800 34th Avenue N

Learn from Twin Cities Chess Club instructors who have years of teaching experience. Compete for various prizes including trophies, medals, and chess sets! All chess levels are welcome.

AGES	DAY	DATE & TIME	COST	ACTIVITY
12-16	Th	Jan 18-Mar 21 5:55pm-6:40pm	Res \$130 Non Res \$145	14306-01
12-16	Th	Apr 11-May 16 5:55pm-6:40pm	Res \$80 Non Res \$92	14306-02

**TWIN CITIES CHESS CLUB:  
TEEN CHESS CLUB - INTERMEDIATE/ADVANCED**

PCC-Education Wing, 14800 34th Avenue N

Learn from Twin Cities Chess Club instructors who have years of teaching experience. Compete for various prizes including trophies, medals, and chess sets! All chess levels are welcome.

AGES	DAY	DATE & TIME	COST	ACTIVITY
12-16	Th	Jan 18-Mar 21 6:45pm-7:55pm	Res \$155 Non Res \$170	14307-01
12-16	Th	Apr 11-May 16 6:45pm-7:55pm	Res \$90 Non Res \$105	14307-02

## HEALTH &amp; FITNESS

**12+ STRICTLY STRENGTH**

PCC-Active Wing, 14800 34th Avenue N

Ready for an effective, fun, and safe strength training routine designed for all levels? This is your class! Target, isolate and fatigue, every major muscle group using hand weights, resistance bands, body bars, exercise balls, step, gliders, and the Bosu. It's strictly about strength so be prepared to learn how to properly work your muscles to get the results you want. This is a great class to sign up with your friends! Bring water. Instr: Jen Christen, Ace Fitness Certified. No program: 2/13, 4/2.

AGES	DAY	DATE & TIME	COST	ACTIVITY
12-15	Tu	Jan 9-Feb 20 4:40pm-5:20pm	Res \$65 Non Res \$75	13400-01
12-15	Tu	Feb 27-Apr 9 4:40pm-5:20pm	Res \$65 Non Res \$75	13400-02
12-15	Tu	Apr 16-May 21 4:40pm-5:20pm	Res \$65 Non Res \$75	13400-03

**TOTAL BODY CIRCUIT**

PCC-Active Wing, 14800 34th Avenue N

Circuit training aims to keep your heart rate elevated while training the major muscle groups by rotating through different exercise stations with minimal rest between exercises. Join us for an effective and challenging form of conditioning to burn more calories, develop your strength, endurance, and coordination utilizing a variety of exercises. This class is open to teens and adults. Bring your own towel and water. Instr: Jen Christen, Ace Fitness Certified. No program: 2/14, 4/3.

AGES	DAY	DATE & TIME	COST	ACTIVITY
12+	W	Jan 10-Feb 21 7:00pm-7:45pm	Res \$65 Non Res \$75	15402-01
12+	W	Feb 28-Apr 10 7:00pm-7:45pm	Res \$65 Non Res \$75	15402-02
12+	W	Apr 17-May 22 7:00pm-7:45pm	Res \$65 Non Res \$75	15402-03

## OUTDOOR RECREATION

**TRAILSIDE REPAIR**

PCC-Education Wing, 14800 34th Avenue N

Many possible issues and problems can and do occasionally occur when riding. We will work through flat tires, wheel issues, dropped chains, cleaning and lubing, replacing tires, and what to buy to handle the unfortunate issues. This is a mix of hands on and lecture. Please leave your bikes at home for this class. Class taught by Bjorn Cycling

AGES	DAY	DATE & TIME	COST	ACTIVITY
14+	W	Jan 10 7:00pm-8:00pm	Res \$31 Non Res \$40	13222-01
14+	W	Feb 7 7:00pm-8:00pm	Res \$31 Non Res \$40	13222-02
14+	W	Mar 20 7:00pm-8:00pm	Res \$31 Non Res \$40	13222-03
14+	W	Apr 10 7:00pm-8:00pm	Res \$31 Non Res \$40	13222-04

## SAFETY

**SAFE SITTER BABYSITTERS TRAINING**

PCC-Education Wing, 14800 34th Avenue N

Safe Sitter prepares students grades 6-8 to be safe when they're home alone, watching siblings, or babysitting. Students learn safety, child care skills, diapering, behavior management, online and personal safety. First aid and rescue skills including injury management, choking rescue, infant/ child CPR. Activities, role playing and hands on activities with manikins to practice skills create a fun learning environment. Course content follows guidelines of American Academy of Pediatrics and American Heart Association.

AGES	DAY	DATE & TIME	COST	ACTIVITY
11-15	Sa	Jan 6 9:00am-2:45pm	Res \$115 Non Res \$125	13503-01
11-15	Sa	Feb 24 9:00am-2:45pm	Res \$115 Non Res \$125	13503-02
11-15	Sa	Mar 16 9:00am-2:45pm	Res \$115 Non Res \$125	13503-03
11-15	Sa	Apr 20 9:00am-2:45pm	Res \$115 Non Res \$115	13503-04
11-15	Sa	May 11 9:00am-2:45pm	Res \$115 Non Res \$125	13503-05

See bicycle Repair and  
Maintenance class on page 42.

# Adult

## ARTS

### ALL ABOUT DRAWING- DRAWING WITH CONFIDENCE

PCC-Education Wing, 14800 34th Avenue N

Drawing is the foundation of all Visual Arts. You will learn from a professional artist how to express yourself and gain confidence while creating your works. This class is great for all skill levels. Recommended supply list provided via email at the time of registration. Instr: Tatiana Eletsy.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Apr 4-Apr 25 4:00pm-6:00pm	Res \$95 Non Res \$100	15105-01

## CUPCAKE DECORATION

### ARTISTIC MOMENTS - FONDANT CUPCAKE DECORATING

PCC-Education Wing, 14800 34th Avenue N

Have you ever used fondant to decorate cupcakes? Fondant is a 'Play-Doh-like' edible icing used to create fun designs on cupcakes. Learn how to roll, cut, and sculpt colorful fondant into a wide variety of shapes and sizes. You will have fun creating festive cupcakes for any occasion! Please Note: Cupcakes are purchased through Cub Foods. If you have any food allergies, please contact the Cub Foods Bakery to inquire about all ingredients used in these products. Instr: Kris Holtmeyer.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	M	Apr 8 7:15pm-9:15pm	Res \$45 Non Res \$50	15144-01

See Arts Access programs on page 8-9.  
Arts Access workshops and activities are specifically designed for youth and adults with disabilities.

## CAKE DECORATION

### IT'S A CAKE THING - BEGINNER LEVEL

PCC-Education Wing, 14800 34th Avenue N

Beginner classes are geared to the complete beginner. What you will learn: basic icing application, basic border techniques, simple construction of buttercream icing flowers and writing on your cake.

AGES	DAY	DATE & TIME	COST	ACTIVITY
16+	W	Apr 3 6:00pm-9:00pm	Res \$130 Non Res \$136	15202-01

### IT'S A CAKE THING - ADVANCED LEVEL

PCC-Education Wing, 14800 34th Avenue N

Geared to the experienced decorator who wants to break the boundaries of traditional cake decorating and launch into cake artistry, including stacking your cake properly. Decorating supplies and cake provided.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	Apr 17 6:00pm-9:00pm	Res \$150 Non Res \$160	15203-01

### ITS A CAKE THING - INTRODUCTION TO FONDANT

PCC-Education Wing, 14800 34th Avenue N

In this course, students will learn the basics of using fondant to cover cakes, how to use fondant molds and how to create simple flowers and freehand borders and ruffles. They will learn the reasons and differences on the importance of rolling thickness, how to color fondant, and how to maintain freshness to avoid drying out and hardening. This course will touch on the infinite ways fondant can be used. All supplies provided.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	May 1 6:00pm-9:00pm	Res \$175 Non Res \$184	15204-01

## CLAY

### POLYMER CLAY FLOWERS

PCC-Education Wing, 14800 34th Avenue N

Learn to make beautiful flowers out of polymer clay. You'll learn to make several different canes; to reduce, wrap, and shape the canes into flower petals; and to assemble the petals into flowers. Students will be able to pick their flowers up 1 week later - after they are cured. This is a beginner class.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Feb 13 9:00am-12:00pm	Res \$65 Non Res \$74	15112-01
18+	Tu	May 7 9:00am-12:00pm	Res \$65 Non Res \$74	15112-02

## CARDS

### CREATING GREETING CARDS WITH WATERCOLOR

PCC-Education Wing, 14800 34th Avenue N

Using a variety of simple techniques and materials you will design and make truly unique greeting cards for family and friends for any and all occasions. Instr: David Tomlinson.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	Apr 17 10:00am-1:00pm	Res \$30 Non Res \$35	15108-01

### STAMPED CARD MAKING

PCC-Education Wing, 14800 34th Avenue N

Come create hand stamped cards, gifts, tags and more for the winter and spring. All supplies included with class fee. Instr: Nancy Berg.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Jan 16-Jan 23 6:00pm-8:00pm	Res \$40 Non Res \$45	15102-01
18+	Tu	Apr 9-Apr 16 6:00pm-8:00pm	Res \$40 Non Res \$45	15102-02



## ARTS - DANCE

### ADULT BALLET

PCC-Active Wing, 14800 34th Avenue N

Beginners welcome! Have you always wanted to try ballet or used to dance as a child and want to get back into it? This 6-week class will introduce ballet basics with a focus on coordination, artistry and having fun! Instruction will be at a beginner level with challenge options for those with more experience. Instr: City of Plymouth Dance Staff.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Jan 11-Feb 15 7:00pm-8:00pm	Res \$80 Non Res \$86	15170-01

### ADULT BEGINNER HIP HOP DANCE (AGES 16+)

PCC-Active Wing, 14800 34th Avenue N

Get moving with hip hop dance! This high energy class will focus on hip hop fundamentals, grooves, and having fun! This class will be taught at an absolute beginner level - no dance experience necessary. A fun way to get active and learn some new dance steps. Instr: City of Plymouth Dance Staff.

AGES	DAY	DATE & TIME	COST	ACTIVITY
16+	W	Jan 10-Feb 28 7:30pm-8:30pm	Res \$105 Non Res \$113	15159-01

### ADULT BEGINNER II HIP HOP DANCE (AGES 16+)

PCC-Active Wing, 14800 34th Avenue N

This class will focus on hip hop fundamentals, dynamic movements and having fun! This class is designed for those who have some dance experience and want to learn at a faster pace. Hip hop-specific experience is not required. Instr: City of Plymouth Dance Staff.

AGES	DAY	DATE & TIME	COST	ACTIVITY
16+	W	Mar 6-Apr 24 7:30pm-8:30pm	Res \$105 Non Res \$113	15154-01

### PARTNERED DANCING FOR ALL OCCASIONS

PCC-Active Wing, 14800 34th Avenue N

No matter the occasion, you'll be prepared to dance! Be one of the best dancers at your event, or just have some fun dancing together at home! Try something new to add laughter & romance into your relationship! Taking steps from classic ballroom dances, you'll learn easy to remember mini-routines, danceable to all your favorite songs including pop, blues, rock, country and more! If you think you have no rhythm and 2 left feet, this is the perfect course for you! Couples stay dancing together & singles rotate with other singles. Casual dress and comfortable clean shoes. Price is per person, so please register individually. Instr: Deanna Constantine.

AGES	DAY	DATE & TIME	COST	ACTIVITY
16+	Sa	Jan 20-Feb 10 3:00pm-4:30pm	Res \$64 Non Res \$74	15103-01
16+	Sa	Apr 6-Apr 27 3:00pm-4:30pm	Res \$64 Non Res \$74	15103-02

### LET'S TAP DANCE 1, 2, 3

PCC-Active Wing, 14800 34th Avenue N

Dance is a top rated exercise because it stimulates us socially, physically, mentally, artistically and is lots of fun. Participants will learn, review basics and complete tap routine. Wear comfortable clothing and don't forget your tap shoes.

Let's Tap 1 (15104-01): If you took dance as a child, taken a few classes along the way or if you've always wanted to tap and you're new to the whole thing - welcome. (12:30pm - 1:30pm) Staying in this class for a couple of sessions is usually recommended.

Let's Tap 2 (15104-02): If you have mastered the basics and been working on time steps - this is the class for you. (11:15am - 12:15pm)

Let's Tap 3 (15104-03): If you are ready for a faster pace with more challenging choreography - let's keep on tapping. (10:00am - 11:00am) Instr: Stephanie Stockton. No program: 1/26, 3/29. Instr: Stephanie Stockton.

AGES	DAY	DATE & TIME	COST	ACTIVITY
25+	F	Jan 12-Apr 26 12:30pm-1:30pm	Res \$175 Non Res \$195	15104-01
25+	F	Jan 12-Apr 26 11:15am-12:15pm	Res \$175 Non Res \$195	15104-02
25+	F	Jan 12-Apr 26 10:00am-11:00am	Res \$175 Non Res \$195	15104-03
25+	F	May 3-May 24 10:00am-11:00am	Res \$53 Non Res \$63	15104-04
25+	F	May 3-May 24 11:15am-12:15pm	Res \$53 Non Res \$63	15104-05
25+	F	May 3-May 24 12:30pm-1:30pm	Res \$53 Non Res \$63	15104-06

# Adult

## ARTS - FENG SHUI

### DECORATING THE "FUN" SHUI WAY

PCC-Education Wing, 14800 34th Avenue N

In this class we'll explore the ancient Chinese art of feng shui. We'll learn how to infuse its principles into interior design for your home or office space and improve the flow of positive energy. Using the Bagua (Feng Shui Map) we'll discuss design ideas and changes that tie in all the dreams you have for your space and life. Instr: Julie Ann Segal, Metro Interiors LLC.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Sa	Apr 13 9:30am-12:30pm	Res \$104 Non Res \$114	15110-01

## GARDEN

### SUCCULENT GARDEN MAKING

PCC-Education Wing, 14800 34th Avenue N

Design this living work of art with colorful succulents, plus an adorable mushroom figure that adds a whimsical touch. All supplies included in class fee.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	M	Mar 18 6:30pm-8:00pm	Res \$50 Non Res \$57	15115-01

## GLASS ARTS

### SKYLAB GLASS ARTS - BEGINNER LAMPWORKING

Skylab Glass Arts, 8838 7th Avenue

Great class for beginners with little to no experience using torch. Lampworking is a method of glassblowing using a torch to melt and manipulate glass into a desired form. Create at your own pace and comfort level. Start with solid-shaped objects and transition into pendants you can take home. All supplies included.

AGES	DAY	DATE & TIME	COST	ACTIVITY
16+	Th	Jan 18 6:30pm-8:30pm	Res \$80 Non Res \$88	15163-01

### SKYLAB GLASS ARTS - HEART SHAPED PENDANT

Skylab Glass Arts, 8838 7th Avenue

Students will learn to shape colored glass with a fixed torch into a solid pendants. You will be able to choose several colors to be combined and with the assistance of our instructors attach a loop to hang from any necklace! You can take home any finished pieces, generally 2-3 per class. All materials included in class fee. No experience needed.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Feb 13 6:30pm-8:30pm	Res \$80 Non Res \$88	15158-01

## KNITTING

### VIKING TRAILS CUFF – BEGINNING CABLE KNITTING

PCC-Education Wing, 14800 34th Avenue N

Learn to knit basic cable stitches while beginning a pair of cozy cuffs. Experience in casting on, knitting, and purling needed. Bring U.S. size 5 or 6 straight or circular needles, cable needle, and general knitting supplies. Soft, wool yarn in an ecru color will be provided by the instructor. Instr: Wendy Johnson, Saga Hill Designs.

AGES	DAY	DATE & TIME	COST	ACTIVITY
16+	Sa	Apr 6 1:00pm-4:00pm	Res \$70 Non Res \$80	15113-01



## ARTS - MUSIC

### INSTANT GUITAR FOR HOPELESSLY BUSY PEOPLE

#### Online

This crash course will teach you some basic chords and get you playing along with your favorite songs right away. Class fee includes an online book and online follow-up video lessons. Optional online question and answer session is also included along with recording of the class. Class is held online using zoom. Instr: Craig Coffman.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Sa	Apr 13 1:00pm-3:30pm	\$64	15122-01

### INSTANT PIANO FOR HOPELESSLY BUSY PEOPLE

#### Online

Learn to play piano the way professionals do-using chords. This online course will include online lesson book and follow-up video lessons. An optional periodic online question and answer session is included along with recording of class. Class is held online using zoom. Instr: Craig Coffman.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Sa	Apr 13 9:00am-12:00pm	\$64	15161-01

### HOW TO PLAY PIANO BY EAR

#### Online

A very practical presentation of music theory that includes predicting chord progressions, learning from recordings, and transposing-all expressed in everyday language. This is an ideal follow-up to the "Instant Piano" class and is open to anyone who has a basic understanding of chords on any instrument. Prior experience with chords recommended. Fee includes the online book, online follow-up lessons, a recording of the class and an optional monthly question and answer session. Class is held online using zoom. Instr: Craig Coffman.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Sa	May 11 9:00am-11:30am	\$64	15148-01

## SCHOOL OF ROCK

### SCHOOL OF ROCK - ROCK OF AGES

Students select an instrument of their choice (drums, guitar, bass, keys or vocals) and are assigned songs and parts that they will work through in weekly private lessons, refining the skills and concepts that those songs introduce. The goal of the curriculum is to prepare students to join School of Rock's Adult Band and perform live! Register for specific day/session and you will be connected with instructor to coordinate lesson time.

### MONDAYS - ROCK OF AGES

School of Rock, 312 Clydesdale Trail

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	M	Jan 8-Jan 29 times vary	Res \$225 Non Res \$247	15175-01
18+	M	Feb 5-Feb 26 times vary	Res \$225 Non Res \$247	15175-02
18+	M	Mar 4-Mar 25 times vary	Res \$225 Non Res \$247	15175-03
18+	M	Apr 1-Apr 22 times vary	Res \$225 Non Res \$247	15175-04

### TUESDAYS - ROCK OF AGES

School of Rock, 312 Clydesdale Trail

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Jan 9-Jan 30 times vary	Res \$225 Non Res \$247	15176-01
18+	Tu	Feb 6-Feb 27 times vary	Res \$225 Non Res \$247	15176-02
18+	Tu	Mar 5-Mar 26 times vary	Res \$225 Non Res \$247	15176-03
18+	Tu	Apr 2-Apr 23 times vary	Res \$225 Non Res \$247	15176-04

### WEDNESDAYS - ROCK OF AGES

School of Rock, 312 Clydesdale Trail

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	Jan 10-Jan 31 times vary	Res \$225 Non Res \$247	15177-01
18+	W	Feb 7-Feb 28 times vary	Res \$225 Non Res \$247	15177-02
18+	W	Mar 6-Mar 27 times vary	Res \$225 Non Res \$247	15177-03
18+	W	Apr 3-Apr 24 times vary	Res \$225 Non Res \$247	15177-04

### THURSDAYS - ROCK OF AGES

School of Rock, 312 Clydesdale Trail

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Jan 4-Jan 25 times vary	Res \$225 Non Res \$247	15178-01
18+	Th	Feb 1-Feb 22 times vary	Res \$225 Non Res \$247	15178-02
18+	Th	Mar 7-Mar 28 times vary	Res \$225 Non Res \$247	15178-03
18+	Th	Apr 4-Apr 25 times vary	Res \$225 Non Res \$247	15178-04

### SATURDAYS - ROCK OF AGES

School of Rock, 312 Clydesdale Trail

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Sa	Jan 6-Jan 27 times vary	Res \$225 Non Res \$247	15179-01
18+	Sa	Feb 3-Feb 24 times vary	Res \$225 Non Res \$247	15179-02
18+	Sa	Mar 9-Mar 30 times vary	Res \$225 Non Res \$247	15179-03
18+	Sa	Apr 6-Apr 27 times vary	Res \$225 Non Res \$247	15179-04

# Adult

## ARTS - UNWRAPPING MUSIC SERIES

### UNWRAPPING MUSIC

Unwrapping Music is a music appreciation class of MacPhail School of Music (Music for Life) program. Each month, we will explore a particular musical genre, time period, composer, or performing artist. The hour includes covering the history, form, and function that shaped each musical style and how music and society changed each other across eras, cultures, and continents. Students will experience recorded and live examples, have interactive question and answer time, may participate in some singing, and are sure to learn something new!

### UNWRAPPING MUSIC - WHAT TO LISTEN FOR IN FILM MUSIC

PCC-Education Wing, 14800 34th Avenue N

In this class we will look at how music is added to movies to help enhance the storyline, give characters depth, and lend emotional weight to the scenes it accompanies.

AGES	DAY	DATE & TIME	COST	ACTIVITY
50+	Sa	Jan 13 10:00am-11:00am	Res \$20 Non Res \$24	15157-01

### UNWRAPPING MUSIC - CAROLE KING, SONGWRITER, SINGER & AMERICAN TREASURE

PCC-Education Wing, 14800 34th Avenue N

An American treasure, Carole King has topped the charts with her songwriting genius - covered by everyone from The Beatles to Aretha Franklin. King has a unique and beloved musical voice.

AGES	DAY	DATE & TIME	COST	ACTIVITY
50+	Sa	Feb 10 10:00am-11:00am	Res \$20 Non Res \$24	15162-01

### UNWRAPPING MUSIC - THE CREATION OF ROCK AND ROLL - JUMP BLUES, COUNTRY MUSIC AND CHUCK BERRY

PCC-Education Wing, 14800 34th Avenue N

Rock and Roll is an American invention, a combination of Blues, Country and Chuck Berry's unique genius. Come learn how this popular musical genre got its beginnings!

AGES	DAY	DATE & TIME	COST	ACTIVITY
50+	Sa	Mar 9 10:00am-11:00am	Res \$20 Non Res \$24	15164-01

### UNWRAPPING MUSIC - MUSIC AND HEALTH

PCC-Education Wing, 14800 34th Avenue N

In this class we will explore how biochemical responses to music affect our physical and mental health for the better- whether singing, playing or listening to music, it has health benefits in addition to being fun and enjoyable!

AGES	DAY	DATE & TIME	COST	ACTIVITY
50+	M	Apr 8 7:00pm-8:00pm	Res \$20 Non Res \$24	15165-01

### UNWRAPPING MUSIC - RAGTIME AND VAUDEVILLE

PCC-Education Wing, 14800 34th Avenue N

In this class we will look at the music from the beginning of the 20th century - the Ragtime craze that swept the country and the very beginnings of musical theater that begin in the vaudeville houses.

