

Influenza-like Illness Symptom Screening Tool for Parents and Caregivers

Parents and caregivers should use the following questionnaire to assess the health status of their child on a daily basis.

Does your child have:

1. Fever (100° F or greater)? ☐ Yes ☐ No
2. Sore Throat? ☐ Yes ☐ No
3. Cough? ☐ Yes ☐ No
4. Nasal congestion? ☐ Yes ☐ No
5. Runny nose? ☐ Yes ☐ No



SHOULD I KEEP MY CHILD HOME?

- If you checked yes to fever AND one of the other symptoms, keep your child home for seven days after symptoms start, even if they no longer are ill. If your child is still sick after seven days, keep your child at home until well for 24 hours. If you have questions about your child's health or symptoms, call your child's healthcare provider.
- If your child has been diagnosed by a healthcare provider with a different disease, such as strep, follow your healthcare provider's recommendation and school policy for when to return to school.

WHAT SHOULD I TELL MY CHILD'S SCHOOL?

- If you checked "yes" for fever AND one of the other symptoms, tell your child's attendance office that your child is home with influenza-like illness.
- If your child has been diagnosed by a healthcare provider with a different disease, such as strep, tell your child's attendance office.
- No personal information about your child, including your child's name, will be shared outside of the school.

For more information and on-going updates 651-201-5414 or 1-877-676-5414 or go to the MDH website at: www.health.state.mn.us



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