



WINTER SPRING 2025

Plymouth Parks & Recreation ACTIVITIES GUIDE

Registration: Dec. 4 (residents) • Dec. 11 (non-residents)

2025 SPECIAL EVENTS



FEBRUARY

- 1 Fire & Ice - new location!
- 22 Puzzle Palooza

MARCH

- 14 Pie Day
- 22 Discover Plymouth

APRIL

- 4 Pint-Sized Prom
- 10-13 Primavera

MAY

- 1 Walk with the Mayor
- 17 Bark in the Park
- 22 Memorial Day Event
- 22 Beaches and Bonfires

JUNE

- 17 Plymouth Concert Band
- 17 Summer Skate Series
- 18 Farmers Market (June 18-Oct. 1)
- 20 Hilde Nights - Fabulous Armadillos
- 28 Music in Plymouth 5K

JULY

- 2 Music in Plymouth
- 11 Hilde Nights - Rival 5 and The Hype

AUGUST

- 8 Beaches, Bands and Brews
- 15 Hilde Nights
- 19 Plymouth Rockers
- 21 Kids Fest

OCTOBER

- 24 Halloween Event

NOVEMBER

- 6 Veterans Day Event
- 22 Plymouth Artisan Market

DECEMBER

- 6 Merry Market
- 7 Santa Visits the Sensory Room



763-509-5200
plymouthmn.gov/specialevents

*thank you
sponsors!*



PLYMOUTH LIONS

 **State Farm®**
Kyle Vitense Agency



CONTACT INFORMATION

MAIN PHONE NUMBERS

City Hall	763-509-5000
Weather Line	763-509-5205

RECREATION

763-509-5200

Kari Hemp, Recreation Manager	763-509-5220
Dan Lauer, Athletics Supervisor	763-509-5283
Katie Yandell, Aquatics & Safety Supervisor	763-509-5222
Alyssa Fram, Arts Supervisor	763-509-5225
Jessie Koch, Outdoor Facilities & Events Supervisor	763-509-5223
Paul Pearson, Education & Inclusion Supervisor	763-509-5228
Ann Mosack, Health & Fitness Supervisor	763-509-5214
Meghan Constantini, Active Adult 55+ Supervisor	763-509-5284
Riley Krueger, Program Coordinator	763-509-5273
Zach Swenson, Program Coordinator	763-509-5226
Michele Wasko, Program Coordinator	763-509-5272
Brennen DeCoursey, Aquatics Coordinator	763-509-5221
Jackie Maas, Volunteer Coordinator	763-509-5230
Jennifer Tomlinson, Director	763-509-5201

PARKS & FORESTRY

763-509-5940

Sonya Rippe, Project Supervisor	763-509-5943
Jason Goehring, Turf & Horticulture Manager	763-509-5946
Brian Swartzler, Parks Infrastructure Manager	763-509-5947

PLYMOUTH COMMUNITY CENTER

763-509-5200

Jess Riley, PCC Manager	763-509-5281
Jake Widmyer, PCC Supervisor	763-509-5611
Hannah Hawkins, PCC Supervisor	763-509-5217
Nicole Schultz, PCC Event Coordinator	763-509-5608

PLYMOUTH ICE CENTER

763-509-5250

Erik Halverson, Ice Center Manager	763-509-5251
Steve Langer, Operations Supervisor	763-509-5262

HELLO! PLYMOUTH

Katie Langland, Destination Marketing Coordinator	763-509-5234
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CITY COUNCIL MEMBERS

Jeffrey Wosje, Mayor	jwosje@plymouthmn.gov
Kimberly Nelson, Ward 1	knelson@plymouthmn.gov
Julie Peterson, Ward 2	jpeterson@plymouthmn.gov
Catherine Cesnik, Ward 3	ccesnik@plymouthmn.gov
Julie Pointner, Ward 4	jpointner@plymouthmn.gov
Clark Gregor, At Large	cgregor@plymouthmn.gov
Jim Willis, At Large	jwillis@plymouthmn.gov

PARK & RECREATION ADVISORY COMMISSION (PRAC) MEMBERS

Hannah Wegner, Ward 1	hannahmwegner@gmail.com
Ann Hoekstra, Ward 2	brigl003@umn.edu
Nick Beecher, Ward 3	nick_beecher@yahoo.com
Vita Wilson, Ward 4	vitalwilson@edinarealty.com
James Kuznia, At Large	james.kuznia@comcast.net
John McCulloch, At Large	johmccu@gmail.com
Jessica Montgomery, At Large	jessicaj.montgomery@gmail.com

**WINTER
SPRING
2025**

Registration

REGISTRATION DATES

Residents: Dec 4

6am online / 10am phone

Non-Residents: Dec 11

6am online / 10am phone

Aquatics Programs (res and non res):
Dec 4 (6am online / 10am phone)



PARKS & REC OFFICE HOURS

Monday-Friday, 8am to 4:30pm



QUESTIONS?

763-509-5200 / recreation@plymouthmn.gov



ACTIVITIES GUIDES

Non-residents can receive an activity guide by mail for \$5 per guide.



WEATHER UPDATES

763-509-5205

HOW TO SET UP YOUR ONLINE ACCOUNT

1 GO ONLINE

plymouthmn.gov/recreation
Click the blue "Register Online"
button. Then click "Create Account"

2 CREATE AN ACCOUNT

Enter information about yourself.
Before you save, add family members
that participate in recreation activities by
clicking "Add New Member."

3 SAVE

A quick approval process is required
before your account is active.
A confirmation will be emailed when
your account is approved.

FINANCIAL ASSISTANCE

- » Financial assistance application forms are available at: plymouthmn.gov/recreation or by calling 763-509-5200.
- » Program financial assistance dollars are available to assist families with children who meet income guidelines.
- » Funds are available to Plymouth residents only and only for children under 18 years of age.
- » Plymouth residents qualifying for assistance may purchase eight reduced price Lifetime passes per year at the Plymouth Parks & Recreation office (\$6.50 for adults and \$2.50 for children).

REGISTRATION POLICIES

- » Total fee must be paid at the time of registration.
 - » Registrations are not accepted at program site.
 - » We reserve the right to cancel programs if needed. Full refunds will be issued if a class is canceled by the City.
 - » Cancellations made by Parks and Rec will be sent via e-mail from the Recreation general e-mail account. Credits will be put on the household account to use at a later date or account holder may request to be refunded by the original payment method.
 - » Waiting lists will be started if classes fill. Additional or expanded classes may be formed if possible.
 - » A receipt may be emailed as a confirmation. Further confirmations will not be sent by mail, phone or fax.
 - » When registering by phone, you are officially agreeing to the liability and photo waivers stated on the registration form.
- » Many participants in our programs have a peanut or similar nut allergy. For the safety and enjoyment of everyone in our programs, **please pack nut-free snacks** for your child when attending Plymouth Parks and Recreation programming.

WITHDRAWAL / TRANSFER POLICIES

- » Class transfers are available and must be made at least one full week prior to the first class unless noted otherwise.
- » Withdrawal/refund requests must be made at least one full week prior to the first class unless noted. (For leagues, the withdrawal refund policy may be different and may be several weeks out from the start date of the program. This would be noted directly with the program advertisement.)
- » A \$5 service fee is retained on each withdrawal/refund request unless noted otherwise.
- » Withdrawals/transfers accepted by calling 763-509-5200. Faxed requests will not be accepted.
- » There are no refunds for missed classes or for withdrawals after the stated full week policy.

Liability Waiver: In consideration of your accepting this entry, I state and affirm that participation in the above program(s) is voluntary. I understand that the program(s) are not an essential service provided by the City; that certain risks are inherent and that these risks, anticipated or unanticipated, may result in injury or damage to persons and/or property. I hereby assume all risks in connection with the program(s); agree to hold the City or anyone acting on behalf of the City harmless and waive any right to make claims or bring lawsuits for any injuries or damages related to the alleged negligence of the City. This waiver does not apply to any injuries or damages that are a result of willful, wanton or intentional misconduct by the City or anyone acting on behalf of the City.

Photo Waiver: I understand that the City may use photographs taken at its programs that picture me or my dependents for publicity purposes.

Volunteer Opportunities

Make a Difference – Volunteer!

Contact Volunteer Services

763-509-5230 / volunteer@plymouthmn.gov

plymouthmn.gov/volunteer

SPECIAL EVENT OPPORTUNITIES

Must be 16 years or older

Fire & Ice Outdoor Winter Festival

Saturday, Feb. 1

Hardy, winter-loving Minnesotans are needed to help with outdoor games and activities. The outdoor shifts are about two-hours long.

Discover Plymouth

Saturday, March 22

Volunteer positions include helping with set-up/take-down, greeters and clean up.

GENERAL OPPORTUNITIES

Must be 18 years or older

Adopt a Spot

Adopt a park, garden, dog waste station, fire hydrant, storm drain or street to keep Plymouth clean and safe. Go to plymouthmn.gov/adoptaspot to adopt a spot near you.

Hands on History

Help care for historic documents and photos at Old Town Hall Wednesdays, January 8, February 5, and March 5.

Historic Document Transcription

Transcribe official Plymouth meeting minutes from 1903-1950 accurately. Volunteers must be able to read cursive handwriting. This project can be done remotely.

Police Reserves

Assist sworn officers with traffic and crowd control, transportation of prisoners, surveillance, patrol activities, special events and other education programs. Must be 18 years or older, commit to 15 hours a month, have a clean driving record and pass a background check.

Spring Park & Trail Clean-up

Keep Plymouth clean by picking up litter at a park or trail after the winter thaw. This project is self-directed and is great for individuals and/or groups of all ages. Bags are provided. Keep the efforts rolling by choosing a park or trail to keep clean from spring to fall. Go to the Adopt a Spot page to find which park is available near you.

Summer Teen Volunteer Program

June, July, August

The Summer Teen Volunteer Program is for teens 14 and older who are Plymouth residents. By supporting summer recreation programs, students learn leadership skills and gain valuable experience working with children. Teens choose the programs, locations and times that interest them, such as playgrounds, sports, and theatre programs.

Applications will be available in mid-March by calling 763-509-5230 or going online to the City's website.



**1,800+ volunteers make a
difference in our community**

Plymouth Facilities

Plymouth
COMMUNITY CENTER



Kids Ultimate
Backyard Experience



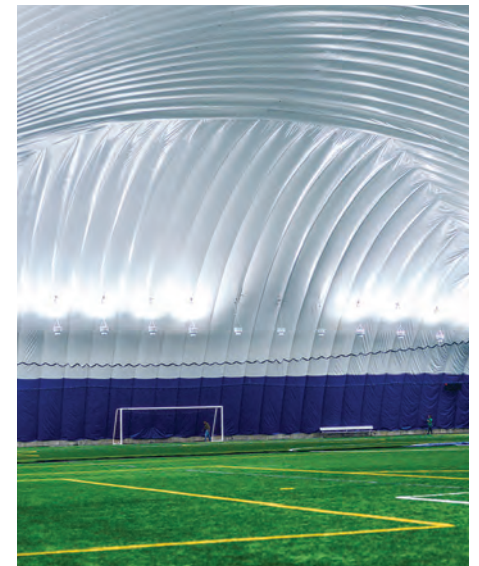
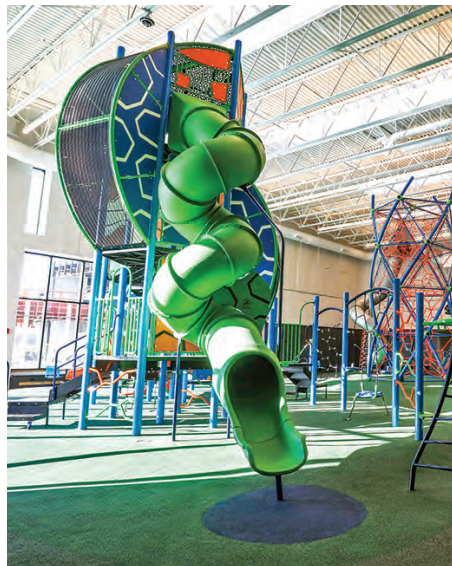
PCC

OPEN GYM



PCC

FIELDHOUSE





WAYZATA EAST MIDDLE SCHOOL POOL



Plymouth Parks & Recreation provides aquatics programs from 6 a.m. to 9 p.m. at Wayzata East Middle School.



VETERANS MEMORIAL WALL

at Plymouth City Hall, 3400 Plymouth Blvd.

Honor a veteran by having their name engraved on our Veterans Memorial wall located adjacent to City Hall. Any veteran who has been honorably discharged is eligible for engraving. For details and pricing, call 763-509-5200.

MEMORIALS

The City offers opportunities to memorialize a person, pet or event by donating money for a bench or a tree. These unique items range in price from \$500 to \$2,500. For details, contact Paul Buck at 763-509-5944 or pbuck@plymouthmn.gov

LIFETIME™ FITNESS: PLYMOUTH

The City of Plymouth has a public-private partnership with the Plymouth LifeTime™ – which allows Plymouth residents to purchase daily passes for the pool and fitness area/club without the purchase of a LifeTime™ membership.

Rates are subject to change. For hours, rates and more information, call Plymouth LifeTime™ at 763-509-0909.

Low Income Discounts

Residents of Plymouth who are low income may qualify for discount passes. Individuals may purchase eight discount daily passes per year from the city. Call 763-509-5200 for an application and details on eligibility.

SPECIAL USE FACILITIES

1	Plymouth Dog Park – 17005 Chankadha Trail
2	Hilde Performance Center – 3500 Plymouth Blvd
3	Plymouth Ice Center – 3650 Plymouth Blvd
4	Millennium Garden – 14800 34th Ave
5	NW Greenway Pavilion/Challenge Course – 5250 Peony Ln
6	Plymouth Community Center/Fieldhouse – 14800 34th Ave
7	Plymouth City Hall - 3400 Plymouth Blvd

PLAYFIELDS

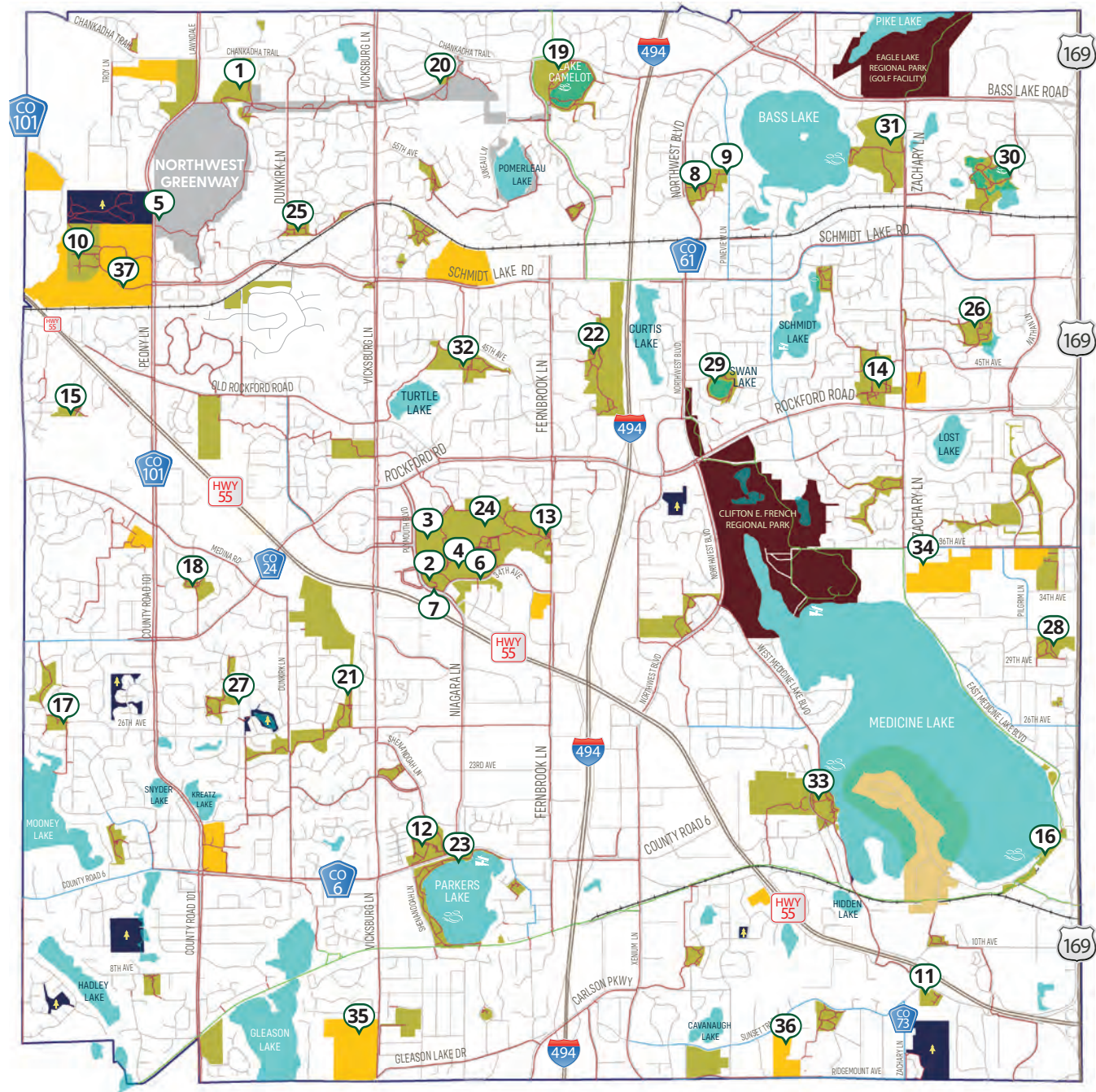
8	Bass Lake – 5450 Northwest Blvd
9	Bass Lake Tennis Courts - Pineview Lane N & 54th Ave N
10	Elm Creek – 4905 Peony Ln
11	LaCompte - 10795 Old Co Rd 15
12	Parkers Lake – 15500 Co Rd 6
13	Plymouth Creek – 3625 Fernbrook Ln
14	Zachary – 4355 Zachary Ln

PARKS

15	Crooked Creek - 4255 Walnut Grove Ln N
16	East Medicine Lake - 1740 E Medicine Lk Blvd
17	Green Oaks - 2600 Zircon Ln N
18	Heather Ponds - 3426 Lawndale Ln N
19	Lake Camelot - 14105 Chankadha Trail
20	Legacy Greenway - 15365 59th Pl N
21	Maple Creek - 2695 Weston Ln N
22	Nature Canyon - 13919 45th Ave N
23	Parkers Lake - 15205 Co Rd 6
24	Plymouth Creek - 14800 34th Ave N
25	Prairie Ponds - 5150 Dunkirk Ln N
26	Rolling Hills - 10355 48th Ave N
27	Shiloh - 2700 Jewel Ln N
28	Sunrise - 2995 Kilmer Ln N
29	Swan Lake - 4480 Quinwood Ln N
30	Three Ponds - 5360 Union Terrace Ln N
31	Timber Shores - 11250 53rd Ave N
32	Turtle Lake - 14991 45th Ave N
33	West Medicine Lake - 1920 W Medicine Lk Dr

SCHOOLS

34	Armstrong Senior High – 10635 36th Ave
35	Wayzata Central Middle – 305 Vicksburg Ln
36	Wayzata East Middle School – 12000 Ridgemount Ave
37	Wayzata High School – 4955 Peony Ln
38	Wayzata West Middle School – 149 Barry Ave, Wayzata



38 Located in Wayzata, Minn.



This map shows where activities are located.
To view the full Parks & Trails map, visit plymouthmn.gov

2024-2025
OUTDOOR SKATING SEASON







WARMING HOUSES



FRIDAY, DEC 20 – FRIDAY, FEB 28

Subject to change based on weather and safe ice conditions.

Warming House Rink Sites (staffed)

-  LaCompte, 10795 Old County Road 15
-  Plymouth Creek, 3625 Fernbrook Ln
-  *The Meadows, 5805 Peony Lane N
**new park opening this winter*
-  Zachary, 4355 Zachary Ln

Rink sites (non-staffed)

-  Bass Lake, 5450 Northwest Blvd

General Information

- Rink lights stay on until 10 pm daily
- Warming house sites close when:
The temp/forecasted temp is -10 or below, when the wind chill is -25 or below, or the ice is deemed unsafe/unskatable.
- Some rinks have scheduled activities posted on site.
- Rink closures are posted on the Parks and Recreation weatherline: 763-509-5205

Regular Rink Hours

Monday-Friday	5-8pm
Saturday-Sunday	12-7pm

Holiday Hours:

Christmas Eve (Dec 24)	12-5pm
Christmas Day (Dec 25)	Closed
Winter Break: (Dec 26-30)	12-7pm
New Year's Eve (Dec 31)	12-5pm
New Year's Day (Jan 1)	12-7pm
Martin Luther King Day (Jan 20)	12-7pm
Presidents Day (Feb 17)	12-7pm



see skate school
information on pg 92

prices:

Open Skating: \$5
Adult Open Hockey (18 and older): \$6
Skate Rental: \$5
Skate Aid Rental: \$2
Skate Sharpening: \$6

room rentals:

CENTER ICE ROOM:
\$60/hour, \$350/day
2,750 sq ft, 125 max capacity

BLUE LINE ROOM:
\$30/hour, \$150/day
870 sq ft, 39 max capacity

visit website or
call ice center for more details

763-509-5250

3650 Plymouth Blvd., Plymouth, MN 55446
plymouthmn.gov/facilities

Adaptive & Inclusive Programs



INCLUSION SERVICES

In compliance with the Americans with Disabilities Act of 1990, reasonable accommodations can be provided upon request to allow individuals with a disability to participate in Plymouth Parks & Recreation services, programs and activities.

Plymouth Parks & Recreation offers inclusion services. If you have questions regarding special needs and our inclusion services, please call 763-509-5200.

INCLUSION POLICY

Plymouth Parks & Recreation prides itself on providing quality programs and activities for people of all abilities.

To create the best recreation experience for people with and without disabilities, we require a minimum of two weeks advance notice before the start of a recreation program or activity.

Without a two-week notice, Plymouth Parks & Recreation is not able to guarantee that individual requests can be met. If Plymouth Parks & Recreation cannot meet a given request due to short notice, the participant would be required to arrange for their own Personal Care Attendant (PCA).

No refund will be issued due to the lack of an inclusion aide if you register less than one week from the start of the program.

To ensure that each participant has the best possible experience, follow these steps:

- » Register and notify Recreation staff of any special needs a minimum of two weeks in advance.
- » Complete and return the Inclusion Services Intake Form.

see pg. 11 for additional resources

BOARD GAME GROUP

PCC-Education Wing, 14800 34th Ave N

Have fun with peers engaging in a board game of your choosing. This is an inclusive group that will promote social engagement and executive functioning. Instr: Roots & Wings Therapeutic Services LLC.

AGES	DAY	DATE & TIME	COST	ACTIVITY
8-16	Tu	Apr 1-May 20 6:00pm-7:15pm	Res \$240 Non Res \$265	13929-01

CREATE & CONNECT - YOUTH

PCC-Education Wing, 14800 34th Ave N

This is an inclusive group for youth who are interested in creative endeavors and are looking for social engagement. Each week multiple art and craft activities will be available and participants can choose to engage in their art independently, parallel to others, or collaborating with others. Activities will also support motor and executive functioning skills. Instr: Roots & Wings Therapeutic Services LLC.

AGES	DAY	DATE & TIME	COST	ACTIVITY
8-16	Tu,Su	Jan 7-Feb 25 4:45pm-6:00pm	Res \$240 Non Res \$265	13927-01

CREATE AND CONNECT - ADULT

PCC-Education Wing, 14800 34th Ave N

This is an inclusive group for adults who are interested in creative endeavors and are looking for social engagement. Each week multiple art and craft activities will be offered to work on independently, parallel to other adults, or collaborating with other adults. Activities will also support motor and executive functioning skills. Instr: Michelle Pettit, Roots & Wings LLC.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Jan 7-Feb 25 6:15pm-7:30pm	Res \$240 Non Res \$265	15906-01

FINE MOTOR FUN

PCC-Active Wing, 14800 34th Ave N

This course is an inclusive child and caregiver playgroup focusing on fun and playful fine motor activities. Activities will support your child's foundational skills in handwriting, scissor skills, and coloring such as strengthening, manipulation, grasping, fine motor control, self-confidence, motivation, spatial awareness, visual-motor, and sensory processing. Instr: Roots & Wings Therapeutic Services LLC.

AGES	DAY	DATE & TIME	COST	ACTIVITY
3-6	W	Jan 8-Feb 26 9:00am-10:00am	Res \$225 Non Res \$248	11309-01

FOREST FRIENDS

PCC-Active Wing, 14800 34th Ave N

This course is an inclusive child and caregiver playgroup that offers kids the chance to explore and access nature in various ways for mindfulness, fun, reaping the therapeutic benefits of nature, and growth/development. All are welcome! Instr: Roots & Wings Therapeutic Services LLC.

AGES	DAY	DATE & TIME	COST	ACTIVITY
2-6	W	Apr 2-May 21 9:00am-10:00am	Res \$225 Non Res \$248	11310-01

HUNGRY CATERPILLAR FEEDING GROUP

PCC-Active Wing, 14800 34th Ave N

Exploring new foods can be stress-free and fun when it's paired alongside "The Hungry Caterpillar." Each session will include sensory and/or oral-motor activity that can support readying your child's body for trying something new. Each week we will complete a Hungry Caterpillar art or craft and explore and play with food embracing our various senses. Instr: Roots & Wings Therapeutic Services LLC.

AGES	DAY	DATE & TIME	COST	ACTIVITY
3-6	W	Apr 2-May 21 10:15am-11:15am	Res \$260 Non Res \$285	11311-01



Adaptive & Inclusive Programs

NATURE NAVIGATORS

PCC-Education Wing, 14800 34th Ave N

This an inclusive, therapeutic, curiosity-driven, and nature-based camp. It offers youth to explore and access nature in various ways for mindfulness, fun, and reaping the therapeutic benefits of nature. This is a space for youth to connect with their true selves, connect with peers in their own way, and connect with nature. Instr: Roots & Wings Therapeutic Services LLC.

AGES	DAY	DATE & TIME	COST	ACTIVITY
8-16	Tu,Su	Apr 1-May 20 4:45pm-5:45pm	Res \$230 Non Res \$253	13928-01

REACH FOR RESOURCES: REC THERAPY- DANCE WORKOUT

PCC-Active Wing, 14800 34th Ave N

Get ready to move, groove, and sweat with our dynamic dance workout program! You can follow along with our energetic instructors in a series of fun and engaging dance routines that will help you burn calories, boost your fitness, and unleash your inner dancer. You can join in person or virtually on Teams.**Please call Reach for Resources at 952-393-5880 or visit reach.reccdesk.com to register.

AGES	DAY	DATE & TIME	COST	ACTIVITY
13+	Th	Jan 9-Jan 30 10:30am-11:30am	\$163.20	13924-01
13+	Th	Feb 27-Mar 20 10:30am-11:30am	\$163.20	13924-02

SENSORY PLAY GROUP

PCC-Active Wing, 14800 34th Ave N

This course is an inclusive child and caregiver playgroup. Playful and functional activities lead by an occupational therapist, designed to support sensory empowerment, connection, developmental strides, and meaningful conversations around your child's growth. Instr: Roots & Wings Therapeutic Services LLC.

AGES	DAY	DATE & TIME	COST	ACTIVITY
3-6	W	Jan 8-Feb 26 10:15am-11:15am	Res \$225 Non Res \$248	11312-01

SENSORY-FRIENDLY SUNDAYS

PCC-Active Wing, 14800 34th Ave N

A special morning reserved for our friends with sensory needs. Participants MUST be pre-registered. Both the K.U.B.E and Gym will be closed to the public. Please only register children ages 3+. Children 2 and under are free. Fee includes entry to the Gym and K.U.B.E. See online for more details.

AGES	DAY	DATE & TIME	COST	ACTIVITY
all ages	Su	Feb 23 8:30am-10:30am	Res \$6 Non Res \$8	16702-01
all ages	Su	Mar 23 8:30am-10:30am	Res \$6 Non Res \$8	16702-02
all ages	Su	Apr 27 8:30am-10:30am	Res \$6 Non Res \$8	16702-03
all ages	Su	May 18 8:30am-10:30am	Res \$6 Non Res \$8	16702-04



**SENSORY
FRIENDLY
SUNDAYS**



Adaptive & Inclusive Programs



SPECIAL OLYMPICS MN: YOUNG ATHLETES

PCC-Active Wing, 14800 34th Ave N

An innovative sports play program that introduces children ages 2-7 years old **with and without** intellectual disabilities to the world of sports. Children are provided with games and activities that meet their individual skill and ability levels, while allowing them to play together in a fun and inclusive environment. Scholarships available. No program: 4/19.

AGES	DAY	DATE & TIME	COST	ACTIVITY
2-7	Sa	Apr 5-May 17 2:00pm-3:00pm	Res \$30 Non Res \$36	13911-01

TUMBLING: ADAPTIVE STARS

Wayzata High School, 4955 Peony Lane

Adaptive Stars is a unique gymnastics program designed for children and young adults accompanied by a para or other supportive grown up. Our program is dedicated to providing an inclusive and supportive environment where every participant can discover the joy of gymnastics and unlock their full potential. We will emphasize skill development, coordination, flexibility, and strength-building in a way that accommodates various abilities. Our adaptive equipment and modified routines cater to individual needs, fostering a sense of achievement and confidence among participants. We believe that gymnastics is for everyone, and we are committed to breaking down barriers to participation. Join us on this exciting journey where each participant, regardless of ability, can shine bright and reach new heights. (Enter at the Commons Door. East side of Building. Door 30)

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-20	Sa	Jan 11-Mar 8 12:00pm-12:30pm	Res \$124 Non Res \$134	13250-01
5-20	Sa	Mar 15-May 3 12:30pm-1:00pm	Res \$107 Non Res \$117	13250-02

ADAPTIVE PRIVATE SWIM LESSONS

Wayzata East Middle School, 12000 Ridgemount Ave W

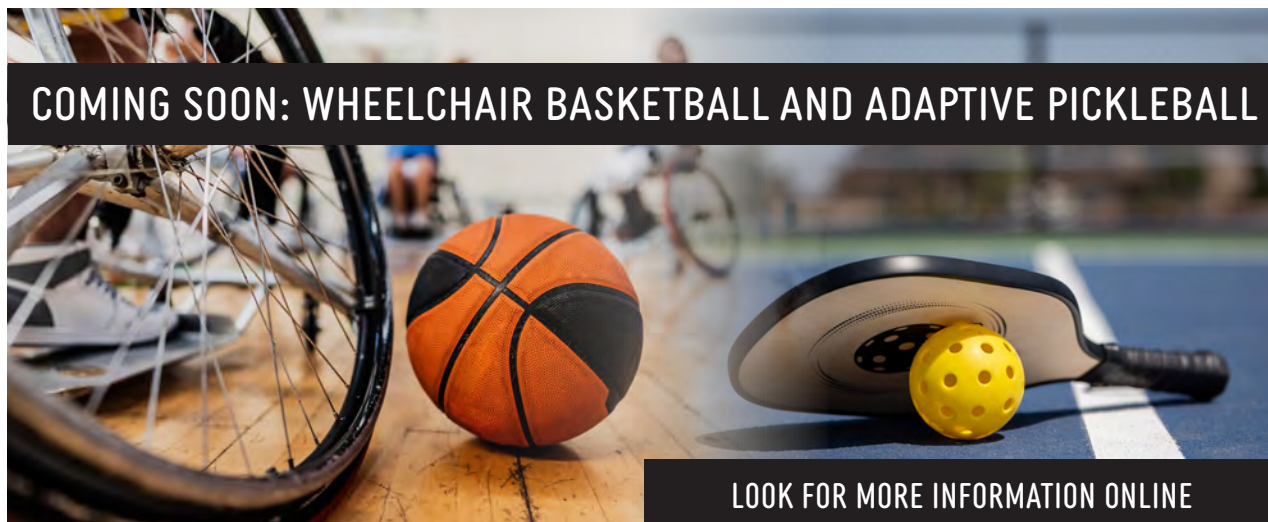
Lessons will be taught by an instructor certified in Swim Angelfish's Swim Whisperers® program. This multi-level Swim Whisperers® Certification Program teaches swim instructors the strategies needed to overcome the underlying challenges faced by their swimmers. This advanced adaptive aquatic training empowers instructors with the required tools to more effectively teach swimmers with Anxiety, Autism, Trauma, Discomfort, Physical Difficulties, Sensory Issues, Motor Problems and Delays.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5+	Tu	Jan 7-Feb 11 2:30pm-3:00pm	Res \$210	16801-01
5+	W	Apr 9-May 14 2:45pm-3:15pm	Res \$210	16801-02
5+	Tu	Jan 7-Jan 28 7:15pm-7:45pm	Res \$140	16801-03
5+	W	Jan 8-Jan 29 6:15pm-6:45pm	Res \$140	16801-04
5+	Th	Jan 9-Jan 30 7:15pm-7:45pm	Res \$140	16801-05
5+	Sa	Jan 11-Feb 1 12:00pm-12:30pm	Res \$140	16801-06
5+	Sa	Feb 8-Mar 8 12:00pm-12:30pm	Res \$210	16801-07
5+	W	Feb 5-Feb 26 5:40pm-6:10pm	Res \$140	16801-08
5+	W	Mar 5-Mar 26 2:30pm-3:00pm	Res \$140	16801-09
5+	Tu	Feb 4-Feb 25 6:20pm-6:50pm	Res \$140	16801-10
5+	Tu	Mar 4-Mar 25 6:20pm-6:50pm	Res \$140	16801-11
5+	Th	Feb 6-Feb 27 5:40pm-6:10pm	Res \$140	16801-12

AGES	DAY	DATE & TIME	COST	ACTIVITY
5+	Th	Mar 6-Mar 27 5:40pm-6:10pm	Res \$140	16801-13
5+	Sa	Mar 15-May 3 8:30am-9:00am	Res \$210	16801-14
5+	Sa	Mar 15-May 3 9:30am-10:00am	Res \$210	16801-15
5+	Su	Apr 6-May 4 11:00am-11:30am	Res \$140	16801-16
5+	Tu	Apr 8-Apr 29 5:40pm-6:10pm	Res \$140	16801-17
5+	Tu	May 6-May 27 5:40pm-6:10pm	Res \$140	16801-18
5+	Tu	Apr 8-Apr 29 7:20pm-7:50pm	Res \$140	16801-19
5+	Tu	May 6-May 27 7:20pm-7:50pm	Res \$140	16801-20
5+	Th	Apr 10-May 1 5:40pm-6:10pm	Res \$140	16801-21
5+	Th	May 8-May 29 5:40pm-6:10pm	Res \$140	16801-22
5+	Th	Apr 10-May 1 6:20pm-6:50pm	Res \$140	16801-23
5+	Th	May 8-May 29 6:20pm-6:50pm	Res \$140	16801-24



Adaptive & Inclusive Programs



COMING SOON: WHEELCHAIR BASKETBALL AND ADAPTIVE PICKLEBALL

LOOK FOR MORE INFORMATION ONLINE

ADDITIONAL RESOURCES

REACH FOR RESOURCES provides programs for all ages and serves the northern and western Twin Cities suburbs. REACH programs include bowling, dances and trips.

📞 952-200-3030

💻 reachforresources.org

WINDOWS OF OPPORTUNITY provides programs for adults and serves the Robbinsdale School District 281. Program offerings include trips, dances, bike outings and computer classes.

📞 763-504-6990

💻 ced.rdale.org

PROJECT SOAR provides programs for adults and serves four school districts: Hopkins, Minnetonka, St. Louis Park and Wayzata. Program offerings include trips, dances, arts and crafts, BINGO and cooking.

📞 952-401-6898

💻 projectsoarmn.org

COURAGE KENNY REHABILITATION INSTITUTE provides programs for all ages and has locations in Burnsville, Golden Valley, Forest Lake and Stillwater. Program offerings include swim classes, sports and support groups as well as work and career skills.

📞 612-775-2499

💻 allinahealth.org/courage-kenny-rehabilitation-institute



DO YOU HAVE AN IDEA FOR AN ADAPTIVE OR INCLUSIVE PROGRAM YOU WOULD LIKE TO SEE OFFERED?

Please reach out to Inclusion Supervisor
Paul Pearson: ppearson@plymouthmn.gov



Arts

PLYMOUTH MUSIC WORKS - PRIVATE LESSONS

PCC-Education Wing, 14800 34th Ave N

Private 30-minute lessons are taught by qualified, experienced teachers. Beginner to intermediate students welcome. Learn new skills or improve those you already have. Develop your tone, rhythm and reading skills while you enjoy a variety of musical styles.

AGES: 7+ | DAYS: Mondays - Fridays

SESSION 1:

Jan. 6 - Mar. 21

COST: Res: \$308 | Non Res: \$318

SESSION 2:

Apr. 7 - May 23

COST: Res: \$196 | Non Res: \$206

REGISTRATION

Email to arrange lesson time before registering:

plymouthmusicworks@plymouthmn.gov

- Piano
- Viola, Violin, Guitar
- brass
- Voice

CUENTOS INTERACTIVOS EN ESPAÑOL - INTERACTIVE STORYTIME IN SPANISH

PCC Black Box Theater, 14800 34th Ave N

Come celebrate language and culture learning about the beautiful country of Argentina. Local author, Pamela Mercado Michelli will share her story, "Daniela Y Mateo Viajan A Argentina." Program will include book reading, music, dance, arts & craft activity and take-home sheet.

Pre-registration requested.

La autora local, Pamela Mercado Michelli, compartirá su historia, "Daniela y Mateo viajan a Argentina". El programa incluirá lectura de libros, música, baile, actividades de arte y manualidades y una hoja para llevar a casa.

Se requiere inscripción previa.

AGES	DAY	DATE & TIME	COST	ACTIVITY
all ages	Su	Feb 23 10:00am-10:45am	no fee	16101-01

Education - STEM Lab kits

THE STEM LAB KITS: CASE OF THE MISSING BIRTHDAY CAKE

Your best friend is having a birthday party. When it's time for cake, everybody heads inside to the kitchen but the cake is nowhere to be found! Luckily, the thief left behind clues you can use to track them down and get the cake back. Solve the Case of the Missing Birthday Cake using forensic science to take fingerprints, analyze evidence and decode encrypted messages. Designed for ages 7+.

COST	ACTIVITY
\$25	16927-01

THE STEM LAB KITS: CRYSTAL ADVENTURE

Two adventurous friends are planning a journey together to go spelunking in Sequoia National Park in California. They know this cave has magnificent crystal formations and a polished marble stream. However, they need your help to prepare for their trip by answering the following questions: 1. What are crystals? 2. How do crystals form? 3. What are crystals made of? Target age: 7+.

COST	ACTIVITY
\$25	16926-01

THE STEM LAB KITS: MAKE IT MOVE

Put Newton's laws of motion into motion as you build things that move, zoom and fly! From gravity ziplines to balloon-powered cars, learn to build projects for speed, power and distance. Designed for ages 7+.

COST	ACTIVITY
\$25	16928-01

THE STEM LAB KITS: WOODWORKER DRAGSTER RACE CAR

Use hammer, hardware and pre-drilled wood to build a dragster race car that really moves, complete with launching track and working wheels. Turn potential energy into kinetic energy as you pull back and fling it forward off the track. Designed for ages 7+.

COST	ACTIVITY
\$25	16919-01

The STEM Lab kits can be shipped directly to your home for an additional \$8 or you can pickup for free at City Hall. A message will be sent out when kits are available for pickup. Suggested ages are listed in each description but are not a requirement for purchase.



Education - STEM Lab kits

THE STEM LAB KITS: WOODWORKER MARBLE DROP

Who can get the highest score? Use pre-drilled wood, hammer and hardware to engineer a fun game. Designed for ages 7+.

COST	ACTIVITY
\$25	16923-01

THE STEM LAB KITS: WOODWORKER PROPELLER RACER

Use wood, hammer and hardware to explore potential and kinetic energy transfer with a rubber band powered propeller race car. Wind it up and watch it go! Designed for ages 8+.

COST	ACTIVITY
\$25	16924-01

THE STEM LAB: SHAKE-IT ROBOT

Use everyday craft supplies and other simple materials to create robots, bugs, beasts, vehicles, and whatever you can imagine using the Shake It board. When you flip the Shake It switch on, see where and how your creation moves. Can you design and engineer something that moves very quickly, straight forward, backward, or in circles? Designed for ages 7+.

COST	ACTIVITY
\$25	16929-01

THE STEM LAB KITS: WOODWORKER MARSHMALLOW LAUNCHER

Use a hammer, hardware, and pre-drilled wood to build a Marshmallow Launcher that is as fun to use as it is to build! Experiment with the physics of catapults, predict how marshmallow mass will affect flight, and design a target! Designed for ages 7+.

COST	ACTIVITY
\$25	16922-01

Meet Your Neighbor

MEET YOUR NEIGHBOR: BASICS OF ISLAM AND MUSLIM LIFESTYLE

PCC-Education Wing, 14800 34th Ave N

Learn about Muslim and Islamic culture. How does this belief system guide day-to-day lifestyle of a Muslim? Explore similarities and differences compared to American Culture. Hear how these beliefs are sometimes misrepresented. Class is designed to be educational and allow for open dialogue and Q&A. Instr: Building Blocks of Islam.

AGES	DAY	DATE & TIME	COST	ACTIVITY
13+	W	Feb 26 2:00pm-3:30pm	no fee	15334-01

MEET YOUR NEIGHBOR: DEMENTIA FRIENDS INFORMATION SESSION

Locations vary

Help make Plymouth a dementia friendly community! Attend a free one-hour session to learn about and how to support people impacted by dementia. Learn 5 key messages, what it's like to live with the disease and local resources. Hear communication tips and turn your understanding into action. Instr: Jewish Family and Children's Service of Minneapolis and Dementia Friends MN.