AGES	DAY	DATE & TIME	COST	ACTIVITY
50+	M	May 13 7:00pm-8:00pm	Res \$20 Non Res \$24	15166-01

## PHOTO ORGANIZING

### ORGANIZE YOUR PHOTO MESS

PCC-Education Wing, 14800 34th Avenue N

Discover alternatives to get every photo, video & memorabilia in one location- permanently & securely. Learn about digital scanning, cloud storage and amazing organizational tools. You'll leave with options to quickly access every photo you own and share them with family and friends. Instr: Susan DeJute.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Feb 22 10:00am-11:30am	Res \$25 Non Res \$30	15124-01
18+	Th	Apr 18 7:00pm-8:30pm	Res \$25 Non Res \$30	15124-02



## ARTS - PASTELS & PAINTING

### PASTEL DRAWING

PCC-Education Wing, 14800 34th Avenue N

You will learn the basics of pastel drawing which combine drawing and painting. Dry pastels allow you to draw, blur and mix using your fingers, resulting in wonderful works of art. Supplies list provided prior to class. Instr: Carmen Troncosco.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Mar 21-Apr 25 12:30pm-3:30pm	Res \$125 Non Res \$130	15133-01

### ACRYLIC PAINTING

PCC-Education Wing, 14800 34th Avenue N

Learn the basics of acrylic painting. Supplies list provided prior to class. Instr: Carmen Troncosco.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Mar 19-Apr 23 12:30pm-3:30pm	Res \$125 Non Res \$130	15134-01

### BEGINNING WATERCOLOR PAINTING

PCC-Education Wing, 14800 34th Avenue N

Learn the basics of watercolor painting. They will include paint types, watercolor papers, brushes and simple painting techniques. Experience the uniqueness and magic of painting with watercolors. Recommended supply list provided at time of registration. Instr: David Tomlinson.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	Feb 21 10:00am-1:00pm	Res \$30 Non Res \$35	15106-01

### FOX IN A FIELD OF FLOWERS

PCC-Education Wing, 14800 34th Avenue N

We'll guide you through the process of drawing a charming fox nestled in a vibrant field of flowers. With the versatile and expressive medium of chalk pastels, your artwork will come to life in the most captivating way.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	May 14 6:30pm-8:00pm	Res \$45 Non Res \$50	15116-01

### GLOW-IN-THE-DARK AURORA BOREALIS

PCC-Education Wing, 14800 34th Avenue N

Come explore blending as we create a mixed-media landscape featuring nature's most magnificent light show: Aurora Borealis. Just like the real Northern Lights, this project will actually glow-in-the-dark!

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	M	Feb 26 6:30pm-8:00pm	Res \$45 Non Res \$50	15114-01

### LITTLE CACTUS WATERCOLOR STILL-LIFE

PCC-Education Wing, 14800 34th Avenue N

This class will provide step-by-step instruction in the fundamentals of watercolor painting. This course enables a beginner to achieve confidence and mastery and to enjoy the process. We'll experiment with resist techniques while creating a succulent still-life. All materials provided.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	M	Apr 22 7:00pm-9:00pm	Res \$45 Non Res \$50	15100-01

### WATERCOLOR LANDSCAPE PAINTING

PCC-Education Wing, 14800 34th Avenue N

Bring your favorite landscape photo and go home with a watercolor painting of a place of fond memories. A projection device can be used to transfer your photo to watercolor paper. Assistance will be given with special composition, color mixing, and painting techniques of natural objects. Recommended supply list provided. Before class email photo to: recreation@plymouthmn.gov. Instr: David Tomlinson.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	Mar 20 10:00am-1:00pm	Res \$30 Non Res \$35	15107-01

## CANCELLATION POLICY

Requests for cancellations or transfers must be made at least one full week prior to the first class unless noted otherwise. See pg. 2.



## ARTS - POTTERY

### WHEEL POTTERY

PCC-Education Wing, 14800 34th Avenue N

Learn the basics of wheel sculpting with ceramic clay. Will cover throwing and glazing techniques. Make projects to take home at the end of the session. No experience necessary. All supplies included in the course fee. Instr: Adama Sow.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	Feb 7-Feb 28 7:00pm-9:00pm	Res \$155 Non Res \$165	15153-01
18+	W	Mar 6-Mar 27 7:00pm-9:00pm	Res \$155 Non Res \$165	15153-02
18+	W	Apr 10-May 1 7:00pm-9:00pm	Res \$155 Non Res \$165	15153-03
18+	W	May 8-May 29 7:00pm-9:00pm	Res \$155 Non Res \$165	15153-04

## VOICE OVER

### INTRODUCTION TO VOICE OVER- NOW IS YOUR TIME!

PCC-Education Wing, 14800 34th Avenue N

Our instructor and professional voice coach will show you how you can actually begin using your speaking voice for commercials, films, videos, and more. Most people go about it the wrong way. In this introductory class, you will learn about a unique, outside the box way to break into this creative, fulfilling, and potentially lucrative industry. Instr: Justine Reiss, Such a Voice LLC.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Mar 5 6:30pm-8:30pm	Res \$35 Non Res \$38	15129-01

## WRITING

### WRITING YOUR FIRST NOVEL

PCC-Education Wing, 14800 34th Avenue N

Writing a story is an exciting but daunting prospect! Learn the basics of writing and editing, how to connect with fellow writers, and an overview of publishing options. Whether you're still brainstorming or have a completed draft, this course will help you take the next step on your writing journey. Instr: Laurie Lucking

AGES	DAY	DATE & TIME	COST	ACTIVITY
15+	Th	Jan 18-Feb 8 7:00pm-8:00pm	Res \$80 Non Res \$85	15123-01

### THE ABC'S OF WRITING CHILDREN'S BOOKS

PCC-Education Wing, 14800 34th Avenue N

This is the perfect workshop for anyone who has an idea percolating for a children's book, or even people who have written one but aren't sure what to do next. Learn the basic formats of children's books and how children's books get made, for everything from ABC books to Teen Fiction, and find out where your book fits in. Instr: The Loft.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	May 7 6:30pm-7:30pm	Res \$65 Non Res \$74	15336-01

### THE CRAFT OF WRITING LYRICS

PCC-Education Wing, 14800 34th Avenue N

Learn to write authentic and powerful lyrics that capture your unique voice and connect with your audience in this community class. Discover how to infuse your lyrics with emotion, meaning, and originality, and elevate your songwriting to the next level! Instructor Chad Shank is a Berklee Online Instructor and member of MN Association for Songwriters.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Mar 26-Apr 9 7:00pm-9:00pm	Res \$60 Non Res \$69	15117-01

### CREATIVE WRITING SAMPLER

PCC-Education Wing, 14800 34th Avenue N

Not sure if you're a poet, a novelist, or a memoirist? Come and sample poetry, fiction, and creative nonfiction by exploring craft techniques common to all three and experimenting with each through creative writing exercises. Instr: The Loft.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Mar 12 6:30pm-7:30pm	Res \$65 Non Res \$74	15169-01

### GUIDED AUTOBIOGRAPHY:

#### LEARN TO WRITE YOUR MEMOIR

PCC-Education Wing, 14800 34th Avenue N

If you want to leave a legacy for your family, gain perspective on a life transition, start a memoir, or reflect on your life experience, the Guided Autobiography method of writing your memoir will get you started on the right track. With a thematic approach to writing a two-page story each week, Guided Autobiography stirs memories and makes memoir writing accessible to everyone. Instr: Bill Marsella.

AGES	DAY	DATE & TIME	COST	ACTIVITY
35+	W	Feb 21-Apr 10 6:30pm-8:30pm	Res \$80 Non Res \$85	15201-01

### HOW TO WRITE YOUR ETHICAL WILL - INTRO TO LEGACY LETTERS

PCC-Education Wing, 14800 34th Avenue N

This 2 hour workshop will teach you how to write 'Legacy Letters' (a modern practice grounded in the Biblical tradition of writing an 'Ethical Will') You will learn the universal needs that legacy writing addresses for you, the writer and your heirs. Through simple interactive writing practice, you will learn the principles and techniques for writing simple but profound letters that convey your greatest treasures - your faith, life's lessons, and values to those you love. Instr: Bill Marsella.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	Feb 7 10:00am-12:00pm	Res \$30 Non Res \$36	15200-01

## EDUCATION - BRIDGE

### BRIDGE: BOOK 2- PLAY OF THE HAND

PCC-Education Wing, 14800 34th Avenue N

Pre-req: Book 1. Learn the thought process and techniques needed to successfully play and contract. Books can be purchased from instructor, Mignon Nearmyer at class.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Jan 30-Mar 19 1:00pm-3:00pm	Res \$50 Non Res \$60	15312-01

### BRIDGE: BOOK 3 - DEFENSE

PCC-Education Wing, 14800 34th Avenue N

Pre-req: Book 1 & 2. This course provides the techniques critical to the thinking needed to defeat the opponent's contracts. It is the most challenging of the three books but also the most interesting. Books can be purchased from Mignon Nearmyer at class.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	M	Jan 29-Mar 18 10:00am-12:00pm	Res \$50 Non Res \$60	15311-01
18+	Tu	Jan 30-Mar 19 6:45pm-8:45pm	Res \$50 Non Res \$60	15311-02

### BRIDGE: BOOK 4 - COMMONLY USED CONVENTIONS

PCC-Education Wing, 14800 34th Avenue N

Pre-req: Book 1-3. Class will include lesson and playing time. Books can be purchased from instructor Mignon Nearmyer at class.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	M	Apr 1-May 20 10:00am-12:00pm	Res \$50 Non Res \$60	15313-01
18+	Tu	Apr 2-May 21 6:45pm-8:45pm	Res \$50 Non Res \$60	15313-02

### BRIDGE: SHUFFLE, DEAL AND PLAY

PCC-Education Wing, 14800 34th Avenue N

Practice what you have learned in class. Also get instruction on the latest rules and play under the eye of a Life Bridge Master. No program Dec. 26, Jan. 2. Pre-req: Books 1-4. Practice what you have learned in class. Also, get a little introduction on the latest rules and play under the eye of an expert Bridge Master. Instr: Mignon Nearmyer.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	M	Jan 29-Mar 18 1:00pm-3:00pm	Res \$50 Non Res \$60	15309-01
18+	M	Apr 1-May 20 1:00pm-3:00pm	Res \$50 Non Res \$60	15309-02



## What's killing my Ash tree?

### E.A.B. survival tips

Join us for an educational class all about Emerald Ash Borer. EAB kills millions of trees every year. Learn what Parks & Forestry is doing to slow the spread and protect boulevard and park ash trees. Learn how to identify the signs and protect your private ash trees from this invasive pest. No fee to attend and no registration required. All ages welcome.

**Feb. 6, 7-8 p.m.**

Plymouth Community Center, Aspen Room  
14800 34th Ave. N



# Adult

## EDUCATION - BUSINESS/CAREER

### BEGINNER'S GUIDE TO MAKING MONEY MYSTERY SHOPPING (ASYNCHRONOUS)

Online

Learn how to sign up with 25+ legitimate mystery shopping companies WITHOUT FEES, avoid pitfalls and scams, create a required mystery shopping resume and profile, and how to file your mystery shopping reports for payment. Once registered, you will receive a link to the prerecorded live class, which includes instruction, a comprehensive virtual handout, answers to frequently asked questions, as well as a method to contact the instructor with any future questions. Instr: LeeAnne Krusemark.

AGES	COST	ACTIVITY
18+	\$29	15366-01

### HOW TO MAKE EXTRA CASH PET SITTING

Online

Learn how to make extra money after school or work by watching dogs or other pets. You will learn about feeding, watering, and exercising pets, how to make a good impression as well as what questions to ask when interviewing for a pet sitting job, and what to do when a dog has behavioral issues.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	F	Mar 1 6:00pm-8:00pm	\$35	15314-01

### HOW TO START ANY HOME BUSINESS + 250 HOME BUSINESS IDEAS! (ASYNCHRONOUS)

Online

Turn your talents and hobbies into profits by starting a home business. Once registered, you will receive a link to the prerecorded live class, which includes instruction, a comprehensive virtual handout, answers to frequently asked questions, as well as a method to contact the instructor with any future questions. Instr: LeeAnne Krusemark.

AGES	COST	ACTIVITY
18+	\$29	15363-01

### MYSTERY SHOPPING - GETTING PAID TO SHOP

Online

You can get paid to shop at almost every local store in your area, plus there are many online shopping assignments you can do from home. Learn how to avoid scam companies and work for the best mystery shopping companies that pay the most. Instr: Gina Henry.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Sa	Apr 13 11:00am-2:00pm	\$49	15374-01

### MONETIZE WEBSITES, BLOGS, AND SOCIAL MEDIA WITH AFFILIATE MARKETING

Online

Earn a passive monthly income from selling other people's products by placing a merchant-provided advertisement link on your site and get a commission for every sale, click or lead. Learn where to find 1000+ free and low cost opportunities and how to avoid scams or links that won't offer a beneficial ROI (return on investment). Instr: LeeAnne Krusemark.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	Mar 6 4:00pm-5:00pm	\$25	15349-01

## COOKING WITH TESS



## EDUCATION - COOKING WITH TESS

### COOKING WITH TESS: RUSTIC ITALIAN BREAD & LUSCIOUS SOUPS

Online

On the Menu: Velvety Beer Cheese Soup, Luscious Loaded Potato Soup, & Wonderful Homemade Italian Bread BOWLS or Italian Bread ROLLS (baked in the oven). These original delicious no-fail recipes created by the instructor will become family favorites guaranteed! Instr: Tess Georgakopoulos

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	F	Jan 19 6:00pm-8:30pm	\$40	15377-01

### AIR FRYER HYPE! COPYCAT KFC & RECIPE IDEAS FOR ALL AGES

Online

The instructor will demonstrate some family favorite recipes and invite participants to join in for one of them. The recipes that will be demonstrated include: homemade eggrolls wraps, pizza bites, seasoned potato wedges, and burgers! The cook-along recipe will be Copycat KFC Chicken! Instr: Tess G.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Sa	Jan 20 4:00pm-6:00pm	\$35	15379-01

### COOKING WITH TESS: WHOLESOME HOAGIES

Online

Learn to create your own WHOLESOME HOAGIE ("Hero") Rolls from scratch and master the art of creating chicken Parmesan to fill them with.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Sa	Jan 27 4:00pm-6:30pm	\$40	15310-01

### COOKING WITH TESS: KICK-OFF KITCHEN!

Online

Learn to make SOFT Pretzels with Beer Cheese Dip & Italian Meatball Slider Sammies from SCRATCH! EVERYTHING from the dough for the pretzels and rolls, beer cheese and meatballs will be made fresh!

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	F	Feb 2 6:00pm-8:30pm	\$40	15320-01

### COOKING WITH TESS: SWEETHEARTS' DELIGHTS

Online

Learn to make a decadent French pastry known as a Chocolate Éclair filled with pastry cream and covered in chocolate ganache, and another wonderfully rich yeasted desert known as Paczki (Polish Doughnuts) filled with preserves or pastry cream.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Sa	Feb 3 4:00pm-6:30pm	\$40	15321-01

### COOKING WITH TESS: SOUPS & BREAD BOWLS!

Online

On the Menu: Creamy Chicken & Wild Rice Soup, Creamy Broccoli & Cheddar Soup, and Wonderful Homemade Italian Bread BOWLS (baked in the oven).

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Sa	Feb 24 4:00pm-6:30pm	\$40	15327-01

### COOKING WITH TESS: FUN WITH FALAFEL

Online

On the Menu: Falafel, delicious homemade pita-pocket bread, yogurt tahini sauce, and a marvelous hummus! Instructor will demonstrate 2 different ways of cooking the falafel including frying in oil (minimal to no absorption of oil) and "dry" frying followed by baking.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Sa	Mar 2 4:00pm-6:30pm	Res \$40 Non Res \$40	15329-01

### CLASSIC HOMEMADE PIEROGI

Online

Learn how to make your own homemade Classic Pierogi with homemade dough and filling that will make your taste buds dance for joy! Instr: Tess Georgakopoulos.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	F	Mar 8 6:00pm-8:00pm	\$35	15382-01

### COOKING WITH TESS: RUSTIC ITALIAN FEAST!

Online

Create melt-in-your-mouth Chicken Cacciatore, and follow along step-by-step, to create her luscious garlic-bread rolls bursting with flavor. Add some rice, potatoes, pasta, and a salad of your choice and you will have created a Rustic Italian Feast that will have your family coming back for more!

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Sa	Mar 9 4:00pm-6:30pm	\$40	15333-01



# Adult

## EDUCATION - COOKING WITH TESS

### COOKING WITH TESS: MEDITERRANEAN MEZZE

Online

On the mezze menu: Mediterranean Kebabi; full flavored / seasoned ground meat skewers with Greek Drizzle Dressing, Tiropitakia; Phyllo wrapped savory cheese triangles, accompanied by Tzatziki; Savory Greek Yogurt Dip, and homemade Greek white bean dip or hummus, in addition to homemade Pita Bread! Instr: Tess Georgakopoulos.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Sa	Mar 16 4:00pm-6:30pm	\$40	15394-01

### COOKING WITH TESS: PRETZEL CRUST PIZZA & PRETZEL KNOTS

Online

The instructor will guide you through her step-by-step process of creating her Specialty Gourmet Pretzel Crust Pizza! Learn to create her homemade pizza sauce, soft pretzel knots and a velvety beer-cheese dip (beer cooks off and flavor remains)!

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	F	Mar 22 6:00pm-8:30pm	\$40	15335-01

### COOKING WITH TESS: DIM SUM DUMPLING DYNASTY

Online

The instructor will guide you through the step-by-step process of creating pot stickers with homemade wrappers and dipping sauce. Option of making a pork-based filling or a chicken-based filling. Store bought wrappers can be used instead of homemade. Instr: Tess Georgakopoulos.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Sa	Mar 23 4:00pm-6:30pm	\$40	15337-01

### COOKING WITH TESS: FOCACCIA, STROMBOLI, & CALZONES! OH MY!

Online

On the Menu: Stromboli (rolled / filled pizza), Calzones (stuffed pizza), wonderful Focaccia Bread, and an OUT-OF-THIS-WORLD Pizza Sauce. TWO different homemade doughs will be used. One will be for the pizza options, the other for the focaccia. Participants can personalize their pizzas and focaccia bread with toppings and fillings of their choosing.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Sa	Apr 20 4:00pm-6:30pm	\$40	15354-01

### COOKING WITH TESS: HOMEMADE TUSCAN GNOCCHI MEAL

Online

Gnocchi: Bite-sized tender soft pillows of pasta-ish goodness. Learn how to create these little morsels of goodness, and then turn them into a scrumptious meal the instructor has created called Creamy Tuscan Gnocchi with Chicken, and make a wonderful loaf of fresh bread as well!

Instr: Tess Georgakopoulos

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Sa	Apr 27 4:00pm-6:00pm	\$35	15347-01

### COOKING WITH TESS: CALIFORNIA SUSHI ROLL EXTRAVAGANZA

Online

Make them vegetarian, with or without seaweed, spicy or not, it is totally up to you! Learn the skill of creating delicious seasoned sushi rice, spicy mayo, and how to stuff, wrap / shape the rolls, with wonderful filling ingredients. One of these fillings is a "crab" salad that will be created using crabsticks. Instr: Tess Georgakopoulos.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Sa	May 11 4:00pm-6:00pm	\$35	15345-01

### COOKING WITH TESS: SPRING ROLL SYMPHONY!

Online

Create two types of spring rolls with your choice of meat (chicken or pork) & veggies. Two types of wrappers will be used. Participants will be able to customize filling ingredients and seasonings according to their taste or dietary preferences.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Sa	May 18 4:00pm-6:30pm	\$40	15388-01

### COOKING WITH TESS: FROM DOUGH TO DELIGHTS

Online

On the Menu: Wonderful Flatbread Pizzas, Pizza Panini, and OUT-OF-THIS WORLD Pizza Sauce! TWO of the instructors' personal recipes for two different homemade doughs will be used. One will be for the flatbread pizzas, and the other for the Panini Rolls. Participants can personalize their flatbread Pizzas and Panini with toppings and fillings of their choosing. Instr: Tess Georgakopoulos.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Sa	May 25 4:00pm-6:30pm	\$40	15362-01



## COMMUNITY SOLAR



## COMMUNITY SOLAR Online

Attend this short class via Zoom to learn how to save money on your electric bill each month while supporting clean, renewable energy. No changes need to be made to your dwelling. The laws around community solar are changing in January of 2024. The updated laws will be covered in this class. While the class focus is on community solar, the essentials of rooftop solar are also covered briefly. Instr: Reed Wahlberg.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	Feb 7 7:00pm-8:00pm	Res \$10 Non Res \$12	15348-01

## CREATE & LEARN

### CREATE & LEARN: DIGITAL DESIGN & VIDEO CREATION WITH CANVA & AI Online

Learn Canva and explore examples of great graphic design and video storytelling. Learn how you can create amazing art elements using the latest generative AI tools and incorporate them into your artwork.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Jan 16-Feb 20 1:00pm-1:55pm	Res \$126 Non Res \$126	15304-01

### CREATE & LEARN: PRACTICAL PYTHON Online

Python is a high-level coding language used by companies such as Netflix and Google, and it is also used for web development, game development, building apps, machine learning, and more. Through projects, learn the basics of Python coding, with a focus on the elements of Python that are most relevant to Artificial Intelligence.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Feb 15-May 2 6:00pm-7:15pm	Res \$315 Non Res \$315	15318-01

### CREATE & LEARN: SMART DEVICES & ROBOTICS WITH ARDUINO Online

Learn about circuits and Arduino, one of the most popular systems for building robots and smart home systems in the industry. Design simple electronic systems for alarms, home sensing, motor controls, etc, as well as creating code to control these systems. See online for tech requirements.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Sa	Feb 24-May 11 11:30am-12:25pm	Res \$252 Non Res \$252	15322-01

## EDUCATION - CULTURE

### MEET YOUR NEIGHBOR: DEMENTIA FRIENDS INFORMATION SESSION

Locations vary

Help make Plymouth a dementia friendly community! Attend a free one-hour session to learn about and how to support people impacted by dementia. Learn 5 key messages, what it's like to live with the disease and local resources. Hear communication tips and turn your understanding into action. Instr: Dementia Friends MN

AGES	DAY	DATE & TIME	COST	ACTIVITY
PCC-Education Wing, 14800 34th Avenue N				
10+	Tu	Apr 23 11:00am-12:00pm	no fee	16301-02
Zoom				
10+	Th	Jan 18 11:00am-12:00pm	no fee	16301-01

### MEET YOUR NEIGHBOR: BASICS OF MUSLIM AND ISLAM LIFESTYLE

PCC-Education Wing, 14800 34th Avenue N

Learn about Muslim and Islamic culture. How does this belief system guide day-to-day lifestyle of a Muslim? Explore similarities and differences compared to American Culture. Hear how these beliefs are sometimes misrepresented. Class is designed to be educational and allow for open dialogue and Q&A. Instr: Building Blocks of Islam.

AGES	DAY	DATE & TIME	COST	ACTIVITY
13+	W	May 15 2:00pm-3:30pm	no fee	15334-01

### MEET YOUR NEIGHBOR: AN INTRO TO CRICKET, THE GAME

PCC-Education Wing, 14800 34th Avenue N

What is cricket, what is its history, where is it played? Learn about one of the fastest growing sports in America. Understand the structure and rules of the game. Learn the finer details of batting, bowling and fielding. Class format is educational, with open dialog and Q&A. Instr: Dr Milind Sohoni, former cricketer and coach.

