



fall

activities guide 2024

PLYMOUTH PARKS & RECREATION

Registration: July 17 (residents), July 24 (non-residents)



HILDE
NIGHTS

**PLYMOUTH'S NEW
FREE SUMMER
CONCERT SERIES**

JULY 19, 6:30-10 PM
GEN X JUKEBOX



AUG. 23, 6-10 PM
**CHRIS KROEZE
AND TIM SIGLER BAND**



**HILDE
PERFORMANCE
CENTER**
3500 PLYMOUTH BLVD

PLYMOUTH
Farmers Market

EVERY WEDNESDAY, 2:30-6:30 P.M.

JUNE 26-OCTOBER 2

PARKERS LAKE PLAYFIELD, 15500 CO RD 6



THE MISSION
OF THE MARKET IS
TO CREATE
A SENSE OF
COMMUNITY.



EBT NOW AVAILABLE

The market will be bursting with summer vegetables & fruits, so remember to bring a bag to carry it all home.

A newsletter is published online each week which highlights market vendors, upcoming news and recipes to try.

PLYMOUTH PARKS & RECREATION
763.509.5200 / plymouthmn.gov/farmersmarket

SPONSORED BY:

Allina Health

♥ aetna™



Thank you to everyone in the Plymouth community who provided feedback via our recent FlashVote survey regarding recreation services. One theme that we heard from the survey was the importance of the printed guide to you and your families, and the challenges you faced when we switched to the online-only version. We heard you loud and clear, and we printed this guide based on your feedback. Moving forward, we are working to reduce the size of the guide while providing the information you need to register for our robust offering of recreation programs. We hope that you enjoy all that Plymouth Parks and Recreation has to offer – from our facilities and special events to our parks and programming, we strive to provide opportunities for all of our residents and community members to enjoy.

Jennifer Tomlinson,
Director, Plymouth Parks & Recreation

CONTACT INFORMATION

MAIN PHONE NUMBERS

City Hall	763-509-5000
Parks & Forestry Office	763-509-5950
Plymouth Community Center	763-509-5200
Plymouth Ice Center	763-509-5250
Weather Line	763-509-5205

PARKS & RECREATION • 763-509-5200

Kari Hemp, Recreation Manager	763-509-5220
Jason Goehring, Turf & Horticulture Manager	763-509-5946
Brian Swartzter, Parks Infrastructure Manager	763-509-5947
Jess Riley, Plymouth Community Center Manager	763-509-5281
Jake Widmyer, PCC Supervisor	763-509-5611
Hannah Hawkins, PCC Activity Coordinator	763-509-5217
Nicole Schultz, PCC Event Coordinator	763-509-5608
Erik Halverson, Ice Center Manager	763-509-5251
Dan Lauer, Athletics Supervisor	763-509-5283
Katie Yandell, Aquatics & Outdoor Programs	763-509-5222
Alyssa Fram, Arts Supervisor	763-509-5225
Jessie Koch, Outdoor Facilities & Events Supervisor	763-509-5223
Paul Pearson, Education & Inclusion Supervisor	763-509-5228
Ann Mosack, Health & Fitness Supervisor	763-509-5214
Meghan Constantini, Active Adult 55+ Supervisor	763-509-5284
Riley Krueger, Program Coordinator	763-509-5273
Zach Swenson, Program Coordinator	763-509-5226
Michele Wasko, Program Coordinator	763-509-5272
Jackie Maas, Volunteer Coordinator	763-509-5230
Brennen DeCoursey, Aquatics Coordinator	763-509-5221
Jennifer Tomlinson, Director	763-509-5201

CITY COUNCIL MEMBERS

Jeffry Wosje, Mayor	jwosje@plymouthmn.gov
Kimberly Nelson, Ward 1	knelson@plymouthmn.gov
Julie Peterson, Ward 2	jpeterson@plymouthmn.gov
Catherine Cesnik, Ward 3	ccesnik@plymouthmn.gov
Julie Pointner, Ward 4	jpointner@plymouthmn.gov
Clark Gregor, At Large	cgregor@plymouthmn.gov
Jim Willis, At Large	jwillis@plymouthmn.gov

PARK & RECREATION ADVISORY COMMISSION (PRAC) MEMBERS

Hannah Wegner, Ward 1	hannahmwegner@gmail.com
Ann Hoekstra, Ward 2	brigl003@umn.edu
Nick Beecher, Ward 3	nick_beecher@yahoo.com
Vita Wilson, Ward 4	vitawilson@edinarealty.com
James Kuznia, At Large	james.kuznia@comcast.net
John McCulloch, At Large	johmccu@gmail.com
Jessica Montgomery, At Large	jessicaj.montgomery@gmail.com

Registration

REGISTRATION DATES

Residents: July 17

6am online / 10am phone

Non-Residents: July 24

6am online / 10am phone

Aquatics Programs (res and non res): July 17 (6am online / 10am phone)



PARKS & REC OFFICE HOURS

Monday-Friday, 8am to 4:30pm



QUESTIONS?

763-509-5200 / recreation@plymouthmn.gov



ACTIVITIES GUIDES

Non-residents can receive an activity guide by mail for \$5 per guide.



WEATHER UPDATES

763-509-5205

HOW TO SET UP YOUR ONLINE ACCOUNT

1 GO ONLINE

plymouthmn.gov/recreation
Click the blue "Register Online"
button. Then click "Create Account"

2 CREATE AN ACCOUNT

Enter information about yourself.
Before you save, add family members
that participate in recreation activities by
clicking "Add New Member."

3 SAVE

A quick approval process is required
before your account is active.
A confirmation will be emailed when
your account is approved.

FINANCIAL ASSISTANCE

- » Financial assistance application forms are available at: plymouthmn.gov/recreation or by calling 763-509-5200.
- » Program financial assistance dollars are available to assist families with children who meet income guidelines.
- » Funds are available to Plymouth residents only and only for children under 18 years of age.
- » Plymouth residents qualifying for assistance may purchase eight reduced price Lifetime passes per year at the Plymouth Parks & Recreation office (\$6.50 for adults and \$2.50 for children).

REGISTRATION POLICIES

- » Total fee must be paid at the time of registration.
- » Registrations are not accepted at program site.
- » We reserve the right to cancel programs if needed. Full refunds will be issued if a class is canceled by the City.
- » Cancellations made by Parks and Rec will be sent via e-mail from the Recreation general e-mail account. Credits will be put on the household account to use at a later date or account holder may request to be refunded by the original payment method.
- » Waiting lists will be started if classes fill. Additional or expanded classes may be formed if possible.
- » A receipt may be emailed as a confirmation. Further confirmations will not be sent by mail, phone or fax.
- » When registering by phone, you are officially agreeing to the liability and photo waivers stated on the registration form.
- » Many participants in our programs have a peanut or similar nut allergy. For the safety and enjoyment of everyone in our programs, **please pack nut-free snacks** for your child when attending Plymouth Parks and Recreation programming.

WITHDRAWAL / TRANSFER POLICIES

- » Class transfers are available and must be made at least one full week prior to the first class unless noted otherwise.
- » Withdrawal/refund requests must be made at least one full week prior to the first class unless noted. (For leagues, the withdrawal refund policy may be different and may be several weeks out from the start date of the program. This would be noted directly with the program advertisement.)
- » A \$5 service fee is retained on each withdrawal/refund request unless noted otherwise.
- » Withdrawals/transfers accepted by calling 763-509-5200. Faxed requests will not be accepted.
- » There are no refunds for missed classes or for withdrawals after the stated full week policy.

Liability Waiver: In consideration of your accepting this entry, I state and affirm that participation in the above program(s) is voluntary. I understand that the program(s) are not an essential service provided by the City; that certain risks are inherent and that these risks, anticipated or unanticipated, may result in injury or damage to persons and/or property. I hereby assume all risks in connection with the program(s); agree to hold the City or anyone acting on behalf of the City harmless and waive any right to make claims or bring lawsuits for any injuries or damages related to the alleged negligence of the City. This waiver does not apply to any injuries or damages that are a result of willful, wanton or intentional misconduct by the City or anyone acting on behalf of the City.

Photo Waiver: I understand that the City may use photographs taken at its programs that picture me or my dependents for publicity purposes.

Volunteer Opportunities

MAKE A DIFFERENCE – VOLUNTEER!

Contact Volunteer Services

763-509-5230 / volunteer@plymouthmn.gov

plymouthmn.gov/volunteer

GENERAL OPPORTUNITIES

Adopt a Spot

Adopt a park, garden, dog waste station, fire hydrant, storm drain or street to keep Plymouth clean and safe. View a map at plymouthmn.gov/adoptaspot to find which spot is available near you.

Archival Adventures

Help care for historic documents and photos at Old Town Hall during events on Wednesdays, Oct. 2, Nov. 6, and Dec. 4.

Art Ambassador

Greet visitors and answer questions about rotating art exhibits at the Plymouth Community Center during the late afternoon/evening and weekends. Must be 16 years or older.

Genealogy Helpers

Volunteers with extensive experience doing personal family research would assist residents who are just beginning their research. They may also help researchers seeking specific Plymouth-related information by using Old Town Hall collections.

History Ambassadors

Volunteers will greet visitors during Old Town Hall open hours and help them solve their history mysteries. Training provided.

Police Explorers

Youth, aged 14 to 20, explore law enforcement careers by studying an array of topics, including search and arrest, traffic stops, crime prevention, use of force and much more. Explorers meet weekly during the school year. Contact Volunteer Services for an application which is due Aug. 1.

Police Reserves

Assist sworn officers with traffic and crowd control, transportation of prisoners, surveillance and patrol activities, special events and other education programs. Must be 18 year or older, commit to 15 hours a month, have a clean driving record and background check.

SPECIAL EVENTS

Open to individuals 14 years & older.
Shift times and lengths vary.

Fall Shred Event

Tuesday, Oct. 1

Assist residents who can safely dispose of recyclable items, including paper shredding, batteries, bicycles, and textile donations.

Buckthorn Busts

Saturdays, Oct. 19 and 26

Eliminate invasive species from Schmidt Lake Park and Hardenbergh Open Space; excellent opportunity for groups.

Halloween at the Lake

Friday, Oct. 25

Help provide a fun, safe Halloween event for children at Parkers Lake Playfields.

YOUTH COACHING OPPORTUNITIES

Open to individuals 16 & older.

No coaching experience required; free coaching materials and training clinics are provided.

Flag Football

Tuesday or Thursday evenings & Sunday afternoons

Guide and teach the fundamental skills of flag football to 5-12 year olds in a recreational environment. September - October

Basketball Coaches

Monday or Thursday evenings & Saturday mornings.

Guide and teach the fundamentals of youth basketball to 8-12 year olds in a recreational environment. Nov - Feb

Ice Skating

Assist beginning youth skaters during evening and weekend lessons; must be confident on the ice.



Plymouth Facilities

Plymouth
COMMUNITY CENTER



Kids Ultimate
Backyard Experience



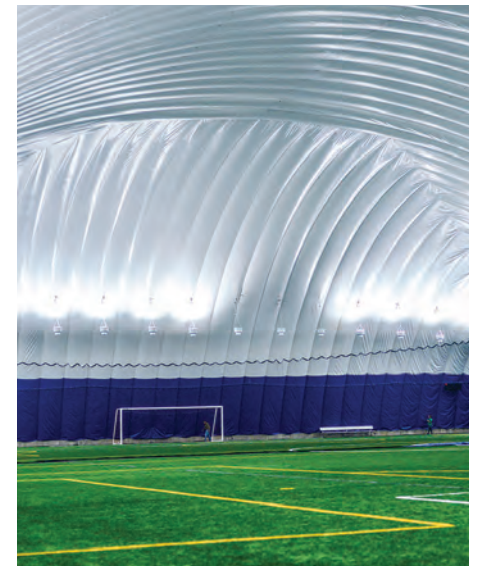
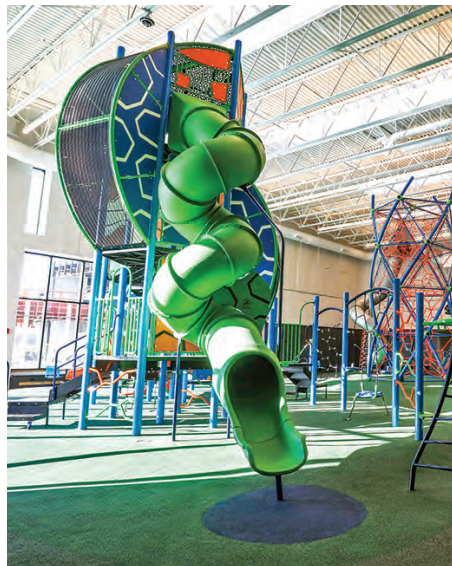
PCC

OPEN GYM



PCC

FIELDHOUSE





NEW!

WAYZATA EAST MIDDLE SCHOOL POOL



Plymouth Parks & Recreation provides aquatics programs from 6 a.m. to 9 p.m. at Wayzata East Middle School.



VETERANS MEMORIAL WALL

at Plymouth City Hall, 3400 Plymouth Blvd.

Honor a veteran by having their name engraved on our Veterans Memorial wall located adjacent to City Hall. Any veteran who has been honorably discharged is eligible for engraving. For details and pricing, call 763-509-5200.

MEMORIALS

The City offers opportunities to memorialize a person, pet or event by donating money for a bench or a tree. These unique items range in price from \$500 to \$2,500. For details, contact Paul Buck at 763-509-5944 or pbuck@plymouthmn.gov

LIFETIME™ FITNESS: PLYMOUTH

The City of Plymouth has a public-private partnership with the Plymouth LifeTime™ – which allows Plymouth residents to purchase daily passes for the pool and fitness area/club without the purchase of a LifeTime™ membership. Rates are subject to change. For hours, rates and more information, call Plymouth LifeTime™ at 763-509-0909.

Low Income Discounts

Residents of Plymouth who are low income may qualify for discount passes. Individuals may purchase eight discount daily passes per year from the city. Call 763-509-5200 for an application and details on eligibility.

SPECIAL USE FACILITIES

1	Plymouth Dog Park – 17005 Chankadha Trail
2	Hilde Performance Center – 3500 Plymouth Blvd
3	Plymouth Ice Center – 3650 Plymouth Blvd
4	Millennium Garden – 14800 34th Ave
5	NW Greenway Pavilion/Challenge Course – 5250 Peony Ln
6	Plymouth Community Center/Fieldhouse – 14800 34th Ave
7	Plymouth City Hall – 3400 Plymouth Blvd

PLAYFIELDS

8	Bass Lake – 5450 Northwest Blvd
9	Bass Lake Tennis Courts - Pineview Lane N & 54th Ave N
10	Elm Creek – 4905 Peony Ln
11	LaCompte - 10795 Old Co Rd 15
12	Parkers Lake – 15500 Co Rd 6
13	Plymouth Creek – 3625 Fernbrook Ln
14	Zachary – 4355 Zachary Ln

PARKS

15	Crooked Creek - 4255 Walnut Grove Ln N
16	East Medicine Lake - 1740 E Medicine Lk Blvd
17	Green Oaks - 2600 Zircon Ln N
18	Heather Ponds - 3426 Lawndale Ln N
19	Lake Camelot - 14105 Chankadha Trail
20	Legacy Greenway - 15365 59th Pl N
21	Maple Creek - 2695 Weston Ln N
22	Nature Canyon - 13919 45th Ave N
23	Parkers Lake – 15205 Co Rd 6
24	Plymouth Creek - 14800 34th Ave N
25	Prairie Ponds - 5150 Dunkirk Ln N
26	Rolling Hills - 10355 48th Ave N
27	Shiloh - 2700 Jewel Ln N
28	Sunrise - 2995 Kilmer Ln N
29	Swan Lake - 4480 Quinwood Ln N
30	Three Ponds - 5360 Union Terrace Ln N
31	Timber Shores - 11250 53rd Ave N
32	Turtle Lake - 14991 45th Ave N
33	West Medicine Lake - 1920 W Medicine Lk Dr

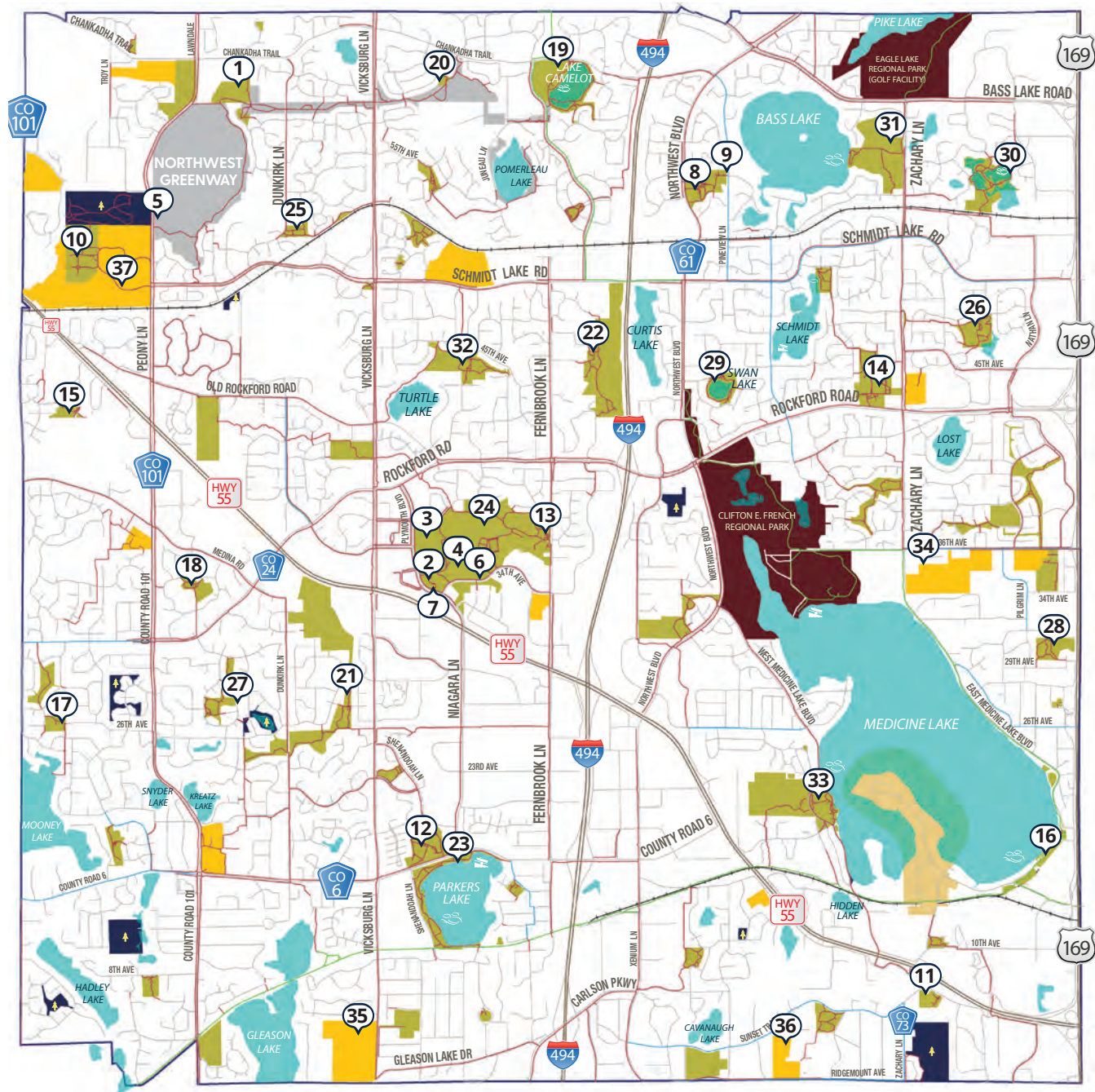
SCHOOLS

34	Armstrong Senior High – 10635 36th Ave
35	Wayzata Central Middle – 305 Vicksburg Ln
36	Wayzata East Middle School – 12000 Ridgemount Ave
37	Wayzata High School – 4955 Peony Ln
38	Wayzata West Middle School – 149 Barry Ave, Wayzata



This map shows where activities are located.

To view the full Parks & Trails map, visit plymouthmn.gov



38 Located in Wayzata, Minn.



Adaptive & Inclusive Programs



INCLUSION SERVICES

In compliance with the Americans with Disabilities Act of 1990, reasonable accommodations can be provided upon request to allow individuals with a disability to participate in Plymouth Parks & Recreation services, programs and activities.

Plymouth Parks & Recreation offers inclusion services. If you have questions regarding special needs and our inclusion services, please call 763-509-5200.

INCLUSION POLICY

Plymouth Parks & Recreation prides itself on providing quality programs and activities for people of all abilities.

To create the best recreation experience for people with and without disabilities, we require a minimum of two weeks advance notice before the start of a recreation program or activity.

Without a two-week notice, Plymouth Parks & Recreation is not able to guarantee that individual requests can be met. If Plymouth Parks & Recreation cannot meet a given request due to short notice, the participant would be required to arrange for their own Personal Care Attendant (PCA).

No refund will be issued due to the lack of an inclusion aide if you register less than one week from the start of the program.

To ensure that each participant has the best possible experience, follow these steps:

- » Register and notify Recreation staff of any special needs a minimum of two weeks in advance.
- » Complete and return the Inclusion Services Intake Form.

see pg. 9 for additional resources

ADAPTIVE PRIVATE SWIM LESSONS

Wayzata East Middle School, 12000 Ridgemount Avenue

Lessons will be taught by an instructor certified in Swim Angelfish's Swim Whisperers® program. This multi-level Swim Whisperers® Certification Program teaches swim instructors the strategies needed to overcome the underlying challenges faced by their swimmers. This advanced adaptive aquatic training empowers instructors with the required tools to more effectively teach swimmers with Anxiety, Autism, Trauma, Discomfort, Physical Difficulties, Sensory Issues, Motor Problems and Delays.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-25	Tu	Sep 10-Oct 15 2:45pm-3:15pm	\$210	35831-01
5-25	Th	Sep 5-Oct 3 2:45pm-3:15pm	\$210	35831-02
5-25	M	Sep 9-Sep 30 5:45pm-6:15pm	\$140	35831-03
5-25	M	Oct 7-Oct 28 5:45pm-6:15pm	\$104	35831-04
5-25	Tu	Sep 10-Oct 1 5:45pm-6:15pm	\$140	35831-05
5-25	Th	Sep 12-Oct 3 5:45pm-6:15pm	\$140	35831-06
5-25	W	Oct 2-Oct 30 4:30pm-5:00pm	\$140	35831-07
5-25	W	Nov 6-Nov 27 4:30pm-5:00pm	\$140	35831-08
5-25	Tu	Oct 8-Nov 26 7:15pm-7:45pm	\$192	35831-09
5-25	Tu	Oct 22-Nov 26 2:45pm-3:15pm	\$210	35831-10
5-25	Th	Oct 24-Dec 5 2:45pm-3:15pm	\$210	35831-11

ADAPTIVE YOGA

PCC-Active Wing, 14800 34th Avenue N

An energizing hour of Yoga that includes breathwork, a little meditation, movement, balance, strength and stretch. Bring your mat, and water. Instr: PR Brady. No program: 11/25.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	M	Sep 9-Oct 21 11:15am-12:15pm	Res \$85 Non Res \$95	35429-01
18+	M	Oct 28-Dec 16 11:15am-12:15pm	Res \$85 Non Res \$95	35429-02

CRITICAL CORE ROLE PLAYING GAME

PCC-Education Wing, 14800 34th Ave N

Critical Core is a role-playing fantasy game that supports social engagement, communication, resilience, and collaboration skills. The objective is to have fun working together on a fantastic quest. The game facilitator (an occupational therapist) will support self-advocacy, problem solving, and perspectives of events and emotions. Feel free to bring a nut-free snack and beverage for yourself. Instr. Aster Letterman, Roots & Wings Therapeutic Services LLC.

AGES	DAY	DATE & TIME	COST	ACTIVITY
10-17	F	Nov 1-Nov 22 4:30pm-6:30pm	Res \$175 Non Res \$193	33908-01

Adaptive & Inclusive Programs

MEDICARE 101 AND DISCUSSION FOR THE DEAF AND HARD OF HEARING COMMUNITY

PCC- Education Wing, 14800 34th Avenue N

Learn about and discuss the different parts of Medicare including deductibles and what's covered, enrollment periods, and costs. Learn how to enroll to get additional coverage. Learn different types of Medicare Advantage plans and Medicare Supplements. Understand Part D Drug Coverage, minimum requirements and more. Participation and attendance is free, but registration is required. This class is ASL interpreted and is made possible by Integrated Insurance. Instr: Sarah Colpitts, Integrated Insurance.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Sa	Oct 12 1:00pm-2:00pm	no fee	35919-01

SENSORY-FRIENDLY SUNDAYS

PCC-Active Wing, 14800 34th Avenue N

A special morning reserved for our friends with sensory needs. Participants MUST be pre-registered - both the K.U.B.E and Gym will be closed to the public. Please only register children ages 3+ - children 2 and under are free. Fee includes entry to the Gym and K.U.B.E. Gym Activities: Imagination Playground's Big Blue Blocks for creative play, dedicated sensory bins in the Youth Room, tumbling equipment and sports equipment will be available for use. Smaller capacities will be observed in the Playground and Gym. Sensory considerations: no overhead announcements, dimmed lights, no music played on overhead speakers, sensory room and bags available, noise canceling headphones available. Prior to your visit feel free to view the Plymouth Community Social Story available on the KultureCity app or by visiting <https://venue.kulturecity.org/venues/plymouth-community-center>.

AGES	DAY	DATE & TIME	COST	ACTIVITY
3+	Su	Oct 13 8:30am-10:30am	Res \$6 Non Res \$8	16702-08
3+	Su	Nov 17 8:30am-10:30am	Res \$6 Non Res \$8	16702-09
3+	Su	Dec 15 8:30am-10:30am	Res \$6 Non Res \$8	16702-10

SNAPOLOGY: ADAPTIVE PLAY

PCC-Education Wing, 14800 34th Avenue N

Pokemania (Sept.): create your own gyms, battles, or even your very own generation of Pokémon.

Responsive Robotics (Oct. 25th): explore the basic components of robotics by playing with modular cubes known as Cubelets®!

Space Wars (Nov. 22nd) discover structured robotic models inspired by the Star Wars® films and space travel!

Creature Creator (Dec. 20th) Create your own animal inspired robotic models.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-12	F	Sep 27 4:30pm-5:30pm	Res \$15 Non Res \$18	33902-01
7-12	F	Oct 25 4:30pm-5:30pm	Res \$15 Non Res \$18	33902-02
7-12	F	Nov 22 4:30pm-5:30pm	Res \$15 Non Res \$18	33902-03
7-12	F	Dec 20 4:30pm-5:30pm	Res \$15 Non Res \$18	33902-04

SPECIAL OLYMPICS MN: YOUNG ATHLETES

PCC-Active Wing, 14800 34th Avenue N

An innovative sports play program that introduces children ages 2-7 years old with and without intellectual disabilities to the world of sports. Children are provided with games and activities that meet their individual skill and ability levels, while allowing them to play together in a fun and inclusive environment. Scholarships available. No program 10/20.

AGES	DAY	DATE & TIME	COST	ACTIVITY
2-7	Su	Sep 22-Nov 3 3:00pm-4:00pm	Res \$30 Non Res \$36	33901-01



DIALED DOWN DISCO

OCT. 3, 6-8 PM

PCC-Plymouth Room, 14800 34th Avenue N

\$15 (no charge for chaperones)

Dialed Down Disco is a sensory-friendly event for people of all abilities. Join the fun Thursday, Oct. 3 from 6-8 p.m. at the Plymouth Community Center, 14800 34th Ave. N.

Commonly referred to as a "silent disco," participants wear wireless headphones to dance and sing along to music played through headphones by a DJ. Attendees will have individual control over the volume of their headphones and can select their favorite music from three different channels.

To promote a positive sensory experience, no overhead music will be played through a speaker system, and the dance floor will not have strobe lights or a disco ball. Sensory bins, sunglasses and quiet break areas will also be available.



Adaptive & Inclusive Programs



REACH FOR RESOURCES

To Register for the following Reach for Resources programs please visit www.reach.recdesk.com or call 952-393-5880.

REACH FOR RESOURCES: 55+ SOCIAL GROUP - LEARN TO PLAY

Each week will have a different focus. Supplies will be provided. Staff will go over rules and guide basic skills practice and scrimmaging.

AGES	DAY	DATE & TIME	COST	ACTIVITY
55+	Tu	Oct 1-Oct 22 1:30pm-3:00pm	See online	39304-01

REACH FOR RESOURCES: LEARN TO PLAY PICKLEBALL

Whether you're a novice or looking to refine your skills, our sessions start at the basics, keeping things easy for new players and ensuring you master the game with confidence.

AGES	DAY	DATE & TIME	COST	ACTIVITY
13+	Tu	Oct 1-Nov 5 10:30am-11:30am	See online	33904-01

REACH FOR RESOURCES: REC THERAPY- MONDAY FUNDAY

This daytime program will offer opportunities for social connection and exercise with peers. We'll do a new activity each week including bingo, charades, crafts, workouts, and nature-based activities. The group's interests and goals will help guide our activities. No program 11/11.

AGES	DAY	DATE & TIME	COST	ACTIVITY
13+	Mo	Oct 21-Nov 18 2:00pm-3:30pm	See online	33905-01
13+	Tu	Nov 25-Dec 16 2:00pm-3:30pm	See online	33905-02

REACH FOR RESOURCES: SPORTS SAMPLER

Let's get some gym time and learn new skills! We'll practice new sports each week including basketball, pickleball, soccer, and a sport of the group's choice! No program 11/22.

AGES	DAY	DATE & TIME	COST	ACTIVITY
13+	F	Nov 22-Dec 20 10:30am-11:30am	See online	33906-01

REACH FOR RESOURCES: REC THERAPY- DANCE WORKOUT

Get ready to move, groove, and sweat with our dynamic dance workout program! You can follow along with our energetic instructor in a series of fun and engaging dance routines that will help you burn calories, boost your fitness, and unleash your inner dancer. You can join in person or virtually on Teams.

AGES	DAY	DATE & TIME	COST	ACTIVITY
13+	F	Sep 27-Oct 18 10:30am-11:30am	See online	33907-01

ADDITIONAL RESOURCES

REACH FOR RESOURCES provides programs for all ages and serves the northern and western Twin Cities suburbs. REACH programs include bowling, dances and trips.

952-200-3030

reachforresources.org

WINDOWS OF OPPORTUNITY provides programs for adults and serves the Robbinsdale School District 281. Program offerings include trips, dances, bike outings and computer classes.

763-504-6990

ced.rdale.org

PROJECT SOAR provides programs for adults and serves four school districts: Hopkins, Minnetonka, St. Louis Park and Wayzata. Program offerings include trips, dances, arts and crafts, BINGO and cooking.

952-401-6898

projectsoarmn.org

COURAGE KENNY REHABILITATION INSTITUTE

provides programs for all ages and has locations in Burnsville, Golden Valley, Forest Lake and Stillwater. Program offerings include swim classes, sports and support groups as well as work and career skills.

612-775-2499

allinahealth.org/courage-kenny-rehabilitation-institute

ARTS

PLYMOUTH MUSIC WORKS - PRIVATE LESSONS

PCC-Education Wing, 14800 34th Avenue N

Private 30-minute lessons are taught by qualified, experienced teachers. Beginner to intermediate students welcome. Learn new skills or improve those you already have. Develop your tone, rhythm and reading skills while you enjoy a variety of musical styles. Students will need their own instrument at home for practice. Piano students will need a piano or keyboard with natural touch and at least 76 keys. No Lessons: 11/26-12/1.

AGES: 7+ | DAYS: Mondays - Fridays

SESSION DATES:

September 8 - December 4

COST: Res: \$310 | Non Res: \$320

REGISTRATION

Before registering, email plymouthmusicworks@plymouthmn.gov to arrange lesson time.

- Flute
- Piano
- Viola, Violin, or Guitar
- Voice

New students can start anytime during the session, subject to availability. Fees are pro-rated at \$25 per lesson. Bring the course registration receipt to the first class.

EDUCATION

MINNESOTA STARWATCH PARTY

Northwest Greenway South Trailhead, 5250 Peony Lane

Make the stars your old friends as we watch the great celestial show in the skies over Plymouth. Get to know constellations like The Big Bear, Cygnus the Swan, Pegasus the Winged Horse, and others. Great constellation mythological stories will also be featured! We'll have giant telescopes aimed at Saturn, star clusters, galaxies, and more. An astronomical camera system will also capture breathtaking images!

AGES	DAY	DATE & TIME	COST	ACTIVITY
all ages	Th	Dec 5 6:30pm-8:30pm	Res \$10 Non Res \$12	36300-01

MEET YOUR NEIGHBOR: INTRODUCTION TO HINDUISM

PCC-Education Wing, 14800 34th Avenue N

Hinduism ('Hindu Dharma') is the 3rd largest sacred tradition of humanity, and the oldest continuously practiced (semi) organized faith in the world. There are 3 million Hindus residing harmoniously in the United States who have silently but profoundly shaped our nation. This course highlights the central tenets of the tradition and core practices, contributions to the world and a brief history for the lay American. Printed and online resources will be provided. Instr: Hindu Society of Minnesota (HSMN).

AGES	DAY	DATE & TIME	COST	ACTIVITY
13+	Sa	Oct 5 10:00am-11:00am	no fee	35347-01

MEET YOUR NEIGHBOR: DEMENTIA FRIENDS

PCC-Education Wing, 14800 34th avenue n

Help make Plymouth a dementia friendly community! Attend a free one-hour session to learn about and how to support people impacted by dementia. Learn 5 key messages, what it's like to live with the disease and local resources. Hear communication tips and turn your understanding into action. Instr: Dementia Friends MN.

AGES	DAY	DATE & TIME	COST	ACTIVITY
13+	W	Sep 18 11:00am-12:00pm	no fee	35909-01
13+	Th	Oct 10 7:00pm-8:00pm	no fee	35909-02

OUTDOOR RECREATION

WEEKLY WALKS WITH PARKS AND REC

Plymouth park locations listed below

Take a tour of Plymouth's Parks! Each week we meet at a different park and take a walk. Each park or path offers a greater look into the sweet spots in Plymouth.

Parkers Lake Sept 24

Three Ponds Oct 1

Plymouth Creek Park Oct 8

Rolling Hills Oct 15

AGES	DAY	DATE & TIME	COST	ACTIVITY
all ages	Tu	Sep 24-Oct 15 1:00pm-2:00pm	no fee	35902-01

CANCELLATION POLICY

Requests for cancellations or transfers must be made at least one full week prior to the first class unless noted otherwise. See pg. 2.

SPORTS - MARTIAL ARTS

TAE KWON DO KARATE BEGINNER

Ultimate Martial Arts, 147 Hamel Road

Improve balance, coordination and overall physical health. Build confidence, self-esteem and concentration. Instr: Tom Malone, Martial Arts Hall of Fame Inductee.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5+	Sa	Sep 28-Nov 16 9:30am-10:15am	Res \$149 Non Res \$169	36215-01

SPECIALTY - THE STEM LAB KITS

THE STEM LAB LLC KITS: WOODWORKER DRAGSTER RACE CAR

Engineer a racer that really moves with this hands-on lesson in woodworking and physics. Experiment to see what makes the racer go the farthest and fastest as you pull back and watch it go!

AGES	COST	ACTIVITY
8+	\$25	36921-01

THE STEM LAB LLC KITS: WOODWORKER MARBLE DROP

Who can get the highest score? Use pre-drilled wood, hammer and hardware to engineer a fun game.

AGES	COST	ACTIVITY
7+	\$25	36919-01

THE STEM LAB LLC KITS: WOODWORKER MARSHMALLOW LAUNCHER

The Marshmallow Launcher is as fun to use as it is to build! Use hammer and hardware to engineer pre-drilled wood, predict how marshmallows mass will affect flight, then experiment with the physics of catapults.

AGES	COST	ACTIVITY
7+	\$25	36918-01

THE STEM LAB LLC KITS: WOODWORKER PROPELLER RACER

Use wood, hammer and hardware to explore potential and kinetic energy transfer with a rubber band powered propeller race car.

AGES	COST	ACTIVITY
8+	\$25	36920-01

The STEM Lab kits can be shipped directly to your home for an additional \$8 or you can pickup for free at City Hall. A message will be sent out when kits are available for pickup. Suggested ages are listed for each kit but are not a requirement to purchase.



MERRY MARKET

Local vendors selling handmade goods
in Plymouth's Historic Town Hall.

Dec. 7, 2024 | 10 am-2 pm
Old Town Hall, 3605 Fernbrook Lane

ARTS - KIDCREATE STUDIO

KIDCREATE STUDIO - BIG MACHINES

PCC-Active Wing, 14800 34th Avenue N

While exploring a variety of different art materials, artists will create a clay construction zone and design their own 3D roller coaster; they'll even create a rocket ship that really glows in the dark! Come and create right along with your child.

AGES	DAY	DATE & TIME	COST	ACTIVITY
1.5-6	M	Sep 23-Oct 14 5:30pm -6:30pm	Res \$90 Non Res \$98	31104-01

KIDCREATE STUDIO - GOOEY GUNK

PCC-Active Wing, 14800 34th Avenue N

Get the messy stuff out of your home and leave it to us. We'll make gooey gunk and shaving cream sundaes. Come ready to get messy while you play right along with your child.

