

Plymouth Pedalers Lite Biking Club

2024 Lite Group Schedule Three: July 10 through August 21

Note: 10:00 am start for July 10th and July 31st

July 10- **10:00** Lunch Ride to Pyre's Brewery (Starts at 10am) Leader: Linda Platt (612) 723-0838
Meet at Triangle Park at - Drew Ave. So. & Cedar Shore Dr. near Cedar Lake. 3501 W 24th St. Mpls.
Ride to the Brewery . A few moderate hills. **15 miles.** Take Hwy 55 to Theodore Wirth Parkway, go south on Theo Wirth to Cedar Lake Pkwy., take Cedar Lake Pkwy to 22nd Street, go right on 22nd one block to South Drew Ave., go left on Drew for one block to the park [Start Location Map](#)

Jul 17-9:00 Elm Creek to Coon Rapids Dam Leader: Rebecca Khankari (763) 458-9965
Meet at the Elm Creek Regional Park -- Beach Parking Lot, One Mile Beyond 12400 James Deane Pkwy.
We'll ride from the Elm Creek Park to the Coon Rapids dam, stop at the visitor center, then ride back.
Trail: mostly level, paved. **About 15 miles.** [Start Location Map](#)

July 24 - 9:00 Cedar Lake Trail to Sculpture Garden Leader: Norm Spaeth (763) 458-2431
Meet at the Depot Coffee House parking lot; 9451 Excelsior Blvd., Hopkins 55343. Ride on the North Cedar Lake Trail to the Sculpture Garden. Then we'll return to Hopkins on the North Cedar Lake Trail. **About 16 miles.** Directions: Take Hwy 169 south to Excelsior Blvd. exit. Turn left (east) on Excelsior Blvd and right at first stop light into the Depot parking lot. [Start Location Map](#)

July 31- **10:00** Mendota to Harriet Island (Starts at 10:00 am) Leader: Deb Grill 763-302-9061
Meet at trailhead for Big Rivers Regional Trail: 1498 Mendota Heights Rd. We'll ride to Harriet Island along a paved old railroad bed, then to Kellogg Mall Park. Return across Wabasha St. Bridge and back to Mendota. Trail **About 14 miles.** Trail: Bike paths and city streets; a few moderate hills. Directions: 494 East to Pilot Knob Rd. N. Left onto Mendota Heights Rd to Sibley Memorial Highway, to parking lot. [Start Location](#)

Aug 7-9:00 Maple Grove Arboretum to Elm Creek Leader: Chuck Seifert (763) 544-5406
Meet at the Maple Grove Arboretum parking lot. About 9412 Fernbrook Ln. N. Ride through Elm Creek Park Reserve on rolling trails and return. **Approx. 10 miles.** Directions: Take I-494 N to I-94 N, exit and turn right on to Weaver Lake Rd, turn left on to Elm Creek Blvd., turn left on to 93rd Ave. N, turn right onto Fernbrook Ln. Parking about 1/10 of a mile on the right. [Start Location Map](#)

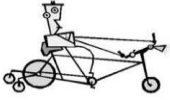
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Schedule questions? Contact Deb Grill 763-302-9061 or pe_degrill@hotmail.com

Ride cancelled for inclement weather or extreme temperatures?

Info posted by 7:30 am at weather line 763-509-5275

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Aug 14 - 9:00

Minnetonka LRT to Excelsior

Leader: John Heibel (763) 551-4767

Meet at the Minnetonka Community Center, 14600 Minnetonka Blvd. We will ride on the LRT trail to Excelsior, making a loop going toward the beach and around town, stopping for coffee. We'll then head back to the LRT Trail and the Community Center. Trail: Level limestone rail bed, and mostly level city streets. **14 miles.** Directions: The Community Center is located on the north side of Minnetonka Blvd at the intersection of Williston Road. Williston Road is located a half mile west of #494 on Mtka Blvd. ([Start location](#))

Aug 21 - 9:00

Miss. Regional Trail

Leader: Pam Schik (612) 817-8876

Meet at Mississippi Crossings Event Center -307 East River Pkwy, Champlin. We'll ride from Event Center along the northwest side of the Mississippi River into the Mississippi West Regional Trail. Stop for coffee at the end of ride in Anoka. Trail: mostly flat, **14 miles.** Directions: north on hwy 169, right on West River Road, then 1st Left on East River Pkwy turn onto parking lot of event center. [Start Location](#)

Schedule questions? Contact Deb Grill 763-302-9061 or pe_degrill@hotmail.com

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