AGES	DAY	DATE & TIME	COST	ACTIVITY
all ages	Sa	Feb 3 10:00am-11:30am	no fee	15334-02



## GENEALOGY

### THE FORMIDABLE GENEALOGIST: INTRO TO ONLINE GENEALOGY

PCC-Education Wing, 14800 34th Avenue N

Learn how to get started, reviews of subscription websites, which tools to use, which types of records you'll find, plus how to be an effective and accurate researcher.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Jan 16 6:30pm-8:00pm	Res \$35 Non Res \$42	15378-01

## GENEALOGY

### THE FORMIDABLE GENEALOGIST: GENEALOGY METHODS

PCC-Education Wing, 14800 34th Avenue N

Learn the steps the instructor uses as a professional genealogist to solve common research problems. These case studies will show you techniques that you can apply to your own research.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	M	Apr 29 6:30pm-8:00pm	Res \$35 Non Res \$42	15389-01

### THE FORMIDABLE GENEALOGIST: LEVEL UP PART I

PCC-Education Wing, 14800 34th Avenue N

Learn how to use the Family Search catalog, working with autosomal DNA for known and unknown family lines and other repositories to use beyond the large genealogy platforms.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	M	Feb 19 6:30pm-8:00pm	Res \$35 Non Res \$42	15380-01

### THE FORMIDABLE GENEALOGIST: LEVEL UP PART II

PCC-Education Wing, 14800 34th Avenue N

Moving beyond auto-generated hints on the big platforms like Ancestry.com and MyHeritage is the only way to make progress in your research. Learn ways to find obscure records, how to use them and research techniques used by the pros.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	Mar 6 6:30pm-8:00pm	Res \$35 Non Res \$42	15386-01

## EDUCATION - HEALTH

### UNDERSTANDING ALZHEIMER'S AND DEMENTIA

PCC-Education Wing, 14800 34th Avenue N

Learn about the impact of Alzheimer's and dementia, stages and risk factors, current research and treatments available for some symptoms and resources for more support. Instr: Alzheimer's Association.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Feb 6 11:00am-12:00pm	Res \$8 Non Res \$10	15319-01

### INTRO TO MEDICAL TERMINOLOGY

Online

No prior experience is necessary. This highly specialized language involves word building with root words, prefixes, suffixes, and abbreviations. Leave with a solid foundation of medical language, as well as basic medical billing and coding terminology. After submitting and passing the open-book exam included in the workbook you receive in class, you will earn a Certificate of Completion.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	M	Mar 4 6:00pm-9:00pm	Res \$45 Non Res \$45	15339-01

### CAREGIVER SUPPORT GROUP

Locations vary

Many older adults rely on family and friends to help with daily tasks as they age. If you assist a loved one in any way, you are considered to be a caregiver. This role can be very stressful, emotional, and exhausting. Support groups are a great way to connect with others who are in similar situations. We talk about general aging issues, and dementia is discussed often. Instr: Senior Community Services

DAY/LOCATION	DATE & TIME	ACTIVITY
Third Wed. of month at PCC - Education wing 14800 34th Ave N	Jan 17-Dec 18 10:00am-11:30am	45909-01
Second Tues. of month Zoom (online)	Jan 9-Dec 10 4:30pm-6:00pm	45909-02

## HOUSE/HOME

### THE ART OF DOWNSIZING: THE SPACE DIET

PCC-Education Wing, 14800 34th Avenue N

Gain back control of your home from your things! Determine which items you NEED and LOVE to live comfortably where you are or where you are moving to. Understand how having a professional opinion BEFORE you donate or sell items can benefit your future decisions. Instr: Caring Transitions.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Jan 9 10:00am-11:00am	Res \$8 Non Res \$10	15341-01

## INVESTING

### INDIVIDUAL INVESTING 101

Zoom

The course will cover: getting started investing in the stock market; investing in index funds and individual stocks; basic tax strategies; developing the right mindset for successful long-term investing; and much more. Instr: Brandon Gierach.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	Jan 3-Jan 24 7:00pm-8:00pm	Res \$25 Non Res \$25	15168-01

## MAH JONGG

### MAH JONGG 101: INTRODUCTION TO MAH JONGG

PCC-Education Wing, 14800 34th Avenue N

A class for beginners. Mahjong set and official rules and game card will be provided. Instr: Wendy Salita. No program 4/16.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Apr 2-Apr 30 9:30am-11:00am	Res \$65 Non Res \$75	15385-01
18+	Tu	Apr 2-Apr 30 11:00am-12:30pm	Res \$65 Non Res \$75	15385-02

## MEET OTHERS

### CREATE AND CONNECT

PCC-Active Wing, 14800 34th Avenue N

This is an inclusive group for adults who are interested in creative endeavors and are looking for social engagement. Each week multiple art and craft activities will be offered to work on independently, parallel to other adults, or collaborating with other adults. Activities will also support motor and executive functioning skills. Instr: Michelle Pettit, Roots & Wings LLC.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Jan 11-Feb 29 6:15pm-7:45pm	Res \$240 Non Res \$265	15906-01

### BOARD GAME CLUB

PCC-Education Wing, 14800 34th Avenue N

Bring your own board games, or try one of the many we'll already have! Whether you're a new board gamer, experienced, or just looking to meet new people. Instr: Brent Barkey.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	Jan 31-Feb 21 6:30pm-9:00pm	Res \$20 Non Res \$25	15356-01

## MINDFULNESS

### PRACTICALLY MINDFUL?

PCC-Education Wing, 14800 34th Avenue N

Being mindful does not need to mean sitting in a criss-cross position, quietly, with a clear mind. Learn what mindfulness can mean for you and how to practically implement it in your everyday life. Engage in discussions about mindfulness and trial a variety of strategies that may bring meaning and positive changes to your life. Instr: Michelle Pettit, Roots & Wings LLC.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Mar 28-May 16 6:15pm-7:30pm	Res \$125 Non Res \$138	15300-01



### CONVERSATIONAL SPANISH LEVEL 1

PCC-Education Wing, 14800 34th Avenue N

Learn a new language to be able to talk with friends, describe yourself, your everyday routine, and things and activities you like. Instr: Maria del Carmen Troncoso Gonzalez.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	Mar 20-Apr 24 4:00pm-6:00pm	Res \$85 Non Res \$98	15351-01
18+	Th	Mar 21-Apr 25 10:00am-12:00pm	Res \$85 Non Res \$98	15351-02

### CONVERSATIONAL SPANISH LEVEL 2

PCC-Education Wing, 14800 34th Avenue N

Learn how to talk about current situations and activities, accept and decline invitations and make recommendations. Talk about your plans and communicate past actions and events. Instr: Maria del Carmen Troncoso Gonzalez.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Mar 19-Apr 23 4:00pm-6:00pm	Res \$85 Non Res \$98	15352-01
18+	W	Mar 20-Apr 24 10:00am-12:00pm	Res \$85 Non Res \$98	15352-02

### CONVERSATIONAL SPANISH LEVEL 3

PCC-Education Wing, 14800 34th Avenue N

Learn new vocabulary and ways to communicate with different audiences, present your life story, jobs, routines and hobbies; tell stories and memories from the past. Be able to express actions in the near future. Instr: Maria del Carmen Troncoso Gonzalez.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Mar 19-Apr 23 10:00am-12:00pm	Res \$85 Non Res \$98	15353-01
18+	Th	Mar 21-Apr 25 4:00pm-6:00pm	Res \$85 Non Res \$98	15353-02

### CONVERSATIONAL SPANISH LEVEL 4

PCC-Education Wing, 14800 34th Avenue N

Describe and tell your past events in a specific time and things you used to do, talk about nature, living place, welfare. Use new ways to enrich your talk and express feelings, uncertain ideas and wishes. Instr: Maria del Carmen Troncoso Gonzales.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Mar 19-Apr 23 6:10pm-8:00pm	Res \$78 Non Res \$89	15396-01

### CONVERSATIONAL SPANISH LEVEL 5

PCC-Education Wing, 14800 34th Avenue N

Describe your actions in the past creating a link with your actual activities giving nice ideas and conclusions. Express complex ideas about others and ideas that had taken place in the past before some other plans occurred. Instr: Maria del Carmen Troncoso Gonzales.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Mar 21-Apr 25 6:10pm-8:00pm	Res \$78 Non Res \$89	15398-01



**WEATHER LINE**  
**763-509-5205**

call for updates on  
class cancellations



## EDUCATION - RETIREMENT AND AGING

### DON'T WORRY, RETIRE HAPPY

PCC-Education Wing, 14800 34th Avenue N

There's a lot of time to fill in retirement and it's important to have a plan. Learn more from financial expert Tom Hegna's book, Don't Worry, Retire Happy: 7 Steps to a secure retirement. Instr: Edward Sachs, Thrivent Financial.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Jan 23 6:30pm-8:00pm	Res \$15 Non Res \$18	15376-01

### RETIREMENT PLANNING IN TODAY'S ECONOMY

PCC-Education Wing, 14800 34th Avenue N

A comprehensive personal finance course designed to help you understand your retirement plan so you can prepare for and live the retirement you envision. Class cost includes a 164-page workbook. Instr: Michael Granbois, Income Planning Group.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu,Th	Apr 9-Apr 11 1:00pm-3:00pm	Res \$10 Non Res \$12	15315-01

### RETIRING? WHAT DO YOU WANT TO BE WHEN YOU GROW UP?

PCC-Education Wing, 14800 34th Avenue N

Subjects covered include how to add meaning to life, how to fill the 8 or 10 hours a day that you used to work, volunteerism, hobbies, physical well-being, and other thought provoking subjects. Instr: Ron Timm.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	May 16 7:00pm-8:30pm	Res \$29 Non Res \$35	15306-01

### MEDICARE 101 - JUST THE BASICS

PCC-Education Wing, 14800 34th Avenue N

Discuss the different parts of Medicare deductibles and what's covered, enrollment periods, and costs. Different types of Medicare Advantage plans and Medicare Supplements. Understanding Part D Drug Coverage, minimum requirements formularies, drug tiers and the donut hole and how to avoid penalties. Instr: Sarah Colpitts, Integrated Insurance Agency.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Jan 11 6:00pm-6:45pm	Res \$10 Non Res \$12	15384-01
18+	Sa	Jan 20 10:00am-10:45am	Res \$10 Non Res \$12	15384-02
18+	W	Jan 31 6:00pm-6:45pm	Res \$10 Non Res \$12	15384-03
18+	Sa	Feb 10 10:00am-10:45am	Res \$10 Non Res \$12	15384-04
18+	Tu	Feb 13 6:00pm-6:45pm	Res \$10 Non Res \$12	15384-05
18+	Th	Feb 29 6:00pm-6:45pm	Res \$10 Non Res \$12	15384-06
18+	Sa	Mar 2 10:00am-10:45am	Res \$10 Non Res \$12	15384-07
18+	M	Mar 11 6:00pm-6:45pm	Res \$10 Non Res \$12	15384-08
18+	W	Mar 27 6:00pm-6:45pm	Res \$10 Non Res \$12	15384-09
18+	Sa	Apr 6 10:00am-10:45am	Res \$10 Non Res \$12	15384-10
18+	Tu	Apr 9 6:00pm-6:45pm	Res \$10 Non Res \$12	15384-11
18+	W	Apr 24 6:00pm-6:45pm	Res \$10 Non Res \$12	15384-12
18+	Sa	May 4 10:00am-10:45am	Res \$10 Non Res \$12	15384-13
18+	Th	May 16 6:00pm-6:45pm	Res \$10 Non Res \$12	15384-14
18+	Th	May 30 6:00pm-6:45pm	Res \$10 Non Res \$12	15384-15

### MEDICARE FOR VETERANS

PCC-Education Wing, 14800 34th Avenue N

Find out how Medicare Plans can help you when you are not close to a VA facility and give you some extra benefits.. Instr: Sarah Colpitts.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Jan 16 6:00pm-6:45pm	Res \$10 Non Res \$12	15303-01
18+	M	Feb 19 6:00pm-6:45pm	Res \$10 Non Res \$12	15303-02
18+	Th	Mar 21 6:00pm-6:45pm	Res \$10 Non Res \$12	15303-03
18+	Th	Apr 18 6:00pm-6:45pm	Res \$10 Non Res \$12	15303-04
18+	M	May 20 6:00pm-6:45pm	Res \$10 Non Res \$12	15303-05





# Adult

## EDUCATION - RETIREMENT AND AGING

### SAVVY SOCIAL SECURITY

PCC-Education Wing, 14800 34th Avenue N

We will cover these common questions: When should I file for Social Security benefits? If I file and continue to work, how will my benefits be affected? Will I pay taxes on my Social Security benefits? Instr: Ed Sachs, Thrivent Financial.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Feb 8 6:30pm-8:00pm	Res \$15 Non Res \$18	15332-01
18+	Tu	Mar 12 6:30pm-8:00pm	Res \$15 Non Res \$18	15332-02

### SAVVY TAX STRATEGIES

PCC-Education Wing, 14800 34th Avenue N

Learn how to create an efficient retirement tax strategy and how to avoid common - and costly - mistakes regarding your investments, health care and estate. Instr: Ed Sachs, Thrivent Financial.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Jan 30 6:30pm-8:00pm	Res \$15 Non Res \$18	15331-01
18+	Th	Feb 29 6:30pm-8:00pm	Res \$15 Non Res \$18	15331-02
18+	Tu	Apr 23 6:30pm-8:00pm	Res \$15 Non Res \$18	15331-03

### UNDERSTANDING OPTIONS IN SENIOR HOUSING

PCC-Education Wing, 14800 34th Avenue N

The options available to seniors for housing can be confusing and overwhelming. Hear about different types of senior housing options. Leave with an understanding of services available and differences in those services including estimated costs for memory care, assisted living, independent living, enhanced care and residential care homes. Instr: Janelle Meyers.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18-115	Tu	Mar 12 1:30pm-2:30pm	Res \$7 Non Res \$9	15338-01

### SPRING SENIOR TOUR OF HOMES

PCC-Event Wing, 14800 34th Avenue N

Curious about Senior Living? Join us for an intimate bus ride to Northwest area senior living communities. Guided by Janelle Meyers, a certified senior advisor, visit up to 4 senior living communities. Lunch and snack provided. Depart from PCC. Parties must be able to board bus independently.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	May 9 9:30am-3:30pm	Single \$30 Double \$50	15326-01

### ARE YOU THRIVING?

PCC-Education Wing, 14800 34th Avenue N

Do you feel safe and prepared if you choose to stay in your home? Join professionals from a decluttering/downsizing service and a home care service provider, both specializing in senior care, for strategies to stay in your home longer. Learn how hiring experts will help you meet that goal. Instr: Caring Transitions/Senior Helpers.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Jan 30 10:00am-11:00am	Res \$8 Non Res \$10	15355-01

### SENIOR HOUSING: SHOULD I STAY OR SHOULD I GO? STEPS TO REVIEW YOUR HOUSING NEEDS

PCC-Education Wing, 14800 34th Avenue N

Discuss lifestyle options for senior living- stay and age in place - making home modifications to reduce safety risks OR go - moving to a home option that may be handicapped accessible, single level living, etc. Instr: Vaughn Kavlie, Go Luminare.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Feb 20 10:00am-11:30am	Res \$10 Non Res \$12	15305-01
18+	Tu	Apr 16 10:00am-11:30am	Res \$10 Non Res \$12	15305-02

## CANCELLATION POLICY

Requests for cancellations or transfers must be made at least one full week prior to the first class unless noted otherwise. See pg. 2.

## EDUCATION - RETIREMENT AND AGING

### 25 DOCUMENTS NEEDED FOR EFFECTIVE LIFE PLANNING

PCC-Education Wing, 14800 34th Avenue N

A master collection of essential documents so your family can help while you are here—and successfully settle your estate after you're gone. Instr: Jeff Litfin, Generations Legal Services.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Mar 28 6:00pm-7:30pm	Res \$25 Non Res \$30	15308-01

### THE FAMILY LOVE LETTER

PCC-Education Wing, 14800 34th Avenue N

Come and learn how to make sure your loved ones have a collection of vital records and information when it matters most. Instr: Jeff Litfin, Certified Estate Planner, Generations Legal Services.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Feb 13 6:00pm-7:30pm	Res \$25 Non Res \$30	15307-01

### WHO WILL INHERIT THE MESS?

PCC-Education Wing, 14800 34th Avenue N

Learn the differences between Wills and Trusts, how to avoid the pitfalls of Probate, the importance of Power of Attorney and Healthcare Directives, and how to use beneficiary forms and Transfer on Death (TOD) designations to compliment a successful and comprehensive estate plan.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Apr 30 6:00pm-7:30pm	Res \$25 Non Res \$30	15344-01

### WILLS VS. TRUSTS

PCC-Education Wing, 14800 34th Avenue N

Learn the difference between these two critical estate planning choices. Instr: Jeff Litfin, Certified Estate Planner, Generations Legal Services.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Jan 16 6:00pm-7:30pm	Res \$25 Non Res \$30	15325-01

### ABUNDANCE: IN LIFE AND DEATH SERIES

PCC-Education Wing, 14800 34th Avenue N

Creating a plan to celebrate your life and to document your wishes starts with some necessary decisions. Cover the decisions and documents you need to complete for a successful aging plan. Instr: Amy Miller, Our Family Encounter.

Topic 1: Who Can Speak For You?

Topic 2: Family Caregiving and Aging in Place

Topic 3: Let's Talk Natural Death and Burials

Topic 4: Introduction to Aging Concierge.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	M	Feb 26 6:00pm-7:30pm	Res \$25 Non Res \$30	15399-01
18+	M	Mar 11 6:00pm-7:30pm	Res \$25 Non Res \$30	15399-02
18+	M	Apr 8 6:00pm-7:30pm	Res \$25 Non Res \$30	15399-03
18+	M	Apr 29 6:00pm-7:30pm	Res \$25 Non Res \$30	15399-04

## THE GIFT OF ANSWERS SERIES

### THE GIFT OF ANSWERS SERIES: BEFORE AND AFTER THE FUNERAL

PCC-Education Wing, 14800 34th Avenue N

Explore what you need to know before the funeral so that it is cost effective. as well as the process of probate, what triggers it, letters, time considerations for processing wills, and more.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Feb 13 10:00am-11:30am	Res \$10 Non Res \$12	15370-01

### THE GIFT OF ANSWERS SERIES: THE FOND FAREWELL

PCC-Education Wing, 14800 34th Avenue N

Discuss costs of funerals, differences between a funeral home and cremation society, how to identify what you really need when someone dies, how to save money on funerals, pre-paid burials specific to Minnesota state laws, and more.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	Feb 21 10:00am-11:30am	Res \$10 Non Res \$12	15371-01

### THE GIFT OF ANSWERS SERIES: YOU DON'T KNOW WHAT YOU DON'T KNOW

PCC-Education Wing, 14800 34th Avenue N

Learn from real life stories of those who, had they had a bigger perspective, would have made a different decision which would not have been so costly. Topics include important documents, assuming we know everything, medical assistance, and the aging process.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	Feb 28 10:00am-11:30am	Res \$10 Non Res \$12	15372-01

## EDUCATION - SECURITY

### SENIORS, INTERNET & CYBER SECURITY

PCC-Education Wing, 14800 34th Avenue N

Learn the meaning of TECH's Terms and Buzz words, what internet is, how it is structured, how it is used to work online such as online banking, shopping, socializing, chats, search & research, etc. Also how to safeguard our activities and personal information against cyber security threats. Instr: "Ray The Computer Guy"

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Mar 7 2:00pm-4:00pm	Res \$32 Non Res \$39	15357-01
18+	Th	May 2 2:00pm-4:00pm	Res \$32 Non Res \$39	15357-02

## SURVIVOR

### PLYMOUTH

Make new friends as you solve puzzles, strategize, and vote each other out in this high-speed, 3 hour version of one of the most popular reality competitions of all time. Don't worry! Even if you're voted out early, you'll still get to play in a new twist the game has never seen before. All abilities are welcome. Instr: Brent Barkey.

PCC-Education Wing, 14800 34th Avenue N

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	F	Feb 2 6:00pm-9:00pm	Res \$29 Non Res \$35	15390-01
18+	F	Mar 8 6:00pm-9:00pm	Res \$29 Non Res \$35	15390-02

## TECHNOLOGY

### PODCASTS FOR BEGINNERS

Online

Learn how to download a Podcast app, understand the different categories to choose from, how to subscribe to a Podcast you enjoy and how to listen to them while in your home, car, or out for a walk. Instr: Nickie Welsh, Social Club Simple.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Jan 9 12:00pm-1:00pm	Res \$20 Non Res \$20	15395-01

### SOCIAL MEDIA FOR BUSINESS

Online

Learn how to craft a simple but effective social media marketing strategy, listen directly to customers, and implement tips to grow your business all while staying organized without technology overwhelm. Instr: Nickie Welsh, Social Club Simple.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Jan 11 12:00pm-1:00pm	Res \$20 Non Res \$20	15392-01

### GROW YOUR BUSINESS WITH INSTAGRAM

Online

Learn the key steps needed in order to improve your company bottom line and also gain more followers. Plus, you'll learn to make your content irresistible and have fun in the process! Instr: Nickie Welsh, Social Club Simple.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Jan 16 12:00pm-1:00pm	Res \$20 Non Res \$20	15328-01

### USING SNAPCHAT SAFELY IN 2024!

Online

Learn the fundamentals of how the app works, how to set up safety features, how to check for profile details, and how advertisers work to target audience members. Instr: Nickie Welsh, Social Club Simple.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Jan 18 12:00pm-1:00pm	Res \$20 Non Res \$20	15323-01

### A PARENT'S GUIDE TO TIKTOK

Online

Learn how TikTok is used and how parents can also help their kids stay safe while on it. Instr: Nickie Welsh, Social Club Simple.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Jan 23 12:00pm-1:00pm	Res \$20 Non Res \$20	15324-01

### HOW TO USE UBER FOR TRANSPORTATION INDEPENDENCE

Online

Expand your transportation options and independence through the ride sharing service, Uber. Learn how to use Uber at major airports so that you can travel with confidence and use Uber anywhere in the world. Instr: Nickie Welsh, Social Club Simple.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Jan 25 12:00pm-1:00pm	Res \$20 Non Res \$20	15340-01

Class recordings will be emailed out after the date for Social Club Simple technology classes.

## EDUCATION - TECHNOLOGY

### CELL PHONES & PARENTING - OH MY!

Online

Learn about recommended safety settings on popular social media apps, parental apps for your child's Smartphone, and more! Instr: Nickie Welsh, Social Club Simple.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Jan 30 12:00pm-1:00pm	Res \$20 Non Res \$20	15343-01

### HOW TO CREATE YOUR OWN YOUTUBE CHANNEL

Online

Learn the basics to create and begin your very own YouTube channel. Learn a step-by-step process so that you can get started today. Instr: Nickie Welsh, Social Club Simple.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Feb 1 12:00pm-1:00pm	Res \$20 Non Res \$20	15359-01

### HOW TO PRESENT SOCIAL MEDIA ANALYTICS

PCC-Education Wing, 14800 34th Avenue N

Expand your skills as you learn the basics to discuss social media analytics from Facebook, Instagram and YouTube. Instr: Nickie Welsh, Social Club Simple.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Feb 6 12:00pm-1:00pm	Res \$20 Non Res \$20	15358-01

Class recordings will be emailed out after the date for Social Club Simple technology classes.