AGES	DAY	DATE & TIME	COST	ACTIVITY
1.5-6	Sa	Oct 5 9:30am-10:30am	Res \$30 Non Res \$34	31105-01

KIDCREATE STUDIO - MY FAVORITE ART CLASS

PCC-Active Wing, 14800 34th Avenue N

Your artist will have a blast while exploring many techniques, styles, and materials. We'll make silly clay owls and an adorable hand print flower garden; we'll even make a dinosaur that really glows-in-the-dark! There's no doubt that this WILL be your artist's FAVORITE art class, so be sure to sign up early for this popular class. Children must be accompanied by a caregiver.

AGES	DAY	DATE & TIME	COST	ACTIVITY
1.5-6	Tu	Nov 5-Nov 26 9:30am-10:30am	Res \$90 Non Res \$98	31106-01

KIDCREATE STUDIO - ORNAMENT MAKING

PCC-Active Wing, 14800 34th Avenue N

All New Ornaments! Join us for an ornament making party. We will set up 4 stations, each with a different ornament project. These ornaments will make great keepsakes or holiday gifts! This is a great class for siblings to attend together! Come and create ornaments right along with your child.

AGES	DAY	DATE & TIME	COST	ACTIVITY
1.5-6	Sa	Dec 7 9:30am-10:30am	Res \$30 Non Res \$34	31112-01

DANCE

TIPPI TOES DANCE - TODDLER & ME DANCE

PCC-Active Wing, 14800 34th Avenue N

A dance class for mom, dad, or guardian to learn basic dance steps with your little dancer. We'll incorporate music, movement, balance and basic dance steps in a fun and positive environment.

AGES	DAY	DATE & TIME	COST	ACTIVITY
1.5-3	W	Sep 11-Oct 23 9:30am-10:15am	Res \$87 Non Res \$97	31109-01
1.5-3	W	Sep 11-Oct 23 10:30am-11:15am	Res \$87 Non Res \$97	31109-02
1.5-3	W	Oct 30-Dec 11 9:30am-10:15am	Res \$87 Non Res \$97	31109-03
1.5-3	W	Oct 30-Dec 11 10:30am-11:15am	Res \$87 Non Res \$97	31109-04

MUSIC

FIRST STEPS IN MUSICLAND

PCC-Education Wing, 14800 34th Avenue N

Exposure to basic musical concepts and a wide variety of musical styles through fun activities. Caregiver and child will dance, sing and play while learning rhythm and fine/gross motor coordination. No program: 11/27.

AGES	DAY	DATE & TIME	COST	ACTIVITY
2-5	W	Sep 4-Oct 23 9:30am-10:15am	Res \$109 Non Res \$120	31110-01
2-5	W	Sep 4-Oct 23 10:30am-11:15am	Res \$109 Non Res \$120	31110-02
2-5	W	Nov 6-Dec 18 9:30am-10:15am	Res \$82 Non Res \$94	31110-03
2-5	W	Nov 6-Dec 18 10:30am-11:15am	Res \$82 Non Res \$94	31110-04

MUSIC TOGETHER -

MIXED AGES - FREE DEMO CLASS

PCC-Education Wing, 14800 34th Avenue N

Sing, laugh, play and learn, with your infant, toddler and preschooler in these award-winning classes that will help your child learn to sing and dance as naturally as they learn to walk and talk. Come see if this program is a good fit for your family. Instr: Music Together in the Valley LLC Free Demo Class - must still register to participate.

AGES	DAY	DATE & TIME	COST	ACTIVITY
infant-6yrs	Tu	Sep 10 9:15am-10:00am	no fee - free demo	31114-01
infant-6yrs	Tu	Sep 10 10:15am-11:00am	no fee - free demo	31114-02
infant-6yrs	W	Sep 11 4:15pm-5:00pm	no fee - free demo	31114-03
infant-6yrs	W	Sep 11 5:15pm-6:00pm	no fee - free demo	31114-04

ARTS - MUSIC

MUSIC TOGETHER MIXED AGES

PCC-Education Wing, 14800 34th Avenue N

Sing, laugh, play and learn with your infant, toddler and preschooler in these award-winning classes. Along with class instruction, participants receive a CD, music downloads, songbook, and educational materials. Sibling/additional child discount applied for families registering more than one. Instr: Music Together in the Valley LLC. No program: 11/27.

AGES	DAY	DATE & TIME	COST	ACTIVITY
infant-6yrs	Tu	Sep 24-Nov 26 9:15am-10:00am	Res \$199 Non Res \$218	31113-01
infant-6yrs	Tu	Sep 24-Nov 26 10:15am-11:00am	Res \$199 Non Res \$218	31113-02
infant-6yrs	Tu	Sep 24-Nov 26 11:15am-12:00pm	Res \$199 Non Res \$218	31113-03
infant-6yrs	W	Sep 25-Dec 4 4:15pm-5:00pm	Res \$199 Non Res \$218	31113-04
infant-6yrs	W	Sep 25-Dec 4 5:15pm-6:00pm	Res \$199 Non Res \$218	31113-05

EDUCATION

CONNECT & PLAY: STEM DISCOVERY

PCC-Active Wing, 14800 34th Avenue N

For preschool children and their caregivers, connect with your child(ren) during drop-in, lab-style sensory play that develops beginning social skills and a STEM foundation. Emotional and cognitive growth will also be promoted as children work with new friends and in new environments. Instr: Billie Pace-Graczyk, The STEM Lab of Minnesota.

AGES	DAY	DATE & TIME	COST	ACTIVITY
1.5-8	Tu	Oct 29-Nov 19 10:00am-11:00am	Res \$80 Non Res \$92	31315-01

THE STEM LAB LLC: NURSERY RHYME STEM

PCC-Active Wing, 14800 34th Avenue N

Take nursery rhymes to the next level with play-based classes that engage and build confidence! Save Humpty Dumpty from falling off the wall, catapult the Cow from Hey Diddle Diddle over a moon, and create a device to keep the Itsy Bitsy Spider safe from the rain. Instr: Billie Pace-Graczyk, The STEM Lab LLC.

AGES	DAY	DATE & TIME	COST	ACTIVITY
2.5-8	Tu	Nov 5-Nov 19 11:15am-12:15pm	Res \$105 Non Res \$115	32324-01

SCIENCE EXPLORERS: SCIENCE BUDDIES

PCC Active Wing, 3400 Plymouth Blvd

Preschoolers...bring along a parent or your favorite adult for a fun and friendly hands, on science class.

October 27:

Learn the science of slime and investigate states of matter.

November 24:

Explore attraction and repulsion, magnetic poles and more.

Additional adult: \$6, additional student: \$15.

AGES	DAY	DATE & TIME	COST	ACTIVITY
3.5-5	Su	Oct 27 1:00pm-2:30pm	Res \$25 Non Res \$30	31301-01
3.5-5	Su	Nov 24 1:00pm-2:30pm	Res \$25 Non Res \$30	31301-02

SPORTS - GYMNASTICS

TUMBLING TYKES AND FITNESS

PCC-Active Wing, 14800 34th Avenue N

A coupled class for children with their favorite grown-up! Come have fun and learn basic gymnastics skills as well as improve balance, fitness, strength, and gross motor skills.

AGES	DAY	DATE & TIME	COST	ACTIVITY
2-3	M	Sep 16-Oct 14 4:30pm-5:00pm	Res \$58 Non Res \$67	32201-01
2-3	M	Sep 16-Oct 14 5:15pm-5:45pm	Res \$58 Non Res \$67	32201-02
2-3	M	Sep 16-Oct 14 6:00pm-6:30pm	Res \$58 Non Res \$67	32201-03
2-3	M	Oct 28-Nov 18 4:30pm-5:00pm	Res \$58 Non Res \$67	32201-04
2-3	M	Oct 28-Nov 18 5:15pm-5:45pm	Res \$58 Non Res \$67	32201-05
2-3	M	Oct 28-Nov 18 6:00pm-6:30pm	Res \$58 Non Res \$67	32201-06



**Children must
be accompanied
by a caregiver**

ARTS - DANCE

BALLET AND TAP (AGES 3-4)

PCC-Active Wing, 14800 34th Avenue N

This class will focus on ballet and tap technique, alignment, and steps at the appropriate level for each class. Students will use these skills to perform fun and challenging ballet and tap sequences expanded each week. Pink ballet shoes, black tap shoes and leotards/tights or active wear are needed. Instr: City of Plymouth Dance Staff. No program: 10/19, 11/30.

AGES	DAY	DATE & TIME	COST	ACTIVITY
3-4	M	Sep 9-Dec 9 5:00pm-5:45pm	Res \$180 Non Res \$194	32102-01
3-4	Tu	Sep 10-Dec 10 5:15pm-6:00pm	Res \$180 Non Res \$194	32102-02
3-4	Sa	Sep 7-Dec 14 12:50pm-1:30pm	Res \$168 Non Res \$181	32102-03

CREATIVE MOVEMENT (AGES 3-4)

PCC-Active Wing, 14800 34th Avenue N

We'll introduce students dance elements of ballet, jazz and modern with a focus on creative expression. Bare feet or ballet shoes recommended. Instr: City of Plymouth Dance Staff. No program: 10/17, 10/19, 10/31, 11/28, 11/30.

AGES	DAY	DATE & TIME	COST	ACTIVITY
3-4	Th	Sep 12-Dec 12 5:00pm-5:30pm	Res \$143 Non Res \$154	32104-01
3-4	Sa	Sep 7-Dec 14 9:00am-9:30am	Res \$168 Non Res \$181	32104-02

TIPPI TOES DANCE

PCC-Active Wing, 14800 34th Avenue N

Move and groove to the Tippi Toes® beat in this fun and energetic combination class, with your child dancing on their own! Tippi Toes incorporates an even mix of the three types of dance over the 45 minute class time using high-energy music and choreography. For children ages 3-5 years old.

AGES	DAY	DATE & TIME	COST	ACTIVITY
3-5	W	Sep 11-Oct 23 11:30am-12:15pm	Res \$87 Non Res \$97	31108-01
3-5	W	Oct 30-Dec 11 11:30am-12:15pm	Res \$87 Non Res \$97	31108-02

MUSIC

BACH TO ROCK - ROCK CITY CAMP

Bach to Rock, 4345 Nathan Ln N

Through dynamic musical and movement-based activities, exposure to live instruments and musically inspired story-time, young musicians gradually develop the skills needed to pursue music further. Classes focus on foundational musical concepts such as fast and slow, sound and silence, high and low and even singing and playing major scales.

AGES	DAY	DATE & TIME	COST	ACTIVITY
2 DAY CAMP				
3-5	Th,F	Dec 26-Dec 27 9:00am-12:30pm	Res \$75 Non Res \$83	32322-01

FULL WEEK CAMP

AGES	DAY	DATE & TIME	COST	ACTIVITY
3-5	M-F	Dec 30-Jan 3 9:00am-12:30pm	Res \$210 Non Res \$230	32333-01

BACH TO ROCK - ROCK CITY WORLD TOUR

Bach to Rock, 4345 Nathan Ln N

These high-energy musical classes focus on foundational music skills; children will be introduced to different instruments each week.

AGES	DAY	DATE & TIME	COST	ACTIVITY
3-5	M	Sep 9-Oct 14 1:00pm-2:00pm	Res \$158 Non Res \$173	32321-01
3-5	Tu	Sep 10-Oct 15 5:00pm-6:00pm	Res \$158 Non Res \$173	32321-02
3-5	M	Oct 14-Nov 18 2:30pm-3:15pm	Res \$158 Non Res \$173	32321-03

PIANO FOR LITTLE MOZARTS

PCC-Education Wing, 14800 34th Avenue N

Explore beginning piano in a dual lesson format (two students per class - each register separately). Lessons include music facts, movements, singing, percussion instruments and more. No program: 11/27.

AGES	DAY	DATE & TIME	COST	ACTIVITY
4-6	W	Sep 4-Oct 23 11:30am-12:00pm	Res \$160 Non Res \$177	32107-01
4-6	W	Sep 4-Oct 23 12:15pm-12:45pm	Res \$160 Non Res \$177	32107-02
4-6	W	Nov 6-Dec 18 11:30am-12:00pm	Res \$120 Non Res \$132	32107-03
4-6	W	Nov 6-Dec 18 12:15pm-12:45pm	Res \$120 Non Res \$132	32107-04

ARTS - KIDCREATE STUDIO

KIDCREATE STUDIO - 3D DINO WORLD PAJAMA PARTY

PCC-Active Wing, 14800 34th Avenue N

Come to class in your jammies?!?! That's right; we'll be doing art in our pajamas! Why? Because we believe everyone is more creative while wearing their slippers. Don't bring your pillow; there will be no time for napping. We'll be too busy creating an awesome 3D dino diorama! Please pack a nut-free snack and drink for your child.

AGES	DAY	DATE & TIME	COST	ACTIVITY
3-6	Sa	Oct 12 9:00am-12:00pm	Res \$60 Non Res \$68	32103-01

KIDCREATE STUDIO - TEDDY TIME

PCC-Active Wing, 14800 34th Avenue N

BYOT - Bring Your Own Teddy! Come create accessories for your favorite stuffed toy, all sized to fit just right. Participants should bring a stuffed toy from home for class. Please pack a nut-free snack and drink for your child.

AGES	DAY	DATE & TIME	COST	ACTIVITY
3-6	Sa	Nov 16 9:00am-12:00pm	Res \$60 Non Res \$68	32110-01

EDUCATION

SNAPOLOGY: PRE-K EXPLORERS

PCC-Active Wing, 14800 34th Avenue N

Animal Explorers (Oct. 9th): Learn where animals live and why an animal's habitat is important for survival.

Discovering Dinosaurs (Oct. 30th): Identify basic body parts, habitats, and diets of some of your favorite dinosaurs, and build your very own cretaceous creatures.

Junior Scientists (Nov. 13th): participate in various creative play activities designed to promote the creative, social, and expressive skills.

AGES	DAY	DATE & TIME	COST	ACTIVITY
3-4	W	Oct 9 9:00am-10:00am	Res \$15 Non Res \$18	32327-01
3-4	W	Oct 30 9:00am-10:00am	Res \$15 Non Res \$18	32327-02
3-4	W	Nov 13 9:00am-10:00am	Res \$15 Non Res \$18	32327-03

SPECIAL OLYMPICS MN: YOUNG ATHLETES

PCC-Active Wing, 14800 34th Avenue N

An innovative sports play program that introduces children ages 2-7 years old with and without intellectual disabilities to the world of sports. Children are provided with games and activities that meet their individual skill and ability levels, while allowing them to play together in a fun and inclusive environment. Scholarships available. No program 10/20.

AGES	DAY	DATE & TIME	COST	ACTIVITY
2-7	Su	Sep 22-Nov 3 3:00pm-4:00pm	Res \$30 Non Res \$36	33901-01



KIDS FEST

AUGUST 15

5-8:30 pm

Hiide Performance Center
3500 Plymouth Blvd

Featuring
The Little Mermen
shows at 5:30 and 7:00 PM



plymouthmn.gov/specialevents

SPECIALTY - THE STEM LAB KITS

THE STEM LAB LLC KITS: BACKYARD EXPLORER - BIRD WATCH

Invite budding naturalists to head outside for a walk – in the woods, a park, or right in their backyard – to spot feathered friends. Learn the basics of birding, from identifying common birds to learning about habitat and listening for bird songs. Includes activity ideas such as building a bird nest, matching games, and simple discovery about food chains/life cycle of birds. Build a wooden birdhouse, gelatin bird feeders and observe the wonders of the world outside with clipboard and working binoculars.

AGES	COST	ACTIVITY
3+	\$55	36913-01

THE STEM LAB LLC KITS: BACKYARD EXPLORER - BUBBLES

Can bubbles be different shapes? Why do bubbles pop? Head outside and get bubbling as you explore surface tension with hands-on science, 16 ounces of bubble solution and reusable bubble straws/connectors to make unlimited 2D and 3D geometric wands. Then delight your bubble explorer with giant bubbles big enough to fit in!

AGES	COST	ACTIVITY
3+	\$40	36915-01

The STEM Lab kits can be shipped directly to your home for an additional \$8 or you can pickup for free at City Hall. A message will be sent out when kits are available for pickup. Suggested ages are listed for each kit but are not a requirement to purchase.

THE STEM LAB LLC: BACKYARD EXPLORER - BUG HUNT

Packed with educational prompts and activities to encourage junior naturalists to spot insects while on a walk in the woods, playing in a park, or searching right outside their front door. Interactive field guides help young seekers identify fliers, crawlers, and pollinators. Project ideas such as Weave a Web or Make a Bug Hotel, and cool bug facts, boost the insect intrigue. Includes a one-handed bug catcher with thumb operated trapping slider and 5x magnification, a perfect companion to catch the fastest specimens in a safe and humane way.

AGES	COST	ACTIVITY
4+	\$55	36914-01

THE STEM LAB LLC KITS: BACKYARD EXPLORER - HONEY BEES

This kit targets a deeper understanding and appreciation for these remarkable insects and their impact on our ecosystem. National Geographic Kids book with beautiful, engaging, and authentic photos, natural honeycomb, authentic bee pollen, and more support learning and captivate childrens' intrigue.

AGES	COST	ACTIVITY
4+	\$40	36912-01

THE STEM LAB KITS: SOLAR PRINTING KIT

Harness the power of the sun to develop your one-of-a-kind STEM art! Use hand-treated, sun-sensitive papers that undergo a chemical change when exposed to sunlight. Images appear within minutes and are permanent with a quick rinse of water. Safe and easy to use. A great Fall science or art project for the entire family.

AGES	COST	ACTIVITY
4+	\$35	36916-01

THE STEM LAB LLC KITS: SOAP AND GERM BUSTING EXPERIMENTS

Wow your scientist with the importance of soap & hand-washing through two eye-catching experiments. Then make your own themed soap to encourage hand washing behavior! Hands-on, clean fun for the entire family during the day and at bath time! Includes reusable molds. Perfect for back to school!

THEME	COST	ACTIVITY
Unicorn	\$30	36911-01
Dinosaur	\$30	36911-02
Duck	\$30	36911-03

THE STEM LAB LLC KITS: SCIENCE EXPERIMENT BUNDLE BOOK

Teacher created, science experiment book promotes easy, hands-on scientific exploration with simple materials, planned, photographed and ready to bring into your home!

AGES	COST	ACTIVITY
3.5+	\$20	36917-01

SPORTS - BASKETBALL

REVSPORTS BASKETBALL

PCC-Active Wing, 14800 34th Avenue N

Programs are a great opportunity for your child to explore their new and developing motor skills. Parents/guardians are expected to be present and ready to engage for classes for 2-5 year olds (not a league). No program: 10/17, 10/31, 11/28



AGES	DAY	DATE & TIME	COST	ACTIVITY
2-3	M	Sep 16-Oct 7 5:00pm-5:25pm	Res \$67 Non Res \$77	32210-01
3-4	M	Sep 16-Oct 7 5:30pm-6:10pm	Res \$67 Non Res \$77	32210-02
4-5	M	Sep 16-Oct 7 6:15pm-6:55pm	Res \$67 Non Res \$77	32210-03
5-6	M	Sep 16-Oct 7 7:00pm-7:40pm	Res \$67 Non Res \$77	32210-04
2-3	M	Oct 14-Nov 4 5:00pm-5:25pm	Res \$67 Non Res \$77	32210-05
3-4	M	Oct 14-Nov 4 5:30pm-6:10pm	Res \$67 Non Res \$77	32210-06
4-5	M	Oct 14-Nov 4 6:15pm-6:55pm	Res \$67 Non Res \$77	32210-07
5-6	M	Oct 14-Nov 4 7:00pm-7:40pm	Res \$67 Non Res \$77	32210-08
2-3	M	Nov 11-Dec 2 5:00pm-5:25pm	Res \$67 Non Res \$77	32210-09
3-4	M	Nov 11-Dec 2 5:30pm-6:10pm	Res \$67 Non Res \$77	32210-10
4-5	M	Nov 11-Dec 2 6:15pm-6:55pm	Res \$67 Non Res \$77	32210-11
5-6	M	Nov 11-Dec 2 7:00pm-7:40pm	Res \$67 Non Res \$77	32210-12

AGES	DAY	DATE & TIME	COST	ACTIVITY
2-3	Th	Sep 12-Oct 3 5:00pm-5:25pm	Res \$67 Non Res \$77	32210-13
3-4	Th	Sep 12-Oct 3 5:30pm-6:10pm	Res \$67 Non Res \$77	32210-14
4-5	Th	Sep 12-Oct 3 6:15pm-6:55pm	Res \$67 Non Res \$77	32210-15
5-6	Th	Sep 12-Oct 3 7:00pm-7:40pm	Res \$67 Non Res \$77	32210-16
2-3	Th	Oct 10-Nov 14 5:00pm-5:25pm	Res \$67 Non Res \$77	32210-17
3-4	Th	Oct 10-Nov 14 5:30pm-6:10pm	Res \$67 Non Res \$77	32210-18
4-5	Th	Oct 10-Nov 14 6:15pm-6:55pm	Res \$67 Non Res \$77	32210-19
5-6	Th	Oct 10-Nov 14 7:00pm-7:40pm	Res \$67 Non Res \$77	32210-20
2-3	Th	Nov 21-Dec 19 5:00pm-5:25pm	Res \$67 Non Res \$77	32210-21
3-4	Th	Nov 21-Dec 19 5:30pm-6:10pm	Res \$67 Non Res \$77	32210-22
4-5	Th	Nov 21-Dec 19 6:15pm-6:55pm	Res \$67 Non Res \$77	32210-23
5-6	Th	Nov 21-Dec 19 7:00pm-7:40pm	Res \$67 Non Res \$77	32210-24

FLAG FOOTBALL

REVSPORTS FLAG FOOTBALL

Bass Lake Playfield, 5450 Northwest Boulevard

Programs are a great opportunity for your child to explore their new and developing motor skills. Parents/guardians are expected to be present and ready to engage for classes for 2-5 year olds (not a league).

AGES	DAY	DATE & TIME	COST	ACTIVITY
2-3	W	Sep 11-Oct 2 5:00pm-5:25pm	Res \$67 Non Res \$77	32208-01
3-5	W	Sep 11-Oct 2 5:30pm-6:10pm	Res \$67 Non Res \$77	32208-02
4-6	W	Sep 11-Oct 2 6:15pm-6:55pm	Res \$67 Non Res \$77	32208-03
2-3	W	Oct 9-Oct 30 5:00pm-5:25pm	Res \$67 Non Res \$77	32208-05
3-5	W	Oct 9-Oct 30 5:30pm-6:10pm	Res \$67 Non Res \$77	32208-06
4-6	W	Oct 9-Oct 30 6:15pm-6:55pm	Res \$67 Non Res \$77	32208-07

CANCELLATION POLICY

Requests for cancellations or transfers must be made at least one full week prior to the first class unless noted otherwise. See pg. 2.

SPORTS - GYMNASTICS

TUMBLING TYKES

Wayzata High School, 4955 Peony Lane

Emphasis on fun! Explore basic gymnastics skills and improve motor skills, including safe use of gymnastics equipment. Adult assistance is advised for three year old participants.

AGES	DAY	DATE & TIME	COST	ACTIVITY
3-4	Sa	Sep 7-Oct 26 9:00am-9:30am	Res \$98 Non Res \$108	32200-01
3-4	Sa	Sep 7-Oct 26 10:30am-11:00am	Res \$98 Non Res \$108	32200-02
3-4	Sa	Sep 7-Oct 26 1:45pm-2:15pm	Res \$98 Non Res \$108	32200-03
3-4	Sa	Nov 2-Dec 14 9:00am-9:30am	Res \$98 Non Res \$108	32200-04
3-4	Sa	Nov 2-Dec 14 10:30am-11:00am	Res \$98 Non Res \$108	32200-05
3-4	Sa	Nov 2-Dec 14 2:15pm-12:45pm	Res \$98 Non Res \$108	32200-06

MARTIAL ARTS

LITTLE TIGER

Ultimate Martial Arts, 147 Hamel Road

Learn basic self-defense and martial arts skills, develop coordination and flexibility. Basic kicks and punches taught through exercises and fun games. Earn belts and stickers. Instr: Tom Malone.

AGES	DAY	DATE & TIME	COST	ACTIVITY
3-5	Th	Oct 3-Nov 14 5:30pm-6:00pm	Res \$119 Non Res \$139	32211-01

NINJA WARRIOR

REVSPORTS - NINJA WARRIORS

Bass Lake Playfield, 5450 Northwest Boulevard

Participants learn and practice the fundamentals of speed, agility, balance and coordination through obstacles. Class involves ground-based obstacle training, active games and individual challenges that vary by day. Parents/guardians are expected to be present and ready to engage for classes for 2-5 year olds. No program: 10/17, 10/31.

AGES	DAY	DATE & TIME	COST	ACTIVITY
2-3	Th	Sep 12-Oct 3 5:00pm-5:25pm	Res \$79 Non Res \$90	32401-01
3-5	Th	Sep 12-Oct 3 5:30pm-6:10pm	Res \$79 Non Res \$90	32401-02
4-6	Th	Sep 12-Oct 3 6:15pm-6:55pm	Res \$79 Non Res \$90	32401-03
2-3	Th	Oct 10-Nov 14 5:00pm-5:25pm	Res \$79 Non Res \$90	32401-05
3-5	Th	Oct 10-Nov 14 5:30pm-6:10pm	Res \$79 Non Res \$90	32401-06
4-6	Th	Oct 10-Nov 14 6:15pm-6:55pm	Res \$79 Non Res \$90	32401-07

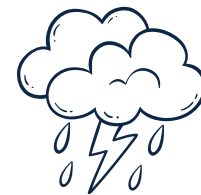
MULTI-SPORT

SPORTS UNLIMITED SPORTS SAMPLER

Locations vary

Explore baseball, soccer, soft lacrosse and flag football. Bring appropriate clothing (shin guards recommended for soccer), baseball glove, snack and water.

AGES	DAY	DATE & TIME	COST	ACTIVITY
Bass Lake Playfield, 5450 Northwest Blvd				
4-6	Tu	Sep 10-Oct 8 4:30pm-6:00pm	Res \$99 Non Res \$114	32202-01
PCC Fieldhouse, 14800 - 34th Ave N.				
4-6	Tu	Nov 5-Dec 3 4:30pm-6:00pm	Res \$99 Non Res \$114	32202-02



WEATHER LINE
763-509-5205
 call for updates on
 class cancellations



SPORTS - SOCCER

REVSPORTS SOCCER LEAGUE

Elm Creek Playfield, 4905 Peony Lane

Co-rec instructional soccer that allows children to play soccer in a relaxed, fun, and non-competitive atmosphere. Participants will be split into small groups each week for skill development and scrimmage games. Each session will have dedicated time to game play. Includes t-shirt.

AGES	DAY	DATE & TIME	COST	ACTIVITY
3.5-4	Su	Sep 8-Sep 29 3:30pm-4:30pm	Res \$72 Non Res \$82	33271-01
4-5	Su	Sep 8-Sep 29 4:45pm-5:45pm	Res \$72 Non Res \$82	33271-02

REVSPORTS SOCCER

Locations vary

RevSports soccer participants learn and practice the fundamentals of soccer through individual player development. Each day will focus on a topic building on the previous topics including: dribbling, shooting, defending, passing, and more. All equipment is provided. Athletic footwear recommended. Parent is expected to be present and ready to engage with child for 2-5 year olds This is not a league.

AGES	DAY	DATE & TIME	COST	ACTIVITY
Bass Lake Playfield, 5450 Northwest Blvd				
2-3	M	Sep 16-Oct 7 5:00pm-5:25pm	Res \$67 Non Res \$77	32203-01
3-5	M	Sep 16-Oct 7 5:30pm-6:10pm	Res \$67 Non Res \$77	32203-02
3-5	M	Sep 16-Oct 7 6:15pm-6:55pm	Res \$67 Non Res \$77	32203-03
4-6	M	Sep 16-Oct 7 7:00pm-7:40pm	Res \$67 Non Res \$77	32203-04
2-3	M	Oct 14-Nov 4 5:00pm-5:25pm	Res \$67 Non Res \$77	32203-05
3-5	M	Oct 14-Nov 4 5:30pm-6:10pm	Res \$67 Non Res \$77	32203-06
3-5	M	Oct 14-Nov 4 6:15pm-6:55pm	Res \$67 Non Res \$77	32203-07
4-6	M	Oct 14-Nov 4 7:00pm-7:40pm	Res \$67 Non Res \$77	32203-08

AGES	DAY	DATE & TIME	COST	ACTIVITY
Elm Creek Playfield, 4905 Peony Lane				
2-3	Su	Oct 6-Oct 27 3:00pm-3:25pm	Res \$67 Non Res \$77	32203-09
3-5	Su	Oct 6-Oct 27 3:30pm-4:10pm	Res \$67 Non Res \$77	32203-10
3-5	Su	Oct 6-Oct 27 4:15pm-4:55pm	Res \$67 Non Res \$77	32203-11
4-6	Su	Oct 6-Oct 27 5:00pm-5:40pm	Res \$67 Non Res \$77	32203-12
PCC-Active Wing, 14800 - 34th Ave N.				
2-3	Su	Nov 3-Nov 24 12:00pm-12:25pm	Res \$67 Non Res \$77	32203-13
3-5	Su	Nov 3-Nov 24 12:30pm-1:10pm	Res \$67 Non Res \$77	32203-14
3-5	Su	Nov 3-Nov 24 1:15pm-1:55pm	Res \$67 Non Res \$77	32203-15
4-6	Su	Nov 3-Nov 24 2:00pm-2:40pm	Res \$67 Non Res \$77	32203-16

SPORTS - SOCCER

FALL SOCCER: CO-REC AGE 4

Zachary Playfield, 4355 Zachary Lane

Co-Rec league for 4 year olds. Games are on Saturday mornings or on your scheduled practice night (depending on team numbers). All games and practices at Zachary Playfield.

Volunteer parent coaches needed for this program. To coach, sign up online at www.plymouthmn.gov/volunteercoaching. Practice weekdays - games Saturday mornings through Oct 12. Games start Sept 14. No refunds after August 23.

AGES	DAY	DATE & TIME	COST	ACTIVITY
4	M	Sep 9-Oct 7 6:00pm-7:00pm	Res \$73 Non Res \$83	33270-01
4	M	Sep 9-Oct 7 6:00pm-7:00pm	Res \$73 Non Res \$83	33270-02
4	Tu	Sep 3-Oct 8 6:00pm-7:00pm	Res \$73 Non Res \$83	33270-03
4	Tu	Sep 3-Oct 8 6:00pm-7:00pm	Res \$73 Non Res \$83	33270-04
4	W	Sep 4-Oct 9 6:00pm-7:00pm	Res \$73 Non Res \$83	33270-05
4	W	Sep 4-Oct 9 6:00pm-7:00pm	Res \$73 Non Res \$83	33270-06
4	Th	Sep 5-Oct 10 6:00pm-7:00pm	Res \$73 Non Res \$83	33270-07
4	Th	Sep 5-Oct 10 6:00pm-7:00pm	Res \$73 Non Res \$83	33270-08

HAPPYFEET SOCCER

Locations vary

HappyFeet Soccer is the premier early development program, using imaginative play and play-to-learn concepts to teach real deceptive dribbling skills on the move. Using our friendly story time with a soccer ball approach, HappyFeet has received recognition by many early childhood education experts as the premier preschool-age soccer program. Our curriculum is designed to foster your child's development and creativity with more time spent on skill acquisition. Our camps utilize fun, engaging activities to enhance skill acquisition and finishes with small side scrimmages. Equipment provided. For questions and or to purchase a jersey, reach us at office@tchappyfeet.com. No program: 11/28, 11/30.

AGES	DAY	DATE & TIME	COST	ACTIVITY
Bass Lake Playfield, 5450 Northwest Blvd				
4-5	Sa	Sep 21-Oct 12 2:00pm-2:45pm	Res \$75 Non Res \$86	32206-12
3-4	Sa	Sep 21-Oct 12 2:50pm-3:35pm	Res \$75 Non Res \$86	32206-13
2	Sa	Sep 21-Oct 12 3:40pm-4:25pm	Res \$75 Non Res \$86	32206-14
PCC-Active Wing, 14800 - 34th Ave N.				
4-5	Sa	Oct 26-Nov 16 2:00pm-2:45pm	Res \$75 Non Res \$86	32206-15
3-4	Sa	Oct 26-Nov 16 2:50pm-3:35pm	Res \$75 Non Res \$86	32206-16
2	Sa	Oct 26-Nov 16 3:40pm-4:25pm	Res \$75 Non Res \$86	32206-17
4-5	Sa	Nov 23-Dec 21 2:00pm-2:45pm	Res \$75 Non Res \$86	32206-18
3-4	Sa	Nov 23-Dec 21 2:50pm-3:35pm	Res \$75 Non Res \$86	32206-19
2	Sa	Nov 23-Dec 21 3:40pm-4:25pm	Res \$75 Non Res \$86	32206-20

AGES	DAY	DATE & TIME	COST	ACTIVITY
PCC Fieldhouse, 14800 - 34th Ave N.				
2	Th	Sep 19-Oct 10 9:30am-10:15am	Res \$75 Non Res \$86	32206-01
3-4	Th	Sep 19-Oct 10 10:20am-11:05am	Res \$75 Non Res \$86	32206-02
4-5	Th	Sep 19-Oct 10 11:10am-11:55am	Res \$75 Non Res \$86	32206-03
2	Th	Oct 24-Nov 14 9:30am-10:15am	Res \$75 Non Res \$86	32206-05
3-4	Th	Oct 24-Nov 14 10:20am-11:05am	Res \$75 Non Res \$86	32206-06
4-5	Th	Oct 24-Nov 14 11:10am-11:55am	Res \$75 Non Res \$86	32206-07
2	Th	Nov 21-Dec 19 9:30am-10:15am	Res \$75 Non Res \$86	32206-08
3-4	Th	Nov 21-Dec 19 10:20am-11:05am	Res \$75 Non Res \$86	32206-09
4-5	Th	Nov 21-Dec 19 11:10am-11:55am	Res \$75 Non Res \$86	32206-10

SPORTS - TBALL/COACH PITCH

FALL TBALL

Elm Creek Playfield, 4905 Peony Lane

Baseball is not over just because it's fall. First two weeks of the program spent practicing fundamentals and skills, the last four weeks are scheduled games. If you want your child on the same team with a friend, you must both choose the same class number. Volunteer/parent coaches are needed for this program. To coach, sign up online at www.plymouthmn.gov/volunteercoaching. No refunds after August 26.

AGES	DAY	DATE & TIME	COST	ACTIVITY
4-5	Su	Sep 8-Oct 13 4:00pm-5:15pm	Res \$50 Non Res \$60	33245-01
4-5	Su	Sep 8-Oct 13 4:00pm-5:15pm	Res \$50 Non Res \$60	33245-02
4-5	Su	Sep 8-Oct 13 4:00pm-5:15pm	Res \$50 Non Res \$60	33245-03
4-5	Su	Sep 8-Oct 13 4:00pm-5:15pm	Res \$50 Non Res \$60	33245-04

REVSPORTS - T-BALL/COACH-PITCH

Elm Creek Playfield, 4905 Peony Lane

A great opportunity for your child to explore their new and developing motor skills. One parent/guardian expected to be present and ready to engage for classes for ages 2-3 and 3-5. Tees are used for ages 2-3 and 3-5. Coach-Pitch for ages 4-6 (Not a league). No program: 9/4.

AGES	DAY	DATE & TIME	COST	ACTIVITY
2-3	W	Sep 11-Oct 2 5:00pm-5:25pm	Res \$67 Non Res \$77	32205-01
3-5	W	Sep 11-Oct 2 5:30pm-6:10pm	Res \$67 Non Res \$77	32205-02
3-5	W	Sep 11-Oct 2 6:15pm-6:55pm	Res \$67 Non Res \$77	32205-03
4-6	W	Sep 11-Oct 2 7:00pm-7:40pm	Res \$67 Non Res \$77	32205-04
2-3	W	Oct 9-Oct 30 5:00pm-5:25pm	Res \$67 Non Res \$77	32205-05
3-5	W	Oct 9-Oct 30 5:30pm-6:10pm	Res \$67 Non Res \$77	32205-06
3-5	W	Oct 9-Oct 30 6:15pm-6:55pm	Res \$67 Non Res \$77	32205-07
4-6	W	Oct 9-Oct 30 7:00pm-7:40pm	Res \$67 Non Res \$77	32205-08

VOLLEYBALL

VOLLEYBALL - REVSPORTS

PCC-Active Wing, 14800 34th Avenue N

RevSports Volleyball players learn and practice the fundamentals of volleyball through individual player development. Each day will focus on a topic building on the previous topics including: passing, setting, serving, and hitting. All equipment is provided. Softer and lighter-weight balls are used. A smaller net and court may be used to assist in skill development. Participants should wear tennis shoes in the gym. Parent is expected to be present and ready to engage with child. This is not a league.

AGES	DAY	DATE & TIME	COST	ACTIVITY
4-6	Tu	Sep 10-Oct 1 5:30pm-6:10pm	Res \$67 Non Res \$77	32212-01
5-7	Tu	Sep 10-Oct 1 6:15pm-6:55pm	Res \$67 Non Res \$77	32212-02
4-6	Tu	Oct 8-Oct 29 5:30pm-6:10pm	Res \$67 Non Res \$77	32212-04
5-7	Tu	Oct 8-Oct 29 6:15pm-6:55pm	Res \$67 Non Res \$77	32212-05
4-6	Tu	Nov 5-Nov 26 5:30pm-6:10pm	Res \$67 Non Res \$77	32212-07
5-7	Tu	Nov 5-Nov 26 6:15pm-6:55pm	Res \$67 Non Res \$77	32212-08



ARTS - ABRAKADOODLE

ABRAKADOODLE - ULTIMATE ART STUDIO CLUB PCC-Education Wing, 14800 34th Avenue N

Grab your arsenal of art tools and unlock the magical wonders of artistic brilliance. Sketch, snip, sculpt, and splash your way to creative glory with a mix of mediums like watercolors and oil pastels. From cute critters to quirky faces, festive projects, and even a nod to the art legends. Clear some space to showcase your dazzling masterpieces!