AGES	DAY	DATE & TIME	COST	ACTIVITY
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Zoom

13+	F	Jan 31 11:00am-12:00pm	no fee	16301-01
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Plymouth Community Center-Education Wing

13+	W	May 14 10:00am-11:00am	no fee	16301-02
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Outdoor Recreation

TRAILSIDE REPAIR & ADJUSTMENTS

PCC-Education Wing, 14800 34th Ave N

Many possible issues and problems can and do occasionally occur when riding. We will work through flat tires, wheel issues, dropped chains, cleaning and lubing, replacing tires, and what to buy to handle the unfortunate issues. This is a mix of hands on and lecture. Please leave your bikes at home for this class. Class taught by Bjorn Cycling.

AGES	DAY	DATE & TIME	COST	ACTIVITY
14+	Tu	Feb 18 7:00pm-8:30pm	Res \$30 Non Res \$39	13222-01
14+	Tu	Apr 29 7:00pm-8:30pm	Res \$30 Non Res \$39	13222-02



Adaptive & Inclusive

FOREST FRIENDS

PCC-Active Wing, 14800 34th Ave N

This course is an inclusive child and caregiver playgroup that offers kids the chance to explore and access nature in various ways for mindfulness, fun, reaping the therapeutic benefits of nature, and growth/development. All are welcome! Instr: Roots & Wings Therapeutic Services LLC.

AGES	DAY	DATE & TIME	COST	ACTIVITY
2-6	W	Apr 2-May 21 9:00am-10:00am	Res \$225 Non Res \$248	11310-01

HUNGRY CATERPILLAR FEEDING GROUP

PCC-Active Wing, 14800 34th Ave N

Exploring new foods can be stress-free and fun when it's paired alongside "The Hungry Caterpillar." Each session will include sensory and/or oral-motor activity that can support readying your child's body for trying something new. Each week we will complete a Hungry Caterpillar art or craft and explore and play with food embracing our various senses. Instr: Roots & Wings Therapeutic Services LLC.

AGES	DAY	DATE & TIME	COST	ACTIVITY
3-6	W	Apr 2-May 21 10:15am-11:15am	Res \$260 Non Res \$285	11311-01



Children must
be accompanied
by a caregiver

Arts

EASY CRAFTS - IT'S ALL ABOUT FOOTBALL

PCC-Active Wing, 14800 34th Ave N

If you and your child enjoy football, come spend a fun hour with us crafting together. We will make a football decoration to take home and a paper hat to wear for the Super Bowl.

AGES	DAY	DATE & TIME	COST	ACTIVITY
2-5	Sa	Feb 1 9:30am-10:30am	Res \$25 Non Res \$28	11101-01

EASY CRAFTS - IT'S ALL ABOUT HEARTS

PCC-Active Wing, 14800 34th Ave N

Let's celebrate Valentine's Day in a fun and creative way! Join us in making an adorable paper hat and a cute heart craft. Kids will have the opportunity to practice writing their name on small hearts that will be used for the craft.

AGES	DAY	DATE & TIME	COST	ACTIVITY
2-5	F	Feb 14 9:30am-10:30am	Res \$25 Non Res \$28	11103-01

KIDCREATE STUDIO - LITTLE MESS MAKER'S ART

PCC-Active Wing, 14800 34th Ave N

Your little mess maker will have a blast in this hands-on camp! They will enjoy many artistic, mess-making moments as they create marvelously messy masterpieces. We plan to paint, sculpt, scribble, and giggle our way to discovering mess making at its very best. These are not projects to tackle at home. Leave the mess with us!

AGES	DAY	DATE & TIME	COST	ACTIVITY
1.5-6	M	Jan 13-Feb 3 9:30am-10:30am	Res \$90 Non Res \$98	11104-01
1.5-6	M	Jan 13-Feb 3 5:30pm-6:30pm	Res \$90 Non Res \$98	11104-02

KIDCREATE STUDIO - TWINKLE, TWINKLE LITTLE STAR

PCC-Active Wing, 14800 34th Ave N

Come and sing along with us as we create art inspired by this favorite nursery rhyme. A little Kidcreate magic (glow-in-the-dark paint!) will enable your young artist's masterpiece to really come to life after dark!

AGES	DAY	DATE & TIME	COST	ACTIVITY
1.5-6	Sa	Mar 8 9:30am-10:30am	Res \$25 Non Res \$28	11113-01

KIDCREATE STUDIO - PLAY DATE WITH MOM

PCC-Active Wing, 14800 34th Ave N

In honor of Mother's Day, spend some creative time with your child. You and your child will create a beautiful hand print flower bouquet on a canvas board. What a great keepsake!

AGES	DAY	DATE & TIME	COST	ACTIVITY
1.5-6	Sa	May 3 9:30am-10:30am	Res \$25 Non Res \$28	11114-01



Arts - dance

TIPPI TOES® DANCE - TODDLER & ME

PCC-Active Wing, 14800 34th Ave N

A dance class for mom, dad, or guardian to learn basic dance steps with your little dancer. We'll incorporate music, movement, balance and basic dance steps in a fun and positive environment.

AGES	DAY	DATE & TIME	COST	ACTIVITY
1.5-3	W	Jan 15-Feb 26 9:30am-10:15am	Res \$87 Non Res \$97	11109-01
1.5-3	W	Jan 15-Feb 26 10:30am-11:15am	Res \$87 Non Res \$97	11109-02
1.5-3	W	Apr 9-May 21 9:30am-10:15am	Res \$87 Non Res \$97	11109-03
1.5-3	W	Apr 9-May 21 10:30am-11:15am	Res \$87 Non Res \$97	11109-04

music

FIRST STEPS IN MUSICLAND

PCC-Education Wing, 14800 34th Ave N

Exposure to basic musical concepts and a wide variety of musical styles through fun activities. Caregiver and child will dance, sing and play while learning rhythm and fine/gross motor coordination. Instr: Scott Schmitz.

AGES	DAY	DATE & TIME	COST	ACTIVITY
1.5-5	W	Jan 22-Mar 12 9:30am-10:15am	Res \$109 Non Res \$119	11110-01
1.5-5	W	Apr 9-May 28 9:30am-10:15am	Res \$109 Non Res \$119	11110-02

MUSIC TOGETHER MIXED AGES-FREE DEMO

PCC-Education Wing, 14800 34th Ave N

Sing, laugh, play and learn with your infant, toddler and preschooler in these award-winning classes. Along with class instruction, participants receive a CD, music downloads, songbook, and educational materials. Sibling/ additional child discount applied for families registering more than one. Instr: Music Together in the Valley LLC.

AGES	DAY	DATE & TIME	COST	ACTIVITY
infant-5 yrs	Tu	Dec 10 10:15am-11:00am	No fee - free demo	11118-01
infant-5 yrs	W	Dec 11 5:15pm-6:00pm	No fee - free demo	11118-02
infant-5 yrs	Tu	Mar 18 10:15am-11:00am	No fee - free demo	11118-03
infant-5 yrs	W	Mar 19 5:15pm-6:00pm	No fee - free demo	11118-04
infant-5 yrs	Tu	Dec 10 9:15am-10:00am	No fee - free demo	11118-05
infant-5 yrs	W	Dec 11 4:15pm-5:00pm	No fee - free demo	11118-06

MUSIC TOGETHER MIXED AGES

PCC-Education Wing, 14800 34th Ave N

Sing, laugh, play and learn with your infant, toddler and preschooler in these award-winning classes. Along with class instruction, participants receive a CD, music downloads, songbook, and educational materials. Sibling/ additional child discount applied for families registering more than one. Instr: Music Together in the Valley LLC.

AGES	DAY	DATE & TIME	COST	ACTIVITY
infant-5 yrs	Tu	Jan 7-Mar 11 9:15am-10:00am	Res \$199 Non Res \$218	11117-01
infant-5 yrs	Tu	Jan 7-Mar 11 10:15am-11:00am	Res \$199 Non Res \$218	11117-02
infant-5 yrs	Tu	Jan 7-Mar 11 11:15am-12:00pm	Res \$199 Non Res \$218	11117-03
infant-5 yrs	W	Jan 8-Mar 12 4:15pm-5:00pm	Res \$199 Non Res \$218	11117-04
infant-5 yrs	W	Jan 8-Mar 12 5:15pm-6:00pm	Res \$199 Non Res \$218	11117-05
infant-5 yrs	Tu	Apr 1-June 3 9:15am-10:00am	Res \$199 Non Res \$218	11117-06
infant-5 yrs	Tu	Apr 1-June 3 10:15am-11:00am	Res \$199 Non Res \$218	11117-07
infant-5 yrs	Tu	Apr 1-June 3 11:15am-12:00pm	Res \$199 Non Res \$218	11117-08
infant-5 yrs	W	Apr 2-June 4 4:15pm-5:00pm	Res \$199 Non Res \$218	11117-09
infant-5 yrs	W	Apr 2-June 4 5:15pm-6:00pm	Res \$199 Non Res \$218	11117-10



Children must be accompanied by a caregiver



Education

SCIENCE EXPLORERS: SCIENCE BUDDIES

PCC-Active Wing, 14800 34th Ave N

Bring along a parent or your favorite adult for a fun and friendly hands-on science class. We will investigate States of Matter while learning about polymers, absorption, and more. Be sure to dress so you can get messy as we explore these and other fascinating mixtures.

AGES	DAY	DATE & TIME	COST	ACTIVITY
3-6	Su	Apr 27 1:00pm-2:30pm	Res \$25 Non Res \$30	11305-01

SCIENCE EXPLORERS: TINY TOT EXPLORERS - DYNAMITE DINOSAURS

PCC-Active Wing, 14800 34th Ave N

Enter the Science Explorers' time machine and journey back to a world where dinosaurs ruled the earth. Become a paleontologist to learn about these amazing creatures through hands-on experiments, art projects and more as we journey back in time.

AGES	DAY	DATE & TIME	COST	ACTIVITY
2-5	Tu	Jan 7-Jan 28 9:30am-10:30am	Res \$60 Non Res \$69	11313-01

SCIENCE EXPLORERS: TINY TOT EXPLORERS - FASCINATING PHYSICS

PCC-Active Wing, 14800 34th Ave N

Bring along a parent or your favorite adult for a fun and friendly hands-on science class. Use natural curiosity to explore physics, the science of motion, as we investigate force, friction, gravity and more with engaging activities and experiments.

AGES	DAY	DATE & TIME	COST	ACTIVITY
2-5	Tu	Apr 15-May 6 9:30am-10:30am	Res \$60 Non Res \$69	13307-01

SCIENCE EXPLORERS: TINY TOT EXPLORERS- MIXTURE MADNESS

PCC-Active Wing, 14800 34th Ave N

Bring along a parent or your favorite adult for a fun and friendly hands-on science class. Explore the world of chemistry while investigating States of Matter as we learn about polymers, absorption, mixture and more. Be sure to dress so you can get messy.

AGES	DAY	DATE & TIME	COST	ACTIVITY
2-5	Tu	Feb 25-Mar 18 9:30am-10:30am	Res \$60 Non Res \$69	13306-01



Children must be accompanied by a caregiver

Sports

TUMBLING TYKES AND FITNESS

PCC-Active Wing, 14800 34th Ave N

A coupled class for children with their favorite grown-up! Come have fun and learn basic gymnastics skills as well as improve balance, fitness, strength, and gross motor skills.

AGES	DAY	DATE & TIME	COST	ACTIVITY
2-3	M	Jan 20-Feb 10 5:00pm-5:30pm	Res \$69 Non Res \$79	12201-01
2-3	M	Jan 20-Feb 10 5:40pm-6:10pm	Res \$69 Non Res \$79	12201-02
2-3	M	Jan 20-Feb 10 6:20pm-6:50pm	Res \$69 Non Res \$79	12201-03
2-3	M	Mar 3-Mar 24 5:00pm-5:30pm	Res \$69 Non Res \$79	12201-04
2-3	M	Mar 3-Mar 24 5:40pm-6:10pm	Res \$69 Non Res \$79	12201-05
2-3	M	Mar 3-Mar 24 6:20pm-6:50pm	Res \$69 Non Res \$79	12201-06
2-3	M	Apr 14-May 5 5:00pm-5:30pm	Res \$69 Non Res \$79	12201-07
2-3	M	Apr 14-May 5 5:40pm-6:10pm	Res \$69 Non Res \$79	12201-08
2-3	M	Apr 14-May 5 6:20pm-6:50pm	Res \$69 Non Res \$79	12201-09



Adaptive & Inclusive

SPECIAL OLYMPICS MN: YOUNG ATHLETES

PCC-Active Wing, 14800 34th Ave N

An innovative sports play program that introduces children ages 2-7 years old **with and without** intellectual disabilities to the world of sports. Children are provided with games and activities that meet their individual skill and ability levels, while allowing them to play together in a fun and inclusive environment. Scholarships available. No program 4/19.

AGES	DAY	DATE & TIME	COST	ACTIVITY
2-7	Sa	Apr 5-May 17 2:00pm-3:00pm	Res \$30 Non Res \$36	13911-01

Arts

KIDCREATE STUDIO

GLOW-IN-THE-DARK MONSTER

PCC-Active Wing, 14800 34th Ave N

Come create one of Kidcreate's most popular projects of all time- a goofy glow-in-the-dark monster on a real canvas board! We'll cut, glue, and paint the night away in this fun kids-only class. Please pack a nut-free snack and drink for your child.

AGES	DAY	DATE & TIME	COST	ACTIVITY
3-6	Sa	Mar 1 9:00am-12:00pm	Res \$55 Non Res \$60	12101-01

MUSIC POSSIBILITIES

PCC-Education Wing, 14800 34th Ave N

This program opens the door into the wide world of music and offers our youngest rock stars the opportunity to explore and build their musical foundation. Participants will be introduced to rhythm, pitch, and harmony through games and stories. Each week our young musicians will have the opportunity to touch and play percussion, string, and wind instruments. This class will give each participant the opportunity to explore their interests, discover a love for music, and will prepare them for success in music as they grow!

AGES	DAY	DATE & TIME	COST	ACTIVITY
3-5	W	Jan 22-Mar 12 10:30am-11:15am	Res \$109 Non Res \$119	12104-01
3-5	W	Apr 9-May 28 10:30am-11:15am	Res \$109 Non Res \$119	12104-02

dance

BALLET & TAP (AGES 3-4)

PCC-Active Wing, 14800 34th Ave N

This class will focus on beginning ballet and tap technique with an emphasis on coordination, balance, and creativity. Students will learn fun and expressive choreography that will be expanded upon each week. Pink ballet shoes, black tap shoes, and leotards/tights or active wear are needed. Instr: City of Plymouth Dance Staff. Fee includes 2 costumes and recital. No program: 1/20, 2/17, 3/22, 4/19.

AGES	DAY	DATE & TIME	COST	ACTIVITY
3-4	M	Jan 13-Apr 28 5:00pm-5:45pm	Res \$255 Non Res \$269	12102-01
3-4	Sa	Jan 11-Apr 26 1:00pm-1:45pm	Res \$255 Non Res \$269	12102-02

CREATIVE MOVEMENT (AGES 3-4)

PCC-Active Wing, 14800 34th Ave N

We'll introduce students to dance elements of ballet, jazz, and contemporary modern with a focus on creative expression. Bare feet or ballet shoes recommended. Program fee includes costume and recital. Instr: City of Plymouth Dance Staff. No program: 3/22, 4/19.

AGES	DAY	DATE & TIME	COST	ACTIVITY
3-4	Th	Jan 16-Apr 24 4:30pm-5:00pm	Res \$238 Non Res \$253	12110-01
3-4	Sa	Jan 11-Apr 26 9:00am-9:30am	Res \$225 Non Res \$239	12110-02

TIPPI TOES® DANCE CLASS

PCC-Active Wing, 14800 34th Ave N

Move and groove to the Tippi Toes® beat in this fun and energetic combination class, with your child dancing on their own! Tippi Toes incorporates an even mix of the three types of dance over the 45 minute class time using high-energy music and choreography. For children ages 3-5 years.

AGES	DAY	DATE & TIME	COST	ACTIVITY
3-5	W	Jan 15-Feb 26 11:30am-12:15pm	Res \$87 Non Res \$97	12116-01
3-5	W	Apr 9-May 21 11:30am-12:15pm	Res \$87 Non Res \$97	12116-02



Education

THE STEM LAB KITS: BACKYARD EXPLORERS - HONEY BEES Online

Explore the fascinating world of honey bees! Obtain a deeper understanding and appreciation for these remarkable insects and their impact on our ecosystem. National Geographic Kids book with beautiful, engaging, and authentic photos, natural honeycomb, authentic bee pollen and more, support learning and captivate childrens' intrigue. Target age: 4+.

COST	ACTIVITY
\$40	16920-01

THE STEM LAB KITS: SOLAR PRINTING KIT Online

Harness the power of the winter sun to develop one-of-a-kind STEM art! Use hand-treated, sun-sensitive papers that undergo a chemical change when exposed to sunlight. Images appear within minutes and are permanent with a quick rinse of water. Safe and easy to use. A great winter science or art project for the entire family. Designed for ages 3+.

COST	ACTIVITY
\$35	16921-01

THE STEM LAB KITS: SCIENCE EXPERIMENT BUNDLE BOOK Online

Teacher created, science experiment book promotes easy, hands-on scientific exploration with simple materials, planned, photographed and ready to bring into your home! Includes guided data sheets, helpful notes and expected outcomes for each experiment. Designed for ages 4+.

COST	ACTIVITY
\$25	16925-01

The STEM Lab kits can be shipped directly to your home for an additional \$8 or you can pickup for free at City Hall. A message will be sent out when kits are available for pickup. Suggested ages are listed in each description but are not a requirement for purchase.



WEATHER LINE
763-509-5205
call for updates on
class cancellations



Sports

REVSPORTS BASKETBALL

PCC-Active Wing, 14800 34th Ave N

RevSports basketball players learn and practice the fundamentals of basketball through individual player development. Each day will focus on a topic building on the previous topics including: dribbling, shooting, defending, passing, and more. Hoops range from 3-7 feet and adjusted for the ability level of each age group. All equipment is provided. Parents/guardians are expected to be present and ready to engage for 2-5 year olds. Participants should wear tennis shoes in gym. This is not a league.

AGES	DAY	DATE & TIME	COST	ACTIVITY
2-3	M	Jan 6-Jan 27 5:00pm-5:25pm	Res \$67 Non Res \$77	12212-01
3-4	M	Jan 6-Jan 27 5:30pm-6:10pm	Res \$67 Non Res \$77	12212-02
4-5	M	Jan 6-Jan 27 6:15pm-6:55pm	Res \$67 Non Res \$77	12212-03
5-6	M	Jan 6-Jan 27 7:00pm-7:40pm	Res \$67 Non Res \$77	12212-04
2-3	M	Feb 3-Feb 24 5:00pm-5:25pm	Res \$67 Non Res \$77	12212-05
3-4	M	Feb 3-Feb 24 5:30pm-6:10pm	Res \$67 Non Res \$77	12212-06
4-5	M	Feb 3-Feb 24 6:15pm-6:55pm	Res \$67 Non Res \$77	12212-07
5-6	M	Feb 3-Feb 24 7:00pm-7:40pm	Res \$67 Non Res \$77	12212-08
2-3	M	Mar 3-Mar 24 5:00pm-5:25pm	Res \$67 Non Res \$77	12212-09
3-4	M	Mar 3-Mar 24 5:30pm-6:10pm	Res \$67 Non Res \$77	12212-10
4-5	M	Mar 3-Mar 24 6:15pm-6:55pm	Res \$67 Non Res \$77	12212-11
5-6	M	Mar 3-Mar 24 7:00pm-7:40pm	Res \$67 Non Res \$77	12212-12
2-3	M	Apr 7-Apr 28 5:00pm-5:25pm	Res \$67 Non Res \$77	12212-13
3-4	M	Apr 7-Apr 28 5:30pm-6:10pm	Res \$67 Non Res \$77	12212-14

AGES	DAY	DATE & TIME	COST	ACTIVITY
4-5	M	Apr 7-Apr 28 6:15pm-6:55pm	Res \$67 Non Res \$77	12212-15
5-6	M	Apr 7-Apr 28 7:00pm-7:40pm	Res \$67 Non Res \$77	12212-16
2-3	Th	Jan 9-Jan 30 5:00pm-5:25pm	Res \$67 Non Res \$77	12212-17
3-4	Th	Jan 9-Jan 30 5:30pm-6:10pm	Res \$67 Non Res \$77	12212-18
4-5	Th	Jan 9-Jan 30 6:15pm-6:55pm	Res \$67 Non Res \$77	12212-19
5-6	Th	Jan 9-Jan 30 7:00pm-7:40pm	Res \$67 Non Res \$77	12212-20
2-3	Th	Feb 6-Feb 27 5:00pm-5:25pm	Res \$67 Non Res \$77	12212-21
3-4	Th	Feb 6-Feb 27 5:30pm-6:10pm	Res \$67 Non Res \$77	12212-22
4-5	Th	Feb 6-Feb 27 6:15pm-6:55pm	Res \$67 Non Res \$77	12212-23
5-6	Th	Feb 6-Feb 27 7:00pm-7:40pm	Res \$67 Non Res \$77	12212-24
2-3	Th	Mar 6-Mar 27 5:00pm-5:25pm	Res \$67 Non Res \$77	12212-25
3-4	Th	Mar 6-Mar 27 5:30pm-6:10pm	Res \$67 Non Res \$77	12212-26
4-5	Th	Mar 6-Mar 27 6:15pm-6:55pm	Res \$67 Non Res \$77	12212-27

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-6	Th	Mar 6-Mar 27 7:00pm-7:40pm	Res \$67 Non Res \$77	12212-28
2-3	Th	Apr 3-Apr 24 5:00pm-5:25pm	Res \$67 Non Res \$77	12212-29
3-4	Th	Apr 3-Apr 24 5:30pm-6:10pm	Res \$67 Non Res \$77	12212-30
4-5	Th	Apr 3-Apr 24 6:15pm-6:55pm	Res \$67 Non Res \$77	12212-31
5-6	Th	Apr 3-Apr 24 7:00pm-7:40pm	Res \$67 Non Res \$77	12212-32
2-3	Su	Jan 5-Jan 26 12:00pm-12:25pm	Res \$67 Non Res \$77	12212-33
3-4	Su	Jan 5-Jan 26 12:30pm-1:10pm	Res \$67 Non Res \$77	12212-34
4-5	Su	Jan 5-Jan 26 1:15pm-1:55pm	Res \$67 Non Res \$77	12212-35
5-6	Su	Jan 5-Jan 26 2:00pm-2:40pm	Res \$67 Non Res \$77	12212-36
2-3	Su	Feb 2-Feb 23 2:00pm-2:25pm	Res \$67 Non Res \$77	12212-37
3-4	Su	Feb 2-Feb 23 2:30pm-3:10pm	Res \$67 Non Res \$77	12212-38
4-5	Su	Feb 2-Feb 23 3:15pm-3:55pm	Res \$67 Non Res \$77	12212-39
5-6	Su	Feb 2-Feb 23 4:00pm-4:40pm	Res \$67 Non Res \$77	12212-40

Preschool



Sports - gymnastics

TUMBLING TYKES

Wayzata High School, 4955 Peony Lane

Emphasis on fun! Explore basic gymnastics skills and improve motor skills, including safe use of gymnastics equipment. Adult assistance is advised for three year old participants. Please enter through Door 30 of Wayzata High School. No program: 1/25, 2/15.

AGES	DAY	DATE & TIME	COST	ACTIVITY
3-4	Sa	Jan 11-Mar 8 8:30am-9:00am	Res \$114 Non Res \$124	12200-01
3-4	Sa	Jan 11-Mar 8 9:10am-9:40am	Res \$114 Non Res \$124	12200-02
3-4	Sa	Jan 11-Mar 8 1:00pm-1:30pm	Res \$114 Non Res \$124	12200-03
3-4	Sa	Mar 15-May 3 8:45am-9:15am	Res \$98 Non Res \$108	12200-04
3-4	Sa	Mar 15-May 3 9:20am-9:50am	Res \$98 Non Res \$108	12200-05
3-4	Sa	Mar 15-May 3 1:15pm-1:45pm	Res \$98 Non Res \$108	12200-06

martial arts

LITTLE TIGER

Ultimate Martial Arts, 147 Hamel Road

Learn basic self-defense and martial arts skills, develop coordination and flexibility. Basic kicks and punches taught through exercises and fun games. Earn belts and stickers. Instr: Tom Malone.

AGES	DAY	DATE & TIME	COST	ACTIVITY
4-6	Th	Jan 16-Feb 20 5:30pm-6:00pm	Res \$119 Non Res \$129	12208-01
4-6	Th	Mar 20-Apr 24 5:30pm-6:00pm	Res \$119 Non Res \$129	12208-02

multi-sport

SPORTS UNLIMITED SPORTS SAMPLER

PCC Fieldhouse, 14800 34th Ave N

Explore baseball, soccer, soft lacrosse and flag football. Bring appropriate clothing (shin guards recommended for soccer), baseball glove, nut-free snack and water.

AGES	DAY	DATE & TIME	COST	ACTIVITY
4-6	Tu	Jan 7-Jan 28 4:30pm-6:00pm	Res \$92 Non Res \$105	12202-01
4-6	Tu	Feb 4-Feb 25 4:30pm-6:00pm	Res \$92 Non Res \$105	12202-02

ninja warrior fitness

REVSPORTS - NINJA WARRIOR FITNESS

PCC-Active Wing, 14800 34th Ave N

RevSports Ninja Warrior Fitness participants will learn and practice the fundamentals of speed, agility, balance, and coordination through individual obstacles. Class involves ground-based obstacle training, active games, and individual challenges. All equipment is provided. Participants should wear tennis shoes. Parent/guardian is expected to be present and ready to engage for 2-5 year olds.

AGES	DAY	DATE & TIME	COST	ACTIVITY
2-3	M	Mar 3-Mar 24 5:00pm-5:25pm	Res \$79 Non Res \$90	12402-01
3-5	M	Mar 3-Mar 24 5:30pm-6:10pm	Res \$79 Non Res \$90	12402-02
4-6	M	Mar 3-Mar 24 6:15pm-6:55pm	Res \$79 Non Res \$90	12402-03
2-3	M	Apr 7-Apr 28 5:00pm-5:25pm	Res \$79 Non Res \$90	12402-05
3-5	M	Apr 7-Apr 28 5:30pm-6:10pm	Res \$79 Non Res \$90	12402-06
4-6	M	Apr 7-Apr 28 6:15pm-6:55pm	Res \$79 Non Res \$90	12402-07

CANCELLATION POLICY

Requests for cancellations or transfers must be made at least one full week prior to the first class unless noted otherwise. See pg. 2.



Sports - soccer

HAPPYFEET SOCCER

Locations vary

HappyFeet Soccer is the premier early development program, using imaginative play and play-to-learn concepts to teach real deceptive dribbling skills on the move. Using our friendly story time with a soccer ball approach, HappyFeet has received recognition by many early childhood education experts as the premier preschool-age soccer program. Our curriculum is designed to foster your child's development and creativity with more time spent on skill acquisition. Our camps utilize fun, engaging activities to enhance skill acquisition and finishes with small side scrimmages. Equipment provided. For questions and or to purchase a jersey, reach us at office@tchappyfeet.com. No program: 2/1.

AGES	DAY	DATE & TIME	COST	ACTIVITY
PCC-Fieldhouse				
2	Th	Jan 9-Jan 30 9:30am-10:15am	Res \$75 Non Res \$86	12206-01
3-4	Th	Jan 9-Jan 30 10:20am-11:05am	Res \$75 Non Res \$86	12206-02
4-5	Th	Jan 9-Jan 30 11:10am-11:55am	Res \$75 Non Res \$86	12206-03
2	Th	Feb 13-Mar 6 9:30am-10:15am	Res \$75 Non Res \$86	12206-04
3-4	Th	Feb 13-Mar 6 10:20am-11:05am	Res \$75 Non Res \$86	12206-05
4-5	Th	Feb 13-Mar 6 11:10am-11:55am	Res \$75 Non Res \$86	12206-06
2	Th	Mar 20-Apr 10 9:30am-10:15am	Res \$75 Non Res \$86	12206-07
3-4	Th	Mar 20-Apr 10 10:20am-11:05am	Res \$75 Non Res \$86	12206-08
4-5	Th	Mar 20-Apr 10 11:10am-11:55am	Res \$75 Non Res \$86	12206-09

AGES	DAY	DATE & TIME	COST	ACTIVITY
PCC-Active Wing				
4-5	Sa	Jan 11-Feb 8 1:00pm-1:45pm	Res \$75 Non Res \$86	12206-10
3-4	Sa	Jan 11-Feb 8 1:45pm-2:30pm	Res \$75 Non Res \$86	12206-11
2	Sa	Jan 11-Feb 8 2:30pm-3:15pm	Res \$75 Non Res \$86	12206-12
4-5	Sa	Feb 15-Mar 8 1:00pm-1:45pm	Res \$75 Non Res \$86	12206-13
3-4	Sa	Feb 15-Mar 8 1:45pm-2:30pm	Res \$75 Non Res \$86	12206-14
2	Sa	Feb 15-Mar 8 2:30pm-3:15pm	Res \$75 Non Res \$86	12206-15
4-5	Sa	Mar 29-Apr 19 1:00pm-1:45pm	Res \$75 Non Res \$86	12206-16
3-4	Sa	Mar 29-Apr 19 1:45pm-2:30pm	Res \$75 Non Res \$86	12206-17
2	Sa	Mar 29-Apr 19 2:30pm-3:15pm	Res \$75 Non Res \$86	12206-18

open now!

OPEN PLAY

MON, WED, FRI - bounce houses
9:30am-12:30pm

TUES, THURS - soccer/field play
2-4pm

residents \$6 | non-residents \$8

Plymouth
COMMUNITY CENTER

Preschool



Sports - soccer

REVSports - SOCCER

PCC-Active Wing, 14800 34th Ave N

RevSports soccer participants learn and practice the fundamentals of soccer through individual player development. Each day will focus on a topic building on the previous topics including: dribbling, shooting, defending, passing, and more. All equipment is provided. Athletic footwear recommended. Parent/guardian is expected to be present and ready to engage with child for 2-5 year olds. This is not a league. No program: 4/20.

AGES	DAY	DATE & TIME	COST	ACTIVITY
2-3	Su	Jan 5-Jan 26 12:00pm-12:25pm	Res \$67 Non Res \$77	12210-01
3-5	Su	Jan 5-Jan 26 12:30pm-1:10pm	Res \$67 Non Res \$77	12210-02
4-6	Su	Jan 5-Jan 26 1:15pm-1:55pm	Res \$67 Non Res \$77	12210-03
5-7	Su	Jan 5-Jan 26 2:00pm-2:40pm	Res \$67 Non Res \$77	12210-04
2-3	Su	Feb 2-Feb 23 2:00pm-2:25pm	Res \$67 Non Res \$77	12210-05
3-5	Su	Feb 2-Feb 23 2:30pm-3:10pm	Res \$67 Non Res \$77	12210-06
4-6	Su	Feb 2-Feb 23 3:15pm-3:55pm	Res \$67 Non Res \$77	12210-07
5-7	Su	Feb 2-Feb 23 4:00pm-4:40pm	Res \$67 Non Res \$77	12210-08
2-3	Su	Mar 2-Mar 23 12:00pm-12:25pm	Res \$67 Non Res \$77	12210-09
3-5	Su	Mar 2-Mar 23 12:30pm-1:10pm	Res \$67 Non Res \$77	12210-10
4-6	Su	Mar 2-Mar 23 1:15pm-1:55pm	Res \$67 Non Res \$77	12210-11
5-7	Su	Mar 2-Mar 23 2:00pm-2:40pm	Res \$67 Non Res \$77	12210-12

AGES	DAY	DATE & TIME	COST	ACTIVITY
2-3	Su	Apr 6-May 4 2:00pm-2:25pm	Res \$67 Non Res \$77	12210-13
3-5	Su	Apr 6-May 4 2:30pm-3:10pm	Res \$67 Non Res \$77	12210-14
4-6	Su	Apr 6-May 4 3:15pm-3:55pm	Res \$67 Non Res \$77	12210-15
5-7	Su	Apr 6-May 4 4:00pm-4:40pm	Res \$67 Non Res \$77	12210-16
2-3	Th	Mar 6-Mar 27 5:00pm-5:25pm	Res \$67 Non Res \$77	12210-17
3-5	Th	Mar 6-Mar 27 5:30pm-6:10pm	Res \$67 Non Res \$77	12210-18
3-5	Th	Mar 6-Mar 27 6:15pm-6:55pm	Res \$67 Non Res \$77	12210-19
4-6	Th	Mar 6-Mar 27 7:00pm-7:40pm	Res \$67 Non Res \$77	12210-20
2-3	Th	Apr 3-Apr 24 5:00pm-5:25pm	Res \$67 Non Res \$77	12210-21
3-5	Th	Apr 3-Apr 24 5:30pm-6:10pm	Res \$67 Non Res \$77	12210-22
3-5	Th	Apr 3-Apr 24 6:15pm-6:55pm	Res \$67 Non Res \$77	12210-23
4-6	Th	Apr 3-Apr 24 7:00pm-7:40pm	Res \$67 Non Res \$77	12210-24

volleyball

REVSports VOLLEYBALL

PCC-Active Wing, 14800 34th Ave N

RevSports Volleyball players learn and practice the fundamentals of volleyball through individual player development. Each day will focus on a topic building on the previous topics including: passing, setting, serving, and hitting. All equipment is provided. Softer and lighter-weight balls are used. A smaller net and court may be used to assist in skill development. Participants should wear tennis shoes in the gym. Parent/guardian is expected to be present and ready to engage with child. This is not a league.

AGES	DAY	DATE & TIME	COST	ACTIVITY
4-6	Tu	Jan 7-Jan 28 5:30pm-6:10pm	Res \$67 Non Res \$77	12213-02
5-7	Tu	Jan 7-Jan 28 6:15pm-6:55pm	Res \$67 Non Res \$77	12213-03
4-6	Tu	Feb 4-Feb 25 5:30pm-6:10pm	Res \$67 Non Res \$77	12213-06
5-7	Tu	Feb 4-Feb 25 6:15pm-6:55pm	Res \$67 Non Res \$77	12213-07
4-6	Tu	Mar 4-Mar 25 5:30pm-6:10pm	Res \$67 Non Res \$77	12213-10
5-7	Tu	Mar 4-Mar 25 6:15pm-6:55pm	Res \$67 Non Res \$77	12213-11
4-6	Tu	Apr 8-Apr 29 5:30pm-6:10pm	Res \$67 Non Res \$77	12213-14
5-7	Tu	Apr 8-Apr 29 6:15pm-6:55pm	Res \$67 Non Res \$77	12213-15

Preschool Playground Programs:

Little Adventures Camp

Kids have a great time learning, playing and meeting new friends. Crafts, games, stories, songs and more. Designed to enhance your child’s social and emotional growth, increase independence and promote creative play. Children participate without parent and must be toilet trained. Staff ratio is 1:5. Please bring a nut-free snack and water for your child each day. T-shirt included.

Parent handbooks will be available in the Spring.
 *no program on Thursday, June 19th.

**Bass Lake
Playfield**
 5450 Northwest Blvd.

Ages: 3-5
 Days: Tuesday-Thursday
 Time: 9:00-11:30am **New Time!**
 Cost: Res \$60, Non-Res \$69

**Plymouth
Community Center
(Youth Room)**
 14800 34th Ave. N

Ages: 3-5
 Days: Tuesday-Thursday
 Time: 9:00-11:30am **New Time!**
 Cost: Res \$60, Non-Res \$69

THEME	DATES	BASS LAKE ACTIVITY NUMBER	PCC ACTIVITY NUMBER
Jungle Safari	* June 17-June 20	22344-01	22311-01
Stars and Stripes	June 24-June 26	22344-02	22311-02
In the Garden	July 8-July 10	22344-03	22311-03
Little Chefs	July 15-July 17	22344-04	22311-04
Winter in July	July 22-July 24	22344-05	22311-05
Space Explorers	Jul 29-July 31	22344-06	22311-06
Art Adventures	Aug 5-Aug 7	22344-07	22311-07

Youth Playground Programs:

S.P.A.R.K.

The S.P.A.R.K (Summer Parks and Recreation Kids) program provides kids an opportunity to meet new friends, compete in structured games and activities, create arts and crafts projects, and attend field trips throughout the summer.

[Parent handbooks and the field trip calendar will be available in the Spring.]

To better accommodate the wide-ranging developmental levels and abilities of program participants, sites will be divided by age. Registration opens on Dec. 4 for Plymouth residents and Dec. 11 for non-residents.

**[*Week 1 - no program on Thursday, June 19th.
(adjusted pricing: Res \$175, Non-Res \$192)]**

PCC - #1 14800 34 th Avenue N AGES 5-7 8am-4:30pm	PCC - #2 14800 34 th Avenue N AGES 5-7 8am-4:30pm	Parkers Lake Park 15205 County Road 6 AGES 8-10 8am-4:30pm	Plymouth Creek Playfield 3625 Fernbrook Lane N AGES 8-10 8am-4:30pm
* June 16-June 20 (M-W, F) Res \$175 Non Res \$192 23312-01	* June 16-June 20 (M-W, F) Res \$175 Non Res \$192 23398-01	* June 16-June 20 (M-W, F) Res \$175 Non Res \$192 23345-01	* June 16-June 20 (M-W, F) Res \$175 Non Res \$192 23396-01
June 23-June 27 (M-F) Res \$219 Non Res \$240 23312-02	June 23-June 27 (M-F) Res \$219 Non Res \$240 23398-02	June 23-June 27 (M-F) Res \$219 Non Res \$240 23345-02	June 23-June 27 (M-F) Res \$219 Non Res \$240 23396-02
July 7-July 11 (M-F) Res \$219 Non Res \$240 23312-03	July 7-July 11 (M-F) Res \$219 Non Res \$240 23398-03	July 7-July 11 (M-F) Res \$219 Non Res \$240 23345-03	July 7-July 11 (M-F) Res \$219 Non Res \$240 23396-03
July 14-July 18 (M-F) Res \$219 Non Res \$240 23312-04	July 14-July 18 (M-F) Res \$219 Non Res \$240 23398-04	July 14-July 18 (M-F) Res \$219 Non Res \$240 23345-04	July 14-July 18 (M-F) Res \$219 Non Res \$240 23396-04
July 21-July 25 (M-F) Res \$219 Non Res \$240 23312-05	July 21-July 25 (M-F) Res \$219 Non Res \$240 23398-05	July 21-July 25 (M-F) Res \$219 Non Res \$240 23345-05	July 21-July 25 (M-F) Res \$219 Non Res \$240 23396-05
July 28-Aug 1 (M-F) Res \$219 Non Res \$240 23312-06	July 28-Aug 1 (M-F) Res \$219 Non Res \$240 23398-06	July 28-Aug 1 (M-F) Res \$219 Non Res \$240 23345-06	July 28-Aug 1 (M-F) Res \$219 Non Res \$240 23396-06
Aug 4-Aug 8 (M-F) Res \$219 Non Res \$240 23312-07	Aug 4-Aug 8 (M-F) Res \$219 Non Res \$240 23398-07	Aug 4-Aug 8 (M-F) Res \$219 Non Res \$240 23345-07	Aug 4-Aug 8 (M-F) Res \$219 Non Res \$240 23396-07



Adaptive & Inclusive

NATURE NAVIGATORS

PCC-Education Wing, 14800 34th Ave N

This an inclusive, therapeutic, curiosity-driven, and nature-based camp. It offers youth a chance to explore and access nature in various ways for mindfulness, fun, and reaping the therapeutic benefits of nature. This is a space for youth to connect with their true selves, connect with peers in their own way, and connect with nature. Instr: Roots & Wings Therapeutic Services LLC.

AGES	DAY	DATE & TIME	COST	ACTIVITY
8-16	Tu,Su	Apr 1-May 20 4:45pm-5:45pm	Res \$230 Non Res \$253	13928-01

SPECIAL OLYMPICS MN: YOUNG ATHLETES

PCC-Active Wing, 14800 34th Ave N

An innovative sports play program that introduces children ages 2-7 years old **with and without** intellectual disabilities to the world of sports. Children are provided with games and activities that meet their individual skill and ability levels, while allowing them to play together in a fun and inclusive environment. Scholarships available. No program 4/19.

AGES	DAY	DATE & TIME	COST	ACTIVITY
2-7	Sa	Apr 5-May 17 2:00pm-3:00pm	Res \$30 Non Res \$36	13911-01

Arts

ABRAKADOODLE - ART CLUB RELOADED

PCC-Active Wing, 14800 34th Ave N

Learn tricks that make art magic! In this award-winning program, you will learn cool art techniques and effects as we draw, paint, and sculpt, amazing masterpieces. Watercolor, air dry clay and more are part of this amazing class.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-10	Th	Jan 9-Jan 30 6:30pm-7:30pm	Res \$80 Non Res \$88	13100-01

ABRAKADOODLE - SPARKLE AND SHIMMER

PCC-Education Wing, 14800 34th Ave N

We'll have a blast drawing, sculpting, and painting then bringing your art to the next level with sequins, gems, and sparkles. Bring a nut-free snack and water bottle.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-10	Sa	Feb 22 9:00am-12:00pm	Res \$55 Non Res \$60	13102-01

ABRAKADOODLE - ULTIMATE CLAY STUDIO

PCC-Active Wing, 14800 34th Ave N

Learn how to sculpt, coil, slab, and pinch clay to make super cute, and fun creations out of air-dry clay.