### MY KID WANTS TO BE A YOUTUBER- HELP!

PCC-Education Wing, 14800 34th Avenue N

Walk through the steps on how to set up a YouTube channel, safety settings, and consideration for kids having their own channel. Learn the basic guidelines of being able to help manage and monitor their activity, all while incorporating practical business skills when it comes to managing your own channel. Instr: Nickie Welsh, Social Club Simple.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Feb 8 12:00pm-1:00pm	Res \$20 Non Res \$20	15364-01

### GOOGLE SHEETS FOR AWESOME BEGINNERS

PCC-Education Wing, 14800 34th Avenue N

Learn comprehensive skills which will turn you from a Sheets novice into a Sheets expert. You will learn to enter, organize, refine, analyze, and visualize your data using Google Sheets! Instr: Nickie Welsh, Social Club Simple.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Feb 13 12:00pm-1:00pm	Res \$20 Non Res \$20	15365-01

### HOW TO USE VENMO SAFELY IN 2024

Online

Learn how to pay friends, businesses or receive money without using cash or checks. Instr: Nickie Welsh, Social Club Simple.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Feb 15 12:00pm-1:00pm	Res \$20 Non Res \$20	15387-01

### VIDEO CHATTING APPS FOR OLDER ADULTS

PCC-Education Wing, 14800 34th Avenue N

Video chatting offers a unique way to talk and watch or see each other's faces live online using own smart device like computer, cellphone, or tablet. Learn more in depth about the most common chatting tools used by people worldwide. Instr: "Ray The Compuer Guy"

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Feb 22 2:00pm-4:00pm	Res \$32 Non Res \$39	15316-01
18+	Th	Apr 18 2:00pm-4:00pm	Res \$32 Non Res \$39	15316-02

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## EDUCATION - TRAVEL

### HOW TO TRAVEL FREE & MAKE MONEY

Online

Learn how to find the deep travel discounts motivating us to see the world. Plus learn important tips on travel safety, trip insurance, affordable retirement opportunities & other inspirational life enhancing strategies. Earn free airline tickets, hotel nights, tours, cruises & more! Instr: Gina Henry.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Sa	Feb 3 11:00am-2:00pm	Res \$49 Non Res \$49	15346-01

### GET PAID TO TEACH ENGLISH

Online

Teaching English can be a high paying career or simply a great way to travel free. You don't have to be certified or speak the local language. However, getting certified can help you make more money & get a job faster and easier. Instr: Gina Henry.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Sa	Feb 10 11:00am-2:00pm	Res \$49 Non Res \$49	15360-01

### THE SECRETS OF TRAVEL-HACKING

Online

You can earn hundreds of thousands of airline frequent flyer miles and hotel reward points without ever stepping foot on a plane or paying for a hotel and then redeem them for high-value trips. Gina will show you her easy "Beginner Strategy" then graduate you to more advanced strategies that earn you 1 million+ reward points a year. Instr: Gina Henry.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Sa	Feb 17 11:00am-2:00pm	Res \$49 Non Res \$49	15369-01

### EXPLORE THE WORLD AS A TRAVEL WRITER

Online

Discuss how to use all your senses in a new destination to create more detailed and in-depth descriptions that capture and maintain readers' interest, and whether or not you need to include photos with your work. Learn how to find and submit your finished product to print and online markets, the business side of travel writing (how to take travel tax deductions), and how to avoid worn-out travel writing clichés.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	M	Mar 4 4:00pm-6:00pm	Res \$35 Non Res \$35	15317-01

### WORK REMOTELY & BECOME A DIGITAL NOMAD

Online

Join thousands of individuals who are taking their work with them and hitting the road! You can make your travels sustainable by earning a living as you travel. Get the "how to" of living on the road including downsizing, putting your stuff in storage, getting your mail, how to have a "physical address", the RV lifestyle, timeshares, international living, long-term rentals, housesitting, and more. Instr: Gina Henry.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Sa	Mar 30 11:00am-2:00pm	Res \$49 Non Res \$49	15368-01

### GET PAID TO BE A TOUR GUIDE & TRAVEL

Online

Travel free on a tour by becoming an "affiliate" or "tour coordinator", putting together a group of friends to go on a trip and you go free (& possibly earn extra income). Learn how to put together your own tours and market them to friends, family or the public, starting your own tour business. Instr: Gina Henry.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Sa	Apr 6 11:00am-2:00pm	Res \$49 Non Res \$49	15375-01

## HEALTH & FITNESS - CARDIO & STRENGTH

### BARRE

PCC-Active Wing, 14800 34th Avenue N

Raise your fitness bar with a full body workout that combines Yoga, ballet, Pilates and weights. Sound tough? This is a great class for anyone, even for those new to exercise, as you will engage all the muscles in the body. Just the right mix of high reps, low impact and high energy intervals that will increase your muscular endurance, strengthen and tone your whole body. Boost your metabolism and your mood! Feel the difference with Yoga Barre. Bring a hand towel and water. Instr: PR Brady. No program: 1/15, 2/19.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	M	Jan 8-Mar 4 4:15pm-5:15pm	Res \$75 Non Res \$85	15461-01
18+	M	Mar 11-Apr 29 4:15pm-5:15pm	Res \$85 Non Res \$95	15461-02
18+	W	Jan 10-Mar 6 11:30am-12:30pm	Res \$95 Non Res \$105	15461-03
18+	W	Mar 13-May 1 11:30am-12:30pm	Res \$85 Non Res \$95	15461-04

### BARRE FUSION ON ZOOM

ZoYoga & Fitness, 147 Hamel Road

An online full body workout using movement inspired by yoga, ballet, drumming and traditional exercises. Movements and music will vary to make it an enjoyable fitness experience. All levels as long as you are able to get down onto your mat and back up. Instr: Julie Zoril.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Sa	Feb 10-Mar 9 8:00am-8:45am	Res \$44 Non Res \$54	15401-01
18+	Sa	Mar 23-Apr 20 8:00am-8:45am	Res \$44 Non Res \$54	15401-02



## HEALTH & FITNESS - CARDIO & STRENGTH

### POUND

PCC-Active Wing, 14800 34th Avenue N

Have you ever wanted to try a Cardio Drumming class? POUND® is an exhilarating 45-Min full-body workout that combines cardio conditioning, and strength training with yoga and Pilates-inspired movements all while drumming to the beat of the music. Using Ripstix®, lightly weighted drumsticks, POUND® transforms drumming into an effective way of working out. Designed for all levels and ages, we'll be sure to put on a good show with good music, good people, and an amazing workout! Are you ready to Rock? Instr: Heather Wichre-Spates. Bring a water bottle and towel. No program: 3/13, 4/3.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	Jan 10-Feb 21 5:30pm-6:15pm	Res \$75 Non Res \$85	15413-01
18+	W	Feb 28-Apr 17 5:30pm-6:15pm	Res \$65 Non Res \$75	15413-02

### PROGRESSIVE STRENGTH ON ZOOM

ZoYoga & Fitness, 147 Hamel Road

An online full body strength workout. You can use just bodyweight or add hand weights for more results. Movements and music will vary to make it an enjoyable fitness experience. All levels as long as you are able to get down onto your mat and back up. Instr: Julie Zoril.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	Feb 7-Mar 6 6:00pm-6:45pm	Res \$44 Non Res \$54	15428-01
18+	W	Mar 20-Apr 17 6:00pm-6:45pm	Res \$44 Non Res \$54	15428-02

### FULL BODY STRENGTH & CONDITIONING

PCC-Active Wing, 14800 34th Avenue N

Get your heart pumping with this total body strength and conditioning class. This class is designed to improve your strength, get your heart pumping, improve core strength, and increase flexibility. We will be using a variety of equipment such as hand weights, resistance bands, body bars, exercise balls, step, gliders, and the Bosu. Come take your fitness routine to the next level! Bring your own towel and water. Instr: Jen Christen, Ace Fitness Certified. No program: 2/13, 4/2.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Jan 9-Feb 20 5:30pm-6:30pm	Res \$65 Non Res \$75	15403-01
18+	Tu	Feb 27-Apr 9 5:30pm-6:30pm	Res \$65 Non Res \$75	15403-02
18+	Tu	Apr 16-May 21 5:30pm-6:30pm	Res \$65 Non Res \$75	15403-03

### STRENGTH, BALANCE AND FLEXIBILITY

PCC-Active Wing, 14800 34th Avenue N

Increase your strength and improve your balance and flexibility. We will be performing functional exercises that strengthen every major muscle group, especially core muscles, to make every day movements easier, improve stability, and increase our mobility. There will be no jumping in this class. We will be using a variety of equipment such as hand weights, resistance bands, body bars, exercise balls, step, gliders, and the Bosu. Bring water. Instr: Jen Christen, Ace Fitness Certified. No program: 2/13, 4/2.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Jan 9-Feb 20 10:00am-11:00am	Res \$65 Non Res \$75	15427-01
18+	Tu	Feb 27-Apr 9 10:00am-11:00am	Res \$65 Non Res \$75	15427-02
18+	Tu	Apr 16-May 21 10:00am-11:00am	Res \$65 Non Res \$75	15427-03

### STRICTLY STRENGTH

PCC-Active Wing, 14800 34th Avenue N

Ready for an effective, fun, and safe strength training routine designed for all levels? This is your class! Target, isolate and fatigue, every major muscle group the the body using barbells, dumbbells and bodyweight. It's strictly about strength so be prepared to work muscles you never knew you had to increase your strength and sculpt your muscles. Bring your own towel and water. Instr: Jen Christen, Ace Fitness Certified. No program: 2/13, 2/14, 2/15, 4/2, 4/3, 4/4.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Jan 9-Feb 20 11:30am-12:15pm	Res \$65 Non Res \$75	15400-01
18+	W	Jan 10-Feb 21 5:45pm-6:45pm	Res \$65 Non Res \$75	15400-02
18+	Th	Jan 11-Feb 22 11:30am-12:15pm	Res \$65 Non Res \$75	15400-03
18+	Tu	Feb 27-Apr 9 11:30am-12:15pm	Res \$65 Non Res \$75	15400-04
18+	W	Feb 28-Apr 10 5:45pm-6:45pm	Res \$65 Non Res \$75	15400-05
18+	Th	Feb 29-Apr 11 11:30am-12:15pm	Res \$65 Non Res \$75	15400-06
18+	Tu	Apr 16-May 21 11:30am-12:15pm	Res \$65 Non Res \$75	15400-07
18+	W	Apr 17-May 22 5:45pm-6:45pm	Res \$65 Non Res \$75	15400-08
18+	Th	Apr 18-May 23 11:30am-12:15pm	Res \$65 Non Res \$75	15400-09

# Adult

## HEALTH & FITNESS - CARDIO & STRENGTH

### STRENGTH & STABILITY HOUR

PCC-Active Wing, 14800 34th Avenue N

Whether you are new to exercise, seasoned or just getting back to finding a routine, this total body workout targets strength, balance, and stability. With strength training we will engage your whole body and work to achieve a boost in metabolism, increase bone density and build lean muscles. With stability training we will activate the core to improve balance and increase functional strength to reduce risk of injury in our daily lives. Equipment will vary: Bosu ball, stability ball, resistance band, riser, and various weighted equipment. This class has no jumping or bouncing. Instr: Jan Larsen. No program: 3/13.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	Jan 10-Feb 14 4:30pm-5:30pm	Res \$65 Non Res \$75	15460-01
18+	W	Feb 28-Apr 10 4:30pm-5:30pm	Res \$65 Non Res \$75	15460-02
18+	W	Apr 17-May 22 4:30pm-5:30pm	Res \$65 Non Res \$75	15460-03

### TBC - TOTAL BODY CONDITIONING

PCC-Active Wing, 14800 34th Avenue N

Total body combines fun, cardio and strength movements to challenge your muscles, push your limits and get your heart pumping. While keeping it simple, you will gain strength, and improve overall daily endurance. This class will use a variety of equipment, hand weights, step, weighted bar, bands, Bosu ball, stability ball, and more. Bring your own towel and water. Instr: Jan Larsen. No program: 1/15, 3/11.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	M	Jan 8-Feb 12 4:30pm-5:15pm	Res \$55 Non Res \$65	15446-01
18+	M	Feb 26-Apr 8 4:30pm-5:15pm	Res \$65 Non Res \$75	15446-02
18+	M	Apr 15-May 20 4:30pm-5:15pm	Res \$65 Non Res \$75	15446-03

### TOTAL BODY CIRCUIT

PCC-Active Wing, 14800 34th Avenue N

Circuit training aims to keep your heart rate elevated while training the major muscle groups by rotating through different exercise stations with minimal rest between exercises. Join us for an effective and challenging form of conditioning to burn more calories, develop your strength, endurance, and coordination utilizing a variety of exercises. This class is open to teens and adults. Bring your own towel and water. Instr: Jen Christen, Ace Fitness Certified. No program: 2/14, 4/3.

AGES	DAY	DATE & TIME	COST	ACTIVITY
12+	W	Jan 10-Feb 21 7:00pm-7:45pm	Res \$65 Non Res \$75	15402-01
12+	W	Feb 28-Apr 10 7:00pm-7:45pm	Res \$65 Non Res \$75	15402-02
12+	W	Apr 17-May 22 7:00pm-7:45pm	Res \$65 Non Res \$75	15402-03

### TRX - TOTAL BODY RESISTANCE EXERCISE

PCC-Active Wing, 14800 34th Avenue N

This workout delivers a fast, effective total-body workout which benefits people of all fitness levels. You will use your own body weight and gravity as resistance to build strength, balance, coordination, flexibility, core and joint stability. So whether you want to build strength, lose fat, improve endurance or flexibility, the TRX Suspension Trainer can be used to achieve any fitness goal. Bring your own towel and water. No program: 1/15, 3/11. Instr: Jan Larsen.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	M	Jan 8-Feb 12 5:30pm-6:15pm	Res \$55 Non Res \$65	15445-01
18+	M	Feb 26-Apr 8 5:30pm-6:15pm	Res \$65 Non Res \$75	15445-02
18+	M	Apr 15-May 20 5:30pm-6:15pm	Res \$65 Non Res \$75	15445-03

### PILATES MN - REFORMER PILATES

Pilates MN, 2355 Polaris Lane North Suite 130

This intro class is the building block to your Pilates experience. The Reformer assists in doing exercises correctly, using core strength that will flatten and firm abs. Alignment, breathing and posture challenged. Instr: Pam Hasselbring, Pilates MN.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	Jan 10-Feb 14 6:30pm-7:20pm	Res \$135 Non Res \$145	15405-01
18+	Th	Jan 11-Feb 15 12:30pm-1:20pm	Res \$135 Non Res \$145	15405-02
18+	W	Mar 6-Apr 10 6:30pm-7:20pm	Res \$135 Non Res \$145	15405-03
18+	Th	Mar 7-Apr 11 12:30pm-1:20pm	Res \$135 Non Res \$145	15405-04

## HEALTH & FITNESS - TAI CHI CHIH

### TAI CHI CHIH

T'ai Chi Chih®, "Joy Through Movement" is not a martial art; it is a carefully structured sequence of gentle movements which are performed as a moving meditation. Regular practice of T'ai Chi Chih can improve balance, reduce stress, and produce an overall calming impact and a sense of grounding and well-being. A very useful practice for our challenging world.

### TAI CHI CHIH 1

PCC-Active Wing, 14800 34th Avenue N

This beginner class offers the underlying principles and detailed instruction in majority of the 19 movements. Students will also be introduced to preparing mind and body to enhance the benefits of T'ai Chi Chih practice. Instr: Silvia Yueh.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Feb 20-Apr 2 10:00am-11:00am	Res \$69 Non Res \$79	15416-01
18+	Tu	Apr 9-May 28 10:00am-11:00am	Res \$79 Non Res \$89	15416-02

### TAI CHI CHIH 2

PCC-Active Wing, 14800 34th Avenue N

Pre-requisite: T'ai Chi Chih 1, or previous experience with T'ai Chi Chih practice. This class will build upon the teachings explored in T'ai Chi Chih 1, concentrating on the remaining of the 19 movements. Attention will be given to deepening the understanding of the principles of T'ai Chi Chih movements. At the end of the class, students will be able to complete all 19 movements and one pose in sequence. Instructor: Silvia Yueh.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	Feb 21-Apr 3 10:00am-11:00am	Res \$69 Non Res \$79	15415-01
18+	W	Apr 10-May 29 10:00am-11:00am	Res \$79 Non Res \$89	15415-02

### TAI CHI CHIH 3

PCC-Active Wing, 14800 34th Avenue N

Pre-Requisite: T'ai Chi Chih 1 & 2, or previous experience with all of T'ai Chi Chih movements. This is a group class for those who enjoy the benefits of T'ai Chi Chih practice and wish to deepen their understanding of the principles of this moving meditation. All 19 movements and one pose are completed in sequence at each class. Instr: Silvia Yueh.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Feb 20-Apr 2 11:15am-12:15pm	Res \$69 Non Res \$79	15417-01
18+	Tu	Apr 9-May 28 11:15am-12:15pm	Res \$79 Non Res \$89	15417-02

## WELLNESS

### BODY AND BRAIN BALANCE

PCC-Active Wing, 14800 34th Avenue N

A full body mobility, flexibility and balance class. Energetic awareness through breath and movement to help strengthen and enhance mobility and balance of both the body and mind as we age. A strong lower body and core is needed to create better balance and a strong mind is needed for balance in life. This class includes some brain flexibility training to assist in creating a healthier more flexible brain (neuroplasticity). Instr: Heidi Neubauer ND. No program: 3/28.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Mar 14-Apr 18 10:00am-11:10am	Res \$105 Non Res \$115	15448-01
18+	Th	May 2-May 30 10:00am-11:10am	Res \$105 Non Res \$115	15448-02

## WELLNESS

### FACIAL EXERCISE

Zoom

This virtual class is geared for women. Just like the rest of your body, the face has muscles that can be tightened to lift up what gravity pulls down no matter what age. After an 1.5 hour practice session, sagging jowls, droopy eyelids, turkey neck, and many more facial muscles can be tightened through a 4-minute workout you can fit easily into your life. Have a small stand-up mirror handy. An instructional booklet will be emailed. Tessa has been teaching facial exercise for over 40 years. Instr: Tessa Hill.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Jan 9 7:00pm-8:30pm	Res \$31 Non Res \$36	15411-01
18+	W	Mar 20 7:00pm-8:30pm	Res \$31 Non Res \$36	15411-02
18+	Tu	May 7 12:00pm-1:00pm	Res \$31 Non Res \$36	15411-03

### NIA - THE JOY OF MOVEMENT

PCC-Active Wing, 14800 34th Avenue N

NIA is a lifestyle and practice that blends movement, mindfulness, connection and joy to provide a whole body/whole-being experience that transforms and liberates body, mind and spirit. It encompasses the elements of dance, martial arts, and healing arts. NIA addresses the bodies five main senses: flexibility, strength, mobility, agility and stability. Come and join us to experience the joy and art of movement and find YOUR body's way. Wear anything that you feel good in and that allows you to move comfortably. NIA is practiced bare foot. If you have concerns about being barefoot, consider a soft-soled shoe. Instr: Heidi Neubauer ND. No Program: 3/28.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Mar 14-Apr 18 5:30pm-6:30pm	Res \$105 Non Res \$115	15406-01
18+	Th	May 2-May 30 5:30pm-6:30pm	Res \$105 Non Res \$115	15406-02

# Adult

## HEALTH & FITNESS - YOGA

### SLOW FLOW YOGA ON ZOOM

ZoYoga & Fitness, 147 Hamel Road

An online class where you will enjoy flowing movement and smooth transitions mixed with balances and stretches. All levels as long as you are able to get down onto your mat and back up. Instr: Julie Zoril.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Feb 8-Mar 7 6:00pm-6:45pm	Res \$44 Non Res \$54	15404-01
18+	Th	Mar 21-Apr 18 6:00pm-6:45pm	Res \$44 Non Res \$54	15404-02

### YOGA EASY

PCC-Active Wing, 14800 34th Avenue N

Enjoy a soothing stretch journey celebrating life with body, mind and spirit! Strengthens and conditions muscles as it relieves stiff joints and aids balance and breath. All postures have modifications. Instr: Clare Rubin MA.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	F	Jan 12-Feb 9 9:00am-10:00am	Res \$65 Non Res \$75	15420-01
18+	F	Feb 16-Mar 22 9:00am-10:00am	Res \$77 Non Res \$87	15420-02
18+	F	Apr 5-May 17 9:00am-10:00am	Res \$89 Non Res \$99	15420-03

### THERAPEUTIC MOVEMENT FOR ANXIETY/DEPRESSION

PCC-Active Wing, 14800 34th Avenue N

Have you been looking for a wellness class or self-care option that would specifically address symptoms of anxiety/depression? Would you like to gain skills that enable you to feel more at ease in your day to day activities? This therapeutic movement class is designed specifically for you. Experience gentle movement linked to breath in an informed environment that is designed to address the symptoms of anxiety and increase overall wellness. Clare blends her twelve years of experience as a yoga and meditation instructor as well as somatic education in the field of bodywork with her masters degree in psychological and counseling services to bring to life a new series of wellness classes. Instr: Clare Rubin, MA. No program: 4/30.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Jan 9-Feb 6 10:00am-11:15am	Res \$105 Non Res \$115	15444-01
18+	Tu	Feb 20-Mar 26 10:00am-11:15am	Res \$125 Non Res \$135	15444-02
18+	Tu	Apr 16-May 28 10:00am-11:15am	Res \$125 Non Res \$135	15444-03

## YOGA WITH PR

### CHAIR YOGA

PCC-Active Wing, 14800 34th Avenue N

If your body craves movement but finds it challenging to get down to a yoga mat, chair yoga may be just what you need. Breathwork, gentle poses to increase flexibility and balance, and a relaxing savasana. If you stand or sit all day, are tense, inflexible, or have contraindications that keep you from the floor, this class is for you. Instr: PR Brady. No program: 1/15, 2/19. Zoom available by request.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	M	Jan 8-Mar 4 10:00am-11:00am	Res \$75 Non Res \$85	15419-01
18+	M	Mar 11-Apr 29 10:00am-11:00am	Res \$85 Non Res \$95	15419-02

### HAPPY JOINTS YOGA

PCC-Active Wing, 14800 34th Avenue N

An hour of dedicated care to gently increase the body's range of motion, and ease the aches and pains associated with "computer body". Let that tension go with guided meditation and specific asana sequences focused on nurturing and nourishing the soft tissue of the joints and body. If you stand or sit all day at a computer, are tense, inflexible, or experience anxiety this practice is for you. Instr: PR Brady. No program: 1/15, 2/19.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	M	Jan 8-Mar 4 8:30am-9:30am	Res \$75 Non Res \$85	15464-01
18+	Tu	Jan 9-Mar 5 6:15pm-7:15pm	Res \$95 Non Res \$105	15464-02
18+	M	Mar 11-Apr 29 8:30am-9:30am	Res \$85 Non Res \$95	15464-03
18+	Tu	Mar 12-Apr 30 6:15pm-7:15pm	Res \$85 Non Res \$95	15464-04

## HEALTH & FITNESS - YOGA WITH PR

### MINI MORNING GRATITUDE YOGA

Zoom

Wake up and join a mini yoga practice that includes breathwork, a little meditation and a short, energizing yoga practice. If you stand or sit all day, feel tight, tense, inflexible, or experience anxiety, this is for you. Now is the perfect time to try some yoga in the privacy of your own space. Start your day with energy, positivity, and sense of calm. All you need is a mat and blanket. Instr: PR Brady.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	M-F	Jan 8-Feb 2 6:00am-6:45am	Res \$79 Non Res \$89	15457-01
18+	M-F	Feb 5-Mar 1 6:00am-6:45am	Res \$79 Non Res \$89	15457-02
18+	M-F	Mar 4-Mar 29 6:00am-6:45am	Res \$79 Non Res \$89	15457-03
18+	M-F	Apr 1-Apr 26 6:00am-6:45am	Res \$79 Non Res \$89	15457-04
18+	M-F	Apr 29-May 24 6:00am-6:45am	Res \$79 Non Res \$89	15457-05