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-11	M	Sep 9-Sep 30 6:30pm-7:30pm	Res \$85 Non Res \$95	33125-01

ABRAKADOODLE - DRAW AND DOODLE EXTRAVAGANZA PCC-Education Wing, 14800 34th Avenue N

Let your imagination run wild as you doodle funny faces, trace mesmerizing patterns, and create adorable animal pals. Join the fun to not only unleash your artistic side but also boost your brainpower with opposites, counting challenges, and engaging matching games. Ideal for young artists looking to explore their creativity and fall head over heels for art. Bring a nut-free snack and water bottle.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-11	Sa	Sep 28 9:00am-12:00pm	Res \$65 Non Res \$70	33136-01

ABRAKADOODLE - SHINE AND SPARKLE PCC-Education Wing, 14800 34th Avenue N

If you're all about that glittery, sparkly life, buckle up for a dazzling adventure in this program! Get ready to unleash your inner artist as we dive into a world of drawing, painting, and sculpting absolute masterpieces that shine and sparkle. Let's sprinkle some sequins and gems to turn your creations into pure awesomeness! Bring a nut-free snack and water bottle.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-11	Sa	Oct 12 1:00pm-4:00pm	Res \$65 Non Res \$70	33126-01

ABRAKADOODLE - ART SAMPLER PCC-Education Wing, 14800 34th Avenue N

Explore your artistic side as you have fun using different materials like watercolors, pastels, clay canvas, and more! Join this award-winning program and learn tricks that make art magic. Bring a nut-free snack and water bottle.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-11	F	Oct 18 1:00pm-4:00pm	Res \$65 Non Res \$70	33155-01

ABRAKADOODLE - ULTIMATE HOLIDAY GIFT MAKING PCC-Education Wing, 14800 34th Avenue N

New projects! Get a jump start on holiday gift making creating the perfect gifts for relatives or friends. Fun to make and nice to give projects! Each child will bring home four beautifully hand-made and gift-wrapped presents, just in time for the Holidays!

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-11	Tu	Nov 5-Nov 26 6:30pm-7:30pm	Res \$85 Non Res \$95	33127-01

ABRAKADOODLE - ARTASTIC FUN DAY PCC-Education Wing, 14800 34th Avenue N

Unleash your creative genius and dive into a world of colors, textures, and shapes with watercolors, pastels, clay, and beyond! Get ready to be wowed as you turn your drawings and clay creations into pure magic! Bring a nut-free snack and water bottle.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-11	Th	Jan 2 9:00am-12:00pm	Res \$65 Non Res \$70	33156-01

AFTERSCHOOL ART

AFTERSCHOOL ART PROGRAM: DOODLE AND PAINT PCC-Education Wing, 14800 34th Avenue N

Unleash your imagination as we combine the joy of doodling with the vibrant world of painting. From intricate patterns to whimsical designs, explore the endless possibilities of self-expression. Instr: Anwesha Guha.

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-12	W	Sep 4-Oct 9 2:45pm-4:45pm	Res \$94 Non Res \$104	33104-01

AFTERSCHOOL ART: DYNAMIC DRAWING PCC-Education Wing, 14800 34th Avenue N

Each week we'll explore drawing techniques including: basic shapes and forms, perspective drawing, character design, and drawing with nature. Instr: Anwesha Guha.

AGES	DAY	DATE & TIME	COST	ACTIVITY
	Th	Oct 3-Oct 31 2:45pm-4:45pm	Res \$94 Non Res \$104	33106-01

AFTERSCHOOL ART: PASTEL PAINTING PCC-Education Wing, 14800 34th Avenue N

Paint learning all the fun techniques using pastels including: oil pastels, painting landscapes, abstract art, and pastel portraits. Instr: Anwesha Guha.

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-12	M	Nov 4-Dec 9 2:45pm-4:45pm	Res \$94 Non Res \$104	33109-01

ARTS - ARTISTIC MOMENTS

ARTISTIC MOMENTS - HALLOWEEN CANDY ART PCC-Education Wing, 14800 34th Avenue N

Do you have a 'Sweet Tooth'? In this edible art class, you will have an opportunity to use a variety of supplies to create your delicious works of art! Learn how to pour candy coating into festive Halloween molds. Have fun dipping, swirling, and sculpting tasty treats. You can even add colorful candy sprinkles for a final touch.

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-10	M	Oct 14 5:00pm-7:00pm	Res \$40 Non Res \$46	33122-01

ARTISTIC MOMENTS - THANKSGIVING FONDANT COOKIE ART PCC-Education Wing, 14800 34th Avenue N

Fondant is a pliable and edible icing used to create festive designs on cookies. Learn how to color, roll, cut, and sculpt colorful fondant into a wide variety of shapes and sizes.

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-10	M	Nov 11 5:00pm-7:00pm	Res \$40 Non Res \$46	33123-01

ARTISTIC MOMENTS - HOLIDAY WOOD PAINTING ORNAMENTS PCC-Education Wing, 14800 34th Avenue N

Are you looking for a fun and creative activity? Learn how to paint ornate and decorative designs on a festive wooden ornament! Design your own unique and individual pattern or use the templates provided in class. You will use acrylic paints and detail paintbrushes to create a beautiful work of art.

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-10	M	Dec 9 5:00pm-7:00pm	Res \$40 Non Res \$46	33124-01

KIDSCIENTIFIC

FOAM, SLIME & POTIONS WITH KIDSCIENTIFIC PCC-Education Wing, 14800 34th Avenue N

Our hands-on camp will immerse your child into the enchanting realm of foam, slime, and potions, as we unravel the secrets of science. Prepare to concoct elixirs that magically change color, create bouncy balls, and whip up some homemade PopRocks! Each experiment combines the perfect blend of creativity and scientific exploration.

AGES	DAY	DATE & TIME	COST	ACTIVITY
4-9	Th	Sep 5-Sep 26 6:30pm-7:30pm	Res \$90 Non Res \$98	33100-01

KIDCREATE STUDIO

KIDCREATE STUDIO - HOLIDAY ORNAMENT MAKING PARTY PCC-Education Wing, 14800 34th Avenue N

Join us for an ornament making party. We will set up 4 stations, each with a different ornament project. Your child will create an adorable snowman, an ornament inspired by that famous reindeer with the red nose, and so much more! Please pack a nut-free snack and drink for your child.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-12	Sa	Dec 7 1:00pm-4:00pm	Res \$60 Non Res \$68	33107-01

see more KidCreate programs
on next page

KIDCREATE STUDIO - TIE DYE & SLIME PCC-Education Wing, 14800 34th Avenue N

In this dynamic camp, kids embark on a colorful journey as they master the art of tie-dyeing. The excitement continues as they delve into the world of slime, concocting their own oozy, stretchy, and mesmerizing concoctions. From tie-dyed shirts to custom slime creations, this camp is a hands-on adventure that encourages self-expression and messy fun. Each child needs to bring a white cotton t-shirt. Please pack a nut-free snack and drink each day.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-12	Th,F	Oct 17-Oct 18 9:00am-12:00pm	Res \$125 Non Res \$137	33102-01

KIDCREATE STUDIO - UNDER THE SEA SNOW GLOBE PCC-Education Wing, 14800 34th Avenue N

Step into an underwater wonderland and let their imaginations swim wild. Using a variety of materials, we'll design and assemble our own snow globes filled with colorful sea creatures, bubbling bubbles, and shimmering glitter. Please pack a nut-free snack and drink for your child.

AGES	DAY	DATE & TIME	COST	ACTIVITY
4-9	Sa	Nov 16 1:00pm-4:00pm	Res \$60 Non Res \$68	33103-01

KIDCREATE STUDIO - "GINGERBREAD" HOUSE DECORATING PARTY PCC-Education Wing, 14800 34th Avenue N

Get ready to unleash your inner artist and satisfy your sweet tooth all at once! You'll have the chance to construct and decorate your very own gingerbread house. With an array of delectable treats and decorations to choose from, you'll be able to customize your masterpiece to your heart's content. Please pack a nut-free snack and drink for your child.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-12	Sa	Dec 14 1:00pm-4:00pm	Res \$60 Non Res \$68	33108-01

ARTS - KIDCREATE STUDIO

KIDCREATE STUDIO - CREATE AND SNIFF CAMP

PCC-Education Wing, 14800 34th Avenue N

Experience the magical world of Create-N-Sniff, where art comes alive with the power of scent! Whether it's sculpting a tempting birthday cake or painting an ocean scene that fills the air with a refreshing breeze, this art camp offers a sensory delight like no other. Come create vibrant masterpieces that engage your senses. Please pack a nut-free snack and drink for your child each day.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-12	M,Tu	Dec 30-Dec 31 9:00am-12:00pm	Res \$125 Non Res \$137	33120-01

KIDCREATE STUDIO - GHOSTLY SLIME TIME

PCC-Education Wing, 14800 34th Avenue N

Create your very own Halloween slime, then dress up a spooky jar to keep it in. Monsters, bats, ghosts, pumpkins, and more - what creepy creature will you make? The artists are invited to wear their costumes to class for extra Halloween fun. Please pack a nut-free snack and drink for your child.

AGES	DAY	DATE & TIME	COST	ACTIVITY
4-9	Sa	Oct 26 9:00am-12:00pm	Res \$60 Non Res \$68	33105-01

KIDCREATE STUDIO - ANIME & MANGA CARD QUEST

PCC-Education Wing, 14800 34th Avenue N

This is the ultimate trading card-inspired art class! Design fantastical creatures and mythical characters while exploring sketching, painting, and sculpting. Dive into a vibrant world of artistic expression and card collecting. Make and play with slime, experience epic battles, and unleash your creativity in a supportive environment with skilled instructors and fellow trading card enthusiasts. Perfect for bringing your imaginative creatures to life! Feel free to bring your trading cards to class! This event is not affiliated with or endorsed by The Pokémon Company.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-12	W	Oct 2-Oct 23 6:30pm-7:30pm	Res \$90 Non Res \$98	33101-01



ARTS - DANCE

BALLET & TAP (AGES 7-8)

PCC-Active Wing, 14800 34th Avenue N

This class will explore ballet concepts, movement qualities, creativity, and performance. Pink ballet shoes, black tap shoes and leotards/tights or active wear are needed. Instr: City of Plymouth Dance Staff.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-8	Tu	Sep 10-Dec 10 6:05pm-7:00pm	Res \$180 Non Res \$194	33133-01

BALLET & TAP (AGES 5-6)

PCC-Active Wing, 14800 34th Avenue N

This class will focus on ballet and tap technique, alignment, and steps at the appropriate level for each class. Students will use these skills to perform fun and challenging ballet and tap sequences expanded each week. Pink ballet shoes, black tap shoes and leotards/tights or active wear are needed. Instr: City of Plymouth Dance Staff. No program: 10/19, 11/30.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-6	M	Sep 9-Dec 9 5:50pm-6:35pm	Res \$180 Non Res \$194	33132-01
5-6	Sa	Sep 7-Dec 14 9:35am-10:20am	Res \$168 Non Res \$181	33132-02

ARTS - DANCE

BALLET & TAP (AGES 9-12)

PCC-Active Wing, 14800 34th Avenue N

This class will focus on ballet and tap technique, alignment, and steps at the appropriate level for each class. Students will use these skills to perform fun and challenging ballet and tap sequences expanded each week. Pink ballet shoes, black tap shoes and leotards/tights or active wear are needed. Instr: City of Plymouth Dance Staff. 12 year olds with at least three years of dance experience can register for 12-18 ballet and tap.

AGES	DAY	DATE & TIME	COST	ACTIVITY
9-12	M	Sep 9-Dec 9 6:40pm-8:00pm	Res \$180 Non Res \$194	33134-01

BEGINNER HIP HOP DANCE (AGES 10-15)

PCC-Active Wing, 14800 34th Avenue N

Have you always wanted to learn hip hop dance or want to build on a self-taught foundation? This class is for you! This class will focus on hip hop fundamentals, rhythm, and building character! No dance experience required. Instr: City of Plymouth Dance Staff.

AGES	DAY	DATE & TIME	COST	ACTIVITY
10-15	W	Sep 11-Dec 11 6:45pm-7:30pm	Res \$180 Non Res \$194	33169-01

CONTEMPORARY MODERN DANCE (AGES 8-11)

PCC-Active Wing, 14800 34th Avenue N

Students will learn contemporary modern dance technique and choreography, with a focus on creative expression—including making their own choreography. This is a great class for students looking to expand their dance vocabulary or those looking to express themselves through movement. Dancers will dance barefoot. Instr: City of Plymouth Dance Staff.

AGES	DAY	DATE & TIME	COST	ACTIVITY
8-11	Tu	Sep 10-Dec 10 7:00pm-7:45pm	Res \$180 Non Res \$194	33135-01

CREATIVE MODERN (AGES 5-7)

PCC-Active Wing, 14800 34th Avenue N

Participants will create their own choreography, explore modern dance technique, and play interactive creative movement games. Leotard/Tights and/or activewear required. Students will dance barefoot. Instr: City of Plymouth Dance Staff. No program: 10/17, 10/31, 11/28.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-7	Th	Sep 12-Dec 12 5:35pm-6:15pm	Res \$143 Non Res \$154	33137-01

INTRODUCTION TO HIP HOP DANCE (AGES 6-9)

PCC-Active Wing, 14800 34th Avenue N

This short introductory class is perfect for any kid who loves to move and wants to try out Hip Hop dance. This class will focus on hip hop fundamentals, rhythm, and building character! No dance experience required. Instr: City of Plymouth Dance Staff.

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-9	W	Sep 11-Dec 11 6:00pm-6:40pm	Res \$180 Non Res \$194	33168-01

JAZZ & HIP HOP (AGES 5-7)

PCC-Active Wing, 14800 34th Avenue N

This high-energy class will focus on Jazz and Hip Hop styles and technique. Students will experiment with rhythm, energy, and musicality while they learn fast-paced choreography and practice big movements and performance qualities. Instr: City of Plymouth Dance Staff. No program: 10/19, 11/30.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-7	Sa	Sep 7-Dec 14 12:05pm-12:45pm	Res \$168 Non Res \$181	33128-01

JAZZ & HIP HOP (AGES 8-11)

PCC-Active Wing, 14800 34th Avenue N

This high-energy class will focus on Jazz and Hip Hop styles and technique. Students will experiment with rhythm, energy, and musicality while they learn fast-paced choreography and practice big movements and performance qualities. 12 year olds with three years of dance experience can register for 12-18 Jazz and Hip Hop. Instr: City of Plymouth Dance Staff. No program: 10/19, 11/30.

AGES	DAY	DATE & TIME	COST	ACTIVITY
8-11	Sa	Sep 7-Dec 14 10:25am-12:00pm	Res \$168 Non Res \$181	33121-01

MUSICAL THEATER JAZZ (AGES 5-7)

PCC-Active Wing, 14800 34th Avenue N

This class will introduce musical-style jazz dance at a beginner level. Dancers will learn upbeat and fun, Broadway-inspired choreography, while focusing on expression and jazz dance technique. Instr: City of Plymouth Dance Staff.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-7	M	Sep 9-Dec 9 6:40pm-7:15pm	Res \$180 Non Res \$194	33167-01

MUSICAL THEATER JAZZ (AGES 8-11)

PCC-Active Wing, 14800 34th Avenue N

This class will introduce musical-style jazz dance at a beginner level. Dancers will learn upbeat and fun, Broadway-inspired choreography, while focusing on expression and jazz dance technique. This class is perfect for actors who want to improve their dancing skills or dancers who want to improve their acting skills! Instr: City of Plymouth Dance Staff. No program: 10/17, 10/31, 11/28.

AGES	DAY	DATE & TIME	COST	ACTIVITY
8-11	Th	Sep 12-Dec 12 6:15pm-7:00pm	Res \$143 Non Res \$154	33154-01



ARTS - MUSIC

BACH TO ROCK - DJ CAMP

Bach to Rock, 4345 Nathan Ln N

This camp is great for any and all kids who love or are fascinated by music production and technology. Students get hands-on experience while learning fundamentals of mixing songs, scratching turn-tables, and DJ music theory/composition. Learning from world class DJ instructors, students work on individual state-of-the-art DJ workstations and will perform/record a DJ remix at the end of the program. No previous experience required!

AGES	DAY	DATE & TIME	COST	ACTIVITY
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2 DAY CAMP

10-17	Th,F	Dec 26-Dec 27 12:30pm-4:00pm	Res \$112 Non Res \$123	33139-01
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FULL WEEK CAMP

10-17	M-F	Dec 30-Jan 3 12:30pm-4:00pm	Res \$279 Non Res \$306	33159-01
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BACH TO ROCK - DJ MIXING

Bach to Rock, 4345 Nathan Ln N

This class offers students hands-on experience while learning the fundamentals of mixing songs, scratching sounds, and DJ music theory. No DJ Experience required.

AGES	DAY	DATE & TIME	COST	ACTIVITY
10-16	Sa	Sep 14-Oct 12 2:00pm-3:00pm	Res \$270 Non Res \$287	33138-01
10-16	Sa	Oct 19-Nov 16 1:00pm-2:00pm	Res \$270 Non Res \$287	33138-02

BACH TO ROCK - DRUMS 101

Bach to Rock, 4345 Nathan Ln N

Learning drums in a group setting, ending the series with a performance.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-14	Th	Sep 12-Oct 17 4:30pm-5:30pm	Res \$212 Non Res \$233	33151-02
7-14	M	Oct 14-Nov 18 2:00pm-3:00pm	Res \$212 Non Res \$233	33151-03
7-14	Th	Oct 17-Nov 21 12:00pm-1:00pm	Res \$212 Non Res \$233	33151-04

BACH TO ROCK - FUN WITH MUSIC

Bach to Rock, 4345 Nathan Ln N

We'll focus on core instruments each week (Guitar, Drums, Vocals, Ukulele, Keys) learning basics and roles of what makes up a band. Perfect for those who aren't ready to commit to a specific instrument yet or play in a school band/orchestra and are interested in modern music.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-14	W	Sep 11-Oct 16 3:30pm-4:30pm	Res \$212 Non Res \$233	33131-01
7-14	W	Oct 16-Nov 20 2:00pm-3:00pm	Res \$212 Non Res \$233	33131-02

BACH TO ROCK - GLEE CLUB CAMP

Bach to Rock, 4345 Nathan Ln N

This choral ensemble offers a dynamic atmosphere for students to unlock their inner star! We'll explore fun vocal exercises, singing in harmony, and cool choreography while performing arrangements of popular songs. This group learning experience emphasizes reading music, intonation, listening skills, rhythm, and healthy vocal technique.

AGES	DAY	DATE & TIME	COST	ACTIVITY
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2 DAY CAMP

7-14	Th,F	Dec 26-Dec 27 9:00am-12:30pm	Res \$112 Non Res \$123	33147-01
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FULL WEEK CAMP

7-14	M-F	Dec 30-Jan 3 9:00am-12:30pm	Res \$279 Non Res \$306	33158-01
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ARTS - MUSIC

BACH TO ROCK - GUITAR 101

Bach to Rock, 4345 Nathan Ln N

Learning guitar in a group setting, ending the series with a performance.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-14	M	Sep 9-Oct 14 6:00pm-7:00pm	Res \$212 Non Res \$233	33150-01
7-14	Sa	Sep 14-Oct 12 4:00pm-5:00pm	Res \$212 Non Res \$233	33150-02
7-14	Tu	Oct 15-Nov 19 4:00pm-5:00pm	Res \$212 Non Res \$233	33150-03
7-14	Su	Oct 20-Nov 17 12:00pm-1:00pm	Res \$212 Non Res \$233	33150-04

BACH TO ROCK - KIDS N KEYS

Bach to Rock, 4345 Nathan Ln N

This class introduces kids to the fundamentals of music and piano playing in a fun group setting.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-7	M	Sep 9-Oct 14 4:00pm-5:00pm	Res \$231 Non Res \$254	33148-01
5-7	Sa	Sep 14-Oct 12 10:30am-11:30am	Res \$231 Non Res \$254	33148-02
5-7	M	Oct 14-Nov 18 5:00pm-5:45pm	Res \$231 Non Res \$254	33148-03

BACH TO ROCK - MUSIC PRODUCTION 101

Bach to Rock, 4345 Nathan Ln N

Learn about music production in a group setting, ending the series with a performance.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-14	Tu	Sep 10-Oct 15 2:00pm-3:00pm	Res \$212 Non Res \$233	33153-01
7-14	W	Sep 11-Oct 16 6:00pm-7:00pm	Res \$212 Non Res \$233	33153-02
7-14	Tu	Oct 15-Nov 19 3:00pm-4:00pm	Res \$212 Non Res \$233	33153-03

BACH TO ROCK - ROCK BAND

Bach to Rock, 4345 Nathan Ln N

Bach to Rock provides a group class designed for students for all levels enabling them to be playing full songs by the end of the series. Classes culminate in a virtual/public performance and CD recording.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-12	W	Sep 11-Oct 16 4:30pm-5:30pm	Res \$246 Non Res \$270	33130-01
7-12	Th	Sep 12-Oct 17 5:00pm-6:00pm	Res \$246 Non Res \$270	33130-02
7-12	Tu	Oct 14-Nov 18 4:30pm-5:30pm	Res \$246 Non Res \$270	33130-03
7-12	W	Oct 16-Nov 20 6:30pm-7:30pm	Res \$246 Non Res \$270	33130-04

BACH TO ROCK - ROCK BAND CAMP

Bach to Rock, 4345 Nathan Ln N

Our professional band coaches work closely with students and direct and train the bands. Students are placed in compatible bands by their age and ability. Bands make up 4-6 players and vocalist.

AGES	DAY	DATE & TIME	COST	ACTIVITY
2 DAY CAMP				
7-14	Th,F	Dec 26-Dec 27 9:00am-12:30pm	Res \$152 Non Res \$167	33141-01

FULL WEEK CAMP

7-14	M-F	Dec 30-Jan 3 9:00am-12:30pm	Res \$379 Non Res \$400	33157-01
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BACH TO ROCK - SONGWRITING 101

Bach to Rock, 4345 Nathan Ln N

Learn about songwriting in a group setting, ending the series with performance.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-14	Th	Sep 12-Oct 17 4:00pm-5:00pm	Res \$212 Non Res \$233	33152-02
7-14	W	Oct 16-Nov 20 3:00pm-4:00pm	Res \$212 Non Res \$233	33152-03
7-14	Th	Oct 17-Nov 21 2:30pm-3:30pm	Res \$212 Non Res \$233	33152-04

see more Bach to Rock programs
on next page

ARTS - MUSIC

BACH TO ROCK - UKULELE 101

Bach to Rock, 4345 Nathan Ln N

Learning ukulele in a group setting, ending the series with a performance.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-14	W	Sep 11-Oct 16 5:00pm-6:00pm	Res \$212 Non Res \$233	33149-01
7-14	Sa	Sep 14-Oct 12 3:00pm-4:00pm	Res \$212 Non Res \$233	33149-02
7-14	Th	Oct 17-Nov 21 1:30pm-2:30pm	Res \$212 Non Res \$233	33149-03
7-14	Sa	Oct 19-Nov 16 12:30pm-1:30pm	Res \$212 Non Res \$233	33149-04

BACH TO ROCK- GLEE CLUB

Bach to Rock, 4345 Nathan Ln N

The B2R Glee Club provides a group learning experience that emphasizes reading music, intonation, listening skills, rhythm, and healthy vocal technique. The club will also get to show off its talent at an exclusive live or virtual performance.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-14	Tu	Sep 10-Oct 15 6:00pm-7:00pm	Res \$224 Non Res \$246	33129-01
7-14	Th	Sep 12-Oct 17 5:30pm-6:30pm	Res \$224 Non Res \$246	33129-02
7-14	M	Oct 14-Nov 18 6:00pm-7:00pm	Res \$224 Non Res \$246	33129-03
7-14	Th	Oct 17-Nov 21 5:30pm-6:30pm	Res \$224 Non Res \$246	33129-04

SCHOOL OF ROCK - CELEBRATING TAYLOR SWIFT

School of Rock, 312 Clydesdale Trail

What's more fun than being in a band? NOTHING! In this month-long group band class, students will learn to play a song from Grammy-winning singer/songwriter Taylor Swift! And they won't just learn on one instrument...they'll learn them all - guitar, bass, keyboards, drums and vocals. Students will be exposed to essential fundamentals like music theory, pitch and rhythm, with a focus on teamwork and collaboration. The class combines fun with practical learning, and celebrates one of music's biggest superstars.

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-7	Sa	Sep 7-Sep 28 1:15pm-2:15pm	Res \$162 Non Res \$178	33164-01
6-7	Sa	Oct 5-Oct 26 1:15pm-2:15pm	Res \$162 Non Res \$178	33164-02
6-7	Sa	Nov 2-Nov 30 1:15pm-2:15pm	Res \$162 Non Res \$178	33164-03
6-7	Sa	Dec 7-Dec 28 1:15pm-2:15pm	Res \$162 Non Res \$178	33164-04



POTTERY

WHEEL POTTERY

PCC-Education Wing, 14800 34th Avenue N

Learn the basics of wheel sculpting with ceramic clay. Will cover throwing and glazing techniques. Make projects to take home at the end of the session. No experience necessary. All supplies included in the course fee. Instr: Adama Sow.

AGES	DAY	DATE & TIME	COST	ACTIVITY
8-15	W	Sep 4-Sep 25 4:30pm-6:30pm	Res \$130 Non Res \$143	33119-01
8-15	W	Oct 2-Oct 23 4:30pm-6:30pm	Res \$130 Non Res \$143	33119-02
8-15	W	Nov 6-Nov 20 4:30pm-6:30pm	Res \$130 Non Res \$143	33119-03

CANCELLATION POLICY

Requests for cancellations or transfers must be made at least one full week prior to the first class unless noted otherwise. See pg. 2.

ARTS - THEATER

THEATER WORKSHOP WITH DEBORAH SCHEE

These theatrical workshops will use games and activities to help students learn the basics of acting such as; using your voice on stage, building a character and stage positions. Using props, music and costume pieces, we'll present a final production for family and friends on the final day of class. Please wear closed-toe shoes and dress comfortably. Each one of our theater classes represents a "cast" of students. We rely on each and every cast member to be in class each day, so we can create our final performance. Thank you in advance for only registering your child if they can be with us every day. Instr: Deborah Schee.

PRE-K STORYTIME THEATER: WILLY WONKA

PCC-Event Wing, 14800 34th Avenue N

Golden tickets, Oompa Loompas, and chocolate! Our "little kids" version of the classic story will come to life with acting, singing, and dancing. Join us for scrumptious fun!

AGES	DAY	DATE & TIME	COST	ACTIVITY
4-5	Tu	Sep 10-Sep 24 9:30am-10:45am	Res \$74 Non Res \$82	33110-01

THEATER WORKSHOP - BEAUTY AND THE BEAST JUNIOR

PCC-Event Wing, 14800 34th Avenue N

Belle, Lumiere, Cogsworth, Mrs. Potts, Chip and, of course, the Beast will come to life on our black box stage. Join us for music, dancing and a little fairy tale magic. Come, be our guest!

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-8	Tu	Oct 8-Oct 22 4:30pm-6:00pm	Res \$94 Non Res \$103	33113-01

THEATER WORKSHOP - BROADWAY KIDS: NEWSIES

PCC-Event Wing, 14800 34th Avenue N

New York at the turn of the century was a hard place to grow up, especially for the orphans on the streets delivering the daily newspaper. But the "Newsies" stick together and their friendship keeps them strong when things go wrong. This singing, dancing, acting class features songs from the Broadway Musical Newsies.

AGES	DAY	DATE & TIME	COST	ACTIVITY
8-12	Tu	Sep 10-Sep 24 4:30pm-6:00pm	Res \$94 Non Res \$103	33111-01

THEATER WORKSHOP - JAMES AND THE GIANT PEACH

PCC-Event Wing, 14800 34th Avenue N

A grasshopper, lady bug, centipede, earth worm, and spider are the unlikely friends that help James escape the torment of his two horrible aunts. Their adventure together is gigantic, just like the peach they sail in! Come create some crazy characters. It's going to be BIG! Instr: Deborah Schee.

AGES	DAY	DATE & TIME	COST	ACTIVITY
8-12	W	Oct 9-Oct 23 4:30pm-6:00pm	Res \$94 Non Res \$103	33114-01



THEATER WORKSHOP - NARNIA JUNIOR: THROUGH THE WARDROBE

PCC-Event Wing, 14800 34th Avenue N

Peter, Susan, Edmond and Lucy step through the wardrobe into a fantastic world where animals talk, a lion is King and the White Witch will stop at nothing to keep them from becoming the rulers of Narnia.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-8	W	Sep 11-Sep 25 4:30pm-6:00pm	Res \$94 Non Res \$103	33112-01

EDUCATION - CREATE & LEARN

CREATE AND LEARN: CANVA FOR KIDS - DESIGN & VIDEO EDITING Online

Learn the basics of the AI art for photo editing and how to use the intuitive drag-and-drop tool in Canva to create your own designs. Must have a laptop or desktop device with Zoom, a Chrome browser, and high internet connectivity.

AGES	DAY	DATE & TIME	COST	ACTIVITY
9-13	W	Sep 11-Oct 2 6:00pm-6:55pm	Res \$77 Non Res \$77	33380-01

EDUCATION - CHESS

TWIN CITIES CHESS CLUB: EVENING CHESS CLUB - BEGINNER PCC-Education Wing, 14800 34th Avenue N

Want to amaze your friends and impress your opponents?
Want to increase your IQ while having fun playing Chess?
Learn from Twin Cities Chess Club instructors who have years of teaching experience. Compete for various prizes including trophies, medals, and chess sets! All chess levels are welcome. No program 10/17, 11/28.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-17	Th	Sep 19-Oct 31 5:55pm-6:40pm	Res \$89 Non Res \$99	33321-01
5-17	Th	Nov 7-Dec 19 5:55pm-6:40pm	Res \$89 Non Res \$99	33321-02
5-17	Th	Sep 19-Dec 19 5:55pm-6:40pm	Res \$160 Non Res \$176	33321-03

TWIN CITIES CHESS CLUB: EVENING CHESS CLUB-INTERMEDIATE/ADVANCED PCC-Education Wing, 14800 34th Avenue N

Want to amaze your friends and impress your opponents?
Want to increase your IQ while having fun playing Chess?
Learn from Twin Cities Chess Club instructors who have years of teaching experience. Compete for various prizes including trophies, medals, and chess sets! All chess levels are welcome. No program 10/17, 11/28.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-17	Th	Sep 19-Oct 31 6:45pm-7:55pm	Res \$96 Non Res \$106	33332-01
5-17	Th	Nov 7-Dec 19 6:45pm-7:55pm	Res \$96 Non Res \$106	33332-02
5-17	Th	Sep 19-Dec 19 6:45pm-7:55pm	Res \$175 Non Res \$193	33332-03

SCIENCE EXPLORERS

SCIENCE EXPLORERS: GREAT REACTIONS PCC-Education Wing, 14800 34th Avenue N

Discover the fascinating world of chemistry! Experiment with mixtures that are sloppy, slimy, foamy, and more while investigating the difference between chemical and physical reactions. Please dress for a mess.

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-12	M	Dec 30 9:30am-12:00pm	Res \$33 Non Res \$40	33308-01

SKYROCK FARM

SKYROCK FARM MEA BREAK HORSE CAMP Skyrock Farm, 2825 Willow Drive

Learn all about horses & ponies: how to groom and care for them, what they eat, common horse vocabulary, & basic horse anatomy. Take a mini riding lesson. Spend time outside on a guided nature hike of the entire farm. Hang out in the club house, play games, make new friends and much more! Bring a nut-free snack, bag lunch and a water. Instr: Hanna Nunn.

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-15	Th	Oct 17 9:00am-3:00pm	\$130	33324-01
6-15	F	Oct 18 9:00am-3:00pm	\$130	33324-02

SNAPOLOGY

SNAPOLOGY: MEA BREAK CAMP Snapology, 3580 Holly Lane N

At our Snapology STEAM school-break camps, we believe that learning should never be dull or monotonous. Instead, we strive to create an environment where children can explore, experiment, and discover the wonders of the world around them. *School Break Camps include both Snapology and Urban Air Experiences.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-14	W	Oct 16 9:00am-4:00pm	Res \$100 Non Res \$110	33357-01
7-14	Th	Oct 17 9:00am-4:00pm	Res \$100 Non Res \$110	33357-02
7-14	F	Oct 18 9:00am-4:00pm	Res \$100 Non Res \$110	33357-03

EDUCATION - SNAPOLOGY

SNAPOLOGY: PRE-HOLIDAY CAMP

Snapology, 3580 Holly Lane N

At our Snapology STEAM school-break camps, we believe that learning should never be dull or monotonous. Instead, we strive to create an environment where children can explore, experiment, and discover the wonders of the world around them. *School Break Camps include both Snapology and Urban Air Experiences.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-14	W	Nov 27 9:00am-4:00pm	Res \$100 Non Res \$110	33312-01

SNAPOLOGY: WINTER BREAK CAMP

Snapology, 3580 Holly Lane N

At our Snapology STEAM school-break camps, we believe that learning should never be dull or monotonous. Instead, we strive to create an environment where children can explore, experiment, and discover the wonders of the world around them. *School Break Camps include both Snapology and Urban Air Experiences

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-14	M	Dec 30 9:00am-4:00pm	Res \$100 Non Res \$110	33319-01
7-14	Tu	Dec 31 9:00am-4:00pm	Res \$100 Non Res \$110	33319-02

See Online for additional education programs offered by Center for Academic Excellence and STEM Builders.

SPECIAL OLYMPICS

SPECIAL OLYMPICS MN: YOUNG ATHLETES

PCC-Active Wing, 14800 34th Avenue N

An innovative sports play program that introduces children ages 2-7 years old with and without intellectual disabilities to the world of sports. Children are provided with games and activities that meet their individual skill and ability levels, while allowing them to play together in a fun and inclusive environment. Scholarships available. No program 10/20.

AGES	DAY	DATE & TIME	COST	ACTIVITY
2-7	Su	Sep 22-Nov 3 3:00pm-4:00pm	Res \$30 Non Res \$36	33901-01

TECH ACADEMY

TECH ACADEMY: VIDEO PRODUCTION - PODCASTING Online

Learn the ins and outs of producing your own podcast. Explore ideas, make a script map, and more. We will also go over refining your audio using Audacity. Edit your video, add transitions, insert a soundtrack. See online for tech requirements.

AGES	DAY	DATE & TIME	COST	ACTIVITY
9-14	Sa	Dec 7 9:00am-11:00am	Res \$40 Non Res \$40	33301-01

TECH ACADEMY: VIDEO PRODUCTION - YOUTUBE SHORTS, IG REELS & TIKTOK Online

Learn the art of producing video shorts for TikTok, YouTube Shorts, and Instagram Reels. Edit the video, add motion graphics, and special effects to your own video short, while practicing storytelling and film production techniques. See online for technical requirements.

AGES	DAY	DATE & TIME	COST	ACTIVITY
8-13	Sa	Nov 16-Nov 23 10:00am-12:00pm	Res \$80 Non Res \$80	33300-01

RC RACING CLINIC

PARTY CRASHERS RC: RC RACING CLINIC

PCC-Active Wing, 14800 34th Avenue N

Like RC Cars? Join us as we explore how they work and then try them out. Participants leave with better understanding and get time testing out their driving skills on a few different types of RC Cars. Participants can use RC Cars provided or their own on approval.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-13	F	Nov 15 6:00pm-7:00pm	Res \$25 Non Res \$30	33331-01

SAFETY

HOME ALONE WORKSHOP FOR KIDS

PCC-Education Wing, 14800 34th Avenue N

Safe@Home is ideal for students that have expressed interest in assuming the responsibility of staying home alone. Students who complete Safe@Home learn how to practice safe habits, prevent unsafe situations, and learn what to do when faced with dangers such as power failures or weather emergencies. Students are also introduced to the Safe Sitter® First Aid Chart and learn a system to help them assess and respond to injuries and illnesses.

AGES	DAY	DATE & TIME	COST	ACTIVITY
8-12	Sa	Sep 14 9:00am-10:30am	Res \$40 Non Res \$45	33502-01
8-12	Sa	Oct 12 9:00am-10:30am	Res \$40 Non Res \$45	33502-02
8-12	Sa	Nov 2 9:00am-10:30am	Res \$40 Non Res \$45	33502-03
8-12	Sa	Dec 14 9:00am-10:30am	Res \$40 Non Res \$45	33502-04

SPORTS - BASKETBALL

BASKETBALL - YOUTH LEAGUE

PCC-Active Wing, 14800 34th Avenue N

In-house recreational league in cooperation with Hopkins-Minnetonka Parks & Recreation. Teams will practice once a week starting mid-Nov and play games once a week on Saturdays between 9 am - 4 pm starting in early December. Practices will be in Plymouth, games will be at Hopkins West Jr. High (some games may be in Plymouth, based on the number of teams). Games Dec 7-Feb 8 (no games Dec 28 or Jan 4). Playoffs Feb 15 & 22. If you want to register with a friend, you must register for the same course #. 10 kids per team max. Course # indicates practice night and time.

This is parent/volunteer coached program. We look for 2 co-coaches per team. 50% credit at the end of the program for coaches. www.plymouthmn.gov/volunteercoaching

Registration Deadline: Oct 11. No refunds after Oct 25. No program: 11/28.