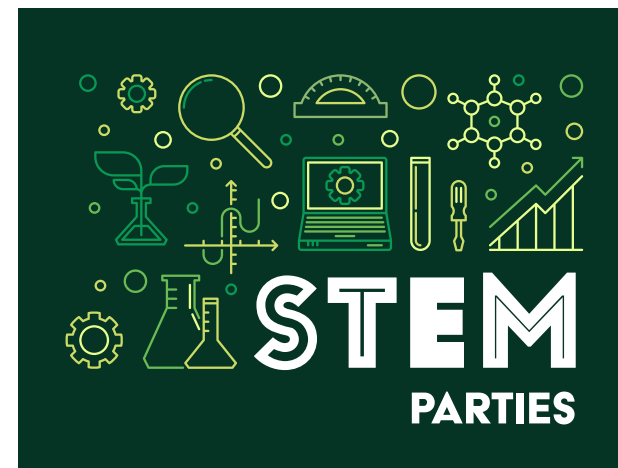
AGES	DAY	DATE & TIME	COST	ACTIVITY
5-10	Th	Feb 13-Mar 6 6:30pm-7:30pm	Res \$80 Non Res \$88	13101-01

ARTISTIC MOMENTS - SPRINGTIME CUPCAKES WITH FONDANT

PCC-Education Wing, 14800 34th Ave N

Have you ever used fondant to decorate cupcakes? Fondant is a 'Play-Doh-like' edible icing used to create fun designs on cupcakes. Learn how to roll, cut, and sculpt colorful fondant into a wide variety of shapes and sizes. You will have fun creating festive cupcakes for any occasion! Please Note: Cupcakes are purchased through Cub Foods. If you have any food allergies, please contact the Cub Foods Bakery to inquire about all ingredients used in these products.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-12	M	Apr 7 5:00pm-7:00pm	Res \$40 Non Res \$46	13126-01



LEARN MORE:

plymouthmn.gov/birthdayparties



Arts

KIDCREATE STUDIO - INTRODUCTORY DRAWING PCC-Education Wing, 14800 34th Ave N

Calling all doodlers! Are you ready to take your drawings to the next level? We've got the perfect class for you! We'll learn and master a simple step-by-step method to truly fantastic drawings. From cute koalas to radiant sunsets to a lighthouse that really glows-in-the-dark.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-12	Tu	Mar 4-Mar 25 6:30pm-7:30pm	Res \$90 Non Res \$98	13107-01

KIDCREATE STUDIO - LEPRECHAUN MANSION PCC-Education Wing, 14800 34th Ave N

We'll use all sorts of art supplies to create a cozy home for our little friends. And of course, no Leprechaun mansion is complete without a stunning rainbow and a pot of gold. Please pack a nut-free snack and drink for your child.

AGES	DAY	DATE & TIME	COST	ACTIVITY
4-9	Sa	Mar 15 1:00pm-4:00pm	Res \$55 Non Res \$60	13108-01

KIDCREATE STUDIO - STEAM-DIY CRYSTALS PCC-Education Wing, 14800 34th Ave N

It's time to dive into this exhilarating STEAM class where kids will discover the magic of creating their own crystals using a mind-blowing top secret concoction. But that's not all - they'll also unleash their artistic side by painting vibrant pictures of these dazzling crystals. Don't miss out on this fantastic adventure! Please pack a nut-free snack and drink for your child.

AGES	DAY	DATE & TIME	COST	ACTIVITY
4-9	Sa	Apr 26 9:00am-12:00pm	Res \$55 Non Res \$60	13122-01

KIDCREATE STUDIO - MASTERPIECES FOR MOM PCC-Education Wing, 14800 34th Ave N

Get pumped to make an epic masterpiece for your amazing mom! We'll explore awesome watercolor techniques and make a heartfelt painting that will be cherished forever. Please pack a nut-free snack and drink for your child.

AGES	DAY	DATE & TIME	COST	ACTIVITY
4-9	Sa	May 3 1:00pm-4:00pm	Res \$55 Non Res \$60	13123-01

KIDS WINTER ART EXTRAVAGANZA PCC-Education Wing, 14800 34th Ave N

We'll make fun winter-themed projects allowing kids to explore different mediums including watercolor, oil pastel, and acrylic. Please pack a nut-free snack and water bottle. Instr: Anwesha Guha.

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-11	M	Jan 20 9:00am-12:00pm	Res \$42 Non Res \$48	13104-01
6-11	F	Jan 24 9:00am-12:00pm	Res \$42 Non Res \$48	13104-02
6-11	M	Feb 17 9:00am-12:00pm	Res \$42 Non Res \$48	13104-03
6-11	Tu	Mar 18 9:00am-12:00pm	Res \$42 Non Res \$48	13104-04

KIDSCIENTIFIC - BLAST OFF PAINT BOMBS PCC-Education Wing, 14800 34th Ave N

Get ready for an explosive and colorful good time in this popular class! Kids will create paint bombs that make a messy, exciting explosion. Count down from three, two, one, and watch your artwork come to life with a burst of color and fun! Please pack a nut-free snack and drink for your child.

AGES	DAY	DATE & TIME	COST	ACTIVITY
4-9	Sa	Jan 25 1:00pm-4:00pm	Res \$55 Non Res \$60	13106-01

Spring Break programs

KIDCREATE STUDIO - SLIME-TASTIC ART CAMP PCC-Education Wing, 14800 34th Ave N

It's a slime takeover! In this camp, slime is the main event. We'll explore different slime recipes as we create tons of gooey, sparkly, stretchy, messy goo. From an out-of-this-world glitter solar system slime, confetti cake slime and bubblegum scented slime, we'll make a different slime during each day of camp. We'll even throw in a little painting and sculpting on the side! Roll up your sleeves, and get ready for the Slime-Tastic time you've been waiting for! Please pack a nut-free snack and drink for your child.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-12	M,Tu	Mar 31-Apr 1 9:00am-12:00pm	Res \$124 Non Res \$130	13110-01

SPARKLE SCIENCE WITH KIDSCIENTIFIC PCC-Education Wing, 14800 34th Ave N

Learn how light interacts with all things that sparkle and shimmer to create mesmerizing effects. Through hands-on experiments and creative projects, you'll uncover the science behind shimmer and shine. Discover how materials reflect and refract light, and make your own sparkling creations. It's a glittery, fun-filled adventure that brings the science of sparkle to life! Please pack a nut-free snack and drink each day.

AGES	DAY	DATE & TIME	COST	ACTIVITY
8-12	W,Th	Apr 2-Apr 3 9:00am-12:00pm	Res \$124 Non Res \$130	13132-01



Arts

WONDERSPARK CO. ART BOXES

Explore our exclusive limited edition boxes. Each box includes a carefully curated selection of art supplies, educational materials, and a surprise gift delivered right to your doorstep. Each art box comes with everything your child needs to create 4 inspiring projects! With easy-to-follow instructions and premium-quality supplies, our kits make it fun and convenient for your child to explore their artistic talents at home. We spark wonder one box at a time! You will receive email notification when kit has shipped.

WONDERSPARK CO. - CLAUDE MONET ART BOX Online

COST	ACTIVITY
\$55	13124-01

WONDERSPARK CO. - VINCENT VAN GOGH ART BOX Online

COST	ACTIVITY
\$55	13125-01

dance

BALLET & TAP (AGES 5-6)

PCC-Active Wing, 14800 34th Ave N

This class will focus on ballet and tap technique, alignment, and steps at the appropriate level for each class. Students will use these skills to perform fun and challenging ballet and tap sequences expanded each week. Pink ballet shoes, black tap shoes, and leotards/tights or active wear are needed. Instr: City of Plymouth Dance Staff. Program fee includes 2 costumes and recital. No program: 1/20, 2/17, 3/22, 4/19.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-6	M	Jan 13-Apr 28 5:50pm-6:35pm	Res \$255 Non Res \$269	13118-01
5-6	Tu	Jan 14-Apr 29 5:00pm-5:45pm	Res \$280 Non Res \$296	13118-02
5-6	Sa	Jan 11-Apr 26 9:35am-10:20am	Res \$255 Non Res \$269	13118-03

BALLET & TAP (AGES 7-8)

PCC-Active Wing, 14800 34th Ave N

This class will focus on ballet and tap technique, alignment, and steps at the appropriate level for each class. Students will use these skills to perform fun and challenging ballet and tap sequences expanded each week. Pink ballet shoes, black tap shoes, and leotards/tights or active wear are needed. Instr: City of Plymouth Dance Staff. Program fees include 2 costumes and recital.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-8	Tu	Jan 14-Apr 29 5:50pm-6:50pm	Res \$300 Non Res \$316	13134-01

BALLET & TAP (AGES 9-12)

PCC-Active Wing, 14800 34th Ave N

This class will focus on ballet and tap technique, alignment, and steps at the appropriate level for each class. Students will use these skills to perform fun and challenging ballet and tap sequences expanded each week. 12 year-olds who have at least two years of dance experience may register for 12+ Ballet and Tap. Pink or skin tone ballet shoes, black tap shoes, and leotards/tights or active wear are needed. Instr: City of Plymouth Dance Staff. Program fee includes 2 costumes and recital. No program: 1/20, 2/17.

AGES	DAY	DATE & TIME	COST	ACTIVITY
9-12	M	Jan 13-Apr 28 6:35pm-8:00pm	Res \$280 Non Res \$294	13119-01

CONTEMPORARY MODERN (AGES 8-11)

PCC-Active Wing, 14800 34th Ave N

This class will focus on creative movement and expression through dance. Students will learn contemporary modern dance technique and choreography and expand understanding of improvisation and dance composition. This is a great class for students looking to expand their dance vocabulary. Students will dance barefoot. Instr: City of Plymouth Dance staff. Program fees include costume and recital.

AGES	DAY	DATE & TIME	COST	ACTIVITY
8-11	Tu	Jan 14-Apr 29 6:55pm-7:45pm	Res \$265 Non Res \$281	13120-01

CREATIVE MODERN (AGES 5-7)

PCC-Active Wing, 14800 34th Ave N

Participants will create their own choreography, explore modern dance technique, and play interactive creative movement games. Leotards/tights and/or active wear required. Students will dance barefoot. Instr: City of Plymouth Dance Staff. Program fee includes costume and recital.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-7	Th	Jan 16-Apr 24 5:05pm-5:45pm	Res \$243 Non Res \$258	13137-01



Arts - dance

HIP HOP DANCE (AGES 7-10) PCC-Active Wing, 14800 34th Ave N

Get moving with hip hop dance! This high energy class will focus on hip hop fundamentals, grooves, and having fun! This class will be taught at an absolute beginner level. Activewear and clean tennis shoes are needed. Program fee includes costume and recital. Instr: City of Plymouth Dance Staff.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-10	W	Jan 15-Apr 30 6:00pm-6:40pm	Res \$255 Non Res \$271	13168-01

JAZZ & HIP HOP (AGES 5-7) PCC-Active Wing, 14800 34th Ave N

This high-energy class will focus on Jazz and Hip Hop styles and technique. Students will experiment with rhythm, energy, and musicality while they learn fast-paced choreography and practice big movements and performance qualities. Clean tennis shoes, black jazz shoes, and activewear are required. Instr: City of Plymouth Dance Staff. No program: 3/22, 4/19. Program fee includes 2 costumes and recital.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-7	Sa	Jan 11-Apr 26 12:15pm-1:00pm	Res \$255 Non Res \$269	13121-01

CANCELLATION POLICY

Requests for cancellations or transfers must be made at least one full week prior to the first class unless noted otherwise. See pg. 2.

JAZZ & HIP HOP (AGES 8-11) PCC-Active Wing, 14800 34th Ave N

This high-energy class will focus on Jazz and Hip Hop styles and technique. Students will experiment with rhythm, energy, and musicality while they learn fast-paced choreography and practice big movements and performance qualities. Black jazz shoes and clean tennis shoes are required. Instr: City of Plymouth Dance Staff. No program: 3/22, 4/19. Program fee includes 2 costumes and recital.

AGES	DAY	DATE & TIME	COST	ACTIVITY
8-11	Sa	Jan 11-Apr 26 11:00am-12:15pm	Res \$280 Non Res \$294	13156-01

MUSICAL THEATRE JAZZ (AGES 5-7) PCC-Active Wing, 14800 34th Ave N

This class will inspire the future Broadway star with upbeat, theatrical jazz choreography, complete with music from your favorite musicals. Black jazz shoes and activewear required. Instr: City of Plymouth Dance Staff. Program fee includes costume and recital. No program: 1/20, 2/17.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-7	M	Jan 13-Apr 28 6:35pm-7:15pm	Res \$230 Non Res \$244	13167-01

MUSICAL THEATRE JAZZ (AGES 8-11) PCC-Active Wing, 14800 34th Ave N

This class will inspire the future Broadway star with upbeat, theatrical jazz choreography, complete with music from your favorite musicals. Black jazz shoes and activewear required. Instr: City of Plymouth Dance Staff. Program fee includes costume and recital.

AGES	DAY	DATE & TIME	COST	ACTIVITY
8-11	Th	Jan 16-Apr 24 5:50pm-6:40pm	Res \$253 Non Res \$268	13136-01





Arts - music

BACH TO ROCK - DJ CAMP - SPRING BREAK

Bach to Rock, 4345 Nathan Ln N

This class offers students hands-on experience while learning the fundamentals of mixing songs, scratching sounds and DJ music theory. No DJ experience required.

AGES	DAY	DATE & TIME	COST	ACTIVITY
10-16	M-F	Mar 31-Apr 4 12:30pm-4:00pm	Res \$299 Non Res \$309	13163-01

BACH TO ROCK - GLEE CLUB - SPRING BREAK CAMP

Bach to Rock, 4345 Nathan Ln N

This choral ensemble offers a dynamic atmosphere for students to unlock their inner star! We'll explore fun vocal exercises, singing in harmony, and cool choreography while performing arrangements of popular songs. This group learning experience emphasizes reading music, intonation, listening skills, rhythm, and healthy vocal technique.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-14	M-F	Mar 31-Apr 4 9:00am-12:30pm	Res \$299 Non Res \$309	13162-01

BACH TO ROCK - ROCK BAND - SPRING BREAK CAMP

Bach to Rock, 4345 Nathan Ln N

Our professional band coaches work closely with students and direct and train the bands. Students are placed in compatible bands by their age and ability. Bands make up 4-6 players and vocalist.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-14	M-F	Mar 31-Apr 4 9:00am-12:30pm	Res \$299 Non Res \$309	13161-01

BACH TO ROCK - DJ CAMP - PRESIDENT'S DAY

Bach to Rock, 4345 Nathan Ln N

This class offers students hands-on experience while learning the fundamentals of mixing songs, scratching sounds and DJ music theory. No DJ experience required.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-14	M	Feb 17 12:30pm-4:00pm	Res \$60 Non Res \$68	13158-01

BACH TO ROCK - GLEE CLUB - PRESIDENT'S DAY

Bach to Rock, 4345 Nathan Ln N

This choral ensemble offers a dynamic atmosphere for students to unlock their inner star! We'll explore fun vocal exercises, singing in harmony, and cool choreography while performing arrangements of popular songs. This group learning experience emphasizes reading music, intonation, listening skills, rhythm, and healthy vocal technique.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-14	M	Feb 17 9:00am-12:30pm	Res \$60 Non Res \$68	13155-01

BACH TO ROCK - ROCK BAND CAMP - PRESIDENT'S DAY

Bach to Rock, 4345 Nathan Ln N

Our professional band coaches work closely with students and direct and train the bands. Students are placed in compatible bands by their age and ability. Bands make up 4-6 players and vocalist.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-14	M	Feb 17 9:00am-12:30pm	Res \$60 Non Res \$68	13153-01

BACH TO ROCK - DJ MIXING

Bach to Rock, 4345 Nathan Ln N

This class offers students hands-on experience while learning the fundamentals of mixing songs, scratching sounds, and DJ music theory. No DJ Experience required.

AGES	DAY	DATE & TIME	COST	ACTIVITY
10-16	Sa	Jan 11-Feb 8 2:00pm-3:00pm	Res \$270 Non Res \$297	13159-01
10-16	Sa	Mar 8-Apr 5 2:00pm-3:00pm	Res \$270 Non Res \$297	13159-02

BACH TO ROCK - DRUMS 101

Bach to Rock, 4345 Nathan Ln N

Learning drums in a group setting, ending the series with a performance.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-14	Tu	Jan 7-Feb 11 4:30pm-5:30pm	Res \$236 Non Res \$259	13151-01
7-14	Th	Jan 9-Feb 13 4:30pm-5:30pm	Res \$236 Non Res \$259	13151-02
7-14	Tu	Mar 4-Apr 8 4:30pm-5:30pm	Res \$236 Non Res \$259	13151-03
7-14	Th	Mar 6-Apr 10 4:30pm-5:30pm	Res \$236 Non Res \$259	13151-04



Arts - music

BACH TO ROCK - GLEE CLUB

Bach to Rock, 4345 Nathan Ln N

The B2R Glee Club provides a group learning experience that emphasizes reading music, intonation, listening skills, rhythm, and healthy vocal technique. The club will also get to show off its talent at an exclusive live or virtual performance.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-14	M	Jan 6-Feb 10 4:00pm-5:00pm	Res \$236 Non Res \$259	13138-01
7-14	Th	Jan 9-Feb 13 3:30pm-4:30pm	Res \$236 Non Res \$259	13138-02
7-14	M	Mar 3-Apr 7 4:00pm-5:00pm	Res \$236 Non Res \$259	13138-03
7-14	Th	Mar 6-Apr 10 3:30pm-4:30pm	Res \$236 Non Res \$259	13138-04

BACH TO ROCK - KIDS N KEYS

Bach to Rock, 4345 Nathan Ln N

This class introduces kids to the fundamentals of music and piano playing in a fun group setting.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-7	Tu	Jan 7-Feb 11 5:00pm-6:00pm	Res \$231 Non Res \$254	13160-01
5-7	Sa	Jan 11-Feb 8 10:30am-11:30am	Res \$231 Non Res \$254	13160-02
5-7	Sa	Jan 11-Feb 8 11:30am-12:30pm	Res \$231 Non Res \$254	13160-03
5-7	Tu	Mar 4-Apr 8 5:00pm-6:00pm	Res \$231 Non Res \$254	13160-04
5-7	Sa	Mar 8-Apr 5 10:30am-11:30am	Res \$231 Non Res \$254	13160-05
5-7	Sa	Mar 8-Apr 5 11:30am-12:30pm	Res \$231 Non Res \$254	13160-06

BACH TO ROCK - ROCK BAND

Bach to Rock, 4345 Nathan Ln N

Bach to Rock provides a group class designed for students for all levels enabling them to be playing full songs by the end of the series. Classes culminate in a virtual/public performance and CD recording.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-14	W	Jan 8-Feb 12 4:30pm-5:30pm	Res \$246 Non Res \$270	13139-01
7-14	W	Mar 5-Apr 9 4:30pm-5:30pm	Res \$246 Non Res \$270	13139-02

BACH TO ROCK - UKULELE 101

Bach to Rock, 4345 Nathan Ln N

Learning ukulele in a group setting, ending the series with performance.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-14	W	Jan 8-Feb 12 4:00pm-5:00pm	Res \$236 Non Res \$259	13149-01
7-14	Sa	Jan 11-Feb 8 12:30pm-1:30pm	Res \$236 Non Res \$259	13149-02
7-14	W	Mar 5-Apr 9 4:00pm-5:00pm	Res \$236 Non Res \$259	13149-03
7-14	Sa	Mar 8-Apr 5 12:30pm-1:30pm	Res \$236 Non Res \$259	13149-04

SCHOOL OF ROCK - CELEBRATING TAYLOR SWIFT

School of Rock, 312 Clydesdale Trail

What's more fun than being in a band? NOTHING! In this month-long group band class, students will learn to play a song from Grammy-winning singer/songwriter Taylor Swift! And they won't just learn on one instrument...they'll learn them all - guitar, bass, keyboards, drums and vocals. Students will be exposed to essential fundamentals like music theory, pitch and rhythm, with a focus on teamwork and collaboration. The class combines fun with practical learning, and celebrates one of music's biggest superstars.

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-7	Sa	Jan 4-Jan 25 1:15pm-2:15pm	Res \$162 Non Res \$178	13166-01
6-7	Sa	Feb 1-Feb 22 1:15pm-2:15pm	Res \$162 Non Res \$178	13166-02
6-7	Sa	Mar 1-Mar 22 1:15pm-2:15pm	Res \$162 Non Res \$178	13166-03
6-7	Sa	Apr 5-Apr 26 1:15pm-2:15pm	Res \$162 Non Res \$178	13166-04



WEATHER LINE

763-509-5205

call for updates on
class cancellations



Arts - photography

PHOTOGRAPHY BASICS

PCC-Education Wing, 14800 34th Ave N

Introduce your child to the exciting world of photography! Kids will learn the basics of composition, lighting, and camera settings in fun, hands-on environment. Please bring a notebook and pen/pencil. If child has camera they can bring, but not required. Instr: Rachel Kathleen Gordon.

AGES	DAY	DATE & TIME	COST	ACTIVITY
8-12	Sa	Apr 12 10:30am-11:30am	Res \$45 Non Res \$48	13105-01
8-12	Tu	May 6 6:00pm-7:00pm	Res \$45 Non Res \$48	13105-02

pottery

WHEEL POTTERY

PCC-Education Wing, 14800 34th Ave N

Learn the basics of wheel sculpting with ceramic clay. We'll cover throwing and glazing techniques. Make projects to take home at the end of the session. No experience necessary. All supplies included in the course fee. Instr: Adama Sow.

AGES	DAY	DATE & TIME	COST	ACTIVITY
8-15	W	Feb 5-Feb 26 4:30pm-6:30pm	Res \$135 Non Res \$144	13135-01
8-15	W	Mar 5-Mar 26 4:30pm-6:30pm	Res \$135 Non Res \$144	13135-02
8-15	W	Apr 9-Apr 30 4:30pm-6:30pm	Res \$135 Non Res \$144	13135-03
8-15	W	May 7-May 28 4:30pm-6:30pm	Res \$135 Non Res \$144	13135-04

theater workshops

These theatrical workshops will use games and activities to help students learn the basics of acting such as: using your voice on stage, building a character and stage positions. Using props, music and costume pieces, we'll present a final production for family and friends on the final day of class. Please wear closed-toe shoes and dress comfortably. Each one of our theater classes represents a "cast" of students. We rely on each and every cast member to be in class each day, so we can create our final performance. Thank you in advance for only registering your child if they can be with us every day. Instr: Deborah Schee.

THEATER WORKSHOP - BROADWAY KIDS: HAMILTON

PCC-Event Wing, 14800 34th Ave N

One of the most successful Broadway Musicals of recent time will be brought to life, kid-style, on our black box stage. This acting, singing and dancing theater class will highlight the music of Hamilton, while adding some modern acting scenes to give it our own twist. Don't throw away your shot. Join us!

AGES	DAY	DATE & TIME	COST	ACTIVITY
8-13	Tu	Jan 14-Jan 28 4:30pm-6:00pm	Res \$94 Non Res \$103	13111-01

THEATER WORKSHOP - FROZEN 2 JUNIOR

PCC-Event Wing, 14800 34th Ave N

In this second story, Elsa starts to hear a strange sound calling her from the north. Her sister Anna, Kristoff, Olaf, and Sven, embark on a journey in order to discover the origin of Elsa's magical powers and save their kingdom.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-8	W	Jan 15-Jan 29 4:30pm-6:00pm	Res \$94 Non Res \$103	13112-01



THEATER WORKSHOP - HARRY POTTER AND THE SORCERER'S STONE

PCC-Event Wing, 14800 34th Ave N

What do you get when you combine the world of theater with the world of wizards, spells and potions? A whole bunch of Harry Potter fun! We'll bring this first chapter of Harry's life at Hogwarts to life on stage. Join us for magical fun!

AGES	DAY	DATE & TIME	COST	ACTIVITY
8-13	W	May 7-May 21 4:30pm-6:00pm	Res \$94 Non Res \$103	13114-01

THEATER WORKSHOP - WILLY WONKA JUNIOR

PCC-Event Wing, 14800 34th Ave N

Golden tickets, Oompa Loompas and chocolate! Our "little kids" version of this classic story will come to life with acting, singing and dancing. Join us for scrumptious fun!

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-8	Tu	May 6-May 20 4:30pm-6:00pm	Res \$94 Non Res \$103	13113-01



Education - center for academic excellence

CENTER FOR ACADEMIC EXCELLENCE: ACT/SAT/PSAT

PCC-Education Wing, 14800 34th Ave N

For middle school and high school students who are getting ready to take the training for National Merit Scholarships (PSAT), and other College Admission Tests like the ACT and SAT.

AGES	DAY	DATE & TIME	COST	ACTIVITY
13-16	Th	Jan 9-Mar 27 6:30pm-7:30pm	Res \$339 Non Res \$375	13368-01
13-16	Th	Apr 10-Jun 26 6:30pm-7:30pm	Res \$339 Non Res \$375	13368-02

CENTER FOR ACADEMIC EXCELLENCE: MATHWIZ ALGEBRA

PCC-Education Wing, 14800 34th Ave N

The program is tailored to middle and high school students who wish to learn Algebra I and test out of their school-level math courses.

AGES	DAY	DATE & TIME	COST	ACTIVITY
10-13	Th	Jan 9-Mar 27 6:00pm-6:50pm	Res \$299 Non Res \$329	13363-01
10-13	Th	Apr 10-Jun 26 6:00pm-6:50pm	Res \$299 Non Res \$329	13363-02

CENTER FOR ACADEMIC EXCELLENCE: MATHWIZ FOR ELEMENTARY

PCC-Education Wing, 14800 34th Ave N

Designed to help students understand pre-algebra and algebra concepts and further enrich their investigative and reasoning skills.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-12	Th	Jan 9-Mar 27 6:00pm-6:50pm	Res \$299 Non Res \$329	13361-01
5-12	Th	Apr 10-Jun 26 6:00pm-6:50pm	Res \$299 Non Res \$329	13361-02

CENTER FOR ACADEMIC EXCELLENCE: READINGWIZ

PCC-Education Wing, 14800 34th Ave N

Program provides instruction and practice for students to improve their reading and writing skills.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-13	Th	Jan 9-Mar 27 7:00pm-7:50pm	Res \$299 Non Res \$329	13365-01
5-13	Th	Apr 10-Jun 26 7:00pm-7:50pm	Res \$299 Non Res \$329	13365-02

CENTER FOR ACADEMIC EXCELLENCE: UMTYMP PREP

Online

Program is designed for high-achieving students who are eager to expand their learning beyond their grade level.

AGES	DAY	DATE & TIME	COST	ACTIVITY
10-12	Th	Jan 9-Mar 27 6:30pm-7:30pm	Res \$339 Non Res \$375	13367-01
10-12	Th	Apr 10-Jun 26 6:30pm-7:30pm	Res \$339 Non Res \$375	13367-02

chess

TWIN CITIES CHESS CLUB: EVENING CHESS - BEGINNER

PCC-Education Wing, 14800 34th Ave N

Learn from Twin Cities Chess Club instructors who have years of teaching experience. Compete for various prizes including trophies, medals, and chess sets! All chess levels are welcome.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-17	Th	Jan 16-Mar 20 5:55pm-6:40pm	Res \$145 Non Res \$160	13321-01
5-17	Th	Apr 10-May 29 5:55pm-6:40pm	Res \$117 Non Res \$129	13321-02

TWIN CITIES CHESS CLUB: EVENING CHESS - INTERMEDIATE/ADVANCED

PCC-Education Wing, 14800 34th Ave N

Learn from Twin Cities Chess Club instructors who have years of teaching experience. Compete for various prizes including trophies, medals, and chess sets! All chess levels are welcome.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-17	Th	Jan 16-Mar 20 6:45pm-7:55pm	Res \$160 Non Res \$176	13358-01
5-17	Th	Apr 10-May 29 6:45pm-7:55pm	Res \$128 Non Res \$141	13358-02



Education - code ninjas

CODE NINJAS: JR. MAKERS WITH MICROCONTROLLERS Code Ninjas, 3570 Vicksburg Ln N #400

Created for our youngest Ninjas, this camp introduces the magical world of physical computing and storytelling with a microcontroller called micro:bit. JR Ninjas will learn how sensors and electronics can make household items, such as playdough, cardboard, and aluminum foil come to life! JR Ninjas will leave camp with an introductory understanding of circuitry, sensors and how they interact with programming fundamentals.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-8	Sa	Jan 4-Jan 25 11:15am-12:15pm	Res \$209 Non Res \$209	13304-01

CODE NINJAS: JR. INVENTORS WITH MAKEY MAKEY Code Ninjas, 3570 Vicksburg Ln N #400

Created for our youngest Ninjas, in this camp kids will use a Makey Makey circuit board and household materials, to learn about electronics, game controllers, and how hardware and software interact. Ninjas will work together to create, reflect, and share their work as they invent new ways to interact with computers!

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-8	Sa	Feb 1-Feb 22 11:15am-12:15pm	Res \$209 Non Res \$209	13312-01

CODE NINJAS: JR. NINJA ROBOTICS Code Ninjas, 3570 Vicksburg Ln N #400

In this camp, Ninjas will understand what a sequence is, be able to follow instructions to create a sequence, and describe the sequence to their peers. They'll learn how to break problems down into smaller parts, identify cause and effect, and understand simple loops. Finally, they'll explore the process of testing and debugging programs to ensure that their programs work as intended.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-7	Sa	Mar 1-Mar 22 11:15am-12:15pm	Res \$209 Non Res \$209	13318-01

CODE NINJAS: JR. MINECRAFT BLOCK BUILDERS Code Ninjas, 3570 Vicksburg Ln N #400

Ninjas will be taught Minecraft key boarding skills and build challenges in the world. Some of the builds include building a better bedroom or treehouse or house and many more using the skills learned.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-8	Sa	Apr 12-May 3 11:15am-12:15pm	Res \$209 Non Res \$209	13319-01

CODE NINJAS: ROBLOX CODE COMBAT CLUB Code Ninjas, 3570 Vicksburg Ln N #400

Code-to-play, and build the skills needed for creating your own amazing Roblox games. The playable Learning Levels teach the fundamentals of coding in Lua. Ninjas will create their own experiences in Creative Mode, featuring a suite of acceleration tools to empower anyone to build their own Roblox experience in-game. Code Combat license cost - \$25 per child for 3 months.

AGES	DAY	DATE & TIME	COST	ACTIVITY
8-12	W	Jan 8-Mar 26 6:30pm-7:30pm	Res \$627 Non Res \$627	13350-01

CODE NINJAS: MINECRAFT MODDERS CLUB Code Ninjas, 3570 Vicksburg Ln N #400

Join Code Ninjas Clubs to learn about MCreator, how to create Minecraft Mods, commands in Minecraft, and block bench. 3 month club.

AGES	DAY	DATE & TIME	COST	ACTIVITY
8-12	Th	Jan 9-Mar 27 6:30pm-7:30pm	Res \$627 Non Res \$627	13320-01

CODE NINJAS: FIRST LEGO LEAGUE CLUB Code Ninjas, 3570 Vicksburg Ln N #400

FLL is an international program that combines the excitement of sport with the rigors of science and technology. Using Lego Spike kits, design, build and program robots to complete specific missions. Each year, FLL challenges teams to think like scientists and engineers to solve real-world problems. This is a non-compete club.

AGES	DAY	DATE & TIME	COST	ACTIVITY
9-12	Sa	Jan 11-Mar 29 11:00am-12:30pm	Res \$627 Non Res \$627	13351-01

CODE NINJAS: SHECODE Code Ninjas, 3570 Vicksburg Ln N #400

Our mission is to inspire and empower young girls to become confident, creative and capable coders - let's code the future together!

AGES	DAY	DATE & TIME	COST	ACTIVITY
8-12	Sa	Jan 25 10:00am-11:00am	Res \$25 Non Res \$25	13339-01
8-12	Sa	Feb 22 10:00am-11:00am	Res \$25 Non Res \$25	13339-02
8-12	Sa	Mar 15 10:00am-11:00am	Res \$25 Non Res \$25	13339-03
8-12	Sa	Apr 19 10:00am-11:00am	Res \$25 Non Res \$25	13339-04



Education - create & learn

CREATE & LEARN: CREATE WITH CHATGPT

Online

Learn how to use ChatGPT more effectively, understand its strengths and weaknesses, and develop important skills to master this very valuable tool. See online for tech requirements.

AGES	DAY	DATE & TIME	COST	ACTIVITY
9-13	Tu	Jan 14-Feb 11 4:30pm-5:25pm	Res \$100 Non Res \$100	13357-01

CREATE & LEARN: NASA STEM CLUB

Online

Learn a wide range of topics related to space science, NASA, and practice other STEM skills. Classes are project based to encourage curiosity and develop problem solving skills. In each session, learn cool new things about space and science, then build small projects and play games.

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-9	Tu	Jan 14-Mar 4 3:30pm-4:25pm	Res \$151 Non Res \$151	13356-01

rc car racing

PARTY CRASHERS RC: INTRO TO RC CAR RACING

PCC-Active Wing, 14800 34th Ave N

Explore what makes RC Cars work and try them out. Leave with a better understanding and get some time testing out your driving skills on a few different types of RC Cars. Participants can use RC Cars provided or use their own on approval.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-11	F	Apr 4 6:00pm-7:00pm	Res \$25 Non Res \$28	13310-01

science explorers

SCIENCE EXPLORERS: MYTH BUSTING 101

PCC-Education Wing, 14800 34th Ave N

Mind-blowing myths or scientific facts? We confirm or bust strange myths and wacky urban legends. We will ask the crazy questions, develop hypotheses, then we may smash it, crash it or launch it to determine if the myth is confirmed, plausible or busted. Note: M&M's (non-peanut variety) and Pop Rocks may be consumed.

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-10	M	Jan 20 1:00pm-3:00pm	Res \$25 Non Res \$30	13309-01

SCIENCE EXPLORERS: THE SCIENCE OF SLIME

PCC-Education Wing, 14800 34th Ave N

Learn the science behind slime as we investigate why slime is delightfully bouncy, stretchy, and sticky. We will also explore polymers and activators while making Glow Slime and Butter Slime. Dress for a mess.

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-11	Su	Mar 23 1:00pm-3:00pm	Res \$25 Non Res \$30	13308-01

skyrock farm

SKYROCK FARM SPRING BREAK HORSE CAMP

Skyrock Farm, 2825 Willow Drive

Learn all about horses & ponies: how to groom and care for them, what they eat, common horse vocabulary, & basic horse anatomy. Take a mini riding lesson. Spend time outside on a guided nature hike of the entire farm. Hang out in the club house, play games, make new friends and much more! Bring a nut-free snack, bag lunch, and water. Instr: Hanna Nunn.

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-15	M	Mar 31 9:00am-3:00pm	Res \$130 Non Res \$130	13324-01
6-15	W	Apr 2 9:00am-3:00pm	Res \$130 Non Res \$130	13324-02
6-15	F	Apr 4 9:00am-3:00pm	Res \$130 Non Res \$130	13324-03



WEATHER LINE

763-509-5205

call for updates on
class cancellations



Education - stem builders

STEM BUILDERS: ENGINEERING CONCEPTS

STEM Builders Learning Center, 15600 35th Ave N #201

Learn the fundamentals of engineering starting with simple machines. Build hands-on models and experience their importance in life. Projects include pulleys, levers, gears, wheels, and axles.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-7	Th	Jan 9-Mar 13 6:00pm-7:15pm	Res \$239 Non Res \$263	13327-01

STEM BUILDERS: MINECRAFT MAKERS - CRAFTING MINDS, SHAPING FUTURES

STEM Builders Learning Center, 15600 35th Ave N #201

Learn Minecraft from a teamwork perspective. Students will be put into teams, build worlds, and compete against other teams to solve problems, develop expansive environments and save the day.

AGES	DAY	DATE & TIME	COST	ACTIVITY
9-13	Tu	Jan 7-Mar 11 6:00pm-7:00pm	Res \$239 Non Res \$263	13325-01

STEM BUILDERS:

ROBLOX CODE CRAZE CODING CAMP

STEM Builders Learning Center, 15600 35th Ave N #201

Use Roblox Studio, a game development platform, to explore and create worlds in a 3D space that you will fill with interactive game elements. Learn how to add code to make it work in a unique way, learn the fundamentals of game design and work with a partner to develop a game to share with others in the class. No program: 4/1.

AGES	DAY	DATE & TIME	COST	ACTIVITY
8-10	Tu	Mar 18-May 27 6:00pm-7:00pm	Res \$239 Non Res \$263	13326-01

STEM BUILDERS: TECH TREK 3D MODELING

STEM Builders Learning Center, 15600 35th Ave N #201

This course introduces participants to the exciting world of three-dimensional design, modeling, and programming. Learn fundamental concepts in 3D design and programming while incorporating elements of creativity, problem-solving, and technical skills.

AGES	DAY	DATE & TIME	COST	ACTIVITY
8-10	Sa	Apr 12-May 31 11:00am-12:15pm	Res \$199 Non Res \$219	13329-01

pint-sized PROM

Friday, April 4
6-8 p.m. | PCC Plymouth Room
Ages 3-10

Invite the special adult in your life to walk the red carpet for an evening of dancing, photo opportunities, refreshments and more in the Plymouth Room at the Plymouth Community Center. Choose to dress to the nines or wear what you are most comfortable in for this memorable evening. Call 763-509-5200 or register online: plymouthmn.gov/specialevents.

\$45/couple (residents),
\$54/couple (non-residents)
(additional adults or children are \$20/ticket)



Education - tech academy

TECH ACADEMY: 3D PRINTING - POKÉMON Online

Design your own 3D pocket monster using Tinker CAD. This course will give students an introduction to using CAD modeling & design software. Student designed Pokémon will be printed and mailed home. See online for tech requirements.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-10	Sa	Apr 19 8:00am-10:00am	Res \$60 Non Res \$60	13322-01

TECH ACADEMY: EXTREME CODING - ARTIFICIAL INTELLIGENCE Online

Dive into more advanced computer science topics, including augmented reality, artificial intelligence, and machine learning. Coders can teach computers to recognize faces, play games, and find patterns - we will create a chatbot, Rock Paper Scissors game, and more. See online for technical requirements.

AGES	DAY	DATE & TIME	COST	ACTIVITY
8-11	Sa	Mar 1 9:00am-11:00am	Res \$40 Non Res \$40	13301-01

TECH ACADEMY: MULTIPLAYER MINECRAFT - BLOCK HUNTER Online

Explore this new multiplayer Minecraft hide-and-seek game. Hunters will work together to find the hidden blocks and animals on our new adventure map. Get ideas to create your own mini-game. See online for tech requirements.

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-10	Sa	Mar 15 8:00am-10:00am	Res \$40 Non Res \$40	13303-01

TECH ACADEMY: MULTIPLAYER MINECRAFT - SURVIVAL CHALLENGE Online

Team up and survive in our multiplayer world. Explore the unknown and join other survival enthusiasts to overcome challenges and complete quests on our server. Technical requirements: Minecraft Java Edition, PC (Windows or MacBook).

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-11	Sa	Feb 1 8:00am-9:30am	Res \$35 Non Res \$35	13300-01

TECH ACADEMY: VIDEO PRODUCTION - "TOP" LIST CREATOR Online

Learn how to create YouTube content! YouTube is the top destination for online videos. Learn tricks that pro filmmakers use to create top 10 or favorite list videos. Edit your video, add transitions, insert a soundtrack, then share your finished video with the world. See online for tech requirements.

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-10	Sa	Mar 22-Mar 29 8:00am-9:30am	Res \$60 Non Res \$60	13316-01

Safety

SAFE@HOME BY SAFE SITTER® PCC-Education Wing, 14800 34th Ave N

Safe Sitter's Safe@Home is designed for students in grades 4-6, facilitated by a Safe Sitter® Instructor. This program provides students with important safety training that will help students be prepared to stay home alone.

AGES	DAY	DATE & TIME	COST	ACTIVITY
8-12	Su	Jan 5 5:00pm-6:30pm	Res \$45 Non Res \$50	13500-01
8-12	Sa	Feb 8 9:00am-10:30am	Res \$45 Non Res \$50	13500-02
8-12	Sa	Mar 22 9:00am-10:30am	Res \$45 Non Res \$50	13500-03
8-12	Su	Apr 27 5:00pm-6:30pm	Res \$45 Non Res \$50	13500-04
8-12	Th	May 29 5:00pm-6:30pm	Res \$45 Non Res \$50	13500-05

CANCELLATION POLICY

Requests for cancellations or transfers must be made at least one full week prior to the first class unless noted otherwise. See pg. 2.



Sports - archery

ARCHERY - REVSPORTS

PCC-Active Wing, 14800 34th Ave N

Be right on target when you sign up for archery. Archery is a great sport for individuals to improve their focus, hand-eye coordination, and confidence. Participants will have a blast while they practice the fundamentals of archery, including proper grip, posture, aiming, and releasing as they learn the rules and strategy of the sport in positive and energetic environment. Special safety tips used on the arrows. No Program: 4/20.

AGES	DAY	DATE & TIME	COST	ACTIVITY
4-6	Su	Mar 2-Mar 23 12:00pm-12:40pm	Res \$79 Non Res \$90	12218-01
6-9	Su	Mar 2-Mar 23 12:45pm-1:25pm	Res \$79 Non Res \$90	12218-02
9-11	Su	Mar 2-Mar 23 1:30pm-2:10pm	Res \$79 Non Res \$90	12218-03
11-14	Su	Mar 2-Mar 23 2:15pm-2:55pm	Res \$79 Non Res \$90	12218-04
4-6	Su	Apr 6-May 4 2:00pm-2:40pm	Res \$79 Non Res \$90	12218-05
6-9	Su	Apr 6-May 4 2:45pm-3:25pm	Res \$79 Non Res \$90	12218-06
9-11	Su	Apr 6-May 4 3:30pm-4:10pm	Res \$79 Non Res \$90	12218-07
11-14	Su	Apr 6-May 4 4:15pm-4:55pm	Res \$79 Non Res \$90	12218-08

See adaptive & inclusive Special Olympics program on page 25

basketball

BASKETBALL

PCC-Active Wing, 14800 34th Ave N

This camp is designed to introduce the young athlete to the sport of basketball through skill development and small group games. Staff will focus on helping children learn the rules of basketball while working on team play and sportsmanship. Skills taught: shooting, passing, dribbling, along with learning the strategies of offense and defense. Children will be divided by age/skill level. Wear tennis shoes and bring water bottle.