### RESTORATIVE YOGA

PCC-Active Wing, 14800 34th Avenue N

Treat yourself to the benefits of "rest and digest mode". Experience facilitated conscious relaxation deeply and completely in a gentle, nurturing 75 minutes of quiet time. Restorative Yoga brings the nervous system to a parasympathetic state that helps to let go of triggers and stressors. It's even been known to decrease insomnia, lower blood pressure, increase "good cholesterol" levels, reduce belly fat, improve digestion, lower serum triglycerides and blood sugar levels in the blood, and reduce muscle tension and general fatigue. Instr: PR Brady. No program: 1/15, 2/19.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	M	Jan 8-Mar 4 8:00pm-9:15pm	Res \$75 Non Res \$85	15440-01
18+	M	Mar 11-Apr 29 8:00pm-9:15pm	Res \$85 Non Res \$95	15440-02

### SLOW FLOW YOGA

PCC-Active Wing, 14800 34th Avenue N

A mid-week Hatha slow, yet energizing hour of Yoga that includes breathwork, movement, balance, strength and stretch. Reset your mind, body and spirit, with positivity and a sense of serene calm. Bring your mat, and water. Instr: PR Brady.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	Jan 10-Mar 6 10:15am-11:15am	Res \$95 Non Res \$105	15408-01
18+	W	Mar 13-May 1 10:15am-11:15am	Res \$85 Non Res \$95	15408-02

### SPRING EQUINOX YOGA CELEBRATION

PCC-Active Wing, 14800 34th Avenue N

A special yoga afternoon of restoration and renewal! As the sun crosses the celestial equator, moving from south to north, it's time to shed the blankets, and spring forward to a new beginning. Celebrate the Spring Equinox by clearing out what isn't serving you in your life anymore and making room for what does. Relax, release your worries, shake your booty, and feel the power of focused mind, body and soul energy. Spring into action and free your true soul self! Align your head to your heart, find balance, serenity and stillness with a very special, nurturing yoga experience. Come with friends, and make some new ones! Instr: PR Brady.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Sa	Mar 16 1:00pm-4:00pm	Res \$39 Non Res \$45	15424-01

### STRENGTH YOGA

PCC-Active Wing, 14800 34th Avenue N

Increase your strength and stamina with a practice that intertwines classic yoga asanas with isometrics and mindfulness—no actual weightlifting involved. Improve posture, balance, breath and flexibility. Build strength without stressing weak or injured muscle or joints. If you are just starting movement and strength training or are recovering from an injury and want to rebuild your strength this practice is for you. Great for individuals experiencing minor joint discomfort or anyone looking for a change in their fitness routine. Bring your mat and some water. Instr: PR Brady. No program: 1/15, 2/19.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	M	Jan 8-Mar 4 6:45pm-7:45pm	Res \$75 Non Res \$85	15425-01
18+	M	Mar 11-Apr 29 6:45pm-7:45pm	Res \$85 Non Res \$95	15425-02

### YIN YOGA

PCC-Active Wing, 14800 34th Avenue N

Yin Yoga involves relaxing the body right up to ones' healthy edge—wherever your edge may be. We breathe "into" the muscles as we engage them, which allows them to stretch. This results in feeling more balanced, less stressed, less restless; and gives more strength and energy than it takes away. Yin lives halfway between active exercise and total stillness. If you stand or sit all day, are tense, inflexible, experience anxiety, or have an overactive life this is for you. Instr: PR Brady.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Jan 9-Mar 5 7:30pm-8:45pm	Res \$95 Non Res \$105	15441-01
18+	Tu	Mar 12-Apr 30 7:30pm-8:45pm	Res \$85 Non Res \$95	15441-02



# Adult

## HEALTH & FITNESS - YOGA WITH PR

### YOGA NIDRASSAGE

PCC-Active Wing, 14800 34th Avenue N

Experience the transformational journey of Yoga Nidrasage; a beautiful blend of the expansive, supportive nurturing practice of Yoga Nidra, and the physical surrender into the bodywork of Yoga Massage. Give yourself permission to melt into a meditative state of consciousness, while allowing the body to be gently moved into 4 tension releasing Yoga Massage poses. This special practice is limited to four participants to ensure each person receives the ultimate experience. Prepare to find peace beyond words, physically, mentally, emotionally, lay back and relax as your practitioner guides you into sheer bliss. Yoga Nidrasage awaits you. Please note: Most of the session is spent comfortably reclined. This experience includes hands on massage. Therapeutic oils are used. Wear comfortable loose clothing. Only eat a light meal 2 hours prior to your experience. Prepare to be amazed. Instr: PR Brady.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	F	Jan 12 7:00pm-9:00pm	Res \$54 Non Res \$64	15430-01
18+	F	Feb 9 7:00pm-9:00pm	Res \$54 Non Res \$64	15430-02
18+	F	Mar 8 7:00pm-9:00pm	Res \$54 Non Res \$64	15430-03
18+	F	May 17 6:30pm-8:30pm	Res \$54 Non Res \$64	15430-05

### YOGA SCULPT

PCC-Active Wing, 14800 34th Avenue N

Increase your strength and stamina with an energizing practice that intertwines classic yoga asanas with light weights and mindful movement. Improve posture, balance, breath and flexibility. If you are looking to gently boost your overall strength and wellbeing, this practice is for you. Great for anyone looking for a change in their fitness routine. Bring your mat and some water. Instr: PR Brady.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Jan 9-Mar 5 5:00pm-6:00pm	Res \$95 Non Res \$105	15422-01
18+	Tu	Mar 12-Apr 30 5:00pm-6:00pm	Res \$85 Non Res \$95	15422-02
18+	W	Jan 10-Mar 6 9:00am-10:00am	Res \$95 Non Res \$105	15422-03
18+	Tu	Mar 14-May 9 5:00pm-6:00pm	Res \$90 Non Res \$100	15422-04
18+	W	Mar 13-May 1 9:00am-10:00am	Res \$85 Non Res \$95	15422-04

### YOGA SPA DAY

PCC-Active Wing, 14800 34th Avenue N

Spring into a new you. Soothe the body, mind and spirit. Reconnect with the self through mindful movement, meditation, massage and a goodie bag for later. Relax, let go, create some space, nurture yourself, and allow yourself to enjoy a very special, gentle, yet rejuvenating yoga spa day. This experience includes hands on massage. Facial products and therapeutic oils are used. Wear comfortable loose clothing. Come with your besties for an afternoon of pampering—you deserve it! Instr: PR Brady.

AGES	DAY	DATE & TIME	COST	ACTIVITY
16+	Sa	May 11 10:00am-12:00pm	Res \$35 Non Res \$41	15429-01

## ZUMBA

### ZUMBA GOLD

PCC-Active Wing, 14800 34th Avenue N

Fitness class for senior adults that uses exciting Latin and international dance rhythms. Class is modified for beginner participants. No dance experience necessary. Comfortable clothing and workout shoes recommended. Using dance and fitness moves, experience a complete body workout. Instr: Gina Galindo.

AGES	DAY	DATE & TIME	COST	ACTIVITY
50+	Tu	Jan 9-Feb 20 8:45am-9:45am	Res \$68 Non Res \$78	15418-01
50+	Th	Jan 11-Feb 22 9:00am-10:00am	Res \$68 Non Res \$78	15418-02
50+	Tu	Mar 5-Apr 16 8:45am-9:45am	Res \$68 Non Res \$78	15418-03
50+	Th	Mar 7-Apr 18 9:00am-10:00am	Res \$68 Non Res \$78	15418-04

### ZUMBA LEVEL 1

PCC-Active Wing, 14800 34th Avenue N

Zumba takes the work out of workout. Class is easy, aerobic and lots of fun. This dance fitness fuses Latin rhythms with easy-to-follow moves. A dynamic, complete body workout with an emphasis on arms, legs, abdomen and heart! Instr: Gina Galindo. No program: 1/15.

AGES	DAY	DATE & TIME	COST	ACTIVITY
16+	M	Jan 8-Feb 12 5:30pm-6:30pm	Res \$50 Non Res \$60	15409-01
16+	W	Jan 10-Feb 21 6:45pm-7:45pm	Res \$68 Non Res \$78	15409-02
16+	Th	Jan 11-Feb 22 5:30pm-6:30pm	Res \$68 Non Res \$78	15409-03
16+	M	Mar 4-Apr 15 5:30pm-6:30pm	Res \$68 Non Res \$78	15409-04
16+	W	Mar 6-Apr 17 6:45pm-7:45pm	Res \$68 Non Res \$78	15409-05
16+	Th	Mar 7-Apr 18 5:30pm-6:30pm	Res \$68 Non Res \$78	15409-06

## HEALTH & FITNESS - ZUMBA

### ZUMBA LEVEL 2

PCC-Active Wing, 14800 34th Avenue N

Zumba takes the work out of workout. Class is easy, aerobic and lots of fun. This dance fitness fuses Latin rhythms with easy-to-follow moves. A dynamic, complete body workout with an emphasis on arms, legs, abdomen and heart! Instr: Gina Galindo.

AGES	DAY	DATE & TIME	COST	ACTIVITY
16+	Tu	Jan 9-Feb 20 6:45pm-7:45pm	Res \$68 Non Res \$78	15410-01
16+	W	Jan 10-Feb 21 5:30pm-6:30pm	Res \$68 Non Res \$78	15410-02
16+	Th	Jan 11-Feb 22 10:15am-11:15am	Res \$68 Non Res \$78	15410-03
16+	Tu	Mar 5-Apr 16 6:45pm-7:45pm	Res \$68 Non Res \$78	15410-04
16+	W	Mar 6-Apr 17 5:30pm-6:30pm	Res \$68 Non Res \$78	15410-05
16+	Th	Mar 7-Apr 18 10:15am-11:15am	Res \$68 Non Res \$78	15410-06

## OUTDOOR RECREATION

### INTRO TO SNOWSHOEING

TBD

Come enjoy weekly guided walks with us at Plymouth Parks and Recreation. As always a Parks and Recreation representative will accompany the group who is a trained first responder to put your mind at ease. Get moving outside with us, learn something new, and challenge your minds and bodies safely outdoors. Bring your own equipment (\$20) or use ours!

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	Jan 17-Feb 7 3:00pm-4:00pm	\$40	15901-10

### WEEKLY WALKS WITH PARKS AND REC

Locations vary

Take a tour of Plymouth's Parks! Each week we meet at a different park and take a walk. Each park or path offers a greater look into the sweet spots in Plymouth.

4/30: Lake Camelot

5/7: Maple Creek

5/14: Green Tree Island

5/21: Zachary Park

AGES	DAY	DATE & TIME	COST	ACTIVITY
20+	Tu	Apr 30-May 21 1:00pm-2:00pm	no fee	15902-10

### TRAILSIDE REPAIR: BICYCLE MAINTENANCE

PCC-Education Wing, 14800 34th Avenue N

Many possible issues and problems can and do occasionally occur when riding. We will work through flat tires, wheel issues, dropped chains, cleaning and lubing, replacing tires, and what to buy to handle the unfortunate issues. This is a mix of hands on and lecture. Please leave your bikes at home for this class. Class taught by Bjorn Cycling

AGES	DAY	DATE & TIME	COST	ACTIVITY
14+	W	Jan 10 7:00pm-8:00pm	Res \$31 Non Res \$40	13222-01
14+	W	Feb 7 7:00pm-8:00pm	Res \$31 Non Res \$40	13222-02
14+	W	Mar 20 7:00pm-8:00pm	Res \$31 Non Res \$40	13222-03
14+	W	Apr 10 7:00pm-8:00pm	Res \$31 Non Res \$40	13222-04



**WEATHER LINE**  
**763-509-5205**

call for updates on  
class cancellations

# Adult

## SAFETY

### ADULT AND PEDIATRIC FIRST AID/CPR/AED CERTIFICATION

PCC-Education Wing, 14800 34th Avenue N

This class will teach how to respond to life threatening emergencies by providing effective First Aid, CPR and administration of AED for Children, Adults, and infants alike who are experiencing a cardiac or respiratory emergency.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	Jan 10 4:30pm-9:30pm	Res \$80 Non Res \$90	16517-01
18+	Tu	Feb 6 4:00pm-6:45pm	Res \$65 Non Res \$75	16517-02
18+	M	May 20 4:00pm-9:00pm	Res \$80 Non Res \$90	16517-03

### AMERICAN RED CROSS WILDERNESS AND REMOTE FIRST AID

Parkers Lake Park, 15205 County Road 6

This class is designed to provide participants a foundation of first aid principles and skills to be able to respond to emergencies and give care in areas that do not have immediate emergency medical services. This includes wilderness and remote environments and urban disasters. A current CPR/FA certification is needed as a pre-requisite.

AGES	DAY	DATE & TIME	COST	ACTIVITY
14+	Sa,Su	Apr 27-Apr 28 8:00am-4:30pm	Res \$150 Non Res \$165	16518-01

### GRANDPARENTS: GETTING STARTED BY SAFESITTER

PCC-Education Wing, 14800 34th Avenue N

This training is to prepare grandparents to safely care for infants and children while following the latest recommendations by doctors and scientists. Build on your own knowledge of caring for children and infant's physical and emotional health by discussing managing behaviors and practicing life-saving skills such as choking rescue, pediatric first aid, and CPR.

AGES	DAY	DATE & TIME	COST	ACTIVITY
40+	W	Jan 17 6:00pm-9:30pm	Res \$78 Non Res \$68	15502-01
40+	W	Feb 14 2:00pm-5:30pm	Res \$78 Non Res \$68	15502-02
40+	Sa	Mar 30 9:00am-12:30pm	Res \$78 Non Res \$68	15502-03
40+	Tu	Apr 23 6:00pm-9:30pm	Res \$78 Non Res \$68	15502-04
40+	Th	May 16 6:00pm-9:30pm	Res \$78 Non Res \$68	15502-05

### PEDIATRIC FIRST AID & CPR FOR CHILDCARE PROVIDER

PCC-Education Wing, 14800 34th Avenue N

Learn how to effectively and efficiently respond to pediatric emergencies with Pediatric CPR/First Aid class. This class is designed for Parents and Childcare Providers.

AGES	DAY	DATE & TIME	COST	ACTIVITY
16+	W	Mar 6 5:30pm-8:15pm	Res \$70 Non Res \$80	15501-01

## SPORTS

### BADMINTON - ADULT OPEN

Wayzata High School, 4955 Peony Lane

We supply the net and the birdies; you supply the racket. Limited number of loaner rackets available. Players must pre-register for this program. Registration is limited. No Program: Jan 15 or Feb 19

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	M	Jan 8-Feb 26 7:30pm-10:00pm	Res \$42 Non Res \$50	15213-01
18+	Th	Jan 11-Feb 22 7:30pm-10:00pm	Res \$49 Non Res \$58	15213-02
18+	M	Mar 4-Apr 8 7:30pm-10:00pm	Res \$42 Non Res \$50	15213-03
18+	Th	Feb 29-Apr 11 7:30pm-10:00pm	Res \$49 Non Res \$58	15213-04
18+	M	Apr 15-May 20 7:30pm-10:00pm	Res \$42 Non Res \$50	15213-05
18+	Th	Apr 18-May 23 7:30pm-10:00pm	Res \$42 Non Res \$50	15213-06

### PICKLEBALL - BEG/INT LEAGUE

PCC-Active Wing, 14800 34th Avenue N

In these leagues, sign up as an individual. Each week you will be grouped with 4-5 other players, and you will play a game with each of them as your partner to 15 points. As you win/lose, you go up or down the rankings, so players move up or down the ladder on a weekly basis. Should be beginner level (2-3.5 if you know your player rating). Players should know rules and how to score. For specific questions on the league, contact Dan Richards at 612-483-0972.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Sa	Jan 6-Feb 24 5:45pm-8:30pm	Res \$125 Non Res \$137	15218-01
18+	Sa	Mar 2-Apr 20 5:45pm-8:30pm	Res \$125 Non Res \$137	15218-02

## SPORTS

### PICKLEBALL - LESSONS

PCC-Active Wing, 14800 34th Avenue N

Whether you're just starting to learn Pickleball or want to go to the next level, this class is for you. Come practice your skills and play some games. Bring your own racket if you have. Some loaners will be available to use. All other equipment is provided. Please wear athletic shoes, comfortable clothing, and bring a water bottle.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+ beginner	Tu	Jan 9-Jan 30 12:30pm-2:00pm	Res \$90 Non Res \$103	15220-01
18+ int/adv	Tu	Jan 9-Jan 30 2:00pm-3:30pm	Res \$90 Non Res \$103	15220-02
18+ beginner	Tu	Feb 6-Feb 27 12:30pm-2:00pm	Res \$90 Non Res \$103	15220-03
18+ int/adv	Tu	Feb 6-Feb 27 2:00pm-3:30pm	Res \$90 Non Res \$103	15220-04
18+ beginner	Tu	Mar 5-Mar 26 12:30pm-2:00pm	Res \$90 Non Res \$103	15220-05
18+ int/adv	Tu	Mar 5-Mar 26 2:00pm-3:30pm	Res \$90 Non Res \$103	15220-06
18+ beginner	Tu	Apr 2-Apr 23 12:30pm-2:00pm	Res \$90 Non Res \$103	15220-07
18+ int/adv	Tu	Apr 2-Apr 23 2:00pm-3:30pm	Res \$90 Non Res \$103	15220-08

### PICKLEBALL - BEG/INT LESSONS

PCC-Active Wing, 14800 34th Avenue N

Learn the basics of pickleball, one of the fastest growing sports for all ages. Rules, scoring, volleys, player position and more will be covered. Game play time will be available each session. Beginner Lessons

AGES	DAY	DATE & TIME	COST	ACTIVITY
16+ beginner	Tu	Jan 9-Jan 30 6:00pm-7:30pm	Res \$95 Non Res \$109	15217-01
16+ beginner	Tu	Feb 6-Feb 27 6:00pm-7:30pm	Res \$95 Non Res \$109	15217-02
16+ beginner	Tu	Mar 5-Mar 26 6:00pm-7:30pm	Res \$95 Non Res \$109	15217-03
16+ beginner	Tu	Apr 2-Apr 23 6:00pm-7:30pm	Res \$95 Non Res \$109	15217-04
16+ int/adv	Tu	Jan 9-Jan 30 7:30pm-9:00pm	Res \$95 Non Res \$109	15217-05
16+ int/adv	Tu	Feb 6-Feb 27 7:30pm-9:00pm	Res \$95 Non Res \$109	15217-06
16+ int/adv	Tu	Mar 5-Mar 26 7:30pm-9:00pm	Res \$95 Non Res \$109	15217-07
16+ int/adv	Tu	Apr 2-Apr 23 7:30pm-9:00pm	Res \$95 Non Res \$109	15217-08
16+ beginner	Su	Jan 7-Jan 28 5:00pm-6:30pm	Res \$95 Non Res \$109	15217-09
16+ beginner	Su	Feb 4-Feb 25 5:00pm-6:30pm	Res \$95 Non Res \$109	15217-10
16+ beginner	Su	Mar 3-Mar 24 5:00pm-6:30pm	Res \$95 Non Res \$109	15217-11
16+ beginner	Su	Apr 7-Apr 28 5:00pm-6:30pm	Res \$95 Non Res \$109	15217-12
16+ int/adv	Su	Jan 7-Jan 28 6:30pm-8:00pm	Res \$95 Non Res \$109	15217-13
16+ int/adv	Su	Feb 4-Feb 25 6:30pm-8:00pm	Res \$95 Non Res \$109	15217-14
16+ int/adv	Su	Mar 3-Mar 24 6:30pm-8:00pm	Res \$95 Non Res \$109	15217-15
16+ int/adv	Su	Apr 7-Apr 28 6:30pm-8:00pm	Res \$95 Non Res \$109	15217-16

### ADULT SOCCER

PCC Fieldhouse, 14800 34th Avenue N

Co-rec soccer on a social level. Not for aggressive/competitive players. No slide tackling; shin guards recommended. Teams formed on site by captains. Tennis shoes or rubber soled cleats o.k. to wear for the program. Pre-registration required.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	M	Jan 8-Feb 26 9:00pm-10:00pm	Res \$97 Non Res \$107	15207-01
18+	W	Jan 3-Feb 21 9:00pm-10:00pm	Res \$97 Non Res \$107	15207-02
18+	M	Mar 4-Apr 15 9:00pm-10:00pm	Res \$85 Non Res \$98	15207-03
18+	W	Feb 28-Apr 17 9:00pm-10:00pm	Res \$97 Non Res \$107	15207-04

### VOLLEYBALL - ADULT OPEN

Wayzata High School, 4955 Peony Lane

We supply the net, volleyballs and setup. Players rotate on the court depending on the number of people. Participants will need to pre-register for this program.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	Jan 10-Feb 21 7:30pm-10:00pm	Res \$49 Non Res \$56	15214-01
18+	W	Feb 28-Apr 10 7:30pm-10:00pm	Res \$49 Non Res \$56	15214-02
18+	W	Apr 17-May 22 7:30pm-10:00pm	Res \$42 Non Res \$49	15214-03

# Adult

## SPORTS

### SHOSHIN RYU JUJITSU ADULT

Shoshin Ryu Martial Arts, 13605 27th Avenue N

Shoshin Ryu is a Japanese based system of Martial Arts. It is both bujutsu (a school emphasizing effective martial arts techniques ) and budo (a school emphasizing personal character development). Shoshin changes to fit the challenges of the times, yet carries with it the essence of previous generations. Shoshin students will learn striking, throwing, forms, ground skills, and weaponry, combining to form a power arsenal of self defense tools; all the while perfecting one's character. Instr: Brian Combo.

AGES	DAY	DATE & TIME	COST	ACTIVITY
13+	M	Jan 8-Feb 12 7:00pm-8:00pm	Res \$87 Non Res \$99	15209-01
13+	W	Jan 10-Feb 14 7:00pm-8:00pm	Res \$87 Non Res \$99	15209-02
13+	M	Feb 19-Mar 25 7:00pm-8:00pm	Res \$87 Non Res \$99	15209-03
13+	W	Feb 21-Mar 27 7:00pm-8:00pm	Res \$87 Non Res \$99	15209-04
13+	M	Apr 1-May 6 7:00pm-8:00pm	Res \$87 Non Res \$99	15209-05
13+	W	Apr 3-May 8 7:00pm-8:00pm	Res \$87 Non Res \$99	15209-06

Adult Summer Softball League Information  
will be available in early January.  
Leagues run from May through July.  
Contact our office for more information.

## SPORTS - LEAGUES

### WINTER 5 X 5 UNOFFICIATED BASKETBALL

Armstrong High School, 10635 36th Ave N.

Full court; no referees, call your own fouls. Timekeeper supplied. 2 divisions based on competition level. New teams placed in lower division unless request to play up. Supply your own ball. Call 763-509-5200 to register or for details. Team Fee is \$195. Registration starts Nov. 1

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Mon	Jan 8-Mar 11 6:00pm-10:00pm	\$195	15200

### SPRING 5 X 5 UNOFFICIATED BASKETBALL

Armstrong High School, 10635 36th Ave N.