Ages 8-10 years (Grades 3 & 4)

Ages 10-12 years (Grades 5 & 6)

AGES	DAY	DATE & TIME	COST	ACTIVITY
grade 3-4	M	Nov 11-Feb 17 6:00pm-7:00pm	Res \$130 Non Res \$143	33274-01
grade 3-4	M	Nov 11-Feb 17 6:00pm-7:00pm	Res \$130 Non Res \$143	33274-02
grade 5-6	M	Nov 11-Feb 17 7:00pm-8:00pm	Res \$130 Non Res \$143	33274-03
grade 5-6	M	Nov 11-Feb 17 7:00pm-8:00pm	Res \$130 Non Res \$143	33274-04
grade 3-4	Th	Nov 14-Feb 20 6:00pm-7:00pm	Res \$130 Non Res \$143	33274-05
grade 3-4	Th	Nov 14-Feb 20 6:00pm-7:00pm	Res \$130 Non Res \$143	33274-06
grade 5-6	Th	Nov 14-Feb 20 7:00pm-8:00pm	Res \$130 Non Res \$143	33274-07
grade 5-6	Th	Nov 14-Feb 20 7:00pm-8:00pm	Res \$130 Non Res \$143	33274-08

SKYHAWKS BASKETBALL

PCC-Active Wing, 14800 34th Avenue N

Program designed for boys and girls regardless of ability. Kids are divided by age and skill level when appropriate. The camp helps players learn and practice the core skills and techniques used in the sport. Skills taught: shooting, passing, and dribbling. No program: 11/30.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-7	Sa	Oct 26-Nov 16 11:30am-12:30pm	Res \$89 Non Res \$102	33299-01
8-10	Sa	Oct 26-Nov 16 12:45pm-1:45pm	Res \$89 Non Res \$102	33299-02
4-6	Sa	Nov 23-Dec 21 9:00am-9:45am	Res \$89 Non Res \$102	33299-03
9-12	Sa	Nov 23-Dec 21 10:00am-11:00am	Res \$89 Non Res \$102	33299-04

SPORTS UNLIMITED BASKETBALL

PCC-Active Wing, 14800 34th Avenue N

This camp is designed to introduce the young athlete to the sport of basketball through skill development and small group games. Staff will focus on helping the children learn the rules of basketball while working on team play and sportsmanship. Skills taught: shooting, passing, dribbling, along with learning the strategies of offense and defense. Child will be divided by age/skill level. Wear tennis shoes and bring water bottle. No program: 11/27.

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-10	W	Sep 11-Oct 9 4:30pm-6:00pm	Res \$99 Non Res \$114	33216-01
6-10	W	Nov 6-Dec 11 4:30pm-6:00pm	Res \$99 Non Res \$114	33216-02

BASKETBALL - LYNCH CAMP

PCC-Active Wing, 14800 34th Avenue N

Led by Kevin Lynch, former NBA and University of MN player, who has over 20 years of experience conducting camps and clinics. Dribbling, shooting, and positions using station drills will be taught. Camp t-shirt included.

AGES	DAY	DATE & TIME	COST	ACTIVITY
8-12	Sa	Sep 28-Oct 19 1:00pm-3:00pm	Res \$90 Non Res \$104	33293-01

CROSS COUNTRY

CROSS-COUNTRY RUNNING CLUB - ALLSPORT

Bass Lake Playfield, 5450 Northwest Boulevard

A variety of activities, drills and games to develop cross country running fitness and stamina. Participants will complete warm up drills, stretch, have short races and play games during the 45 minute session with Coaches Ian Hall and Natalie Johnson.

AGES	DAY	DATE & TIME	COST	ACTIVITY
8-12	M	Sep 9-Oct 7 7:15pm-8:00pm	Res \$65 Non Res \$75	33285-01

SPORTS - COACH PITCH BASEBALL / TBALL

FALL COACH PITCH BASEBALL

Elm Creek Playfield, 4905 Peony Lane

Baseball is not over just because it's fall. First two weeks of the program are practice times working on fundamentals and skills. The last four weeks are scheduled games. To be on the same team as a friend, children must register for the same class number. Volunteer/parent coaches are needed for this program. Sign up online at www.plymouthmn.gov/volunteercoaching. No refunds after Aug 26.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5.5-7	Su	Sep 8-Oct 13 5:30pm-7:00pm	Res \$50 Non Res \$60	33248-01
5.5-7	Su	Sep 8-Oct 13 5:30pm-7:00pm	Res \$50 Non Res \$60	33248-02
5.5-7	Su	Sep 8-Oct 13 5:30pm-7:00pm	Res \$50 Non Res \$60	33248-03
5.5-7	Su	Sep 8-Oct 13 5:30pm-7:00pm	Res \$50 Non Res \$60	33248-04

SKYHAWKS - TBALL

Bass Lake Playfield, 5450 Northwest Boulevard

Uses a progressive curriculum to teach the fundamentals of fielding, catching, throwing, hitting and base running, all in a fun environment. Designed for beginner and intermediate players.

AGES	DAY	DATE & TIME	COST	ACTIVITY
4-6	Sa	Sep 21-Oct 12 11:15am-12:00pm	Res \$75 Non Res \$86	33296-01

FLAG FOOTBALL

REVSports FLAG FOOTBALL

Bass Lake Playfield, 5450 Northwest Boulevard

Programs are a great opportunity for your child to explore their new and developing motor skills. (not a league).

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-8	W	Sep 11-Oct 2 7:00pm-7:40pm	Res \$67 Non Res \$77	32208-04
7-8	W	Oct 9-Oct 30 7:00pm-7:40pm	Res \$67 Non Res \$77	32208-08

SKYHAWKS FLAG FOOTBALL CAMP

Bass Lake Playfield, 5450 Northwest Boulevard

Learn skills: passing, catching and de-flagging or defensive positioning - all in a positive environment. Camp ends with the Skyhawks Sports Bowl for athletes to showcase skills. Wear appropriate clothing and sunscreen; bring two snacks and a water bottle.

AGES	DAY	DATE & TIME	COST	ACTIVITY
4-6	Sa	Sep 21-Oct 12 9:00am-9:45am	Res \$75 Non Res \$86	33294-01
7-9	Sa	Sep 21-Oct 12 10:00am-11:00am	Res \$89 Non Res \$102	33294-02

SPORTS UNLIMITED AFTERSCHOOL

FLAG FOOTBALL INTRO

Locations vary

Programs are designed for girls and boys regardless of skill or ability. Kids are divided by age and skill when appropriate. Fundamental skill development and games. Fun and exercise will be emphasized. Equipment provided. Skills taught: passing, catching, kicking and throwing. Kids will be split into teams for games. Participants should bring water bottle.

AGES	DAY	DATE & TIME	COST	ACTIVITY
Bass Lake Playfield, 5450 Northwest Blvd				
5-9	Tu	Sep 10-Oct 8 4:30pm-6:00pm	Res \$99 Non Res \$114	33223-01
PCC Fieldhouse, 14800 - 34th Ave N.				
5-9	Tu	Nov 5-Dec 3 4:30pm-6:00pm	Res \$99 Non Res \$114	33223-02

see more flag football
on next page

SPORTS - FLAG FOOTBALL

FLAG FOOTBALL LEAGUE

Bass Lake Playfield, 5450 Northwest Boulevard

Recreational league, teams will practice on specified day Tuesday or Thursday evenings. Games are Sundays between 4-8 p.m. An occasional game may be scheduled on your practice night. Sunday games start Sept 15 and run through Oct 27 (no games MEA weekend). Teams practice at their home site. Games at Bass Lake or at field in neighboring community (New Hope/Crystal/Robbinsdale). Volunteer/parent coaches are needed for this program. Coaches meeting scheduled the week of TBD. Sign up online at <https://www.plymouthmn.gov/departments/parks-recreation-/recreation-activities/athletics/volunteer-coaching-894>. No refunds after Aug 16.



AGES	DAY	DATE & TIME	COST	ACTIVITY
5-6	Tu	Sep 3-Oct 22 6:00pm-7:00pm	Res \$102 Non Res \$112	33297-01
5-6	Tu	Sep 3-Oct 22 6:00pm-7:00pm	Res \$102 Non Res \$112	33297-02
5-6	Tu	Sep 3-Oct 22 6:00pm-7:00pm	Res \$102 Non Res \$112	33297-03
5-6	Tu	Sep 3-Oct 22 6:00pm-7:00pm	Res \$102 Non Res \$112	33297-04
7-8	Th	Sep 5-Oct 24 6:00pm-7:00pm	Res \$102 Non Res \$112	33297-05
7-8	Th	Sep 5-Oct 24 6:00pm-7:00pm	Res \$102 Non Res \$112	33297-06
7-8	Th	Sep 5-Oct 24 6:00pm-7:00pm	Res \$102 Non Res \$112	33297-07
7-8	Th	Sep 5-Oct 24 6:00pm-7:00pm	Res \$102 Non Res \$112	33297-08

AGES	DAY	DATE & TIME	COST	ACTIVITY
9-10	Th	Sep 5-Oct 24 7:00pm-8:00pm	Res \$102 Non Res \$112	33297-09
9-10	Th	Sep 5-Oct 24 7:00pm-8:00pm	Res \$102 Non Res \$112	33297-10
9-10	Th	Sep 5-Oct 24 6:00pm-7:00pm	Res \$102 Non Res \$112	33297-11
9-10	Th	Sep 5-Oct 24 6:00pm-7:00pm	Res \$102 Non Res \$112	33297-12
11-12	Tu	Sep 3-Oct 22 7:00pm-8:00pm	Res \$102 Non Res \$112	33297-13
11-12	Tu	Sep 3-Oct 22 7:00pm-8:00pm	Res \$102 Non Res \$112	33297-14

FENCING

FENCING

PCC-Active Wing, 14800 34th Avenue N

Intro to fundamentals with the foil weapon in a non-threatening environment. Emphasis on skill building, concentration, self-discipline and fun! Dress comfortably (wear long pants).

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-9	W	Oct 9-Nov 13 6:00pm-7:00pm	Res \$103 Non Res \$114	33214-01
10+	W	Oct 9-Nov 13 7:00pm-8:00pm	Res \$103 Non Res \$114	33214-02



WEATHER LINE

763-509-5205

call for updates on
class cancellations

SPORTS - GYMNASTICS

TUMBLING PRIVATE LESSONS

Wayzata High School, 4955 Peony Lane

Take time to get some one-on-one instruction from our staff. Private lessons are developed to meet the goals of each individual gymnast. No lines, no waiting just your gymnast and individualized attention! Lessons meet for 30 minutes.

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-14	Sa	Sep 7-Oct 26 12:15pm-12:45pm	Res \$210 Non Res \$196	36801-01
6-14	Sa	Sep 7-Oct 26 12:30pm-1:00pm	Res \$210 Non Res \$196	36801-02
6-14	Sa	Nov 2-Dec 14 12:45pm-1:15pm	Res \$210 Non Res \$196	36801-03

TUMBLING: ALL AGES BEGINNERS

Wayzata High School, 4955 Peony Lane

All ages are able to learn and develop skills. We will work on balance, agility, and positions for vault, beam, bars, and floor. No experience needed! Great class for siblings wanting to try something new together or for kids in the older range of entry level classes. Please Enter through the #30 door.

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-13	Sa	Nov 2-Dec 14 1:15pm-2:00pm	Res \$105 Non Res \$115	33254-01

TUMBLING: BEGINNER I

Wayzata High School, 4955 Peony Lane

Beginners (no experience required). Students will learn fundamental skills on floor, beam, bars, and vault. The emphasis is on building overall strength, increasing confidence, and developing a solid foundation of skills.

AGES	DAY	DATE & TIME	COST	ACTIVITY
4-10	Sa	Sep 7-Oct 26 9:30am-10:15am	Res \$105 Non Res \$115	33219-01
4-10	Sa	Sep 7-Oct 26 1:45pm-2:30pm	Res \$105 Non Res \$115	33219-02
4-10	Sa	Nov 2-Dec 14 9:30am-10:15am	Res \$105 Non Res \$115	33219-03
4-10	Sa	Nov 2-Dec 14 10:30am-11:15am	Res \$105 Non Res \$115	33219-04
4-10	Sa	Nov 2-Dec 14 2:15pm-3:00pm	Res \$105 Non Res \$115	33219-05

TUMBLING: BEGINNER 2

Wayzata High School, 4955 Peony Lane

Pre-req: pass Tumbleweeds I. Continued development of skill, focus on technique. Skills taught Floor: round off, handstand, front limbers, turns, leaps; Vaults: pop-up; Bars: back hip circle, dismounts; Beam: leaps, forward roll, dismounts. Students are consistently evaluated by their instructor for safety, strength, and skill readiness for the next level.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-13	Sa	Sep 7-Oct 26 9:30am-10:15am	Res \$105 Non Res \$115	33220-01
5-13	Sa	Sep 7-Oct 26 1:00pm-1:45pm	Res \$105 Non Res \$115	33220-02
5-13	Sa	Nov 1-Dec 14 9:30am-10:15am	Res \$105 Non Res \$115	33220-03
5-13	Sa	Nov 2-Dec 14 1:15pm-2:00pm	Res \$105 Non Res \$115	33220-04
5-13	Sa	Nov 2-Dec 14 3:15pm-4:00pm	Res \$105 Non Res \$115	33220-05

TUMBLING: INTERMEDIATE

Wayzata High School, 4955 Peony Lane

Pre-req: pass Beginners II. Advancing gymnastics skills for a more challenging class. Skills taught Floor: intermediate dance skills intro, round off rebound, front walkover; Vault: pop-up, handstand off; Bars: back hip circle, glides, squat-on; Beam: cartwheel, handstand, jumps. Students are consistently evaluated by their instructor for safety, strength, and skill readiness for the next level.

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-14	Sa	Sep 7-Oct 26 11:15am-12:15pm	Res \$126 Non Res \$141	33226-01
6-14	Sa	Sep 7-Oct 26 1:00pm-1:45pm	Res \$126 Non Res \$141	33226-02
6-14	Sa	Nov 2-Dec 14 11:15am-12:15pm	Res \$126 Non Res \$141	33226-03
6-14	Sa	Nov 2-Dec 14 3:00pm-4:00pm	Res \$126 Non Res \$141	33226-04

TUMBLING: ADVANCED

Wayzata High School, 4955 Peony Lane

Pre-req: pass Tumbling Intermediate. Advanced skills taught, include progressions from intermediate dance skills, back walkover; Vault: handspring; Bars: kips, long hang pullover; Beams: mounts, turns to Floor: handsprings, tucks, and complex dance skills; Vault: handspring; Bars: squat-ons, fly away; Beam: back walk-over, roundoff, handstand, aerial dismounts. This class is not designed for beginners and for safety requires mental and physical preparation for the complex progressions. If you are concerned about registering for the correct class, please contact bjohnson@plymouthmn.gov

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-14	Sa	Sep 7-Oct 26 11:15am-12:30pm	Res \$150 Non Res \$160	33222-01
7-14	Sa	Nov 2-Dec 14 11:15am-12:30pm	Res \$150 Non Res \$160	33222-02



SPORTS - LACROSSE

LACROSSE - SKYHAWKS

Bass Lake Playfield, 5450 Northwest Boulevard

Join us for an unforgettable Lacrosse Camp experience. The camp is designed for beginner and intermediate players who are eager to learn the fundamentals of this fast-paced and exciting sport. The Skyhawks staff will teach the basics such as cradling, shooting, passing, catching, and defending as well as instill confidence, staying active and having fun. Other areas to cover are: teamwork, sportsmanship, respect and leadership. No equipment needed - sticks provided. Non-contact program.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-9	W	Sep 18-Oct 9 5:00pm-6:00pm	Res \$89 Non Res \$102	33212-01
10-12	W	Sep 18-Oct 9 6:10pm-7:10pm	Res \$89 Non Res \$102	33212-02

MARTIAL ARTS

KID FU BEGINNER - YELLOW SASH

PCC-Active Wing, 14800 34th Avenue N

Learn proper techniques and traditional styles of Shaolin Kung Fu. Classes are fun and non-competitive. Build strength, flexibility, balance and confidence. Parents are welcome to register and participate with their child. Instr: National Martial Arts Assoc. No program: 10/31, 11/28, 12/26, 1/2.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5+	Th	Sep 12-Nov 7 5:30pm-6:30pm	Res \$85 Non Res \$97	33262-01
5+	Th	Nov 14-Jan 23 5:30pm-6:30pm	Res \$85 Non Res \$97	33262-02

KID FU INTERMEDIATE - ORANGE SASH & UP

PCC-Active Wing, 14800 34th Avenue N

Learn proper techniques and traditional styles of Shaolin Kung Fu. Classes are fun and non-competitive. Build strength, flexibility, balance and confidence. Parents are welcome to register and participate with their child. Instr: National Martial Arts Assoc. No program: 10/31, 11/28, 12/26, 1/2.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5+	Th	Sep 12-Nov 7 6:30pm-7:30pm	Res \$85 Non Res \$97	33263-01
5+	Th	Nov 14-Jan 23 6:30pm-7:30pm	Res \$85 Non Res \$97	33263-02

KID SMART - SELF-DEFENSE

Ultimate Martial Arts, 147 Hamel Road

A fun and exciting way to learn how to defend yourself. Learn how to react to a stranger and defend against an attacker. Learn escapes, kicks and basic strikes while playing fun games. Instr: Tom Malone.

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-12	Sa	Oct 26 1:00pm-2:15pm	Res \$49 Non Res \$59	33403-01

LIGHTSABER TAE KWON DO

Ultimate Martial Arts, 147 Hamel Road

Learn Martial Arts skills influenced by the epic movie series, Star Wars. Practice strikes, blocks and stances with swords. Create your own Lightsaber skills and learn choreography just like the movies all while exercising and having fun. Padded swords are provided. Students may bring their own Lightsaber to class. Taught by Grandmaster Thomas Malone who has over 35 years experience in the Martial Arts.

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-12	Sa	Nov 9 1:00pm-2:30pm	Res \$59 Non Res \$69	33264-01

SHOSHIN RYU JUJITSU YOUTH

Shoshin Ryu Martial Arts, 13605 27th Avenue N

Shoshin Ryu is a Japanese based system of Martial Arts. It is both bujutsu (a school emphasizing effective martial arts techniques) and budo (a school emphasizing personal character development). Shoshin changes to fit the challenges of the times, yet carries with it the essence of previous generations. Shoshin students will learn striking, throwing, forms, ground skills, and weaponry, combining to form a power arsenal of self defense tools; all the while perfecting one's character. Instr: Brian Combo.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-12	W	Sep 11-Oct 23 5:30pm-6:30pm	Res \$82 Non Res \$94	33261-02
7-12	W	Oct 30-Dec 11 5:30pm-6:30pm	Res \$82 Non Res \$94	33261-04

SPORTS - NINJA WARRIOR

REVSPORTS - NINJA WARRIORS

Bass Lake Playfield, 5450 Northwest Boulevard

Participants learn and practice the fundamentals of speed, agility, balance and coordination through obstacles. Class involves ground-based obstacle training, active games and individual challenges that vary by day. No program: 10/17, 10/31.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-8	Th	Sep 12-Oct 3 7:00pm-7:40pm	Res \$79 Non Res \$90	32401-04
5-8	Th	Oct 10-Nov 14 7:00pm-7:40pm	Res \$79 Non Res \$90	32401-08



PICKLEBALL

PICKLEBALL - SKYHAWKS

PCC-Active Wing, 14800 34th Avenue N

Designed for new and intermediate players. Skyhawks pickleball is a fun and skill-building entry into the fastest growing paddle sport in the country. Staff will teach core fundamentals and techniques across groundstrokes, volleys and serves in this life-long activity. Participants will come away with a love for the game, increased confidence and exposure to life skills such as teamwork, sportsmanship, and respect.

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-8	Sa	Oct 26-Nov 16 9:00am-10:00am	Res \$89 Non Res \$102	33211-01
9-12	Sa	Oct 26-Nov 16 10:15am-11:15am	Res \$89 Non Res \$102	33211-02

PICKLEBALL - YOUTH SESSION

PCC-Active Wing, 14800 34th Avenue N

Allsports Pickleball coaching will focus on the basic shots of the serve, volley, backhand and forehand, develop basic rallying, as well as footwork and hand eye coordination. With coaches Ian Hall and Natalie Johnson. No program: 10/18.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-8	F	Oct 4-Nov 8 5:00pm-5:45pm	Res \$65 Non Res \$75	33231-04
9-10	F	Oct 4-Nov 8 5:45pm-6:30pm	Res \$65 Non Res \$75	33231-05
11-13	F	Oct 4-Nov 8 6:30pm-7:15pm	Res \$65 Non Res \$75	33231-06

SOCCER

SPORTS UNLIMITED AFTERSCHOOL SOCCER INTRO

Locations vary

Programs are designed for girls and boys regardless of skill or ability. Kids are divided by age and skill when appropriate. Fundamental skill development and games. Fun and exercise will be emphasized. Equipment provided. Shin guards recommended. Participants should bring water bottle. Skills taught: shooting, passing, and dribbling. No program: 11/28.

AGES	DAY	DATE & TIME	COST	ACTIVITY
Bass Lake Playfield, 5450 Northwest Blvd				
5-9	Th	Sep 12-Oct 10 4:30pm-6:00pm	Res \$99 Non Res \$114	33225-01

PCC Fieldhouse, 14800 - 34th Ave N.

5-9	Th	Nov 7-Dec 12 4:30pm-6:00pm	Res \$99 Non Res \$114	33225-02
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SPORTS - TABLE TENNIS

TABLE TENNIS - LESSONS

PCC-Active Wing, 14800 34th Avenue N

Beginner, Intermediate/Advanced level table tennis for ages 6 and up. This program will be focusing on developing basic table tennis technique, learning how to play the game, developing strategy and having fun in the process. The training starts with stretches and a light warm-up, footwork exercises, then followed with table tennis training. Coach Yoku Metinova started her coaching career in Fergana Uzbekistan in 2008. While coaching in Uzbekistan, some of her students have been awarded in Regional and National tournaments. Yoku moved to the U.S. in 2015 and began coaching in Saint George, Utah until moving to Minnesota in 2018. Participants should bring their own paddle and water bottle. More information on Yoku can be found at coachyoku.com

AGES	DAY	DATE & TIME	COST	ACTIVITY
beginner 6+	Tu	Sep 10-Oct 8 5:30pm-7:00pm	Res \$145 Non Res \$159	33213-01
int/adv 6+	Tu	Sep 10-Oct 8 7:00pm-8:30pm	Res \$145 Non Res \$159	33213-02
beginner 6+	Tu	Oct 15-Nov 12 5:30pm-7:00pm	Res \$145 Non Res \$159	33213-03
int/adv 6+	Tu	Oct 15-Nov 12 7:00pm-8:30pm	Res \$145 Non Res \$159	33213-04
beg/int 6+	Tu	Nov 19-Dec 17 5:30pm-7:00pm	Res \$145 Non Res \$159	33213-05
adv 6+	Tu	Nov 19-Dec 17 7:00pm-8:30pm	Res \$145 Non Res \$159	33213-06

TENNIS

TENNIS FALL LESSONS

Locations vary

Our tennis program uses the United State Tennis Associations (USTA) teaching guidelines. Age 7 and older have 60 minute lessons. Rainouts are made up the corresponding day/time the week following the program. Bring your own racket. In case of inclement weather, call 763-509-5205 (no sooner than 30 minutes before your lesson). Bass Lake courts are off of Pineview Lane N & 54th Ave N (East side of playfield).

AGES	DAY	DATE & TIME	COST	ACTIVITY
Bass Lake Tennis Courts - Pineview Lane N. & 54th Ave N (East side of playfield)				
4-6	Su	Sep 8-Sep 29 4:00pm-4:45pm	Res \$50 Non Res \$60	33227-04
4-6	Su	Sep 8-Sep 29 5:00pm-5:45pm	Res \$50 Non Res \$60	33227-05
7-10	Su	Sep 8-Sep 29 6:00pm-7:00pm	Res \$50 Non Res \$60	33227-06
11+	Su	Sep 8-Sep 29 7:00pm-8:00pm	Res \$50 Non Res \$60	33227-07
Parkers Lake Playfield, 15500 Co Rd 6				
4-6	Tu,Th	Sep 10-Sep 26 5:00pm-5:45pm	Res \$69 Non Res \$79	33227-01
7-10	Tu,Th	Sep 10-Sep 26 6:00pm-7:00pm	Res \$69 Non Res \$79	33227-02
11+	Tu,Th	Sep 10-Sep 26 7:00pm-8:00pm	Res \$69 Non Res \$79	33227-03

TENNIS LESSONS

Armstrong High School, 10635 36th Avenue N

Provides beginner and intermediate players with fundamental skills: proper grip, footwork, strokes, serves and basic rules. Program is led by Dan Richards, Eden Prairie and Minnetonka tennis coach. Lessons held in high school gym.

AGES	DAY	DATE & TIME	COST	ACTIVITY
4-6	Su	Oct 27-Nov 17 11:30am-12:15pm	Res \$78 Non Res \$89	33215-01
4-6	Su	Oct 27-Nov 17 12:15pm-1:00pm	Res \$78 Non Res \$89	33215-02
7-8	Su	Oct 27-Nov 17 1:00pm-2:00pm	Res \$78 Non Res \$89	33215-03
7-8	Su	Oct 27-Nov 17 2:00pm-3:00pm	Res \$78 Non Res \$89	33215-04
8-10	Su	Oct 27-Nov 17 3:00pm-4:00pm	Res \$78 Non Res \$89	33215-05
8-10	Su	Oct 27-Nov 17 4:00pm-5:00pm	Res \$78 Non Res \$89	33215-06
10-14	Su	Oct 27-Nov 17 5:00pm-6:00pm	Res \$78 Non Res \$89	33215-07
4-6	W	Oct 23-Nov 13 6:15pm-7:00pm	Res \$78 Non Res \$89	33215-08
7-10	W	Oct 23-Nov 13 7:00pm-8:00pm	Res \$78 Non Res \$89	33215-09
11+	W	Oct 23-Nov 13 8:00pm-9:00pm	Res \$78 Non Res \$89	33215-10

CANCELLATION POLICY

Requests for cancellations or transfers must be made at least one full week prior to the first class unless noted otherwise. See pg. 2.

SPORTS - TRACK & FIELD

TRACK & FIELD - ALLSPORTS COACHING

Locations vary

Sportshall Athletics is a version of track and field that concentrates on the skills required to compete as a multisport athlete. Participants throw foam javelins, discus, shot put, and hammer. They also look at the fundamental jumping, sprinting, and hurdling technique that develop all around athleticism for general sport as well as track and field athletics. Ian Hall, from the UK was in charge of the development of Sportshall athletics in the Dover District of the UK during the London Olympics and currently works as a PE teacher in the metro area. No program: 11/27.

AGES	DAY	DATE & TIME	COST	ACTIVITY
Bass Lake Playfield, 5450 Northwest Blvd				
6-7	M	Sep 9-Oct 7 5:00pm-5:45pm	Res \$65 Non Res \$75	33272-01
8-9	M	Sep 9-Oct 7 5:45pm-6:30pm	Res \$65 Non Res \$75	33272-02
10-11	M	Sep 9-Oct 7 6:30pm-7:15pm	Res \$65 Non Res \$75	33272-03
PCC-Active Wing, 14800 - 34th Ave N.				
6-8	W	Nov 6-Dec 11 4:30pm-5:15pm	Res \$65 Non Res \$75	33272-04
9-11	W	Nov 6-Dec 11 5:15pm-6:00pm	Res \$65 Non Res \$75	33272-05

VOLLEYBALL

VOLLEYBALL - FUSION VOLLEYBALL

PCC-Active Wing, 14800 34th Avenue N

Fusion volleyball clinics combine skill development instruction along with game play. The first half of each block will focus on drills and instruction to help develop volleyball skills. The second half of each block, players will be split onto courts for various game play drills where they'll be able to practice their skills in a fun, game environment. Wear appropriate clothing and bring a water bottle. No program: 10/19, 11/30.

AGES	DAY	DATE & TIME	COST	ACTIVITY
8-10	Sa	Sep 7-Sep 28 10:00am-11:00am	Res \$89 Non Res \$102	33228-01
10-12	Sa	Sep 7-Sep 28 11:15am-12:15pm	Res \$89 Non Res \$102	33228-02
8-10	Sa	Oct 5-Nov 2 10:00am-11:00am	Res \$89 Non Res \$102	33228-03
10-12	Sa	Oct 5-Nov 2 11:15am-2:15pm	Res \$89 Non Res \$102	33228-04
8-10	Sa	Nov 16-Dec 14 10:00am-11:00am	Res \$89 Non Res \$102	33228-05
10-12	Sa	Nov 16-Dec 14 11:15am-2:15pm	Res \$89 Non Res \$102	33228-06

VOLLEYBALL - REVSPORTS

PCC-Active Wing, 14800 34th Avenue N

RevSports Volleyball players learn and practice the fundamentals of volleyball through individual player development. Each day will focus on a topic building on the previous topics including: passing, setting, serving, and hitting. All equipment is provided. Softer and lighter-weight balls are used. A smaller net and court may be used to assist in skill development. Participants should wear tennis shoes in the gym. Parent is expected to be present and ready to engage with child. This is not a league.

7-9	Tu	Sep 10-Oct 1 7:00pm-7:40pm	Res \$67 Non Res \$77	32212-03
7-9	Tu	Oct 8-Oct 29 7:00pm-7:40pm	Res \$67 Non Res \$77	32212-06
7-9	Tu	Nov 5-Nov 26 7:00pm-7:40pm	Res \$67 Non Res \$77	32212-09



WEATHER LINE

763-509-5205

call for updates on
class cancellations

ARTS - DANCE

BALLET & TAP (AGES 12-18)

PCC-Active Wing, 14800 34th Avenue N

This class will focus on ballet and tap technique, alignment, and steps at an advanced level. This class is for students with several years of dance experience who are looking to learn at a faster pace. Students will utilize technical skills that they learn to perform fun and challenging ballet and tap sequences that will be expanded upon each week. Pink ballet slippers, black tap shoes and leotards/tights of your color choice are needed. 12 year olds who are newer to dance should register for 9-12 ballet and tap. Instr: McKayla Murphy.

AGES	DAY	DATE & TIME	COST	ACTIVITY
12-18	M	Sep 9-Dec 9 7:20pm-9:00pm	Res \$180 Non Res \$194	34107-01

CONTEMPORARY MODERN (AGES 12-18)

PCC-Active Wing, 14800 34th Avenue N

This class will focus on creative movement and expression through dance. Students learn contemporary modern dance technique and choreography and expand understanding of improvisation and dance composition. This is a great class for students looking to expand their dance vocabulary. Students will dance barefoot. 12 year olds who are newer to dance should register for 9-12 modern. Instr: City of Plymouth Dance Staff. No program 10/17, 10/31, 11/28.

AGES	DAY	DATE & TIME	COST	ACTIVITY
12-18	Th	Sep 12-Dec 12 8:00pm-9:15pm	Res \$143 Non Res \$154	34109-01

JAZZ & HIP HOP (AGES 12-18)

PCC-Active Wing, 14800 34th Avenue N

This high-energy class will focus on Jazz and Hip Hop styles and technique. Students will experiment with rhythm, energy, and musicality while they learn fast-paced choreography and practice big movements and performance qualities. 12 year olds who are newer to dance should register for 9-12 Jazz and Hip Hop. Instr: City of Plymouth Dance Staff. No program: 10/19, 11/30.

AGES	DAY	DATE & TIME	COST	ACTIVITY
12-18	Sa	Sep 7-Dec 14 10:25am-12:00pm	Res \$168 Non Res \$181	34108-01

BEGINNER I ADULT HIP HOP DANCE (AGES 16+)

PCC-Active Wing, 14800 34th Avenue N

Get moving with hip hop dance! This high energy, 8-week class will focus on hip hop fundamentals, grooves, and having fun! This class will be taught at an absolute beginner level - no dance experience necessary. Instr: City of Plymouth Dance Staff.

AGES	DAY	DATE & TIME	COST	ACTIVITY
16+	W	Sep 11-Oct 30 7:35pm-8:30pm	Res \$85 Non Res \$95	34130-01

BEGINNER II ADULT HIP HOP DANCE (16+)

PCC-Active Wing, 14800 34th Avenue N

This 6-week class will focus on hip hop fundamentals, dynamic movements and having fun! This class is designed for those who have some dance experience or have taken Beginner I Adult Hip Hop and want to learn at a faster pace and explore different hip hop styles. Instr: City of Plymouth Dance Staff.

AGES	DAY	DATE & TIME	COST	ACTIVITY
16+	W	Nov 6-Dec 11 7:35pm-8:30pm	Res \$65 Non Res \$75	34131-01

MUSICAL THEATER JAZZ (AGES 12-18)

PCC-Active Wing, 14800 34th Avenue N

This class will focus on musical-style jazz dance at an intermediate level. Dancers will learn Broadway-inspired choreography, while focusing on character development and jazz dance technique. This class is perfect for actors who want to improve their dancing skills or dancers who want to improve their acting skills! Instr: City of Plymouth Dance Staff.

AGES	DAY	DATE & TIME	COST	ACTIVITY
12-18	Tu	Sep 10-Dec 10 7:45pm-9:00pm	Res \$180 Non Res \$194	34110-01

EDUCATION - RC RACING

PARTY CRASHERS RC: RC RACING CLINIC

PCC-Active Wing, 14800 34th Avenue N

Like RC Cars? Join us as we explore how they work and then try them out. Participants leave with better understanding and get time testing out their driving skills on a few different types of RC Cars. Participants can use RC Cars provided or their own on approval.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-13	F	Nov 15 6:00pm-7:00pm	Res \$25 Non Res \$30	33331-01

PARTY CRASHERS RC: RC CAR OPEN TRACK TIME

PCC-Active Wing, 14800 34th Avenue N

For intermediate level drivers, teens, and adults that want time on the track to drive RC Cars. Bringing your own RC Cars is encouraged but not necessary, there will be RC Cars available for use.

AGES	DAY	DATE & TIME	COST	ACTIVITY
13+	F	Nov 15 7:15pm-8:30pm	Res \$25 Non Res \$30	35341-01

EDUCATION - CHESS

TWIN CITIES CHESS CLUB: EVENING CHESS CLUB-INTERMEDIATE/ADVANCED PCC-Education Wing, 14800 34th Avenue N

Want to amaze your friends and impress your opponents?
Want to increase your IQ while having fun playing Chess?
Learn from Twin Cities Chess Club instructors who have years of teaching experience. Compete for various prizes including trophies, medals, and chess sets! All chess levels are welcome. No program 10/17, 11/28.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-17	Th	Sep 19-Oct 31 6:45pm-7:55pm	Res \$96 Non Res \$106	33332-01
5-17	Th	Nov 7-Dec 19 6:45pm-7:55pm	Res \$96 Non Res \$106	33332-02
5-17	Th	Sep 19-Dec 19 6:45pm-7:55pm	Res \$175 Non Res \$193	33332-03

TWIN CITIES CHESS CLUB: EVENING CHESS CLUB - BEGINNER PCC-Education Wing, 14800 34th Avenue N

Want to amaze your friends and impress your opponents?
Want to increase your IQ while having fun playing Chess?
Learn from Twin Cities Chess Club instructors who have years of teaching experience. Compete for various prizes including trophies, medals, and chess sets! All chess levels are welcome. No program 10/17, 11/28.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-17	Th	Sep 19-Oct 31 5:55pm-6:40pm	Res \$89 Non Res \$99	33321-01
5-17	Th	Nov 7-Dec 19 5:55pm-6:40pm	Res \$89 Non Res \$99	33321-02
5-17	Th	Sep 19-Dec 19 5:55pm-6:40pm	Res \$160 Non Res \$176	33321-03

HEALTH & FITNESS

DANCE PARTY PCC-Active Wing, 14800 34th Avenue N

Come join the 60-min dance party. We will learn several styles of dance moves from hip hop to country line dancing with some Zumba® and other styles mixed in. With choreography and repetitive movements - this class is designed for all levels and abilities. Let's dance and shed those extra pounds away. Instr: Tanya Johnson. Bring a water bottle and towel. No program: 11/28.

AGES	DAY	DATE & TIME	COST	ACTIVITY
16+	Th	Sep 5-Dec 12 7:00pm-8:00pm	Res \$145 Non Res \$165	35463-01

STRICTLY STRENGTH PCC-Active Wing, 14800 34th Avenue N

Ready for an effective, fun, and safe strength training routine designed for all levels? This is your class! Target, isolate and fatigue, every major muscle group in the body using barbells, dumbbells and bodyweight. It's strictly about strength so be prepared to work muscles you never knew you had to increase your strength and sculpt your muscles. Bring water. Instr: Jen Christen, Ace fitness certified.

AGES	DAY	DATE & TIME	COST	ACTIVITY
16+	W	Sep 11-Oct 30 5:45pm-6:30pm	Res \$85 Non Res \$95	35461-01
16+	W	Nov 6-Dec 18 5:45pm-6:30pm	Res \$75 Non Res \$85	35461-02

TOTAL BODY CIRCUIT PCC-Active Wing, 14800 34th Avenue N

Circuit training aims to keep your heart rate elevated while training the major muscle groups by rotating through different exercise stations with minimal rest between exercises. Join us for an effective and challenging form of conditioning to burn more calories, develop your strength, endurance, and coordination utilizing a variety of exercises. This class is open to teens and adults. Teens 14 years and younger must register with an adult. Bring your own towel and water. Instr: Jen Christen, Ace fitness certified.