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-10	W	Jan 8-Jan 29 4:30pm-6:00pm	Res \$92 Non Res \$105	13213-01
6-10	W	Feb 5-Feb 26 4:30pm-6:00pm	Res \$92 Non Res \$105	13213-02
6-10	W	Mar 5-Mar 26 4:30pm-6:00pm	Res \$92 Non Res \$105	13213-03
6-10	W	Apr 9-Apr 30 4:30pm-6:00pm	Res \$92 Non Res \$105	13213-04

BASKETBALL LEAGUE

PCC-Active Wing, 14800 34th Ave N

Fundamentals and skills taught the first 2 classes. Then kids are divided by instructors to work on team concepts and play scheduled games. Baskets are at 8 feet, or may use lower portables for the 5 & 6 year olds. T-shirt included. No refunds after Dec 30.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-6	Sa	Jan 11-Mar 1 9:15am-10:30am	Res \$96 Non Res \$110	13217-01
7-8	Sa	Jan 11-Mar 1 10:45am-12:00pm	Res \$96 Non Res \$110	13217-02

SKYHAWKS BASKETBALL CAMP

PCC-Active Wing, 14800 34th Ave N

Fun, skill-intensive program, designed for beginning to intermediate players. Progressive curriculum focusing on the whole player, teaching respect, teamwork and responsibility as well as skills: passing, shooting, dribbling and rebounding. Baskets will be set at appropriate height for age level. Participants should bring a water bottle and wear gym shoes.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-7	Sa	Feb 22-Mar 15 2:45pm-3:30pm	Res \$75 Non Res \$86	13231-01
8-11	Sa	Feb 22-Mar 15 3:30pm-4:30pm	Res \$89 Non Res \$102	13231-02
5-7	Sa	Mar 29-Apr 19 1:00pm-1:45pm	Res \$75 Non Res \$86	13231-03
8-11	Sa	Mar 29-Apr 19 2:00pm-3:00pm	Res \$89 Non Res \$102	13231-04

cheerleading

PLANET SPIRIT: CHEER CAMP

PCC-Active Wing, 14800 34th Ave N

Planet Spirit will be hosting a weekly cheer class for girls and boys. This class will focus on the fundamentals of competitive cheerleading including jumps, cheer motions, stunts, and tumbling. All participants should wear workout attire and tennis shoes. There will be a brief performance for parents on the final day of class at 5:15 pm.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-12	W	Jan 8-Feb 19 4:30pm-5:30pm	Res \$85 Non Res \$98	13240-01



Sports - cricket

CRICKET - MVP CRICKET ACADEMY

PCC-Active Wing, 14800 34th Ave N

MVP Cricket Academy offers Cricket coaching to kids of all ages and skill levels. Cricket is a fun bat and ball game, and one of the fastest growing sports in the USA. Learn the skills of this striking and fielding game where you will master principles of batting, bowling (pitching) and fielding in a safe, friendly environment. Cricket uses similar batting and fielding techniques that can be applied to softball and baseball as well.

AGES	DAY	DATE & TIME	COST	ACTIVITY
8-12	Su	Jan 19-Feb 23 5:00pm-6:30pm	Res \$120 Non Res \$132	13206-01
4-7	Su	Jan 19-Feb 23 5:30pm-6:30pm	Res \$80 Non Res \$92	13206-02

fencing

FENCING

Bass Lake Playfield, 5450 Northwest Boulevard

Intro to fundamentals with the foil weapon in a nonthreatening environment. Emphasis on skill building, concentration, self-discipline and fun! Dress comfortably (wear long pants).

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-9	W	Feb 12-Mar 12 6:00pm-7:00pm	Res \$103 Non Res \$114	13214-01
10+	W	Feb 12-Mar 12 7:15pm-8:15pm	Res \$103 Non Res \$114	13214-02

flag football

FLAG FOOTBALL INTRODUCTION

PCC Fieldhouse, 14800 34th Ave N

Programs are designed for girls and boys regardless of skill or ability. Kids are divided by age and skill when appropriate. Fundamental skill development and games. Fun and exercise will be emphasized. Equipment provided. Skills taught: passing, catching, kicking and throwing. Kids will be split into teams for games. Participants should bring water bottle.

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-10	Tu	Jan 7-Jan 28 4:30pm-6:00pm	Res \$92 Non Res \$105	13200-01

FLAG FOOTBALL LEAGUE

Elm Creek Playfield, 4905 Peony Lane

Recreational flag football. Practice the first 2-3 weeks and then games the remaining weeks. Kids will receive customized reversible NFL team jerseys. Volunteer/parent coaches are needed for this program. Sign up to coach at www.plymouthmn.gov/volunteercoaching. No refunds after Apr 7. No program: 5/25.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-6	Su	Apr 27-June 15 4:00pm-5:00pm	Res \$105 Non Res \$115	13205-01
5-6	Su	Apr 27-June 15 4:00pm-5:00pm	Res \$105 Non Res \$115	13205-02
5-6	Su	Apr 27-June 15 4:00pm-5:00pm	Res \$105 Non Res \$115	13205-03
5-6	Su	Apr 27-June 15 4:00pm-5:00pm	Res \$105 Non Res \$115	13205-04
7-8	Su	Apr 27-June 15 5:00pm-6:00pm	Res \$105 Non Res \$115	13205-05
7-8	Su	Apr 27-June 15 5:00pm-6:00pm	Res \$105 Non Res \$115	13205-06
7-8	Su	Apr 27-June 15 5:00pm-6:00pm	Res \$105 Non Res \$115	13205-07
7-8	Su	Apr 27-June 15 5:00pm-6:00pm	Res \$105 Non Res \$115	13205-08



AGES	DAY	DATE & TIME	COST	ACTIVITY
9-10	Su	Apr 27-June 15 6:00pm-7:00pm	Res \$105 Non Res \$115	13205-09
9-10	Su	Apr 27-June 15 6:00pm-7:00pm	Res \$105 Non Res \$115	13205-10
9-10	Su	Apr 27-June 15 6:00pm-7:00pm	Res \$105 Non Res \$115	13205-11
9-10	Su	Apr 27-June 15 6:00pm-7:00pm	Res \$105 Non Res \$115	13205-12
11-12	Su	Apr 27-June 15 7:00pm-8:00pm	Res \$105 Non Res \$115	13205-13
11-12	Su	Apr 27-June 15 7:00pm-8:00pm	Res \$105 Non Res \$115	13205-14
11-12	Su	Apr 27-June 15 7:00pm-8:00pm	Res \$105 Non Res \$115	13205-15
11-12	Su	Apr 27-June 15 7:00pm-8:00pm	Res \$105 Non Res \$115	13205-16



Sports - floor hockey

FLOOR HOCKEY - SKYHAWKS

PCC-Active Wing, 14800 34th Ave N

Join the Skyhawks staff were young athletes experience and learn the skills of Floor Hockey. From stick handling and passing, to powerful shooting, participants will learn all aspects of play.

Outside of the game, players will learn sportsmanship, teamwork, and respect. No checking or physical contact allowed. Equipment provided. Wear tennis shoes and bring a water bottle.

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-12	Sa	Mar 29-Apr 19 3:15pm-4:15pm	Res \$89 Non Res \$102	13243-01

FLOOR HOCKEY - SPORTS UNLIMITED

PCC-Active Wing, 14800 34th Ave N

Fundamental skills of floor hockey using small activities, scrimmages, and fun games. Combination of stick handling, passing and shooting skills of the game of ice hockey. They will also focus on helping the kids learn the rules of floor hockey while working on team play and sportsmanship. Bring water and a snack. Kids wear tennis shoes (Sports Unlimited supplies the sticks).

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-10	Tu	Mar 4-Mar 25 4:30pm-6:00pm	Res \$92 Non Res \$105	13241-01

gymnastics

TUMBLING ALL AGES BEGINNER

Wayzata High School, 4955 Peony Lane

All ages are able to learn and develop skills. We will work on balance, agility, and positions for vault, beam, bars, and floor. No experience needed! Great class for siblings wanting to try something new together or for kids in the older range of entry level classes. Enter Wayzata High School Through Door 30. No program: 1/25, 2/15, 3/30, 4/5.

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-12	Sa	Jan 11-Mar 8 12:00pm-12:45pm	Res \$125 Non Res \$135	13254-01
6-12	Sa	Mar 15-May 3 12:30pm-1:15pm	Res \$107 Non Res \$117	13254-02

TUMBLING: BEGINNERS 1

Wayzata High School, 4955 Peony Lane

Beginners (no experience required). Students will learn fundamental skills on floor, beam, bars, and vault. The emphasis is on building overall strength, increasing confidence, and developing a solid foundation of skills. Please enter through Door 30 of Wayzata High School. No program: 1/25, 2/15, 3/30, 4/5.

AGES	DAY	DATE & TIME	COST	ACTIVITY
4-10	Sa	Jan 11-Mar 8 9:50am-10:35am	Res \$125 Non Res \$135	13219-01
4-10	Sa	Jan 11-Mar 8 1:40pm-2:25pm	Res \$125 Non Res \$135	13219-02
4-10	Sa	Jan 11-Mar 8 2:35pm-3:20pm	Res \$125 Non Res \$135	13219-03
4-10	Sa	Mar 15-May 3 10:15am-11:00am	Res \$107 Non Res \$117	13219-04
4-10	Sa	Mar 15-May 3 2:10pm-2:55pm	Res \$107 Non Res \$117	13219-05
4-10	Sa	Mar 15-May 3 3:00pm-3:45pm	Res \$107 Non Res \$117	13219-06

TUMBLING: BEGINNERS 2

Wayzata High School, 4955 Peony Lane

Pre-req: pass Tumbleweeds I. Continued development of skill, focus on technique. Skills taught Floor: round off, handstand, front limbers, turns, leaps; Vaults: pop-up; Bars: back hip circle, dismounts; Beam: leaps, forward roll, dismounts. Please enter through Door 30 of Wayzata High School. No program: 1/25, 2/15, 3/30, 4/5.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-13	Sa	Jan 11-Mar 8 9:50am-10:35am	Res \$125 Non Res \$135	13220-01
5-13	Sa	Jan 11-Mar 8 1:40pm-2:25pm	Res \$125 Non Res \$135	13220-02
5-13	Sa	Mar 15-May 3 10:15am-11:00am	Res \$107 Non Res \$117	13220-03
5-13	Sa	Mar 15-May 3 2:10pm-2:55pm	Res \$107 Non Res \$117	13220-04

TUMBLING: INTERMEDIATE

Wayzata High School, 4955 Peony Lane

Pre-req: pass Beginners II. Advancing gymnastics skills for a more challenging class. Skills taught Floor: intermediate dance skills intro, round off rebound, front walkover; Vault: pop-up, handstand off; Bars: back hip circle, glides, squat-on; Beam: cartwheel, handstand, jumps. Please enter through door 30 of Wayzata High School. No program: 1/25, 2/15, 3/30, 4/5.

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-13	Sa	Jan 11-Mar 8 10:45am-11:45am	Res \$165 Non Res \$175	13221-01
6-13	Sa	Jan 11-Mar 8 2:35pm-3:35pm	Res \$165 Non Res \$175	13221-02
6-13	Sa	Mar 15-May 3 11:15am-12:15pm	Res \$140 Non Res \$150	13221-03
6-13	Sa	Mar 15-May 3 3:00pm-4:00pm	Res \$140 Non Res \$150	13221-04



Sports - gymnastics

TUMBLING: ADVANCED

Wayzata High School, 4955 Peony Lane

Advanced gymnastics. Skills taught: Floor: complex dance skills, handsprings, tucks; Vaults: handspring; Bars: squat-ons, fly away; Beam: backwalk-over, roundoff, handstand, aerial dismounts. Enter Wayzata High School Through Door 30. No program: 1/25, 2/15, 3/30, 4/5.

AGES	DAY	DATE & TIME	COST	ACTIVITY
8-13	Sa	Jan 11-Mar 8 10:45am-11:45am	Res \$165 Non Res \$175	13224-01
8-13	Sa	Mar 15-May 3 11:15am-12:15pm	Res \$140 Non Res \$150	13224-02

PARENT'S NIGHT OUT: KIDS TUMBLE PARTY

Wayzata High School, 4955 Peony Lane

A Date Night that your kids will enjoy too! Let the Plymouth Parks and Rec Gymnastics staff take care of the kids! They will enjoy tumbling, games, a movie, crafts, pizza and snacks!

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-12	F	May 2 5:30pm-10:00pm	Res \$40 Non Res \$45	12205-01

martial arts

KID FU BEGINNER - YELLOW SASH

PCC-Active Wing, 14800 34th Ave N

Learn proper techniques and traditional styles of Shaolin Kung Fu. Classes are fun and non-competitive. Build strength, flexibility, balance and confidence. Parents are welcome to register and participate with their child. Instr: National Martial Arts Assoc. Robert Mehus.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5+	Th	Jan 30-Mar 20 5:30pm-6:30pm	Res \$85 Non Res \$97	13225-01
5+	Th	Mar 27-May 15 5:30pm-6:30pm	Res \$85 Non Res \$97	13225-02

KID FU INTERMEDIATE - ORANGE SASH & UP

PCC-Active Wing, 14800 34th Ave N

Learn proper techniques and traditional styles of Shaolin Kung Fu. Classes are fun and non-competitive. Build strength, flexibility, balance and confidence. Parents are welcome to register and participate with their child. Instr: National Martial Arts Assoc. Robert Mehus.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5+	Th	Jan 30-Mar 20 6:45pm-7:45pm	Res \$85 Non Res \$97	13226-01
5+	Th	Mar 27-May 15 6:45pm-7:45pm	Res \$85 Non Res \$97	13226-02

KID SMART - SELF-DEFENSE

Ultimate Martial Arts, 147 Hamel Road

A fun and exciting way to learn how to defend yourself. Learn how to react to a stranger and defend against an attacker. Learn escapes, kicks, and basic strikes while playing fun games. Instr: Tom Malone.

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-12	Sa	Mar 1 1:00pm-2:15pm	Res \$49 Non Res \$59	13234-01

LIGHTSABER TAE KWON DO

Ultimate Martial Arts, 147 Hamel Road

Learn Martial Arts skills influenced by the epic movie series, Star Wars. Understand strikes, blocks and stances with swords. Create your own Lightsaber skills and learn choreography just like the movies all while exercising and having fun. Padded swords are provided. Students may bring their own Lightsaber to class. Taught by Grandmaster Thomas Malone who has over 35 years experience in the Martial Arts.

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-12	Sa	May 10 1:00pm-2:15pm	Res \$59 Non Res \$69	13232-01



WEATHER LINE
763-509-5205
call for updates on
class cancellations



Sports - martial arts

SHOSHIN RYU JUJITSU YOUTH

Shoshin Ryu Martial Arts, 13605 27th Ave N

Shoshin Ryu is a Japanese based system of Martial Arts. It is both bujutsu (a school emphasizing effective martial arts techniques) and budo (a school emphasizing personal character development). Shoshin changes to fit the challenges of the times, yet carries with it the essence of previous generations. Shoshin students will learn striking, throwing, forms, ground skills, and weaponry, combining to form a power arsenal of self defense tools; all the while perfecting one's character. Instr: Brian Combo.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-12	W	Jan 8-Feb 12 5:30pm-6:30pm	Res \$87 Non Res \$99	13227-02
7-12	W	Feb 19-Mar 26 5:30pm-6:30pm	Res \$87 Non Res \$99	13227-04
7-12	W	Apr 2-May 7 5:30pm-6:30pm	Res \$87 Non Res \$99	13227-06

TAE KWON DO KARATE BEGINNER (NO BELT TO WHITE BELT)

Ultimate Martial Arts, 147 Hamel Road

Improve balance, coordination and overall physical health. Build confidence, self-esteem and concentration. Parents may also register and participate with the child. Instr: Tom Malone, Martial Arts Hall of Fame Inductee. No program: 4/19.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5+	Sa	Jan 18-Feb 22 9:30am-10:10am	Res \$109 Non Res \$119	16215-01
5+	Sa	Mar 15-Apr 26 9:30am-10:10am	Res \$109 Non Res \$119	16215-02

lacrosse

LACROSSE INTRODUCTION

PCC Fieldhouse, 14800 34th Ave N

Programs are designed for girls and boys regardless of skill or ability. Kids are divided by age and skill when appropriate. Fundamental skill development and games. Fun and exercise will be emphasized. Equipment provided. Soft lacrosse (non-contact). Participants should bring water bottle.

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-10	Tu	Feb 4-Feb 25 4:30pm-6:00pm	Res \$92 Non Res \$105	13201-01

ninja warrior fitness

REVSports - NINJA WARRIOR FITNESS

PCC-Active Wing, 14800 34th Ave N

RevSports Ninja Warrior Fitness participants will learn and practice the fundamentals of speed, agility, balance, and coordination through individual obstacles. Class involves ground-based obstacle training, active games, and individual challenges. All equipment is provided. Participants should wear tennis shoes.

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-9	M	Mar 3-Mar 24 7:00pm-7:40pm	Res \$79 Non Res \$90	12402-04
6-9	M	Apr 7-Apr 28 7:00pm-7:40pm	Res \$79 Non Res \$90	12402-08

POOL PARTIES

SEE PAGE 90



PARTY THEMES:

Party Like a Mermaid
Pirates Night Out
Shark Tank Social
Glow in the Dark



Sports - pickleball

PICKLEBALL - ALLSPORT

PCC-Active Wing, 14800 34th Ave N

Designed to provide beginners and intermediate level players with the fundamentals of a sports that is growing in popularity. Participants will be taught proper grip, footwork, ground-strokes, volleys, and serves. They will also cover basic rules and etiquette of the game. Philosophy to develop sports skills in a fun, safe, and non-competitive environment. Participants will be divided by age and skill level. All equipment provided. Bring water bottle.

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-8	F	Jan 17-Feb 14 4:15pm-5:00pm	Res \$68 Non Res \$78	13235-01
9-12	F	Jan 17-Feb 14 5:00pm-5:45pm	Res \$68 Non Res \$78	13235-02
6-8	F	Apr 11-May 9 4:15pm-5:00pm	Res \$68 Non Res \$78	13235-03
9-12	F	Apr 11-May 9 5:00pm-5:45pm	Res \$68 Non Res \$78	13235-04

PICKLEBALL - SPORTS UNLIMITED

PCC-Active Wing, 14800 34th Ave N

Designed to provide beginners and intermediate level players with the fundamentals of a sport that is growing in popularity. Participants will be taught proper grip, footwork, ground-strokes, volleys, and serves.

They will also cover the basic rules and etiquette of the game. Participants divided by age and skill level. Bring water bottle and snack. Equipment provided.

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-10	Tu	Apr 8-Apr 29 4:30pm-6:00pm	Res \$92 Non Res \$105	13242-01

PICKLEBALL - YOUTH LESSONS

PCC-Active Wing, 14800 34th Ave N

Designed to provide beginners and intermediate level players with the fundamentals of a sport that is growing in popularity. Participants will be taught proper grip, footwork, ground-strokes, volleys, and serves. They will also cover basic rules and etiquette of the game. Philosophy to develop sports skills in a fun, safe, and non-competitive environment. Participants will be divided by age and skill level. All equipment provided. Bring water bottle. No program: 4/20.

AGES	DAY	DATE & TIME	COST	ACTIVITY
10-15	Su	Jan 5-Jan 26 4:00pm-5:00pm	Res \$80 Non Res \$92	13238-01
10-15	Su	Feb 2-Feb 23 4:00pm-5:00pm	Res \$80 Non Res \$92	13238-02
10-15	Su	Mar 2-Mar 23 4:00pm-5:00pm	Res \$80 Non Res \$92	13238-03
10-15	Su	Apr 6-May 4 4:00pm-5:00pm	Res \$80 Non Res \$92	13238-04



soccer

SOCCER - SKYHAWKS

PCC-Active Wing, 14800 34th Ave N

Learn the fundamentals of soccer. Using our progressional curriculum, participants will gain skills and knowledge of the game through focusing on dribbling, passing, shooting, and ball control. Participants should wear shin guards and bring a water bottle. Camp is in the gym.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-7	Sa	Feb 22-Mar 15 12:45pm-1:30pm	Res \$75 Non Res \$86	13236-01
8-11	Sa	Feb 22-Mar 15 1:30pm-2:30pm	Res \$89 Non Res \$102	13236-02

SOCCER INTRODUCTION

PCC Fieldhouse, 14800 34th Ave N

Programs are designed for girls and boys regardless of skill or ability. Kids are divided by age and skill when appropriate. Fundamental skill development and games. Fun and exercise will be emphasized. Equipment provided. Shin guards recommended. Participants should bring water bottle.

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-10	Th	Jan 9-Jan 30 4:30pm-6:00pm	Res \$92 Non Res \$105	13202-01
6-10	Th	Feb 6-Feb 27 4:30pm-6:00pm	Res \$84 Non Res \$96	13202-02



Sports - table tennis

TABLE TENNIS - LESSONS

PCC-Active Wing, 14800 34th Ave N

Beginner, intermediate, advanced level table tennis for ages 6 and up. This program will be focusing on developing basic table tennis technique, learning how to play the game, developing strategy and having fun in the process. The training starts with stretches and a light warm-up, footwork exercises, then followed with table tennis training. Coach Yoku Metinova started her coaching career in Fergana Uzbekistan in 2008. While coaching in Uzbekistan, some of her students have been awarded in Regional and National tournaments. Yoku moved to the U.S. in 2015 and began coaching in Saint George, Utah until moving to Minnesota in 2018. Participants should bring their own paddle and water bottle. More information on Yoku can be found at coachyoku.com.

AGES	DAY	DATE & TIME	COST	ACTIVITY
6+ beg.	Tu	Jan 7-Feb 4 5:30pm-7:00pm	Res \$145 Non Res \$159	13283-01
6+ int/adv	Tu	Jan 7-Feb 4 7:00pm-8:30pm	Res \$145 Non Res \$159	13283-02
6+ beg.	Tu	Feb 18-Mar 18 5:30pm-7:00pm	Res \$145 Non Res \$159	13283-03
6+ int/adv	Tu	Feb 18-Mar 18 7:00pm-8:30pm	Res \$145 Non Res \$159	13283-04
6+ beg	Tu	Mar 25-Apr 22 5:30pm-7:00pm	Res \$145 Non Res \$159	13283-05
6+ int/adv	Tu	Mar 25-Apr 22 7:00pm-8:30pm	Res \$145 Non Res \$159	13283-06
6+ int/adv	Su	Mar 2-Mar 30 3:00pm-4:30pm	Res \$145 Non Res \$159	13283-07

tbball/baseball

TBALL/BASEBALL CLINICS

PCC-Active Wing, 14800 34th Ave N

For girls and boys. Instructors teach fundamentals: throwing, catching, fielding and hitting. Scrimmage game held last week of program. Participants bring their own glove and water bottle. All other equipment provided. Tennis shoes in gym. No program: 3/22.

AGES	DAY	DATE & TIME	COST	ACTIVITY
4-5	Sa	Mar 8-Apr 12 9:15am-10:30am	Res \$75 Non Res \$86	13203-01
6-7	Sa	Mar 8-Apr 12 10:45am-12:00pm	Res \$75 Non Res \$86	13203-02



tennis

TENNIS LESSONS

Armstrong High School, 10635 36th Ave N

Provides beginner and intermediate players with fundamental skills: proper grip, footwork, strokes, serves and basic rules. Lessons held in high school gym.

AGES	DAY	DATE & TIME	COST	ACTIVITY
4-6	Su	Jan 5-Jan 26 11:30am-12:15pm	Res \$82 Non Res \$94	13215-01
4-6	Su	Jan 5-Jan 26 12:15pm-1:00pm	Res \$82 Non Res \$94	13215-02
7-8	Su	Jan 5-Jan 26 1:00pm-2:00pm	Res \$82 Non Res \$94	13215-03
7-8	Su	Jan 5-Jan 26 2:00pm-3:00pm	Res \$82 Non Res \$94	13215-04
9-10	Su	Jan 5-Jan 26 3:00pm-4:00pm	Res \$82 Non Res \$94	13215-05
9-10	Su	Jan 5-Jan 26 4:00pm-5:00pm	Res \$82 Non Res \$94	13215-06
11-14	Su	Jan 5-Jan 26 5:00pm-6:00pm	Res \$82 Non Res \$94	13215-07
4-6	Su	Feb 16-Mar 9 11:30am-12:15pm	Res \$82 Non Res \$94	13215-08
4-6	Su	Feb 16-Mar 9 12:15pm-1:00pm	Res \$82 Non Res \$94	13215-09
7-8	Su	Feb 16-Mar 9 1:00pm-2:00pm	Res \$82 Non Res \$94	13215-10
7-8	Su	Feb 16-Mar 9 2:00pm-3:00pm	Res \$82 Non Res \$94	13215-11
9-10	Su	Feb 16-Mar 9 3:00pm-4:00pm	Res \$82 Non Res \$94	13215-12
9-10	Su	Feb 16-Mar 9 4:00pm-5:00pm	Res \$82 Non Res \$94	13215-13
11-14	Su	Feb 16-Mar 9 5:00pm-6:00pm	Res \$82 Non Res \$94	13215-14



Sports - track & field

ALLSPORTS TRACK & FIELD PCC-Active Wing, 14800 34th Ave N

Learn the fundamentals of track and field with Coach Ian from the UK (track coordinator for Dover during the 2012 London Olympics). Activities include whistling javelin, rocket throw, hurdles, and relay. All abilities welcome. Participants should bring a water bottle.

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-8	Th	Feb 27-Mar 27 4:15pm-5:00pm	Res \$68 Non Res \$78	13230-01
9-12	Th	Feb 27-Mar 27 5:00pm-5:45pm	Res \$68 Non Res \$78	13230-02

CANCELLATION POLICY

Requests for cancellations or transfers must be made at least one full week prior to the first class unless noted otherwise. See pg. 2.

volleyball



VOLLEYBALL - FUSION VOLLEYBALL PCC-Active Wing, 14800 34th Ave N

Fusion volleyball clinics combine skill development instruction along with the game of play. The first half of each 4 week block will focus on drills and instruction to help develop volleyball skills. The second half of each 4 week block, players will be split onto courts for various game play drills where they'll be able to practice their skills in a fun, game environment. Wear appropriate clothing and bring a water bottle.

AGES	DAY	DATE & TIME	COST	ACTIVITY
8-10	Sa	Jan 11-Feb 1 10:00am-11:00am	Res \$89 Non Res \$102	13228-01
10-12	Sa	Jan 11-Feb 1 11:15am-12:15pm	Res \$89 Non Res \$102	13228-02
8-10	Sa	Feb 22-Mar 15 10:00am-11:00am	Res \$89 Non Res \$102	13228-03
10-12	Sa	Feb 22-Mar 15 11:15am-12:15pm	Res \$89 Non Res \$102	13228-04
8-10	Sa	Apr 26-May 17 10:00am-11:00am	Res \$89 Non Res \$102	13228-05
10-12	Sa	Apr 26-May 17 11:15am-12:15pm	Res \$89 Non Res \$102	13228-06

REVSPORTS VOLLEYBALL PCC-Active Wing, 14800 34th Ave N

RevSports Volleyball players learn and practice the fundamentals of volleyball through individual player development. Each day will focus on a topic building on the previous topics including: passing, setting, serving, and hitting. All equipment is provided. Softer and lighter-weight balls are used. A smaller net and court may be used to assist in skill development. Participants should wear tennis shoes in the gym. Parent/guardian is expected to be present and ready to engage with child. This is not a league.

AGES	DAY	DATE & TIME	COST	ACTIVITY
7-9	Tu	Jan 7-Jan 28 7:00pm-7:40pm	Res \$67 Non Res \$77	12213-04
7-9	Tu	Feb 4-Feb 25 7:00pm-7:40pm	Res \$67 Non Res \$77	12213-08
7-9	Tu	Mar 4-Mar 25 7:00pm-7:40pm	Res \$67 Non Res \$77	12213-12
7-9	Tu	Apr 8-Apr 29 7:00pm-7:40pm	Res \$67 Non Res \$77	12213-16



Arts

CRAFT ACADEMY - RESIN CHARM NECKLACE

PCC-Education Wing, 14800 34th Ave N

Discover the mesmerizing art of resin crafting with our self-guided class designed for all skill levels! In this captivating and flexible course, you will follow step-by-step video tutorials to create a stunning resin necklace and charm. Perfect for both beginners and experienced crafters, this class blends structured guidance with ample time for unstructured creativity, allowing you to personalize your jewelry pieces.

AGES	DAY	DATE & TIME	COST	ACTIVITY
14+	Sa	Apr 19 10:00am-11:00am	Res \$32 Non Res \$35	14101-01

CRAFT ACADEMY - CLAY PUPPY TRAY

PCC-Education Wing, 14800 34th Ave N

Unleash your inner artist with our self-guided art class designed for all skill levels! In this engaging and relaxing class, you will follow step-by-step video tutorials to create an adorable puppy tray using air-dry clay.

AGES	DAY	DATE & TIME	COST	ACTIVITY
14+	Sa	Feb 8 10:00am-11:00am	Res \$32 Non Res \$35	14100-01

dance

BALLET & TAP (AGES 12+)

PCC-Active Wing, 14800 34th Ave N

This class will focus on ballet and tap technique, alignment, and steps at an intermediate level. This class is for students who have some dance experience. Students will learn artistry and technical skills to perform fun and challenging ballet and tap sequences that will be expanded upon each week. 12 year-olds who are newer to dance should register for 9-12 Ballet and Tap. Pink or skin tone ballet shoes, black tap shoes, and leotard/tights or active wear are needed. Instr: City of Plymouth Dance Staff. Program fee includes 2 costumes and recital. No program: 1/20, 2/17.

AGES	DAY	DATE & TIME	COST	ACTIVITY
12-18	M	Jan 13-Apr 28 7:15pm-9:00pm	Res \$300 Non Res \$314	14106-01

BEGINNER HIP HOP DANCE (AGES 11-15)

PCC-Active Wing, 14800 34th Ave N

Have you always wanted to learn hip hop dance or want to build on a self-taught foundation? This class is for you! This class will focus on hip hop fundamentals, rhythm, and building character! No dance experience required. Program fee includes costume and recital. Instr: City of Plymouth Dance Staff.

AGES	DAY	DATE & TIME	COST	ACTIVITY
11-15	W	Jan 15-Apr 30 6:45pm-7:30pm	Res \$260 Non Res \$276	13169-01

CONTEMPORARY MODERN (AGES 12+)

PCC-Active Wing, 14800 34th Ave N

This class will focus on creative movement and expression through dance. Students will learn contemporary modern dance technique and choreography and expand understanding of improvisation and dance composition. This is a great class for students looking to expand their dance vocabulary. Students will dance barefoot. City of Plymouth Program fee includes costume and recital.

AGES	DAY	DATE & TIME	COST	ACTIVITY
12-18	Th	Jan 16-Apr 24 7:45pm-9:00pm	Res \$258 Non Res \$273	14102-01

JAZZ & HIP HOP (AGES 12+)

PCC-Active Wing, 14800 34th Ave N

This high-energy class will focus on Jazz and Hip Hop styles and technique at an intermediate level. Students will experiment with rhythm, energy, and musicality while they learn fast-paced choreography and practice big movements and performance qualities. Tennis shoes, black jazz shoes, and activewear are needed. Instr: City of Plymouth Dance Staff. No program: 3/22, 4/19. Program fees include 2 costumes and recital.

AGES	DAY	DATE & TIME	COST	ACTIVITY
12-18	Sa	Jan 11-Apr 26 11:00am-12:15pm	Res \$290 Non Res \$304	14103-01

MUSICAL THEATER JAZZ (AGES 12+)

PCC-Active Wing, 14800 34th Ave N

This class will inspire the future Broadway star with upbeat, theatrical Jazz choreography, complete with music from your favorite musicals. Black jazz shoes and activewear required. Instr: City of Plymouth Dance staff. Program fees include costume and recital.

AGES	DAY	DATE & TIME	COST	ACTIVITY
12-18	Tu	Jan 14-Apr 29 7:45pm-9:00pm	Res \$270 Non Res \$286	14104-01



Education

50 MONEY MAKING SIDE HUSTLES FOR TEENS Online

You'll leave class loaded with information about how to fill out any legal forms to get the business started, and details about 50 profitable side hustle ideas to get you going fast. Informative handouts for future use are included in class fee.

AGES	DAY	DATE & TIME	COST	ACTIVITY
14+	M	Mar 3 5:00pm-6:00pm	Res \$20 Non Res \$20	15374-01

rc car racing

PARTY CRASHERS RC: RC CAR RACING PCC-Active Wing, 14800 34th Ave N

Want to drive RC Cars on a track? Then come join us and you can test your driving skills on a few different types of RC Cars. Participants can use RC Cars provided or use their own on approval.

AGES	DAY	DATE & TIME	COST	ACTIVITY
12-17	F	April 4 7:15pm-8:15pm	Res \$25 Non Res \$28	14308-01

stem

STEM BUILDERS: MOBILE MARVELS - BUILDING THE FUTURE IN APP STEM Builders Learning Center, 15600 35th Ave N #201

Join the millions of creators turning their ideas into apps with Thinkable. Learn how to plan, design, code, and publish your very own apps!

AGES	DAY	DATE & TIME	COST	ACTIVITY
11-13	Sa	Jan 18-Mar 22 11:00am-12:15pm	Res \$239 Non Res \$263	14309-01

chess

TWIN CITIES CHESS CLUB: EVENING CHESS CLUB - BEGINNER PCC-Education Wing, 14800 34th Ave N

Learn from Twin Cities Chess Club instructors who have years of teaching experience. Compete for various prizes including trophies, medals, and chess sets! All chess levels are welcome.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5-17	Th	Jan 16-Mar 20 5:55pm-6:40pm	Res \$145 Non Res \$160	14306-01
5-17	Th	Apr 10-May 29 5:55pm-6:40pm	Res \$117 Non Res \$129	14306-02

TWIN CITIES CHESS CLUB: EVENING CHESS CLUB - INTERMEDIATE/ADVANCED PCC-Education Wing, 14800 34th Ave N

Learn from Twin Cities Chess Club instructors who have years of teaching experience. Compete for various prizes including trophies, medals, and chess sets! All chess levels are welcome.

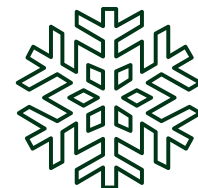
AGES	DAY	DATE & TIME	COST	ACTIVITY
5-17	Th	Jan 16-Mar 20 6:45pm-7:55pm	Res \$160 Non Res \$176	14307-01
5-17	Th	Apr 10-May 29 6:45pm-7:55pm	Res \$128 Non Res \$141	14307-02

Outdoor Recreation

TRAILSIDE REPAIR & ADJUSTMENTS PCC-Education Wing, 14800 34th Ave N

Many possible issues and problems can and do occasionally occur when riding. We will work through flat tires, wheel issues, dropped chains, cleaning and lubing, replacing tires, and what to buy to handle the unfortunate issues. This is a mix of hands on and lecture. Please leave your bikes at home for this class. Class taught by Bjorn Cycling.

AGES	DAY	DATE & TIME	COST	ACTIVITY
14+	Tu	Feb 18 7:00pm-8:30pm	Res \$30 Non Res \$39	13222-01
14+	Tu	Apr 29 7:00pm-8:30pm	Res \$30 Non Res \$39	13222-02



WEATHER LINE
763-509-5205
call for updates on
class cancellations



Safety

BABYSITTING FOR TEENS WITH PEDIATRIC CPR/FIRST AID CERTIFICATION PCC-Education Wing, 14800 34th Ave N

A class designed for the older teen interested in receiving more information on how to effectively manage behaviors, infant care, and become certified in American Red Cross pediatric CPR/AED and first aid.

AGES	DAY	DATE & TIME	COST	ACTIVITY
14-18	Sa	Feb 15 9:00am-4:00pm	Res \$140 Non Res \$160	16514-01

SAFE SITTER BABYSITTERS TRAINING PCC-Education Wing, 14800 34th Ave N

Safe Sitter prepares students grades 6-8 to be safe when they're home alone, watching siblings, or babysitting. Students learn safety, child care skills, diapering, behavior management, online and personal safety. First aid and rescue skills including injury management, choking rescue, infant/child CPR. Activities, role playing and hands on activities with manikins to practice skills create a fun learning environment. Course content follows guidelines of American Academy of Pediatrics and American Heart Association.

AGES	DAY	DATE & TIME	COST	ACTIVITY
11-15	F	Jan 17 9:00am-2:45pm	Res \$115 Non Res \$125	13503-01
11-15	F	Feb 14 9:00am-2:45pm	Res \$115 Non Res \$125	13503-02
11-15	Sa	Mar 8 9:00am-2:45pm	Res \$115 Non Res \$125	13503-03
11-15	Sa	Apr 26 9:00am-2:45pm	Res \$115 Non Res \$125	13503-04
11-15	Su	May 18 9:00am-2:45pm	Res \$115 Non Res \$125	13503-05



LIFEGUARD INSTRUCTOR TRAINING (LGI) Wayzata East Middle School, 12000 Ridgemount Avenue

Become a certified American Red Cross Lifeguard instructor. This is a blended learning class, all in-water and classroom days are mandatory. Pre-req: Students must be 17 years of age by the last day of class and be currently lifeguard certified. This is a 2 year certification and includes the ability to teach CPR/First Aid.

AGES	DAY	DATE & TIME	COST	ACTIVITY
17+	F-Su	Feb 14-Feb 23 9:00am-6:30pm	Res \$250 Non Res \$250	14805-01

BLENDED LEARNING RED CROSS LIFEGUARDING COURSE

Wayzata East Middle School, 12000 Ridgemount Avenue

Become a certified American Red Cross Lifeguard (pool), First Aid, and CPR & AED for the Professional Rescuer. This is a blended learning class, all in-water and classroom days are mandatory. Pre-req: Students must be 15 years of age by the last day of class and be able to complete the following swim skills on the first day of class:1. Swim 300 yds demonstrating breath control and rhythmic breathing. Front crawl, breaststroke or a combination of both. 2. Tread water for 2 minutes using legs only with hands placed under armpits.3. Swim 20 yds, surface dive 7-10 ft, retrieve a 10-lb brick, return to surface and swim 20 yds back to start within 1 min 40 sec.

AGES	DAY	DATE & TIME	COST	ACTIVITY
15+	F-Su	Mar 28-Mar 30 8:30am-4:30pm	Res \$175 Non Res \$175	14804-01

WATER SAFETY INSTRUCTOR BLENDED LEARNING (WSI)

Wayzata East Middle School, 12000 Ridgemount Ave W

Become certified to teach the American Red Cross Swim Lessons. This course combines classroom and online training. You must be at least 15 years of age before the final scheduled session (proof required). Must demonstrate the following skills according to the Stroke Performance Charts: Level 4: 25 yard front crawl, 25 yard back crawl, 25 yard breaststroke, 25 yard elementary backstroke, 25 yard sidestroke, 15 yard butterfly, tread water for 1 minute, and maintain position on back 1 minute in deep water. Students must complete the online portion of the course (approx 7 hours) in addition to participating in the Classroom & Water Skills sessions. Once registered information for accessing the online course will be emailed to the student.

AGES	DAY	DATE & TIME	COST	ACTIVITY
15+	M-Th	Mar 31-April 3 9:00am-4:00pm	\$225	14806-01



Arts - cake

ARTISTIC MOMENTS - SPRINGTIME CUPCAKES WITH FONDANT

PCC-Education Wing, 14800 34th Ave N

Have you ever used fondant to decorate cupcakes? Fondant is a 'Play-Doh-like' edible icing used to create fun designs on cupcakes. Learn how to roll, cut, and sculpt colorful fondant into a wide variety of shapes and sizes. You will have fun creating festive cupcakes for any occasion! Please Note: Cupcakes are purchased through Cub Foods. If you have any food allergies, please contact the Cub Foods Bakery to inquire about all ingredients used in these products. Instr: Kris Holtmeyer, Artistic Moments.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	M	Apr 7 7:15pm-9:15pm	Res \$40 Non Res \$46	15144-01

CAKE DECORATING

PCC-Education Wing, 14800 34th Ave N

First time trying, seasoned decorator, or anything in-between. Join us for a fun workshop where you'll learn to: ice a cake, add borders, make flowers, and add other embellishments by practicing on a "cake" Styrofoam mold. Mold and decorating icing provided. Participants can bring in their own cake to decorate. Instr: Julie Carstens.

AGES	DAY	DATE & TIME	COST	ACTIVITY
16+	M	Jan 13 6:00pm-9:00pm	Res \$125 Non Res \$135	15202-01
16+	M	Feb 10 6:00pm-9:00pm	Res \$125 Non Res \$135	15202-02
16+	M	Mar 17 6:00pm-9:00pm	Res \$125 Non Res \$135	15202-03
16+	M	Apr 14 6:00pm-9:00pm	Res \$125 Non Res \$135	15202-04

clay

POLYMER CLAY FLOWERS AND JEWELRY

PCC-Education Wing, 14800 34th Ave N

You'll learn the skills to make a flower brooch, flowered beads, a Kaleidoscope Cabochon, and a Mokume Gane pendant as well as several different canes. Students will be able to pick up their creations 1 week later - after they are cured. This is a beginning/intermediate class, and does not include jewelry findings. All supplies provided. Instr: Robin Benik.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Jan 16-Feb 6 1:00pm-3:30pm	Res \$200 Non Res \$210	15112-01

POLYMER CLAY FLOWERS - WORKSHOP

PCC-Education Wing, 14800 34th Avenue N

Learn to make beautiful flowers out of polymer clay. You'll learn to make several different canes; to reduce, wrap, and shape the canes into flower petals; and to assemble the petals into flowers. Students will be able to pick their flowers up 1 week later - after they are cured. This is a beginner class.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	March 20 1:00pm-3:30pm	Res \$60 Non Res \$70	15118-01



drawing and collaging

ALL ABOUT DRAWING - DRAWING WITH CONFIDENCE

PCC-Education Wing, 14800 34th Ave N

Drawing is the foundation of all Visual Arts. You will learn from a professional artist how to express yourself and gain confidence while creating your works. This class is great for all skill levels. Recommended supply list provided via email at the time of registration. Instr: Tatiana Eletsky.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Apr 3-Apr 24 4:00pm-6:00pm	Res \$92 Non Res \$100	15105-01

DISCOVERING SOULCOLLAGE®

PCC-Education Wing, 14800 34th Ave N

SoulCollage® is a fun and meaningful process that blends collage-making with personal exploration. Using images from magazines, you'll create cards, each a different aspect of yourself. Be drawn in by the images, guided on how to read your cards, and surprised at the synchronicity and insights that emerge! This is an experiential class. Participants will have the opportunity to create and reflect on 2 collaged cards during the session. Instr: Lisa Mer.