Full court; no referees, call your own fouls. Timekeeper supplied. 2 divisions based on competition level. New teams placed in lower division unless request to play up. Supply your own ball. Team Fee is \$195. Registration starts January 22.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Mon	Mar 18-May 20 6:00pm-10:00pm	\$195	15201

### WINTER SOCCER INDOOR OFFICIATED LEAGUE 1

PCC Fieldhouse, 14800 34th Avenue N

Play 6 v 6 plus goalie. 45 x 60 yard playing field with 18' goals. Roster limit is 16. Team Fee is \$975. Registration starts Nov. 13

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Thurs	Jan 4-Feb 22 8:00pm-10:15pm	\$975	15206

### WINTER SOCCER INDOOR OFFICIATED LEAGUE 2

PCC Fieldhouse, 14800 34th Avenue N

Play 6 v 6 plus goalie. 45 x 60 yard playing field with 18' goals. Roster limit is 16. Team Fee is \$975. Registration starts January 8

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Thurs	Feb 29-Apr 18 8:00pm-10:15pm	\$975	15207

## SENIOR SERVICES

Plymouth Parks & Recreation collaborates with Senior Community Services to meet the changing needs of older adults and their caregivers.

### HOME program:

Manage chores and personal technology.  
Call 763-416-7969 or email [hometeam@seniorcommunity.org](mailto:hometeam@seniorcommunity.org).

### Senior Outreach & Caregiver Services:

Access services and attend a support group.  
Call 952-767-7899  
or email [k.wiebusch@seniorcommunity.org](mailto:k.wiebusch@seniorcommunity.org).

### CareNextion:

Caregivers coordinate care for their loved one.  
Call 612-770-7005 or visit [CareNextion.org](http://CareNextion.org).



**WEATHER LINE**  
**763-509-5205**

call for updates on  
class cancellations



# 55+/ SENIOR GROUPS

Groups noted below are currently meeting in 2024 at the Plymouth Community Center  
(unless noted with \*\*) Interested in starting a group? Contact us at 763-509-5225

	MEETING SCHEDULE	TIME	ACTIVITY CODE	PRICE res/non res
<b>MONDAYS</b>				
Evening Bridge	Every Monday	6:30pm-9:00pm	46910-03	\$25 / \$35
Plymouth Rockers	Every Monday	9:00am-11:30am	45903-03	\$30 / \$40
Writers Group	Every Monday	1:00pm-3:00pm	46909-03	\$20 / \$30
<b>TUESDAYS</b>				
Mah Jongg	Every Tuesday	12:30pm-4:00pm	46911-03	\$25 / \$35
Men's Club	4th Tuesday	9:00am-10:30am	46918-03	\$25 / \$35
Story Time Players	1st & 3rd Tuesdays (Sept-May)	1:00pm-3:00pm	45900-03	\$20 / \$30
<b>WEDNESDAYS</b>				
Book Club	1st Wednesday	1:30pm-2:30pm	45906-03	\$15 / \$25
Computer Users	4th Wednesday	10:00am-12:00pm	46917-04	\$15 / \$25
Duplicate Bridge	2nd & 4th Wednesdays	12:00pm-4:00pm	46913-03	\$20 / \$30
Party Bridge	1st & 3rd Wednesdays	12:00pm-4:00pm	46912-01	\$20 / \$30
Plymouth Pedalers (Biking)**	Rides Apr-Oct, locations vary	Times Vary	45908-03	\$25 / \$35
<b>THURSDAYS</b>				
Cribbage	Every Thursday	12:30pm-3:00pm	46914-03	\$25 / \$35
Current Events	Every Thursday	10:00am-11:30am	46915-03	\$20 / \$30
Needle Arts	1st & 3rd Thursdays	11:30am-2:30pm	45907-03	\$15 / \$25
Plymouth Woodcarvers	Every Thursday	9:00am-11:00am	45905-03	\$25 / \$35
<b>FRIDAYS</b>				
Open Arts Studio	Every Friday	9:00am-11:30am	45902-03	\$20 / \$30
500 Card Club	Every Friday	1:00pm-4:00pm	46916-03	\$25 / \$35

## 2024 Annual Group Fees

### how to register

There are many ways to register for an annual membership. You must register for each group you would like to participate in.

#### 1 go online

[plymouthmn.gov/recreation](https://plymouthmn.gov/recreation)

Register online - using online recreation account  
- search for group using activity code.

#### 2 call us

Call us at 763-509-5200 and provide the activity code for the group you would like to register for.

#### 3 stop in

Register in-person at Plymouth Parks and Recreation office - located in Plymouth City Hall, 3400 Plymouth Blvd.

Or at the Plymouth Community Center  
14800 34th Ave N.

# Adult

## ACTIVE ADULTS 55+

### MINNESOTA HIGHWAY SAFETY & RESEARCH CENTER DRIVING CLASSES

Plymouth Community Center, 14800 34th Avenue N

Taught by trained instructors, topics include changes in traffic laws, vehicle technology and defensive driving tips using educational videos and classroom training/discussion. Sessions are available in a basic (8-hour) first-time course or a refresher (4-hour) course. Please bring what you need for the day (eg. snack, lunch or beverage). Completion of this course allows for a 10% reduction on automobile insurance premiums in Minnesota for those ages 55 and over. Refresher course must be completed every three years for discount.

Many Zoom classes are also available. Call the MN Hwy Safety Research Center for details.

For class fees & registration contact  
MN Hwy Safety Research Center toll free number:  
1-320-308-1400

AGES	DAY	DATE & TIME	CLASS TYPE	LOCATION
55+	F	Apr 5 11:00am-3:00pm	4 hour refresher	PCC
55+	Th	May 9-16 5:00pm-9:00pm	Basic 8 hour	Plymouth City Hall

### REINTRODUCTION TO PLYMOUTH'S OLD TOWN HALL

Tour Plymouth's newly reopened Old Town Hall, guided by Plymouth's Historical Site Coordinator. Ask questions, visit with your peers and share feedback about the historic building and upcoming programs that explore the rich history of Plymouth and related topics. Led by Plymouth's Historical Site Coordinator Ryan Barland.

AGES	DAY	DATE & TIME	COST	ACTIVITY
55+	Tu	Mar 5 10:00am-11:00am	Res \$5 Non Res \$7	45904-01

### COMMUNITY TRIPSTERS: U OF M PLANETARIUM AND BELL MUSEUM PCC-Event Wing, 14800 34th Avenue N

See a Planetarium Show in the State-of-the-art planetarium that takes you on amazing journeys from the far reaches of the cosmos to deep inside the human brain to the Minnesota Night Skies. Enjoy a self-guided tour through the galleries of The Bell Museum that brings together science, art, and the environment with a unique Minnesota perspective. The tour covers the permanent galleries, including world renowned wildlife dioramas that span space and time, from the origins of the universe, through the diversification of life on Earth, to Minnesota's own unique habitats. Lunch will be at the Hen House. Register by Dec. 18.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	Jan 24 10:15am-4:00pm	Res \$76 Non Res \$86	15601-01

### COMMUNITY TRIPSTERS: "DIAL M FOR MURDER" AT THE GUTHRIE THEATER PCC-Event Wing, 14800 34th Avenue N

Discover the beauty of Guthrie Theater and its 360-degree view of this historic neighborhood and the downtown skyline before this seeing this plot twisting thrilling performance. This clever, fast-paced adaptation adds extra layers to the iconic tale, making the "Will he get away with it?" question even more thrilling. Enjoy a soup and sandwich lunch at the Hen House before the performance. Register by Dec. 18

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	Feb 21 10:00am-4:45pm	Res \$91 Non Res \$101	15602-01

### COMMUNITY TRIPSTERS: HOCOKATA TI AND SHAKOPEE HISTORY TOUR PCC-Event Wing, 14800 34th Avenue N

Enjoy a guided walking tour of Hokokata Tli the Shakopee Mdewakanton Sioux Community's cultural center and gathering space which is used to interpret and encourage traditional Mdewakanton Dakota cultural heritage, language, and history. Visit the gift shop that features Native-made art, books, music, beaded and quilled items. Tour of the Scott County Historical Society Museum galleries with unique exhibits about the history of Scott County. Lunch included. Register by Feb. 12.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Mar 14 9:15am-3:30pm	Res \$82 Non Res \$92	15603-01

### COMMUNITY TRIPSTERS: "FOOTLOOSE" AT THE PARAMOUNT THEATER PCC-Event Wing, 14800 34th Avenue N

Enjoy this sensational high-energy, dance-packed musical based on the 1980's hit movie that celebrates the wisdom of listening to one another and the power of forgiveness. Dinner will be at the Coyote moon Grill. Register by March 11.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	F	Apr 19 3:15pm-11:00pm	Res \$114 Non Res \$124	15604-01

### COMMUNITY TRIPSTERS: PLYMOUTH PLAYHOUSE!

Take a trip right in Plymouth! Enjoy a lunch and stay for the play "Till Beth Do Us Part," a side-splitting romp about marriage and careers. The Haydens both work and decide an assistant is needed to help put the house in order. They hire a gregarious Southerner named Beth. Discover the hilarious hazards of hiring a personal assistant! No transportation provided for this outing, meet at the Plymouth Playhouse. Register by April 1.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	May 1 12:00pm-3:45pm	Res \$48 Non Res \$56	15610-01

## ACTIVE ADULTS 55+

### EXTENDED TRIPS: AMERICAN FOUNDERS TOUR

Travel through history as you join the Traveling Professor on a journey through Virginia to visit Mt. Vernon, Monticello, Montpelier and overnight in Colonial Williamsburg! Trip includes flights, ground transportation, lodging, guided tours of Washington DC Monuments and more. Transportation to and from MSP airport not included. \*Departure and return times TBD. Register by March 1.

AGES	DATE & TIME	COST	ACTIVITY
18+	Apr 7-Apr 12 12:00am-12:00am	Single: \$2,493 Double: \$1,998/each	15605-01

### EXTENDED TRIPS: MACKINAC ISLAND

PCC-Event Wing, 14800 34th Avenue N

Experience one of the most fantastic hotels in the world with a 2-night stay at the Grand Hotel on Mackinac Island. Tour Mackinac Island by horse drawn carriage. Trip will also include tours of Lambeau Field and Leinenkugel's Brewery, plus much more. \*Departure and return times TBD. Register by March 30.

AGES	DATE & TIME	COST	ACTIVITY
18+	May 13-May 17 12:00am-12:00am	Single: \$1,997 Double: \$1,597/each	15606-01

### EXTENDED TRIPS: VOYAGE OF THE GLACIERS

11 DAY TOUR includes Air! Enjoy round trip airfare, seven nights on the beautiful Grand Princess & two nights in Vancouver & Anchorage with included touring in both cities. Highlights: Visit Iditarod Trail Headquarters & enjoy a sled dog ride. View Denali Mountain from the closest possible point. Visit Talkeetna, a true Alaskan town and the port towns of Ketchikan, Skagway & Juneau. Cruise through the College Fjords and Glacier Bay National Park On-board enjoy complimentary drinks, wi-fi, and gratuities to the staff. Plus, an exclusive Jeanie's Journeys private cruise party. \*PASSPORT REQUIRED. \*Departure and return times TBD. Register by March 1.

Single inside: \$3,998 · Double inside: \$2,998/each

Single ocean view: \$5,998 · Double ocean view: \$3,984/each

Single balcony: \$6,998 · Double balcony: \$4,998/each

AGES	DATE & TIME	COST	ACTIVITY
18+	June 4-June 13 12:00am-12:00am	see rates above	15607-01

### MOVIE MATINEE

PCC-Event Wing, 14800 34th Avenue N

Enjoy an afternoon with friends going to the movies right here in PCC. Popcorn and water provided. No cost, but pre-registration requested. Subscribe to the Grapevine (Plymouth 55+ e-news) for monthly feature by visiting plymouthmn.gov. Click on "eNotification Sign Up" at bottom of page. Enter your email address and click on "Senior Newsletter- Grapevine" to receive our monthly newsletter via email.

AGES	DAY	DATE & TIME	ACTIVITY
18+	Tu	Jan 16 1:00pm-3:30pm	15702-01
18+	Tu	Feb 20 1:00pm-3:30pm	15702-02
18+	Tu	Mar 19 1:00pm-3:30pm	15702-03
18+	Tu	Apr 16 1:00pm-3:30pm	15702-04

### WINTER BINGO

PCC-Education Wing, 14800 34th Avenue N

Join us for a winter fun bingo event! Two cards max per player, per game.

AGES	DAY	DATE & TIME	COST	ACTIVITY
55+	F	Feb 9 10:00am-12:00pm	Res \$5 Non Res \$7	15707-01

### AUTHENTIC HAPPINESS FOR EVERYDAY LIFE

PCC-Education Wing, 14800 34th Avenue N

Research on increasing happiness suggests exploring our positive emotions, engagement, meaning, relationships, and accomplishments. Join us for a 90-minute introduction to the road to authentic happiness. Come learn to enhance meaning, positive emotions and engagement with positive aspects of life. Instr: Dana Essex

AGES	DAY	DATE & TIME	COST	ACTIVITY
55+	F	Feb 23 10:00am-11:30am	Res \$20 Non Res \$25	15907-01

### COMPLETE SELF-CARE: CRYSTALS AND SPA DAYS OPTIONAL

PCC-Education Wing, 14800 34th Avenue N

Self-care is conscious actions you take to nurture your mind and spirit, nourish your body, and replenish your relationship with yourself and others. Join this 90-minute introductory course on six dimensions of complete self-care. Try practical exercises to identify your needs and improve your self-care practices. Instr: Dana Essex

AGES	DAY	DATE & TIME	COST	ACTIVITY
55+	F	Mar 15 10:00am-11:30am	Res \$20 Non Res \$25	15908-01

# Aquatics

## CLASS DESCRIPTIONS (please see schedule on following pages)



WAYZATA EAST MIDDLE SCHOOL - 12000 RIDGEMOUNT AVENUE

### ADULT BEGINNER SWIMMING (AGES: 15+)

Focus on basic swimming skills and comfort in the water. Develop fundamental swim skills, basic stroke development and safety.

### WOMEN'S ADULT BEGINNER SWIMMING (AGES: 16+)

Focus on basic swimming skills and comfort in the water. Develop fundamental swim skills, basic stroke development and safety. Taught by female instructors.

### INFANT/TODDLER SWIMMING (AGES: 6 MOS-18 MOS)

A parent/child class that builds basic swimming skills and water safety knowledge. Using games and activities, the class will focus on water adjustment and basic comfort in front & back positions. One adult per child required in water.

### PRESCHOOL ADULT + CHILD (AGES: 18 MO-4 YRS)

One adult per child required in the water. A class for those new to swimming or wishing to build on comfort and water safety skills learned in the Infant/Toddler class. Beginning swim skills introduced including: breath control, front & back position, and movement in the water.

### SWIM STARS (AGES: 3-5)

A class for children to develop the confidence needed to transition to a Preschool 1 swimming class. **Parent/adults will be in the water for the first half of the session** and then transition to a preschool class with instructor only.

### PRESCHOOL 1 SWIMMING (AGES: 3-5)

This class is for those who have completed a parent/child class or a child comfortable in a class setting without a parent. Class introduces age appropriate basic swimming skills, breath control, bobbing underwater, supported front and back floats/glides and movement in the water (5-10 ft). (Ratio 5:1)

### PRESCHOOL 2 SWIMMING (AGES: 3-5)

For preschoolers who are comfortable in the water. Expand on basic skills: bobbing underwater, unsupported front and back floats/glides, swim on front and back unsupported 6ft. Jump in water alone. (Ratio 5:1)

### PRESCHOOL 3 SWIMMING (AGES: 3-5)

This class is for our younger kids that have mastered preschool 2 skills including putting faces in the water, floating on back and front with support, and overall comfort in the water. Class introduces floating, kicking, gliding, arm & leg action, swimming independently on front/back (10 ft), and breath control.

### LEVEL 1 SWIMMING (AGES: 5-14)

This class is an introduction to water skills and builds basic swimming skills for comfort in the water. Class introduces floating, kicking, gliding, arm & leg action, swimming independently on front/back (10 ft), and breath control. (Ratio 6:1)

### LEVEL 2 SWIMMING (AGES: 5-14)

This class is for those who have passed Level 1 or are able to float on front and back (5 sec) and independent swim (10 ft on front/back). Class builds on level 1 skills introducing front & back crawl, elementary backstroke and fundamental techniques while building endurance to swim front crawl (15 ft). (Ratio 6:1)

### LEVEL 3 SWIMMING (AGES: 6-14)

A class for those who have passed Level 2 or have the equivalent skills. Class concentrates on stroke development, through guided practice, to swim front crawl & back crawl (15 yds each), 30 yd. endurance swim. Intro of elementary back stroke (15 ft), treading water, and diving introduction. (Ratio 6:1).

### LEVEL 4 SWIMMING (AGES: 6-14)

A class for those who have passed Level 3 or have the equivalent skills. Class stresses technique and endurance with front & back crawl and elementary backstroke (25 yds). Class introduces breast stroke kick and dolphin kicks, diving progression, deep water skills, lap swimming, and 50 yds endurance swim. (Ratio 6:1)

### LEVEL 5 SWIMMING (AGES: 8-14)

Objectives: refine techniques in all strokes (front crawl, back crawl, elementary backstroke 50yds, breast stroke and sidestroke 25yds), learn basic butterfly, become an endurance swimmer.

### LEVEL 6 SWIMMING (AGES: 8-14)

Objectives: refine techniques in all strokes (front crawl, back crawl, elementary backstroke 50yds, breast stroke and sidestroke 25yds), learn basic butterfly, become an endurance swimmer (ratio 6:1)

# Aquatics

## ADULT BEGINNER (AGES 15+)

DAY	DATE	TIME	COST	ACTIVITY
Tu,Th	Jan 9-Feb 1	8:00pm-8:45pm	\$138	15800-01
Sa	Jan 6-Mar 2	8:30pm-9:15am	\$138	15800-02
Tu	Feb 6-Mar 26	8:00pm-8:45pm	\$138	15800-03
Tu,Th	Apr 9-May 2	8:00pm-8:45pm	\$138	15800-04

## WOMEN'S ADULT BEGINNER (AGES 16+)

DAY	DATE	TIME	COST	ACTIVITY
Su	Jan 21-Mar 17	1:00pm-1:45pm	\$138	15802-01
Sa	Mar 9-Apr 27	2:15pm-3:00pm	\$138	15802-02

## INFANT/TODDLER (AGES 6 MO-18 MO)

DAY	DATE	TIME	COST	ACTIVITY
Su	Jan 21-Mar 17	10:00am-10:30am	\$128	11800-01
Sa	Jan 6-Mar 2	9:30am-10:00am	\$128	11800-02
Sa	Mar 9-Apr 27	10:15am-10:45am	\$96	11800-03
Tu	Jan 9-Feb 27	1:45pm-2:15pm	\$128	11800-04
Th	Jan 11-Feb 29	9:30am-10:00am	\$128	11800-05
Tu	Mar 5-Apr 16	9:30am-10:00am	\$96	11800-06
F	Mar 15-May 3	10:30am-11:00am	\$128	11800-07
W	Apr 10-May 29	2:45pm-3:15pm	\$128	11800-08
M	Jan 22-Mar 18	9:30am-10:00am	\$128	11800-09
W	Jan 10-Feb 28	10:30am-11:00am	\$128	11800-10
Th	Mar 7-Apr 18	1:45pm-2:15pm	\$96	11800-11

## PRESCHOOL ADULT + CHILD (AGES 18 MO-4 YEARS)

DAY	DATE	TIME	COST	ACTIVITY
Su	Jan 21-Mar 17	9:15am-9:45am	\$128	11801-01
M	Jan 22-Mar 18	5:30pm-6:00pm	\$128	11801-03
Sa	Jan 6-Mar 2	10:15am-10:45am	\$128	11801-04
Sa	Jan 6-Mar 2	12:00pm-12:30pm	\$128	11801-05
M	Apr 8-May 13	6:15pm-6:45pm	\$96	11801-06
W	Mar 20-May 15	5:30pm-6:00pm	\$128	11801-07
Th	Feb 8-Mar 28	6:15pm-6:45pm	\$128	11801-08
Sa	Mar 9-Apr 27	9:15am-9:45am	\$96	11801-09
Sa	Mar 9-Apr 27	12:45pm-1:15pm	\$96	11801-10
Tu,Th	May 7-May 23	5:30pm-6:00pm	\$96	11801-11
W	Jan 10-Feb 28	9:30am-10:00am	\$128	11801-12
Tu,Th	Jan 9-Feb 1	10:15am-10:45am	\$128	11801-13
Tu	Mar 5-Apr 16	1:45pm-2:15pm	\$96	11801-14
F	Jan 12-Mar 8	9:30am-10:00am	\$128	11801-15
M	Apr 8-May 13	10:15am-10:45am	\$96	11801-16
Tu	Feb 6-Mar 26	10:30am-11:00am	\$128	11801-17
Th	Feb 8-Mar 28	10:30am-11:00am	\$128	11801-18
Tu	Apr 9-May 14	1:45pm-2:15pm	\$96	11801-19
F	Mar 15-May 3	11:00am-11:30am	\$96	11801-20
W	Mar 6-Apr 17	10:30am-11:00am	\$96	11801-21
Tu,Th	Apr 30-May 23	2:30pm-3:00pm	\$128	11801-22
Th	Mar 7-Apr 18	9:30am-10:00am	\$96	11801-23

## SWIM STARS (AGES 3-5)

DAY	DATE	TIME	COST	ACTIVITY
Su	Jan 21-Mar 17	11:30am-12:00pm	\$128	11802-01
M	Jan 22-Mar 18	5:30pm-6:00pm	\$128	11802-02
Tu,Th	Jan 9-Feb 1	5:30pm-6:00pm	\$128	11802-03
Sa	Jan 6-Mar 2	1:30pm-2:00pm	\$128	11802-04
W	Mar 20-May 15	5:30pm-6:00pm	\$128	11802-05
Sa	Mar 9-Apr 27	11:45am-12:15pm	\$128	11802-06
Tu,Th	May 7-May 23	5:30pm-6:00pm	\$96	11802-07
Tu	Feb 6-Mar 26	5:30pm-6:00pm	\$128	11802-08
Tu,Th	Apr 9-May 2	5:30pm-6:00pm	\$128	11802-09
Tu	Jan 9-Feb 27	9:30am-10:00am	\$128	11802-10
Tu,Th	Feb 6-Feb 29	10:15am-10:45am	\$128	11802-11
Th	Mar 7-Apr 18	2:30pm-3:00pm	\$96	11802-12