AGES	DAY	DATE & TIME	COST	ACTIVITY
12+	W	Sep 11-Oct 30 6:45pm-7:30pm	Res \$85 Non Res \$95	35448-01
12+	W	Nov 6-Dec 18 6:45pm-7:30pm	Res \$75 Non Res \$85	35448-02

details on pg. 10

MEET YOUR NEIGHBOR

programs for ages 13+

- DEMENTIA FRIENDS •
- INTRODUCTION TO HINDUISM •

SAFETY

PEDIATRIC FIRST AID AND CPR/AED PCC-Education Wing, 14800 34th Avenue N

Learn how to effectively and efficiently respond to emergencies. An American Red Cross Certification looks great on a resume and enhances your confidence when supervising children. This class is intended for teens to learn alongside their peers.

AGES	DAY	DATE & TIME	COST	ACTIVITY
14-19	Sa	Sep 7 9:00am-2:00pm	Res \$75 Non Res \$85	36516-01
14-19	Sa	Nov 16 9:00am-2:00pm	Res \$75 Non Res \$85	36516-02

SAFE SITTER BABYSITTERS TRAINING PCC-Education Wing, 14800 34th Avenue N

Safe Sitter prepares grades 6-8 to be safe when home alone, watching siblings, or babysitting. Students learn child care skills including diapering, behavior management, and personal safety. Hands on skills in first aid, injury prevention, infant/child CPR and choking rescue. Activities and role playing maintain a fun learning environment. Course follows American Academy of Pediatrics and the American Heart Association guidelines. Safe Sitter Babysitters Training with CPR

AGES	DAY	DATE & TIME	COST	ACTIVITY
11-15	Sa	Sep 21 9:00am-2:45pm	Res \$115 Non Res \$125	33503-01
11-15	Sa	Oct 5 9:00am-2:45pm	Res \$115 Non Res \$125	33503-02
11-15	Sa	Nov 9 9:00am-2:45pm	Res \$115 Non Res \$125	33503-03
11-15	Sa	Dec 7 9:00am-2:45pm	Res \$115 Non Res \$125	33503-04

SPORTS - MARTIAL ARTS

SHOSHIN RYU JUJITSU Shoshin Ryu Martial Arts, 13605 27th Avenue N

Shoshin Ryu is a Japanese based system of Martial Arts. It is both bujutsu (a school emphasizing effective martial arts techniques) and budo (a school emphasizing personal character development). Shoshin changes to fit the challenges of the times, yet carries with it the essence of previous generations. Shoshin students will learn striking, throwing, forms, ground skills, and weaponry, combining to form a power arsenal of self defense tools; all the while perfecting one's character. Instr: Brian Combo.

AGES	DAY	DATE & TIME	COST	ACTIVITY
13+	W	Sep 11-Oct 23 7:00pm-8:00pm	Res \$82 Non Res \$94	35217-02
13+	W	Oct 30-Dec 11 7:00pm-8:00pm	Res \$82 Non Res \$94	35217-04

see pickleball lessons for ages 16+
on page 66

NEW! Parks & Rec app



scan here to
**download
app**

ARTS - ARTISTIC MOMENTS

ARTISTIC MOMENTS - HALLOWEEN CANDY ART

PCC-Education Wing, 14800 34th Avenue N

Learn how to pour candy coating into Halloween molds. Have fun dipping, swirling, and sculpting tasty treats. You can even add colorful candy sprinkles for a final touch. Instr: Kris Holtmeyer, Artistic Moments.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	M	Oct 14 7:15pm-9:15pm	Res \$40 Non Res \$46	35108-01

ARTISTIC MOMENTS - THANKSGIVING FONDANT COOKIE ART

PCC-Education Wing, 14800 34th Avenue N

Fondant is a pliable and edible icing used to create festive designs on cookies. Learn how to color, roll, cut, and sculpt colorful fondant into a wide variety of shapes and sizes. Instr: Kris Holtmeyer, Artistic Moments.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	M	Nov 11 7:15pm-9:15pm	Res \$40 Non Res \$46	35123-01

ARTISTIC MOMENTS - HOLIDAY ORNAMENT PYROGRAPHY (WOOD BURNING)

PCC-Education Wing, 14800 34th Avenue N

Using Pyrography (wood burning) you trace and engrave your pattern onto several holiday ornaments. Then apply acrylic paints or watercolors to your projects to create perfect personalized gifts Instr: Kris Holtmeyer, Artistic Moments.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	M	Dec 9 7:15pm-9:15pm	Res \$40 Non Res \$46	35125-01

CAKE DECORATING

CAKE DECORATING

PCC-Education Wing, 14800 34th Avenue N

First time trying, seasoned decorator, or anything in-between. Join us for a fun workshop where you'll learn to: ice a cake, add borders, make flowers, and add other embellishments by practicing on a "cake" Styrofoam mold. Mold and decorating icing provided. Participants can bring in their own cake to decorate. Instr: Julie Carstens

AGES	DAY	DATE & TIME	COST	ACTIVITY
16+	Tu	Sep 17 6:00pm-9:00pm	Res \$125 Non Res \$135	35110-01
16+	Tu	Dec 17 6:00pm-9:00pm	Res \$125 Non Res \$135	35110-02

CARD MAKING

HOLIDAY GREETING CARDS

PCC-Education Wing, 14800 34th Avenue N

We'll blend timeless charm of watercolor with a versatility of mixed media to spread joy and cheer to our loved ones. Instr: Anwesha Guha. Recommended supply list provided at the time of registration.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	F	Nov 22 4:00pm-7:00pm	Res \$25 Non Res \$30	35129-01



CLAY

POLYMER CLAY FLOWERS

PCC-Education Wing, 14800 34th Avenue N

Learn to make beautiful flowers out of polymer clay. You'll learn to make several different canes; to reduce, wrap, and shape the canes into flower petals; and to assemble the petals into flowers. Students will be able to pick their flowers up 1 week later - after they are cured. This is a beginner class.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Sep 10 6:00pm-9:00pm	Res \$60 Non Res \$70	35114-01
18+	Tu	Oct 8 1:00pm-4:00pm	Res \$60 Non Res \$70	35114-02

ARTS - COASTERS

ALCOHOL INK COASTER SET

PCC-Education Wing, 14800 34th Avenue N

Learn to create stunning, one-of-a-kind alcohol ink coasters. Alcohol inks are pigment-intense and vibrant, free-flowing and filled with an energy all their own. You will leave the workshop with knowledge of a new technique that you can then take home and expand your artist interest. Choose between these three themes: Minnesota State Shape, Snowflakes, or Holiday items. You will create a set of 4 coasters. Indicate when registering which set you would like to make* Instr: ArtInnovatorsMN.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Dec 10 12:00pm-1:30pm	Res \$58 Non Res \$66	35118-01

DRAWING

ALL ABOUT DRAWING - SKETCHING IN NATURE

PCC-Education Wing, 14800 34th Avenue N

Learn how to sketch different 3D objects in nature (plants, insects, birds, clouds, water) while studying their structure. Sketching landscapes in perspective and water reflection. Come to class dressed for weather. Instr: Tatiana Eletsy.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Oct 3-Oct 24 3:00pm-5:00pm	Res \$92 Non Res \$100	35100-01

DANCE

ADULT DANCE

PCC-Active Wing, 14800 34th Avenue N

Adult Ballet: Section 01

Beginners welcome! Have you always wanted to try ballet or used to dance as a child and want to get back into it? This 4-session class will introduce ballet basics with a focus on strength, balance, and having fun! Instruction will be at a beginner level with challenge options for those with more experience.

Adult Jazz: Section 02

Beginners welcome! Get grooving with this introduction to jazz dance class. This 4-session class will introduce jazz basics with a focus on fun, upbeat choreography, balance, and strength. Instruction will be at a beginner level with challenge options for those with more experience.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Sep 12-Oct 10 7:00pm-8:00pm	Res \$55 Non Res \$65	35150-01
18+	Th	Oct 24-Nov 21 7:00pm-8:00pm	Res \$45 Non Res \$55	35150-02

BEGINNER I ADULT HIP HOP DANCE (AGES 16+)

PCC-Active Wing, 14800 34th Avenue N

Get moving with hip hop dance! This high energy, 8-week class will focus on hip hop fundamentals, grooves, and having fun! This class will be taught at an absolute beginner level - no dance experience necessary. Instr: City of Plymouth Dance Staff.

AGES	DAY	DATE & TIME	COST	ACTIVITY
16+	W	Sep 11-Oct 30 7:35pm-8:30pm	Res \$85 Non Res \$95	34130-01

BEGINNER II ADULT HIP HOP DANCE (16+)

PCC-Active Wing, 14800 34th Avenue N

This 6-week class will focus on hip hop fundamentals, dynamic movements and having fun! This class is designed for those who have some dance experience or have taken Beginner I Adult Hip Hop and want to learn at a faster pace and explore different hip hop styles. Instr: City of Plymouth Dance Staff.

AGES	DAY	DATE & TIME	COST	ACTIVITY
16+	W	Nov 6-Dec 11 7:35pm-8:30pm	Res \$65 Non Res \$75	34131-01

LET'S TAP DANCE 1, 2, 3

PCC-Active Wing, 14800 34th Avenue N

Dance is a top rated exercise because it stimulates us socially, physically, mentally, artistically and is lots of fun. Participants will learn, review basics and complete a tap routine. Wear comfortable clothing and don't forget your tap shoes. No program: 11/29.

Let's Tap 1 (35104-01): If you took dance as a child, taken a few classes along the way or if you've always wanted to tap and you're new to the whole thing – welcome. Staying in this class for a couple of sessions is usually recommended.

Let's Tap 2 (35104-02): If you have mastered the basics and been working on time steps - this is the class for you.

Let's Tap 3 (35104-03): If you are ready for a faster pace with more challenging choreography – let's keep on tappin'. Instr: Stephanie Stockton.

AGES	DAY	DATE & TIME	COST	ACTIVITY
25+	F	Sep 13-Dec 13 12:30pm-1:30pm	Res \$161 Non Res \$179	35104-01
25+	F	Sep 13-Dec 13 11:15am-12:15pm	Res \$161 Non Res \$179	35104-02
25+	F	Sep 13-Dec 13 10:00am-11:00am	Res \$161 Non Res \$179	35104-03

ARTS - DANCE

PARTNER DANCING FOR ALL OCCASIONS

PCC-Active Wing, 14800 34th Avenue N

No matter the occasion, you'll be prepared to dance! Be one of the best dancers at your event, or just have some fun dancing together at home! Try something new to add laughter & romance into your relationship! Taking steps from classic ballroom dances, you'll learn easy to remember mini-routines, danceable to all your favorite songs including pop, blues, rock, country and more! If you think you have no rhythm and 2 left feet, this is the perfect course for you! Couples stay dancing together & singles rotate with other singles. Casual dress and comfortable clean shoes. Price is per person, so please register individually. Instr: Deanna Constantine.

AGES	DAY	DATE & TIME	COST	ACTIVITY
16+	Sa	Oct 26-Nov 16 3:00pm-4:30pm	Res \$70 Non Res \$80	35103-01

GLASS

SKYLAB GLASS ARTS - HOLIDAY ORNAMENT

Skylab Glass Arts, 8838 7th Avenue

Students will manipulate raw glass into solid shapes and decorate choice color, fume and use various tools to create any design desired. All supplies included. Instr: Skylab Glass Arts.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Nov 7 6:00pm-8:30pm	Res \$80 Non Res \$88	35160-01
18+	W	Dec 11 6:00pm-8:30pm	Res \$80 Non Res \$88	35160-03

MUSIC

INSTANT PIANO FOR HOPELESSLY BUSY PEOPLE

Online

Learn to play piano the way professionals do-using chords. This online course will include online lesson book and follow-up video lessons. An optional periodic online question and answer session is included along with recording of class. Instr: Craig Coffman.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	M	Nov 18 6:30pm-9:30pm	Res \$64 Non Res \$64	35162-01

INSTANT GUITAR FOR HOPELESSLY BUSY PEOPLE

Online

This crash course will teach you some basic chords and get you playing along with your favorite songs right away. Class fee includes an online book and online follow-up video lessons. Optional online question and answer session is also included along with recording of the class. Instr: Craig Coffman.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	Nov 20 6:30pm-9:00pm	Res \$64 Non Res \$64	35164-01

HOW TO PLAY PIANO BY EAR

Online

A very practical presentation of music theory that includes predicting chord progressions, learning from recordings, and transposing-all expressed in everyday language. This is an ideal follow-up to the "Instant Piano" class and is open to anyone who has a basic understanding of chords on any instrument. Prior experience with chords recommended. Fee includes the online book, online follow-up lessons, a recording of the class and an optional monthly question and answer session. Class is held online using Zoom. Instr: Craig Coffman.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Sa	Nov 30 9:00am-11:30am	Res \$64 Non Res \$64	35171-01

UNWRAPPING MUSIC: AMERICANA MUSIC SERIES

PCC-Education Wing, 14800 34th Avenue N

This series will explore American Roots Music, or Americana - a unique melting pot of Bluegrass, Blues, Country and Folk Music.

Session 1 - Old-Time Music, Appalachian roots music - Sep 9

Explore the beginnings of Americana, where the Scotch-Irish immigrant and Black American music joined together to give us Old-Time Music - the great-grandfather of Bluegrass and Country.

Session 2 - Bluegrass and Country - Oct 7

We'll cover how Bluegrass shifted from folk to performance style music, and how each has different musical characteristics.

Session 3 - Skiffle music and New Orleans Style Jazz - Nov 4

Skiffle, a mash-up of folk and early jazz, played a part in the development of Americana. We'll look at the influence of both Skiffle and New Orleans Style jazz and blues on the Americana tradition.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	M	Sep 9-Nov 4 7:00pm-8:00pm	Res \$60 Non Res \$68	35139-01

see more music programs
on next page

ARTS - MUSIC

SCHOOL OF ROCK - ROCK OF AGES

School of Rock, 312 Clydesdale Trail

Students select an instrument of their choice (drums, guitar, bass, keys or vocals) and are assigned songs and parts that they will work through in weekly private lessons, refining the skills and concepts that those songs introduce. No prior musical experience required. The goal of the curriculum is to prepare students to join School of Rock's Adult Band and perform live! Register for specific day/session and you will be connected with instructor to coordinate lesson time.

MONDAYS - ROCK OF AGES

School of Rock, 312 Clydesdale Trail

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	M	Sep 9-Sep 23 8:00am-5:00pm	Res \$225 Non Res \$247	35166-01
18+	M	Oct 7-Oct 28 8:00am-5:00pm	Res \$225 Non Res \$247	35166-02
18+	M	Nov 4-Nov 25 8:00am-5:00pm	Res \$225 Non Res \$247	35166-03
18+	M	Dec 2-Dec 23 8:00am-5:00pm	Res \$225 Non Res \$247	35166-04

TUESDAYS - ROCK OF AGES

School of Rock, 312 Clydesdale Trail

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Sep 5-Sep 26 8:00am-5:00pm	Res \$225 Non Res \$247	35167-01
18+	Tu	Oct 3-Oct 24 8:00am-5:00pm	Res \$225 Non Res \$247	35167-02
18+	Tu	Nov 7-Nov 28 8:00am-5:00pm	Res \$225 Non Res \$247	35167-03
18+	Tu	Dec 5-Dec 26 8:00am-5:00pm	Res \$225 Non Res \$247	35167-04

WEDNESDAYS - ROCK OF AGES

School of Rock, 312 Clydesdale Trail

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	Sep 4-Sep 25 8:00am-5:00pm	Res \$225 Non Res \$247	35168-01
18+	W	Oct 2-Oct 23 8:00am-5:00pm	Res \$225 Non Res \$247	35168-02
18+	W	Nov 6-Nov 27 8:00am-5:00pm	Res \$225 Non Res \$247	35168-03
18+	W	Dec 4-Dec 25 8:00am-5:00pm	Res \$225 Non Res \$247	35168-04

THURSDAYS - ROCK OF AGES

School of Rock, 312 Clydesdale Trail

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Sep 5-Sep 26 8:00am-5:00pm	Res \$225 Non Res \$247	35169-01
18+	Th	Oct 3-Oct 24 8:00am-5:00pm	Res \$225 Non Res \$247	35169-02
18+	Th	Nov 7-Nov 28 8:00am-5:00pm	Res \$225 Non Res \$247	35169-03
18+	Th	Dec 5-Dec 26 8:00am-5:00pm	Res \$225 Non Res \$247	35169-04

SATURDAYS - ROCK OF AGES

School of Rock, 312 Clydesdale Trail

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Sa	Sep 7-Sep 28 8:00am-5:00pm	Res \$225 Non Res \$247	35170-01
18+	Sa	Oct 5-Oct 26 8:00am-5:00pm	Res \$225 Non Res \$247	35170-02
18+	Sa	Nov 2-Nov 23 8:00am-5:00pm	Res \$225 Non Res \$247	35170-03
18+	Sa	Dec 7-Dec 28 8:00am-5:00pm	Res \$225 Non Res \$247	35170-04

MIXED MEDIA

MIXED MEDIA COLLAGE EXPLORATION

PCC-Education Wing, 14800 34th Avenue N

We'll learn and work with various techniques and materials. From abstract compositions to narrative storytelling, this workshop offers endless possibilities for creative expression. Inst: Anwesha Guha. Recommended supply list provided at the time of registration.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Dec 3 10:00am-1:00pm	Res \$25 Non Res \$30	35130-01



ARTS - PAINTING & PASTELS

MIXING AND BLENDING TECHNIQUES

PCC-Education Wing, 14800 34th Avenue N

Dive deeper into the world of color, where we'll focus on color mixing and blending. Learn how to create a variety of colors from a limited palette and how to blend them seamlessly on paper. Instr: Anwesha Guha. Recommended supply list provided at the time of registration.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Sep 10 10:00am-1:00pm	Res \$25 Non Res \$30	35106-01

PALETTE UP! ACRYLIC POURING: "UP NORTH"

PCC-Education Wing, 14800 34th Avenue N

You've watched the videos, now discover the magical world of acrylic pouring for yourself! Using fluid acrylics and pouring medium, our instructor will show you how to produce the same beautiful abstract artwork you've seen on Pinterest. Create an acrylic pour on a 12" wooden cut-out. Choose between three options: Outline of Minnesota, Bear, or Fish. We'll provide a tray to carry your painting home. Instr: ArtInnovatorsMN.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Sa	Sep 21 1:00pm-2:30pm	Res \$58 Non Res \$66	35119-01

OIL PASTEL WORKSHOP: FALL FOLIAGE

PCC-Education Wing, 14800 34th Avenue N

We'll focus on layering colors, blending techniques and making depth and texture to create vibrant fall foliage scenes. Instr: Anwesha Guha. Recommended supply list provided at the time of registration.

AGES	DAY	DATE & TIME	COST	ACTIVITY
	Th	Oct 10 5:30pm-7:00pm	Res \$25 Non Res \$30	35115-01

PAINTING - WATERCOLOR

BOTANICAL ILLUSTRATION IN WATERCOLOR

PCC-Education Wing, 14800 34th Avenue N

Beginners will learn how to paint detailed botanical specimens such as: flowers, leaves, and plants We'll explore techniques for achieving realistic textures, subtle shading, and delicate details. Instr: Anwesha Guha. Recommended supply list provided at the time of registration.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	F	Sep 20 5:00pm-8:00pm	Res \$25 Non Res \$30	35111-01

WATERCOLOR BASICS AND FLORAL PAINTING

PCC-Education Wing, 14800 34th Avenue N

Beginners will learn essential watercolor techniques such as: washes, wet-on-wet, and dry brushing. We'll apply these techniques and explore color mixing, brush control, and layering to create beautiful flower arrangements. Instr: Anwesha Guha. Recommended supply list provided at the time of registration.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Sep 24 10:00am-1:00pm	Res \$25 Non Res \$30	35112-01

WATERCOLOR AUTUMN LANDSCAPES

PCC-Education Wing, 14800 34th Avenue N

Beginners will learn basic landscape techniques including creating mountains, trees, and clouds. We'll learn about color harmony, depth, and atmospheric perspective while creating our own scenic vistas inspired by famous landscapes. Instr: Anwesha Guha. Recommended supply list provided at the time of registration.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Oct 15 10:00am-1:00pm	Res \$25 Non Res \$30	35117-01

AUTUMN LANDSCAPES WITH WATERCOLOR AND GAUCHE

PCC-Education Wing, 14800 34th Avenue N

Capture the warm hues and crisp atmosphere of fall with watercolor and gauche. We'll cover color mixing for autumnal tones, painting trees and foliage, and creating depth in landscape compositions. Instr: Anwesha Guha. Recommended supply list provided at the time of registration.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	F	Nov 8 5:00pm-7:30pm	Res \$25 Non Res \$30	35121-01

CHARCOAL STILL LIFE: CAPTURING THE ESSENCE

PCC-Education Wing, 14800 34th Avenue N

Join us for an immersive workshop where you'll explore the art of charcoal still life. This session invites you to capture the beauty and tranquility of everyday objects. You'll learn techniques in shading, blending, and composition to create striking, realistic artworks. Whether you're a beginner or have some experience, this workshop offers an enriching environment to enhance your artistic skills. Instr: Anwesha Guha. Recommended supply list provided at the time of registration.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Nov 5 10:00am-1:00pm	Res \$25 Non Res \$30	35120-01

ARTS - PHOTO ORGANIZATION

PHOTO CHOAS TO SIMPLICITY: MASTERING PHOTO ORGANIZATION AND PRESERVING IN THE DIGITAL AGE PCC-Education Wing, 14800 34th Avenue N

Imagine all of your photos organized and in one place... permanently, safely and find any photos quickly (including old slides, movies and memorabilia.) We'll discuss scanners, digitizing old media, cloud storage, organization, and photo restoration. Leave with options to access/share your memories! Inst: Susan DeJute.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Sep 10 5:30pm-7:00pm	Res \$25 Non Res \$30	35122-01
18+	Tu	Nov 19 10:30am-12:00pm	Res \$25 Non Res \$30	35122-02

POTTERY

WHEEL POTTERY PCC-Education Wing, 14800 34th Avenue N

Learn the basics of wheel sculpting with ceramic clay. Will cover throwing and glazing techniques. Make projects to take home at the end of the session. No experience necessary. All supplies included in the course fee. Instr: Adama Sow.

AGES	DAY	DATE & TIME	COST	ACTIVITY
16+	W	Sep 4-Sep 25 7:00pm-9:00pm	Res \$150 Non Res \$160	35126-01
16+	W	Oct 2-Oct 23 7:00pm-9:00pm	Res \$150 Non Res \$160	35126-02
16+	W	Nov 6-Nov 20 7:00pm-9:00pm	Res \$150 Non Res \$160	35126-03

VOICE OVER

INTRODUCTION TO VOICE OVER Online

This class will show you how you can actually begin using your speaking voice for commercials, films, and more. In this introductory class, you will learn about a unique, outside the box way to break into this creative, fulfilling, and potentially lucrative industry. Instr: Will Kamp, Such a Voice LLC. Class will be held via Zoom with login instructions emailed prior to class.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Sep 24 6:30pm-8:30pm	\$35	35140-01



WEATHER LINE
763-509-5205
call for updates on
class cancellations

EDUCATION - BICYCLE REPAIR

TRAILSIDE REPAIR & ADJUSTMENTS PCC-Education Wing, 14800 34th avenue n

Work through flat tires, wheel issues, dropped chains, cleaning and lubing, replacing tires, and what to buy to handle the unfortunate issues. This is a mix of hands on and lecture. Please leave your bikes at home for this class. Instr. Erik Bloom, Bjorn Cycling LLC.

AGES	DAY	DATE & TIME	COST	ACTIVITY
14+	Th	Sep 12 7:00pm-8:30pm	Res \$35 Non Res \$42	35319-01
14+	Th	Oct 17 7:00pm-8:30pm	Res \$35 Non Res \$42	35319-02

BICYCLE REPAIR & MAINTENANCE Parkers Lake Park, 15205 County Road 6

The major focus will be on identification of bicycle parts, trailside repair, shifting adjustments, brake adjustments, chain maintenance, how to repair/replace a tube (flat tire), how to safety check your bike. Also learn basic wheel truing, replacing a chain, how to replace brake and shifting cables. Please bring a bike. Especially one that needs work! Instr. Erik Bloom, Bjorn Cycling LLC.

AGES	DAY	DATE & TIME	COST	ACTIVITY
14+	Sa	Sep 14 1:00pm-4:00pm	Res \$70 Non Res \$81	35326-01
14+	Sa	Oct 12 1:00pm-4:00pm	Res \$70 Non Res \$81	35326-02

EDUCATION - BUSINESS

HOW TO START ANY HOME BUSINESS + 250 HOME BUSINESS IDEAS

Online

Tired of working for someone else? Do you need to make more money? Turn your talents and hobbies into profits by starting a home business. You will discover: more than 250 legitimate home business ideas; mandatory legal documentation; many ways to market your product/service; how to take tax deductions (this workshop included!). Instr: LeeAnne Krusemark.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Oct 17 6:00pm-8:00pm	Res \$35 Non Res \$35	35344-01



COOKING WITH TESS

EDUCATION - COOKING WITH TESS

COOKING WITH TESS: AIR FRYER HYPE: COPYCAT KFC & RECIPE IDEAS FOR ALL AGES! Online

Have some fun participating in this virtual Air Fryer Demonstration and Partial Cook-Along class as we dive into the world of Air Frying! Demonstrated Recipes: homemade eggrolls wraps, pizza bites, seasoned potato wedges, and burgers! Cook-Along Recipe: the instructors own Copycat KFC® Chicken!

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	F	Sep 27 5:00pm-7:00pm	\$35	35314-01

COOKING WITH TESS: CHICKEN BURRITO BOWLS, EAST INDIAN BUTTER CHICKEN, & HOMEMADE NAAN Online

On the Menu: The instructor's own versions of Chicken Burrito Bowls, and the ever-popular Butter Chicken! Tess will also be providing step-by-step guidance for making Luscious Homemade Naan. Delicious recipes are made with ingredients that are probably already on hand.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Sa	Sep 21 4:00pm-6:00pm	\$35	35300-01

Cooking with Tess classes: Participants will receive a list of ingredients ahead of time to allow time for shopping and prep and a professionally created PDF packet of the instructor's personal recipes after the class. One registration fee can include immediate family members living full-time in the same home ONLY.

COOKING WITH TESS: GOURMET DETROIT STYLE PIZZA Online

On the Menu: The instructor's version of the ever-popular Detroit Style Pizza, her most amazing Pretzel Crust Pizza (the best you have ever had), in addition to her personal over-the-top Pizza Sauce. TWO types of homemade dough will be used. One will be for the Detroit Style Pizza, and the other for the Pretzel crust pizza.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Sa	Sep 28 4:00pm-6:30pm	\$42	35307-01

COOKING WITH TESS: DREAMY STEAMED BAO BUNS & KOREAN BULGOGI BBQ CHICKEN Online

Learn to create delicious steamed bao buns that will be used "to wrap" almost like a little "jacket," the fantastic filling of Korean Bulgogi BBQ Chicken, and a wonderful variety of quick pickled vegetables!

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	F	Oct 11 5:00pm-7:30pm	\$49	35310-01

COOKING WITH TESS: VERY POPULAR SOUPS Online

On the menu: instructor's copycat version of the Olive Garden's Zuppa Toscana, her version of Italian wedding meatball soup, and her very own version of quick baguettes.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Sa	Oct 12 4:00pm-6:30pm	\$49	35318-01

COOKING WITH TESS: CHURROS & HANDMADE CORN TORTILLA TACO FIESTA Online

On the menu: delicate and delightful Churros that are crispy-on-the-outside, soft-and fluffy-on-the-inside, coated in warm sweet spice, and dunked in luscious velvety chocolate sauce! Handcrafted corn tortillas that are naturally gluten free, over-the-top guacamole, taco meat seasoned to perfection with homemade taco seasoning and delicious re-fried beans that are nothing like the canned!

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Oct 15 5:00pm-7:30pm	\$56	35323-01

COOKING WITH TESS: MEDITERRANEAN CHICKEN GYRO MEAL Online

On the menu: Greek chicken gyro (made indoors), tzatziki (traditional Greek yogurt dipping sauce), Greek oven roasted lemon potatoes, refreshing Greek barley salad, homemade pita bread, drizzle dressing, and Greek salad dressing too!

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Sa	Oct 19 4:00pm-6:30pm	\$49	35315-01

EDUCATION - COOKING WITH TESS

COOKING WITH TESS: FRIGHT NIGHT DELIGHT! GHOULISH FALL FAMILY FUN!

Online

On the menu: dreamy billowy-soft pumpkin & potato gnocchi (made with pumpkin and shaped into mini pumpkins) with cheesy cream sauce, Ghoulish "intestines" (stuffed pastry seasoned meat roll) with a gory cranberry dipping sauce, and pumpkin & spice chocolate chip muffins!

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	F	Oct 25 5:00pm-7:30pm	\$42	35321-01

COOKING WITH TESS: MASTER CLASS- BETTER THAN TAKE-OUT CHINESE DINNER FAVORITES

Online

The class will include a cook-along option for 4 recipes and one additional recipe will be demonstrated. There will be a discussion / presentation about ingredients and their use, in addition to basic equipment that is wonderful to have and why. On cook-along menu options: fried rice, orange chicken, general Tso's chicken, & veggie or chicken egg rolls. Additional demonstration only recipe: chicken or pork lo mein.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Sa	Oct 26 4:00pm-6:30pm	\$79	35332-01

COOKING WITH TESS: DIM SUM STUFFED STEAMED BUNS! CHINESE BBQ CHICKEN & VEGETARIAN FILLINGS!

Online

The instructor will guide you in the step-by-step process of creating two types of Dim Sum stuffed steamed buns with homemade dough that will take you to culinary heights you never new you could reach. Two fillings will be made for the buns. One will be a gooey Chinese BBQ Chicken filling, and the other will be a savory vegetarian filling.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	F	Nov 1 5:00pm-7:30pm	\$42	35346-01

COOKING WITH TESS: BLAST FROM THE PAST DINER DINNER MEAL

Online

On the menu: Gourmet Level Hot Hamburger Steak with homemade "Umami Bomb" gravy served over homemade bread made from scratch to sop up the deliciousness, followed by a spectacular apple strudel. Participants are welcome to add their own sides to round off the meal. Mashed potatoes and peas are highly recommended!

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Sa	Nov 2 4:00pm-6:30pm	\$49	35356-01

COOKING WITH TESS: CHICKEN SHAWARMA MEAL

PCC-Education Wing, 14800 34th Avenue N

On the menu: Instructor's versions of quick chicken shawarma, pita pocket bread, special drizzle / dipping sauce made with a base of Greek yogurt, and a side of spectacular gluten free roasted chickpea and curry rice.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Sa	Nov 9 4:00pm-6:30pm	\$49	35364-01

COOKING WITH TESS: BAKLAVA & SPANAKOPITA

PCC-Education Wing, 14800 34th Avenue N

Baklava is a Traditional Greek layered dessert pastry made with phyllo, chopped nuts, other secret ingredients, and bathed in dreamy syrup. Spanakopita, on the other hand, is a Greek savory pastry, consisting of a filling made of spinach, cheese, and other secret ingredients, which is then wrapped in delicate sheets of phyllo pastry.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Nov 12 5:00pm-7:30pm	\$42	35365-01

COOKING WITH TESS: MASTER CLASS - PRINCIPLES OF PIZZA

Online

Learn how to make a wonderful Neapolitan style pizza comparable to the pizza made in brick ovens from gourmet pizza restaurants! Also includes a presentation on the "principles of pizza making," the "do's and don'ts of pizza and sauce making," the differences in flours, dough hydration, types of appliances, equipment and accessories, and so much more!

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Sa	Nov 16 4:00pm-7:00pm	\$139	35366-01

COOKING WITH TESS: CLASSIC HOMEMADE PIEROGI

Online

Learn how to make your own homemade Classic Pierogi with homemade dough and filling that will make your taste buds dance for joy!

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Nov 19 5:00pm-7:00pm	\$42	35382-01

EDUCATION - COOKING WITH TESS

COOKING WITH TESS: MASTER CLASS - EASY AS PIE Online

Class will include a bake-along option for two different pies, through which participants will learn two methods for making a wonderfully flaky shortcut crust that will be used in making the pie. In addition, the instructor will demonstrate the creation of two additional pies. Includes presentation on different types of pies, fillings, and crusts, blind-baking, information on different flours that can be used, what effect they have on the crust, and what savory ingredients can be added to enhance the pie and take it to the next level will also be included. Tips for success in pie making, what makes a pie a pie, a tart a tart, and a galette a galette, how to prevent a mile-high meringue from weeping, and more.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Sa	Nov 23 4:00pm-6:30pm	\$79	35384-01

COOKING WITH TESS: HOLIDAY COOKIE MAGIC, ROYAL ICING & STUFFED COOKIES Online

Back by popular demand are Tess' magical cheesecake and brownie stuffed chocolate chip cookies, in addition to her ever-popular holiday cookie bake and decorate class where participants learn the foundations of decorating cookies with royal icing! Participants will be baking the cookies for the decorating ahead of time so that they are ready to decorate at the start of class.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	F	Dec 6 5:00pm-7:00pm	\$35	35317-01

Cooking with Tess classes: Participants will receive a list of ingredients ahead of time to allow time for shopping and prep and a professionally created PDF packet of the instructor's personal recipes after the class. One registration fee can include immediate family members living full-time in the same home ONLY.

COOKING WITH TESS: GREEK GOURMET: PASTITSIO & GALAKTOBOUREKO! Online

Pastitsio is a culmination of layered Greek pasta, savory spiced meat sauce, and a topping of often "mile high" cheesy béchamel sauce, baked to perfection. Galaktoboureko, is a gourmet dessert made with a thick luscious Greek custard, wrapped in phyllo pastry, and bathed in a dreamy syrup. Participants are encouraged to cook along with Tess and create the Pastitsio from scratch. Tess will be demonstrating the creation of the Galaktoboureko.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Sa	Dec 7 4:00PM-6:30PM	\$56	35386-01

COOKING WITH TESS: SWEDISH MEATBALLS & HAND-PULLED NOODLES Online

Learn the process of making the most delicious Swedish meatballs seasoned to perfection and bathed in a savory-velvety cream sauce. Then have the pleasure of serving them over your own hand-pulled noodles!

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	F	Dec 13 5:00pm-7:30pm	\$42	35388-01

COOKING WITH TESS: COPYCAT CINNABON Online

Add three wonderful treats to your holiday celebration as you learn to create freshly baked homemade cinnamon rolls, luscious Basque burnt cheesecake, and velvety hot cocoa bombs! Equipment needs: a Cocoa Bomb Silicone Mold will be needed to create the cocoa bombs.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Sa	Dec 14 4:00pm-6:30pm	\$49	35316-01

details on pg. 10

MEET YOUR NEIGHBOR

programs for ages 13+



DEMENTIA FRIENDS



INTRODUCTION TO HINDUISM

EDUCATION - GENEALOGY

THE FORMIDABLE GENEALOGIST: INTRO TO ONLINE GENEALOGY Online

There has never been a better time to start discovering your family's history. Gone are the days of only traveling to courthouse basements and archives. You can now research easily from your own home. Join me as I teach you how to get started, reviews of subscription websites, which tools to use, which types of records you'll find, plus how to be an effective and accurate researcher.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	M	Sep 30 6:30pm-7:30pm	Res \$30 Non Res \$30	35374-01

THE FORMIDABLE GENEALOGIST: LEVEL UP YOUR GENEALOGY RESEARCH 1 Online

MyHeritage and Ancestry are some of the biggest research sites, but what do you do when they don't have the information that you're looking for? This course covers how to use the FamilySearch Catalog, working with autosomal DNA for known and unknown family lines and other repositories to use beyond the large genealogy platforms.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Oct 22 6:30pm-7:30pm	Res \$30 Non Res \$30	35377-01

THE FORMIDABLE GENEALOGIST: LEVEL UP YOUR GENEALOGY 2: BOOT CAMP PCC-Education Wing, 14800 34th avenue n

Moving beyond auto-generated hints on the big platforms like ancestry.com and MyHeritage is the only way to make progress in your research. I will show you more ways to find obscure records, how to use them and research techniques used by the pros.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	w	Nov 20 6:30pm-7:30pm	Res \$30 Non Res \$30	35381-01

THE FORMIDABLE GENEALOGIST: GENEALOGY METHODS : RESEARCH SKILLS THROUGH CASE STUDIES PCC-Education Wing, 14800 34th avenue n

It can take years to learn how to research effectively. Watch as the instructor goes through the steps that she uses as a professional genealogist to solve common research problems. These case studies will show you techniques that you can apply to your own research.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Dec 12 6:30pm-7:30pm	Res \$30 Non Res \$30	35380-01



HEALTH

CAREGIVER SUPPORT GROUP Locations vary

Connect with other caregivers, talk about general aging issues and caring for loved ones with chronic conditions and/or dementia, and receive tips and resources from a licensed social worker who leads the group. Drop-in as your schedule allows. Instr: Krystal Wiebusch, Senior Community Services.