AGES	DAY	DATE & TIME	COST	ACTIVITY
16+	Th	Mar 13 1:00pm-3:30pm	Res \$46 Non Res \$50	15116-01
16+	Th	Mar 13 6:30pm-8:00pm	Res \$46 Non Res \$50	15116-02
16+	Sa	Mar 15 9:30am-12:00pm	Res \$46 Non Res \$50	15116-03



Arts - dance

ADULT BEGINNER HIP HOP DANCE (AGES 16+)

PCC-Active Wing, 14800 34th Ave N

Get moving with hip hop dance! This high energy class will focus on hip hop fundamentals, grooves, and having fun! This class will be taught at an absolute beginner level - no dance experience necessary. A fun way to get active and learn some new dance steps. Instr: City of Plymouth Dance Staff.

AGES	DAY	DATE & TIME	COST	ACTIVITY
16+	W	Jan 15-Feb 26 7:30pm-8:15pm	Res \$93 Non Res \$103	15159-01

ADULT BEGINNER II HIP HOP DANCE (AGES 16+)

PCC-Active Wing, 14800 34th Ave N

This class will focus on hip hop fundamentals, dynamic movements and having fun! This class is designed for those who have some dance experience and want to learn at a faster pace. Hip hop-specific experience is not required. Instr: City of Plymouth Dance Staff.

AGES	DAY	DATE & TIME	COST	ACTIVITY
16+	W	Mar 5-Apr 16 7:30pm-8:15pm	Res \$93 Non Res \$103	15154-01

ADULT MODERN DANCE

PCC-Active Wing, 14800 34th Ave N

Beginners welcome! Tune into your body and your creativity as we explore the art of contemporary/ modern dance. Instruction will be at a beginner level with challenge options for those with more experience. Instr: City of Plymouth Dance Staff.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Jan 16-Feb 20 6:45pm-7:45pm	Res \$80 Non Res \$90	15188-01

PARTNERED DANCING FOR ALL OCCASIONS

PCC-Active Wing, 14800 34th Ave N

No matter the occasion, you'll be prepared to dance! Be one of the best dancers at your event, or just have some fun dancing together at home! Try something new to add laughter and romance into your relationship! Taking steps from classic ballroom dances, you'll learn easy to remember mini-routines, danceable to all your favorite songs including pop, blues, rock, country and more! If you think you have no rhythm and 2 left feet, this is the perfect course for you! Couples stay dancing together & singles rotate with other singles. Casual dress and comfortable clean shoes. Price is per person, so please register individually. Instr: Deanna Constantine.

AGES	DAY	DATE & TIME	COST	ACTIVITY
16+	Sa	Feb 22-Mar 15 3:00pm-4:30pm	Res \$70 Non Res \$80	15103-01
16+	Sa	Apr 12-May 3 3:00pm-4:30pm	Res \$70 Non Res \$80	15103-02

LET'S TAP DANCE 1, 2, 3

PCC-Active Wing, 14800 34th Ave N

Dance is a top rated exercise because it stimulates us socially, physically, mentally, artistically and is lots of fun. Participants will learn, review basics and complete tap routine. Wear comfortable clothing and don't forget your tap shoes. Instr: Stephanie Stockton. No program: 4/18.

Let's Tap 1 (15104-01):

If you took dance as a child, taken a few classes along the way or if you've always wanted to tap and you're new to the whole thing - welcome. Staying in this class for a couple of sessions is usually recommended.

Let's Tap 2 (15104-02):

If you have mastered the basics and been working on time steps - this is the class for you.

Let's Tap 3 (15104-03):

If you are ready for a faster pace with more challenging choreography - let's keep on tapping. (10:00am - 11:00am)

AGES	DAY	DATE & TIME	COST	ACTIVITY
25+	F	Jan 10-May 23 12:30pm-1:30pm	Res \$243 Non Res \$262	15104-01
25+	F	Jan 10-May 23 11:15am-12:15pm	Res \$243 Non Res \$262	15104-02
25+	F	Jan 10-May 23 10:00am-11:00am	Res \$243 Non Res \$262	15104-03



Arts - embroidery and stitching

STITCH TOUR: MOROCCO!

PCC-Education Wing, 14800 34th Ave N

Join me in learning embroidery from around the world, throughout time! In this class, we'll learn the counted-thread embroidery of Fes, Morocco and explore its evolution over the past 100 years! All supplies provided. Instr: Peg Deppe.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Mar 4 10:00am-1:00pm	Res \$45 Non Res \$50	15117-01

SURFACE EMBROIDERY THROUGH SWEDISH HUCK WEAVING

PCC-Education Wing, 14800 34th Ave N

Swedish Huck Weaving is a fairly simple surface embroidery technique that blends surface embroidery with weaving, and produces seemingly complex geometric and linear designs on a particular type of fabric called huck fabric. To learn the techniques, students will embroider a hand towel from a pattern provided by the instructor. All supplies included. Instr: Wendy Johnson, Saga Hill Designs.

AGES	DAY	DATE & TIME	COST	ACTIVITY
14+	Sa	Apr 12 1:00pm-4:00pm	Res \$72 Non Res \$80	15100-01

glass arts

SKYLAB GLASS ARTS - HEART SHAPED PENDANT

SkyLab Glass Arts, 8838 7th Ave

Students will learn to shape colored glass with a fixed torch into a solid pendants. You will be able to choose several colors to be combined and with the assistance of our instructors attach a loop to hang from any necklace! You can take home any finished pieces, generally 2-3 per class. All materials included in class fee. No experience needed.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Feb 13 6:00pm-8:30pm	Res \$100 Non Res \$104	15158-01

journaling

INTRODUCTION TO JOURNALING: A BEGINNER'S GUIDE Online

Learn how to start journaling (even when you don't know what to write), the 10 most popular types of journaling, how to kick-start self-reflection and self-discovery, and track your progress and personal growth. The instructor, LeeAnne Krusemark, is a former journalist, current author and editor, and a nationwide Professor of Publishing at higher learning institutions, including Harvard Adult Education.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	F	Mar 7 4:00pm-6:00pm	Res \$35 Non Res \$35	15368-01

music

INSTANT GUITAR FOR HOPELESSLY BUSY PEOPLE Online

This crash course will teach you some basic chords and get you playing along with your favorite songs right away. Class fee includes an online book and online follow-up video lessons. Optional online question and answer session is also included along with recording of the class. Instr: Craig Coffman.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Mar 11 6:30pm-9:30pm	Res \$64 Non Res \$64	15122-01
18+	Sa	Apr 12 1:00pm-3:30pm	Res \$64 Non Res \$64	15122-02

INSTANT PIANO FOR HOPELESSLY BUSY PEOPLE Online

Learn to play piano the way professionals do-using chords. This online course will include online lesson book and follow-up video lessons. An optional periodic online question and answer session is included along with recording of class. Instr: Craig Coffman.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	M	Mar 10 6:30pm-9:30pm	Res \$64 Non Res \$64	15161-01
18+	Sa	Apr 12 9:00am-12:00pm	Res \$64 Non Res \$64	15161-02



Arts - music

ROCK OF AGES

School of Rock, 312 Clydesdale Trail

Students select an instrument of their choice (drums, guitar, bass, keys or vocals) and are assigned songs and parts that they will work through in weekly private lessons, refining the skills and concepts that those songs introduce. No prior musical experience required. The goal of the curriculum is to prepare students to join School of Rock's Adult Band and perform live! Register for specific day/session and you will be connected with instructor to coordinate lesson time.

SATURDAYS - ROCK OF AGES

School of Rock, 312 Clydesdale Trail

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Sa	Jan 4-Jan 25 8:00am-5:00pm	Res \$225 Non Res \$247	15179-01
18+	Sa	Feb 1-Feb 22 8:00am-5:00pm	Res \$225 Non Res \$247	15179-02
18+	Sa	Mar 8-Mar 29 8:00am-5:00pm	Res \$225 Non Res \$247	15179-03
18+	Sa	Apr 5-Apr 26 8:00am-5:00pm	Res \$225 Non Res \$247	15179-04

MONDAYS - ROCK OF AGES

School of Rock, 312 Clydesdale Trail

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	M	Jan 6-Jan 27 8:00am-5:00pm	Res \$225 Non Res \$247	15175-01
18+	M	Feb 3-Feb 24 8:00am-8:00pm	Res \$225 Non Res \$247	15175-02
18+	M	Mar 3-Mar 24 8:00pm-8:00pm	Res \$225 Non Res \$247	15175-03
18+	M	Apr 7-Apr 28 8:00pm-8:00pm	Res \$225 Non Res \$247	15175-04

TUESDAYS - ROCK OF AGES

School of Rock, 312 Clydesdale Trail

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Jan 7-Jan 28 8:00am-5:00pm	Res \$225 Non Res \$247	15176-01
18+	Tu	Feb 4-Feb 25 8:00am-5:00pm	Res \$225 Non Res \$247	15176-02
18+	Tu	Mar 4-Mar 25 8:00am-5:00pm	Res \$225 Non Res \$247	15176-03
18+	Tu	Apr 1-Apr 22 8:00am-5:00pm	Res \$225 Non Res \$247	15176-04

WEDNESDAYS - ROCK OF AGES

School of Rock, 312 Clydesdale Trail

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	Jan 8-Jan 29 8:00am-5:00pm	Res \$225 Non Res \$247	15177-01
18+	W	Feb 5-Feb 26 8:00am-5:00pm	Res \$225 Non Res \$247	15177-02
18+	W	Mar 5-Mar 26 8:00am-5:00pm	Res \$225 Non Res \$247	15177-03
18+	W	Apr 2-Apr 23 8:00am-5:00pm	Res \$225 Non Res \$247	15177-04

THURSDAYS - ROCK OF AGES

School of Rock, 312 Clydesdale Trail

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Jan 9-Jan 30 8:00am-5:00pm	Res \$225 Non Res \$247	15178-01
18+	Th	Feb 6-Feb 27 8:00am-5:00pm	Res \$225 Non Res \$247	15178-02
18+	Th	Mar 6-Mar 27 8:00am-5:00pm	Res \$225 Non Res \$247	15178-03
18+	Th	Apr 3-Apr 24 8:00am-5:00pm	Res \$225 Non Res \$247	15178-04



UNWRAPPING MUSIC- MUSIC AND NATURE - A THREE PART SERIES

PCC-Education Wing, 14800 34th Ave N

Three sessions, focusing on how composers depict nature through music: Music and Nature, Music, Flora and Fauna, and Music, Weather and Water. Unwrapping Music is a music appreciation class of MacPhail School of Music (Music for Life) program. Each month, we will explore a particular musical genre, time period, composer, or performing artist. The hour includes covering the history, form, and function that shaped each musical style and how music and society changed each other across eras, cultures, and continents. Students will experience recorded and live examples, have interactive question and answer time, may participate in some singing, and are sure to learn something new!

AGES	DAY	DATE & TIME	COST	ACTIVITY
50+	M	Mar 3 Apr 7 May 5 7:00pm-8:00pm	Res \$60 Non Res \$69	15157-01



Arts - painting

HAPPY ART HOUR - WINTER SOLSTICE CELEBRATION: ACRYLIC
PCC-Education Wing, 14800 34th Ave N

Join us for a cozy evening of art and relaxation and create a winter solstice-inspired painting. Perfect for unwinding after a long day and embracing the calm of winter. Recommended supply list emailed at the time of registration. Instr: Anwesha Guha. All supplies provided.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	F	Jan 17 5:30pm-8:00pm	Res \$45 Non Res \$50	15109-01

HAPPY ART HOUR - VALENTINE'S DAY PAINT PARTY: WATERCOLOR FLORALS
PCC-Education Wing, 14800 34th Ave N

Celebrate love and friendship in this special Valentine's Day-themed painting. Enjoy a relaxing evening before Valentine's Day while you paint beautiful watercolor florals to gift or keep for yourself. Recommended supply list emailed at the time of registration. Instr: Anwesha Guha. All supplies provided.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	F	Feb 7 5:30pm-8:00pm	Res \$45 Non Res \$50	15113-01

HAPPY ART HOUR - SPRING AWAKENING: ACRYLIC MIXED MEDIA
PCC-Education Wing, 14800 34th Ave N

Welcome spring with a creative mixed-media workshop! Combine the fluidity of watercolor with the boldness of acrylic to create a unique artwork that captures the essence of the season. Recommended supply list emailed at the time of registration. Instr: Anwesha Guha.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	F	Mar 14 5:30pm-8:00pm	Res \$45 Non Res \$50	15114-01

WINTER WONDERLAND: WATERCOLOR LANDSCAPES
PCC-Education Wing, 14800 34th Ave N

Dive deep into the art of watercolor landscapes, capturing the beauty of snow-covered scenes and winter skies. Recommended supply list emailed at the time of registration. Instr: Anwesha Guha. All supplies provided.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	M	Jan 6-Feb 10 5:00pm-7:30pm	Res \$186 Non Res \$204	15107-01

RADIANT WINTER BLOOMS: ACRYLIC FLORALS
PCC-Education Wing, 14800 34th Ave N

Meets second and third Wednesdays of each month. Learn how to paint winter florals in acrylic, focusing on both realism and abstract interpretations. Recommended supply list emailed at the time of registration. Instr: Anwesha Guha. All supplies provided.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	Jan 8-Mar 19 5:00pm-7:30pm	Res \$186 Non Res \$204	15106-01

VALENTINE'S DAY CARD MAKING: OIL PASTEL & WATERCOLOR
PCC-Education Wing, 14800 34th Ave N

Create handmade Valentine's Day cards using a mix of oil pastel and watercolor. Learn how to blend colors and create beautiful heart-themed designs to share with loved ones. Recommended supply list emailed at the time of registration. Instr: Anwesha Guha. All supplies provided.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Jan 30-Feb 6 5:00pm-7:00pm	Res \$80 Non Res \$84	15108-01

photo organization

PHOTO CHAOS TO SIMPLICITY: MASTERING PHOTO ORGANIZATION AND PRESERVING IN THE DIGITAL AGE
PCC-Education Wing, 14800 34th Ave N

Imagine all your photos—old and new—organized, safely stored, and easy to find in one place. You'll learn how to digitize old photos, slides/negatives, movies, and memorabilia and store them securely using cloud storage and modern organization methods. We'll cover topics like selecting scanners, digitizing different types of media, organizing your collection, and restoring photos to their original glory. By the end, you'll leave with the tools and knowledge to access, organize, and share your cherished memories effortlessly! Instr: Susan DeJute.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Feb 4 10:00am-11:30am	Res \$25 Non Res \$30	15124-01
18+	Th	Apr 3 6:00pm-7:30pm	Res \$25 Non Res \$30	15124-02



Arts - pottery

BEGINNING AND CONTINUING POTTERY

PCC-Education Wing, 14800 34th Ave N

Have you always wanted to try pottery? Here's your chance. Learn basic wheel-throwing and hand-building skills as well as glazing. Beginners welcome. Continuing students will strengthen and grow their skills. All supplies included in the course fee. Instr: Siiri Silpala Doan.

AGES	DAY	DATE & TIME	COST	ACTIVITY
16+	Tu	Jan 7-Feb 25 6:30pm-9:00pm	Res \$330 Non Res \$363	15110-01
16+	W	Jan 8-Feb 26 9:30am-12:00pm	Res \$330 Non Res \$363	15110-02
16+	Tu	Mar 4-Apr 29 6:30pm-9:00pm	Res \$330 Non Res \$363	15110-03
16+	W	Mar 5-Apr 30 9:30am-12:00pm	Res \$330 Non Res \$363	15110-04

EXPLORING CLAY FOR INTERMEDIATES

PCC-Education Wing, 14800 34th Ave N

Explore a variety of ideas and techniques for making and embellishing pots, both wheel-thrown and hand-built. Topics will be influenced by student interest and experience. All supplies included in the course fee. Instr: Siiri Silpala Doan.

AGES	DAY	DATE & TIME	COST	ACTIVITY
16+	W	Jan 8-Feb 26 12:30pm-3:00pm	Res \$330 Non Res \$363	15111-01
16+	W	Mar 5-Apr 30 12:30pm-3:00pm	Res \$330 Non Res \$363	15111-02

HAND BUILDING WITH CLAY COILS

PCC-Education Wing, 14800 34th Ave N

Learn the art of hand-building with clay coils! Master essential techniques, construct forms, and explore surface-finishing techniques like carving, sponging, and sgraffito. Create your own sculpture, and after bisque-firing, apply glaze to complete your piece. Leave with a finished work of art! Instr: Mariah Greenhoff.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Sa	Feb 8-Mar 8 12:00pm-4:00pm	Res \$130 Non Res \$143	15115-01

WHEEL POTTERY

PCC-Education Wing, 14800 34th Ave N

Learn the basics of wheel sculpting with ceramic clay. Will cover throwing and glazing techniques. Make projects to take home at the end of the session. No experience necessary. All supplies included in the course fee. Instr: Adama Sow.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	Feb 5-Feb 26 7:00pm-9:00pm	Res \$155 Non Res \$165	15153-01
18+	W	Mar 5-Mar 26 7:00pm-9:00pm	Res \$155 Non Res \$165	15153-02
18+	W	Apr 9-Apr 30 7:00pm-9:00pm	Res \$155 Non Res \$165	15153-03
18+	W	May 7-May 28 7:00pm-9:00pm	Res \$155 Non Res \$165	15153-04

voice over

INTRODUCTION TO VOICE OVER

Online

In what could be the most enlightening 2 hours you've ever spent, this class will show you how you can actually begin using your speaking voice for commercials, films, videos, and more. Most people go about it the wrong way. In this introductory class, you will learn about a unique, outside the box way to break into this creative, fulfilling, and potentially lucrative industry. Voice-overs can be managed on your own terms, on your own turf, in your own time, and with minimal overhead! Whether you choose to pursue voice-overs part-time or full-time, this could be the game changer you've been looking for. Instr: Will Kamp, Such a Voice, LLC. Zoom link will be emailed before class.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Mar 5 6:30pm-8:30pm	\$35	15129-01
18+	Sa	Apr 26 10:00am-12:00pm	\$35	15129-02

writing

BEGINNER'S GUIDE TO USING FREE CHATGPT FOR WRITERS

Online

You'll learn how to: register for a FREE ChatGPT account; input effective writing prompts to avoid nonsense responses; build creative content, from stories to marketing copy; determine its capabilities and limitations; understand ethical/legal considerations using ChatGPT. Instr: LeeAnne Krusemark.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Feb 27 4:00pm-6:00pm	Res \$35 Non Res \$35	15375-01



Education - business

SAVE MONEY WITH EXTREME COUPONING!

Online

This comprehensive workshop will teach you: where to find all different types of coupons, even for high ticket items, how to find the best coupon apps and websites, and how to match coupons with sales for maximum savings. Instr: LeeAnne Krusemark.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Feb 25 3:00pm-4:00pm	Res \$20 Non Res \$20	15348-01

50 MONEY MAKING SIDE HUSTLES FOR TEENS

Online

You'll leave class loaded with information about how to fill out any legal forms to get the business started, and details about 50 profitable side hustle ideas to get you going fast. Informative handouts for future use are included in class fee.

AGES	DAY	DATE & TIME	COST	ACTIVITY
14+	M	Mar 3 5:00pm-6:00pm	Res \$20 Non Res \$20	15374-01

CANCELLATION POLICY

Requests for cancellations or transfers must be made at least one full week prior to the first class unless noted otherwise. See pg. 2.

HOW TO START ANY HOME BUSINESS + 250 BUSINESS IDEAS!

Online

Tired of working for someone else? Do you need to make more money? Turn your talents and hobbies into profits by starting a home business. You will discover: more than 250 legitimate home business ideas; mandatory legal documentation; many ways to market your product/service; how to take tax deductions (this workshop included!). Instr: LeeAnne Krusemark.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Mar 4 6:00pm-8:00pm	\$35	15342-01

START YOUR OWN ONLINE BUSINESS: A BEGINNER'S GUIDE

Online

Turn your ideas or homemade products into income by starting an online business. Learn how to: find a gap in a niche market and fill it; build your own website, market your business effectively (including SEO) so potential customers will find you; take care of business forms and taxes; and create multiple sources of income (including Affiliate commissions). Instr: LeeAnne Krusemark.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	Mar 5 4:00pm-6:00pm	Res \$35 Non Res \$35	15373-01

babysitting for grandparents

GRANDPARENTS: GETTING STARTED BY SAFESITTER PCC-Education Wing, 14800 34th Ave N

This training is to prepare grandparents to safely care for infants and children while following the latest recommendations by doctors and scientists. Build on your own knowledge of caring for children and infant's physical and emotional health by discussing managing behaviors and practicing life-saving skills such as choking rescue, pediatric first aid, and CPR.

AGES	DAY	DATE & TIME	COST	ACTIVITY
40+	Th	Mar 6 5:00pm-8:30pm	Res \$68 Non Res \$78	15502-01
40+	Sa	Apr 5 9:00am-12:30pm	Res \$68 Non Res \$78	15502-02
40+	Th	May 8 4:30pm-8:00pm	Res \$68 Non Res \$78	15502-03

cpr

ADULT AND PEDIATRIC FIRST AID/CPR/AED CERTIFICATION

PCC-Education Wing, 14800 34th Ave N

This class will teach how to respond to life threatening emergencies by providing effective First Aid, CPR and administration of AED for Children, Adults, and infants alike who are experiencing a cardiac or respiratory emergency.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Sa	Jan 25 9:00am-2:30pm	Res \$80 Non Res \$90	16517-01
18+	Su	Mar 16 2:00pm-5:30pm	Res \$65 Non Res \$75	16517-02
18+	Sa	May 10 9:00am-3:00pm	Res \$80 Non Res \$90	16517-03



Cooking - Cooking with Tess Georgakopoulos

COOKING WITH TESS: INSTANT POT MULTI-COOKER 101 LIVE Online

Learn the foundations of cooking and care, and how to make a few amazingly satisfying dishes including: creamy steel-cut oatmeal or egg bites, creamy-cheesy Tuscan chicken with penne (choose to cook-along), and luscious lava cakes or dreamy banana bread. Menu items on the day of the class will depend on ingredients that are on hand.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	F	Jan 10 5:00pm-7:30pm	\$40	15310-01

COOKING WITH TESS: AIR FRYER PARTY CENTRAL! Online

Explore new family-favorite party dishes, including the instructor's mouthwatering Copycat KFC®, and her from-scratch air fryer doughnuts, pizza, and burgers! Participants can choose what they would like to make during the class and watch a demonstration of the other recipes.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Sa	Jan 11 4:00pm-6:30pm	\$45	15320-01

COOKING WITH TESS: ESCAPE TO THE MEDITERRANEAN Online

On the menu: Greek grilled chicken souvlaki (skewers), tzatziki (traditional Greek yogurt dipping sauce), Greek veggie rice, homemade pita bread, drizzle dressing, and Greek salad dressing too!

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Sa	Jan 18 4:00pm-6:30pm	\$40	15321-01

COOKING WITH TESS: SOUPS & BREAD BOWLS!

Online

On the menu: creamy chicken and wild rice soup, beer cheese soup, and wonderful homemade Italian bread bowls (baked in the oven)! Choose one soup for your cook-along and watch a demonstration of the other or choose to make both!

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Sa	Jan 25 4:00pm-6:30pm	\$40	15327-01

COOKING WITH TESS: KICK-OFF KITCHEN! Online

Learn to make soft pretzels with beer cheese dip and Italian meatball slider sandwiches from scratch! Everything from the dough for the pretzels and rolls, beer cheese and meatballs will be made fresh! No store-bought rolls or frozen meatballs are included in the instructors' personal recipes being used for the class!

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	F	Jan 31 5:00pm-7:30pm	\$40	15329-01

COOKING WITH TESS: SWEETHEARTS' DELIGHTS Online

Learn to make a decadent French pastry known as a chocolate Éclairs filled with pastry cream and covered in chocolate ganache, and another wonderfully rich yeasted desert knows as Paczki (Polish doughnuts) filled with preserves or pastry cream.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Sa	Feb 1 4:00pm-6:30pm	\$40	15333-01



Cooking - Cooking with Tess Georgakopoulos

COOKING WITH TESS: SOUPS & BREAD BOWLS
Online

On the menu: luscious creamy mushroom cheddar soup, velvety loaded potato soup, and wonderful homemade Italian bread bowls or Italian bread rolls (baked in the oven). Choose one soup for your cook-along and watch a demonstration of the other or choose to make both!

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Sa	Feb 22 4:00pm-6:30pm	\$45	15335-01

COOKING WITH TESS: COPYCAT DOMINO'S
PIZZA, SAUCE & CHICKEN CARBONARA
Online

On the menu: the instructors copycat versions of Domino's® Pizza, Pizza Sauce, and Chicken Carbonara. Yes! We will be making the dough, the sauce, and Chicken Carbonara from scratch!

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	F	Feb 28 5:00pm-7:30pm	\$45	15337-01

COOKING WITH TESS:
SAVOR THE SEASON COMFORT FOOD
Online

Shepherd's or cottage pie, twice-baked stuffed potatoes and chocolate stout cake. Learn to create the instructors' own delightful version of this decadence using unique ingredients that bring pops of flavor bursting with umami, added nutrition and memorable textures. Choose to make the Shepherd's pie version with lamb, or the Cottage pie version with beef.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Sa	Mar 8 4:00pm-6:30pm	\$45	15345-01



COOKING WITH TESS: CLASSIC HOMEMADE
PIEROGI & SWEET BERRY PIEROGI
Online

Learn how to make your own homemade classic pierogi, and wonderful sweet berry pierogi with 2 types of homemade dough and filling that will make your taste buds dance for joy! We will also be learning how to cook and freeze these little dumplings that you can make ahead and store for a rainy day. No fancy equipment needed.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	F	Mar 14 5:00pm-7:00pm	\$40	15347-01

COOKING WITH TESS:
DIM SUM DUMPLING DYNASTY
Online

Participants will have the option of making a pork-based filling or a chicken-based filling. Participants will also have the option of learning to make homemade wrappers, but of course, store bought can be used as well. Freezing tips will also be shared.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Sa	Mar 22 4:00pm-6:30pm	\$40	15354-01

COOKING WITH TESS: MARRY ME GNOCCHI
WITH CHICKEN & BREADSTICKS
Online

On the menu: handcrafted gnocchi bathed in a homemade silky, rich, flavor-packed sauce, paired with perfectly cooked and seasoned chicken breasts, and a side of homemade breadsticks! A restaurant quality meal that is guaranteed to become a family favorite in your dinner rotation!

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	F	Mar 28 5:00pm-7:30pm	\$45	15362-01





Cooking - Cooking with Tess Georgakopoulos

COOKING WITH TESS: FOCACCIA, STROMBOLI, & CALZONES! OH MY!

Online

On the menu: stromboli (rolled / filled pizza), calzones (stuffed pizza), wonderful Focaccia bread, and an out-of-this-world pizza sauce. Two different types of homemade dough will be used. One will be for the pizza options, the other for the focaccia. The instructor will provide step-by-step guidance and instruction help to ensure the process is as simple as can be.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Sa	Apr 12 4:00pm-6:30pm	\$40	15388-01

COOKING WITH TESS: CALIFORNIA SUSHI ROLL EXTRAVAGANZA

Online

Learn the skill of creating delicious, seasoned sushi rice, spicy mayo, and how to stuff, wrap/shape the rolls, with wonderful filling ingredients. One of these fillings is a "crab" salad that will be created using crab sticks. Tess will also provide a demonstration plate decorating ideas! See online for ingredients and equipment needs.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	F	Apr 25 5:00pm-7:00pm	\$35	15394-01



COOKING WITH TESS: DIM SUM SHU MAI DRUM DUMPLINGS & WONTONS!

Online

The instructor will guide you in the step-by-step process of creating these delightful restaurant quality dim sum dumplings with two different meat and veggie fillings, and store bought wrappers. Learn to shape, fill and cook these tender, light, fluttery bites of deliciousness in your own home for a memorable dim sum get together. Serving, freezing and reheating tips will also be shared.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Sa	Apr 26 4:00pm-6:30pm	\$45	15318-01

COOKING WITH TESS: SPRING & SUMMER SWEET TABLE TREATS

Online

The instructor will guide you through the process of creating three exceptional confectionery creations: a classic French fruit tart, a version of a Greek phyllo pastry tart called "Bougatsa", and...cakesicles, a sweet treat that is the latest craze of a cake-on-a-stick! Popular desserts any time of year! See online for equipment needs.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Sa	May 3 4:00pm-6:30pm	\$45	15322-01

COOKING WITH TESS: SPRING ROLL SYMPHONY

Online

On the menu: crispy spring rolls made with handcrafted paper-thin wrappers and filling made with choice of meat and veggies, fresh spring rolls made with rice paper wrappers filled with veggies and precooked protein of choice, and three dipping sauces including sweet chili, peanut butter, and fresh tahini yogurt sauce!

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Sa	May 17 4:00pm-6:30pm	\$45	15377-01





Education - declutter

ZESTFULLY DECLUTTER

PCC-Education Wing, 14800 34th Ave N

Discover the amazing benefits of decluttering on your emotional health, pocketbook and lifestyle! Learn how to let go, where to take your stuff, how to sell your possessions and most importantly how you can live zestfully with less from a professional home organizer. Instr: Kira Vanderlan.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	M	Feb 24 6:00pm-7:30pm	Res \$20 Non Res \$25	15396-01
18+	M	Apr 21 6:00pm-7:30pm	Res \$20 Non Res \$25	15396-02



games

SURVIVOR: PLYMOUTH

PCC-Education Wing, 14800 34th Ave N

Make new friends as you solve puzzles, strategize, and vote each other out in this high-speed, 3 hour version of one of the most popular reality competitions of all time. Don't worry! Even if you're voted out early, you'll still get to play in a new twist the game has never seen before. All abilities are welcome. Instr: Brent Barkey.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	F	Feb 21 6:00pm-9:00pm	Res \$25 Non Res \$30	15390-01

THE MOLE: PLYMOUTH

PCC-Education Wing, 14800 34th Ave N

You can finally play the ultimate game of deception and hit show on Netflix right here in Plymouth. Will you be able to discover The Mole and be crowned the winner, or will you end up being The Mole yourself? You'll be playing in live challenges while trying to determine who among you is trying to sabotage the group. Can you figure out: Who is The Mole? Instr: Brent Barkey.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	F	Mar 14 6:00pm-9:00pm	Res \$25 Non Res \$30	15398-01

genealogy

THE FORMIDABLE GENEALOGIST: INTRO TO ONLINE GENEALOGY

Online

There has never been a better time to start discovering your family's history. Gone are the days of only traveling to courthouse basements and archives. You can now research easily from your own home. Learn how to get started, reviews of subscription websites, which tools to use, which types of records you'll find, plus how to be an effective and accurate researcher.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Jan 7 6:30pm-8:00pm	Res \$35 Non Res \$35	15378-01

THE FORMIDABLE GENEALOGIST: LEVEL UP PART I

Online

MyHeritage and Ancestry.com are some of the biggest research sites, but what do you do when they don't have the information that you're looking for? This course covers how to use the FamilySearch Catalog, working with autosomal DNA and other repositories to use beyond the large genealogy platforms.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Feb 6 6:30pm-8:00pm	Res \$35 Non Res \$35	15380-01

THE FORMIDABLE GENEALOGIST: LEVEL UP YOUR GENEALOGY 2 - GENEALOGY BOOT CAMP

Online

Moving beyond auto-generated hints on the big platforms like Ancestry.com and MyHeritage is the only way to make progress in your research. This program will show you 23 research techniques used by the pros.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Mar 11 6:30pm-8:00pm	Res \$35 Non Res \$35	15386-01



Education - genealogy

THE FORMIDABLE GENEALOGIST: GENEALOGY METHODS: RESEARCH SKILLS THROUGH CASE STUDIES Online

It can take years to learn how to research effectively. Watch as we go through the steps that a professional genealogist uses to solve common research problems. These case studies will show you techniques that you can apply to your own research..

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Apr 10 6:30pm-8:00pm	Res \$35 Non Res \$35	15389-01

THE FORMIDABLE GENEALOGIST: LEVEL UP YOUR GENEALOGY: DEEP DIVE RESEARCH SKILLS Online

Learn even more research tips and tricks that you can instantly apply to your own research.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	May 8 6:30pm-8:00pm	Res \$35 Non Res \$35	15307-01

home

PLAN YOUR MOVE - INSPECTOR VERSION PCC-Education Wing, 14800 34th Ave N

Unravel the mysteries of home values, the perfect timing for your move, and market stats that matter. We've got the inside scoop on the top 10 things inspectors look for (and silently judge you on). From fixing that leaky faucet to making sure your smoke detectors aren't just decorative, these tips will have your home passing inspection with flying colors. Instr: Renee Miller, REALTOR, GRI, SRES, Keller Williams Classic Realty.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Mar 6 10:00am-11:00am	Res \$10 Non Res \$12	15302-01
18+	Th	May 8 10:00am-11:00am	Res \$10 Non Res \$12	15302-02

HIRING AND WORKING WITH A TRUSTED REMODELER PCC-Education Wing, 14800 34th Avenue N

An informational and open discussion session about hiring and working with a trusted remodeler. Attendees can expect to gain valuable information that will assist in choosing a remodeler and prepare them for what to expect during the remodeling process from Jerry Ziemięcki based on his 20 years in the remodeling industry. Instr: Jerry Ziemięcki, J3 Renovation & Design.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Mar 4 6:30pm-8:30pm	Res \$15 Non Res \$18	15306-01
18+	Th	May 8 6:30pm-8:30pm	Res \$15 Non Res \$18	15306-02

investing

INDIVIDUAL INVESTING 101 Zoom

The course will cover: getting started investing in the stock market; investing in index funds and individual stocks; basic tax strategies; developing the right mindset for successful long-term investing; and much more. Instr: Brandon Gierach.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Jan 9-Jan 30 7:00pm-8:00pm	Res \$50 Non Res \$50	15168-01

mah jongg

MAH JONGG 101: INTRODUCTION TO MAH JONGG PCC-Education Wing, 14800 34th Ave N

A class for beginners. Mah Jong set and official rules and game card will be provided. No program Apr. 16. Instr: Wendy Salita.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Apr 15-Apr 29 9:30am-11:00am	Res \$49 Non Res \$59	15385-01
18+	Tu	Apr 15-Apr 29 11:15am-12:45pm	Res \$49 Non Res \$59	15385-02

MAH JONGG 102: SUPERVISED PRACTICE AND PLAY PCC-Education Wing, 14800 34th Ave N

For those who have taken Introductory Mah Jongg classes in Plymouth, we are offering two days of advanced playing. Wendy, the instructor, will be there to walk around and help people with hands they are working on if they need it and will answer questions. No instruction provided. Instr: Wendy Salita.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	Apr 30 9:30am-11:30am	Res \$15 Non Res \$18	15309-01



Education - retirement & planning

WHO WILL INHERIT THE MESS?

PCC-Education Wing, 14800 34th Ave N

Come learn the differences between WILLS and TRUSTs, how to avoid the pitfalls of probate, and why it is vital that you (and your college-bound kids) have a current Power of Attorney and Health Care Directive form in place. Instr: Jeff Litfin, Certified Estate Planner, Generations Legal Services.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	Jan 15 6:00pm-7:30pm	Res \$25 Non Res \$30	15344-01

DON'T WORRY, RETIRE HAPPY

PCC-Education Wing, 14800 34th Ave N

There's a lot of time to fill in retirement and it's important to have a plan. Lean more from financial expert Tom Hegna's book, Don't Worry, Retire Happy: 7 Steps to a secure retirement. Instr: Edward Sachs, Thrivent Financial. No products will be sold. For additional information, see Thrivent.com/social.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Jan 28 6:30pm-8:00pm	Res \$15 Non Res \$18	15376-01

25 DOCUMENTS NEEDED BEFORE YOU PASS AWAY

PCC-Education Wing, 14800 34th Ave N

You may have a simple WILL in place, but that only scratches the surface of what is needed in case you pass away or become incapacitated. Learn the 25 documents most experts recommend you collect and maintain so family members aren't left scrambling to find important papers and information in a time of loss and confusion. Instr: Jeff Litfin, Generations Legal Services.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	May 14 6:00pm-7:30pm	Res \$25 Non Res \$30	15308-01

MEDICARE 101

PCC-Education Wing, 14800 34th Ave N

Learn about and discuss the different parts of Medicare deductibles and what's covered, enrollment periods, and costs. Learn how to enroll to get additional coverage, different types of Medicare Advantage plans and Medicare Supplements. Understanding Part D Drug Coverage, minimum requirements, formularies, drug tiers and the donut hole and how to avoid penalties. Instr: Sarah Colpitts, Integrated Insurance.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Jan 9 6:00pm-6:45pm	Res \$10 Non Res \$12	15384-01
18+	Sa	Jan 18 10:00am-10:45am	Res \$10 Non Res \$12	15384-02
18+	Tu	Jan 28 6:00pm-6:45pm	Res \$10 Non Res \$12	15384-03
18+	Sa	Feb 8 10:00am-10:45am	Res \$10 Non Res \$12	15384-04
18+	W	Feb 19 6:00pm-6:45pm	Res \$10 Non Res \$12	15384-05
18+	Th	Feb 27 6:00pm-6:45pm	Res \$10 Non Res \$12	15384-06
18+	Sa	Mar 8 10:00am-10:45am	Res \$10 Non Res \$12	15384-07
18+	Th	Mar 13 6:00pm-6:45pm	Res \$10 Non Res \$12	15384-08

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Mar 25 6:00pm-6:45pm	Res \$10 Non Res \$12	15384-09
18+	Tu	Apr 8 6:00pm-6:45pm	Res \$10 Non Res \$12	15384-10
18+	Sa	Apr 19 10:00am-10:45am	Res \$10 Non Res \$12	15384-11
18+	M	Apr 28 6:00pm-6:45pm	Res \$10 Non Res \$12	15384-12
18+	Sa	May 3 10:00am-10:45am	Res \$10 Non Res \$12	15384-13
18+	W	May 14 6:00pm-6:45pm	Res \$10 Non Res \$12	15384-14
18+	Th	May 29 6:00pm-6:45pm	Res \$10 Non Res \$12	15384-15



Education - retirement & planning

MEDICARE FOR VETERANS

PCC-Education Wing, 14800 34th Ave N

Learn how Medicare plans work for Veterans, tips for navigating Medicare as a Veteran, and hear about extra benefits available to you. Instr: Sarah Colpitts, Integrated Insurance.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	Jan 22 6:00pm-6:45pm	no fee	15303-01
18+	Tu	Feb 11 6:00pm-6:45pm	no fee	15303-02
18+	M	Mar 31 6:00pm-6:45pm	no fee	15303-03
18+	Th	Apr 24 6:00pm-6:45pm	no fee	15303-04
18+	M	May 19 6:00pm-6:45pm	no fee	15303-05



WEATHER LINE

763-509-5205

call for updates on
class cancellations

SAVVY TAX STRATEGIES

PCC-Education Wing, 14800 34th Ave N

Learn how to create an efficient retirement tax strategy and how to avoid common - and costly - mistakes regarding your investments, health care and estate. Instr: Ed Sachs, Thrivent Financial. No products will be sold. For more information, see Thrivent.com/social.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Feb 4 6:30pm-8:00pm	Res \$15 Non Res \$18	15331-01
18+	Th	Feb 27 6:30pm-8:00pm	Res \$15 Non Res \$18	15331-02
18+	Th	Apr 24 6:30pm-8:00pm	Res \$15 Non Res \$18	15331-03

SAVVY SOCIAL SECURITY

PCC-Education Wing, 14800 34th Ave N

Cover these questions: When should I file for Social Security benefits? If I file and continue to work, how will my benefits be affected? Will I pay taxes on my Social Security benefits? No products will be sold. Thrivent financial professionals have general knowledge of the Social Security tenets. For complete details on your situation, contact the Social Security Administration. Instr: Edward Sachs.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Feb 13 6:30pm-8:00pm	Res \$15 Non Res \$18	15332-01
18+	Tu	Mar 11 6:30pm-8:00pm	Res \$15 Non Res \$18	15332-02

WHERE THERE'S A WILL, THERE'S (NOT ALWAYS) A WAY

PCC-Education Wing, 14800 34th Ave N

For the sake of one's estate, executor, and heirs, it's finally time to learn what a WILL does, and what a WILL doesn't do. Learn how to avoid probate- typically a costly, time-consuming, and frustrating legal process and it can ALL be avoided! Instr: Jeff Litfin, Certified Estate Planner, Generations Legal Services

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	Mar 12 6:00pm-7:30pm	Res \$25 Non Res \$30	15304-01

PREPARE YOUR OWN WILL

PCC-Education Wing, 14800 34th Avenue N

Who would raise your children if you died? Who will be your executor? Without a WILL, the laws in Minnesota and a judge decide. Class is taught by an experienced attorney in drafting wills - Adam Altman. Leave with a simple will prepared. Instruction and all of the necessary forms, witnesses and notaries are provided. This is an individual will.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Feb 18 6:30pm-8:30pm	Res \$38 Non Res \$46	15330-01



Education – support groups



CAREGIVER SUPPORT GROUP
Locations vary

Connect with other caregivers, talk about general aging issues and caring for loved ones with chronic conditions and/or dementia, and receive tips and resources from a licensed social worker who leads the group. Drop-in as your schedule allows. Instr: Krystal Wiebusch, Senior Community Services.