**WEATHER LINE**  
**763-509-5205**

call for updates on  
class cancellations



# Aquatics

## PRESCHOOL 1 (AGES 3-5)

DAY	DATE	TIME	COST	ACTIVITY
Su	Jan 21-Mar 17	9:45am-10:15am	\$128	12800-01
Su	Jan 21-Mar 17	12:15pm-12:45pm	\$128	12800-02
M	Jan 22-Mar 18	6:15pm-6:45pm	\$128	12800-03
Th	Jan 11-Feb 29	9:30am-10:00am	\$128	12800-04
Sa	Jan 6-Mar 2	9:30am-10:00am	\$128	12800-05
Sa	Jan 6-Mar 2	12:45pm-1:15pm	\$128	12800-06
M	Apr 8-May 13	5:30pm-6:00pm	\$96	12800-07
M	Apr 8-May 13	6:30pm-7:00pm	\$96	12800-08
Tu	Feb 6-Mar 26	5:30pm-6:00pm	\$128	12800-09
W	Mar 20-May 15	6:15pm-6:45pm	\$128	12800-10
Th	Feb 8-Mar 28	5:30pm-6:00pm	\$128	12800-11
Sa	Mar 9-Apr 27	9:45am-10:15am	\$96	12800-12
Sa	Mar 9-Apr 27	12:45pm-1:15pm	\$96	12800-13
Tu,Th	Apr 9-May 2	6:15pm-6:45pm	\$128	12800-14
Tu,Th	May 7-May 23	6:15pm-6:45pm	\$128	12800-15
M	Jan 22-Mar 18	10:15am-10:45am	\$128	12800-16
Tu	Jan 9-Feb 27	2:30pm-3:00pm	\$128	12800-17
Th	Jan 11-Feb 29	1:45pm-2:15pm	\$128	12800-18
F	Jan 12-Mar 8	9:30am-10:00am	\$128	12800-19
W	Mar 6-Apr 17	9:30am-10:00am	\$96	12800-20
Tu,Th	Apr 9-Apr 25	1:00pm-1:30pm	\$96	12800-21
M	Apr 8-May 13	10:30am-11:00am	\$96	12800-22
Tu	Mar 5-Apr 30	1:00pm-1:30pm	\$96	12800-23
Th	Mar 7-Apr 18	10:30am-11:00am	\$96	12800-24
Tu,Th	Apr 30-May 23	10:30am-11:00am	\$128	12800-25

## PRESCHOOL 2 (AGES 3-5)

DAY	DATE	TIME	COST	ACTIVITY
Su	Jan 21-Mar 17	8:30am-9:00am	\$128	12801-01
Su	Jan 21-Mar 17	11:15am-11:45am	\$128	12801-02
M	Jan 22-Mar 18	7:15pm-7:45pm	\$128	12801-03
Tu,Th	Jan 9-Feb 1	6:15pm-6:45pm	\$128	12801-04
Sa	Jan 6-Mar 2	11:15am-11:45am	\$128	12801-05
Sa	Jan 6-Mar 2	1:30pm-2:00pm	\$128	12801-06
M	Apr 8-May 13	7:15pm-7:45pm	\$96	12801-07
Tu	Feb 6-Mar 26	6:15pm-6:45pm	\$128	12801-08
W	Mar 20-May 15	7:15pm-7:45pm	\$128	12801-09
Th	Feb 8-Mar 28	7:00pm-7:30pm	\$128	12801-10
Sa	Mar 9-Apr 27	8:30am-9:00am	\$96	12801-11
Sa	Mar 9-Apr 27	11:00am-11:30am	\$96	12801-12
Sa	Mar 9-Apr 27	1:30pm-2:00pm	\$96	12801-13
Tu,Th	Apr 9-May 2	5:30pm-6:00pm	\$128	12801-14
Tu,Th	May 7-May 23	7:15pm-7:45pm	\$96	12801-15
M	Jan 22-Mar 18	9:30am-10:00am	\$128	12801-16
Tu	Jan 9-Feb 27	9:30am-10:00am	\$128	12801-17
W	Jan 10-Feb 28	10:15am-10:45am	\$128	12801-18
F	Jan 12-Mar 8	10:00am-10:30am	\$128	12801-19
Tu	Mar 5-Apr 16	2:30pm-3:00pm	\$96	12801-20
Th	Jan 11-Feb 29	1:00pm-1:30pm	\$128	12801-21
Tu	Mar 5-Apr 16	10:30am-11:00am	\$96	12801-22
W	Apr 10-May 15	2:45pm-3:15pm	\$96	12801-23
Th	Apr 11-May 16	9:30am-10:00am	\$96	12801-24
F	Mar 15-May 10	10:15am-10:45am	\$128	12801-25

## PRESCHOOL 3 (AGES 3-5)

DAY	DATE	TIME	COST	ACTIVITY
Tu,Th	Jan 9-Feb 1	11:00am-11:30am	\$128	12802-01
M	Jan 22-Mar 18	10:30am-11:00am	\$128	12802-02
W	Jan 10-Feb 28	3:00pm-3:30pm	\$128	12802-03
Tu	Jan 9-Feb 27	1:00pm-1:30pm	\$128	12802-04
Tu,Th	Apr 30-May 23	10:15am-10:45am	\$128	12802-05
W	Mar 6-Apr 17	10:30am-11:00am	\$96	12802-06
Th	Mar 7-Apr 18	1:00pm-1:30pm	\$96	12802-07
M	Apr 8-May 13	9:30am-10:00am	\$96	12802-08
M	Apr 8-May 13	2:45pm-3:15pm	\$96	12802-09
Tu	Mar 5-Apr 16	9:30am-10:00am	\$96	12802-10
Th	Apr 11-May 16	11:00am-11:30am	\$96	12802-11
F	Mar 15-May 3	9:30am-10:00am	\$128	12802-12



WAYZATA EAST MIDDLE SCHOOL  
12000 RIDGEMOUNT AVENUE

# Aquatics

LEVEL 1 (AGES 5-14)				
DAY	DATE	TIME	COST	ACTIVITY
Su	Jan 21-Mar 17	9:30am-10:00am	\$128	13800-01
Su	Jan 21-Mar 17	10:45am-11:15am	\$128	13800-02
M	Jan 22-Mar 18	3:00pm-3:30pm	\$128	13800-03
M	Jan 22-Mar 18	5:30pm-6:00pm	\$128	13800-04
M	Jan 22-Mar 18	8:00pm-8:30pm	\$128	13800-05
Tu,Th	Jan 9-Feb 1	5:30pm-6:00pm	\$128	13800-06
Sa	Jan 6-Mar 2	9:30am-10:00am	\$128	13800-07
Sa	Jan 6-Mar 2	2:15pm-2:45pm	\$128	13800-08
M	Apr 8-May 13	6:15pm-6:45pm	\$96	13800-09
M	Apr 8-May 13	8:00pm-8:30pm	\$96	13800-10
Tu	Feb 6-Mar 26	7:15pm-7:45pm	\$128	13800-11
W	Mar 20-May 15	5:30pm-6:00pm	\$128	13800-12
W	Mar 20-May 15	8:00pm-8:30pm	\$128	13800-13
Th	Feb 8-Mar 28	6:15pm-6:45pm	\$128	13800-14
Sa	Mar 9-Apr 27	9:15am-9:45am	\$96	13800-15
Sa	Mar 9-Apr 27	11:00am-11:30am	\$96	13800-16
Sa	Mar 9-Apr 27	1:30pm-2:00pm	\$96	13800-17
Tu,Th	Apr 9-May 2	5:30pm-6:00pm	\$128	13800-18
Tu,Th	Apr 9-May 2	7:15pm-7:45pm	\$128	13800-19
Tu,Th	May 7-May 23	5:30pm-6:00pm	\$96	13800-20
W	Jan 10-Feb 28	9:30am-10:00am	\$128	13800-21
Tu	Jan 9-Feb 27	10:30am-11:00am	\$128	13800-22
F	Jan 12-Mar 8	10:15am-10:45am	\$128	13800-23
Tu,Th	Mar 5-Mar 28	10:15am-10:45am	\$128	13800-24
W	Apr 10-May 15	11:15am-11:45am	\$96	13800-25
M	Apr 8-May 13	9:30am-10:00am	\$96	13800-26
F	Mar 15-Apr 26	9:30am-10:00am	\$96	13800-27
Th	Apr 11-May 16	1:45pm-2:15pm	\$96	13800-28
Th	Jan 11-Feb 29	2:30pm-3:00pm	\$128	13800-29
Tu	Apr 23-May 28	2:30pm-3:00pm	\$96	13800-30

LEVEL 2 (AGES 5-14)				
DAY	DATE	TIME	COST	ACTIVITY
Su	Jan 21-Mar 17	9:30am-10:00am	\$128	13801-01
Su	Jan 21-Mar 17	11:15am-11:45am	\$128	13801-02
M	Jan 22-Mar 18	6:15pm-6:45pm	\$128	13801-03
M	Jan 22-Mar 18	8:00pm-8:30pm	\$128	13801-04
Tu,Th	Jan 9-Feb 1	5:30pm-6:00pm	\$128	13801-05
Tu,Th	Jan 9-Feb 1	7:00pm-7:30pm	\$128	13801-06
Sa	Jan 6-Mar 2	10:15am-10:45am	\$128	13801-07
Sa	Jan 6-Mar 2	12:45pm-1:15pm	\$128	13801-08
M	Apr 8-May 13	5:30pm-6:00pm	\$128	13801-09
M	Apr 8-May 13	8:00pm-8:30pm	\$128	13801-10
Tu	Feb 6-Mar 26	5:30pm-6:00pm	\$128	13801-11
W	Mar 20-May 15	6:15pm-6:45pm	\$128	13801-12
W	Mar 20-May 15	8:00pm-8:30pm	\$128	13801-13
Th	Feb 8-Mar 28	5:30pm-6:00pm	\$128	13801-14
Th	Feb 8-Mar 28	7:45pm-8:15pm	\$128	13801-15
Sa	Mar 9-Apr 27	11:00am-11:30am	\$128	13801-16
Tu,Th	May 7-May 23	7:45pm-8:15pm	\$128	13801-17
W	Mar 6-May 1	10:15am-10:45am	\$128	13801-18
Th	Jan 11-Feb 29	9:30am-10:00am	\$128	13801-19

LEVEL 3 (AGES 6-14)				
DAY	DATE	TIME	COST	ACTIVITY
Su	Jan 21-Mar 17	8:30am-9:15am	\$138	13802-01
Su	Jan 21-Mar 17	10:15am-11:00am	\$138	13802-02
Su	Jan 21-Mar 17	12:00pm-12:45pm	\$138	13802-03
M	Jan 22-Mar 18	6:15pm-7:00pm	\$138	13802-04
M	Jan 22-Mar 18	8:00pm-8:45pm	\$138	13802-05
Tu,Th	Jan 9-Feb 1	6:15pm-7:00pm	\$138	13802-06
Sa	Jan 6-Mar 2	10:15am-11:00am	\$138	13802-07
Sa	Jan 6-Mar 2	12:00pm-12:45pm	\$138	13802-08
M	Apr 8-May 13	5:30pm-6:15pm	\$104	13802-09
M	Apr 8-May 13	8:00pm-8:45pm	\$104	13802-10
Tu	Feb 6-Mar 26	6:15pm-7:00pm	\$138	13802-11
W	Mar 20-May 15	6:15pm-7:00pm	\$138	13802-12
W	Mar 20-May 15	8:00pm-8:45pm	\$138	13802-13
Th	Feb 8-Mar 28	5:30pm-6:15pm	\$138	13802-14
Th	Feb 8-Mar 28	8:00pm-8:45pm	\$138	13802-15
Sa	Mar 9-Apr 27	8:30am-9:15am	\$104	13802-16
Sa	Mar 9-Apr 27	10:00am-10:45am	\$104	13802-17
Sa	Mar 9-Apr 27	11:45am-12:30pm	\$104	13802-18
Tu,Th	Apr 9-May 2	6:15pm-7:00pm	\$138	13802-19
Tu,Th	May 7-May 23	6:15pm-7:00pm	\$104	13802-20
Tu,Th	May 7-May 23	8:00pm-8:45pm	\$138	13802-21



WAYZATA EAST MIDDLE SCHOOL - 12000 RIDGEMOUNT AVENUE

# Aquatics

LEVEL 4 (AGES 6-14)				
DAY	DATE	TIME	COST	ACTIVITY
Su	Jan 21-Mar 17	10:15am-11:00am	\$138	13804-01
M	Jan 22-Mar 18	7:00pm-7:45pm	\$138	13804-03
Tu,Th	Jan 9-Feb 1	7:00pm-7:45pm	\$138	13804-04
Sa	Jan 6-Mar 2	11:00am-11:45am	\$138	13804-05
Sa	Jan 6-Mar 2	1:00pm-1:45pm	\$138	13804-06
M	Apr 8-May 13	7:00pm-7:45pm	\$104	13804-07
Tu	Feb 6-Mar 26	7:00pm-7:45pm	\$138	13804-08
W	Mar 20-May 15	7:00pm-7:45pm	\$138	13804-09
Th	Feb 8-Mar 28	8:00pm-8:45pm	\$138	13804-10
Sa	Mar 9-Apr 27	10:00am-10:45am	\$104	13804-11
Sa	Mar 9-Apr 27	12:30pm-1:15pm	\$104	13804-12
Tu,Th	Apr 9-May 2	7:00pm-7:45pm	\$138	13804-13
Tu,Th	May 7-May 23	8:00pm-8:45pm	\$104	13804-14

LEVEL 5 (AGES 8-14)				
DAY	DATE	TIME	COST	ACTIVITY
Su	Jan 21-Mar 17	12:00pm-12:45pm	\$138	13805-01
M	Jan 22-Mar 18	7:00pm-7:45pm	\$138	13805-02
Sa	Jan 6-Mar 2	11:00am-11:45am	\$138	13805-03
Sa	Jan 6-Mar 2	2:00pm-2:45pm	\$138	13805-04
M	Apr 8-May 13	7:00pm-7:45pm	\$104	13805-05
Tu	Feb 6-Mar 26	8:00pm-8:45pm	\$138	13805-06
W	Mar 20-May 15	7:00pm-7:45pm	\$138	13805-07
Th	Feb 8-Mar 28	7:00pm-7:45pm	\$138	13805-08
Sa	Mar 9-Apr 27	11:45am-12:30pm	\$104	13805-09
Tu,Th	Apr 9-May 2	8:00pm-8:45pm	\$138	13805-10
Tu,Th	May 7-May 23	7:00pm-7:45pm	\$104	13805-11

LEVEL 6 (AGES 8-14)				
DAY	DATE	TIME	COST	ACTIVITY
M	Jan 22-Mar 18	7:00pm-7:45pm	\$138	13806-01
Tu	Feb 6-Mar 26	8:00pm-8:45pm	\$138	13806-02
W	Mar 20-May 15	7:00pm-7:45pm	\$138	13806-03
Tu,Th	Apr 9-May 2	8:00pm-8:45pm	\$138	13806-04
Tu,Th	May 7-May 23	7:00pm-7:45pm	\$104	13806-05

## ADULT SWIMMING STROKE REFINEMENT

Wayzata East Middle School, 12000 Ridgemount Avenue

Learn drills, techniques, and practice all before your workday starts!

AGES	DAY	DATE & TIME	COST	ACTIVITY
15+	M,W	Jan 8-Jan 31 6:30am-7:30am	\$95	15820-01
15+	M,W	Feb 5-Feb 28 6:30am-7:30am	\$95	15820-02
15+	M,W	Mar 4-Mar 27 6:30am-7:30am	\$105	15820-03
15+	M,W	Apr 8-Apr 29 6:30am-7:30am	\$95	15820-04
15+	M,W	May 1-May 29 6:30am-7:30am	\$105	15820-05

## AQUAFUSION FLOW

Wayzata East Middle School, 12000 Ridgemount Avenue

Dive into a unique aquatic experience that combines the grace of Tai Chi, the core-strengthening of Pilates, and the flexibility of Yoga in our Aquafusion Flow class. This invigorating water exercise class takes place in our serene and temperature-controlled pool, offering you the perfect environment to escape the stresses of everyday life while enhancing your physical and mental well-being. No Class 1/15

AGES	DAY	DATE & TIME	COST	ACTIVITY
16+	M,W	Jan 8-Jan 31 1:45pm-2:30pm	\$45	15805-01
16+	M,W	Feb 5-Feb 28 1:45pm-2:30pm	\$45	15805-03
16+	M,W	Mar 4-Mar 27 1:45pm-2:30pm	\$50	15805-05
16+	M,W	Apr 8-Apr 29 1:45pm-2:30pm	\$45	15805-07
16+	M,W	May 1-May 29 1:45pm-2:30pm	\$50	15805-09
16+	Tu,Th	May 2-May 30 9:30am-10:15am	\$55	15805-10



WAYZATA EAST MIDDLE SCHOOL - 12000 RIDGEMOUNT AVENUE

# Aquatics

## DEEP WATER CARDIO

Wayzata East Middle School, 12000 Ridgemount Avenue

This zero impact aerobics class is a fantastic workout that incorporates all your favorite shallow water movements with a twist! Water belts and equipment is provided or you can bring your own. Lifeguard on duty and the water is warm!

AGES	DAY	DATE & TIME	COST	ACTIVITY
16+	Tu,Th	Jan 9-Jan 30 9:30am-10:15pm	\$45	15804-01
16+	Tu,Th	Feb 1-Feb 29 9:30am-10:15pm	\$55	15804-02
16+	Tu,Th	Mar 5-Mar 28 9:30am-10:15pm	\$50	15804-03
16+	Tu,Th	Apr 2-Apr 30 9:30am-10:15pm	\$45	15804-04
16+	Tu,Th	May 2-May 30 9:30am-10:15pm	\$55	15804-05

## DEEP WATER RUNNING

Wayzata East Middle School, 12000 Ridgemount Avenue

Have an injury? Tired of your same old workout? This 45 minute class is the perfect addition to your routine. Allow yourself to experience a new challenge with absolutely zero impact. Water belts are provided or you can bring your own.

AGES	DAY	DATE & TIME	COST	ACTIVITY
16+	Tu,Th	Jan 9-Feb 1 5:30pm-6:15pm	\$60	15801-01
16+	Tu,Th	Feb 6-Feb 29 5:30pm-6:15pm	\$60	15801-02
16+	Tu,Th	Mar 5-Mar 28 5:30pm-6:15pm	\$60	15801-03
16+	Tu,Th	Apr 9-May 2 5:30pm-6:15pm	\$60	15801-04
16+	Tu,Th	May 7-May 23 5:30pm-6:15pm	\$45	15801-05
16+	M,W	Jan 8-Jan 31 9:30am-10:15pm	\$50	15801-06
16+	M,W	Feb 5-Feb 28 9:30am-10:15pm	\$45	15801-07
16+	M,W	Mar 4-Mar 27 9:30am-10:15pm	\$50	15801-08
16+	M,W	Apr 8-Apr 29 9:30am-10:15pm	\$45	15801-09
16+	M,W	May 1-May 29 9:30am-10:15pm	\$50	15801-10
16+	F	Jan 12-Jan 26 9:30am-10:15pm	\$18	15801-11
16+	F	Feb 2-Feb 23 9:30am-10:15pm	\$18	15801-12
16+	F	Mar 1-Mar 29 9:30am-10:15pm	\$30	15801-13
16+	F	Apr 12-Apr 26 9:30am-10:15pm	\$18	15801-14
16+	F	May 3-May 31 9:30am-10:15pm	\$24	15801-15

## FEMALE ONLY OPEN SWIM/LAP SWIM

Wayzata East Middle School, 12000 Ridgemount Avenue

Females of all ages are welcome to come enjoy our Female Only Open Swim/Lap Swim. We have an all-female staff scheduled. Children under the age of 11 must be accompanied by a person 16 years of age or older when swimming. A couple of lanes will be reserved for lap swim.

AGES	DAY	DATE & TIME	COST	ACTIVITY
0.5+	Su	Apr 7 8:00am-9:00am	\$3	16804-01
0.5+	Su	May 5 3:00pm-5:00pm	\$3	16804-02

## MALE ONLY OPEN SWIM/LAP SWIM

Wayzata East Middle School, 12000 Ridgemount Avenue

Males of all ages are welcome to come enjoy our Male Only Open Swim/Lap Swim. We have an all-male staff scheduled. Children under the age of 11 must be accompanied by a person 16 years of age or older when swimming. A couple of lanes will be reserved for lap swim.

AGES	DAY	DATE & TIME	COST	ACTIVITY
0.5+	Su	Apr 14 8:00am-9:00am	\$3	16805-01
0.5+	Su	May 12 8:00am-9:00am	\$3	16805-02

# ORDER

# \$3 RIDES

available seven days a week

LEARN MORE AT:  
[plymouthmn.gov/clickandride](https://plymouthmn.gov/clickandride)





## CANCELLATION POLICY

Requests for cancellations or transfers must be made at least one full week prior to the first class unless noted otherwise. See pg. 2.

# Aquatics

## BLENDING LEARNING RED CROSS LIFEGUARDING COURSE

Wayzata East Middle School, 12000 Ridgemount Avenue

Become a certified American Red Cross Lifeguard (pool), First Aid, and CPR & AED for the Professional Rescuer. This is a blended learning class, all in-water and classroom days are mandatory. Pre-req: Students must be 15 years of age by the last day of class and be able to complete the following swim skills on the first day of class:

1. Swim 300 yds demonstrating breath control and rhythmic breathing. Front crawl, breaststroke or a combination of both.
2. Tread water for 2 minutes using legs only with hands placed under armpits.
3. Swim 20 yds, surface dive 7-10 ft, retrieve a 10-lb brick, return to surface and swim 20 yds back to start within 1 min 40 sec.

AGES	DAY	DATE & TIME	COST	ACTIVITY
15+	F-Su	Feb 16-Feb 18 8:30am-4:30pm	\$175	14804-01
15+	F-Su	May 17-May 19 4:30pm-9:30pm	\$175	14804-02

## JUNIOR LIFEGUARD

Wayzata East Middle School, 12000 Ridgemount Avenue

American Red Cross Junior Lifeguarding is designed to guide youth to the American Red Cross Lifeguarding course by building a foundation of knowledge, attitudes and skills for a lifeguard. Participants are not required to master or perfectly execute skills. They should learn techniques and build stamina during this program. The Junior Lifeguarding course does not certify participants in first aid, CPR or AED or as a lifeguard. The course also provides the participating agency with a known group from which to recruit future lifeguards. Junior Lifeguarding will introduce participants to the skills needed for entry to the American Red Cross Lifeguarding course. Communication, teamwork and decision-making skills. The basic responsibilities of a lifeguard. The basic knowledge and skills required to participate in the American Red Cross Lifeguarding course.

AGES	DAY	DATE & TIME	COST	ACTIVITY
11-14	W	Jan 10-Feb 28 5:30pm-7:30pm	\$140	14802-01

## WATER SAFETY INSTRUCTOR BLENDED LEARNING (WSI)

Wayzata East Middle School, 12000 Ridgemount Avenue

Become certified to teach the American Red Cross Swim Lessons. This course combines classroom and online training. You must be at least 16 years of age before the final scheduled session (proof required). Must demonstrate the following skills according to the Stroke Performance Charts: Level 5 - 25 yard front crawl, 25 yard back crawl, 25 yard breaststroke, 25 yard elementary backstroke, 25 yard sidestroke, 15 yard butterfly, tread water for 1 minute, and maintain position on back 1 minute in deep water. Students must complete the online portion of the course (approx 7 hours) in addition to participating in the Classroom & Water Skills sessions. Once registered information for accessing the online course will be emailed to the student.