AGE	DAY/LOCATION	DATE & TIME	COST	ACTIVITY
18+	Third Wed. of month at PCC - Education wing 14800 34th Ave N	Jan 17-Dec 18 10:00am-11:30am	no fee	45909-01
18+	Second Tues. of month on Zoom (online)	Jan 9-Dec 10 4:30pm-6:00pm	no fee	45909-02

EDUCATION - MAH JONGG

MAH JONGG 101: INTRODUCTION TO MAH JONGG PCC-Education Wing, 14800 34th Avenue N

Learn the basics of the game through lessons and actual play. The Mah Jongg set and official rules and game card will be provided. It is recommended that you bring a notebook and writing utensil to class so you can take notes. Instr: Wendy Salita.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Oct 8-Oct 29 9:30am-11:00am	Res \$45 Non Res \$54	35385-01
18+	Tu	Oct 8-Oct 29 11:15am-12:45pm	Res \$45 Non Res \$54	35385-02

MAH JONGG 102: OPEN PLAY PCC-Education Wing, 14800 34th Avenue N

For those who have taken Introductory Mah Jongg classes in Plymouth, we are offering two days of advanced playing. Wendy, the instructor, will be there to walk around and help people with hands they are working on if they need it and will answer questions. No instruction provided.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	Oct 9 9:30am-11:30am	Res \$12 Non Res \$15	35306-01
18+	W	Oct 16 9:30am-11:30am	Res \$12 Non Res \$15	35306-02



RC CAR OPEN TRACK

PARTY CRASHERS RC: RC CAR OPEN TRACK TIME PCC-Active Wing, 14800 34th Avenue N

For intermediate level drivers, teens, and adults that want time on the track to drive RC Cars. Bringing your own RC Cars is encouraged but not necessary, there will be RC Cars available for use.

AGES	DAY	DATE & TIME	COST	ACTIVITY
13+	F	Nov 15 7:15pm-8:30pm	Res \$25 Non Res \$30	35341-01

SURVIVOR

PLYMOUTH

Ever wanted to play one of the most popular social games of all time? Make new friends as you solve puzzles, strategize, and vote each other out in this high-speed, 3 hour version of one of the most popular reality competitions of all time. Don't worry! Even if you're voted out early, you'll still get to play in a new twist the game has never seen before. All abilities are welcome. Players must be 18+. Instr: Brent Barkey

PCC-Education Wing, 14800 34th Avenue N

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	F	Sep 20 6:00pm-9:00pm	Res \$25 Non Res \$30	35708-01
18+	F	Oct 11 6:00pm-9:00pm	Res \$25 Non Res \$30	35708-02

CANCELLATION POLICY

Requests for cancellations or transfers must be made at least one full week prior to the first class unless noted otherwise. See pg. 2.

EDUCATION - RETIREMENT PLANNING AND BEYOND

THE 25 DOCUMENTS NEEDED BEFORE YOU PASS AWAY

PCC-Education Wing, 14800 34th Avenue N

The emotional consequences and negative ripple effects of failing to keep your documents in order can cause frustration, delays and a financial burden on your loved ones and heirs. Learn the 25 documents most experts recommend you collect and maintain so family members aren't left scrambling to find important papers and information in a time of loss and confusion. Instr. Jeff Litfin, Generations Legal Services.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	M	Sep 9 6:00pm-7:30pm	Res \$20 Non Res \$25	35350-01

DON'T WORRY, RETIRE HAPPY

PCC-Education Wing, 14800 34th Avenue N

In retirement, every day can be like Saturday. That's a lot of time to fill and it's important to have a plan. Learn more from financial expert Tom Hegna's book, *Don't Worry, Retire Happy: 7 Steps To A Secure Retirement*. No products will be sold. For additional information, see thrivent.com/social. Instr. Edward Sachs, Thrivent Financial.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Sep 17 6:30pm-8:00pm	Res \$10 Non Res \$12	35322-01

WILLS VS. TRUSTS

PCC-Education Wing, 14800 34th Avenue N

How do these two differ when it comes to the distribution of assets? What about probate avoidance? What is the impact a will or a trust will have on your executor? Your beneficiaries? How much risk are you comfortable leaving behind? And has anyone explained the tax ramifications? Instructor is Jeff Litfin, Certified Estate Planner, Generations Legal Services.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	w	Oct 9 6:00pm-7:30pm	Res \$20 Non Res \$25	35301-01

SAVVY TAX STRATEGIES

PCC-Education Wing, 14800 34th Avenue N

Fact #1: taxes can be complicated. Fact #2: no one wants to pay more than their fair share. Cut through the jargon and complexity to understand how to create an efficient retirement tax strategy. Learn how to avoid common - and costly - mistakes regarding your investments, health care and estate. No products will be sold. For more information, see thrivent.com/social. Instr. Ed Sachs, Thrivent Financial.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Oct 10 6:30pm-8:00pm	Res \$10 Non Res \$12	35302-01

SAVVY SOCIAL SECURITY

PCC-Education Wing, 14800 34th Avenue N

When should I file for social security benefits? Will I pay taxes on my social security benefits? Don't miss out on potential opportunities to maximize your retirement income! No products will be sold. Thrivent Financial professionals have general knowledge of the social security tenets. For complete details on your situation, contact the social security administration. Instr: Ed Sachs, Thrivent Financial.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Oct 22 6:30pm-8:00pm	Res \$10 Non Res \$12	35373-01

ESTATE SETTLEMENT 101: NOT A TIME FOR ON-THE-JOB-TRAINING

PCC-Education Wing, 14800 34th Avenue N

If you want to understand the who, what, when, where, why (and how) of estate settlement, then this workshop is for you. This 90-minute educational workshop will include time for Q&A. Instructor is Jeff Litfin, Certified Estate Planner, Generations Legal Services.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	M	Nov 11 6:00pm-7:30pm	Res \$20 Non Res \$25	35303-01

see more programs in the Adult 55+ section on pages 68-73

Class recordings will be available for Social Club Simple classes for those that can't attend live. Follow-up support is also included.

EDUCATION - TECHNOLOGY

SOCIAL MEDIA FOR BUSINESS

Locations vary

Driving new customer traffic to your website and promoting your business is imperative in today's technology world. Don't let your skill set or company get left behind by missing the key social media rules you need to know! In this class, you'll learn how to craft a simple but effective social media marketing strategy, listen directly to customers and implement tips to grow your business all while staying organized without technology overwhelm. Class recordings will be emailed out to registered participants (if they aren't able to attend scheduled class time) and follow-up support from the instructor is included.

AGES	DAY	DATE & TIME	COST	ACTIVITY
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Online

18+	Th	Sep 5 12:00pm-1:00pm	Res \$20 Non Res \$20	35335-01
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PCC - Education Wing, 14800 34th Ave N

18+	M	Sep 30 6:00pm-7:30pm	Res \$20 Non Res \$25	35335-02
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A PARENT'S GUIDE TO TIKTOK

Online

Take a look at the fastest growing social media app used by millions each day. Learn how it's used and how parents can also help their kids stay safe while on it. We'll cover everything you need to know as it's paving the future of a new social media.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Sep 12 12:00pm-1:00pm	Res \$20 Non Res \$20	35351-01

HOW TO CREATE YOUR OWN YOUTUBE CHANNEL

Learn the basics to create and begin your very own YouTube channel. Join the world's largest media platform to share your hobbies, advice, instructions, gifts and more with the world and your audience! We'll walk you through a step-by-step process so that you can get started today.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Sep 24 12:00pm-1:00pm	Res \$20 Non Res \$20	35360-01

MY KID WANTS TO BE A YOUTUBER - HELP!

Online

Eliminate the worry with this helpful class as we walk you through the steps on how to set up a YouTube channel, safety settings, and consideration for kids having their own channel. Parents will learn the basic guidelines of being able to help manage and monitor their activity, all while incorporating practical business skills when it comes to managing your own channel.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Oct 1 12:00pm-1:00pm	Res \$20 Non Res \$20	35333-01

CREATE SOCIAL MEDIA CONTENT WITHOUT PANICKING

Online

Are you nervous to begin filming and posting your own social media content? Do you have a business, product, or service, but panic at the thought of putting yourself on social media? Learn helpful tips and strategies to create social media content with ease.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Oct 8 12:00pm-1:00pm	Res \$20 Non Res \$20	35338-01

BEYOND CALLING & TEXTING

PCC-Education Wing, 14800 34th Avenue N

Learn the power of your cellphone and how to use it to make life easier. We will look at topics such as online shopping, booking trips, reading books, banking, emails, printing, sharing documents/media and more. Instr: "Ray The Computer Guy"

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Oct 10 1:00pm-3:00pm	Res \$30 Non Res \$36	35327-01

CANVA FOR AWESOME BEGINNERS

Online

Learn how to use the easiest design website available all for free. Learn how to create designs from scratch or use templates with step-by-step guidance for any digital image you need. From online documents, business cards, email signatures and more, you'll leave this class with a practical guide to use Canva with confidence!

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Oct 10 12:00pm-1:00pm	Res \$20 Non Res \$20	35308-01

PRACTICAL CHATGPT TRAINING FOR EVERYONE

Online

Learn what you need to know about ChatGPT powered by Artificial Intelligence in this fun and engaging class! Understand how it works exactly and why it's taking the world by storm. You'll also learn practical everyday uses for ChatGPT in the workforce and at home.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Oct 15 12:00pm-1:00pm	Res \$20 Non Res \$20	35349-01

EDUCATION - TECHNOLOGY

GOOGLE SHEETS FOR AWESOME BEGINNERS

PCC-Education Wing, 14800 34th Avenue N

Learn comprehensive skills which will turn you from a Sheets novice into an expert including how to enter, organize, refine, analyze, and visualize your data.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Nov 7 12:00pm-1:00pm	Res \$20 Non Res \$20	35353-01

HOW TO USE VENMO SAFELY IN 2024

Online

Learn how to pay friends, businesses or receive money without using cash or checks. You'll leave this class with a confident understanding of how to set up Venmo safely, fees to avoid, and real world scenarios you or your family and friends may use with this mobile payment option.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Dec 3 12:00pm-1:00pm	Res \$20 Non Res \$20	35337-01

GROW YOUR BUSINESS WITH INSTAGRAM

Plymouth City Hall, 3400 Plymouth Boulevard

What can you do on Instagram that can result in huge growth for your customer base and sales? Learn the key steps needed to improve your company bottom line and also gain more followers. Plus, you'll learn to make your content irresistible and have fun in the process!

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Dec 5 12:00pm-1:00pm	Res \$20 Non Res \$20	35328-01

HOW TO USE UBER FOR TRANSPORTATION INDEPENDENCE

Online

Do you hate to drive in bad weather or when it's dark outside? Expand your transportation options and independence through the ride sharing service, Uber. Learn how to use Uber at major airports so that you can travel with confidence and use Uber anywhere in the world.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Dec 10 12:00pm-1:00pm	Res \$20 Non Res \$20	35358-01

CELL PHONES AND PARENTING

Locations vary

When your child has a smartphone there are key things you should know in order to keep them safe and secure. In this class you'll understand recommended safety settings on popular social media apps, parental apps for your child's smartphone, and more! We simplify this complicated technology so that you and your child can use the phone safely without worry. Class recordings will be emailed out to registered participants (if they aren't able to attend scheduled class time) and follow-up support from the instructor is included.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Dec 12 12:00pm-1:00pm	Res \$20 Non Res \$20	35359-01

PCC- Education Wing, 14800 34th Ave N

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	Sep 25 6:00pm-7:30pm	Res \$20 Non Res \$25	35359-02

TRAVEL

HOW TO TRAVEL FREE & MAKE MONEY TRAVELING

Online

Learn how to find the deep travel discounts plus learn important tips on travel safety, trip insurance, affordable retirement opportunities & other inspirational life enhancing strategies. Earn free airline tickets, hotel nights, tours, cruises & more! Instructor Gina Henry's 100-page digital book "how to travel free" (a \$39.95 Value) is included.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Sa	Oct 5 11:00am-2:00pm	Res \$49 Non Res \$49	35383-01

THE SECRETS OF TRAVEL HACKING

Online

Earn hundreds of thousands of airline frequent flyer miles and hotel reward points without ever stepping foot on a plane or paying for a hotel and then redeem them for high-value trips. Flights and hotels are typically the most expensive part of your vacation budget. Plus earn cash-back to pay for other travel expenses. Instr: Gina Henry.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Sa	Oct 19 11:00am-2:00pm	Res \$49 Non Res \$49	35391-01

Class recordings will be available for Social Club Simple classes for those that can't attend live. Follow-up support is also included.

HEALTH & FITNESS - CARDIO & STRENGTH

BARRE FUSION ON ZOOM

ZoYoga & Fitness

An online full body workout using movement inspired by yoga, ballet, drumming and traditional exercises. Movements and music will vary to make it an enjoyable fitness experience. All levels as long as you are able to get down onto your mat and back up. Participants will build strength, mobility, balance, and endurance so they can look and feel their best. Instr: Julie Zoril, ZoYoga Fitness.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Sa	Sep 14-Oct 5 8:00am-8:45am	Res \$29 Non Res \$39	35401-01
18+	M	Sep 23-Oct 14 6:00pm-6:45pm	Res \$29 Non Res \$39	35401-02
18+	M	Nov 18-Dec 9 6:00pm-6:45pm	Res \$29 Non Res \$39	35401-03

DANCE PARTY

PCC-Active Wing, 14800 34th Avenue N

Come join the 60-min dance party. We will learn several different dance styles and combos. With choreography and repetitive movements, this class is designed for all levels and abilities. Bring a water & towel and join the Party. Bring a water and towel. Instr: Tanya Johnson. No program: 11/28.

AGES	DAY	DATE & TIME	COST	ACTIVITY
16+	Th	Sep 5-Dec 12 7:00pm-8:00pm	Res \$145 Non Res \$165	35463-01

FACIAL EXERCISE

Zoom

This virtual class is geared for women. Just like the rest of your body, the face has muscles that can be tightened to lift up what gravity pulls down no matter what age. After an 1.5 Hour practice session, sagging jowls, droopy eyelids, turkey neck, and many more facial muscles can be tightened through a 4-minute workout you can fit easily into your life. Have a small stand-up mirror handy. An instructional booklet will be emailed. Tessa has been teaching facial exercise for over 40 years. Instr: Tessa Hill.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	Sep 18 7:00pm-8:30pm	Res \$31 Non Res \$36	35411-01

FULL BODY STRENGTH AND CONDITIONING

PCC-Active Wing, 14800 34th Avenue N

Join us for a total body, heart pumping, aerobic and strength conditioning workout. This interval-based class combines full-body strength training with high intensity cardio bursts designed to increase your strength, aerobic endurance, core stability, balance, and flexibility. We will be using a variety of equipment such as hand weights, resistance bands, body bars, exercise balls, step, gliders, and the BOSU. Come take your fitness routine to the next level! Bring water. Instr: Jen Christen, Ace Fitness Certified.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Sep 10-Oct 29 5:30pm-6:30pm	Res \$85 Non Res \$95	35460-01
18+	Tu	Nov 5-Dec 17 5:30pm-6:30pm	Res \$75 Non Res \$85	35460-02

PILATES MN - REFORMER PILATES

Pilates MN, 2355 Polaris Lane North Suite 130

The intro class is the building block to your Pilates experience. The reformer assists in doing exercises correctly, using core strength that will flatten and firm abs. Alignment, breathing and posture challenged. Instr: Pam Hasselbring, Pilates MN. No program: 11/28.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Sep 12-Oct 17 12:30pm-1:20pm	Res \$130 Non Res \$140	35405-01
18+	Th	Sep 12-Oct 17 7:00pm-7:50pm	Res \$130 Non Res \$140	35405-02
18+	Th	Oct 24-Dec 5 12:30pm-1:20pm	Res \$130 Non Res \$140	35405-03
18+	Th	Oct 24-Dec 5 7:00pm-7:50pm	Res \$130 Non Res \$140	35405-04

PROGRESSIVE STRENGTH ON ZOOM

ZoYoga & Fitness

An online full body strength workout. You can use just bodyweight or add hand weights for more resistance. Movements and music will vary to make it an enjoyable fitness experience. All levels as long as you are able to get down onto your mat and back up. Instructor: Julie Zoril, ZoYoga Fitness.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	F	Sep 20-Oct 11 9:00am-9:45am	Res \$29 Non Res \$39	35400-01

HEALTH & FITNESS - CARDIO & STRENGTH

STRENGTH AND STABILITY HOUR

PCC-Active Wing, 14800 34th Avenue N

Whether you are new to exercise, seasoned or just getting back to finding a routine, this total body workout targets strength, balance, and stability. With strength training we will engage your whole body and work to achieve a boost in metabolism, increase bone density and build lean muscles. With stability training we will activate the core to improve balance and increase functional strength to reduce risk of injury in our daily lives. Equipment will vary: BOSU ball, stability ball, resistance band, riser, and various weighted equipment. This class has no jumping or bouncing. Instr: Jan Larsen. No program: 11/27.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	Sep 11-Oct 16 4:30pm-5:30pm	Res \$65 Non Res \$75	35458-01
18+	W	Oct 30-Dec 11 4:30pm-5:30pm	Res \$65 Non Res \$75	35458-02

STRENGTH, BALANCE AND FLEXIBILITY

PCC-Active Wing, 14800 34th Avenue N

Increase your strength and improve your balance and flexibility. We will be performing functional exercises that strengthen every major muscle group, especially core muscles, to make every day movements easier, improve stability, and increase our mobility. There will be no jumping in this class. We will be using a variety of equipment such as hand weights, resistance bands, body bars, exercise balls, steps, gliders, and the BOSU. Bring water. Instr: Ann Mosack, City of Plymouth Staff.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Oct 1-Nov 5 10:00am-11:00am	Res \$65 Non Res \$75	35434-01
18+	Tu	Nov 12-Dec 17 10:00am-11:00am	Res \$65 Non Res \$75	35434-02

STRENGTH FUSION

PCC-Active Wing, 14800 34th Avenue N

This class is a mix of strength and cardio exercises designed to build strength and endurance while increasing metabolism through interval-style exercises. This class is designed for all ages and abilities to assist in toning and shaping your body to reach your personal fitness goals. Bring a water bottle and towel. Instr: Tanya Johnson. No program: 11/28.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Sep 5-Dec 12 6:00pm-6:45pm	Res \$145 Non Res \$165	35464-01

STRICTLY STRENGTH

PCC-Active Wing, 14800 34th Avenue N

Ready for an effective, fun, and safe strength training routine designed for all levels? This is your class! Target, isolate and fatigue, every major muscle group in the body using barbells, dumbbells and bodyweight. It's strictly about strength so be prepared to work muscles you never knew you had to increase your strength and sculpt your muscles. Bring water. Instr: Jen Christen, Ace fitness certified.

AGES	DAY	DATE & TIME	COST	ACTIVITY
16+	W	Sep 11-Oct 30 5:45pm-6:30pm	Res \$85 Non Res \$95	35461-01
16+	W	Nov 6-Dec 18 5:45pm-6:30pm	Res \$75 Non Res \$85	35461-02

TBC - TOTAL BODY CONDITIONING

PCC-Active Wing, 14800 34th Avenue N

Total body combines fun, cardio and strength movements to challenge your muscles, push your limits and get your heart pumping. While keeping it simple, you will gain strength, and improve overall daily endurance. This class will use a variety of equipment, hand weights, step, weighted bar, bands, BOSU ball, stability ball, and more. Instr: Jan Larsen. No program: 11/25.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	M	Sep 9-Oct 14 4:30pm-5:15pm	Res \$65 Non Res \$75	35403-01
18+	M	Oct 28-Dec 9 4:30pm-5:15pm	Res \$65 Non Res \$75	35403-02

TOTAL BODY CIRCUIT

PCC-Active Wing, 14800 34th Avenue N

Circuit training aims to keep your heart rate elevated while training the major muscle groups by rotating through different exercise stations with minimal rest between exercises. Join us for an effective and challenging form of conditioning to burn more calories, develop your strength, endurance, and coordination utilizing a variety of exercises. This class is open to teens and adults. Teens 14 years and younger must register with an adult. Bring your own towel and water. Instr: Jen Christen, Ace fitness certified.

AGES	DAY	DATE & TIME	COST	ACTIVITY
12+	W	Sep 11-Oct 30 6:45pm-7:30pm	Res \$85 Non Res \$95	35448-01
12+	W	Nov 6-Dec 18 6:45pm-7:30pm	Res \$75 Non Res \$85	35448-02

TRX - TOTAL BODY RESISTANCE EXERCISE

PCC-Active Wing, 14800 34th Avenue N

This workout delivers a fast, effective total-body workout which benefits people of all fitness levels. You will use your own body weight and gravity as resistance to build strength, balance, coordination, flexibility, core and joint stability. Whether you want to build strength, lose fat, improve endurance or flexibility, the TRX suspension trainer can be used to achieve your fitness goal. Instr: Jan Larsen. No program: 11/25.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	M	Sep 9-Oct 14 5:30pm-6:15pm	Res \$65 Non Res \$75	35406-01
18+	M	Oct 28-Dec 9 5:30pm-6:15pm	Res \$65 Non Res \$75	35406-02

HEALTH & FITNESS - ESSENTIAL OILS

ESSENTIALLY GOOD GIFT MAKING

PCC-Education Wing, 14800 34th Avenue N

The ultimate workshop to create handmade gifts that are useful, healthful and fun using doTerra essential oils. Participants can make lotions and bath goodies, jewelry and ornaments. Handmade gifts for your favorite people (and pets). Walk away with an increased understanding about the positive impact that essential oils can have. Included with the workshop are 3 gifts. All materials are provided. Additional gifts can be made for \$4 to \$6 each.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Sa	Dec 7 10:00am-12:00pm	Res \$37 Non Res \$43	35442-01

GENETIC TESTING

HEALTH BENEFITS OF GENETIC TESTING

PCC-Education Wing, 14800 34th Avenue N

It's a common misconception that our genes determine our fate. Genetic testing opens up a world of possibilities for understanding and improving our health. Think of your genes as a blueprint unique to you. Emotionally: Genetics shows us the programming we came in with (the womb), and whether it's manifest currently shows us what programming we have overcome or are still struggling with. You can impact gene expression (or disease traits) through diet and lifestyle choices (epigenetics). Come and learn more about this fascinating subject and the amazing 3x4 Genetic Testing. It is NOT an ancestry test, just your Unique Genetic code that allows you to take the right steps to ensure your future health and well-being. Participants will get a \$30 discount on their test and evaluation (test and evaluation \$497). Instr: Heidi Neubauer ND.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Sep 17 6:30pm-7:45pm	Res \$30 Non Res \$40	35439-01
18+	Th	Nov 14 6:30pm-7:45pm	Res \$30 Non Res \$40	35439-02



MEDITATION

MEDITATION: DEVELOPING MEDITATIVE TOOLS FOR BETTER LIVING

PCC-Active Wing, 14800 34th Avenue N

The profound effects of meditation on our physical, emotional, and spiritual health are abundant. This informative workshop provides the training you need to choose and develop a meditation practice that works for you. You will learn about the health benefits of a consistent meditation practice and try different techniques. We will sample three meditation practices: loving kindness meditation to reduce self-critical thoughts and replace them with kindness and compassion, guided meditation for deep rest, replenishment and healing, and mindfulness meditation to hone our ability to be present, to connect and experience life in its fullness. Bring: yoga mat, a blanket, pillow or cushion for comfort, and water for hydration. Instr: Clare Rubin.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Sa	Sep 21 9:00am-11:00am	Res \$30 Non Res \$40	35444-01
18+	Sa	Oct 26 9:00am-11:00am	Res \$30 Non Res \$40	35444-02

HEALTH & FITNESS - T'AI CHI CHIH

TAI CHI CHIH

T'ai chi chih®, "joy through movement" is not a martial art; it is a carefully structured sequence of gentle movements which are performed as a moving meditation. Regular practice of T'ai Chi Chih can improve balance, reduce stress, and produce an overall calming impact and a sense of grounding and well-being. A very useful practice for our challenging world.

TAI CHI CHIH 1

PCC-Active Wing, 14800 34th Avenue N

This beginner class offers the underlying principles and detailed instruction in majority of the 19 movements. Students will also be introduced to preparing mind and body to enhance the benefits of T'ai Chi Chih practice. Instr: Silvia Yueh.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Sep 10-Oct 29 10:00am-11:00am	Res \$81 Non Res \$91	35416-01
18+	Tu	Nov 5-Dec 17 10:00am-11:00am	Res \$71.50 Non Res \$81.50	35416-02



WEATHER LINE
763-509-5205
 call for updates on
 class cancellations

HEALTH & FITNESS - T'AI CHI CHIH

TAI CHI CHIH 2

PCC-Active Wing, 14800 34th Avenue N

Pre-requisite: T'ai Chi Chih 1, or previous experience with T'ai Chi Chih practice. This class will build upon the teachings explored in T'ai Chi Chih 1, concentrating on the remaining of the 19 movements. Attention will be given to deepening the understanding of the principles of T'ai Chi Chih movements. At the end of the class, students will be able to complete all 19 movements and one pose in sequence. Instr: Silvia Yueh.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	Sep 11-Oct 30 10:00am-11:00am	Res \$81 Non Res \$91	35415-01
18+	W	Nov 6-Dec 18 10:00am-11:00am	Res \$71.50 Non Res \$81.50	35415-02

TAI CHI CHIH 3

PCC-Active Wing, 14800 34th Avenue N

pre-requisite: T'ai Chi Chih 1 & 2, or previous experience with all of T'ai Chi Chih movements. This is a group class for those who enjoy the benefits of T'ai Chi Chih practice and wish to deepen their understanding of the principles of this moving meditation. All 19 movements and one pose are completed in sequence at each class. Instr: Silvia Yueh.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Sep 10-Oct 29 11:15am-12:15pm	Res \$81 Non Res \$91	35417-01
18+	Tu	Nov 5-Dec 17 11:15am-12:15pm	Res \$71.50 Non Res \$81.50	35417-02

YOGA

SLOW FLOW YOGA ON ZOOM

ZoYoga & Fitness

An online class where you will enjoy flowing movement and smooth transitions mixed with balances and stretches. Works for all levels as long as you are able to get down onto your mat and back up. Participants will work through body aches and busy minds. This class promotes joint health, flexibility, circulation, and mental focus. Instr: Julie Zoril, ZoYoga fitness.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Sep 19-Oct 10 6:00pm-6:45pm	Res \$29 Non Res \$39	35404-01

YOGA EASY

PCC-Active Wing, 14800 34th Avenue N

Ease into your day with yoga easy. This yoga mat class is a gentle blend of yoga flows that increase flexibility, strength, and balance. Clare's calm demeanor and meditative voice are both soothing and encouraging. Open to all levels of experience. Instr: Clare Rubin.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	F	Sep 6-Oct 11 9:00am-10:00am	Res \$89 Non Res \$99	35420-01
18+	F	Oct 18-Nov 22 9:00am-10:00am	Res \$89 Non Res \$99	35420-02
18+	F	Dec 6-Dec 27 9:00am-10:00am	Res \$61 Non Res \$71	35420-03

YOGA WITH PR

CHAIR YOGA

PCC-Active Wing, 14800 34th Avenue N

If your body is craving movement but finds it challenging to get down to a yoga mat, chair yoga may be just what you need. Breathwork, gentle poses to increase flexibility and balance, and a relaxing savasana. If you stand or sit all day, are tense, inflexible, or have contraindications that keep you from the floor, this class is for you. Zoom available by request. Instr: PR Brady. No program: 11/25.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	M	Sep 9-Oct 21 10:00am-11:00am	Res \$85 Non Res \$95	35419-01
18+	M	Oct 28-Dec 16 10:00am-11:00am	Res \$85 Non Res \$95	35419-02

HAPPY JOINTS YOGA

PCC-Active Wing, 14800 34th Avenue N

An hour of dedicated care to gently increase the body's range of motion, and ease the aches and pains associated with "computer body" or injury recovery. Let that tension go with breathing, meditation and specific movements and poses focused on nurturing and nourishing the soft tissue of the joints and body. If you stand or sit all day at a computer, are tense, inflexible, or have chronic pain this practice is for you. Instr: PR Brady. No program: 11/25, 11/26, 11/27.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	M	Sep 9-Oct 21 8:30am-9:30am	Res \$85 Non Res \$95	35459-01
18+	Tu	Sep 10-Oct 22 6:15pm-7:15pm	Res \$85 Non Res \$95	35459-02
18+	W	Sep 11-Oct 23 11:30am-12:30pm	Res \$85 Non Res \$95	35459-03
18+	M	Oct 28-Dec 16 8:30am-9:30am	Res \$85 Non Res \$95	35459-04
18+	Tu	Oct 29-Dec 17 6:15pm-7:15pm	Res \$85 Non Res \$95	35459-05
18+	W	Oct 30-Dec 18 11:30am-12:30pm	Res \$85 Non Res \$95	35459-06

HEALTH & FITNESS - YOGA WITH PR

MINI MORNING GRATITUDE YOGA

Zoom

Wake up and join a mini yoga practice that includes breathwork, a little meditation and a short, energizing yoga practice. If you stand or sit all day, feel tight, tense, inflexible, or experience anxiety, this is for you. Now is the perfect time to try some yoga in the privacy of your own space. Start your day with energy, positivity, and sense of calm. All you need is a mat and blanket. Instr: PB Brady.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	M-F	Sep 2-Sep 27 6:00am-6:45am	Res \$79 Non Res \$89	35455-01
18+	M-F	Sep 30-Oct 25 6:00am-6:45am	Res \$79 Non Res \$89	35455-02
18+	M-F	Oct 28-Nov 22 6:00am-6:45am	Res \$79 Non Res \$89	35455-03
18+	M-F	Nov 25-Dec 20 6:00am-6:45am	Res \$79 Non Res \$89	35455-04

RESTORATIVE YOGA

PCC-Active Wing, 14800 34th Avenue N

The experience of facilitated conscious relaxation brings the nervous system to a parasympathetic state that helps to achieve a deeper sleep when you do sleep. It's even been known to decrease insomnia, lower blood pressure, increase "good cholesterol" levels, reduce belly fat, improve digestion, lower serum triglycerides and blood sugar levels in the blood, reduce muscle tension and general fatigue. Treat yourself to the benefits of "rest and digest mode" deeply and completely in this gentle, nurturing yoga series. Instr: PR Brady. No program: 11/25.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	M	Sep 9-Oct 21 8:00pm-9:15pm	Res \$85 Non Res \$95	35441-01
18+	M	Oct 28-Dec 16 8:00pm-9:15pm	Res \$85 Non Res \$95	35441-02



SLOW FLOW YOGA

PCC-Active Wing, 14800 34th Avenue N

An energizing hour of yoga to let go of your hectic day, that includes breathwork, a little meditation, movement, balance, strength and stretch. Reset your mind, body and spirit, with positivity and a sense of serene calm. Bring your mat and water. Instr: PR Brady. No program: 11/25,11/27.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	M	Sep 9-Oct 21 4:15pm-5:15pm	Res \$85 Non Res \$95	35408-01
18+	M	Oct 28-Dec 16 4:15pm-5:15pm	Res \$85 Non Res \$95	35408-02
18+	W	Sep 11-Oct 23 10:15am-11:15am	Res \$85 Non Res \$95	35408-03
18+	W	Oct 30-Dec 18 10:15am-11:15am	Res \$85 Non Res \$95	35408-04

STRENGTH YOGA

PCC-Active Wing, 14800 34th Avenue N

Increase your strength and stamina with a practice that intertwines classic yoga asanas with isometrics and mindfulness—no actual weightlifting involved. Improve posture, balance, breath and flexibility. Build strength without stressing weak or injured muscle or joints. If you are just starting movement and strength training or are recovering from an injury and want to rebuild your strength this practice is for you. Great for individuals experiencing minor joint discomfort or anyone looking for a change in their fitness routine. Bring your mat and some water. Instr: PR Brady. No program: 11/25.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	M	Sep 9-Oct 21 6:45pm-7:45pm	Res \$85 Non Res \$95	35452-01
18+	M	Oct 28-Dec 16 6:45pm-7:45pm	Res \$85 Non Res \$95	35452-02

YIN YOGA

PCC-Active Wing, 14800 34th Avenue N

Yin yoga involves relaxing the body right up to ones' healthy edge—wherever your edge may be. We breathe "into" the muscles as we engage them, which allows them to stretch. This results in feeling more balanced, less stressed, less restless; and gives more strength and energy than it takes away. Yin lives halfway between active exercise and total stillness. If you stand or sit all day, are tense, inflexible, experience anxiety, or have an overactive life this is for you. Instr: PR Brady. No program: 11/26.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Sep 10-Oct 22 7:30pm-8:30pm	Res \$85 Non Res \$95	35440-01
18+	Tu	Oct 29-Dec 17 7:30pm-8:30pm	Res \$85 Non Res \$95	35440-02

HEALTH & FITNESS - YOGA WITH PR

YOGA NIDRASSAGE

PCC-Active Wing, 14800 34th Avenue N

Experience the transformational journey of yoga nidrassage; a beautiful blend of the expansive, supportive nurturing practice of yoga nidra, and the physical surrender into the bodywork of yoga massage. Give yourself permission to melt into a meditative state of consciousness, while allowing the body to be gently moved into 4 tension releasing yoga massage poses. This special practice is limited to four participants to ensure each person receives the ultimate experience. Prepare to find peace beyond words, physically, mentally, emotionally as you lay back and relax as your practitioner guides you into sheer bliss. Yoga nidrassage awaits you. Please note: most of the session is spent comfortably reclined. This experience includes hands on massage. Therapeutic oils are used. Wear comfortable loose clothing. Only eat a light meal 2 hours prior to your experience. Prepare to be amazed. Instr: PR Brady.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	F	Sep 20 7:00pm-9:00pm	Res \$64 Non Res \$74	35412-01
18+	F	Oct 11 7:00pm-9:00pm	Res \$64 Non Res \$74	35412-02
18+	F	Nov 8 7:00pm-9:00pm	Res \$64 Non Res \$74	35412-03
18+	F	Dec 13 7:00pm-9:00pm	Res \$64 Non Res \$74	35412-04

YOGA SCULPT

PCC-Active Wing, 14800 34th Avenue N

Increase your strength and stamina with an energizing practice that intertwines classic yoga asanas with light weights and mindful movement. Improve posture, balance, breath and flexibility. If you are looking to gently boost your overall strength and wellbeing, this practice is for you. Great for anyone looking for a change in their fitness routine. Bring your mat and some water. Instr: PR Brady. No program: 11/26, 11/27.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Sep 10-Oct 22 5:00pm-6:00pm	Res \$85 Non Res \$95	35422-01
18+	W	Sep 11-Oct 23 9:00am-10:00am	Res \$85 Non Res \$95	35422-02
18+	Tu	Oct 29-Dec 17 5:00pm-6:00pm	Res \$85 Non Res \$95	35422-03
18+	W	Oct 30-Dec 18 9:00am-10:00am	Res \$85 Non Res \$95	35422-04

CANCELLATION POLICY

Requests for cancellations or transfers must be made at least one full week prior to the first class unless noted otherwise. See pg. 2.

NEW! Parks & Rec app



scan here to
**download
app**

HEALTH & FITNESS - ZUMBA

ZUMBA

Zumba takes the work out of workout. Class is easy, aerobic and lots of fun. This dance fitness fuses Latin rhythms with easy-to-follow moves. A dynamic, complete body workout with an emphasis on arms, legs, abdomen and heart! Instr: Gina Galindo. No program: 11/28.

ZUMBA LEVEL 1

PCC-Active Wing, 14800 34th Avenue N

No program: 11/28.

AGES	DAY	DATE & TIME	COST	ACTIVITY
16+	M	Sep 9-Oct 21 5:30pm-6:30pm	Res \$68 Non Res \$78	35409-01
16+	W	Sep 11-Oct 23 6:45pm-7:45pm	Res \$68 Non Res \$78	35409-02
16+	Th	Sep 12-Oct 24 5:30pm-6:30pm	Res \$68 Non Res \$78	35409-03
16+	M	Nov 4-Dec 16 5:30pm-6:30pm	Res \$68 Non Res \$78	35409-04
16+	W	Nov 6-Dec 18 6:45pm-7:45pm	Res \$68 Non Res \$78	35409-05
16+	Th	Nov 7-Dec 19 5:30pm-6:30pm	Res \$59 Non Res \$69	35409-06

ZUMBA LEVEL 2

PCC-Active Wing, 14800 34th Avenue N

No program: 11/28.

AGES	DAY	DATE & TIME	COST	ACTIVITY
16+	Tu	Sep 10-Oct 22 6:45pm-7:45pm	Res \$68 Non Res \$78	35410-01
16+	W	Sep 11-Oct 23 5:30pm-6:30pm	Res \$68 Non Res \$78	35410-02
16+	Th	Sep 12-Oct 24 10:15am-11:15am	Res \$68 Non Res \$78	35410-03
16+	Tu	Nov 5-Dec 17 6:45pm-7:45pm	Res \$68 Non Res \$78	35410-04
16+	W	Nov 6-Dec 18 5:30pm-6:30pm	Res \$68 Non Res \$78	35410-05
16+	Th	Nov 7-Dec 19 10:15am-11:15am	Res \$59 Non Res \$69	35410-06

ZUMBA GOLD

PCC-Active Wing, 14800 34th Avenue N

Fitness class for senior adults that uses exciting Latin and international dance rhythms. Class is modified for beginner participants. No dance experience necessary. Comfortable clothing and workout shoes recommended. Using dance and fitness moves, experience a complete body workout. Instr: Gina Galindo. No program: 11/28.

AGES	DAY	DATE & TIME	COST	ACTIVITY
50+	Tu	Sep 10-Oct 22 8:45am-9:45am	Res \$68 Non Res \$78	35418-01
50+	Th	Sep 12-Oct 24 9:00am-10:00am	Res \$68 Non Res \$78	35418-02
50+	Tu	Nov 5-Dec 17 8:45am-9:45am	Res \$68 Non Res \$78	35418-03
50+	Th	Nov 7-Dec 19 9:00am-10:00am	Res \$59 Non Res \$69	35418-04



OUTDOOR RECREATION

PLYMOUTH BIRDING CLUB

TBD

Whether you're a beginner or a seasoned birder, we will venture through local parks and trails, sharing fascinating insights and observations. Feel free to bring along your own materials, we will have a couple spare binoculars to share. Each participant receives a complimentary bird book upon registration. (Program locations will be emailed to participants).