AGE	DAY/LOCATION	DATE & TIME	COST	ACTIVITY
18+	Second Tues. of month on Zoom (online)	Jan 14-Dec 9 4:30-6:00pm	no fee	45909-03
18+	Third Wed. of month at PCC Education wing, 14800 34th Ave N	Jan 15-Dec 17 10:00-11:30am	no fee	45909-04

technology

TECH-SAVVY SURVIVAL IN 60 MINUTES:
ESSENTIAL SKILLS FOR EVERYDAY LIFE
Online

In today’s fast-paced, technology-driven world, being tech-savvy is no longer optional—it’s essential. This class is designed to equip you with the critical tech skills needed for everyday life. Expand your practical knowledge and confidence to navigate the digital landscape with ease. Instr: Nickie Welsh, Social Club Simple.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Jan 7 12:00pm-1:00pm	Res \$20 Non Res \$20	15323-01

POWER UP WITH GOOGLE SUITES:
ESSENTIAL TOOLS FOR EVERYDAY TASKS
Online

Unlock the full potential of Google Suites with our dynamic training session. This course is designed to help you master the essential tools within Google Suites, empowering you to handle everyday tasks more efficiently. Enhance your digital skills all while making a positive impact in your daily life. Instr: Nickie Welsh, Social Club Simple.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Jan 9 12:00pm-1:00pm	Res \$20 Non Res \$20	15324-01

FAST-TRACK TO SOCIAL MEDIA MARKETING
FOR BUSINESS

Online

Take your business to new heights with our fast-paced, comprehensive session designed to equip business owners, entrepreneurs, and marketing professionals with the essential skills and strategies needed to leverage social media for business success. Learn how to effectively reach your target audience, increase brand awareness, and drive engagement across major social media platforms. Instr: Nickie Welsh, Social Club Simple.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	M	Jan 13 12:00pm-1:00pm	Res \$20 Non Res \$20	15328-01

YOUTUBE CHANNEL STARTER KIT:
LAUNCH IN 60 MINUTES
Online

Discover how to share your hobbies, advice, tutorials, talents, and more with the world on the largest media platform. We’ll guide you through a step-by-step process, ensuring you have all the tools and knowledge to get started today. Dive in and start building your YouTube presence today! Instr: Nickie Welsh, Social Club Simple.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Jan 16 12:00pm-1:00pm	Res \$20 Non Res \$20	15340-01

Class recordings will be available for Social Club Simple classes for those that can’t attend live. Follow-up support is also included.



Education - technology

ONE HOUR INSTAGRAM MASTERY: GROW YOUR BUSINESS TODAY Online

Curious about how Instagram can drive significant growth for your customer base and sales? This engaging beginner-level class has the answers you need to grow your business with Instagram. Discover the key steps to boost your company's bottom line. Plus, learn to create irresistible content and have fun along the way! Instr: Nickie Welsh, Social Club Simple.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Jan 21 12:00pm-1:00pm	Res \$20 Non Res \$20	15343-01

PRACTICAL CHATGPT FOR EVERYONE Online

Learn everything you need to know about ChatGPT powered by Artificial Intelligence including how it works and why it's taking the world by storm. Explore practical everyday uses for ChatGPT in both the workforce and at home, ensuring you stay in the loop when ChatGPT is mentioned in conversations and on the news. Instr: Nickie Welsh, Social Club Simple.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Jan 28 12:00pm-1:00pm	Res \$20 Non Res \$20	15357-01

PARENTS WITH LITTLES - YOUR TECHNOLOGY SAFETY TOOLBOX Online

This practical training class is designed to equip busy parents with essential tools and knowledge to keep their little ones safe in an increasingly connected world. You'll gain practical tips and strategies for managing technology use, protecting privacy, and fostering a safe digital environment for young children. Instr: Nickie Welsh, Social Club Simple.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Mar 13 12:00pm-1:00pm	Res \$20 Non Res \$20	15349-01

CANVA FOR AWESOME BEGINNERS Online

Learn how to harness the power of Canva, the easiest design website available. You'll learn to create stunning designs from scratch or use templates with step-by-step guidance for any digital image you need. Whether it's online documents, business cards, email signatures, or more, you'll leave this class with the confidence and skills to use Canva effectively and creatively. Instr: Nickie Welsh, Social Club Simple.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Mar 20 12:00pm-1:00pm	Res \$20 Non Res \$20	15339-01

Class recordings will be available for Social Club Simple classes for those that can't attend live. Follow-up support is also included.





DETAILS ON PG. 13

MEET YOUR NEIGHBOR

programs for ages 13+



DEMENTIA FRIENDS



BASICS OF ISLAM AND MUSLIM LIFESTYLE

Education - travel

HOW TO TRAVEL FREE & MAKE MONEY TRAVELING Online

Learn about the deep travel discounts being offered right now to motivate us to book travel. Earn free airline tickets, hotel nights, tours & more in the USA & worldwide! Volunteering, fun work-vacations, paid travel, teaching English, mystery shopping, importing/drop shipping, and remote employment opportunities. Tuition includes a 100-page digital book (a \$39.95 value). Instr: Gina Henry.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Sa	Feb 22 11:00am-2:00pm	Res \$49 Non Res \$49	15346-01

GET PAID TO TEACH ENGLISH Online

If you speak English, you can teach conversational English! You don't have to be certified or speak the local language. It can be a high paying career or simply a great way to go on vacation for free. Learn about teaching online, 2-month paid summer jobs, or full-time work. Tuition includes a 100-page digital book (a \$39.95 value). Instr: Gina Henry.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Sa	Mar 8 11:00am-2:00pm	Res \$49 Non Res \$49	15360-01

THE SECRETS OF REWARD CREDIT CARDS - FREE AIR, HOTELS & CASH BACK Online

Learn a "Beginners Strategy" then graduate to more "Advanced Strategies" that earn you a million+ reward points a year. Reward programs are detailed. Go to www.GinaHenry.com for more info. Tuition includes a 100-page digital book (a \$39.95 value). Instr: Gina Henry.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Sa	Mar 15 11:00am-2:00pm	Res \$49 Non Res \$49	15369-01

Health & Fitness - cardio & strength

BARRE FUSION ON ZOOM Zoom

An online full body workout using movement inspired by yoga, ballet, drumming and traditional exercises. Movements and music will vary to make it an enjoyable fitness experience. All levels as long as you are able to get down onto your mat and back up. Instructor: Julie Zoril.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Sa	Feb 15-Mar 8 8:00am-8:45am	Res \$29 Non Res \$39	15401-01
18+	M	Feb 17-Mar 10 6:00pm-6:45pm	Res \$29 Non Res \$39	15401-02

CARDIO BURST ON ZOOM Zoom

An online class of aerobic activity where everyone can choose the speed and intensity that works for them. All levels as long as you are able to get down onto your mat and back up. Instructor: Julie Zoril.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Feb 11-Mar 4 9:00am-9:30am	Res \$29 Non Res \$39	15423-01
18+	Th	Feb 13-Mar 6 9:00am-9:30am	Res \$29 Non Res \$39	15423-02



Health & Fitness - cardio & strength

DANCE PARTY

PCC-Active Wing, 14800 34th Ave N

Come join the 60-min dance party. We will learn several styles of dance moves to all genres of music. With choreography and repetitive movements, this class is designed for all levels and abilities. Instr: Tanya Johnson, NASM CPT, CWC, & WFS; AAFA GFI. Bring a water bottle & towel. No program: 3/6, 3/9.

AGES	DAY	DATE & TIME	COST	ACTIVITY
16+	Th	Jan 9-Feb 6 7:00pm-8:00pm	Res \$55 Non Res \$65	15414-01
16+	Su	Jan 5-Feb 2 11:30am-12:30pm	Res \$55 Non Res \$65	15414-02
16+	Th	Feb 13-Mar 20 7:00pm-8:00pm	Res \$55 Non Res \$65	15414-03
16+	Su	Feb 9-Mar 23 11:30am-12:30pm	Res \$65 Non Res \$75	15414-04

FULL BODY STRENGTH & CONDITIONING

PCC-Active Wing, 14800 34th Ave N

Join us for a total body, heart pumping, aerobic and strength conditioning workout. This interval-based class combines full-body strength training with high intensity cardio bursts designed to increase your strength, aerobic endurance, core stability, balance, and flexibility. We will be using a variety of equipment such as hand weights, resistance bands, body bars, exercise balls, step, gliders, and the Bosu. Come take your fitness routine to the next level! Bring water. Instr: Jen Christen, Ace Fitness Certified. No program: 2/11,4/1.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Jan 7-Feb 18 5:30pm-6:30pm	Res \$65 Non Res \$75	15403-01
18+	Tu	Feb 25-Apr 8 5:30pm-6:30pm	Res \$65 Non Res \$75	15403-02
18+	Tu	Apr 15-May 20 5:30pm-6:30pm	Res \$65 Non Res \$75	15403-03

PROGRESSIVE STRENGTH ON ZOOM

Zoom

An online full body strength workout. You can use just bodyweight or add hand weights for more resistance. Movements and music will vary to make it an enjoyable fitness experience. All levels as long as you are able to get down onto your mat and back up. Instructor: Julie Zoril.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	Feb 12-Mar 5 6:00pm-6:30pm	Res \$29 Non Res \$39	15428-01
18+	F	Feb 14-Mar 7 9:00am-9:30am	Res \$29 Non Res \$39	15428-02

STRENGTH & STABILITY HOUR

PCC-Active Wing, 14800 34th Ave N

Whether you are new to exercise, seasoned or just getting back to finding a routine, this total body workout targets strength, balance, and stability. With strength training we will engage your whole body and work to achieve a boost in metabolism, increase bone density and build lean muscles. With stability training we will activate the core to improve balance and increase functional strength to reduce risk of injury in our daily lives. Equipment will vary: Bosu ball, stability ball, resistance band, riser, and various weighted equipment. This class has no jumping or bouncing. Instr: Jan Larsen. No program: 1/22, 3/26.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	Jan 8-Feb 12 4:30pm-5:30pm	Res \$55 Non Res \$65	15460-01
18+	W	Feb 26-Apr 9 4:30pm-5:30pm	Res \$65 Non Res \$75	15460-02
18+	W	Apr 16-May 21 4:30pm-5:30pm	Res \$65 Non Res \$75	15460-03

STRENGTH FUNDAMENTALS

PCC-Active Wing, 14800 34th Ave N

This 45-min class is designed for beginners who are interested in adding resistance training to their workout routines to help build muscle, develop stronger bones and stability, enhance flexibility, tone, and increase the body's metabolism to burn fat more quickly and effectively. We will be using a combination of dumbbells, resistance bands, and one's own body weight. Instr: Tanya Johnson, NASM CPT, CWC & WFS; AAFA CGFI. Bring a towel and water bottle. No program: 3/9.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Su	Jan 5-Feb 2 9:00am-9:45am	Res \$55 Non Res \$65	15434-01
18+	Su	Feb 9-Mar 23 9:00am-9:45am	Res \$65 Non Res \$75	15434-02

STRENGTH FUSION

PCC-Active Wing, 14800 34th Ave N

This 45-min to 60-min intermediate class designed for those who have the fundamental movements and form but want something a bit more challenging to incorporate into their weekly workout routines. This class is a mix of strength and cardio exercises designed to build strength and endurance while increasing metabolism through interval-style exercises. Instr: Tanya Johnson, NASM CPT, CWC & WFS; AAFA CGFI. Bring a water bottle and towel. No program: 3/6, 3/9.

AGES	DAY	DATE & TIME	COST	ACTIVITY
16+	Th	Jan 9-Feb 6 6:00pm-6:45pm	Res \$55 Non Res \$65	15426-01
16+	Su	Jan 5-Feb 2 10:00am-11:00am	Res \$55 Non Res \$65	15426-02
16+	Th	Feb 13-Mar 20 6:00pm-6:45pm	Res \$55 Non Res \$65	15426-03
16+	Su	Feb 9-Mar 23 10:00am-11:00am	Res \$65 Non Res \$75	15426-04



Health & Fitness - cardio & strength

STRENGTH, BALANCE AND FLEXIBILITY PCC-Active Wing, 14800 34th Ave N

Increase your strength and improve your balance and flexibility. We will be performing functional exercises that strengthen every major muscle group, especially core muscles, to make every day movements easier, improve stability, and increase our mobility. There will be no jumping in this class. We will be using a variety of equipment such as hand weights, resistance bands, body bars, exercise balls, steps, gliders, and the BOSU. Bring water. Instr: Ann Mosack, City of Plymouth Staff.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Jan 7-Jan 21 10:00am-11:00am	Res \$35 Non Res \$45	15427-01
18+	Tu	Feb 11-Mar 18 10:00am-11:00am	Res \$65 Non Res \$75	15427-02
18+	Tu	Mar 25-Apr 22 10:00am-11:00am	Res \$55 Non Res \$65	15427-03
18+	Tu	May 6-June 10 10:00am-11:00am	Res \$65 Non Res \$75	15427-04

STRENGTH CIRCUIT PCC-Active Wing, 14800 34th Avenue N

This traditional circuit style class will focus on building strength, balance, and endurance. We will be using a variety of equipment while rotating through different exercise stations. All exercises will be low impact with a strength focus. This class is designed for all ages and fitness levels. Bring water and small towel. Instr: Ann Mosack, City of Plymouth Staff.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Jan 9-Jan 23 10:00am-11:00am	Res \$35 Non Res \$45	15438-01
18+	Th	Feb 13-Mar 20 10:00am-11:00am	Res \$65 Non Res \$75	15438-02
18+	Th	Mar 27-Apr 24 10:00am-11:00am	Res \$55 Non Res \$65	15438-03
18+	Th	May 8-Jun 12 10:00am-11:00am	Res \$65 Non Res \$75	15438-04

STRICTLY STRENGTH PCC-Active Wing, 14800 34th Ave N

Ready for an effective, fun, and safe strength training routine designed for all levels? This is your class! Target, isolate and fatigue, every major muscle group in the body using barbells, dumbbells and bodyweight. It's strictly about strength so be prepared to work muscles you never knew you had to increase your strength and sculpt your muscles. Bring your own towel and water. Instr: Jen Christen, Ace Fitness Certified. No program: 2/12, 4/2.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	Jan 8-Feb 19 5:45pm-6:30pm	Res \$65 Non Res \$75	15400-01
18+	W	Feb 26-Apr 9 5:45pm-6:30pm	Res \$65 Non Res \$75	15400-02
18+	W	Apr 16-May 21 5:45pm-6:30pm	Res \$65 Non Res \$75	15400-03

TBC - TOTAL BODY CONDITIONING PCC-Active Wing, 14800 34th Ave N

Total body combines fun, cardio and strength movements to challenge your muscles, push your limits and get your heart pumping. While keeping it simple, you will gain strength, and improve overall daily endurance. This class will use a variety of equipment, hand weights, step, weighted bar, bands, Bosu ball, stability ball, and more. Bring your own towel and water. Instr: Jan Larsen. No program: 1/20, 3/24.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	M	Jan 6-Feb 10 4:30pm-5:15pm	Res \$55 Non Res \$65	15446-01
18+	M	Feb 24-Apr 7 4:30pm-5:15pm	Res \$65 Non Res \$75	15446-02
18+	M	Apr 14-May 19 4:30pm-5:15pm	Res \$65 Non Res \$75	15446-03

TOTAL BODY CIRCUIT PCC-Active Wing, 14800 34th Ave N

Circuit training aims to keep your heart rate elevated while training the major muscle groups by rotating through 15 exercise stations two times with minimal rest between exercises. Join us for an effective and challenging form of conditioning to burn more calories, develop your strength, endurance, and coordination in a fun and unique environment. Bring water.

This class is open to teens and adults. Teens 14 years and younger must register with a parent. Bring your own towel and water. Instr: Jen Christen, Ace Fitness Certified. No program: 2/12, 4/2.

AGES	DAY	DATE & TIME	COST	ACTIVITY
12+	W	Jan 8-Feb 19 6:45pm-7:30pm	Res \$65 Non Res \$75	15402-01
12+	W	Feb 26-Apr 9 6:45pm-7:30pm	Res \$65 Non Res \$75	15402-02
12+	W	Apr 16-May 21 6:45pm-7:30pm	Res \$65 Non Res \$75	15402-03

TRX - TOTAL BODY RESISTANCE EXERCISE PCC-Active Wing, 14800 34th Ave N

This workout delivers a fast, effective total-body workout which benefits people of all fitness levels. You will use your own body weight and gravity as resistance to build strength, balance, coordination, flexibility, core and joint stability. So whether you want to build strength, lose fat, improve endurance or flexibility, the TRX Suspension Trainer can be used to achieve any fitness goal. Bring your own towel and water. No program: 1/20, 3/24. Instr: Jan Larsen.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	M	Jan 6-Feb 10 5:30pm-6:15pm	Res \$55 Non Res \$65	15445-01
18+	M	Feb 24-Apr 7 5:30pm-6:15pm	Res \$65 Non Res \$75	15445-02
18+	M	Apr 14-May 19 5:30pm-6:15pm	Res \$65 Non Res \$75	15445-03



Health & Fitness - facial exercise

FACIAL EXERCISE

Zoom

This virtual class is geared for women. Just like the rest of your body, the face has muscles that can be tightened to lift up what gravity pulls down no matter what age. After an 1.5 hour practice session, sagging jowls, droopy eyelids, turkey neck, and many more facial muscles can be tightened through a 4-minute workout you can fit easily into your life. Have a small stand-up mirror handy. An instructional booklet will be emailed. Tessa has been teaching facial exercise for over 40 years. Instr: Tessa Hill. Instructor will send out the zoom link directly to the participants a few days before class start date.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Feb 11 7:00pm-8:30pm	Res \$31 Non Res \$36	15411-01

pilates

PILATES MN - REFORMER PILATES

Pilates MN, 2355 Polaris Lane North Suite 130

This intro class is the building block to your Pilates experience. The Reformer assists in doing exercises correctly, using core strength that will flatten and firm abs. Alignment, breathing and posture challenged. Instr: Pam Hasselbring, Pilates MN.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	Jan 8-Feb 12 6:30pm-7:20pm	Res \$135 Non Res \$145	15405-01
18+	W	Feb 26-Apr 2 6:30pm-7:20pm	Res \$135 Non Res \$145	15405-02
18+	W	Apr 9-May 14 6:30pm-7:20pm	Res \$135 Non Res \$145	15405-03
18+	Tu	Jan 7-Feb 11 4:30pm-5:20pm	Res \$135 Non Res \$145	15405-04
18+	Th	Jan 9-Feb 13 12:30pm-1:20pm	Res \$135 Non Res \$145	15405-05
18+	Tu	Feb 18-Mar 25 4:30pm-5:20pm	Res \$135 Non Res \$145	15405-06
18+	Th	Feb 20-Mar 27 12:30pm-1:20pm	Res \$135 Non Res \$145	15405-07

tai chi chih

T'AI CHI CHIH®, "Joy Through Movement" is not a martial art; it is a carefully structured sequence of gentle movements which are performed as a moving meditation. Regular practice of T'ai Chi Chih can improve balance, reduce stress, and produce an overall calming impact and a sense of grounding and well-being. A very useful practice for our challenging world.

TAI CHI CHIH 1

PCC-Active Wing, 14800 34th Ave N

This beginner class offers the underlying principles and detailed instruction in a majority of the 19 movements. Students will also be introduced to preparing mind and body to enhance the benefits of T'ai Chi Chih practice. Instr: Silvia Yueh. No program: 2/15, 5/10.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Jan 21-Mar 11 10:00am-11:00am	Res \$85 Non Res \$95	15416-01
18+	Tu	Mar 25-May 13 10:00am-11:00am	Res \$85 Non Res \$95	15416-02
18+	Sa	Jan 25-Mar 15 10:00am-11:00am	Res \$75 Non Res \$85	15416-03
18+	Sa	Mar 29-May 17 10:00am-11:00am	Res \$75 Non Res \$85	15416-04

TAI CHI CHIH 2

PCC-Active Wing, 14800 34th Ave N

Pre-requisite: T'ai Chi Chih 1, or previous experience with T'ai Chi Chih practice. This class will build upon the teachings explored in T'ai Chi Chih 1, concentrating on the remaining of the 19 movements. Attention will be given to deepening the understanding of the principles of T'ai Chi Chih movements. At the end of the class, students will be able to complete all 19 movements and one pose in sequence. Instructor: Silvia Yueh. No program: 2/15, 5/10.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	Jan 22-Mar 12 10:00am-11:00am	Res \$85 Non Res \$95	15415-01
18+	Sa	Jan 25-Mar 15 11:15am-12:15pm	Res \$75 Non Res \$85	15415-02
18+	W	Mar 26-May 14 10:00am-11:00am	Res \$85 Non Res \$95	15415-03
18+	Sa	Mar 29-May 17 11:15am-12:15pm	Res \$75 Non Res \$85	15415-04

TAI CHI CHIH 3

PCC-Active Wing, 14800 34th Ave N

Pre-Requisite: T'ai Chi Chih 1 & 2, or previous experience with all of T'ai Chi Chih movements. This is a group class for those who enjoy the benefits of T'ai Chi Chih practice and wish to deepen their understanding of the principles of this moving meditation. All 19 movements and one pose are completed in sequence at each class. Instr: Silvia Yueh.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Jan 21-Mar 11 11:15am-12:15pm	Res \$85 Non Res \$95	15417-01
18+	Tu	Mar 25-May 13 11:15am-12:15pm	Res \$85 Non Res \$95	15417-02



Health & Fitness - yoga

SLOW FLOW YOGA ON ZOOM Zoom

An online class where you will enjoy flowing movement and smooth transitions mixed with balances and stretches. All levels as long as you are able to get down onto your mat and back up. Instr: Julie Zoril.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Feb 13-Mar 6 6:00pm-6:45pm	Res \$29 Non Res \$39	15404-01

YOGA EASY PCC-Active Wing, 14800 34th Ave N

Ease into your day with Yoga Easy. This yoga mat class is a gentle blend of yoga flows that increase flexibility, strength, and balance. Clare's calm demeanor and meditative voice are both soothing and encouraging. Open to all levels of experience. Instr: Clare Rubin MA. No program: 4/4.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	F	Jan 17-Feb 21 9:00am-10:00am	Res \$77 Non Res \$87	15420-01
18+	F	Mar 7-Apr 11 9:00am-10:00am	Res \$65 Non Res \$75	15420-02
18+	F	Apr 18-May 30 9:00am-10:00am	Res \$89 Non Res \$99	15420-03

CANCELLATION POLICY

Requests for cancellations or transfers must be made at least one full week prior to the first class unless noted otherwise. See pg. 2.

yoga with pr brady

BABY & ME YOGA PCC-Active Wing, 14800 34th Avenue N

A lovely hour building a stronger bond with your new baby while restoring and strengthening your body postnatal (6-week post-delivery minimum) to 11 months. Improve strength, balance and flexibility in a safe, supportive community of new parents and little ones. Enjoy a combination of gentle nurturing baby time with practice and play. Bring your baby's blanket and their necessities. Instructor: PR Brady.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	Jan 15-Mar 12 9:00am-10:00am	Res \$105 Non Res \$115	15431-01
18+	W	Mar 19-May 14 9:00am-10:00am	Res \$105 Non Res \$115	15431-02

CHAIR YOGA PCC-Active Wing, 14800 34th Ave N

If your body is craving movement, but finds it challenging to get down to a yoga mat, Chair Yoga may be just what you need. Breathwork, a wide range of movements from gentle to energizing, to increase strength, flexibility, mobility and balance, and a gentle resting savasana at the end. If you have osteo or fibro symptoms, stand or sit all day, are tense, inflexible, achy or have contraindications that keep you from the floor, this class is for you. Instr: PR Brady. No program: 1/20, 2/17. Zoom available by request.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	M	Jan 13-Mar 10 10:00am-11:00am	Res \$85 Non Res \$95	15419-01
18+	M	Mar 17-May 12 10:00am-11:00am	Res \$105 Non Res \$115	15419-02

HAPPY JOINTS YOGA PCC-Active Wing, 14800 34th Ave N

An hour of dedicated care to gently increase the body's range of motion, and ease the aches and pains associated with "computer body". Release tension with guided breathwork and specific movement sequences focused on nurturing and nourishing the soft tissue of the joints and body. If you stand or sit all day at a computer, feel tense, inflexible, or experience anxiety this practice is for you. Instr: PR Brady. No program: 1/20, 2/17.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	M	Jan 13-Mar 10 8:30am-9:30am	Res \$85 Non Res \$95	15464-01
18+	W	Jan 15-Mar 12 11:30am-12:30pm	Res \$105 Non Res \$115	15464-02
18+	Tu	Jan 14-Mar 11 6:15pm-7:15pm	Res \$105 Non Res \$115	15464-03
18+	M	Mar 17-May 12 8:30am-9:30am	Res \$105 Non Res \$115	15464-04
18+	W	Mar 19-May 14 11:30am-12:30pm	Res \$105 Non Res \$115	15464-05
18+	Tu	Mar 18-May 13 6:15pm-7:15pm	Res \$105 Non Res \$115	15464-06



Health & Fitness - yoga with pr brady

MINI MORNING GRATITUDE YOGA

Zoom

Wake up and join a Mini Yoga Practice that includes breathwork, a little meditation, and a short, energizing yoga practice for each day of the week. If you stand all day, sit all day, feel tight, tense, inflexible, or experience anxiety, these classes are for you. This is the perfect time to try some yoga in the privacy of your own space. Start your day with energy, positivity and sense of serene calm. All you need is your mat and a blanket. Instr: PR Brady.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	M-F	Jan 6-Jan 31 6:00am-6:45am	Res \$79 Non Res \$89	15457-01
18+	M-F	Feb 3-Feb 28 6:00am-6:45am	Res \$79 Non Res \$89	15457-02
18+	M-F	Mar 3-Mar 28 6:00am-6:45am	Res \$79 Non Res \$89	15457-03
18+	M-F	Mar 31-Apr 25 6:00am-6:45am	Res \$79 Non Res \$89	15457-04
18+	M-F	Apr 28-May 16 6:00am-6:45am	Res \$60 Non Res \$70	15457-05

PARTNER YOGA

PCC-Active Wing, 14800 34th Ave N

A special Yoga experience with your Valentine. Yoga practiced with another person, whether a friend, partner, or significant other, is a unique bonding experience. Reinvigorate your connection through synchronized breath, postures, movement and meditation. Enhance your relationship and nurture your body with a fun and meaningful practice. Bring your yoga mats and water. Instr: PR Brady.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Sa	Feb 15 10:00am-12:00pm	Res \$55 Non Res \$65	15453-01

RESTORATIVE YOGA

PCC-Active Wing, 14800 34th Ave N

The experience of facilitated conscious relaxation brings the nervous system to a parasympathetic state that helps to achieve a deeper sleep when you DO sleep. It's even been known to decrease insomnia, lower blood pressure, increase "good cholesterol" levels, reduce belly fat, improve digestion, lower serum triglycerides and blood sugar levels in the blood, reduce muscle tension and general fatigue. Treat yourself to the benefits of 75minutes of "rest and digest mode" deeply and completely in this gentle, nurturing series. Instr: PR Brady. No program: 1/20, 2/17.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	M	Jan 13-Mar 10 8:00pm-9:15pm	Res \$85 Non Res \$95	15440-01
18+	M	Mar 17-May 12 8:00pm-9:15pm	Res \$105 Non Res \$115	15440-02

SLOW FLOW YOGA

PCC-Active Wing, 14800 34th Ave N

An hour of gentle Yoga asana to let go of your hectic day, that includes breathwork, meditation, movement, balance, strength and stretch. Nurture your mind, body and spirit with positivity and a sense of serene calm. Great for beginners. Bring your mat, and water. Instr: PR Brady. No program: 1/20, 2/17.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	M	Jan 13-Mar 10 4:15pm-5:15pm	Res \$85 Non Res \$95	15408-01
18+	W	Jan 15-Mar 12 10:15am-11:15am	Res \$105 Non Res \$115	15408-02
18+	M	Mar 17-May 12 4:15pm-5:15pm	Res \$105 Non Res \$115	15408-03
18+	W	Mar 19-May 14 10:15am-11:15am	Res \$105 Non Res \$115	15408-04

SPRING EQUINOX YOGA CELEBRATION

PCC-Active Wing, 14800 34th Ave N

A special yoga afternoon of restoration and renewal! As the sun crosses the celestial equator, moving from south to north, it's time to shed the blankets, and spring forward to a new beginning. Celebrate the Spring Equinox by clearing out what isn't serving you in your life anymore and making room for what does. Relax, release your worries, shake your booty, and feel the power of focused mind, body and soul energy. Spring into action and free your true soul self! Align your head to your heart, find balance, serenity and stillness with a very special, nurturing yoga experience. Come with friends, and make some new ones! Instr: PR Brady.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Su	Mar 23 1:00pm-4:00pm	Res \$55 Non Res \$65	15424-01

STRENGTH YOGA

PCC-Active Wing, 14800 34th Ave N

Increase strength and stamina with a practice that intertwines classic yoga asanas with isometrics and mindfulness—no actual weightlifting involved. Improve posture, balance, breath and flexibility. Build strength without stressing weak or injured muscle or joints. If you are just starting movement and strength training or are recovering from an injury and want to rebuild your strength this practice is for you. Great for individuals experiencing minor joint discomfort or anyone looking for a change in their fitness routine. Bring your mat and water. Instr: PR Brady. No program: 1/20, 2/17.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	M	Jan 13-Mar 10 6:45pm-7:45pm	Res \$85 Non Res \$95	15425-01
18+	M	Mar 17-May 12 6:45pm-7:45pm	Res \$105 Non Res \$115	15425-02



Health & Fitness - yoga with pr brady

YIN YOGA

PCC-Active Wing, 14800 34th Ave N

Are you looking for a way to increase or maintain your joint health? Here's 4 reasons why Yin Yoga is for you: it assists to prevent contracture, prevent degeneration, reduce fixation and provide hydration. Yin lives halfway between active exercise and total stillness. Not only is it great for the body, it's where one connects to the inner self, coming into a more peaceful mindset. If you have osteo or fibro symptoms, stand or sit all day, are tense, inflexible, experience anxiety, or have an overactive life this is for you. Instr: PR Brady.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Jan 14-Mar 11 7:30pm-8:45pm	Res \$105 Non Res \$115	15441-01
18+	Tu	Mar 18-May 13 7:30pm-8:45pm	Res \$105 Non Res \$115	15441-02

YOGA NIDRASSAGE

PCC-Active Wing, 14800 34th Ave N

Experience the transformational journey of Yoga Nidrasage; a beautiful blend of the expansive, supportive nurturing practice of Yoga Nidra, and the physical surrender into the bodywork of Yoga Massage. Give yourself permission to melt into a meditative state of consciousness, while allowing the body to be gently moved into 4 tension releasing Yoga Massage poses. This special practice is limited to four participants to ensure each person receives the ultimate experience. Prepare to find peace beyond words, physically, mentally, emotionally, lay back and relax as your practitioner guides you into sheer bliss. Yoga Nidrasage awaits you. Please note: Most of the session is spent comfortably reclined. This experience includes hands on massage. Therapeutic oils are used. Wear comfortable loose clothing. Only eat a light meal 2 hours prior to your experience. Prepare to be amazed. Instr: PR Brady.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	F	Jan 17 7:00pm-9:00pm	Res \$55 Non Res \$65	15430-01
18+	F	Feb 21 7:00pm-9:00pm	Res \$55 Non Res \$65	15430-02
18+	F	Mar 21 7:00pm-9:00pm	Res \$55 Non Res \$65	15430-03
18+	F	Apr 18 7:00pm-9:00pm	Res \$55 Non Res \$65	15430-04
18+	F	May 16 7:00pm-9:00pm	Res \$55 Non Res \$65	15430-05

YOGA SCULPT

PCC-Active Wing, 14800 34th Ave N

An energizing practice that intertwines classic yoga asanas with light weights and mindful movement. Improve posture, balance, breath and flexibility. If you are looking to gently boost your overall strength and wellbeing while maintaining bone and muscle health, this practice is for you. Great for anyone looking for a change in their fitness routine. Bring your mat and water. Instr: PR Brady.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Jan 14-Mar 11 5:00pm-6:00pm	Res \$105 Non Res \$115	15422-01
18+	Tu	Mar 18-May 13 5:00pm-6:00pm	Res \$105 Non Res \$115	15422-03

YOGA SPA DAY

PCC-Active Wing, 14800 34th Ave N

Spring into a new you. Soothe the body, mind and spirit. Reconnect with the self through mindful movement, meditation, massage and a goodie bag for later. Relax, let go, create some space, nurture yourself, and allow yourself to enjoy a very special, gentle, yet rejuvenating yoga spa day. This experience includes hands on massage. Facial products and therapeutic oils are used. Wear comfortable loose clothing. Come with your besties for an afternoon of pampering—you deserve it! Instr: PR Brady.

AGES	DAY	DATE & TIME	COST	ACTIVITY
16+	Sa	May 10 10:00am-12:00pm	Res \$55 Non Res \$65	15429-01





Health & Fitness - zumba

ZUMBA LEVEL 1

PCC-Active Wing, 14800 34th Ave N

Zumba takes the work out of workout. Class is easy, aerobic and lots of fun. This dance fitness fuses Latin rhythms with easy-to-follow moves. A dynamic, complete body workout with an emphasis on arms, legs, abdomen and heart! Instr: Gina Galindo. No program: 1/20, 2/17.

AGES	DAY	DATE & TIME	COST	ACTIVITY
16+	M	Jan 13-Feb 24 5:30pm-6:30pm	Res \$50 Non Res \$60	15409-01
16+	W	Jan 15-Feb 26 6:45pm-7:45pm	Res \$68 Non Res \$78	15409-02
16+	Th	Jan 16-Feb 27 5:30pm-6:30pm	Res \$68 Non Res \$78	15409-03
16+	M	Mar 3-Apr 14 5:30pm-6:30pm	Res \$68 Non Res \$78	15409-04
16+	W	Mar 5-Apr 16 6:45pm-7:45pm	Res \$68 Non Res \$78	15409-05
16+	Th	Mar 6-Apr 17 5:30pm-6:30pm	Res \$68 Non Res \$78	15409-06

ZUMBA LEVEL 2

PCC-Active Wing, 14800 34th Ave N

Zumba takes the work out of workout. Class is easy, aerobic and lots of fun. This dance fitness fuses Latin rhythms with easy-to-follow moves. A dynamic, complete body workout with an emphasis on arms, legs, abdomen and heart! Instr: Gina Galindo.

AGES	DAY	DATE & TIME	COST	ACTIVITY
16+	Tu	Jan 14-Feb 25 6:45pm-7:45pm	Res \$68 Non Res \$78	15410-01
16+	W	Jan 15-Feb 26 5:30pm-6:30pm	Res \$68 Non Res \$78	15410-02
16+	Th	Jan 16-Feb 27 10:15am-11:15am	Res \$68 Non Res \$78	15410-03
16+	Tu	Mar 4-Apr 15 6:45pm-7:45pm	Res \$68 Non Res \$78	15410-04
16+	W	Mar 5-Apr 16 5:30pm-6:30pm	Res \$68 Non Res \$78	15410-05
16+	Th	Mar 6-Apr 17 10:15am-11:15am	Res \$68 Non Res \$78	15410-06

ZUMBA GOLD

PCC-Active Wing, 14800 34th Ave N

Fitness class for senior adults that uses exciting Latin and international dance rhythms. Class is modified for beginner participants. No dance experience necessary. Comfortable clothing and workout shoes recommended. Using dance and fitness moves, experience a complete body workout. Instr: Gina Galindo.

AGES	DAY	DATE & TIME	COST	ACTIVITY
50+	Tu	Jan 14-Feb 25 8:45am-9:45am	Res \$68 Non Res \$78	15418-01
50+	Th	Jan 16-Feb 27 9:00am-10:00am	Res \$68 Non Res \$78	15418-02
50+	Tu	Mar 4-Apr 15 8:45am-9:45am	Res \$68 Non Res \$78	15418-03
50+	Th	Mar 6-Apr 17 9:00am-10:00am	Res \$68 Non Res \$78	15418-04



WEATHER LINE

763-509-5205

call for updates on
class cancellations





Outdoor Recreation

BICYCLE REPAIR AND MAINTENANCE CLASS
Parkers Lake Park, 15205 County Road 6

Many of your bike issues can be solved in this class! Major focus will be on identification of bicycle parts, trailside repair, shifting adjustments, brake adjustments, chain maintenance, how to repair/replace a tube (flat tire), how to safety check your bike. Also learn basic wheel truing, replacing a chain, how to replace brake and shifting cables. Instr: Bjorn Cycling.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Sa	Mar 15 1:30pm-3:30pm	Res \$91 Non Res \$101	13223-01
18+	Sa	Apr 19 1:30pm-3:30pm	Res \$91 Non Res \$101	13223-02

INTRO TO SNOWSHOEING
TBD

Come enjoy weekly guided walks with us at Plymouth Parks and Recreation. Get moving outside with us, learn something new, and challenge your minds and bodies safely outdoors. Bring your own equipment or use ours for \$20.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	Jan 15-Feb 5 3:00pm-4:00pm	Res \$40 Non Res \$40	15901-10

PLYMOUTH BIRDING CLUB
TBD

Whether you're a beginner or a seasoned birder, we will venture through local parks and trails, sharing fascinating insights and observations. Feel free to bring along your own materials, we will have a couple spare binoculars to share. (Program locations will be emailed to participants)

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	May 6-May 27 8:00am-9:00am	Res \$29 Non Res \$35	15904-01
18+	Sa	May 10 8:00am-9:30am	Res \$19 Non Res \$25	15904-02
18+	Sa	May 24 8:00am-9:30am	Res \$19 Non Res \$25	15904-03

TRAILSIDE REPAIR & ADJUSTMENTS
PCC-Education Wing, 14800 34th Ave N

Many possible issues and problems can and do occasionally occur when riding. We will work through flat tires, wheel issues, dropped chains, cleaning and lubing, replacing tires, and what to buy to handle the unfortunate issues. This is a mix of hands on and lecture. Please leave your bikes at home for this class. Class taught by Bjorn Cycling.

AGES	DAY	DATE & TIME	COST	ACTIVITY
14+	Tu	Feb 18 7:00pm-8:30pm	Res \$30 Non Res \$39	13222-01
14+	Tu	Apr 29 7:00pm-8:30pm	Res \$30 Non Res \$39	13222-02

WEEKLY WALKS WITH PARKS AND REC
TBD

Take a tour of Plymouth's Parks! Each week we meet at a different park and take a walk. Each park or path offers a greater look into the sweet spots in Plymouth. Program locations will be emailed to participants.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	M	Apr 28-May 19 1:00pm-2:00pm	Res \$5 Non Res \$7	15902-01

Sports - badminton

BADMINTON - ADULT
Wayzata High School, 4955 Peony Lane

We supply the net and the birdies; you supply the racket. Limited number of loaner rackets available. Players must pre-register for this program. Registration is limited. No program: 1/20, 2/17.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	M	Jan 6-Feb 24 7:30pm-10:00pm	Res \$48 Non Res \$58	15213-01
18+	Th	Jan 9-Feb 20 7:30pm-10:00pm	Res \$56 Non Res \$64	15213-02
18+	M	Mar 3-Apr 7 7:30pm-10:00pm	Res \$48 Non Res \$58	15213-03
18+	Th	Feb 27-Apr 10 7:30pm-10:00pm	Res \$56 Non Res \$64	15213-04
18+	M	Apr 14-May 19 7:30pm-10:00pm	Res \$48 Non Res \$58	15213-05
18+	Th	Apr 17-May 22 7:30pm-10:00pm	Res \$48 Non Res \$58	15213-06



Sports - martial arts

SHOSHIN RYU JUJITSU ADULT

Shoshin Ryu Martial Arts, 13605 27th Ave N

Shoshin Ryu is a Japanese based system of Martial Arts. It is both bujutsu (a school emphasizing effective martial arts techniques) and budo (a school emphasizing personal character development). Shoshin changes to fit the challenges of the times, yet carries with it the essence of previous generations. Shoshin students will learn striking, throwing, forms, ground skills, and weaponry, combining to form a power arsenal of self defense tools; all the while perfecting one's character. Instr: Brian Combo.

AGES	DAY	DATE & TIME	COST	ACTIVITY
13+	W	Jan 8-Feb 12 7:00pm-8:00pm	Res \$87 Non Res \$99	15209-02
13+	W	Feb 19-Mar 26 7:00pm-8:00pm	Res \$87 Non Res \$99	15209-04
13+	W	Apr 2-May 7 7:00pm-8:00pm	Res \$87 Non Res \$99	15209-06

pickleball

PICKLEBALL - BEG/INT LEAGUE

PCC-Active Wing, 14800 34th Ave N

In these leagues, sign up as an individual. Each week you will be grouped with 4-5 other players, and you will play a game with each of them as your partner to 15 points. As you win/lose, you go up or down the rankings, so players move up or down the ladder on a weekly basis. Should be beginner level (2-3.5 if you know your player rating). Players should know rules and how to score. For specific questions on the league, contact Dan Richards at 612-483-0972. No program: 2/1.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Sa	Jan 4-Mar 1 5:00pm-8:00pm	Res \$130 Non Res \$143	15218-01
18+	Sa	Mar 8-Apr 26 5:00pm-8:00pm	Res \$130 Non Res \$143	15218-02

PICKLEBALL - BEG/INT LESSONS

PCC-Active Wing, 14800 34th Ave N

Learn the basics of pickleball, one of the fastest growing sports for all ages. Rules, scoring, volleys, player position and more will be covered. Game play time will be available each session. No program: 4/20.