AGES	DAY	DATE & TIME	COST	ACTIVITY
16+	F-Su	Mar 29-Mar 31 8:00am-4:00pm	\$225	14806-01
16+	F,Sa	May 3-May 11 8:00am-3:30pm	\$225	14806-02

## WATER EXERCISE

Wayzata East Middle School, 12000 Ridgemount Avenue

The natural properties of the water allows for an amazing opportunity to challenge your body. The water increases circulation, decreases swelling, increases flexibility, and provides great resistance. Come learn how to use the water to challenge you and provide some variety to your workout routines. No Class 1/15

AGES	DAY	DATE & TIME	COST	ACTIVITY
16+	M,W	Jan 8-Jan 31 11:00am-11:45am	\$45	16217-01
16+	M,W	Feb 5-Feb 28 11:00am-11:45am	\$45	16217-02
16+	M,W	Mar 4-Mar 27 11:00am-11:45am	\$45	16217-03
16+	M,W	Apr 8-Apr 29 11:00am-11:45am	\$45	16217-04
16+	M,W	May 1-May 29 11:00am-11:45am	\$50	16217-05

# POOL PARTIES

## GLOW IN THE DARK POOL PARTY

Wayzata East Middle School, 12000 Ridgemount Avenue

Break away from the ordinary open swim and come swim in the dark! Experience the pool like you have never seen it. Activities include glowing games underwater and surfaces games as well as free play with glowing beach balls and pool noodles, and much more!

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-15	Sa	Apr 20 5:30pm-7:30pm	\$20	13821-01

## PARTY LIKE A MERMAID

Wayzata East Middle School, 12000 Ridgemount Avenue

Come party like a mermaid! Activities include learning how to swim in a mermaid tail, learn how to blow mermaid kisses and high fives, summersaults, make mermaid crafts and have a photo shoot! All activities supervised by swim instructors and lifeguards. Mermaid tails available for purchase.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-12	Sa	Jan 20 5:30pm-7:30pm	\$20	13812-01

## SHARK TANK SOCIAL

Wayzata East Middle School, 12000 Ridgemount Avenue

Watch out for shark attacks! Come swim like a shark with your favorite swim instructors! Activities include shark pool games, crafts and goodie bags. Use of a dorsal shark fin and mono-fin is included and will be available for purchase.

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-12	Sa	Feb 24 5:30pm-7:30pm	\$20	13830-01

## TROPICAL PARTY

Wayzata East Middle School, 12000 Ridgemount Avenue

Take a break from the cold and come swim in a tropical paradise! Tropical decor, pool games, crafts and goodie bags.

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-12	Sa	Mar 23 5:30pm-7:30pm	\$20	13813-01



# WAYZATA EAST MIDDLE SCHOOL POOL

Open for programs starting January 6th



## NEW PROGRAMS INCLUDE:

### LAP SWIMS:

M/W/F mornings \$3.00/person per day  
Daily rates and monthly rates available, 6:00-8:00am

### LAPS OVER LUNCH:

Monday-Friday, 11:45-1:30

### OPEN SWIM HOURS: \$3.00/person per day

Monday/Wednesday: 10-12  
Tuesday/Thursday: 9:30-11:30  
Fridays: 1:30-3:30

### SENSORY SWIM:

\$3.00/day: Tuesdays 1:30-3:30

### WATER WALKING: \$3.00/day

M/W/F: 10:15-11:00  
Tues/Thur: 9:30-10:15 am & 1:45-2:30pm

### DEEP WATER WALKING: \$3.00/day

M/W/F: 11:00-11:45 am & 1:45-2:30 pm

Other programs include: Learn to swim, adaptive swim, private lessons and a variety of water exercise classes.

## REGISTRATION INFORMATION:

### LAP SWIM (AGES 15+)

Search activity number **15803** for more information and to register.

### OPEN SWIM/LAP SWIM (ages 6 months and older)

Search activity number **16803** for more information and to register.

### PRIVATE SWIM LESSONS (AGES 5+)

Search activity number **16800** for more information and to register.

### DEEP WATER WALKING (AGES 16+)

Search activity number **15807** for more information and to register.

### WATER WALKING (AGES 16+)

Search activity number **15806** for more information and to register.

## RENTALS AND PARTY PACKAGES:

With the expansion of the pool hours we are also able to offer pool rentals and pool party packages:

**FRIDAYS: 5-9 PM**

**SATURDAYS: 4-9 PM**

**SUNDAYS: 2-8 PM**

Private rentals are \$125/hour for a minimum of two hours and includes staff. Themed parties are an additional \$150 and include decorations, party supplies, goodie bags, and crafts.

**THEMES:** Pirate, Mermaid, Shark, Tropical, Glow in the dark

# Skating



## Plymouth Skate School

offers a fun and safe learning environment for students of all ages and abilities to learn how to skate.

### GENERAL INFORMATION

- Beginning levels are required to wear helmets.
- Skaters **MUST** be at least 4 years old by the start of the class – no exceptions will be made.
- Rental skates – available for \$5/lesson.
- Parents are not allowed on the ice during class time.
- For safety reasons, no shoes allowed on the ice.

### PROPER ATTIRE

Skaters will benefit more from a lesson with proper skates. We prefer boots be of leather rather than vinyl and they should have strong ankle support. Skates should not crease or buckle when worn, and should fit to the foot size and not have excess 'room to grow'. Blades should be of high tempered steel and properly sharpened. Double runner blades are **NOT** allowed.

It is important that all skaters are warm and comfortable while skating. We suggest dressing in layers and request all skaters to wear mittens or gloves.

## CLASS DESCRIPTIONS (please see schedule on following pages)

### SKATING BEGINNERS (AGES: 4-6)

For children that have never been on ice. Helmets required.

### SKATING BEGINNER/INTERMEDIATE (AGES: 4-6)

For children who have skated previously and can walk on the ice. They must know how to fall down and get up on their own.

### SKATING PRE-ALPHA LEVEL 1 (AGES: 7-15)

A beginner level class for children ages 7-15 with little to no skating experience. Helmets required at this beginner level.

### SKATING PRE-ALPHA LEVEL 2 (AGES: 4-15)

Class Elements: One foot glide, right/left, two foot glide, forward/backward swizzles, backward wiggle, two foot turns in place, forward pumps on circles.

### SKATING ALPHA (AGES: 4-18)

Pre-req: Pre-Alpha. Class Elements: Forward stroking, forward crossover (both directions), one foot snowplow stop, backward one foot glides, backward pumps on circle, moving two foot turns.

### SKATING BETA (AGES: 4-18)

Pre-req: Alpha. Class Elements: Backward stroking, backward crossovers both directions, t-stop, backward edges on circle, side toe hop/shuffle, forward edges.

### SKATING GAMMA (AGES: 4-18)

Pre-req: Beta. Class Elements: Forward outside 3-turns, inside open Mohawk, hockey stop, moving backward two foot turns on circle, chasse.

### SKATING DELTA (AGES: 4-18)

Pre-req: Gamma. Class Elements: Forward inside 3-turn, forward consecutive edges, shoot the duck/lunge bunny hop, backward crossover to backward outside glide, backward outside edge transitions on circle.

### SKATING FREESTYLE 1-6 (AGES: 4+)

Pre-req: Delta. Advanced figure skating lessons. Jumps and spins.

### SKATING HOCKEY 1 (AGES: 4+)

This is **NOT** a beginner class. For those with little experience on the ice. Participants must have hockey skates and know how to fall and recover. Proper stance, stationary snowplow stop, forward marching, dips and glides, backwards wiggle, stationary two foot turns, forward swizzles, rocking horses, t-pushes.

### SKATING HOCKEY 2 (AGES: 4+)

Pre-req: Hockey 1. For those with moderate skating experience. Must have hockey skates. Forward power swizzles, backward C-cuts, backward snowplow stops, forward/backward C-cuts on circle plus glides, skateboard push, t-push with glides.

### SKATING HOCKEY 3 (AGES: 4+)

Pre-Req: Hockey 2. For those with considerable skating experience. Must have hockey skates. One-foot snowplow stops, full stride v-pushes, shuffle stride, backward hustle, forward and backward crossovers, hockey stops, quick starts, forward power turns, mohawks, alternating backward crossovers with wide transitions.

### SKATING ADULT (AGES: 15.5+)

Beginner through advanced levels using basic skills.

ALL SKATING PROGRAMS MEET AT THE  
**PLYMOUTH ICE CENTER**  
3650 Plymouth Blvd.

# Skating

## SKATING CONTRACT ICE

Contract Ice is an opportunity for skaters to practice their skating skills on reserved ice time. If space is available, walk-ins will be \$16 per hour or \$8 per half hour.

NOTE: Coaches who are Skate School instructors will not be charged to teach on contract ice. All others pay for ice time.

AGES	DAY	DATE & TIME	COST	ACTIVITY
all ages	Sa	Jan 6-Feb 24 8:00am-9:00am	\$102	16200-01
all ages	Su	Jan 7-Feb 25 2:15pm-3:15pm	\$102	16200-02
all ages	Tu	Mar 26-May 14 3:30pm-4:30pm	\$102	16200-03

## BEGINNERS (AGES 4-6)

Res \$102 Non Res \$116

DAY	DATE	TIME	ACTIVITY
Sa	Jan 6-Feb 24	9:00am-9:30am	16203-01
Sa	Jan 6-Feb 24	9:35am-10:05am	16203-02
Sa	Jan 6-Feb 24	10:55am-11:25am	16203-03
Sa	Jan 6-Feb 24	11:30am-12:00pm	16203-04
Su	Jan 7-Feb 25	3:30pm-4:00pm	16203-05
Su	Jan 7-Feb 25	4:05pm-4:35pm	16203-06
Su	Jan 7-Feb 25	5:25pm-5:55pm	16203-07
Su	Jan 7-Feb 25	6:00pm-6:30pm	16203-08
Tu	Mar 26-May 14	4:35pm-5:05pm	16203-09
Tu	Mar 26-May 14	5:10pm-5:40pm	16203-10
Tu	Mar 26-May 14	5:45pm-6:15pm	16203-11
Tu	Mar 26-May 14	6:20pm-6:50pm	16203-12

## BEGINNER/INTERMEDIATE (AGES 4-6)

Res \$102 Non Res \$116

DAY	DATE	TIME	ACTIVITY
Sa	Jan 6-Feb 24	9:00am-9:30am	16204-01
Sa	Jan 6-Feb 24	9:35am-10:05am	16204-02
Sa	Jan 6-Feb 24	11:30am-12:00pm	16204-03
Su	Jan 7-Feb 25	3:30pm-4:00pm	16204-04
Su	Jan 7-Feb 25	4:05pm-4:35pm	16204-05
Su	Jan 7-Feb 25	6:00pm-6:30pm	16204-06
Tu	Mar 26-May 14	4:35pm-5:05pm	16204-07
Tu	Mar 26-May 14	5:10pm-5:40pm	16204-08
Tu	Mar 26-May 14	5:45pm-6:15pm	16204-09
Tu	Mar 26-May 14	6:20pm-6:50pm	16204-10
Tu	Mar 26-May 14	6:55pm-7:25pm	16204-11

## PRE-ALPHA LEVEL 1 (AGES 7-15)

Res \$102 Non Res \$116

Sa	Jan 6-Feb 24	9:00am-9:30am	16205-01
Sa	Jan 6-Feb 24	10:55am-11:25am	16205-02
Sa	Jan 6-Feb 24	11:30am-12:00pm	16205-03
Su	Jan 7-Feb 25	3:30pm-4:00pm	16205-04
Su	Jan 7-Feb 25	4:05pm-4:35pm	16205-05
Su	Jan 7-Feb 25	6:00pm-6:30pm	16205-06
Su	Jan 7-Feb 25	6:30pm-7:00pm	16205-07
Tu	Mar 26-May 14	4:35pm-5:05pm	16205-08
Tu	Mar 26-May 14	5:45pm-6:15pm	16205-09
Tu	Mar 26-May 14	6:55pm-7:25pm	16205-10

## PRE-ALPHA LEVEL 2 (AGES 4-15)

Res \$102 Non Res \$116

DAY	DATE	TIME	ACTIVITY
Sa	Jan 6-Feb 24	9:00am-9:30am	16206-01
Sa	Jan 6-Feb 24	9:35am-10:05am	16206-02
Sa	Jan 6-Feb 24	11:30am-12:00pm	16206-03
Su	Jan 7-Feb 25	3:30pm-4:00pm	16206-04
Su	Jan 7-Feb 25	4:05pm-4:35pm	16206-05
Su	Jan 7-Feb 25	5:25pm-5:55pm	16206-06
Su	Jan 7-Feb 25	6:30pm-7:00pm	16206-07
Tu	Mar 26-May 14	4:35pm-5:05pm	16206-08
Tu	Mar 26-May 14	5:10pm-5:40pm	16206-09
Tu	Mar 26-May 14	6:20pm-6:50pm	16206-10
Tu	Mar 26-May 14	6:55pm-7:25pm	16206-11

## ALPHA (AGES 4-18)

Res \$102 Non Res \$116

Sa	Jan 6-Feb 24	9:35am-10:05am	16207-01
Sa	Jan 6-Feb 24	10:55am-11:25am	16207-02
Su	Jan 7-Feb 25	3:30pm-4:00pm	16207-03
Su	Jan 7-Feb 25	5:25pm-5:55pm	16207-04
Su	Jan 7-Feb 25	6:30pm-7:00pm	16207-05
Tu	Mar 26-May 14	5:10pm-5:40pm	16207-06
Tu	Mar 26-May 14	6:20pm-6:50pm	16207-07
Tu	Mar 26-May 14	7:30pm-8:00pm	16207-08

# Skating

## BETA (AGES 4-18) Res \$102 Non Res \$116

DAY	DATE	TIME	ACTIVITY
Sa	Jan 6-Feb 24	10:10am-10:40am	16208-01
Su	Jan 7-Feb 25	4:40pm-5:10pm	16208-02
Su	Jan 7-Feb 25	6:30pm-7:00pm	16208-03
Tu	Mar 26-May 14	5:45pm-6:15pm	16208-04
Tu	Mar 26-May 14	6:55pm-7:25pm	16208-05

## GAMMA (AGES 4-18) Res \$102 Non Res \$116

Sa	Jan 6-Feb 24	10:10am-10:40am	16209-01
Su	Jan 7-Feb 25	4:40pm-5:10pm	16209-02
Tu	Mar 26-May 14	7:30pm-8:00pm	16209-03

## DELTA (AGES 4-18) Res \$102 Non Res \$116

Sa	Jan 6-Feb 24	10:10am-10:40am	16210-01
Su	Jan 7-Feb 25	4:40pm-5:10pm	16210-02
Tu	Mar 26-May 14	7:30pm-8:00pm	16210-03

## FREESTYLE 1-6 (AGES 4+) Res \$102 Non Res \$116

Sa	Jan 6-Feb 24	10:10am-10:40am	16211-01
Su	Jan 7-Feb 25	4:40pm-5:10pm	16211-02
Tu	Mar 26-May 14	7:30pm-8:00pm	16211-03

## HOCKEY 1 (AGES 4+) Res \$102 Non Res \$116

DAY	DATE	TIME	ACTIVITY
Sa	Jan 6-Feb 24	10:55am-11:25am	16212-01
Su	Jan 7-Feb 25	5:25pm-5:55pm	16212-02
Tu	Mar 26-May 14	5:10pm-5:40pm	16212-03
Tu	Mar 26-May 14	6:55pm-7:25pm	16212-04

## HOCKEY 2 (AGES 4+) Res \$102 Non Res \$116

Sa	Jan 6-Feb 24	10:10am-10:40am	16213-01
Su	Jan 7-Feb 25	4:40pm-5:10pm	16213-02
Tu	Mar 26-May 14	5:45pm-6:15pm	16213-03

## HOCKEY 3 (AGES 4+) Res \$102 Non Res \$116

Su	Jan 7-Feb 25	6:00pm-6:30pm	16214-01
Tu	Mar 26-May 14	7:30pm-8:00pm	16214-02

## ADULT (AGES 15.5+) Res \$102 Non Res \$116

Su	Jan 7-Feb 25	4:05pm-4:35pm	16201-01
Su	Jan 7-Feb 25	6:30pm-7:00pm	16201-02
Tu	Mar 26-May 14	6:20pm-6:50pm	16201-03



## CANCELLATION POLICY

Requests for cancellations or transfers must be made at least one full week prior to the first class unless noted otherwise. See pg. 2.



**WEATHER LINE**  
**763-509-5205**

call for updates on  
class cancellations



# MOVIE MATINEE 55+

SEE DETAILS ON PG 85

pint-sized

# PROM

April 5

6-8 p.m. | PCC Plymouth Room

\$45/couple (residents), \$54/couple (non-residents)  
more information on page 13

## I DREAM OF PIZZA

A short film presented by

**SPARK**  
theater + dance

**March 1 | 7:00-8:30pm**

Plymouth Community Center, 14800 34th Ave. N

Film will be followed by a Q&A with the cast/crew and a music & movement workshop. ASL interpreted. All ages welcome. See registration details on pg. 12.



**metro**  
regional  
**arts**  
council

*This activity is made possible by the voters of Minnesota through a grant from the Metropolitan Regional Arts Council, thanks to a legislative appropriation from the arts and cultural heritage fund.*

## PLYMOUTH *Farmers Market*

JUNE 19-OCTOBER 2

EVERY WEDNESDAY, 2:30-6:30 P.M.

Parkers Lake Playfield, 15500 Co. Rd 6

EBT NOW AVAILABLE



# SPECIAL EVENTS

[plymouthmn.gov/specialevents](http://plymouthmn.gov/specialevents)



## Letters to Santa

November 20-December 1

Your child can drop off a letter to Santa Nov. 20-Dec. 1. Drop off locations will be at Plymouth City Hall, Ice Center, and Community Center. Drop off your letter Monday-Friday between the hours of 8am-4:30pm or send your letters to the Parks & Recreation Department at Plymouth City Hall (3400 Plymouth Blvd).

Please include a self-addressed and stamped envelope so Santa knows where to find you.



## Fire & Ice

February 3, 3:00-6:30 pm

Parkers Lake Park, 15205 Co. Rd. 6

The annual wintertime festival features fan favorites, such as recycle bin races, a youth ice fishing contest, horse-drawn trolley rides, pony rides, miniature golf on the ice, snow bowling, box hockey, recreational skating, snowshoeing and cross-country skiing. All activities are weather permitting.



## What's killing my Ash tree? E.A.B. survival tips.

February 6, 7:00-8:00 pm

PCC-Event Wing, 14800 34th Avenue N, Aspen Room

Join us for an educational class all about Emerald Ash Borer. EAB kills millions of trees every year. Learn what Parks & Forestry is doing to slow the spread and protect boulevard and park ash trees. Learn how to identify the signs and protect your private ash trees from this invasive pest.



## Tree and Shrub Sale

Opens March 1, 2024

Shrubs under \$15 / Trees \$30-\$45

Get help choosing the right plant by viewing video presentations with city forestry staff.

View at [plymouthmn.gov/treesale](http://plymouthmn.gov/treesale) starting Thursday, Feb 22.



## Primavera

April 25 - April 28 (Times vary)

Plymouth Community Center,  
14800 34th Ave N

Adult artist exhibit on display April 25-June 7

Join us for a spring celebration of the arts with a juried art exhibit (both adult and student artwork), entertainment, and literary night sponsored by Plymouth READs.



## Plymouth Pie Day

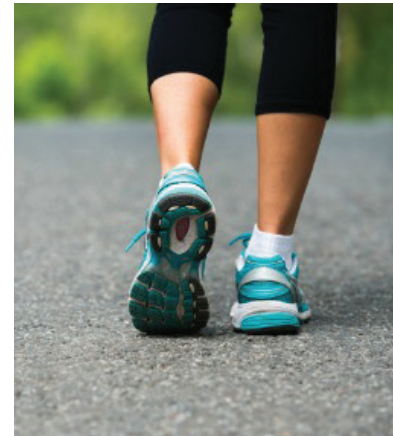
March 14, 10:00am-1:00pm

Plymouth Community Center,  
14800 34th Ave N

Come to the Community Center and indulge in a slice of your favorite pie along with ice cream! Need to feed a group? Buy an entire pie and get 6 cups of ice cream. Choose from a variety of pies. This event supports senior programs.

\$5.00 - slice of pie with an ice cream cup

\$25.00 - whole pie with 6 cups of ice cream



## Walk with the Mayor

May 1, 6:30-7:30 PM

Plymouth Community Center,  
14800 34th Ave N

Kick off the Step to it Challenge with the annual Walk with the Mayor event. Walk includes a 1.5 mile trail loop and a snack to go.

**STEP TO IT CHALLENGE BEGINS MAY 1.**

Participants can begin registering April 1.

Visit: [www.steptoit.org/](http://www.steptoit.org/)



## Discover Plymouth

March 23, 9:00am-2:00pm

Plymouth Community Center Dome,  
14800 34th Ave N

Visit with local businesses, community groups and non-profits. Learn about city services and connect with City Council. Shop the marketplace for homemade and handmade goods. Explore health and wellness opportunities. Discover your Community.



## Bark In the Park

May 18, 9AM - 12 PM

Location TBD

Spoil your favorite furry friend out at the park and meet other dog lovers. Activities and contests along with info and products from local vendors.



# Letters to Santa

Your child can drop off a letter to Santa  
**November 20-December 1**  
Letters must include a self-addressed stamped envelope. All letters are responded to.

## DROP OFF LOCATIONS:

Plymouth City Hall, Plymouth Ice Center, Plymouth Community Center



# Santa

visits the sensory room



## DECEMBER 3, 12-4PM

Plymouth Community Center, 14800 34th Ave N

reserve a time online with activity #11703 | [PLYMOUTHMN.GOV/SPECIALEVENTS](http://PLYMOUTHMN.GOV/SPECIALEVENTS)

# HOLIDAY LIGHTS AT THE HILDE

open for viewing  
DECEMBER-JANUARY



# Join us for HOLIDAY BINGO!

Friday February 9, 2024

10:00am – 12:00pm

Plymouth Community Center

Please pre-register (use activity code #15707-01). \$5 residents, \$7 non-residents  
Register online or by calling 763-509-5200. More information on pg. 85



## APRIL 25-28

Plymouth Community Center, 14800 34th Ave N | times vary

Come support local creatives. Primavera features a juried art exhibit, performances in music and the literary arts. Primavera is a partnership with Plymouth Arts Council and City of Plymouth.

Exhibit open **APRIL 25-JUNE 7** | Literary Night - **APRIL 25**

For a full schedule of events, visit [plymouthartscouncil.org](http://plymouthartscouncil.org)



**Plymouth Arts Council (PAC)**  
[plymouthartscouncil.org](http://plymouthartscouncil.org)

A non-profit organization. Our mission is to promote awareness and appreciation of visual, musical, literary and theater arts. PAC sponsors community art endeavors and provides partial funding to the Plymouth Concert Band.



**Plymouth Concert Band**  
[plymouthconcertband.org](http://plymouthconcertband.org)

Members of the band all share in one thing, their love of music and the desire to bring the arts to the citizens of Plymouth.

They strongly emphasize quality through direction, musical literature, commitment of the players and rehearsal requirements.



**SATURDAY**  
**FEBRUARY 3**  
**3-6:30 PM**  
**FIREWORKS AT 6:30**

**ACTIVITY TIMES VARY BETWEEN 3-6PM**  
Trolley Rides • Pony Rides • Recycle Bin Races • Games on Ice • Youth Ice Fishing Contest • Skating •

Food Vendors and more! **Join the fun at Parkers Lake Park (15205 County Road 6)**



3400 Plymouth Boulevard  
Plymouth, MN 55447-1482

*discover*

PLYMOUTH



SHOWCASING  
**YOUR COMMUNITY**

**MARCH 23, 9AM-2PM**

PLYMOUTH COMMUNITY CENTER DOME, 14800 34th AVE N

See more information at [plymouthmn.gov/specialevents](https://plymouthmn.gov/specialevents)