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Sep 3-Sep 24 9:00am-10:00am	Res \$29 Non Res \$35	35920-01

SAFETY

ADULT AND PEDIATRIC CPR/AED CERTIFICATION

PCC-Education Wing, 14800 34th Avenue N

This class will teach you how to respond to life threatening emergencies by providing effective CPR and administration of AED for Children, Adults, and infants alike who are experiencing a cardiac or respiratory emergency.

AGES	DAY	DATE & TIME	COST	ACTIVITY
16+	Th	Dec 12 4:30pm-8:30pm	Res: \$75 Non Res: \$85	36517-01
16+	Sa	Oct 19 12:30pm-6:30pm	Res: \$75 Non Res: \$85	36517-02



SPORTS - BADMINTON

BADMINTON - ADULT PROGRAM

Wayzata High School, 4955 Peony Lane

We supply the net and the birdies; you supply the racket. Limited number of loaner rackets available. Players must pre-register for this program. Registration is limited. No program: 10/10, 11/21, 11/28.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	M	Sep 9-Oct 28 7:30pm-10:00pm	Res \$64 Non Res \$74	35213-01
18+	Th	Sep 19-Oct 24 7:30pm-10:00pm	Res \$40 Non Res \$48	35213-02
18+	M	Nov 4-Dec 16 7:30pm-10:00pm	Res \$56 Non Res \$64	35213-03
18+	Th	Oct 31-Dec 19 7:30pm-10:00pm	Res \$48 Non Res \$58	35213-04

MARTIAL ARTS

SHOSHIN RYU JUJITSU

Shoshin Ryu Martial Arts, 13605 27th Avenue N

Shoshin Ryu is a Japanese based system of Martial Arts. It is both bujutsu (a school emphasizing effective martial arts techniques) and budo (a school emphasizing personal character development). Shoshin changes to fit the challenges of the times, yet carries with it the essence of previous generations. Shoshin students will learn striking, throwing, forms, ground skills, and weaponry, combining to form a power arsenal of self defense tools; all the while perfecting one's character. Instr: Brian Combo.

AGES	DAY	DATE & TIME	COST	ACTIVITY
13+	W	Sep 11-Oct 23 7:00pm-8:00pm	Res \$82 Non Res \$94	35217-02
13+	W	Oct 30-Dec 11 7:00pm-8:00pm	Res \$82 Non Res \$94	35217-04

PICKLEBALL

PICKLEBALL - LESSONS

PCC-Active Wing, 14800 34th Avenue N

Whether you're just starting to learn Pickleball or want to go to the next level, this class is for you. Come practice your skills and play some games. Bring your own racket if you have one. Some loaners will be available to use. All other equipment is provided. Please wear athletic shoes, comfortable clothing, and bring a water bottle.

AGES	DAY	DATE & TIME	COST	ACTIVITY
beg/int 18+	Tu	Oct 15-Nov 5 2:00pm-3:30pm	Res \$95 Non Res \$109	35209-01
int/adv 18+	Tu	Nov 12-Dec 3 2:00pm-3:30pm	Res \$95 Non Res \$109	35209-02



see more pickleball programs
on next page

SPORTS - PICKLEBALL

PICKLEBALL - BEG & INT/ADV LESSONS

Locations vary

Learn the game of pickleball, one of the fastest growing sports for all ages. Rules, scoring, volleys, player position and more will be covered. Game play time will be available each session. Beginner, intermediate, and advanced levels offered. For the Advanced only, a 3.5 DUPR rating recommended. No program: 12/1.

AGES	DAY	DATE & TIME	COST	ACTIVITY
Bass Lake Playfield, 5450 Northwest Blvd				
beg 16+	Su	Sep 8-Sep 29 5:00pm-6:30pm	Res \$95 Non Res \$109	35201-01
int/adv 16+	Su	Sep 8-Sep 29 6:30pm-8:00pm	Res \$95 Non Res \$109	35201-02
beg 16+	Tu	Sep 10-Oct 1 6:00pm-7:30pm	Res \$95 Non Res \$109	35201-03
int/adv 16+	Tu	Sep 10-Oct 1 7:30pm-9:00pm	Res \$95 Non Res \$109	35201-04

PCC-Active Wing, 14800 - 34th Ave N.

beg 16+	Tu	Oct 15-Nov 5 6:00pm-7:30pm	Res \$95 Non Res \$109	35201-05
int/adv 16+	Tu	Oct 15-Nov 5 7:30pm-9:00pm	Res \$95 Non Res \$109	35201-06
beg 16+	Tu	Nov 12-Dec 3 6:00pm-7:30pm	Res \$95 Non Res \$109	35201-07
int/adv 16+	Tu	Nov 12-Dec 3 7:30pm-9:00pm	Res \$95 Non Res \$109	35201-08
beg/int 16+	Su	Nov 17-Dec 15 5:00pm-6:30pm	Res \$95 Non Res \$109	35201-09
adv 16+	Su	Nov 17-Dec 15 6:30pm-8:00pm	Res \$95 Non Res \$109	35201-10

SOCCER

ADULT SOCCER PROGRAM

PCC Fieldhouse, 14800 34th Avenue N

Co-rec soccer on a social level. Not for aggressive/competitive players. No slide tackling; shin guards recommended. Teams formed on site by captains. Tennis shoes or rubber soled cleats o.k. to wear for the program. Pre-registration required. No program: 11/27.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	M	Nov 4-Dec 23 9:00pm-10:00pm	Res \$112 Non Res \$123	35207-01
18+	W	Nov 6-Dec 18 9:00pm-10:00pm	Res \$84 Non Res \$96	35207-02

SOCCER - ADULT PROGRAM

Locations vary

Co-Rec soccer on a social level. Not for the aggressive/competitive player. No slide tackling, shin guards recommended. Teams formed on site by captains each week. Pre-registration required.

AGES	DAY	DATE & TIME	COST	ACTIVITY
Parkers Lake Playfield, 15500 Co Road 6				
18+	W	Sep 4-Oct 23 7:30pm-9:00pm	Res \$56 Non Res \$64	35216-02
PCC Fieldhouse, 14800 - 34th Ave N.				
18+	Su	Sep 8-Oct 20 4:30pm-6:00pm	Res \$49 Non Res \$56	35216-01

VOLLEYBALL

VOLLEYBALL - ADULT PROGRAM

Wayzata High School, 4955 Peony Lane

We supply the nets, volleyballs and setup. Players rotate on the court depending on the number of people. Participants will need to pre-register for this program. No program: 11/27.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	Sep 11-Oct 23 7:30pm-10:00pm	Res \$49 Non Res \$56	35214-01
18+	W	Oct 30-Dec 18 7:30pm-10:00pm	Res \$49 Non Res \$56	35214-02



WEATHER LINE

763-509-5205

call for updates on
class cancellations



LEAGUES

PICKLEBALL - BEG/INT LEAGUE

PCC-Active Wing, 14800 34th Avenue N

In these leagues, sign up as an individual. Each week you will be grouped with 4-5 other players, and you will play a game with each of them as your partner to 15 points. As you win/lose, you go up or down the rankings, so players move up or down the ladder on a weekly basis. Should be beginner level (2-3.5 if you know your player rating). Players should know rules and how to score. For specific questions on the league, contact Dan Richards at 612-483-0972.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Sa	Oct 5-Nov 23 5:45pm-8:30pm	Res \$125 Non Res \$137	35221-01

FLAG FOOTBALL 4 X 4

Bass Lake Playfield - 5450 Northwest Blvd

4 x 4 unofficial flag football League. Supply your own ball. Call 763-509-5200 to register or for details. Games consist of two 25-minute running time halves with a 5-minute halftime. Field attendant sets up field, keeps time, and records scores.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Su	Sep 8-Oct 20 9:00am-12:00pm	\$200	35229

FALL 5 X 5 UNOFFICIATED BASKETBALL LEAGUE

Armstrong High School - 10635-36th Ave N

Full court; no referees, call your own fouls. Timekeeper supplied. Two divisions based on competition level. New teams placed in lower division unless request to play up. Supply your own ball.

Team Fee is \$195

Registration starts July 10

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	M	Sep 9-Nov 11 6:00pm-10:00pm	\$200	35220

SOCCER - FALL MEN'S OUTDOOR OFFICIATED SOCCER LEAGUE

Parkers Lake Playfield - 15500 County Road 6

Play 6 v 6 plus goalie. Depending on number of teams, two divisions based on competitive level. Returning teams may be moved up. Roster limit is 16. Games at Parkers Lake Playfield

Team Fee is \$350

Registration starts July 10

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Su	Sep 8-Oct 20 6:00pm-9:00pm	\$350	35205

SOCCER - FALL MEN'S INDOOR OFFICIATED LEAGUE

PCC Fieldhouse - 14800 34th Ave N.

Play 6 v 6 plus goalie, 1 or 2 divisions based on competitive level. Returning teams may be moved up. Roster limit is 16. Limited to 8 teams. No Games: 11/28.

Team Fee is \$995

Registration starts Sept 2

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+		Nov 7-Dec 26 8:00pm-10:00pm	\$995	35206

Adults 55+ / Seniors

EDUCATION

BEYOND CALLING & TEXTING

PCC-Education Wing, 14800 34th Avenue N

Learn the power of your cellphone and how to use it to make life easier. We will look at topics such as online shopping, booking trips, reading books, banking, emails, printing, sharing documents/media and more. Instr: "Ray The Computer Guy"

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Oct 10 1:00pm-3:00pm	Res \$30 Non Res \$36	35327-01

FALL SENIOR HOUSING TOUR

PCC-Event Wing, 14800 34th Avenue N

Curious about Senior Living? This tour is for you! Join an intimate bus tour to Plymouth area senior living communities. Visit an independent rental, assisted living, memory care and enhanced care community. Lunch and snack provided by host site. Tour departs from Plymouth Community Center. Participants must be physically able to enter/exit bus several times during the day. \$30 per person or \$50 for 2 people booking tour together. Instr: Janelle Meyers, Choice Connections.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Sep 19 10:00am-4:00pm	\$30 - single \$50 - 2 people	35911-01

SENIOR HOUSING:

WHAT YOU NEED TO KNOW BEFORE A MOVE

PCC-Education Wing, 14800 34th Avenue N

There are many options in senior housing. Most people get overwhelmed and do not know where to start. This course will help you understand the different types of senior housing options, average costs, payment sources, and where to get help. Instr: Janelle Meyers, Choice Connections.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Oct 15 10:30am-11:30am	Res \$10 Non Res \$12	35912-01

MEDICARE 101

PCC-Education Wing, 14800 34th Avenue N

Learn about and discuss the different parts of Medicare deductibles and what's covered, enrollment periods, and costs. Learn how to enroll to get additional coverage different types of Medicare Advantage plans and Medicare Supplements. Understanding Part D Drug Coverage, minimum requirements formularies, drug tiers and the donut hole and how to avoid penalties. Instr: Sarah Colpitts, Integrated Insurance.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Sa	Sep 7 10:00am-10:45am	Res \$8 Non Res \$10	35336-01
18+	Th	Sep 19 6:00pm-6:45pm	Res \$8 Non Res \$10	35336-02
18+	M	Sep 23 6:00pm-6:45pm	Res \$8 Non Res \$10	35336-03
18+	W	Oct 2 6:00pm-6:45pm	Res \$8 Non Res \$10	35336-04
18+	W	Oct 23 6:00pm-6:45pm	Res \$8 Non Res \$10	35336-06
18+	Sa	Nov 9 10:00am-10:45am	Res \$8 Non Res \$10	35336-07
18+	Tu	Nov 19 6:00pm-6:45pm	Res \$8 Non Res \$10	35336-08
18+	M	Dec 2 6:00pm-6:45pm	Res \$8 Non Res \$10	35336-09
18+	Tu	Dec 17 6:00pm-6:45pm	Res \$8 Non Res \$10	35336-10

MEDICARE 101 AND DISCUSSION FOR THE DEAF AND HARD OF HEARING COMMUNITY

PCC- Education Wing, 14800 34th Avenue N

Learn about and discuss the different parts of Medicare including deductibles and what's covered, enrollment periods, and costs. Learn how to enroll to get additional coverage. Learn different types of Medicare Advantage plans and Medicare Supplements. Understand Part D Drug Coverage, minimum requirements and more. Participation and attendance is free, but registration is required. This class is ASL interpreted and is made possible by Integrated Insurance. Instr: Sarah Colpitts, Integrated Insurance.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Sa	Oct 12 1:00pm-2:00pm	no fee	35919-01

MEDICARE BENEFITS FOR VETERANS

PCC- Education Wing, 14800 34th Ave N

Learn how Medicare plans work for Veterans, tips for navigating Medicare as a Veteran, and hear about extra benefits available to you. Instr. Sarah Colpitts, Integrated Insurance.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	Sep 11 6:00pm-6:45pm	no fee	35924-11

NAVIGATING BENEFITS FOR VETERANS

PCC-Education Wing, 14800 34th Avenue N

Learn from an experienced and knowledgeable Veteran how to best access VA Health Care, become eligible for VA Health Care enrollment, priority groups, and co-pays. Hear tips to navigate basic medical package plan overview i.e. primary care, specialty care, mental health. Instr: Jeremy Wolfsteller, SAVE.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	Nov 13 11:00am-12:00pm	no fee	35913-01



EDUCATION

HIP AND KNEE ARTHRITIS: CAUSES, MANAGEMENT & TREATMENT OPTIONS PCC-Education Wing, 14800 34th Avenue N

Learn about the biology and anatomy of common hip and knee problems, and what causes them. Hear many non-operative treatment options. Learn about and discuss hip and knee replacements, what to expect and how it can be a reliable long-term solution. Instr: Dr. Kevin Sandhu, Summit Orthopedic.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	Sep 18 10:00am-11:00am	Res \$5 Non Res \$7	35916-01

WE NEED TO TALK: SEMINAR FOR CAREGIVERS OF AGING DRIVERS PCC-Education Wing, 14800 34th Avenue N

This seminar, facilitated by a trained volunteer, offers practical tips and advice about having family conversations with Older Drivers. Instr: AARP.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	Oct 9 7:00pm-9:00pm	Res \$5 Non Res \$7	35917-01

LIFELONG LEARNERS: PLYMOUTH PARKS AND RECREATION 55+ PROGRAMS AND OUR NEW APP! PCC- Education Wing, 14800 34th Avenue N

Wanting to sign up for fun and engaging programs at the Plymouth Community Center, but not sure where to start? Hear highlights about Plymouth Parks and Recreation's 55+ programs including classes, annual membership groups, trips and special events. Also learn about the new Parks and Recreation App- how to download onto your own device, search for programs, register and more! Instr: Plymouth Parks and Recreation Staff.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	Oct 9 10:00am-11:00am	no fee	35918-01

COOKING FOR 1 OR 2 PCC-Event Wing, 14800 34th Avenue N

Cooking for 1 or 2 people is challenging. Most recipes are too large (how long DO you want to eat leftovers?). Join this lively class that will demonstrate easy and nutritious recipes. Learn how to adapt your favorite recipes for 1 or 2. Samples and recipes included, bring your own n/a beverage. Instr: Linda Stewart.

Menu:

Sept 16: 3 delicious rotisserie chicken recipes and healthy sides

Oct 21: Creating with Fall squash- main dish, side AND dessert!

Nov: Traditional Thanksgiving for 2- Turkey, stuffing, healthy veg, and easy dessert pie.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	M	Sep 16 11:00am-1:00pm	Res \$55 Non Res \$63	35910-01
18+	M	Oct 21 11:00am-1:00pm	Res \$55 Non Res \$63	35910-02
18+	M	Nov 18 11:00am-1:00pm	Res \$55 Non Res \$63	35910-03

THE TRAVELING PROFESSOR: AMERICAN HISTORY Plymouth Old Town Hall, 3605 Fernbrook Ln N

Join The Traveling Professor, David Johnston, at Plymouth's Old Town Hall for captivating history lectures. Dive deep into intriguing historical narratives and gain fresh insights into the past. Explore pivotal moments and characters in American history. Immerse yourself in the past with a knowledgeable guide who brings history to life. Don't miss this enriching journey through time!

Topics:

Oct 18 - The amazing story of Wilbur & Orville Wright

Nov 15 - The Life of Eleanor Roosevelt: World Changer

Dec 20 - Abraham Lincoln: Our Greatest President

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	F	Oct 18 9:30am-11:00am	Res \$8 Non Res \$10	35915-01
18+	F	Nov 15 9:30am-11:00am	Res \$8 Non Res \$10	35915-02
18+	F	Dec 20 9:30am-11:00am	Res \$8 Non Res \$10	35915-03

details on pg. 10

MEET YOUR NEIGHBOR

programs for ages 13+

- DEMENTIA FRIENDS •
- INTRODUCTION TO HINDUISM •

Adults 55+ / Seniors

EDUCATION

CAREGIVER SUPPORT GROUP

Locations vary

Connect with other caregivers, talk about general aging issues and caring for loved ones with chronic conditions and/or dementia, and receive tips and resources from a licensed social worker who leads the group. Drop-in as your schedule allows. Instr: Krystal Wiebusch, Senior Community Services.

DAY/LOCATION	DATE & TIME	COST	ACTIVITY
Third Wed. of month at PCC - Education wing 14800 34th Ave N	Jan 17-Dec 18 10:00am-11:30am	no fee	45909-01
Second Tues. of month on Zoom (online)	Jan 9-Dec 10 4:30pm-6:00pm	no fee	45909-02

MINNESOTA HIGHWAY SAFETY & RESEARCH CENTER DRIVING CLASSES

Plymouth Community Center, 14800 34th Avenue N

Taught by trained instructors, topics include changes in traffic laws, vehicle technology and defensive driving tips using educational videos and classroom training/discussion. Sessions are available in a basic (8-hour) first-time course or a refresher (4-hour) course. Please bring what you need for the day (eg. snack, lunch or beverage). Completion of this course allows for a 10% reduction on automobile insurance premiums in Minnesota for those ages 55 and over. Refresher course must be completed every three years for discount.

Many Zoom classes are also available. Call the MN Hwy Safety Research Center for details.

For class fees & registration contact
MN Hwy Safety Research Center toll free number:
1-320-308-1400

AGES	DAY	DATE & TIME	CLASS TYPE	LOCATION
55+	F	Oct 11 12:00pm-4:00pm	4 hour refresher	PCC

EVENTS

55+ BINGO

PCC-Event Wing, 14800 34th Avenue N

Join us for the popular 55+ fall and holiday bingo events! Win fun prizes and enjoy light refreshments. Mingle with special guest Bingo callers from the City of Plymouth. Two cards max per player, per game. No walk-in registrations available, must register in advance.

AGES	DAY	DATE & TIME	COST	ACTIVITY
55+	W	Oct 2 10:00am-12:00pm	Res \$5 Non Res \$7	35703-01
55+	Th	Dec 5 10:00am-12:00pm	Res \$5 Non Res \$7	35703-02

MOVIE MATINEE

PCC-Event Wing, 14800 34th Avenue N

Enjoy an afternoon with friends going to the movies right here in Plymouth community center. Popcorn and water provided. No cost, but pre-registration requested. Subscribe to the grapevine (plymouth 55+ e-news) for monthly feature by visiting plymouthmn.gov. Click on "enotification sign up" at bottom of page. Enter your email address and click on "senior newsletter-grapevine" to receive our monthly newsletter via email.

AGES	DAY	DATE & TIME	COST	ACTIVITY
50+	Tu	Sep 17 1:00pm-3:30pm	no fee	35702-01
50+	Tu	Oct 15 1:00pm-3:30pm	no fee	35702-02
50+	Tu	Nov 19 1:00pm-3:30pm	no fee	35702-03
50+	Tu	Dec 17 1:00pm-3:30pm	no fee	35702-04

VETERANS DRIVE-THRU BREAKFAST

Plymouth City Hall, 3400 Plymouth Boulevard

Calling all Veterans! Enjoy a grab and go drive-thru breakfast at the city of plymouth veteran's memorial. Veteran's only. Last day to register or cancel is Oct. 31

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Nov 7 9:30am-11:00am	no fee	35700-01

ORDER

\$3 RIDES

plymouthmn.gov/clickandride



Plymouth Metrolink

Click-and-Ride



TRIPS

COMMUNITY TRIPSTERS: LACROSSE ROTARY LIGHTS TOUR PCC-Event Wing, 14800 34th Avenue N

Enjoy this holiday display while driving through Riverside park to see over 3,000,000 Christmas lights. After the riding tour walk through the park with Santa and a couple of reindeer, a splendid 140-foot Christmas tree, and s'mores will be available at the fire pits. Dinner before the tour will be at Ciatti's Italian Grill with a choice of lasagna or chicken capellini meal. Register by Nov. 3.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Dec 12 1:00pm-10:00pm	Res \$93 Non Res \$101	35606-01

COMMUNITY TRIPSTERS: WHITE CHRISTMAS AT THE CHANHASSEN DINNER THEATER PCC-Event Wing, 14800 34th Avenue N

Get in the holiday spirit with Irving Berlin's White Christmas at the Chanhassen Dinner Theater. With a dazzling score featuring well-known standards including "Blue Skies," "I Love A Piano," "How Deep Is The Ocean" and the perennial title song, White Christmas. Lunch will include an entrée, salad, vegetable, bread, potato or rice, beverage. There will also be a chance to visit the gift store. Register by Oct. 9.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	Nov 13 10:45am-4:15pm	Res \$108 Non Res \$116	35605-01

COMMUNITY TRIPSTERS: SPAM MUSEUM TOUR PCC-Event Wing, 14800 34th Avenue N

Visit the iconic SPAM® Museum and gift store for a self-guided interactive tour that features videos and displays depicting the rich history of Hormel. Enjoy lunch at the historic Hormel House. On the way back, stop at the Russell Stovers Candy store in Owatonna. Register by Sept. 8.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	F	Oct 18 8:00am-4:45pm	Res \$85 Non Res \$93	35603-01

COMMUNITY TRIPSTERS: LEINEKUGEL BREWERY TOUR PCC-Event Wing, 14800 34th Avenue

Take a guided tour of the Leinenkugel Brewing Company. Hear about the historic Jacob Leinenkugel's Brewing Company and how they use an old-world Germanic brewing method dating back to 1867. Guests need to be prepared to walk for one mile. Path is handicap accessible. Safety glasses are provided and must be worn. There will be a stop the Menomonie Creamery to purchase cheese, snacks and other refreshments. Register by Aug. 19.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Sep 19 8:00am-5:45pm	Res \$97 Non Res \$104	25603-01

EXTENDED TRIPS: MYRTLE BEACH CHRISTMAS: DEC. 3-7

Christmas-time trip to Myrtle Beach to see the Christmas shows while staying oceanfront in a lovely resort on the beach! Enjoy fantastic Southern entertainment and food while visiting one of the most beautiful Christmas Lights display in the United States. Register by Nov 1. Location: Non- designated (MSP- ground transportation to/from airport not included in cost)

AGES	DATE & TIME	COST	ACTIVITY
18+	Dec 3-Dec 7	Single occupancy: \$2,098 Double: \$1,898/person	25605-01

EXTENDED TRIPS: HAWAIIAN ISLANDS SOJOURN JANUARY 13-30, 2025

Escape Minnesota in January on a relaxing 17 Day Journey to Hawaii. Fly to Los Angeles to enjoy an overnight at the historic Queen Mary Hotel before boarding The Grand Princess to sail to paradise. Bask in the perfect combination of adventure, culture ashore and relaxing days at sea. You'll be welcomed by the friendly Hawaiian people and culture expressed through the Aloha spirit. Return across the vast Pacific, stopping in Ensenada, the wine capital of Mexico, before disembarking in Los Angeles and returning home. * Passport Required. Register by Sept 15.

TOUR INCLUDES:

- Round Trip Air from MSP International Airport with one checked bag
- 1 Night Lodging at the Historic Queen Mary Hotel
- 15 Nights Aboard the Grand Princess
- All meals while on-board
- Professional Tour & Cruise Manager
- All Transfers in Los Angeles
- All Port Charges Taxes and Fees

AGES	ROOM TYPE	COST	ACTIVITY
18+	Single Occupancy Inside	\$4,839	35607-01
18+	Single Occupancy Ocean View	\$6,299	35607-02
18+	Single Occupancy Balcony	\$7,999	35607-03
18+	Double Occupancy Inside	\$2,999 per person	35607-04
18+	Double Occupancy Ocean View	\$3,759 per person	35607-05
18+	Double Occupancy Balcony	\$4,699 per person	35607-06

55+/ SENIOR GROUPS

Groups noted below are currently meeting in 2024 at the Plymouth Community Center (unless noted with **). Interested in starting a group? Contact us at 763-509-5284

	MEETING SCHEDULE	TIME	ACTIVITY CODE	PRICE
MONDAYS				res/non res
Evening Bridge	Every Monday	6:30pm-9:00pm	46910-03	\$25 / \$35
Plymouth Rockers	Every Monday	9:30am-12:00pm	45903-03	\$30 / \$40
Writers Group	Every Monday	1:00pm-3:00pm	46909-03	\$20 / \$30
TUESDAYS				
Caregiver Support (online)	2nd Tuesday	4:30pm-6:00pm	45909-02	no fee
Mah Jongg	Every Tuesday	12:30pm-4:00pm	46911-03	\$25 / \$35
Men's Club	4th Tuesday	9:00am-10:30am	46918-03	\$25 / \$35
Ukulele Club	Every Tuesday	10:00am-12:00pm	46900-01	\$20 / \$30
Story Time Players	1st & 3rd Tuesdays (Sept-May)	1:00pm-3:00pm	45900-03	\$20 / \$30
WEDNESDAYS				
Book Club	1st Wednesday	1:30pm-2:30pm	45906-03	\$15 / \$25
Caregiver Support	3rd Wednesday	10:00am-11:30am	45909-01	no fee
Computer Users	4th Wednesday	10:00am-12:00pm	46917-04	\$15 / \$25
Duplicate Bridge	2nd & 4th Wednesdays	12:00pm-4:00pm	46913-03	\$20 / \$30
Party Bridge	1st & 3rd Wednesdays	12:00pm-4:00pm	46912-01	\$20 / \$30
Plymouth Pedalers (Biking)**	Rides Apr-Oct, locations vary	Times Vary	45908-03	\$25 / \$35
THURSDAYS				
Cribbage	Every Thursday	12:30pm-3:00pm	46914-03	\$25 / \$35
Current Events	Every Thursday	10:00am-11:30am	46915-03	\$20 / \$30
Needle Arts	1st & 3rd Thursdays	11:30am-2:30pm	45907-03	\$15 / \$25
Plymouth Woodcarvers	Every Thursday	9:00am-11:00am	45905-03	\$25 / \$35
FRIDAYS				
Open Arts Studio	Every Friday	9:00am-11:30am	45902-03	\$20 / \$30
500 Card Club	Every Friday	1:00pm-4:00pm	46916-03	\$25 / \$35

2024 Annual Group Fees

HOW TO REGISTER

There are many ways to register for an annual membership. You must register for each group you would like to participate in.

1 go online

plymouthmn.gov/recreation

Register online - using online recreation account
- search for group using activity code.

2 call us

Call us at 763-509-5200 and provide the activity code for the group you would like to register for.

3 stop in

Register in-person at Plymouth Parks and Recreation office - located in Plymouth City Hall, 3400 Plymouth Blvd.

Or at the Plymouth Community Center
14800 34th Ave N.



SENIOR SERVICES

Plymouth Parks & Recreation collaborates with Senior Community Services to meet the changing needs of older adults and their caregivers.

HOME program:

Manage chores and personal technology.
Call 763-416-7969 or email
hometeam@seniorcommunity.org.

Senior Outreach & Caregiver Services:

Access services, resources and caregiver support groups to receive support for you and your loved ones..
Call 952-767-7899
or email k.wiebusch@seniorcommunity.org.

CareNextion:

Caregivers coordinate care for their loved one. Visit CareNextion.org to learn more and sign up.

Technology support:

1:1 technology support and coaching is offered at the Plymouth Community Center every Tuesday afternoon. Bring your own cell phone, tablet or laptop to discuss your tech questions with an expert. See details on this page, under "1:1 Technology Support."

1:1 TECHNOLOGY SUPPORT

PCC-Event Wing, 14800 34th Avenue N

Need help with that cell phone, laptop or tablet? Register for a 1:1 appointment with a tech expert at the Plymouth Community Center. Appointments are 60 minutes. Bring your own device to the appointment. Limit one time slot per date. This service is brought to you by SCS through a grant from Hennepin County. Must be 60+ and live in Hennepin or Carver County. Instr: Senior Community Services

Please note: Additional sections are available on Tuesdays through December 17 while they last. Visit registration page to view availability and register, or call 763-509-5200 with assistance with registration.

AGES	DAY	DATE & TIME	COST	ACTIVITY
60+	Tu	Sept 3 1:00-2:00pm	Res \$5 Non Res \$7	35925-01
60+	Tu	Sept 3 2:00-3:00pm	Res \$5 Non Res \$7	35925-02
60+	Tu	Sept 3 3:00-4:00pm	Res \$5 Non Res \$7	35925-03
60+	Tu	Sept 10 1:00-2:00pm	Res \$5 Non Res \$7	35925-04
60+	Tu	Sept 10 2:00-3:00pm	Res \$5 Non Res \$7	35925-05
60+	Tu	Sept 10 3:00-4:00pm	Res \$5 Non Res \$7	35925-06



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PLYMOUTHMN.GOV/ENOTIFY

Monthly Active Adults (55+) Grapevine Newsletter

Bi-Monthly Recreation Newsletter (all ages)



CLASS DESCRIPTIONS (please see schedule on following pages)



WAYZATA EAST MIDDLE SCHOOL - 12000 RIDGEMOUNT AVENUE

ADULT BEGINNER SWIMMING (AGES: 15+)

Focus on basic swimming skills and comfort in the water. Develop fundamental swim skills, basic stroke development and safety.

ADULT BEGINNER SWIMMING 2 (AGES: 15+)

Now that you have the basics of how to swim, focus on additional strokes, deep water comfort, treading, and rotary breathing.

WOMEN'S ADULT BEGINNER SWIMMING (AGES: 16+)

Focus on basic swimming skills and comfort in the water. Develop fundamental swim skills, basic stroke development and safety. Taught by female instructors.

INFANT/TODDLER SWIMMING (AGES: 6 MOS-18 MOS)

An adult/child class that builds basic swimming skills and water safety knowledge. Using games and activities, the class will focus on water adjustment and basic comfort in front & back positions. One adult required to be in the water.

PRESCHOOL ADULT + CHILD (AGES: 18 MO-4 YRS)

One adult per child required in the water. A class for those new to swimming or wishing to build on comfort and water safety skills learned in the Infant/Toddler class. Beginning swim skills introduced including: breath control, front & back position, and movement in the water.

SWIM STARS (AGES: 3-5)

A class for children to develop the confidence needed to transition to a Preschool 1 swimming class. **Parent/adults will be in the water for the first half of the session** and then transition to a preschool class with instructor only.

PRESCHOOL 1 SWIMMING (AGES: 3-5)

This class is for those who have completed a parent/child class or a child comfortable in a class setting without a parent. Class introduces age appropriate basic swimming skills, breath control, bobbing underwater, supported front and back floats/glides and movement in the water (5-10 ft). (Ratio 5:1)

PRESCHOOL 2 SWIMMING (AGES: 3-5)

For preschoolers who are comfortable in the water. Expand on basic skills: bobbing underwater, unsupported front and back floats/glides, swim on front and back unsupported 6ft. Jump in water alone. (Ratio 5:1).

PRESCHOOL 3 SWIMMING (AGES: 3-5)

This class is for our younger kids that have mastered preschool 2 skills including putting faces in the water, floating on back and front with support, and overall comfort in the water. Class introduces floating, kicking, gliding, arm & leg action, swimming independently on front/back (10 ft), and breath control.

LEVEL 1 SWIMMING (AGES: 5-14)

This class is an introduction to water skills and builds basic swimming skills for comfort in the water. Class introduces floating, kicking, gliding, arm & leg action, swimming independently on front/back (10 ft), and breath control. (Ratio 6:1)

LEVEL 2 SWIMMING (AGES: 5-14)

This class is for those who have passed Level 1 or are able to float on front and back (5 sec) and independent swim (10 ft on front/back). Class builds on level 1 skills introducing front & back crawl, elementary backstroke and fundamental techniques while building endurance to swim front crawl (15 ft). (Ratio 6:1)

LEVEL 3 SWIMMING (AGES: 6-14)

A class for those who have passed Level 2 or have the equivalent skills. Class concentrates on stroke development, through guided practice, to swim front crawl & back crawl (15 yds each). 30 yd. endurance swim. Intro of elementary back stroke (15 ft), treading water, and diving introduction. (Ratio 6:1).

LEVEL 4 SWIMMING (AGES: 6-14)

A class for those who have passed Level 3 or have the equivalent skills. Class stresses technique and endurance with front & back crawl and elementary backstroke (25 yds). Class introduces breast stroke kick and dolphin kicks, diving progression, deep water skills, lap swimming, and 50 yds endurance swim. (Ratio 6:1)

LEVEL 5 SWIMMING (AGES: 8-14)

Objectives: refine techniques in all strokes (front crawl, back crawl, elementary backstroke 50yds, breast stroke and sidestroke 25yds), learn basic butterfly, become an endurance swimmer (ratio 6:1)

LEVEL 6 SWIMMING (AGES: 8-14)

Objectives: refine techniques in all strokes (front crawl, back crawl, elementary backstroke 50yds, breast stroke and sidestroke 25yds), learn basic butterfly, become an endurance swimmer (ratio 6:1)

ADULT BEGINNER (AGES 15+)				
DAY	DATE	TIME	COST	ACTIVITY
Tu	Sep 10-Oct 15	9:30am-10:15am	\$104	35800-01
Th	Sep 5-Oct 10	9:30am-10:15am	\$104	35800-02
Tu,Th	Sep 10-Oct 3	8:15pm-9:00pm	\$138	35800-03
Tu	Oct 8-Nov 26	8:00pm-8:45pm	\$138	35800-04
Tu	Oct 22-Nov 26	9:30am-10:15am	\$104	35800-05
Th	Oct 24-Dec 5	9:30am-10:15am	\$104	35800-06
Sa	Nov 2-Dec 14	8:30am-9:15am	\$104	35800-07

ADULT BEGINNER 2 (AGES 15+)				
DAY	DATE	TIME	COST	ACTIVITY
Tu,Th	Sep 10-Oct 3	8:15pm-9:00pm	\$138	33804-01
Tu	Oct 8-Nov 26	8:00pm-8:45pm	\$138	33804-02
Sa	Nov 2-Dec 14	8:30am-9:15am	\$104	33804-03

WOMEN'S ADULT BEGINNER (AGES 16+)				
DAY	DATE	TIME	COST	ACTIVITY
Sa	Sep 7-Oct 26	12:15pm-1:00pm	\$104	35802-01
M	Nov 4-Dec 9	8:15pm-9:00pm	\$104	35802-02
Sa	Nov 2-Dec 14	12:45pm-1:30pm	\$104	35802-03

INFANT/TODDLER (AGES 6 MO-18 MO)				
DAY	DATE	TIME	COST	ACTIVITY
W	Sep 4-Oct 9	9:30am-10:00am	\$98	31800-01
Th	Sep 5-Oct 10	9:30am-10:00am	\$98	31800-02
Sa	Sep 7-Oct 26	9:00am-9:30am	\$98	31800-03
M	Oct 21-Nov 25	10:15am-10:45am	\$98	31800-04
Th	Oct 24-Dec 5	10:30am-11:00am	\$98	31800-05
Tu	Oct 8-Nov 26	5:00pm-5:30pm	\$128	31800-06
Sa	Nov 2-Dec 14	9:30am-10:00am	\$98	31800-07
Su	Oct 27-Dec 8	10:00am-10:30am	\$98	31800-08

PRESCHOOL ADULT + CHILD (AGES 18 MO-4 YEARS)				
DAY	DATE	TIME	COST	ACTIVITY
M	Sep 9-Oct 14	10:15am-10:45am	\$98	31801-01
Tu	Sep 10-Oct 15	10:30am-11:00am	\$98	31801-02
Th	Sep 5-Oct 10	11:15am-11:45am	\$98	31801-03
Th	Sep 5-Oct 10	2:00pm-2:30pm	\$98	31801-04
M	Sep 9-Oct 28	5:45pm-6:15pm	\$128	31801-05
Tu,Th	Sep 10-Oct 3	5:00pm-5:30pm	\$128	31801-06
Tu,Th	Sep 10-Oct 3	6:30pm-7:00pm	\$128	31801-07
W	Oct 2-Nov 27	5:15pm-5:45pm	\$98	31801-08
W	Oct 2-Nov 27	6:45pm-7:15pm	\$128	31801-09
Sa	Sep 7-Oct 26	10:30am-11:00am	\$98	31801-10
M	Nov 4-Dec 9	5:00pm-5:30pm	\$98	31801-11
Tu	Oct 8-Nov 26	6:15pm-6:45pm	\$128	31801-12
Th	Oct 24-Dec 12	5:00pm-5:30pm	\$98	31801-13
Sa	Nov 2-Dec 14	10:15am-10:45am	\$98	31801-14
Su	Oct 27-Dec 8	9:15am-9:45am	\$98	31801-15
M	Oct 21-Nov 25	9:30am-10:00am	\$98	31801-16
Tu	Oct 22-Nov 26	11:15am-11:45am	\$98	31801-17
Tu	Oct 22-Nov 26	2:45pm-3:15pm	\$98	31801-18
W	Oct 23-Nov 27	9:30am-10:00am	\$98	31801-19
Th	Oct 24-Dec 5	11:15am-11:45am	\$98	31801-20
Th	Oct 24-Dec 5	2:00pm-2:30pm	\$98	31801-21
F	Oct 25-Dec 6	9:30am-10:00am	\$98	31801-22

CANCELLATION POLICY

Requests for cancellations or transfers must be made at least one full week prior to the first class unless noted otherwise. See pg. 2.