AGES	DAY	DATE & TIME	COST	ACTIVITY
16+ beg	Tu	Jan 7-Jan 28 6:00pm-7:30pm	Res \$95 Non Res \$109	15217-01
16+ beg	Tu	Feb 4-Feb 25 6:00pm-7:30pm	Res \$95 Non Res \$109	15217-02
16+ beg	Tu	Mar 4-Mar 25 6:15pm-7:45pm	Res \$95 Non Res \$109	15217-03
16+ beg	Tu	Apr 1-Apr 22 6:15pm-7:45pm	Res \$95 Non Res \$109	15217-04
16+ int/adv	Tu	Jan 7-Jan 28 7:30pm-9:00pm	Res \$95 Non Res \$109	15217-05
16+ int/adv	Tu	Feb 4-Feb 25 7:30pm-9:00pm	Res \$95 Non Res \$109	15217-06
16+ int/adv	Tu	Mar 4-Mar 25 7:45pm-9:15pm	Res \$95 Non Res \$109	15217-07
16+ int/adv	Tu	Apr 1-Apr 22 7:45pm-9:15pm	Res \$95 Non Res \$109	15217-08
16+ beg	Su	Jan 5-Jan 26 5:00pm-6:30pm	Res \$95 Non Res \$109	15217-09
16+ beg	Su	Feb 2-Feb 23 5:00pm-6:30pm	Res \$95 Non Res \$109	15217-10
16+ beg	Su	Mar 2-Mar 23 5:00pm-6:30pm	Res \$95 Non Res \$109	15217-11
16+ beg	Su	Apr 6-May 4 5:00pm-6:30pm	Res \$95 Non Res \$109	15217-12
16+ int/adv	Su	Jan 5-Jan 26 6:30pm-8:00pm	Res \$95 Non Res \$109	15217-13
16+ int/adv	Su	Feb 2-Feb 23 6:30pm-8:00pm	Res \$95 Non Res \$109	15217-14
16+ int/adv	Su	Mar 2-Mar 23 6:30pm-8:00pm	Res \$95 Non Res \$109	15217-15
16+ int/adv	Su	Apr 6-May 4 6:30pm-8:00pm	Res \$95 Non Res \$109	15217-16

PICKLEBALL - LESSONS

PCC-Active Wing, 14800 34th Ave N

Whether you're just starting to learn pickleball or want to go to the next level, this class is for you. Come practice your skills and play some games. Bring your own racket if you have one. Some loaners will be available to use. All other equipment is provided. Please wear athletic shoes, comfortable clothing, and bring a water bottle.

AGES	DAY	DATE & TIME	COST	ACTIVITY
16+ beg/int	Tu	Jan 7-Jan 28 2:00pm-3:30pm	Res \$95 Non Res \$109	15220-01
16+ int/adv	Tu	Feb 4-Feb 25 2:00pm-3:30pm	Res \$95 Non Res \$109	15220-02
16+ beg/int	Tu	Mar 4-Mar 25 2:00pm-3:30pm	Res \$95 Non Res \$109	15220-03
16+ int/adv	Tu	Apr 1-Apr 22 2:00pm-3:30pm	Res \$95 Non Res \$109	15220-04

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Plymouth Metrolink
Click-and-Ride



Sports - soccer

ADULT SOCCER

PCC Fieldhouse, 14800 34th Ave N

Co-rec soccer on a social level. Not for aggressive/competitive players. No slide tackling; shin guards recommended. Teams formed on site by captains. Tennis shoes or rubber soled cleats o.k. to wear for the program. Pre-registration required.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	M	Dec 30-Feb 17 9:00pm-10:00pm	Res \$112 Non Res \$123	15207-01
18+	W	Jan 8-Feb 26 9:00pm-10:00pm	Res \$112 Non Res \$123	15207-02
18+	M	Feb 24-Apr 14 9:00pm-10:00pm	Res \$112 Non Res \$123	15207-03
18+	W	Mar 5-Apr 16 9:00pm-10:00pm	Res \$99 Non Res \$113	15207-04

table tennis

TABLE TENNIS - LESSONS

PCC-Active Wing, 14800 34th Ave N

This program will be focusing on developing basic table tennis technique, learning how to play the game, developing strategy and having fun in the process. The training starts with stretches and a light warm-up, footwork exercises, then followed with table tennis training. Coach Yoku Metinova started her coaching career in Fergana Uzbekistan in 2008. While coaching in Uzbekistan, some of her students have been awarded in Regional and National tournaments. Yoku moved to the U.S. in 2015 and began coaching in Saint George, Utah until moving to Minnesota in 2018. Participants should bring their own paddle and water bottle. More information on Yoku can be found at coachyoku.com.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Su	Mar 2-Mar 30 4:30pm-6:00pm	Res \$145 Non Res \$159	15228-01

Tuesday evening badminton, available for all ages.

volleyball

VOLLEYBALL - ADULT

Wayzata High School, 4955 Peony Lane

We supply the net, volleyballs and setup. Players rotate on the court depending on the number of people. Participants will need to pre-register for each session of program.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	Jan 8-Feb 19 7:30pm-10:00pm	Res \$49 Non Res \$56	15214-01
18+	W	Feb 26-Apr 9 7:30pm-10:00pm	Res \$49 Non Res \$56	15214-02
18+	W	Apr 16-May 21 7:30pm-10:00pm	Res \$42 Non Res \$49	15214-03

Sports - adult leagues

BASKETBALL - WINTER 5 X 5 UNOFFICIATED

Armstrong High School, 10635 36th Ave N

Full court; no referees, call your own fouls. Timekeeper supplied. 2 divisions based on competition level. New teams placed in lower division unless request to play up. Supply your own ball. Call 763-509-5200 to register or for details. No games Jan 20. Team Fee is \$200. Registration starts November 1.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	M	Jan 6-Mar 17 6:00pm-10:00pm	\$200/team	15200

BASKETBALL - SPRING 5 X 5 UNOFFICIATED

Armstrong High School, 10635 36th Ave N

Full court; no referees, call your own fouls. Timekeeper supplied. 2 divisions based on competition level. New teams placed in lower division unless request to play up. Supply your own ball. Call 763-509-5200 to register or for details.

Team Fee is \$200. Registration starts January 20. No games April 7 or May 26.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	M	Mar 24-Jun 9 6:00pm-10:00pm	\$200/team	15201

SOCCER - WINTER MEN'S INDOOR OFFICIATED LEAGUE 1

PCC Fieldhouse, 14800 34th Ave N

Play 6 v 6 plus goalie. 45 x 60 yard field with 18' goals. Two 25-minute halves. Roster limit is 16.

Games at the Plymouth Community Center Fieldhouse.

Limited to 8 teams. Thursday Evenings. Team Fee is \$1,095. Registration starts November 11.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Jan 2-Feb 20 8:00pm-10:15pm	\$1,095/team	15206

SOCCER - WINTER MEN'S INDOOR OFFICIATED LEAGUE 2

PCC Fieldhouse, 14800 34th Ave N

Play 6 v 6 plus goalie. 45 x 60 yard field with 18' goals. Two 25-minute halves. Roster limit is 16.

Games at the Plymouth Community Center Fieldhouse.

Limited to 8 teams. Thursday Evenings. Team Fee is \$1,095. Registration starts January 8.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Feb 27-Apr 17 8:00pm-10:15pm	\$1,095/team	15207



Education - cooking

COOKING FOR 1 OR 2

PCC-Event Wing, 14800 34th Ave N

Cooking for 1 or 2 people is challenging. Most recipes are too large (how long DO you want to eat leftovers?). This class is a lively and informative class that will demonstrate easy, nutritious recipes. Included will be information on how to adapt your favorite recipes so you can still enjoy them. Samples and recipes included. Please bring your own non-alcoholic beverage. Instr: Linda Stewart.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	M	Mar 17 11:00am-1:00pm	Res \$55 Non Res \$63	16307-01
18+	M	Apr 21 11:00am-1:00pm	Res \$55 Non Res \$63	16307-02
18+	M	May 19 11:00am-1:00pm	Res \$55 Non Res \$63	16307-03

housing

SENIOR HOUSING: SHOULD I STAY OR SHOULD I GO? STEPS TO REVIEW YOUR HOUSING NEEDS

PCC-Education Wing, 14800 34th Ave N

Discuss lifestyle options for senior living - stay and age in place - making home modifications to reduce safety risks OR go - moving to a home option that may be handicapped accessible, single level living, etc. Instr: Vaughn Kavlie, Go Luminate.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	Feb 19 10:00am-11:30am	Res \$10 Non Res \$12	15305-01

WHAT YOU NEED TO KNOW ABOUT SENIOR HOUSING AND ASSISTED LIVING

PCC-Education Wing, 14800 34th Ave N

Do you have a plan if you cannot stay in your home because you need care? If you answered NO, this course is for you. Learn about different type of senior living options and the importance of having a plan. Many people wait until there is a health crisis. Being proactive can ensure that you not only get what you need, but also what you want! Instr: Janelle Meyers, Choice Connections.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Mar 11 11:00am-12:00pm	Res \$7 Non Res \$9	15338-01

SPRING SENIOR TOUR OF HOMES

PCC-Event Wing, 14800 34th Ave N

Curious about Senior Living? Join us for an intimate bus ride to Northwest area senior living communities. Guided by Janelle Meyers, a certified senior advisor, visit up to 4 senior living communities. Lunch and snack provided. Depart from Plymouth Community Center. Parties must be able to board bus independently. \$30 for one person or two people for \$50 (\$25 each).

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	May 15 9:30am-3:30pm	single \$30 couple \$50	15326-01

HOW TO AVOID THE NURSING HOME: A MINI CLASS FOR SPOUSES, FAMILIES, AND SENIORS

PCC-Education Wing, 14800 34th Ave N

As we plan our lives with our loved ones, most of us would say that we want to live in the community versus a nursing home as we age. This is a great goal, but how do we achieve it? How do we avoid moving our loved ones there? Learn about how to physically, emotionally, financially, and creatively take steps to reduce the risk of moving to a facility. Instr: Krystal Wiebusch, LSW, Senior Community Services.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	May 13 11:00am-12:00pm	Res \$5 Non Res \$7	16308-01

PLAN YOUR MOVE - INSPECTOR VERSION

PCC-Education Wing, 14800 34th Ave N

Unravel the mysteries of home values, the perfect timing for your move, and market stats that matter. We've got the inside scoop on the top 10 things inspectors look for (and silently judge you on). From fixing that leaky faucet to making sure your smoke detectors aren't just decorative, these tips will have your home passing inspection with flying colors. Instr: Renee Miller, REALTOR, GRI, SRES, Keller Williams Classic Realty.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Mar 6 10:00am-11:00am	Res \$10 Non Res \$12	15302-01
18+	Th	May 8 10:00am-11:00am	Res \$10 Non Res \$12	15302-02

language

INTRODUCTION TO SPANISH

PCC-Education Wing, 14800 34th Ave N

This course provides a fun, social and engaging introduction to Spanish. Learn basic sentence construction, verbs, pronunciation, and useful travel phrases and tips for Spanish-speaking countries. Participants will enjoy an extended class format getting to know each other, practicing together, sharing common interests, and gaining practical language skills for an enjoyable experience. Instr: Jorge Matheus.

AGES	DAY	DATE & TIME	COST	ACTIVITY
50+	M,W	Mar 10-May 21 10:30am-11:30am	Res \$160 Non Res \$168	16305-01



Education - memory and dementia

FTD: THE OTHER DEMENTIA

PCC-Education Wing, 14800 34th Ave N

This session will provide an overview of Frontotemporal Degeneration (FTD) and provide available resources in the Twin Cities and from The Association for Frontotemporal Degeneration (AFTD). FTD differs from Alzheimer's in three important ways – behavior, language or movement, while memory usually remains preserved. FTD is a less common form of dementia that can impact individuals between the age of 45-65 years and as young as 21. Instr: Nanci Anderson, FTD Caregiver/AFTD Ambassador.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	Jan 29 10:30am-11:30am	no fee	16304-01
18+	W	Apr 30 7:00pm-8:00pm	no fee	16304-02

PLYMOUTH MEMORY CAFE

PCC-Education Wing, 14800 34th Ave N

Enjoy a warm, supportive environment where people with dementia and their care partners come together to enjoy music, reminisce, and connect. Through guided music activities and conversation, participants can experience improved mood, reduced anxiety and increased social interaction. Memory Cafes are a global phenomenon as they combat isolation and enhances quality of life for both those with memory loss and their loved ones. Instr: MacPhail Center for Music and Senior Community Services.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	M	Feb 24 1:00pm-2:30pm	Res \$20 Non Res \$24	16306-01
18+	M	Mar 24 1:00pm-2:30pm	Res \$20 Non Res \$24	16306-02
18+	M	Apr 28 1:00pm-2:30pm	Res \$20 Non Res \$24	16306-03

safety

MINNESOTA HIGHWAY SAFETY & RESEARCH CENTER DRIVING CLASSES

Plymouth Community Center, 14800 34th Avenue N

Taught by trained instructors, topics include changes in traffic laws, vehicle technology and defensive driving tips using educational videos and classroom training/discussion. Sessions are available in a basic (8-hour) first-time course or a refresher (4-hour) course. Please bring what you need for the day (eg. snack, lunch or beverage). Completion of this course allows for a 10% reduction on automobile insurance premiums in Minnesota for those ages 55 and over. Refresher course must be completed every three years for discount.

Many Zoom classes are also available. Call the MN Hwy Safety Research Center for details.

For class fees & registration contact

MN Hwy Safety Research Center toll free number:

1-320-308-1400

AGES	DAY	DATE & TIME	CLASS TYPE	LOCATION
55+	F	Apr 4 11:00am-3:00pm	4 hour refresher	PCC
55+	F	Jun 6 12:00pm-4:00pm	4 hour refresher	PCC

PLYMOUTH PUBLIC SAFETY PRESENTS: SAFEGUARDING YOURSELF

PCC-Education Wing, 14800 34th Ave N

Join our senior safety class, led by your friendly Plymouth Public Safety (Police/Fire) team! Learn essential tips for crime prevention, avoiding scams, fire safety, and emergency preparedness. Plus, discover how to make sure first responders can easily access your home and medical info when it matters most. Two dates available, this is a standalone class. Instr: Plymouth Public Safety.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Mar 4 9:00am-12:00pm	no fee	15301-01
18+	Tu	Apr 8 9:00am-12:00pm	no fee	15301-02

IF YOU DIDN'T BUY A TICKET, YOU HAVEN'T WON THE LOTTERY: AVOIDING ONLINE SCAMS

PCC-Education Wing, 14800 34th Ave N

Scammers take advantage of people online of all ages every day. We'll share the most common and current scams being reported and practical tips for determining if an inquiry is legitimate. We'll also discuss security settings to reduce risk, how to alert authorities of a suspected scam, and how to file a report if you believe you've been scammed online.

Instr: Senior Community Services.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Mar 11 10:00am-11:00pm	Res \$5 Non Res \$7	16309-01

technology

1:1 TECHNOLOGY SUPPORT

PCC-Education Wing, 14800 34th Ave N

Need help with that cell phone, laptop or tablet? Register for a 1:1 appointment with a tech expert at the Plymouth Community Center. Appointments are 60 minutes. Bring your own device to the appointment. Limit one time slot per date. This service is brought to you by SCS through a grant from Hennepin County. Must be 60+ and live in Hennepin or Carver County. Instr: Senior Community Services.

Please note: Additional sections are available every Tuesday through May at 1pm, 2pm and 3pm, while spots last. Visit the registration page to view availability and register, or call 763-509-5200 for assistance with registration.

AGES	DAY	DATE & TIME	COST	ACTIVITY
60+	Tu	Jan 7 1:00pm-2:00pm	Res \$5 Non Res \$7	15913-01
60+	Tu	Jan 7 2:00pm-3:00pm	Res \$5 Non Res \$7	15913-02
60+	Tu	Jan 7 3:00pm-4:00pm	Res \$5 Non Res \$7	15913-03



Adults 55+ / Seniors

Events

55+ WINTER BINGO

PCC-Event Wing, 14800 34th Ave N

Join us for 55+ Winter Bingo! Enjoy light refreshments and win fun Valentine's Day themed treats and prizes. Two cards max per player, per game. Fee is \$5 resident, \$7 non-Resident. Register by Jan 29. Register online or call 763-509-5200.

AGES	DAY	DATE & TIME	COST	ACTIVITY
55+	W	Feb 5 10:00am-12:00pm	Res \$5 Non Res \$7	15707-01

MOVIE MATINEE

PCC-Event Wing, 14800 34th Ave N

Enjoy an afternoon with friends going to the movies right here in Plymouth Community Center. Popcorn provided. No cost, but pre-registration requested. Subscribe to the Grapevine (Plymouth 55+ e-news) for title of monthly feature by visiting plymouthmn.gov. Click on "eNotification Sign Up" at bottom of page. Enter your email address and click on "Active Adults 55+/Senior Newsletter - Grapevine" to receive our monthly newsletter via email.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Jan 21 1:00pm-3:30pm	no fee	15702-01
18+	Tu	Feb 18 1:00pm-3:30pm	no fee	15702-02
18+	Tu	Mar 18 1:00pm-3:30pm	no fee	15702-03
18+	Tu	Apr 15 1:00pm-3:30pm	no fee	15702-04
18+	Tu	May 20 1:00pm-3:30pm	no fee	15702-05

Groups

LU GYM CLUB MEMBERSHIP

PCC-Active Wing, 14800 34th Ave N

Up your exercise game this winter at the new Lu Gym Club! The Lu game system projects interactive games onto a wall in the PCC gym. Increase your physical activity, cognitive engagement, and socialization while having fun! Membership fee gives you access to drop in any Thursday Lu Gym Club runs. Bring gym shoes and a water bottle.

AGES	DAY	DATE & TIME	COST	ACTIVITY
55+	Th	Jan 9-Mar 27 1:00pm-2:00pm	Res \$15 Non Res \$18	46901-01

UKULELE CLUB

PCC-Education Wing, 14800 34th Ave N

The NWTC Ukulele Club meets every Tuesday and is geared for beginners to advanced ukulele players. The group is welcoming to new members of all abilities. The group uses the same jam format and materials as the other Twin Cities Ukulele Club day-time jams. Jammers are required to purchase an annual group membership through Plymouth Parks and Recreation. Membership fees below. Jammers are welcome to attend a jam at no charge to see if the jam is for them.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Jan 7-Dec 30 10:00am-12:00pm	Res \$20 Non Res \$30	46900-03

see babysitting classes for grandparents
and adult/pediatric first aid in adult
section - pg 54

CAREGIVER SUPPORT GROUP

Locations vary

Connect with other caregivers, talk about general aging issues and caring for loved ones with chronic conditions and/or dementia, and receive tips and resources from a licensed social worker who leads the group. Drop-in as your schedule allows. Instr: Krystal Wiebusch, Senior Community Services.

AGE	DAY/LOCATION	DATE & TIME	COST	ACTIVITY
18+	Second Tues. of month on Zoom (online)	Jan 14-Dec 9 4:30-6:00pm	no fee	45909-03
18+	Third Wed. of month at PCC Education wing, 14800 34th Ave N	Jan 15-Dec 17 10:00-11:30am	no fee	45909-04

DETAILS ON PG. 13

MEET YOUR NEIGHBOR

programs for ages 13+

- DEMENTIA FRIENDS •
- BASICS OF ISLAM AND MUSLIM LIFESTYLE •

Adults 55+ / Seniors



Trips

COMMUNITY TRIPSTERS: THE JASON SHOW & PAVEK MUSEUM PCC-Event Wing, 14800 34th Ave N

Be a part of a live studio audience at the Jason Show at FOX 9 KMSP Broadcast Center. After the show there will be time for questions and a group photo. Then enjoy a fish & chips lunch at the Scoreboard restaurant. After lunch, experience the Pavek Broadcast Museum where there are over 12,000 square feet of antique radios, televisions, and broadcast equipment. Visitors can play the original 1929 RCA Theremin, tune an early 1920s radio or for a nickel, play a record on one of Wurlitzer's first jukeboxes. Register by Dec. 16.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Jan 23 8:30am-3:30pm	Res \$95 Non Res \$105	15601-01

COMMUNITY TRIPSTERS: ST. PAUL'S FAMOUS AND INFAMOUS PCC-Event Wing, 14800 34th Ave N

Go on a professional riding tour that will include exterior views of many St. Paul locations where bootleggers, bank robbers and gangsters operated while "hiding in plain sight" from the FBI. Learn why the "Saintly City" became a haven for the nation's most notorious gangsters during the first decades of the 20th Century, and the impact of that legacy. Drive through neighborhoods that welcomed the city's wealthiest citizens alongside the hoodlums. A chicken parmesan meal will be served at Degidio's Restaurant following the tour. Register by Jan. 20.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Tu	Feb 18 9:15am-3:15pm	Res \$91 Non Res \$101	15602-01



COMMUNITY TRIPSTERS: GUTHRIE THEATER PCC-Event Wing, 14800 34th Ave N

Enjoy the performance of "A Midsummer Night's Dream" by William Shakespeare at the Guthrie Theater. This performance is an enchanting comedic delight. On the shortest night of the year, the magical and mortal worlds collide. What could possibly go wrong? Shakespeare gives us a clue: "The course of true love never did run smooth." In this beloved tale of mischief and merriment, four stories are cleverly woven together.

Before the performance, enjoy a soup and sandwich lunch at the Hen House Eatery. Register by Jan. 3.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	W	Mar 12 9:30am-5:00pm	Res \$105 Non Res \$115	15603-01

COMMUNITY TRIPSTERS: SKYROCK FARM & MUSICAL CAROUSELS PCC-Event Wing, 14800 34th Ave N

Visit Skyrock Farm in the beautiful countryside and tour the Skyrock Carousel Building where we will get an informative and historical look at the antique dance organs. See the carousel horse collection and learn why the men who carved the ornate figures have a place in history. Lunch will be a pot roast meal, prepared Minnesota Style. After lunch enjoy a horse jumping demonstration inside the horse hunter-jumper training facility. Then stop at the PoppedCorn store on the way home where you can buy ridiculously delicious gourmet popcorn and fudge. Register by Mar 24.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	Th	Apr 24 9:45am-3:45pm	Res \$95 Non Res \$105	15604-01

PLYMOUTH PLAYHOUSE: 37 POSTCARDS Non-Designated

Take a trip right in Plymouth! Enjoy a lunch and stay for the play. "37 Postcards" is written like a 1930's screwball comedy! Young Avery Sutton and his fiancé return from an eight year stint in Europe only to find his eccentric family has gone certifiably insane! The Suttons are a quirky, funny, loving family. Avery and his bride must either accept their oddities or leave them behind. Lunch and ticket included in fee. Lunch menu: savory roast chicken or lasagna, Tuscan vegetable medley, garden salad, roll, mashed potatoes, heavenly pound cake, coffee and tea. Meet at the Plymouth Playhouse. Register by Apr 21.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	F	May 9 11:30am-3:30pm	Res \$50 Non Res \$50	15610-01



Adults 55+ / Seniors

Trips - extended trips

EXTENDED TRIPS: FORT MYERS & THE MINNESOTA TWINS Non-Designated

This is a great winter escape to warm and sunny Ft. Myers. See your Minnesota Twins in action at spring training with reserved seats. Visit the amazing Edison and Ford Estates for a self-guided tour of the grounds and homes. Spend the day exploring Sanibel and Captiva Islands with all their charm including a visit to Sanibel Shell Museum. We will visit Naples with a stop at the Naples Botanical Gardens. Tour Includes: RT airfare from MSP airport, 6-night accommodations in the Ft Meyers area, 11 meals: 6 breakfasts and 5 dinners, professional driver and tour director. Register by Jan. 10. Double occupancy rate is per person.

AGES	DATE & TIME	COST	ACTIVITY
18+	Feb 17-Feb 23	Single Occ.: \$2,566 Double Occ.: \$1,998	15605-01

EXTENDED TRIPS: CELEBRATE AMERICA'S 250TH IN DC Non-Designated

Join the Traveling Professor on a historical journey through Washington D.C. and Virginia to visit Yorktown and colonial presidential homes with a 2-night stay in the heart of Colonial Williamsburg. Tour Includes: RT airfare from MSP airport, 3-night accommodations in Washington D.C., 2-night accommodations in Charlottesville, VA, 2-night accommodations in Colonial Williamsburg Historic District, 12 Meals: 7 breakfasts, 5 dinners and venue admissions. Register by Mar 1. Double occupancy rate is per person.

AGES	DATE & TIME	COST	ACTIVITY
18+	Apr 3-Apr 10	Single Occ.: \$2,498 Double Occ.: \$1,998	15606-01



EXTENDED TRIPS: BLOOMING TULIPS IN HOLLAND & BELGIUM Non-Designated

The best time to visit Holland is in the spring when all the tulips are in bloom. The journey through the Netherlands and Belgium combines the splendor of the floral fields, the charm of the medieval Flemish cities and the advanced modernity of cities such as Rotterdam and Amsterdam. Discover with us the authentic gems hidden in the Flemish region on the banks of the Scheldt and Meuse rivers!

*PASSPORT REQUIRED.

Tour includes: RT airfare from MSP airport with 1 checked bag, 8-day river cruise on the MS Crucivita, flagship of Crucemundo River Cruises in outside cabins, admission to: Anne Frank's secret annex and Keukenhof Gardens with 7 million flowers, 4 tours of Amsterdam, Rotterdam, Antwerp, and Brussels. Register by Feb. 3.

AGES	DATE & TIME	COST	ACTIVITY
18+	Apr 25-May 4	Single: Main Deck: \$4,919 Promenade Deck: \$5,516 Double: Main Deck: \$3,998 Promenade Deck: \$4,398	15607-01

TRAVEL TALK: EXTENDED TRIPS

PCC-Education Wing, 14800 34th Avenue N

Scratch that travel itch! Learn about and discuss extended trips to Holland, Florida and more exciting destinations in 2025. Hear about trip itineraries, destination details, and answers to your travel questions. Meet fellow travelers and connect about future trips. Free program, pre-registration requested. Instr: Jeanie's Journeys.

AGES	DAY	DATE & TIME	COST	ACTIVITY
18+	M	Jan 6 11:00am-12:00pm	no fee	35926-02



55+/ SENIOR GROUPS

Groups noted below are currently meeting in 2025 at the Plymouth Community Center (unless noted with **). Interested in starting a group? Contact us at 763-509-5284

	MEETING SCHEDULE	TIME	ACTIVITY CODE	PRICE
MONDAYS				
				res/non res
Shuffle, Deal and Play	Every Monday	1:00pm-3:30pm	45910-01	\$25 / \$35
Evening Bridge	Every Monday	6:30pm-9:15pm	46910-01	\$25 / \$35
Plymouth Rockers	Every Monday	9:00am-11:30am	45903-01	\$30
Writers Group	Every Monday	1:00pm-3:00pm	46909-01	\$22 / \$32
TUESDAYS				
Caregiver Support (online)	2nd Tuesday	4:30pm-6:00pm	45909-02	no fee
Mah Jongg	Every Tuesday	12:30pm-4:00pm	46911-01	\$25 / \$35
Men's Club	4th Tuesday	9:00am-10:30am	46918-01	\$27 / \$37
Ukulele Club	Every Tuesday	10:00am-12:00pm	46900-01	\$20 / \$30
Story Time Players	1st & 3rd Tuesdays (Sept-May)	1:00pm-3:00pm	45900-01	\$20 / \$30
WEDNESDAYS				
Book Club	1st Wednesday	1:30pm-2:30pm	45906-01	\$15 / \$25
Caregiver Support	3rd Wednesday	10:00am-11:30am	45909-04	no fee
Computer Users	4th Wednesday	10:00am-12:00pm	46917-01	\$15 / \$25
Duplicate Bridge	2nd & 4th Wednesdays	12:00pm-4:00pm	46913-01	\$25 / \$35
Party Bridge	1st & 3rd Wednesdays	12:00pm-4:00pm	46912-03	\$25 / \$35
Plymouth Pedalers (Biking)**	Rides Apr-Oct, locations vary	Times Vary	45908-01	\$27 / \$37
THURSDAYS				
Cribbage	Every Thursday	12:30pm-3:00pm	46914-01	\$25 / \$35
Current Events	Every Thursday	10:00am-12:00pm	46915-01	\$20 / \$30
Needle Arts	1st & 3rd Thursdays	11:30am-2:30pm	45907-01	\$20 / \$30
Plymouth Woodcarvers	Every Thursday	9:30am-11:30am	45905-01	\$27 / \$37
FRIDAYS				
Open Arts Studio	Every Friday	9:00am-11:30am	45902-01	\$20 / \$30
500 Card Club	Every Friday	1:00pm-4:00pm	46916-01	\$25 / \$35

2025 Annual Group Fees

HOW TO REGISTER

There are many ways to register for an annual membership. You must register for each group you would like to participate in.

1 go online

plymouthmn.gov/recreation

Register online - using online recreation account - search for group using activity code.

2 call us

Call us at 763-509-5200 and provide the activity code for the group you would like to register for.

3 stop in

Register in-person at Plymouth Parks and Recreation office - located in Plymouth City Hall, 3400 Plymouth Blvd.

Or at the Plymouth Community Center
14800 34th Ave N.



SUBSCRIBE TO OUR E-NEWSLETTER:

Subscribe to the Grapevine (Plymouth 55+ e-news) by visiting plymouthmn.gov. Click on "eNotification Sign Up" at bottom of page. Enter your email address and click on "Active Adults 55+/Senior Newsletter - Grapevine" to receive our monthly newsletter via email.



SENIOR SERVICES

Plymouth Parks & Recreation collaborates with Senior Community Services to meet the changing needs of older adults and their caregivers.

HOME program:

Manage chores and personal technology.
Call 763-416-7969 or email hometeam@seniorcommunity.org.

Senior Outreach & Caregiver Services:

Access services, resources and caregiver support groups to receive support for you and your loved ones.

Call 952-767-7899
or email k.wiebusch@seniorcommunity.org.

CareNextion:

Caregivers coordinate care for their loved one.
Visit CareNextion.org to learn more and sign up.

Technology support:

1:1 technology support and coaching is offered at the Plymouth Community Center every Tuesday afternoon. Bring your own cell phone, tablet or laptop to discuss your tech questions with an expert. See details on page 76, under "1:1 Technology Support."

Aquatics

CLASS DESCRIPTIONS (please see schedule on following pages)



WAYZATA EAST MIDDLE SCHOOL - 12000 RIDGEMOUNT AVENUE W

ADULT BEGINNER SWIMMING (AGES: 15+)

Focus on basic swimming skills and comfort in the water. Develop fundamental swim skills, basic stroke development and safety.

ADULT BEGINNER SWIMMING 2 (AGES: 15+)

Now that you have the basics of how to swim, focus on additional strokes, deep water comfort, treading, and rotary breathing.

WOMEN'S ADULT BEGINNER SWIMMING (AGES: 16+)

Focus on basic swimming skills and comfort in the water. Develop fundamental swim skills, basic stroke development and safety. Taught by female instructors.

INFANT/TODDLER SWIMMING (AGES: 6 MOS-18 MOS)

An adult/child class that builds basic swimming skills and water safety knowledge. Using games and activities, the class will focus on water adjustment and basic comfort in front & back positions. One adult required to be in the water.

PRESCHOOL ADULT + CHILD (AGES: 18 MO-4 YRS)

One adult per child required in the water. A class for those new to swimming or wishing to build on comfort and water safety skills learned in the Infant/Toddler class. Beginning swim skills introduced including: breath control, front & back position, and movement in the water.

SWIM STARS (AGES: 3-5)

A class for children to develop the confidence needed to transition to a Preschool 1 swimming class. **Parent/adults will be in the water for the first half of the session** and then transition to a preschool class with instructor only.

PRESCHOOL 1 SWIMMING (AGES: 3-5)

This class is for those who have completed a parent/child class or a child comfortable in a class setting without a parent. Class introduces age appropriate basic swimming skills, breath control, bobbing underwater, supported front and back floats/glides and movement in the water (5-10 ft). (ratio 5:1)

PRESCHOOL 2 SWIMMING (AGES: 3-5)

For preschoolers who are comfortable in the water. Expand on basic skills: bobbing underwater, unsupported front and back floats/glides, swim on front and back unsupported 6ft. Jump in water alone. (ratio 5:1).

PRESCHOOL 3 SWIMMING (AGES: 3-5)

This class is for our younger kids that have mastered preschool 2 skills including putting faces in the water, floating on back and front with support, and overall comfort in the water. Class introduces floating, kicking, gliding, arm & leg action, swimming independently on front/back (10 ft), and breath control (ratio 6:1).

LEVEL 1 SWIMMING (AGES: 5-14)

This class is an introduction to water skills and builds basic swimming skills for comfort in the water. Class introduces floating, kicking, gliding, arm & leg action, swimming independently on front/back (10 ft), and breath control. (ratio 6:1)

LEVEL 2 SWIMMING (AGES: 5-14)

This class is for those who have passed Level 1 or are able to float on front and back (5 sec) and independent swim (10 ft on front/back). Class builds on level 1 skills introducing front & back crawl, elementary backstroke and fundamental techniques while building endurance to swim front crawl (15 ft). (ratio 6:1)

LEVEL 3 SWIMMING (AGES: 6-14)

A class for those who have passed Level 2 or have the equivalent skills. Class concentrates on stroke development, through guided practice, to swim front crawl & back crawl (15 yds each). 30 yd. endurance swim. Intro of elementary back stroke (15 ft), treading water, and diving introduction. (ratio 6:1).

LEVEL 4 SWIMMING (AGES: 6-14)

A class for those who have passed Level 3 or have the equivalent skills. Class stresses technique and endurance with front & back crawl and elementary backstroke (25 yds). Class introduces breast stroke kick and dolphin kicks, diving progression, deep water skills, lap swimming, and 50 yds endurance swim. (ratio 6:1)

LEVEL 5 SWIMMING (AGES: 8-14)

Objectives: refine techniques in all strokes (front crawl, back crawl, elementary backstroke 50yds, breast stroke and sidestroke 25yds), learn basic butterfly, become an endurance swimmer (ratio 6:1)

LEVEL 6 SWIMMING (AGES: 8-14)

Objectives: refine techniques in all strokes (front crawl, back crawl, elementary backstroke 50yds, breast stroke and sidestroke 25yds), learn basic butterfly, become an endurance swimmer (ratio 6:1)

ADULT BEGINNER (AGES 15+)				
DAY	DATE	TIME	COST	ACTIVITY
Tu,Th	Jan 7-Jan 30	5:30pm-6:15pm	\$148	15800-01
Sa	Jan 11-Mar 8	8:30am-9:15am	\$148	15800-02
Tu	Feb 4-Mar 25	5:30pm-6:15pm	\$148	15800-03
Th	Apr 10-May 29	5:30pm-6:15pm	\$148	15800-04
Su	Apr 6-May 4	8:00am-8:45am	\$74	15800-05

ADULT BEGINNER 2 (AGES 15+)				
DAY	DATE	TIME	COST	ACTIVITY
Tu,Th	Jan 7-Jan 30	5:30pm-6:15pm	\$148	12803-01
Sa	Jan 11-Mar 8	8:30am-9:15am	\$148	12803-02
Tu	Feb 4-Mar 25	5:30pm-6:15pm	\$148	12803-03
Su	Apr 6-May 4	8:00am-8:45am	\$74	12803-04
Th	Apr 10-May 29	5:30pm-6:15pm	\$148	12803-05

WOMEN'S ADULT BEGINNER (AGES 16+)				
DAY	DATE	TIME	COST	ACTIVITY
Su	Jan 12-Mar 9	9:00am-9:45am	\$148	15802-01
Sa	Mar 15-May 3	1:15pm-2:00pm	\$148	15802-02

INFANT/TODDLER (AGES 6 MO-18 MO)				
DAY	DATE	TIME	COST	ACTIVITY
M	Jan 6-Feb 24	10:30am-11:00am	\$104	11800-01
Tu	Jan 7-Feb 11	1:00pm-1:30pm	\$104	11800-02
F	Jan 10-Feb 21	10:30am-11:00am	\$104	11800-03
Th	Feb 20-Mar 27	2:15pm-2:45pm	\$104	11800-04
F	Mar 7-Apr 18	9:30am-10:00am	\$104	11800-05
M	Mar 3-Apr 14	10:45am-11:15am	\$104	11800-06
Th	Feb 20-Mar 27	2:15pm-2:45pm	\$104	11800-07
Tu	Apr 8-May 13	2:45pm-3:15pm	\$104	11800-08
Tu,Th	Jan 7-Jan 30	6:30pm-7:00pm	\$138	11800-10
Sa	Jan 11-Mar 8	9:30am-10:00am	\$138	11800-11
M	Jan 27-Mar 24	5:00pm-5:30pm	\$138	11800-12
Su	Jan 12-Mar 9	6:00pm-6:30pm	\$138	11800-13
M	Apr 7-May 12	6:30pm-7:00pm	\$104	11800-14
Th	Feb 6-Mar 27	5:00pm-5:30pm	\$138	11800-15
Th	Apr 10-May 29	5:00pm-5:30pm	\$138	11800-16

PRESCHOOL ADULT + CHILD (AGES 18 MO-4 YEARS)				
DAY	DATE	TIME	COST	ACTIVITY
Tu	Jan 7-Feb 11	10:30am-11:00am	\$104	11801-01
M	Jan 6-Feb 24	10:30am-11:00am	\$104	11801-03
Tu	Feb 18-Mar 25	11:30am-12:00pm	\$104	11801-04
W	Feb 19-Mar 26	9:30am-10:00am	\$104	11801-05
Tu	Feb 18-Mar 25	2:45pm-3:15pm	\$104	11801-06
Tu	Apr 8-May 13	11:30am-12:00pm	\$104	11801-07
W	Apr 9-May 14	9:30am-10:00am	\$104	11801-08
Th	Apr 10-May 15	2:15pm-2:45pm	\$104	11801-09
Sa	Jan 11-Mar 8	10:15am-10:45am	\$138	11801-10
Sa	Jan 11-Mar 8	10:15am-10:45am	\$138	11801-11
Su	Jan 12-Mar 9	5:15pm-5:45pm	\$138	11801-12
M	Jan 27-Mar 24	5:40pm-6:10pm	\$138	11801-13
Tu	Feb 4-Mar 25	6:30pm-7:00pm	\$138	11801-14
Th	Feb 6-Mar 27	6:20pm-6:50pm	\$138	11801-15
Su	Mar 16-May 4	5:00pm-5:30pm	\$104	11801-16
Sa	Mar 15-May 3	9:15am-9:45am	\$104	11801-17
M	Apr 7-May 12	6:20pm-6:50pm	\$104	11801-18
W	Apr 9-May 28	5:40pm-6:10pm	\$138	11801-19
Tu	Apr 8-May 27	5:00pm-5:30pm	\$138	11801-20



WAYZATA EAST MIDDLE SCHOOL - 12000 RIDGEMOUNT AVENUE W

Aquatics

SWIM STARS (AGES 3-5)

DAY	DATE	TIME	COST	ACTIVITY
Th	Feb 20-Mar 27	2:15pm-2:45pm	\$104	11802-01
Th	April 10-May 15	2:15pm-2:45pm	\$104	11802-02
Tu,Th	Jan 7-Jan 30	5:00pm-5:30pm	\$138	11802-03
Su	Jan 12-Mar 9	6:00pm-6:30pm	\$138	11802-04
M	Jan 27-Mar 24	5:30pm-6:00pm	\$138	11802-05
Tu	Feb 4-Mar 25	5:00pm-5:30pm	\$138	11802-06
Sa	Mar 15-May 3	11:45am-12:15pm	\$138	11802-07
M	April 7-May 12	7:00pm-7:30pm	\$104	11802-08
W	April 9-May 28	5:40pm-6:10pm	\$138	11802-09
Th	April 10-May 29	6:15pm-6:45pm	\$138	11802-10

PRESCHOOL 1 (AGES 3-5)

DAY	DATE	TIME	COST	ACTIVITY
Tu,Th	Jan 7-Jan 30	6:30pm-7:00pm	\$138	12800-02
M	Jan 6-Feb 24	2:10pm-2:40pm	\$104	12800-03
Tu	Feb 18-Mar 25	11:30am-12:00pm	\$104	12800-04
Th	Feb 20-Mar 27	2:45pm-3:15pm	\$104	12800-05
Tu	Apr 8-May 13	11:30am-12:00pm	\$104	12800-06
Th	Apr 10-May 15	2:45pm-3:15pm	\$104	12800-07
Sa	Jan 11-Mar 8	9:30am-10:00am	\$138	12800-08
Su	Jan 12-Mar 9	4:30pm-5:00pm	\$138	12800-09
M	Jan 27-Mar 24	6:20pm-6:50pm	\$138	12800-10
Tu	Feb 4-Mar 25	5:00pm-5:30pm	\$138	12800-11
W	Apr 9-May 28	7:15pm-7:45pm	\$138	12800-12
Th	Feb 6-Mar 27	5:00pm-5:30pm	\$138	12800-13
M	Apr 7-May 12	5:40pm-6:10pm	\$104	12800-14
Tu	Apr 8-May 27	6:20pm-6:50pm	\$138	12800-15

PRESCHOOL 2 (AGES 3-5)

DAY	DATE	TIME	COST	ACTIVITY
M	Jan 6-Feb 24	10:30am-11:00am	\$104	12801-01
Tu	Jan 7-Feb 11	2:00pm-2:30pm	\$104	12801-02
M	Mar 3-Apr 14	9:30am-10:00am	\$104	12801-03
Tu	Feb 18-Mar 25	2:15pm-2:45pm	\$104	12801-04
W	Feb 19-Mar 26	2:45pm-3:15pm	\$104	12801-05
Tu	Apr 8-May 13	2:15pm-2:45pm	\$104	12801-07
W	Apr 9-May 14	2:45pm-3:15pm	\$104	12801-08
Sa	Jan 11-Mar 8	12:45pm-1:15pm	\$138	12801-10
Su	Jan 12-Mar 9	4:30pm-5:00pm	\$138	12801-11
M	Jan 27-Mar 24	6:50pm-7:20pm	\$138	12801-12
W	Apr 9-May 28	5:00pm-5:30pm	\$138	12801-13
Th	Feb 6-Mar 27	6:20pm-6:50pm	\$138	12801-14
Sa	Mar 15-May 3	8:30am-9:00am	\$138	12801-15
Sa	Mar 15-May 3	11:00am-11:30am	\$138	12801-16
Su	Mar 16-May 4	6:30pm-7:00pm	\$104	12801-17
Th	Apr 10-May 29	5:00pm-5:30pm	\$138	12801-18

PRESCHOOL 3 (AGES 3-5)