WAYZATA EAST MIDDLE SCHOOL - 12000 RIDGEMOUNT AVENUE

SWIM STARS (AGES 3-5)

DAY	DATE	TIME	COST	ACTIVITY
W	Oct 2-Nov 27	6:45pm-7:15pm	\$128	31802-01
Sa	Sep 7-Oct 26	11:15am-11:45pm	\$98	31802-02
M	Nov 4-Dec 9	5:45pm-6:15pm	\$98	31802-03
Sa	Nov 2-Dec 14	12:00pm-12:30pm	\$98	31802-04
Su	Oct 27-Dec 8	11:30am-12:00pm	\$128	31802-05

PRESCHOOL 1 (AGES 3-5)

DAY	DATE	TIME	COST	ACTIVITY
W	Sep 4-Oct 9	10:45am-11:15am	\$98	32800-01
Th	Sep 5-Oct 10	10:30am-11:00am	\$98	32800-02
M	Sep 9-Oct 14	9:30am-10:00am	\$98	32800-03
Tu	Sep 10-Oct 15	2:00pm-2:30pm	\$98	32800-04
M	Sep 9-Oct 28	5:00pm-5:30pm	\$128	32800-05
Tu,Th	Sep 10-Oct 3	5:00pm-5:30pm	\$128	32800-06
W	Oct 2-Nov 27	5:00pm-5:30pm	\$128	32800-07
Sa	Sep 7-Oct 26	9:00am-9:30am	\$98	32800-08
M	Oct 21-Nov 25	10:15am-10:45am	\$98	32800-09
Tu	Oct 22-Nov 26	10:30am-11:00am	\$98	32800-10
Tu	Oct 22-Nov 26	1:00pm-1:30pm	\$98	32800-11
W	Oct 23-Nov 27	10:45am-11:15am	\$98	32800-12
Th	Oct 24-Dec 5	10:30am-11:00am	\$98	32800-13
Th	Oct 24-Dec 5	2:45pm-3:15pm	\$98	32800-14
F	Oct 25-Dec 6	9:30am-10:00am	\$98	32800-15
M	Nov 4-Dec 9	4:30pm-5:00pm	\$98	32800-16
M	Nov 4-Dec 9	5:45pm-6:15pm	\$98	32800-17
Tu	Oct 8-Nov 26	5:00pm-5:30pm	\$128	32800-18
Sa	Nov 2-Dec 14	9:30am-10:00am	\$98	32800-19
Su	Oct 27-Dec 8	12:15pm-12:45pm	\$98	32800-20

PRESCHOOL 2 (AGES 3-5)

DAY	DATE	TIME	COST	ACTIVITY
M	Sep 9-Oct 14	10:15am-10:45am	\$98	32801-01
Tu	Sep 10-Oct 15	10:30am-11:00am	\$98	32801-02
Tu	Sep 10-Oct 15	1:00pm-1:30pm	\$98	32801-03
M	Sep 9-Oct 28	6:00pm-6:30pm	\$128	32801-04
W	Oct 2-Nov 27	5:45pm-6:15pm	\$128	32801-05
Sa	Sep 7-Oct 26	10:45am-11:15am	\$98	32801-06
Tu	Oct 22-Nov 26	2:00pm-2:30pm	\$98	32801-07
W	Oct 23-Nov 27	9:30am-10:00am	\$98	32801-08
Th	Oct 24-Dec 5	11:15am-11:45am	\$98	32801-09
F	Oct 25-Dec 6	10:15am-10:45am	\$98	32801-10
M	Nov 4-Dec 9	5:00pm-5:30pm	\$98	32801-11
M	Nov 4-Dec 9	6:30pm-7:00pm	\$98	32801-12
Tu	Oct 8-Nov 26	4:30pm-5:00pm	\$128	32801-13
Tu	Oct 8-Nov 26	6:15pm-6:45pm	\$128	32801-14
Th	Oct 24-Dec 12	5:00pm-5:30pm	\$98	32801-15
Th	Oct 24-Dec 12	6:15pm-6:45pm	\$98	32801-16
Sa	Nov 2-Dec 14	11:15am-11:45am	\$98	32801-17
Su	Oct 27-Dec 8	11:15am-11:45am	\$98	32801-18

PRESCHOOL 3 (AGES 3-5)

DAY	DATE	TIME	COST	ACTIVITY
Tu	Oct 22-Nov 26	10:15am-10:45am	\$98	32802-
M	Sep 9-Oct 14	9:30am-10:00am	\$98	32802-01
Tu	Sep 10-Oct 15	11:15am-11:45am	\$98	32802-02
W	Sep 4-Oct 9	10:45am-11:15am	\$98	32802-03
Th	Sep 5-Oct 10	2:00pm-2:30pm	\$98	32802-04
Tu	Oct 22-Nov 26	10:15am-10:45am	\$98	32802-05
Th	Oct 24-Dec 5	2:00pm-2:30pm	\$98	32802-06

LEVEL 1 (AGES 5-14)

DAY	DATE	TIME	COST	ACTIVITY
M	Sep 9-Oct 14	10:15am-10:45am	\$98	33800-01
Tu	Sep 10-Oct 15	10:30am-11:00am	\$98	33800-02
Tu	Sep 10-Oct 15	1:00pm-1:30pm	\$98	33800-03
W	Sep 4-Oct 9	10:45am-11:15am	\$98	33800-04
Th	Sep 5-Oct 10	11:15am-11:45am	\$98	33800-05
Th	Sep 5-Oct 10	2:00pm-2:30pm	\$98	33800-06
M	Sep 9-Oct 28	6:30pm-7:00pm	\$128	33800-07
M	Sep 9-Oct 28	7:15pm-7:45pm	\$128	33800-08
Tu,Th	Sep 10-Oct 3	5:00pm-5:30pm	\$128	33800-09
Tu,Th	Sep 10-Oct 3	7:15pm-7:45pm	\$128	33800-10
Sa	Sep 7-Oct 26	9:45am-10:15am	\$98	33800-11
Sa	Sep 7-Oct 26	11:30am-12:00pm	\$98	33800-12
M	Oct 21-Nov 25	9:30am-10:00am	\$98	33800-13
Tu	Oct 22-Nov 26	11:15am-11:45am	\$98	33800-14
Tu	Oct 22-Nov 26	2:00pm-2:30pm	\$98	33800-15
W	Oct 23-Nov 27	9:30am-10:00am	\$98	33800-16
Th	Oct 24-Dec 5	11:15am-11:45am	\$98	33800-17
Th	Oct 24-Dec 5	2:00pm-2:30pm	\$98	33800-18
F	Oct 25-Dec 6	10:15am-10:45am	\$98	33800-19
M	Nov 4-Dec 9	4:30pm-5:00pm	\$98	33800-20
M	Nov 4-Dec 9	5:45pm-6:15pm	\$98	33800-21
M	Nov 4-Dec 9	7:30pm-8:00pm	\$98	33800-22
Tu	Oct 8-Nov 26	5:00pm-5:30pm	\$128	33800-23
Tu	Oct 8-Nov 26	6:15pm-6:45pm	\$128	33800-24
Th	Oct 24-Dec 12	5:00pm-5:30pm	\$98	33800-25
Sa	Nov 2-Dec 14	9:30am-10:00am	\$98	33800-26
Sa	Nov 2-Dec 14	12:00pm-12:30pm	\$98	33800-27
Su	Oct 27-Dec 8	9:15am-9:45am	\$98	33800-28
Su	Oct 27-Dec 8	10:45am-11:15am	\$98	33800-29

LEVEL 2 (AGES 5-14)				
DAY	DATE	TIME	COST	ACTIVITY
Tu	Sep 10-Oct 15	11:15am-11:45am	\$98	33801-01
Tu	Sep 10-Oct 15	2:00pm-2:30pm	\$98	33801-02
M	Sep 9-Oct 28	5:00pm-5:30pm	\$128	33801-03
M	Sep 9-Oct 28	6:30pm-7:00pm	\$128	33801-04
Tu,Th	Sep 10-Oct 3	6:30pm-7:00pm	\$128	33801-05
W	Oct 2-Nov 27	5:45pm-6:15pm	\$98	33801-06
W	Oct 2-Nov 27	8:15pm-8:45pm	\$128	33801-07
Sa	Sep 7-Oct 26	11:30am-12:00pm	\$98	33801-08
M	Oct 21-Nov 25	10:15am-10:45am	\$98	33801-09
Tu	Oct 22-Nov 26	10:30am-11:45am	\$98	33801-10
W	Oct 23-Nov 27	10:15am-10:45am	\$98	33801-11
Tu	Oct 8-Nov 26	4:30pm-5:00pm	\$128	33801-12
Tu	Oct 8-Nov 26	7:15pm-7:45pm	\$128	33801-13
Th	Oct 24-Dec 12	6:15pm-6:45pm	\$98	33801-14
Th	Oct 24-Dec 12	7:15pm-7:45pm	\$98	33801-15
Sa	Nov 2-Dec 14	10:15am-10:45am	\$98	33801-16
Su	Oct 27-Dec 8	9:15am-9:45am	\$98	33801-17
Su	Oct 27-Dec 8	11:15am-11:45am	\$98	33801-18

LEVEL 3 (AGES 6-14)				
DAY	DATE	TIME	COST	ACTIVITY
M	Sep 9-Oct 28	5:00pm-5:45pm	\$138	33802-01
M	Sep 9-Oct 28	6:45pm-7:30pm	\$138	33802-02
Tu,Th	Sep 10-Oct 3	7:15pm-8:00pm	\$138	33802-03
W	Oct 2-Nov 27	5:45pm-6:30pm	\$138	33802-04
Sa	Sep 7-Oct 26	9:00am-9:45am	\$104	33802-05
Sa	Sep 7-Oct 26	10:45am-11:30am	\$138	33802-06
M	Nov 4-Dec 9	6:30pm-7:15pm	\$104	33802-07
M	Nov 4-Dec 9	7:15pm-8:00pm	\$104	33802-08
Th	Oct 24-Dec 12	7:00pm-7:45pm	\$104	33802-09
Sa	Nov 2-Dec 14	10:15am-11:00am	\$138	33802-10
Su	Oct 27-Dec 8	10:15am-11:00am	\$138	33802-11
Su	Oct 27-Dec 8	12:00pm-12:45pm	\$104	33802-12

LEVEL 4 (AGES 6-14)				
DAY	DATE	TIME	COST	ACTIVITY
M	Sep 9-Oct 28	7:45pm-8:30pm	\$138	33803-01
Tu,Th	Sep 10-Oct 3	7:15pm-8:00pm	\$138	33803-02
W	Oct 2-Nov 27	7:45pm-8:30pm	\$138	33803-03
Sa	Sep 7-Oct 26	9:45am-10:30am	\$138	33803-04
M	Nov 4-Dec 9	6:30pm-7:15pm	\$104	33803-05
Tu	Oct 8-Nov 26	7:00pm-7:45pm	\$138	33803-06
Th	Oct 24-Dec 12	8:00pm-8:45pm	\$138	33803-07
Sa	Nov 2-Dec 14	11:00am-11:45am	\$138	33803-08
Su	Oct 27-Dec 8	10:15am-11:00am	\$104	33803-09
Su	Oct 27-Dec 8	12:00pm-12:45pm	\$138	33803-10

LEVEL 5 (AGES 8-14)				
DAY	DATE	TIME	COST	ACTIVITY
M	Sep 9-Oct 28	7:15pm-8:00pm	\$138	33805-01
W	Oct 2-Nov 27	7:45pm-8:30pm	\$138	33805-02
Th	Oct 24-Dec 12	7:15pm-8:00pm	\$138	33805-03
Sa	Nov 2-Dec 14	11:00am-11:45am	\$104	33805-04

LEVEL 6 (AGES 8-14)				
DAY	DATE	TIME	COST	ACTIVITY
W	Oct 2-Nov 27	8:00pm-8:45pm	\$13	33806-01
Th	Oct 24-Dec 12	8:00pm-8:45pm	\$104	33806-02



WAYZATA EAST MIDDLE SCHOOL - 12000 RIDGEMOUNT AVENUE

ADULT STROKE REFINEMENT

Wayzata East Middle School, 12000 Ridgemount Avenue

Want to clean up your strokes? Work on technique with an instructor who will provide you feedback and drills. Learn to love swimming and feel strong and confident in the water!

AGES	DAY	DATE & TIME	COST	ACTIVITY
16+	W, F	Sep 4-Sep 27 6:30pm-7:15pm	\$104	35803-01
16+	W, F	Oct 2-Oct 30 6:30am-7:15am	\$104	35803-02
16+	W, F	Nov 1-Nov 27 6:30am-7:15am	\$104	35803-03
16+	W, F	Dec 4-Dec 20 6:30pm-7:15pm	\$75	35803-04

ADULT AND PEDIATRIC CPR/AED CERTIFICATION

PCC-Education Wing, 14800 34th Avenue N

This class will teach you how to respond to life threatening emergencies by providing effective CPR and administration of AED for Children, Adults, and infants alike who are experiencing a cardiac or respiratory emergency.

AGES	DAY	DATE & TIME	COST	ACTIVITY
16+	Th	Dec 12 4:30pm-8:30pm	Res: \$75 Non Res: \$85	36517-01
16+	Sa	Oct 19 12:30pm-6:30pm	Res: \$75 Non Res: \$85	36517-02

BACK TO SCHOOL GLOW SWIM

Wayzata East Middle School, 12000 Ridgemount Avenue

Break away from the ordinary open swim and come swim in the dark! Experience the pool like you have never seen it. Activities include glowing games underwater and surfaces games as well as free play with glowing beach balls and pool noodles, and much more!

AGES	DAY	DATE & TIME	COST	ACTIVITY
0.5+	F	Sep 6 6:30pm-8:30pm	\$15	33821-01

DEEP WATER CARDIO

Wayzata East Middle School, 12000 Ridgemount Avenue

This zero impact aerobics class is a fantastic workout that incorporates all your favorite shallow water movements with a twist! Water belts and equipment are provided or you can bring your own. Lifeguard on duty and the water is warm!

AGES	DAY	DATE & TIME	COST	ACTIVITY
16+	M,W	Sep 9-Oct 2 9:30am-10:15pm	\$56	35804-01
16+	Tu,Th	Sep 10-Oct 3 9:30am-10:15pm	\$56	35804-02
16+	M,W	Oct 7-Oct 30 9:30am-10:15pm	\$56	35804-03
16+	Tu,Th	Oct 8-Oct 31 9:30am-10:15pm	\$49	35804-04
16+	Tu,Th	Nov 5-Nov 26 9:30am-10:15pm	\$49	35804-05
16+	M,W	Nov 4-Nov 27 9:30am-10:15pm	\$56	35804-06

DEEP WATER RUNNING

Wayzata West Middle School, 149 Barry Avenue

Have an injury? Tired of your same old workout? This 45 minute class is the perfect addition to your routine. Allow yourself to experience a new challenge with absolutely zero impact. Water belts are provided or you can bring your own.

AGES	DAY	DATE & TIME	COST	ACTIVITY
16+	Tu,Th	Sep 10-Oct 3 5:30pm-6:15pm	\$56	35801-01
16+	Tu,Th	Oct 8-Nov 5 5:30pm-6:15pm	\$56	35801-02
16+	Tu,Th	Nov 7-Dec 12 5:30pm-6:15pm	\$70	35801-03



WEATHER LINE

763-509-5205

call for updates on
class cancellations

FALL PRIVATE SWIMMING LESSONS

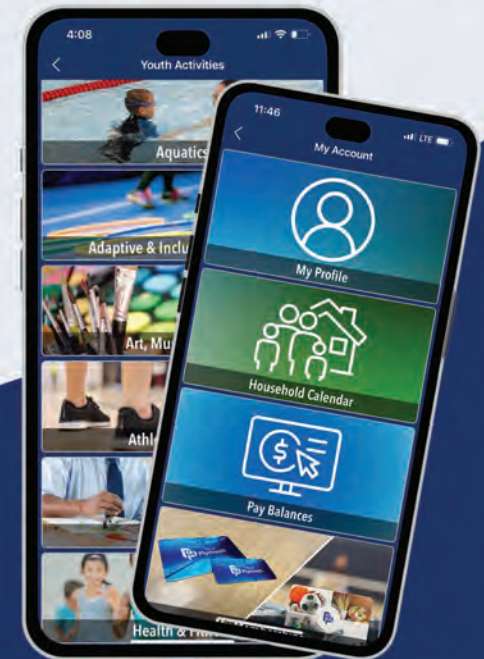
Wayzata East Middle School, 12000 Ridgemount Avenue

Each season we are able to offer a limited number of private 30-minute swimming lessons to swimmers 5 years and older. Fees are pro-rated at \$35 per lesson. There are no make-up lessons or refunds for students' missed classes.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5+	Th	Sep 5-Sep 26 2:45pm-3:15pm	\$140	36800-01
5+	Th	Oct 3-Oct 31 2:45pm-3:15pm	\$140	36800-02
5+	Tu	Sep 10-Oct 1 2:45pm-3:15pm	\$140	36800-03
5+	Tu	Oct 8-Oct 29 2:45pm-3:15pm	\$140	36800-04
5+	Su	Sep 22-Oct 13 9:00am-9:30am	\$140	36800-05
5+	Su	Sep 22-Oct 13 9:45am-10:15am	\$140	36800-06
5+	Th,Su	Sep 22-Oct 13 10:30am-11:00am	\$140	36800-07
5+	Su	Sep 22-Oct 13 11:15am-11:45am	\$140	36800-08
5+	Su	Sep 22-Oct 13 12:00pm-12:30pm	\$140	36800-09
5+	Su	Sep 22-Oct 13 12:45pm-1:15pm	\$140	36800-10
5+	Su	Sep 22-Oct 13 1:30pm-2:00pm	\$140	36800-11
5+	Tu	Sep 10-Oct 1 5:45pm-6:15pm	\$140	36800-12
5+	Th	Sep 12-Oct 3 5:45pm-6:15pm	\$140	36800-13

AGES	DAY	DATE & TIME	COST	ACTIVITY
5+	W	Oct 2-Oct 30 4:30pm-5:00pm	\$140	36800-14
5+	W	Nov 6-Nov 27 4:30pm-5:00pm	\$140	36800-15
5+	Tu	Oct 22-Nov 12 2:45pm-3:15pm	\$140	36800-16
5+	Tu	Nov 19-Dec 10 2:45pm-3:15pm	\$140	36800-17
5+	Th	Oct 24-Nov 14 2:45pm-3:15pm	\$140	36800-18
5+	Tu	Oct 8-Oct 29 5:30pm-6:00pm	\$140	36800-19
5+	Tu	Nov 19-Dec 10 2:45pm-3:15pm	\$140	36800-20
5+	Tu	Nov 5-Nov 26 5:30pm-6:00pm	\$140	36800-21
5+	Th	Oct 24-Dec 12 4:30pm-5:00pm	\$210	36800-22
5+	Th	Oct 24-Dec 12 5:30pm-6:00pm	\$210	36800-24
5+	Su	Oct 27-Dec 8 8:30am-9:00am	\$210	36800-25
5+	Su	Oct 27-Dec 8 1:00pm-1:30pm	\$210	36800-26

NEW! Parks & Rec app



scan here to
**download
app**

SALSA SPLASH

Wayzata East Middle School, 12000 Ridgemount Avenue

Salsa Splash is a party in the pool. No dance experience needed, just the desire to move your body and have fun! This is a fast paced class using a wide variety of musical styles and tempos. Don't feel coordinated? No problem! If you like working out in the water, enjoy music, and want to try something new, please come join me. Bring a water bottle. Water shoes are highly recommended.

AGES	DAY	DATE & TIME	COST	ACTIVITY
15+	Th	Sep 5-Oct 10 4:15pm-5:00pm	\$42	35930-01
15+	Th	Oct 24-Dec 5 4:15pm-5:00pm	\$42	35930-02

WATER EXERCISE

Wayzata East Middle School, 12000 Ridgemount Avenue

The natural properties of the water allows for an amazing opportunity to challenge your body. The water increases circulation, decreases swelling, increases flexibility, and provides great resistance. Come learn how to use the water to challenge you and provide some variety to your workout routines.

AGES	DAY	DATE & TIME	COST	ACTIVITY
16+	M,W	Sep 9-Oct 2 11:30am-12:15pm	\$56	36217-01
16+	M,W	Oct 7-Oct 30 11:30am-12:15pm	\$56	36217-02
16+	M,W	Nov 4-Nov 27 11:30am-12:15pm	\$56	36217-03

WATER TABATA

Wayzata East Middle School, 12000 Ridgemount Avenue

Tabata interval training is one of the most effective types of high intensity, interval training. This fast paced class mixes the Tabata format with the properties of water, through a variety of simple, yet intense exercises to blast away the calories and provide noticeable results in a short amount of time.

AGES	DAY	DATE & TIME	COST	ACTIVITY
16+	Tu	Sep 3-Oct 8 4:15pm-5:00pm	\$48	35806-01
16+	Tu	Oct 15-Dec 3 4:15pm-5:00pm	\$60	35806-02



MAKE A SPLASH!

AT WAYZATA EAST MIDDLE SCHOOL POOL

LAP SWIM

WED, FRI: 6-8 am

MON-THURS:
11:30 am-1:30 pm

OPEN SWIM

SAT, SUN: 2-4 pm



Register for programs and view pool activities:
PLYMOUTHMN.GOV/AQUATICS

POOL RENTALS AND PARTY PACKAGES

Private rentals are \$125/hour for a minimum of two hours and includes staff. Themed parties are an additional \$150 and include decorations, party supplies, goodie bags, crafts, and themed cookies provided by How Sweet it is Bakery.

Party Themes:

Pirate, Mermaid, Shark, Tropical, Glow in the dark

Rental Times:

Fri. 5-9 pm, Sat. 5-9 pm and Sun. 4-8 pm

Book your party:

plymouthmn.gov/aquatics





Plymouth Skate School

offers a fun and safe learning environment for students of all ages and abilities to learn how to skate.

GENERAL INFORMATION

- Beginning levels are required to wear helmets.
- Skaters MUST be at least 4 years old by the start of the class – no exceptions will be made.
- Rental skates – available for \$5/lesson.
- Parents are not allowed on the ice during class time.
- For safety reasons, no shoes allowed on the ice.

PROPER ATTIRE

Skaters will benefit more from a lesson with proper skates. We prefer boots be of leather rather than vinyl and they should have strong ankle support. Skates should not crease or buckle when worn, and should fit to the foot size and not have excess 'room to grow'. Blades should be of high tempered steel and properly sharpened. Double runner blades are NOT allowed.

It is important that all skaters are warm and comfortable while skating. We suggest dressing in layers and request all skaters to wear mittens or gloves.

CLASS DESCRIPTIONS (please see schedule on following pages)

SKATING BEGINNERS (AGES: 4-6)

For children that have never been on ice. Helmets required.

SKATING BEGINNER/INTERMEDIATE (AGES: 4-6)

For children who have skated previously and can walk on the ice. They must know how to fall down and get up on their own.

SKATING PRE-ALPHA LEVEL 1 (AGES: 7-15)

A beginner level class for children ages 7-15 with little to no skating experience. Helmets required at this beginner level.

SKATING PRE-ALPHA LEVEL 2 (AGES: 4-15)

Class Elements: One foot glide, right/left, two foot glide, forward/backward swizzles, backward wiggle, two foot turns in place, forward pumps on circles.

SKATING ALPHA (AGES: 4-18)

Pre-req: Pre-Alpha. Class Elements: Forward stroking, forward crossover (both directions), one foot snowplow stop, backward one foot glides, backward pumps on circle, moving two foot turns. We suggest that participants no longer wear snowpants starting at this level.

SKATING BETA (AGES: 4-18)

Pre-req: Alpha. Class Elements: Backward stroking, backward crossovers both directions, t-stop, backward edges on circle, side toe hop/shuffle, forward edges.

SKATING GAMMA (AGES: 4-18)

Pre-req: Beta. Class Elements: Forward outside 3-turns, inside open Mohawk, hockey stop, moving backward two foot turns on circle, chasse.

SKATING DELTA (AGES: 4-18)

Pre-req: Gamma. Class Elements: Forward inside 3-turn, forward consecutive edges, shoot the duck/lunge bunny hop, backward crossover to backward outside glide, backward outside edge transitions on circle.

SKATING FREESTYLE 1-6 (AGES: 4+)

Pre-req: Delta. Advanced figure skating lessons. Jumps and spins.

SKATING HOCKEY 1 (AGES: 4+)

This is NOT a beginner class. For those with little experience on the ice. Participants must have hockey skates and helmet and know how to fall and recover. Proper stance, stationary snowplow stop, forward marching, dips and glides, backwards wiggle, stationary two foot turns, forward swizzles, rocking horses, t-pushes.

SKATING HOCKEY 2 (AGES: 4+)

Pre-req: Hockey 1. For those with moderate skating experience. Must have hockey skates and helmet with a face cage. Forward power swizzles, backward C-cuts, backward snowplow stops, forward/backward C-cuts on circle plus glides, skateboard push, t-push with glides.

SKATING HOCKEY 3 (AGES: 4+)

Pre-Req: Hockey 2. For those with considerable skating experience. Must have hockey skates and helmet with a face cage. One-foot snowplow stops, full stride v-pushes, shuffle stride, backward hustle, forward and backward crossovers, hockey stops, quick starts, forward power turns, mohawks, alternating backward crossovers with wide transitions.

SKATING ADULT (AGES: 15.5+)

Beginner through advanced levels using basic skills. Helmets are not required, but are strongly encouraged.

ALL SKATING PROGRAMS MEET AT THE
PLYMOUTH ICE CENTER
3650 Plymouth Blvd.

SKATING CONTRACT ICE

Contract Ice is an opportunity for skaters to practice their skating skills on reserved ice time. If space is available, walk-ins will be \$16 per hour or \$8 per half hour.

NOTE: Coaches who are Skate School instructors will not be charged to teach on contract ice. All others pay for ice time.

AGES	DAY	DATE & TIME	COST	ACTIVITY
all ages	Sa	Oct 5-Nov 23 8:00am-9:00am	\$102	36200-01
all ages	Su	Oct 6-Nov 24 2:15pm-3:15pm	\$102	36200-02

BEGINNERS (AGES 4-6)

Res \$102 Non Res \$116

DAY	DATE	TIME	ACTIVITY
Sa	Oct 5-Nov 23	9:00am-9:30am	36203-01
Sa	Oct 5-Nov 23	9:35am-10:05am	36203-02
Sa	Oct 5-Nov 23	10:55am-11:25am	36203-03
Sa	Oct 5-Nov 23	11:30am-12:00pm	36203-04
Su	Oct 6-Nov 24	3:30pm-4:00pm	36203-05
Su	Oct 6-Nov 24	4:05pm-4:35pm	36203-06
Su	Oct 6-Nov 24	5:25pm-5:55pm	36203-07
Su	Oct 6-Nov 24	6:00pm-6:30pm	36203-08

BEGINNER/INTERMEDIATE (AGES 4-6)

Res \$102 Non Res \$116

Sa	Oct 5-Nov 23	9:00am-9:30am	36204-01
Sa	Oct 5-Nov 23	9:35am-10:05am	36204-02
Sa	Oct 5-Nov 23	11:30am-12:00pm	36204-03
Su	Oct 6-Nov 24	3:30pm-4:00pm	36204-04
Su	Oct 6-Nov 24	4:05pm-4:35pm	36204-05
Su	Oct 6-Nov 24	5:25pm-5:55pm	36204-06
Su	Oct 6-Nov 24	6:00pm-6:30pm	36204-07

PRE-ALPHA LEVEL 1 (AGES 7-15)

Res \$102 Non Res \$116

Sa	Oct 5-Nov 23	9:00am-9:30am	36205-01
Sa	Oct 5-Nov 23	11:30am-12:00pm	36205-02
Su	Oct 6-Nov 24	3:30pm-4:00pm	36205-03
Su	Oct 6-Nov 24	6:00pm-6:30pm	36205-04
Su	Oct 6-Nov 24	6:30pm-7:00pm	36205-05

PRE-ALPHA LEVEL 2 (AGES 4-15)

Res \$102 Non Res \$116

Sa	Oct 5-Nov 23	9:00am-9:30am	36206-01
Sa	Oct 5-Nov 23	10:55am-11:25am	36206-02
Sa	Oct 5-Nov 23	11:30am-12:00pm	36206-03
Su	Oct 6-Nov 24	3:30pm-4:00pm	36206-04
Su	Oct 6-Nov 24	4:05pm-4:35pm	36206-05
Su	Oct 6-Nov 24	5:25pm-5:55pm	36206-06
Su	Oct 6-Nov 24	6:30pm-7:00pm	36206-07

ALPHA (AGES 4-18)

Res \$102 Non Res \$116

Sa	Oct 5-Nov 23	9:35am-10:05am	36207-01
Sa	Oct 5-Nov 23	10:55am-11:25am	36207-02
Su	Oct 6-Nov 24	3:30pm-4:00pm	36207-03
Su	Oct 6-Nov 24	5:25pm-5:55pm	36207-04
Su	Oct 6-Nov 24	6:30pm-7:00pm	36207-05

BETA (AGES 4-18)

Res \$102 Non Res \$116

Sa	Oct 5-Nov 23	10:10am-10:40am	36208-01
Su	Oct 6-Nov 24	4:40pm-5:10pm	36208-02
Su	Oct 6-Nov 24	6:30pm-7:00pm	36208-03

GAMMA (AGES 4-18)

Res \$102 Non Res \$116

Sa	Oct 5-Nov 23	10:10am-10:40am	36209-01
Su	Oct 6-Nov 24	4:40pm-5:10pm	36209-02

DELTA (AGES 4-18)

Res \$102 Non Res \$116

Sa	Oct 5-Nov 23	10:10am-10:40am	36210-01
Su	Oct 6-Nov 24	4:40pm-5:10pm	36210-02

FREESTYLE 1-6 (AGES 4+)

Res \$102 Non Res \$116

Sa	Oct 5-Nov 23	10:10am-10:40am	36211-01
Su	Oct 6-Nov 24	4:40pm-5:10pm	36211-02

HOCKEY 1 (AGES 4+)

Res \$102 Non Res \$116

Sa	Oct 5-Nov 23	10:55am-11:25am	36212-01
Su	Oct 6-Nov 24	5:25pm-5:55pm	36212-02

HOCKEY 2 (AGES 4+)

Res \$102 Non Res \$116

Sa	Oct 5-Nov 23	10:10am-10:40am	36213-01
Su	Oct 6-Nov 24	4:40pm-5:10pm	36213-02

HOCKEY 3 (AGES 4+)

Res \$102 Non Res \$116

Su	Oct 6-Nov 24	6:00pm-6:30pm	36214-01
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ADULT (AGES 15.5+)

Res \$102 Non Res \$116

Sa	Oct 5-Nov 23	9:35am-10:05am	36201-01
Su	Oct 6-Nov 24	4:05pm-4:35pm	36201-02
Su	Oct 6-Nov 24	6:30pm-7:00pm	36201-03

MUSIC IN PLYMOUTH™

FEATURING THE MINNESOTA ORCHESTRA



THANK YOU

to all the generous contributors
to Music in Plymouth 2024!

The tradition continues!



Thank You SPONSORS



PLYMOUTH LIONS



Kyle Vitense Agency



plymouthmn.gov/sponsors



TRAVEL WITH US!

see details on pg 71

Aug. 9

Beaches, Bands & Brews

6:00-9:00pm

East Medicine Lake beach,
1740 E Medicine Lk Blvd

plymouthmn.gov/specialevents



SUMMER
BEACH
SERIES

Hilde Performance Center
3500 Plymouth Blvd



KIDS FEST

AUGUST 15

5-8:30 pm



Featuring
The Little Mermen
shows at 5:30 and 7:00 PM

plymouthmn.gov/specialevents

MOVIE MATINEE 55+

SEE DETAILS ON PG 70

MUSIC *in* MILLENNIUM

Millennium Garden, 14800 34th Ave N



Plymouth Rockers Chorus

Tuesday, August 20 | 7pm

VETERANS BREAKFAST THURSDAY, NOVEMBER 7 9:30-11:00 A.M.

Free drive-thru event for Veterans
Plymouth Veterans Memorial, 3400 Plymouth Blvd

Registration required by October 31 | 763-509-5200

55+ BINGO

**OCT. 2
FALL BINGO**

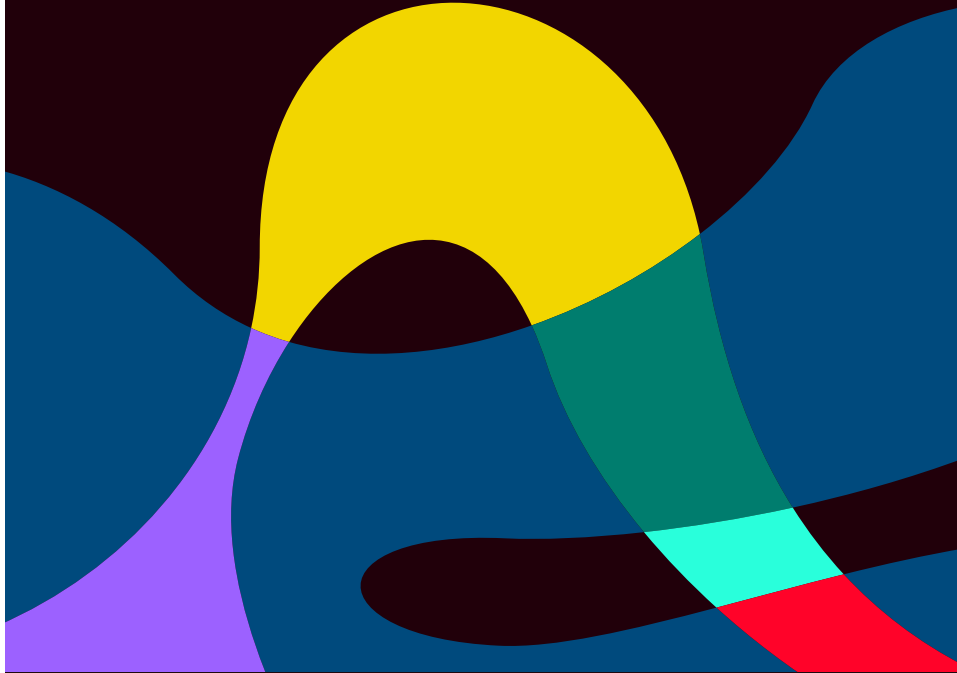
**DEC. 5
HOLIDAY BINGO**

DETAILS ON PAGE 70



ART PARTIES

AT THE PCC



Have your child's next birthday
in our Art Studio space!

- \$200 for a 2 hour party for 12 children (ages 5 and up)
- \$10 per additional child (max of 16)
- Includes instructor-led art project and all art materials
- Project mediums include: Acrylic/watercolor canvas, mask making and print making
- PARTY AVAILABILITY (choose 2 hour time slot):
Fri. 5pm-8pm | Sat. 1pm-3pm | Sun. 9am-1pm
- \$25 refundable damage deposit due at time of booking

Call to reserve a party:
763-509-5225

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ASK US ABOUT  
ADULT  
ART PARTIES  
TOO!



## Interactive Story Time IN SPANISH

THURSDAY, SEPT. 19 | 6:00 PM

**Celebrando la cultura y el lenguaje mediante la lectura, el baile, y las manualidades.** (Celebrating culture and language through storytelling, dancing, and arts and crafts.)

Local author, Pamela Mercado Michelli will share her children's book, "Daniela y Mateo viajan a Puerto Rico." Handouts will be available in Spanish and English

PCC Blackbox Theater, 14800 34th Ave N

**SENSORY  
FRIENDLY!**

LEARN MORE  
on page 8



**dialed down  
DISCO**

**Thursday, OCT. 3, 6-8 PM**



# MERRY MARKET

Local vendors selling handmade goods  
in Plymouth's Historic Town Hall.

Dec. 7, 2024 | 10 am-2 pm  
Old Town Hall, 3605 Fernbrook Lane

## Santa's Mailbox



Your child can drop off a letter to Santa

**November 18-November 29**

Letters must include a self-addressed stamped envelope.

All letters are responded to.

### **DROP OFF LOCATIONS:**

Plymouth City Hall, Plymouth Ice Center, Plymouth Community Center

## Santa

visits the sensory room



## DECEMBER 15, 12-4PM

Plymouth Community Center, 14800 34th Ave N

reserve a time online with activity #11703 | [PLYMOUTHMN.GOV/SPECIALEVENTS](https://PLYMOUTHMN.GOV/SPECIALEVENTS)



# HALLOWEEN

at the

# LAKE

FRIDAY  
OCTOBER  
25

FREE  
FAMILY  
EVENT

PARKERS LAKE  
PLAYFIELD  
15500 Co. Rd. 6  
5:00 - 8:00pm



Games & Activities  
Orange Carpet Photo Ops  
Pumpkin Patch  
Emergency Vehicles  
Treat Stations





3400 Plymouth Boulevard  
Plymouth, MN 55447-1482

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TWIN CITIES MN  
PERMIT NO. 1889

\*\*\*\*\*ECRWSEDDM\*\*\*\*\*

Residential Customer

NOVEMBER 23 | 9:00AM- 4:00PM

Plymouth Community Center, 14800 34th Ave N

# PLYMOUTH ARTISAN MARKET



FREE ADMISSION