DAY	DATE	TIME	COST	ACTIVITY
M	Jan 6-Feb 24	1:45pm-2:15pm	\$104	12802-01
Tu	Jan 7-Feb 11	10:30am-11:00am	\$104	12802-02
M	Mar 3-Apr 14	10:45am-11:15am	\$104	12802-03
M	Jan 6-Feb 24	1:45pm-2:15pm	\$104	12802-04
W	Apr 9-May 14	9:30am-10:00am	\$104	12802-05
Tu	Feb 4-Mar 25	6:30pm-7:00pm	\$138	12802-06
F	Mar 7-Apr 18	10:45am-11:15am	\$104	12802-07
Tu,Th	Jan 7-Jan 30	5:00pm-5:30pm	\$138	12802-08
Sa	Jan 11-Mar 8	11:15am-11:45am	\$138	12802-09
M	Jan 27-Mar 24	5:00pm-5:30pm	\$138	12802-10
Th	Feb 6-Mar 27	7:00pm-7:30pm	\$138	12802-11
W	Apr 9-May 28	6:20pm-6:50pm	\$138	12802-12
Su	Mar 16-May 4	5:45pm-6:15pm	\$104	12802-13
M	Apr 7-May 12	5:00pm-5:30pm	\$138	12802-14
Th	Apr 10-May 29	7:00pm-7:30pm	\$138	12802-15

Aquatics

LEVEL 1 (AGES 5-14)

DAY	DATE	TIME	COST	ACTIVITY
M	Jan 6-Feb 24	1:15pm-1:45pm	\$104	13800-01
W	Jan 8-Feb 12	10:30am-11:00am	\$104	13800-02
M	Mar 3-Apr 14	2:45pm-3:15pm	\$104	13800-04
Tu	Feb 18-Mar 25	2:15pm-2:45pm	\$104	13800-05
Tu	Apr 8-May 13	2:15pm-2:45pm	\$104	13800-07
F	Mar 7-Apr 18	2:45pm-3:15pm	\$104	13800-09
Tu,Th	Jan 7-Jan 30	5:00pm-5:30pm	\$138	13800-10
Sa	Jan 11-Mar 8	9:30am-10:00am	\$138	13800-11
Sa	Jan 11-Mar 8	12:00pm-12:30pm	\$138	13800-12
M	Jan 27-Mar 24	5:40pm-6:10pm	\$138	13800-13
M	Jan 27-Mar 24	7:30pm-8:00pm	\$138	13800-14
Su	Jan 12-Mar 9	5:15pm-5:45pm	\$138	13800-15
Su	Jan 12-Mar 9	6:45pm-7:15pm	\$138	13800-16
Tu	Feb 4-Mar 25	7:00pm-7:30pm	\$138	13800-17
Th	Feb 6-Mar 27	6:20pm-6:50pm	\$138	13800-18
M	Apr 7-May 12	6:20pm-6:50pm	\$104	13800-19
M	Apr 7-May 12	8:00pm-8:30pm	\$104	13800-20
Sa	Mar 15-May 3	9:15am-9:45am	\$104	13800-21
Sa	Mar 15-May 3	11:00am-11:30am	\$104	13800-22
Su	Mar 16-May 4	5:45pm-6:15pm	\$104	13800-23
Tu	Apr 8-May 27	5:00pm-5:30pm	\$138	13800-24
Tu	Apr 8-May 27	7:00pm-7:30pm	\$138	13800-25
Th	Apr 10-May 29	7:00pm-7:30pm	\$138	13800-26

LEVEL 2 (AGES 5-14)

DAY	DATE	TIME	COST	ACTIVITY
M	Jan 6-Feb 24	2:15pm-2:45pm	\$104	13801-01
F	Jan 10-Feb 21	2:15pm-2:45pm	\$104	13801-02
Tu,Th	Jan 7-Jan 30	7:15pm-7:45pm	\$138	13801-03
Sa	Jan 11-Mar 8	10:15pm-10:45pm	\$138	13801-04
Sa	Jan 11-Mar 8	12:45pm-1:15pm	\$138	13801-05
Su	Jan 12-Mar 9	5:30pm-6:00pm	\$138	13801-06
M	Jan 27-Mar 24	4:45pm-5:15pm	\$138	13801-07
M	Jan 27-Mar 24	6:10pm-6:40pm	\$138	13801-08
Tu	Feb 4-Mar 25	5:00pm-5:30pm	\$138	13801-09
Th	Feb 6-Mar 27	7:40pm-8:10pm	\$138	13801-10
M	Apr 7-May 12	5:40pm-6:10pm	\$104	13801-11
M	Apr 7-May 12	7:40pm-8:10pm	\$138	13801-12
Sa	Mar 15-May 3	10:45am-11:15am	\$104	13801-13
Su	Mar 16-May 4	5:00pm-5:30pm	\$104	13801-14
Su	Mar 16-May 4	6:45pm-7:15pm	\$104	13801-15

Semi-private lessons

Su	Apr 6-May 4	9:40am-10:00am	\$104	13801-16
Tu	Apr 8-May 27	5:00pm-5:30pm	\$138	13801-17
Th	Apr 10-May 29	8:00pm-8:30pm	\$138	13801-18

LEVEL 3 (AGES 6-14)

DAY	DATE	TIME	COST	ACTIVITY
Tu,Th	Jan 7-Jan 30	6:30pm-7:15pm	\$148	13802-01
Tu,Th	Jan 7-Jan 30	8:00pm-8:45pm	\$148	13802-02
Sa	Jan 11-Mar 8	10:15am-11:00am	\$148	13802-03
Sa	Jan 11-Mar 8	12:00pm-12:45pm	\$148	13802-04
Su	Jan 12-Mar 9	4:30pm-5:15pm	\$148	13802-05
Su	Jan 12-Mar 9	6:45pm-7:30pm	\$148	13802-06
M	Jan 27-Mar 24	6:20pm-7:05pm	\$148	13802-07
M	Jan 27-Mar 24	8:00pm-8:45pm	\$148	13802-08
Tu	Feb 4-Mar 25	7:15pm-8:00pm	\$148	13802-09
Th	Feb 6-Mar 27	7:00pm-7:45pm	\$148	13802-10
Sa	Mar 15-May 3	8:30am-9:15am	\$111	13802-11
Sa	Mar 15-May 3	11:30am-12:15pm	\$111	13802-12
Su	Mar 16-May 4	5:45pm-6:30pm	\$111	13802-13
M	Apr 7-May 12	5:40pm-6:25pm	\$111	13802-14
M	Apr 7-May 12	7:10pm-7:55pm	\$111	13802-15
Tu	Apr 8-May 27	6:25pm-7:10pm	\$148	13802-16
Tu	Apr 8-May 27	7:40pm-8:25pm	\$148	13802-17
Th	Apr 10-May 29	4:45pm-5:30pm	\$148	13802-18
Th	Apr 10-May 29	6:15pm-7:00pm	\$148	13802-19
Th	Apr 10-May 29	7:40pm-8:25pm	\$148	13802-20

Semi-private lessons

W	Jan 8-Jan 29	6:10pm-6:55pm	\$128	13802-21
W	Feb 5-Feb 26	6:10pm-6:55pm	\$128	13802-22
W	Mar 5-Mar 26	6:10pm-6:55pm	\$128	13802-23
Su	Apr 6-May 4	10:20am-11:05am	\$192	13802-24
M	Mar 3-Apr 14	2:15pm-3:00pm	\$192	13802-25



Aquatics

LEVEL 4 (AGES 6-14)

DAY	DATE	TIME	COST	ACTIVITY
Tu,Th	Jan 7-Jan 30	7:30pm-8:15pm	\$148	13804-01
Sa	Jan 11-Mar 8	11:00am-11:45am	\$148	13804-02
Sa	Jan 11-Mar 8	1:00pm-1:45pm	\$148	13804-03
Su	Jan 12-Mar 9	6:15pm-7:00pm	\$148	13804-04
M	Jan 27-Mar 24	7:15pm-8:00pm	\$148	13804-05
Tu	Feb 4-Mar 25	7:15pm-8:00pm	\$148	13804-06
Th	Feb 6-Mar 27	8:00pm-8:45pm	\$148	13804-07
Sa	Mar 15-May 3	10:00am-10:45am	\$111	13804-08
Sa	Mar 15-May 3	12:30pm-1:15pm	\$111	13804-09
Su	Mar 16-May 4	6:30pm-7:15pm	\$148	13804-10
M	Apr 7-May 12	7:00pm-7:45pm	\$111	13804-11
Tu	Apr 8-May 27	7:20pm-8:05pm	\$148	13804-12
Th	Apr 10-May 29	7:00pm-7:45pm	\$148	13804-13
Th	Apr 10-May 29	7:40pm-8:25pm	\$148	13804-14

Semi-private lessons

W	Jan 8-Jan 29	6:10pm-6:55pm	\$128	13804-15
W	Feb 5-Feb 26	6:10pm-6:55pm	\$128	13804-16
W	Mar 5-Mar 26	6:10pm-6:55pm	\$128	13804-17
Su	Apr 6-May 4	11:15am-12:00pm	\$128	13804-18

LEVEL 5 (AGES 8-14)

DAY	DATE	TIME	COST	ACTIVITY
Tu,Th	Jan 7-Jan 30	8:00pm-8:45pm	\$148	13805-01
Sa	Jan 11-Mar 8	11:00am-11:45am	\$148	13805-02
M	Jan 27-Mar 24	7:00pm-7:45pm	\$148	13805-03
Tu	Feb 4-Mar 25	8:10pm-8:55pm	\$148	13805-04
Th	Feb 6-Mar 27	7:40pm-8:25pm	\$148	13805-05
Sa	Mar 15-May 3	11:45am-12:30pm	\$111	13805-06
M	Apr 7-May 12	8:00pm-8:45pm	\$111	13805-07
W	Apr 9-May 28	8:00pm-8:45pm	\$148	13805-08

LEVEL 6 (AGES 8-14)

DAY	DATE	TIME	COST	ACTIVITY
Sa	Jan 11-Mar 8	1:00pm-1:45pm	\$148	13806-01
M	Jan 27-Mar 24	8:15pm-9:00pm	\$148	13806-02
Tu	Feb 4-Mar 25	8:10pm-8:55pm	\$148	13806-03
Sa	Mar 15-May 3	12:30pm-1:15pm	\$111	13806-04
Tu	Apr 8-May 27	8:00pm-8:45pm	\$148	13806-05



PRIVATE SWIMMING LESSONS

Wayzata East Middle School, 12000 Ridgemount Ave W

Each season we are able to offer a limited number of private 30-minute swimming lessons to swimmers 5 years and older. Fees are pro-rated at \$35 per lesson. There are no make-up lessons or refunds for students' missed classes.

AGES	DAY	DATE & TIME	COST	ACTIVITY
5+	M	Jan 6-Feb 24 1:45pm-2:15pm	\$210	16800-01
5+	M	Jan 6-Feb 24 2:45pm-3:15pm	\$210	16800-02
5+	Tu	Jan 7-Feb 11 1:30pm-2:00pm	\$210	16800-03
5+	Tu	Jan 7-Feb 11 2:45pm-3:15pm	\$210	16800-04
5+	W	Jan 8-Feb 12 2:45pm-3:15pm	\$210	16800-05
5+	Th	Jan 9-Feb 13 2:45pm-3:15pm	\$210	16800-06
5+	M	Mar 3-Apr 14 2:45pm-3:15pm	\$210	16800-07
5+	Tu	Feb 18-Mar 25 2:45pm-3:15pm	\$210	16800-08
5+	W	Feb 19-Mar 26 2:45pm-3:15pm	\$210	16800-09
5+	Th	Feb 20-Mar 27 2:45pm-3:15pm	\$210	16800-10
5+	Tu	Apr 8-May 13 2:45pm-3:15pm	\$210	16800-11
5+	W	Apr 9-May 14 2:45pm-3:15pm	\$210	16800-12
5+	Th	Apr 10-May 15 2:45pm-3:15pm	\$210	16800-13
5+	W	Jan 8-Jan 29 5:00pm-5:30pm	\$140	16800-14
5+	W	Jan 8-Jan 29 5:00pm-5:30pm	\$140	16800-15
5+	W	Jan 8-Jan 29 5:35pm-6:05pm	\$140	16800-16
5+	W	Jan 8-Jan 29 6:35pm-7:05pm	\$140	16800-17

5+	W	Jan 8-Jan 29 7:05pm-7:35pm	\$140	16800-18
5+	W	Feb 5-Feb 26 5:00pm-5:30pm	\$140	16800-19
5+	W	Feb 5-Feb 26 5:35pm-6:05pm	\$140	16800-20
5+	W	Feb 5-Feb 26 6:30pm-7:00pm	\$140	16800-21
5+	W	Feb 5-Feb 26 7:00pm-7:30pm	\$140	16800-22
5+	Tu	Jan 7-Jan 28 8:25pm-8:55pm	\$140	16800-23
5+	Th	Jan 9-Jan 30 8:25pm-8:55pm	\$140	16800-24
5+	W	Mar 5-Mar 26 5:00pm-5:30pm	\$140	16800-25
5+	W	Mar 5-Mar 26 5:35pm-6:05pm	\$140	16800-26
5+	W	Mar 5-Mar 26 6:15pm-6:45pm	\$140	16800-27
5+	W	Mar 5-Mar 26 7:10pm-7:40pm	\$140	16800-28
5+	Sa	Jan 11-Mar 8 1:20pm-1:50pm	\$280	16800-29
5+	Su	Jan 12-Mar 9 7:00pm-7:30pm	\$280	16800-30
5+	M	Apr 7-May 12 8:15pm-8:45pm	\$210	16800-31
5+	Tu	Feb 4-Feb 25 5:40pm-6:10pm	\$140	16800-32
5+	Tu	Mar 4-Mar 25 5:40pm-6:10pm	\$140	16800-33
5+	Tu	Feb 4-Feb 25 7:45pm-8:15pm	\$140	16800-34

5+	Tu	Mar 4-Mar 25 7:45pm-8:15pm	\$140	16800-35
5+	W	Apr 9-Apr 30 8:00pm-8:30pm	\$140	16800-36
5+	W	May 7-May 28 8:00pm-8:30pm	\$140	16800-37
5+	Th	Feb 6-Feb 27 5:40pm-6:10pm	\$140	16800-38
5+	Th	Feb 6-Feb 27 5:00pm-5:30pm	\$140	16800-39
5+	Th	Mar 6-Mar 27 5:40pm-6:10pm	\$140	16800-40
5+	Th	Mar 6-Mar 27 5:00pm-5:30pm	\$140	16800-41
5+	Su	Apr 6-May 4 9:00am-9:30am	\$140	16800-42
5+	Su	Apr 6-May 4 9:40am-10:10am	\$140	16800-43
5+	Su	Apr 6-May 4 10:20am-10:50am	\$140	16800-44
5+	Su	Apr 6-May 4 11:00am-11:30am	\$140	16800-45
5+	Tu	Apr 8-Apr 29 5:40pm-6:10pm	\$140	16800-46
5+	Tu	May 6-May 27 5:40pm-6:10pm	\$140	16800-47
5+	Tu	Apr 8-Apr 29 6:20pm-6:50pm	\$140	16800-48
5+	Tu	May 6-May 27 6:20pm-6:50pm	\$140	16800-49
5+	Th	Apr 10-May 1 5:40pm-6:10pm	\$140	16800-50
5+	Th	May 8-May 29 5:40pm-6:10pm	\$140	16800-51

Aquatics

ADULT SWIMMING STROKE REFINEMENT

Wayzata East Middle School, 12000 Ridgemount Ave W

Want to clean up your strokes? Work on technique with an instructor who will provide you feedback and drills. Learn to love swimming and feel strong and confident in the water! Must be independent in the water and be able to swim the entire length of the pool. Learn drills, techniques, and practice all before your workday starts!

AGES	DAY	DATE & TIME	COST	ACTIVITY
15+	W,F	Jan 8-Jan 31 6:30am-7:15am	\$128	15820-01
15+	W,F	Feb 5-Feb 28 6:30am-7:15am	\$112	15820-02
15+	W,F	Mar 5-Mar 21 6:30am-7:15am	\$96	15820-03
15+	W,F	Apr 9-May 2 6:30am-7:15am	\$128	15820-04
15+	W,F	May 7-May 30 6:30am-7:15am	\$112	15820-05
15+	W	Jan 8-Jan 29 5:30pm-6:15pm	\$64	15820-07
15+	W	Feb 5-Feb 26 5:30pm-6:15pm	\$64	15820-08
15+	W	Mar 5-Mar 26 5:30pm-6:15pm	\$64	15820-09
15+	Su	Apr 6-May 4 11:45am-12:30pm	\$64	15820-10
15+	Tu	Apr 8-May 27 5:30pm-6:15pm	\$128	15820-11

DEEP WATER CARDIO

Wayzata East Middle School, 12000 Ridgemount Ave W

This zero impact aerobics class is a fantastic workout that incorporates all your favorite shallow water movements with a twist! Water belts and equipment is provided or you can bring your own. Lifeguard on duty and the water is warm!

AGES	DAY	DATE & TIME	COST	ACTIVITY
16+	M,W	Jan 6-Jan 29 9:30am-10:15am	\$53	15804-01
16+	M,W	Feb 3-Feb 26 9:30am-10:15am	\$53	15804-03
16+	M,W	Mar 3-Mar 26 9:30am-10:15am	\$60	15804-05
16+	M,W	Apr 7-Apr 30 9:30am-10:15am	\$60	15804-07
16+	M,W	May 5-May 21 9:30am-10:15am	\$45	15804-09

DEEP WATER RUNNING

Wayzata East Middle School, 12000 Ridgemount Ave W

Have an injury? Tired of your same old workout? This 45 minute class is the perfect addition to your routine. Allow yourself to experience a new challenge with absolutely zero impact. Water belts are provided or you can bring your own.

AGES	DAY	DATE & TIME	COST	ACTIVITY
16+	W,F	Jan 8-Jan 31 6:00am-6:45am	\$60	15801-01
16+	W,F	Feb 5-Feb 28 6:00am-6:45am	\$60	15801-02
16+	W,F	Mar 5-Mar 28 6:00am-6:45am	\$60	15801-03
16+	W,F	Apr 9-Apr 30 6:00am-6:45am	\$53	15801-04
16+	W,F	May 2-May 30 6:00am-6:45am	\$60	15801-05
16+	Tu,Th	Jan 7-Jan 30 5:30pm-6:15pm	\$60	15801-06
16+	Tu,Th	Feb 4-Feb 27 5:30pm-6:15pm	\$60	15801-07
16+	Tu,Th	Mar 4-Mar 27 5:30pm-6:15pm	\$60	15801-08
16+	Tu,Th	Apr 8-May 1 5:30pm-6:15pm	\$60	15801-09
16+	Tu,Th	May 6-May 29 5:30pm-6:15pm	\$60	15801-10

WATER EXERCISE

Wayzata East Middle School, 12000 Ridgemount Ave W

The natural properties of the water allows for an amazing opportunity to challenge your body. The water increases circulation, decreases swelling, increases flexibility, and provides great resistance. Come learn how to use the water to challenge you and provide some variety to your workout routines.

AGES	DAY	DATE & TIME	COST	ACTIVITY
16+	M, W	Jan 6-Jan 29 11:30am-12:15pm	\$53	16217-02
16+	M, W	Feb 3-Feb 26 11:30am-12:15pm	\$53	16217-04
16+	M, W	Mar 3-Mar 26 11:30am-12:15pm	\$60	16217-06
16+	M, W	April 7-April 30 11:30am-12:15pm	\$60	16217-08
16+	M, W	May 5-May 28 11:30am-12:15pm	\$53	16217-10

WATER EXERCISE SAMPLER

Wayzata East Middle School, 12000 Ridgemount Ave W

From slow stretching movement to high intensity aerobic exercise, shallow water to the deep end (buoyant belt assisted); come try a variety of types of water exercise based classes. Perfect for those that are nervous about joining a class without experiencing the format!

AGES	DAY	DATE & TIME	COST	ACTIVITY
15+	M	Jan 6-Feb 24 9:30am-10:15am	\$42	15803-01
15+	F	Jan 10-Feb 14 11:30am-12:15pm	\$42	15803-02
15+	M	Mar 3-Apr 14 9:30am-10:15am	\$42	15803-03
15+	F	Mar 7-Apr 18 11:30am-12:15pm	\$42	15803-04

WATER SAFETY INSTRUCTOR BLENDED LEARNING (WSI)

Wayzata East Middle School, 12000 Ridgemount Ave W

Become certified to teach the American Red Cross Swim Lessons. This course combines classroom and online training. You must be at least 15 years of age before the final scheduled session (proof required). Must demonstrate the following skills according to the Stroke Performance Charts: Level 4: 25 yard front crawl, 25 yard back crawl, 25 yard breaststroke, 25 yard elementary backstroke, 25 yard sidestroke, 15 yard butterfly, tread water for 1 minute, and maintain position on back 1 minute in deep water. Students must complete the online portion of the course (approx 7 hours) in addition to participating in the Classroom & Water Skills sessions. Once registered information for accessing the online course will be emailed to the student.

AGES	DAY	DATE & TIME	COST	ACTIVITY
16+	M-Th	Mar 31-April 3 9:00am-4:00pm	\$225	14806-01

see safe at home program in
youth section - pg 36

see lifeguarding and babysitting
programs in teen section - pg 47

see babysitting classes for grandparents
and adult/pediatric first aid in adult
section - pg 54

Aquatics



PARTY LIKE A MERMAID

Wayzata East Middle School, 12000 Ridgemount Ave W

Come party like a mermaid! Activities include learning how to swim in a mermaid tail, learn how to blow mermaid kisses and high fives, somersaults, make mermaid crafts and have a photo shoot! All activities supervised by swim instructors and lifeguards. Mermaid tails available for purchase.

AGES	DAY	DATE & TIME	COST	ACTIVITY
8-12	F	Feb 21 5:30pm-7:30pm	\$30	13812-01

PIRATES NIGHT OUT

Wayzata East Middle School, 12000 Ridgemount Ave W

Join us for our very first Pirate's Night out! Make pirate flags, build a boat and have a races, dive for treasure and more! All this while being supervised and entertained by your favorite swim instructors and lifeguards.

AGES	DAY	DATE & TIME	COST	ACTIVITY
8+	F	Jan 17 6:00pm-8:00pm	\$30	13811-01

SHARK TANK SOCIAL

Wayzata East Middle School, 12000 Ridgemount Ave W

Watch out for shark attacks! Come swim like a shark with your favorite swim instructors! Activities include shark pool games, crafts and goodie bags. Use of a dorsal shark fin and mono-fin is included and will be available for purchase.

AGES	DAY	DATE & TIME	COST	ACTIVITY
6-12	F	April 11 5:30pm-7:30pm	\$30	13830-01

GLOW IN THE DARK POOL PARTY

Wayzata East Middle School, 12000 Ridgemount Ave W

Break away from the ordinary open swim and come swim in the dark! Experience the pool like you have never seen it. Activities include glowing games underwater and surfaces games as well as free play with glowing beach balls and pool noodles, and much more! Parents required for participants under the age of 10.

AGES	DAY	DATE & TIME	COST	ACTIVITY
all ages	F	Mar 28 6:30pm-8:30pm	\$30	13821-01



MAKE A SPLASH!

AT WAYZATA EAST MIDDLE SCHOOL POOL

Beginning Jan. 1, 2025:

LAP SWIM

Mon, Wed, Fri:
6-8 am
11:30 am-1:30 pm

Wednesday evenings:
Jan. 8-Mar. 26
5-7 pm

OPEN SWIM

Sat: 2-4 pm
Sun: 10am-12pm



Register for programs and view pool activities:
PLYMOUTHMN.GOV/AQUATICS



POOL RENTALS AND PARTY PACKAGES

Private rentals are \$125/hour for a minimum of two hours and includes staff. Themed parties are an additional \$150 and include decorations, party supplies, goodie bags, crafts, and themed cookies provided by How Sweet it is Bakery.

Party Themes:

Pirate, Mermaid, Shark, Tropical, Glow in the dark

Rental Times:

Fri. 5-9 pm, Sat. 5-9 pm and Sun. 1-4 pm

Book your party:

plymouthmn.gov/aquatics



Skating



Plymouth Skate School

offers a fun and safe learning environment for students of all ages and abilities to learn how to skate.

GENERAL INFORMATION

- Beginning levels are required to wear helmets.
- Skaters MUST be at least 4 years old by the start of the class – no exceptions will be made.
- Rental skates – available for \$5/lesson.
- Parents are not allowed on the ice during class time.
- For safety reasons, no shoes allowed on the ice.

PROPER ATTIRE

Skaters will benefit more from a lesson with proper skates. We prefer boots be of leather rather than vinyl and they should have strong ankle support. Skates should not crease or buckle when worn, and should fit to the foot size and not have excess 'room to grow'. Blades should be of high tempered steel and properly sharpened. Double runner blades are NOT allowed.

It is important that all skaters are warm and comfortable while skating. We suggest dressing in layers and request all skaters to wear mittens or gloves.

CLASS DESCRIPTIONS (please see schedule on following pages)

SKATING BEGINNERS (AGES: 4-6)

For children that have never been on ice. Helmets required.

SKATING BEGINNER/INTERMEDIATE (AGES: 4-6)

For children who have skated previously and can walk on the ice. They must know how to fall down and get up on their own.

SKATING PRE-ALPHA LEVEL 1 (AGES: 7-15)

A beginner level class for children ages 7-15 with little to no skating experience. Helmets required at this beginner level.

SKATING PRE-ALPHA LEVEL 2 (AGES: 4-15)

Class Elements: One foot glide, right/left, two foot glide, forward/backward swizzles, backward wiggle, two foot turns in place, forward pumps on circles.

SKATING ALPHA (AGES: 4-18)

Pre-req: Pre-Alpha. Class Elements: Forward stroking, forward crossover (both directions), one foot snowplow stop, backward one foot glides, backward pumps on circle, moving two foot turns. We suggest that participants no longer wear snowpants starting at this level.

SKATING BETA (AGES: 4-18)

Pre-req: Alpha. Class Elements: Backward stroking, backward crossovers both directions, t-stop, backward edges on circle, side toe hop/shuffle, forward edges.

SKATING GAMMA (AGES: 4-18)

Pre-req: Beta. Class Elements: Forward outside 3-turns, inside open Mohawk, hockey stop, moving backward two foot turns on circle, chasse.

SKATING DELTA (AGES: 4-18)

Pre-req: Gamma. Class Elements: Forward inside 3-turn, forward consecutive edges, shoot the duck/lunge bunny hop, backward crossover to backward outside glide, backward outside edge transitions on circle.

SKATING FREESTYLE 1-6 (AGES: 4+)

Pre-req: Delta. Advanced figure skating lessons. Jumps and spins.

SKATING HOCKEY 1 (AGES: 4+)

This is NOT a beginner class. For those with little experience on the ice. Participants must have hockey skates and helmet and know how to fall and recover. Proper stance, stationary snowplow stop, forward marching, dips and glides, backwards wiggle, stationary two foot turns, forward swizzles, rocking horses, t-pushes.

SKATING HOCKEY 2 (AGES: 4+)

Pre-req: Hockey 1. For those with moderate skating experience. Must have hockey skates and helmet with a face cage. Forward power swizzles, backward C-cuts, backward snowplow stops, forward/backward C-cuts on circle plus glides, skateboard push, t-push with glides.

SKATING HOCKEY 3 (AGES: 4+)

Pre-Req: Hockey 2. For those with considerable skating experience. Must have hockey skates and helmet with a face cage. One-foot snowplow stops, full stride v-pushes, shuffle stride, backward hustle, forward and backward crossovers, hockey stops, quick starts, forward power turns, mohawks, alternating backward crossovers with wide transitions.

SKATING ADULT (AGES: 15.5+)

Beginner through advanced levels using basic skills. Helmets are not required, but are strongly encouraged.

ALL SKATING PROGRAMS MEET AT THE
PLYMOUTH ICE CENTER
3650 Plymouth Blvd.

SKATING CONTRACT ICE

Contract Ice is an opportunity for skaters to practice their skating skills on reserved ice time. If space is available, walk-ins will be \$16 per hour or \$8 per half hour.

NOTE: Coaches who are Skate School instructors will not be charged to teach on contract ice. All others pay for ice time.

AGES	DAY	DATE & TIME	COST	ACTIVITY
all ages	Sa	Jan 4-Feb 22 8:00am-9:00am	\$102	16200-01
all ages	Su	Jan 5-Feb 23 2:15pm-3:15pm	\$102	16200-02
all ages	Tu	Mar 25-May 13 3:30pm-4:30pm	\$102	16200-03



BEGINNERS (AGES 4-6)

Res \$102 Non Res \$116

DAY	DATE	TIME	ACTIVITY
Sa	Jan 4-Feb 22	9:00am-9:30am	16203-01
Sa	Jan 4-Feb 22	9:35am-10:05am	16203-02
Sa	Jan 4-Feb 22	10:55am-11:25am	16203-03
Sa	Jan 4-Feb 22	11:30am-12:00pm	16203-04
Su	Jan 5-Feb 23	3:30pm-4:00pm	16203-05
Su	Jan 5-Feb 23	4:05pm-4:35pm	16203-06
Su	Jan 5-Feb 23	5:25pm-5:55pm	16203-07
Su	Jan 5-Feb 23	6:00pm-6:30pm	16203-08
Tu	Mar 25-May 13	4:35pm-5:05pm	16203-09
Tu	Mar 25-May 13	5:10pm-5:40pm	16203-10
Tu	Mar 25-May 13	5:45pm-6:15pm	16203-11
Tu	Mar 25-May 13	6:20pm-6:50pm	16203-12

BEGINNER/INTERMEDIATE (AGES 4-6)

Res \$102 Non Res \$116

Sa	Jan 4-Feb 22	9:00am-9:30am	16204-01
Sa	Jan 4-Feb 22	9:35am-10:05am	16204-02
Sa	Jan 4-Feb 22	11:30am-12:00pm	16204-03
Su	Jan 5-Feb 23	3:30pm-4:00pm	16204-04
Su	Jan 5-Feb 23	4:05pm-4:35pm	16204-05
Su	Jan 5-Feb 23	6:00pm-6:30pm	16204-06
Tu	Mar 25-May 13	4:35pm-5:05pm	16204-07
Tu	Mar 25-May 13	5:10pm-5:40pm	16204-08
Tu	Mar 25-May 13	5:45pm-6:15pm	16204-09
Tu	Mar 25-May 13	6:20pm-6:50pm	16204-10
Tu	Mar 25-May 13	6:55pm-7:25pm	16204-11

PRE-ALPHA LEVEL 1 (AGES 7-15)

Res \$102 Non Res \$116

Sa	Jan 4-Feb 22	9:00am-9:30am	16205-01
Sa	Jan 4-Feb 22	10:55am-11:25am	16205-02
Sa	Jan 4-Feb 22	11:30am-12:00pm	16205-03
Su	Jan 5-Feb 23	3:30pm-4:00pm	16205-04
Su	Jan 5-Feb 23	4:05pm-4:35pm	16205-05
Su	Jan 5-Feb 23	6:00pm-6:30pm	16205-06
Su	Jan 5-Feb 23	6:30pm-7:00pm	16205-07
Tu	Mar 25-May 13	4:35pm-5:05pm	16205-08
Tu	Mar 25-May 13	5:45pm-6:15pm	16205-09
Tu	Mar 25-May 13	6:55pm-7:25pm	16205-10

PRE-ALPHA LEVEL 2 (AGES 4-15)

Res \$102 Non Res \$116

Sa	Jan 4-Feb 22	9:00am-9:30am	16206-01
Sa	Jan 4-Feb 22	9:35am-10:05am	16206-02
Sa	Jan 4-Feb 22	11:30am-12:00pm	16206-03
Su	Jan 5-Feb 23	3:30pm-4:00pm	16206-04
Su	Jan 5-Feb 23	4:05pm-4:35pm	16206-05
Su	Jan 5-Feb 23	5:25pm-5:55pm	16206-06
Su	Jan 5-Feb 23	6:30pm-7:00pm	16206-07
Tu	Mar 25-May 13	4:35pm-5:05pm	16206-08
Tu	Mar 25-May 13	5:10pm-5:40pm	16206-09
Tu	Mar 25-May 13	6:20pm-6:50pm	16206-10
Tu	Mar 25-May 13	6:55pm-7:25pm	16206-11

Skating

ALPHA (AGES 4-18)

Res \$102 Non Res \$116

Sa	Jan 4-Feb 22	9:35am-10:05am	16207-01
Sa	Jan 4-Feb 22	10:55am-11:25am	16207-02
Su	Jan 5-Feb 23	3:30pm-4:00pm	16207-03
Su	Jan 5-Feb 23	5:25pm-5:55pm	16207-04
Su	Jan 5-Feb 23	6:30pm-7:00pm	16207-05
Tu	Mar 25-May 13	5:10pm-5:40pm	16207-06
Tu	Mar 25-May 13	6:20pm-6:50pm	16207-07
Tu	Mar 25-May 13	7:30pm-8:00pm	16207-08

BETA (AGES 4-18)

Res \$102 Non Res \$116

Sa	Jan 4-Feb 22	10:10am-10:40am	16208-01
Su	Jan 5-Feb 23	4:40pm-5:10pm	16208-02
Su	Jan 5-Feb 23	6:30pm-7:00pm	16208-03
Tu	Mar 25-May 13	5:45pm-6:15pm	16208-04
Tu	Mar 25-May 13	6:55pm-7:25pm	16208-05

GAMMA (AGES 4-18)

Res \$102 Non Res \$116

Sa	Jan 4-Feb 22	10:10am-10:40am	16209-01
Su	Jan 5-Feb 23	4:40pm-5:10pm	16209-02
Tu	Mar 25-May 13	7:30pm-8:00pm	16209-03

DELTA (AGES 4-18)

Res \$102 Non Res \$116

Sa	Jan 4-Feb 22	10:10am-10:40am	16210-01
Su	Jan 5-Feb 23	4:40pm-5:10pm	16210-02
Tu	Mar 26-May 13	7:30pm-8:00pm	16210-03

FREESTYLE 1-6 (AGES 4+)

Res \$102 Non Res \$116

Sa	Jan 4-Feb 22	10:10am-10:40am	16211-01
Su	Jan 5-Feb 23	4:40pm-5:10pm	16211-02
Tu	Mar 25-May 13	7:30pm-8:00pm	16211-03

HOCKEY 1 (AGES 4+)

Res \$102 Non Res \$116

Sa	Jan 4-Feb 22	10:55am-11:25am	16212-01
Su	Jan 5-Feb 23	5:25pm-5:55pm	16212-02
Tu	Mar 25-May 13	5:10pm-5:40pm	16212-03
Tu	Mar 25-May 13	6:55pm-7:25pm	16212-04

HOCKEY 2 (AGES 4+)

Res \$102 Non Res \$116

Sa	Jan 4-Feb 22	10:10am-10:40am	16213-01
Su	Jan 5-Feb 23	4:40pm-5:10pm	16213-02
Tu	Mar 25-May 13	5:45pm-6:15pm	16213-03

HOCKEY 3 (AGES 4+)

Res \$102 Non Res \$116


Su	Jan 5-Feb 23	6:00pm-6:30pm	16214-01
Tu	Mar 25-May 13	7:30pm-8:00pm	16214-02

ADULT (AGES 15.5+)

Res \$102 Non Res \$116

Su	Jan 5-Feb 23	4:05pm-4:35pm	16201-01
Su	Jan 5-Feb 23	6:30pm-7:00pm	16201-02
Tu	Mar 25-May 13	6:20pm-6:50pm	16201-03





STEM PARTIES

STEM-tastic parties that are down to a science! Celebrate your birthday or special event with **The STEM Lab** of Minnesota at the Plymouth Community Center. Our team takes care of set-up and clean-up so that you can enjoy the experience along with your child.



LEARN MORE:

plymouthmn.gov/birthdayparties
763-509-5228

NEW YEAR'S EVE

at the  **K.U.B.E.**

Dec 31
12-4pm

An event geared towards children ages 2-12. Families are invited to celebrate the upcoming new year with music, festive decorations, balloon animals, a photo booth, face painting, a count down and ball drop in the playground. Children will receive a 2025-themed take-home goodie bag.

Pre-register beginning Nov. 15th

Plymouth Community Center, 14800 34th Ave N | 763-509-5200

Santa's Mailbox



Your child can drop off a letter to Santa

November 18-November 29

Letters must include a self-addressed stamped envelope.

All letters are responded to.

DROP OFF LOCATIONS:

Plymouth City Hall, Plymouth Ice Center, Plymouth Community Center

Santa

visits the sensory room



DECEMBER 15, 12-4PM

Plymouth Community Center, 14800 34th Ave N

reserve a time online with activity #11703 | PLYMOUTHMN.GOV/SPECIALEVENTS



HOLIDAY LIGHTS AT THE HILDE

open for viewing
DECEMBER-JANUARY

55+ WINTER BINGO

Feb. 5, 2025 | 10am-12pm

Plymouth Community Center

Register online or by calling 763-509-5200.

More information on pg. 77

TREE and SHRUB

SALE

Opens March 1, 2025
Shrubs under \$15 / Trees \$30-\$45

Get help choosing the right plant by viewing
video presentations with city forestry staff.

View at plymouthmn.gov/treesale starting Thursday, Feb 20



WALK WITH THE MAYOR

MAY 1 | 6:30-7:30pm

Plymouth Community Center, 14800 34th Ave N



STEP TO IT CHALLENGE begins May 1
register beginning April 1 at www.steptoit.org

PLYMOUTH MEMORIAL DAY EVENT



MAY 22, 2025 | 11:00AM
VETERANS MEMORIAL AT CITY HALL

OPEN PLAY

MON, WED, FRI - bounce houses
9:30am-12:30pm

TUES, THURS - soccer/field play
2-4pm

open now!



admission:
residents \$6 | non-residents \$8

Plymouth
COMMUNITY CENTER



FIRE ICE
WINTER FESTIVAL

FEBRUARY 1

3:00-9:00PM

**NEW
LOCATION!**

**PLYMOUTH CREEK PLAYFIELD
3625 FERNBROOK LANE**

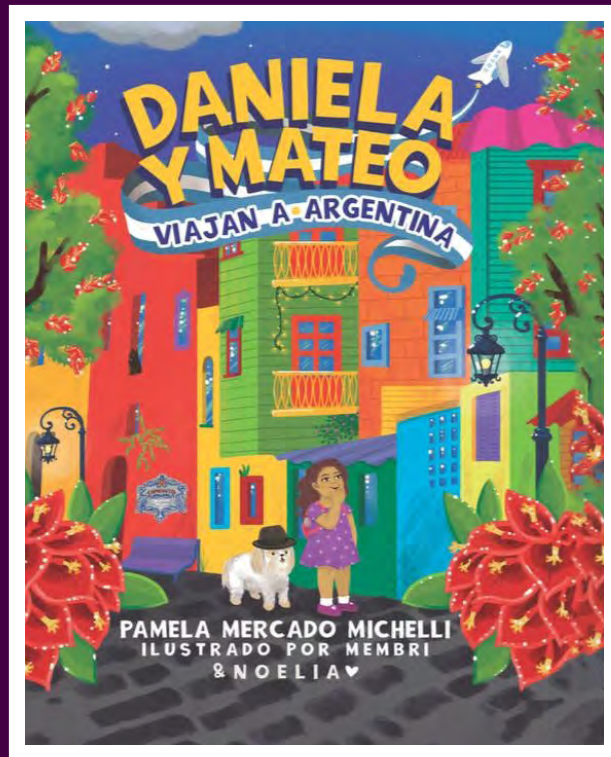
PUZZLE PALOOZA

Feb. 22 / 10am-12pm

Join a friendly competition to complete a 500 piece puzzle at the Plymouth Community Center. Teams of up to four people, \$35 per team. Prizes awarded to top 3 teams. Ages 18 and up, 13+ with an adult.

Register with activity number 15911-01

CUENTOS INTERACTIVOS EN ESPAÑOL
INTERACTIVE STORY TIME
IN SPANISH



FEB. 23 • 10AM • PCC

see details on page 12



APRIL 10-13

Plymouth Community Center, 14800 34th Ave N | times vary

Come support local creatives. Primavera features a juried art exhibit, performances in music and the literary arts. Primavera is a partnership with Plymouth Arts Council and City of Plymouth.

Exhibit open **APRIL 10-13** | Literary Night - **APRIL 10**

For a full schedule of events, visit plymouthartscouncil.org



Plymouth Arts Council (PAC)
plymouthartscouncil.org

A non-profit organization. Our mission is to promote awareness and appreciation of visual, musical, literary and theater arts. PAC sponsors community art endeavors and provides partial funding to the Plymouth Concert Band.



Plymouth Concert Band
plymouthconcertband.org

Members of the band all share in one thing, their love of music and the desire to bring the arts to the citizens of Plymouth.

They strongly emphasize quality through direction, musical literature, commitment of the players and rehearsal requirements.

Come to the Community Center and indulge in a slice of your favorite pie along with ice cream.

Need to feed a group? Buy an entire pie and get 6 cups of ice cream. Choose from a variety of pies. This event supports senior programs.

Whole pie: \$25*

Pie by the slice: \$5*

*ice cream included



PIE DAY

MARCH 14

10am-1pm

Plymouth Community Center
14800 34th Ave N

FREE EVENT!



Saturday

MAY 17

9 am - 12 pm

Hilde Performance Center
3500 Plymouth Blvd.



Spoil your favorite furry friend out at the park and meet other dog lovers. Activities and contests along with info and products from local vendors.



MERRY MARKET

Local vendors selling handmade goods
in Plymouth's Historic Town Hall.

Dec. 7, 2024 | 10 am-2 pm

Old Town Hall, 3605 Fernbrook Lane

pint-sized PROM

Friday, April 4
6-8 p.m. | PCC Plymouth Room

Ages 3-10

Invite the special adult in your life to walk the red carpet for an evening of dancing, photo opportunities, refreshments and more in the Plymouth Room at the Plymouth Community Center. Choose to dress to the nines or wear what you are most comfortable in for this memorable evening. Call 763-509-5200 or register online: plymouthmn.gov/specialevents.

\$45/couple (residents), \$54/couple (non-residents)
(additional adults or children are \$20/ticket)



3400 Plymouth Boulevard
Plymouth, MN 55447-1482

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*****ECRWSEDDM*****

Residential Customer



SHOWCASING **YOUR COMMUNITY**

MARCH 22, 9AM-1PM

PLYMOUTH COMMUNITY CENTER DOME, 14800 34th AVE N

See more information at plymouthmn.gov/specialevents